

# 2015 Vermont Youth Risk Behavior Survey Report

## Report for Washington West SU

### Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Washington West SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx>. Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Washington West who participated in the 2015 YRBS:

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**High School- Grades 9-12**

Harwood UHSD #19

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**Middle School- Grades 6-8**

Crossett Brook Middle USD #45

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Harwood UHSD #19

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>



## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Washington West SU**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.



*Demographics*


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**Washington West**  
**Number of High School Students in Washington West SU**

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**Washington West SU Total**

399

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	10	2%
Female	180	45%
Male	209	52%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Ungraded	10	2%
9th grade	119	29%
10th grade	119	29%
11th grade	99	24%
12th grade	52	13%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	15	3%
Ethnic or racial minority	57	14%
White non-Hispanic	327	81%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	5	1%
High school or less	75	18%
Some college	28	7%
College graduate	164	41%
Graduate or professional degree after college	89	22%
Not sure	38	9%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Washington West SU.

*Demographics*


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**Vermont**  
**Number of High School Students in Vermont**

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<b>Vermont Total</b>
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21013
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Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	22%	22%	
	10th	24%	20%	
	11th	18%	17%	
	12th	9%	14%	
Sex	Female	10%	12%	
	Male	28%	24%	SU/SD statistically higher
Total		20%	18%	

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	12%	10%	
	10th	10%	8%	
	11th	8%	6%	
	12th	7%	5%	
Sex	Female	4%	4%	
	Male	15%	10%	SU/SD statistically higher
Total		10%	7%	SU/SD statistically higher

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	6%	6%	
	10th	5%	6%	
	11th	7%	4%	SU/SD statistically higher
	12th	.	4%	Too few students
Sex	Female	5%	4%	
	Male	7%	6%	
Total		6%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	6%	6%	
	10th	5%	7%	
	11th	13%	9%	SU/SD statistically higher
	12th	.	8%	Too few students
Sex	Female	.	4%	Too few students
	Male	12%	11%	
Total		8%	8%	

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	8%	7%	
	10th	6%	6%	
	11th	5%	5%	
	12th	.	5%	Too few students
Sex	Female	7%	7%	
	Male	5%	4%	
Total		6%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	27%	23%	
	10th	20%	18%	
	11th	23%	16%	SU/SD statistically higher
	12th	10%	14%	
Sex	Female	24%	23%	
	Male	18%	12%	SU/SD statistically higher
Total		21%	18%	SU/SD statistically higher

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	20%	20%	
	10th	13%	17%	SU/SD statistically lower
	11th	13%	16%	
	12th	.	13%	Too few students
Sex	Female	18%	23%	SU/SD statistically lower
	Male	10%	10%	
Total		14%	16%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	15%	13%	
	10th	10%	11%	
	11th	23%	11%	SU/SD statistically higher
	12th	15%	10%	
Sex	Female	13%	11%	
	Male	19%	12%	SU/SD statistically higher
Total		16%	11%	SU/SD statistically higher

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	19%	20%	
	10th	16%	19%	
	11th	17%	17%	
	12th	.	14%	Too few students
Sex	Female	24%	26%	
	Male	7%	9%	
Total		15%	17%	

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	23%	24%	
	10th	22%	26%	
	11th	23%	24%	
	12th	13%	24%	SU/SD statistically lower
Sex	Female	27%	34%	SU/SD statistically lower
	Male	15%	15%	
Total		21%	24%	SU/SD statistically lower

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	15%	13%	
	10th	13%	13%	
	11th	12%	12%	
	12th	.	10%	Too few students
Sex	Female	15%	16%	
	Male	9%	8%	
Total		12%	12%	

**1.12 Percent of students who attempted suicide, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	6%	7%	
	10th	7%	6%	
	11th	5%	5%	
	12th	.	5%	Too few students
Sex	Female	8%	8%	
	Male	3%	4%	
Total		6%	6%	

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	1%	Too few students
Total		1%	2%	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Washington West	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	9%	Too few students
	11th	8%	9%	
	12th	.	9%	Too few students
Sex	Female	4%	11%	SU/SD statistically lower
	Male	5%	7%	
Total		5%	9%	SU/SD statistically lower

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		Washington West	Vermont	Notes
Grade	9th	7%	5%	
	10th	5%	6%	
	11th	.	7%	Too few students
	12th	.	8%	Too few students
Sex	Female	7%	10%	SU/SD statistically lower
	Male	3%	3%	
Total		5%	7%	SU/SD statistically lower



*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	19%	19%	
	10th	17%	20%	
	11th	23%	20%	
	12th	18%	19%	
Sex	Female	18%	20%	
	Male	21%	19%	
Total		19%	20%	

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	16%	13%	
	10th	20%	20%	
	11th	36%	26%	SU/SD statistically higher
	12th	28%	29%	
Sex	Female	26%	22%	SU/SD statistically higher
	Male	25%	22%	
Total		26%	22%	SU/SD statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	9%	8%	
	12th	.	9%	Too few students
Sex	Female	6%	5%	
	Male	9%	9%	
Total		9%	7%	

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	5%	10%	SU/SD statistically lower
	11th	24%	18%	SU/SD statistically higher
	12th	.	20%	Too few students
Sex	Female	10%	12%	
	Male	17%	18%	
Total		16%	15%	

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	12%	15%	
	11th	43%	40%	
	12th	.	50%	Too few students
Sex	Female	32%	33%	
	Male	30%	33%	
Total		32%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	29%	48%	SU/SD statistically lower
	10th	38%	54%	SU/SD statistically lower
	11th	43%	55%	SU/SD statistically lower
	12th	.	56%	Too few students
Sex	Female	24%	49%	SU/SD statistically lower
	Male	49%	56%	SU/SD statistically lower
Total		38%	53%	SU/SD statistically lower

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Washington West	Vermont	Notes
Grade	9th	63%	63%	
	10th	69%	65%	
	11th	73%	65%	SU/SD statistically higher
	12th	74%	67%	
Sex	Female	77%	72%	SU/SD statistically higher
	Male	62%	59%	
Total		69%	65%	SU/SD statistically higher

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Washington West	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	3%	Too few students
	11th	.	4%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	2%	3%	
Total		2%	4%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Washington West	Vermont	Notes
Grade	9th	43%	37%	SU/SD statistically higher
	10th	55%	51%	
	11th	77%	63%	SU/SD statistically higher
	12th	81%	71%	SU/SD statistically higher
Sex	Female	64%	57%	SU/SD statistically higher
	Male	63%	54%	SU/SD statistically higher
Total		63%	56%	SU/SD statistically higher

**2.02 Percent of students who drank alcohol, other than a few sips, before age 13**

		Washington West	Vermont	Notes
Grade	9th	10%	14%	SU/SD statistically lower
	10th	13%	13%	
	11th	14%	12%	Too few students
	12th	.	10%	
Sex	Female	7%	10%	SU/SD statistically lower
	Male	15%	14%	
Total		11%	12%	

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	20%	17%	
	10th	26%	26%	
	11th	42%	34%	SU/SD statistically higher
	12th	53%	42%	SU/SD statistically higher
Sex	Female	34%	30%	
	Male	35%	29%	SU/SD statistically higher
Total		34%	30%	SU/SD statistically higher

**2.04 Percent of students who had five or more drinks in a row (binged), past 30 days**

		Washington West	Vermont	Notes
Grade	9th	9%	8%	
	10th	14%	13%	
	11th	23%	19%	
	12th	32%	24%	SU/SD statistically higher
Sex	Female	19%	15%	SU/SD statistically higher
	Male	19%	17%	
Total		19%	16%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Washington West	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students
-----					
	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students
-----					
	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students
-----					
Sex	Female	1 to 2 days	59%	55%	
		3 to 9 days	40%	36%	
		10+ days	.	9%	Too few students
-----					
	Male	1 to 2 days	50%	47%	
		3 to 9 days	39%	38%	
		10+ days	12%	15%	
-----					
Total		1 to 2 days	55%	51%	
		3 to 9 days	38%	37%	
		10+ days	7%	12%	SU/SD statistically lower

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Washington West	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students
-----					
	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students
-----					
	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
Sex	Female	1 to 2 drinks	27%	40%	SU/SD statistically lower
		3 to 4 drinks	29%	23%	
		5 or more drinks	43%	38%	
-----					
	Male	1 to 2 drinks	36%	33%	
		3 to 4 drinks	15%	16%	
		5 or more drinks	49%	52%	
-----					
Total		1 to 2 drinks	34%	36%	
		3 to 4 drinks	21%	19%	
		5 or more drinks	45%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.07 Among students who drank in the past 30 days, usual source of alcohol

			Washington West	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students
-----					
	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students
-----					
	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	20%	24%	
		Someone gave it to me	42%	46%	
		Took it / some other way	39%	28%	SU/SD statistically higher
-----					
	Male	Bought it	8%	7%	
		Gave someone money	22%	24%	
		Someone gave it to me	36%	35%	
		Took it / some other way	34%	34%	
-----					
Total		Bought it	5%	5%	
		Gave someone money	22%	24%	
		Someone gave it to me	37%	40%	
		Took it / some other way	36%	31%	



## 2 Alcohol, Tobacco and other Drug Use

## 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Washington West	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students
-----					
	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students
-----					
	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students
-----					
	12th	At my home	.	30%	Too few students
		At another person's home	.	60%	Too few students
		At a public place or event	.	10%	Too few students
-----					
Sex	Female	At my home	28%	34%	
		At another person's home	66%	58%	SU/SD statistically higher
		At a public place or event	7%	8%	
-----					
	Male	At my home	41%	34%	
		At another person's home	41%	53%	SU/SD statistically lower
		At a public place or event	18%	13%	SU/SD statistically higher
-----					
Total		At my home	35%	34%	
		At another person's home	52%	55%	
		At a public place or event	12%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Washington West	Vermont	Notes
Grade	9th	11%	14%	
	10th	14%	18%	
	11th	16%	24%	SU/SD statistically lower
	12th	21%	28%	
Sex	Female	12%	19%	SU/SD statistically lower
	Male	19%	23%	SU/SD statistically lower
Total		16%	21%	SU/SD statistically lower

**2.10 Percent of students who smoked a whole cigarette before age 13**

		Washington West	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	.	6%	Too few students
	12th	.	6%	Too few students
Sex	Female	3%	5%	
	Male	3%	7%	SU/SD statistically lower
Total		4%	6%	SU/SD statistically lower

**2.11 Percent of students who smoked cigarettes, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	4%	7%	
	10th	6%	9%	
	11th	10%	12%	
	12th	.	14%	Too few students
Sex	Female	5%	10%	SU/SD statistically lower
	Male	10%	12%	
Total		8%	11%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Washington West	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students
-----					
Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students
-----					
	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students
-----					
Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Washington West	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

			Washington West	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students
-----					
	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students
-----					
Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Washington West	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

**2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.**

		Washington West	Vermont	Notes
Grade	9th	23%	18%	
	10th	43%	28%	SU/SD statistically higher
	11th	41%	35%	
	12th	49%	39%	SU/SD statistically higher
Sex	Female	34%	27%	SU/SD statistically higher
	Male	44%	33%	SU/SD statistically higher
Total		39%	30%	SU/SD statistically higher

**2.17 Percent of students who have used electronic vapor products, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	13%	10%	
	10th	17%	14%	
	11th	21%	17%	
	12th	11%	19%	SU/SD statistically lower
Sex	Female	13%	13%	
	Male	20%	18%	
Total		17%	15%	

## 2 Alcohol, Tobacco and other Drug Use

**2.18 Percent of students who have ever tried a flavored tobacco product**

		Washington West	Vermont	Notes
Grade	9th	10%	15%	SU/SD statistically lower
	10th	20%	21%	
	11th	28%	29%	
	12th	37%	32%	
Sex	Female	16%	20%	SU/SD statistically lower
	Male	30%	28%	
Total		23%	24%	

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		Washington West	Vermont	Notes
Grade	9th	4%	6%	Too few students
	10th	7%	5%	
	11th	6%	6%	
	12th	.	5%	
Sex	Female	4%	4%	
	Male	6%	7%	
Total		5%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	7%	6%	
	11th	7%	8%	
	12th	.	8%	Too few students
Sex	Female	.	3%	Too few students
	Male	10%	11%	
Total		6%	7%	

**2.21 Percent of students who smoked cigars or little cigars, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	10%	8%	
	11th	14%	12%	
	12th	.	16%	Too few students
Sex	Female	3%	6%	SU/SD statistically lower
	Male	13%	14%	
Total		8%	10%	SU/SD statistically lower



*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Washington West	Vermont	Notes
Grade	9th	5%	11%	SU/SD statistically lower
	10th	14%	15%	
	11th	20%	21%	
	12th	13%	25%	
Sex	Female	6%	13%	SU/SD statistically lower
	Male	20%	23%	
Total		14%	18%	SU/SD statistically lower

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		Washington West	Vermont	Notes
Grade	9th	15%	16%	SU/SD statistically lower
	10th	23%	22%	
	11th	31%	28%	
	12th	18%	32%	
Sex	Female	16%	20%	SU/SD statistically lower
	Male	29%	29%	
Total		23%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Washington West	Vermont	Notes
Grade	9th	34%	22%	SU/SD statistically higher
	10th	39%	32%	SU/SD statistically higher
	11th	54%	44%	SU/SD statistically higher
	12th	55%	49%	
Sex	Female	46%	36%	SU/SD statistically higher
	Male	45%	38%	SU/SD statistically higher
Total		45%	37%	SU/SD statistically higher

**2.25 Percent of students who used marijuana before age 13**

		Washington West	Vermont	Notes
Grade	9th	5%	6%	
	10th	6%	6%	
	11th	8%	7%	
	12th	.	6%	Too few students
Sex	Female	3%	5%	
	Male	10%	8%	
Total		7%	6%	

**2.26 Percent of students who used marijuana, past 30 days**

		Washington West	Vermont	Notes
Grade	9th	20%	13%	SU/SD statistically higher
	10th	27%	20%	SU/SD statistically higher
	11th	35%	27%	SU/SD statistically higher
	12th	25%	29%	
Sex	Female	27%	21%	SU/SD statistically higher
	Male	27%	24%	
Total		27%	22%	SU/SD statistically higher

## 2 Alcohol, Tobacco and other Drug Use

## 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Washington West	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students
-----					
	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students
-----					
	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students
-----					
Sex	Female	1 to 2 times	.	37%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	37%	Too few students
-----					
	Male	1 to 2 times	25%	26%	
		3 to 9 times	20%	23%	
		10+ times	56%	52%	
-----					
Total		1 to 2 times	33%	31%	
		3 to 9 times	31%	24%	SU/SD statistically higher
		10+ times	36%	45%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Washington West	Vermont	Notes
Grade	9th	7%	8%	
	10th	12%	10%	
	11th	16%	13%	
	12th	14%	14%	
Sex	Female	10%	11%	
	Male	15%	12%	
Total		13%	11%	

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Washington West	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	4%	4%	
	11th	7%	5%	
	12th	.	6%	Too few students
Sex	Female	.	4%	Too few students
	Male	6%	5%	
Total		4%	5%	SU/SD statistically lower

**2.30 Percent of students who ever used cocaine**

		Washington West	Vermont	Notes
Grade	9th	4%	3%	
	10th	6%	4%	SU/SD statistically higher
	11th	8%	5%	
	12th	.	7%	Too few students
Sex	Female	4%	4%	
	Male	9%	6%	SU/SD statistically higher
Total		7%	5%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Washington West	Vermont	Notes
Grade	9th	8%	7%	
	10th	5%	6%	
	11th	9%	7%	
	12th	.	5%	Too few students
Sex	Female	3%	6%	SU/SD statistically lower
	Male	10%	7%	SU/SD statistically higher
Total		7%	7%	

**2.32 Percent of students who ever used methamphetamines**

		Washington West	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	5%	3%	SU/SD statistically higher
	12th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	5%	3%	SU/SD statistically higher
Total		3%	3%	

**2.33 Percent of students who ever used heroin**

		Washington West	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	4%	3%	
Total		3%	2%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	24%	34%	SU/SD statistically lower
	10th	30%	36%	SU/SD statistically lower
	11th	33%	39%	
	12th	.	38%	Too few students
Sex	Female	27%	37%	SU/SD statistically lower
	Male	32%	37%	SU/SD statistically lower
Total		30%	37%	SU/SD statistically lower

**3.02 Percent of students who were in the same car as someone smoking, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	16%	25%	SU/SD statistically lower
	10th	25%	27%	
	11th	18%	28%	SU/SD statistically lower
	12th	21%	28%	
Sex	Female	19%	28%	SU/SD statistically lower
	Male	21%	27%	SU/SD statistically lower
Total		20%	27%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use \_\_\_\_\_

**3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Washington West	Vermont	Notes
Grade	9th	Never or rarely	16%	19%	
		Sometimes	25%	27%	
		At least most of the time	59%	54%	
-----					
	10th	Never or rarely	17%	19%	
		Sometimes	25%	27%	
		At least most of the time	58%	53%	
-----					
	11th	Never or rarely	25%	21%	
		Sometimes	32%	28%	
		At least most of the time	43%	52%	SU/SD statistically lower
-----					
	12th	Never or rarely	21%	22%	
		Sometimes	29%	28%	
		At least most of the time	50%	50%	
-----					
Sex	Female	Never or rarely	17%	19%	
		Sometimes	30%	28%	
		At least most of the time	53%	53%	
-----					
	Male	Never or rarely	22%	22%	
		Sometimes	25%	26%	
		At least most of the time	53%	51%	
-----					
Total		Never or rarely	20%	21%	
		Sometimes	27%	27%	
		At least most of the time	53%	52%	
-----					

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	Washington West	Vermont	Notes
15 or less students	22%	19%	SU/SD statistically higher
16 to 25 students	38%	29%	SU/SD statistically higher
26 to 45 students	18%	24%	SU/SD statistically lower
46 to 55 students	12%	14%	SU/SD statistically lower
56 to 75 students	6%	8%	SU/SD statistically lower
76 or more students	5%	7%	SU/SD statistically lower

**3.05 Out of 100 high school students, the number thought to use marijuana**

	Washington West	Vermont	Notes
15 or less students	4%	8%	SU/SD statistically lower
16 to 25 students	5%	13%	SU/SD statistically lower
26 to 45 students	19%	21%	
46 to 55 students	24%	21%	SU/SD statistically higher
56 to 75 students	24%	20%	SU/SD statistically higher
76 or more students	24%	16%	SU/SD statistically higher



### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Washington West	Vermont	Notes
Grade	9th	97%	94%	
	10th	94%	93%	
	11th	92%	92%	
	12th	94%	87%	SU/SD statistically higher
Sex	Female	98%	93%	SU/SD statistically higher
	Male	91%	90%	
Total		94%	91%	SU/SD statistically higher

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Washington West	Vermont	Notes
Grade	9th	91%	84%	SU/SD statistically higher
	10th	75%	78%	
	11th	60%	70%	SU/SD statistically lower
	12th	33%	57%	SU/SD statistically lower
Sex	Female	67%	74%	SU/SD statistically lower
	Male	66%	70%	
Total		66%	72%	SU/SD statistically lower

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Washington West	Vermont	Notes
Grade	9th	88%	87%	
	10th	72%	82%	SU/SD statistically lower
	11th	72%	78%	SU/SD statistically lower
	12th	70%	74%	
Sex	Female	78%	82%	SU/SD statistically lower
	Male	74%	79%	SU/SD statistically lower
Total		75%	80%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Washington West	Vermont	Notes
Grade	9th	87%	87%	
	10th	78%	84%	SU/SD statistically lower
	11th	76%	77%	
	12th	63%	67%	
Sex	Female	82%	80%	
	Male	72%	77%	SU/SD statistically lower
Total		77%	78%	

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Washington West	Vermont	Notes
Grade	9th	61%	70%	SU/SD statistically lower
	10th	46%	58%	SU/SD statistically lower
	11th	29%	47%	SU/SD statistically lower
	12th	24%	38%	SU/SD statistically lower
Sex	Female	38%	54%	SU/SD statistically lower
	Male	44%	53%	SU/SD statistically lower
Total		41%	53%	SU/SD statistically lower

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Washington West	Vermont	Notes
Grade	9th	54%	70%	SU/SD statistically lower
	10th	32%	59%	SU/SD statistically lower
	11th	33%	51%	SU/SD statistically lower
	12th	39%	44%	
Sex	Female	41%	57%	SU/SD statistically lower
	Male	38%	55%	SU/SD statistically lower
Total		40%	56%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Washington West	Vermont	Notes
Grade	9th	68%	62%	SU/SD statistically higher
	10th	60%	66%	SU/SD statistically lower
	11th	69%	66%	
	12th	71%	66%	
Sex	Female	69%	67%	
	Male	65%	63%	
Total		66%	65%	

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Washington West	Vermont	Notes
Grade	9th	38%	42%	
	10th	33%	40%	SU/SD statistically lower
	11th	26%	36%	SU/SD statistically lower
	12th	27%	35%	
Sex	Female	38%	43%	
	Male	25%	33%	SU/SD statistically lower
Total		31%	38%	SU/SD statistically lower

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Washington West	Vermont	Notes
Grade	9th	26%	35%	SU/SD statistically lower
	10th	18%	29%	SU/SD statistically lower
	11th	19%	22%	
	12th	19%	21%	
Sex	Female	27%	30%	
	Male	15%	24%	SU/SD statistically lower
Total		21%	27%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.15 Percent of students who think it would be easy to get cigarettes

		Washington West	Vermont	Notes
Grade	9th	43%	44%	
	10th	60%	55%	
	11th	67%	64%	
	12th	81%	80%	
Sex	Female	55%	57%	
	Male	69%	64%	SU/SD statistically higher
Total		61%	61%	

#### 3.16 Percent of students who think it would be easy to get alcohol

		Washington West	Vermont	Notes
Grade	9th	67%	60%	SU/SD statistically higher
	10th	75%	68%	SU/SD statistically higher
	11th	76%	74%	
	12th	80%	75%	
Sex	Female	74%	71%	
	Male	76%	68%	SU/SD statistically higher
Total		74%	69%	SU/SD statistically higher

#### 3.17 Percent of students who think it would be easy to get marijuana

		Washington West	Vermont	Notes
Grade	9th	56%	46%	SU/SD statistically higher
	10th	78%	60%	SU/SD statistically higher
	11th	82%	69%	SU/SD statistically higher
	12th	80%	74%	
Sex	Female	68%	60%	SU/SD statistically higher
	Male	79%	65%	SU/SD statistically higher
Total		74%	62%	SU/SD statistically higher

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Washington West	Vermont	Notes
Grade	9th	43%	44%	
	10th	52%	50%	
	11th	54%	57%	
	12th	.	60%	Too few students
Sex	Female	52%	56%	
	Male	47%	50%	
Total		49%	53%	SU/SD statistically lower

#### 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Washington West	Vermont	Notes
Grade	9th	25%	36%	SU/SD statistically lower
	10th	17%	30%	SU/SD statistically lower
	11th	21%	27%	SU/SD statistically lower
	12th	30%	24%	
Sex	Female	20%	29%	SU/SD statistically lower
	Male	25%	29%	
Total		23%	29%	SU/SD statistically lower

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Washington West	Vermont	Notes
Grade	9th	27%	15%	SU/SD statistically higher
	10th	40%	19%	SU/SD statistically higher
	11th	29%	20%	SU/SD statistically higher
	12th	21%	18%	
Sex	Female	25%	15%	SU/SD statistically higher
	Male	35%	21%	SU/SD statistically higher
Total		30%	18%	SU/SD statistically higher

## 4 Sexual Behavior and Orientation

## 4.01 Sexual orientation

			Washington West	Vermont	Notes
Grade	9th	Heterosexual (straight)	88%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	5%	6%	
		Not sure	5%	5%	
-----					
	10th	Heterosexual (straight)	84%	89%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	10%	6%	SU/SD statistically higher
		Not sure	.	4%	Too few students
-----					
	11th	Heterosexual (straight)	87%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	5%	6%	
		Not sure	6%	4%	
-----					
	12th	Heterosexual (straight)	93%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students
-----					
Sex	Female	Heterosexual (straight)	83%	84%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	11%	10%	
		Not sure	6%	5%	
-----					
	Male	Heterosexual (straight)	92%	92%	
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	2%	3%	
		Not sure	3%	4%	
-----					
Total		Heterosexual (straight)	87%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	6%	6%	
		Not sure	5%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Washington West	Vermont	Notes
Grade	9th	22%	18%	
	10th	26%	33%	SU/SD statistically lower
	11th	42%	49%	SU/SD statistically lower
	12th	65%	62%	
Sex	Female	37%	40%	
	Male	38%	41%	
Total		37%	41%	

**4.03 Percent of students who have ever had oral sex**

		Washington West	Vermont	Notes
Grade	9th	23%	21%	
	10th	32%	37%	
	11th	54%	50%	
	12th	61%	60%	
Sex	Female	40%	41%	
	Male	44%	42%	
Total		42%	42%	

**4.04 Percent of students who had sexual intercourse before age 13**

		Washington West	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	5%	4%	
Total		3%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Washington West	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	4%	6%	
	11th	10%	11%	
	12th	18%	19%	
Sex	Female	5%	9%	SU/SD statistically lower
	Male	11%	10%	
Total		8%	10%	

**4.06 Percent of students who have ever been tested for HIV**

		Washington West	Vermont	Notes
Grade	9th	5%	7%	Too few students
	10th	.	8%	
	11th	13%	12%	
	12th	.	14%	
Sex	Female	7%	11%	SU/SD statistically lower
	Male	6%	9%	SU/SD statistically lower
Total		7%	10%	SU/SD statistically lower



*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Washington West	Vermont	Notes
Grade	9th	18%	12%	SU/SD statistically higher
	10th	19%	24%	SU/SD statistically lower
	11th	40%	38%	
	12th	56%	49%	
Sex	Female	32%	33%	
	Male	33%	30%	
Total		32%	31%	

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Washington West	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	.	18%	Too few students
Sex	Female	.	15%	Too few students
	Male	25%	22%	
Total		17%	19%	

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Washington West	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	.	54%	Too few students
Sex	Female	56%	55%	
	Male	71%	62%	SU/SD statistically higher
Total		64%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Washington West	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	34%	38%	
Total		46%	47%	

**4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex**

		Washington West	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	.	87%	Too few students
Sex	Female	94%	88%	SU/SD statistically higher
	Male	90%	86%	
Total		92%	87%	SU/SD statistically higher

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

		Washington West	Vermont	Notes
Grade 9th	No method was used	.	12%	Too few students
	Birth control pills	.	19%	Too few students
	Condoms	.	50%	Too few students
	IUD or implant	.	4%	Too few students
	Shot/patch/birth control ring	.	5%	Too few students
	Withdrawal/other method	.	8%	Too few students
	Not sure	.	3%	Too few students
-----				
10th	No method was used	.	7%	Too few students
	Birth control pills	.	28%	Too few students
	Condoms	.	46%	Too few students
	IUD or implant	.	5%	Too few students
	Shot/patch/birth control ring	.	6%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	2%	Too few students
-----				
11th	No method was used	.	6%	Too few students
	Birth control pills	.	37%	Too few students
	Condoms	.	37%	Too few students
	IUD or implant	.	7%	Too few students
	Shot/patch/birth control ring	.	6%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	1%	Too few students
-----				
12th	No method was used	.	7%	Too few students
	Birth control pills	.	40%	Too few students
	Condoms	.	32%	Too few students
	IUD or implant	.	7%	Too few students
	Shot/patch/birth control ring	.	7%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	2%	Too few students
-----				

## 4 Sexual Behavior and Orientation

			Washington West	Vermont	Notes
Sex	Female	No method was used	.	7%	Too few students
		Birth control pills	.	39%	Too few students
		Condoms	.	31%	Too few students
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	8%	7%	
		Birth control pills	28%	30%	
		Condoms	53%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students
<hr/>					
Total		No method was used	7%	7%	
		Birth control pills	39%	35%	
		Condoms	44%	38%	SU/SD statistically higher
		IUD or implant	.	6%	Too few students
		Shot/patch/birth control ring	6%	6%	
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Washington West	Vermont	Notes
Sex	Female	Have not had sex	43%	45%	
		Same sex	.	1%	Too few students
		Opposite sex	48%	46%	
		Both sexes	8%	7%	
-----					
	Male	Have not had sex	42%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	54%	53%	
		Both sexes	.	2%	Too few students
-----					
Total	Have not had sex		43%	44%	
	Same sex		1%	1%	
	Opposite sex		51%	50%	
	Both sexes		5%	5%	

## 5 Body Image

## 5.01 The percent of students who are overweight (85th to &lt;95th BMI percentile)

		Washington West	Vermont	Notes
Grade	9th	17%	15%	
	10th	16%	14%	
	11th	13%	14%	
	12th	.	13%	Too few students
Sex	Female	15%	14%	
	Male	11%	14%	SU/SD statistically lower
Total		13%	14%	

## 5.02 The percent of students who are obese (=&gt;95th BMI percentile)

		Washington West	Vermont	Notes
Grade	9th	6%	12%	SU/SD statistically lower
	10th	10%	13%	
	11th	7%	12%	SU/SD statistically lower
	12th	.	12%	Too few students
Sex	Female	3%	9%	SU/SD statistically lower
	Male	14%	16%	
Total		8%	12%	SU/SD statistically lower

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Washington West	Vermont	Notes
Grade	9th	Underweight	15%	15%	
		About the right weight	63%	56%	SU/SD statistically higher
		Overweight	22%	29%	SU/SD statistically lower
-----					
	10th	Underweight	17%	13%	
		About the right weight	55%	55%	
		Overweight	29%	32%	
-----					
	11th	Underweight	10%	13%	
		About the right weight	56%	55%	
		Overweight	34%	31%	
-----					
	12th	Underweight	11%	13%	
		About the right weight	57%	55%	
		Overweight	32%	32%	
-----					
Sex	Female	Underweight	8%	10%	
		About the right weight	59%	54%	SU/SD statistically higher
		Overweight	32%	36%	
-----					
	Male	Underweight	18%	17%	
		About the right weight	56%	57%	
		Overweight	26%	26%	
-----					
Total		Underweight	14%	14%	
		About the right weight	57%	55%	
		Overweight	29%	31%	

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Washington West	Vermont	Notes
Grade	9th	Lose weight	33%	41%	SU/SD statistically lower
		Gain weight	14%	12%	
		Stay the same weight /do nothing	53%	47%	SU/SD statistically higher
-----					
	10th	Lose weight	32%	43%	SU/SD statistically lower
		Gain weight	10%	13%	
		Stay the same weight /do nothing	58%	44%	SU/SD statistically higher
-----					
	11th	Lose weight	42%	42%	SU/SD statistically lower
		Gain weight	7%	14%	
		Stay the same weight /do nothing	51%	44%	SU/SD statistically higher
-----					
	12th	Lose weight	36%	42%	SU/SD statistically lower
		Gain weight	15%	15%	
		Stay the same weight /do nothing	49%	42%	SU/SD statistically higher
-----					
Sex	Female	Lose weight	49%	56%	SU/SD statistically lower
		Gain weight	4%	4%	
		Stay the same weight /do nothing	47%	40%	SU/SD statistically higher
-----					
	Male	Lose weight	24%	28%	SU/SD statistically lower
		Gain weight	18%	23%	SU/SD statistically lower
		Stay the same weight /do nothing	59%	49%	SU/SD statistically higher
-----					
Total		Lose weight	37%	42%	SU/SD statistically lower
		Gain weight	11%	14%	SU/SD statistically lower
		Stay the same weight /do nothing	52%	44%	SU/SD statistically higher



*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Washington West	Vermont	Notes
Grade	9th	Less than 1 hour	17%	14%	
		1 to 2 hours	39%	36%	
		3 to 4 hours	30%	33%	
		5+ hours	13%	18%	
-----					
	10th	Less than 1 hour	15%	14%	
		1 to 2 hours	40%	36%	
		3 to 4 hours	30%	32%	
		5+ hours	15%	18%	
-----					
	11th	Less than 1 hour	14%	15%	
		1 to 2 hours	30%	38%	SU/SD statistically lower
		3 to 4 hours	43%	32%	SU/SD statistically higher
		5+ hours	14%	16%	
-----					
	12th	Less than 1 hour	16%	16%	
		1 to 2 hours	35%	36%	
		3 to 4 hours	26%	32%	
		5+ hours	23%	17%	
-----					
Sex	Female	Less than 1 hour	19%	15%	
		1 to 2 hours	32%	37%	SU/SD statistically lower
		3 to 4 hours	35%	32%	
		5+ hours	15%	16%	
-----					
	Male	Less than 1 hour	13%	14%	
		1 to 2 hours	41%	36%	SU/SD statistically higher
		3 to 4 hours	30%	32%	
		5+ hours	15%	18%	
-----					
Total		Less than 1 hour	16%	15%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	32%	32%	
		5+ hours	16%	17%	

## 6 Nutrition and Physical Activity

**6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days**

			Washington West	Vermont	Notes
Grade	9th	0 days	13%	11%	
		1 to 2 days	11%	16%	SU/SD statistically lower
		3 to 6 days	50%	47%	
		Everyday	26%	25%	
-----					
	10th	0 days	16%	13%	
		1 to 2 days	17%	15%	
		3 to 6 days	44%	47%	
		Everyday	24%	24%	
-----					
	11th	0 days	13%	15%	
		1 to 2 days	23%	17%	SU/SD statistically higher
		3 to 6 days	44%	45%	
		Everyday	20%	22%	
-----					
	12th	0 days	16%	17%	
		1 to 2 days	11%	18%	SU/SD statistically lower
		3 to 6 days	52%	44%	
		Everyday	20%	21%	
-----					
Sex	Female	0 days	18%	17%	
		1 to 2 days	19%	20%	
		3 to 6 days	52%	48%	
		Everyday	11%	16%	SU/SD statistically lower
-----					
	Male	0 days	13%	12%	
		1 to 2 days	12%	14%	
		3 to 6 days	42%	44%	
		Everyday	33%	30%	
-----					
Total		0 days	15%	14%	
		1 to 2 days	16%	17%	
		3 to 6 days	47%	46%	
		Everyday	22%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	27%	23%	
	10th	23%	23%	
	11th	35%	23%	SU/SD statistically higher
	12th	28%	24%	
Sex	Female	31%	22%	SU/SD statistically higher
	Male	26%	25%	
Total		28%	24%	SU/SD statistically higher

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	40%	34%	SU/SD statistically higher
	10th	34%	34%	
	11th	43%	34%	SU/SD statistically higher
	12th	42%	35%	
Sex	Female	42%	33%	SU/SD statistically higher
	Male	38%	35%	
Total		40%	34%	SU/SD statistically higher

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	23%	17%	SU/SD statistically higher
	10th	22%	17%	SU/SD statistically higher
	11th	32%	18%	SU/SD statistically higher
	12th	17%	19%	
Sex	Female	21%	17%	SU/SD statistically higher
	Male	26%	19%	SU/SD statistically higher
Total		24%	18%	SU/SD statistically higher

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	4%	4%	
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	3%	5%	
Total		3%	4%	SU/SD statistically lower

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		Washington West	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	3%	6%	SU/SD statistically lower
Total		3%	4%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

## 6.08 The number of days students ate breakfast during the past 7 days

			Washington West	Vermont	Notes
Grade	9th	Never	5%	11%	SU/SD statistically lower
		1 to 3 days	17%	25%	SU/SD statistically lower
		4 to 6 days	23%	22%	
		Everyday	55%	42%	SU/SD statistically higher
-----					
	10th	Never	9%	11%	
		1 to 3 days	18%	24%	SU/SD statistically lower
		4 to 6 days	22%	24%	
		Everyday	50%	41%	SU/SD statistically higher
-----					
	11th	Never	9%	10%	
		1 to 3 days	14%	25%	SU/SD statistically lower
		4 to 6 days	36%	24%	SU/SD statistically higher
		Everyday	42%	40%	
-----					
	12th	Never	.	11%	Too few students
		1 to 3 days	22%	25%	
		4 to 6 days	28%	25%	
		Everyday	45%	39%	
-----					
Sex	Female	Never	6%	11%	SU/SD statistically lower
		1 to 3 days	20%	27%	SU/SD statistically lower
		4 to 6 days	30%	24%	SU/SD statistically higher
		Everyday	45%	38%	SU/SD statistically higher
-----					
	Male	Never	9%	11%	
		1 to 3 days	15%	23%	SU/SD statistically lower
		4 to 6 days	24%	23%	
		Everyday	52%	43%	SU/SD statistically higher
-----					
Total		Never	8%	11%	SU/SD statistically lower
		1 to 3 days	17%	25%	SU/SD statistically lower
		4 to 6 days	27%	24%	SU/SD statistically higher
		Everyday	48%	40%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Washington West	Vermont	Notes
Grade	9th	None	5%	9%	SU/SD statistically lower
		1 to 3 glasses	64%	60%	
		4+ glasses	31%	32%	
-----					
	10th	None	6%	8%	
		1 to 3 glasses	56%	58%	
		4+ glasses	38%	34%	
-----					
	11th	None	9%	8%	
		1 to 3 glasses	55%	60%	
		4+ glasses	37%	32%	
-----					
	12th	None	.	9%	Too few students
		1 to 3 glasses	55%	57%	SU/SD statistically higher
		4+ glasses	45%	34%	
-----					
Sex	Female	None	4%	8%	SU/SD statistically lower
		1 to 3 glasses	62%	62%	
		4+ glasses	34%	31%	
-----					
	Male	None	6%	9%	SU/SD statistically lower
		1 to 3 glasses	52%	56%	SU/SD statistically higher
		4+ glasses	41%	35%	
-----					
Total		None	5%	9%	SU/SD statistically lower
		1 to 3 glasses	58%	59%	SU/SD statistically higher
		4+ glasses	37%	33%	

## 6 Nutrition and Physical Activity

## 6.10 Amount of soda students drank during the past 7 days

			Washington West	Vermont	Notes
Grade	9th	None	38%	32%	SU/SD statistically higher
		At least once during the past week	57%	54%	
		At least once per day	6%	14%	SU/SD statistically lower
10th	None	48%	33%	SU/SD statistically higher	
	At least once during the past week	47%	53%	SU/SD statistically lower	
	At least once per day	5%	14%	SU/SD statistically lower	
11th	None	40%	33%	SU/SD statistically higher	
	At least once during the past week	41%	51%	SU/SD statistically lower	
	At least once per day	19%	15%		
12th	None	34%	36%		
	At least once during the past week	50%	49%		
	At least once per day	16%	15%		
Sex	Female	None	55%	42%	SU/SD statistically higher
		At least once during the past week	40%	48%	SU/SD statistically lower
		At least once per day	5%	9%	SU/SD statistically lower
Male	None	27%	25%		
	At least once during the past week	56%	55%		
	At least once per day	17%	20%		
Total	None	41%	33%	SU/SD statistically higher	
	At least once during the past week	48%	52%	SU/SD statistically lower	
	At least once per day	12%	15%	SU/SD statistically lower	

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Washington West	Vermont	Notes
Grade	9th	None	31%	25%	SU/SD statistically higher
		At least once during the past week	56%	61%	
		At least once per day	13%	14%	
10th	None	37%	25%	SU/SD statistically higher	
	At least once during the past week	54%	59%		
	At least once per day	9%	15%	SU/SD statistically lower	
11th	None	33%	26%	SU/SD statistically higher	
	At least once during the past week	53%	59%		
	At least once per day	14%	16%		
12th	None	31%	29%		
	At least once during the past week	54%	57%		
	At least once per day	15%	15%		
Sex	Female	None	44%	30%	SU/SD statistically higher
		At least once during the past week	49%	59%	SU/SD statistically lower
		At least once per day	7%	11%	SU/SD statistically lower
Male	None	22%	22%		
	At least once during the past week	60%	58%		
	At least once per day	18%	19%		
Total	None	33%	26%	SU/SD statistically higher	
	At least once during the past week	54%	59%	SU/SD statistically lower	
	At least once per day	13%	15%		



## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Washington West	Vermont	Notes
Grade	9th	Mostly As or Bs	73%	76%	
		Mostly Cs	13%	13%	
		Mostly Ds or Fs	7%	4%	SU/SD statistically higher
		Other / Not sure	7%	7%	
-----					
	10th	Mostly As or Bs	75%	77%	
		Mostly Cs	13%	14%	
		Mostly Ds or Fs	6%	4%	
		Other / Not sure	7%	5%	
-----					
	11th	Mostly As or Bs	79%	80%	
		Mostly Cs	13%	13%	
		Mostly Ds or Fs	6%	3%	SU/SD statistically higher
		Other / Not sure	.	4%	Too few students
-----					
	12th	Mostly As or Bs	.	83%	Too few students
		Mostly Cs	.	11%	Too few students
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	.	4%	Too few students
-----					
Sex	Female	Mostly As or Bs	84%	84%	
		Mostly Cs	8%	9%	
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	5%	4%	
-----					
	Male	Mostly As or Bs	70%	74%	
		Mostly Cs	15%	16%	
		Mostly Ds or Fs	8%	4%	SU/SD statistically higher
		Other / Not sure	6%	6%	
-----					
Total		Mostly As or Bs	77%	79%	
		Mostly Cs	12%	13%	
		Mostly Ds or Fs	6%	3%	SU/SD statistically higher
		Other / Not sure	6%	5%	

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Washington West	Vermont	Notes
Grade	9th	0 hours	28%	32%	
		1 to 4 hours	26%	30%	
		5 to 9 hours	23%	17%	SU/SD statistically higher
		10 or more hours	22%	21%	
	10th	0 hours	30%	32%	
		1 to 4 hours	30%	28%	
		5 to 9 hours	16%	16%	
		10 or more hours	24%	24%	
	11th	0 hours	24%	32%	SU/SD statistically lower
		1 to 4 hours	30%	27%	
		5 to 9 hours	28%	16%	SU/SD statistically higher
		10 or more hours	18%	25%	SU/SD statistically lower
	12th	0 hours	31%	32%	
		1 to 4 hours	18%	26%	SU/SD statistically lower
		5 to 9 hours	26%	16%	SU/SD statistically higher
		10 or more hours	24%	27%	
Sex	Female	0 hours	22%	31%	SU/SD statistically lower
		1 to 4 hours	27%	29%	
		5 to 9 hours	27%	16%	SU/SD statistically higher
		10 or more hours	24%	24%	
	Male	0 hours	35%	33%	
		1 to 4 hours	25%	27%	
		5 to 9 hours	20%	16%	SU/SD statistically higher
		10 or more hours	20%	24%	SU/SD statistically lower
Total		0 hours	28%	32%	SU/SD statistically lower
		1 to 4 hours	27%	28%	
		5 to 9 hours	23%	16%	SU/SD statistically higher
		10 or more hours	22%	24%	

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Washington West	Vermont	Notes
Grade	9th	86%	78%	SU/SD statistically higher
	10th	76%	77%	
	11th	71%	77%	SU/SD statistically lower
	12th	72%	75%	
Sex	Female	79%	77%	
	Male	73%	76%	
Total		76%	76%	

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Washington West	Vermont	Notes
Grade	9th	49%	49%	
	10th	42%	48%	SU/SD statistically lower
	11th	49%	50%	
	12th	43%	54%	SU/SD statistically lower
Sex	Female	43%	47%	
	Male	49%	54%	SU/SD statistically lower
Total		46%	50%	SU/SD statistically lower

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Washington West	Vermont	Notes
Grade	9th	54%	59%	
	10th	43%	57%	SU/SD statistically lower
	11th	57%	64%	SU/SD statistically lower
	12th	60%	69%	SU/SD statistically lower
Sex	Female	50%	60%	SU/SD statistically lower
	Male	55%	64%	SU/SD statistically lower
Total		53%	62%	SU/SD statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Washington West	Vermont	Notes
Grade	9th	51%	50%	
	10th	20%	46%	SU/SD statistically lower
	11th	23%	46%	SU/SD statistically lower
	12th	49%	49%	
Sex	Female	36%	48%	SU/SD statistically lower
	Male	35%	48%	SU/SD statistically lower
Total		35%	48%	SU/SD statistically lower

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		Washington West	Vermont	Notes
Grade	9th	77%	75%	
	10th	78%	80%	
	11th	80%	83%	
	12th	78%	84%	
Sex	Female	88%	83%	SU/SD statistically higher
	Male	68%	78%	SU/SD statistically lower
Total		78%	80%	SU/SD statistically lower

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Washington West SU**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Washington West**  
**Number of Middle School Students in Washington West SU**

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**Washington West SU Total**

281

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
Female	148	52%
Male	132	46%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	1	0%
6th grade	52	18%
7th grade	120	42%
8th grade	108	38%

<b>Age</b>	<b>Total</b>	<b>%</b>
11 years or younger	21	7%
12 years	90	32%
13 years	120	42%
14 years or older	50	17%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	16	5%
Ethnic or racial minority	37	13%
White non-Hispanic	228	81%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Washington West SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*

**Vermont**  
**Number of Middle School Students in Vermont**

**Vermont Total**

13648

<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

<b>Age</b>	<b>Total</b>	<b>%</b>
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Washington West	Vermont	Notes
Grade	6th	55%	42%	SU/SD statistically higher
	7th	40%	41%	
	8th	34%	44%	SU/SD statistically lower
Sex	Female	29%	28%	
	Male	53%	57%	
Total		41%	43%	

**1.02 Percent of students who were bullied at least once, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	25%	24%	
	7th	18%	25%	SU/SD statistically lower
	8th	15%	22%	SU/SD statistically lower
Sex	Female	23%	30%	SU/SD statistically lower
	Male	13%	18%	SU/SD statistically lower
Total		18%	24%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.



*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Washington West	Vermont	Notes
Grade	6th	19%	21%	
	7th	28%	26%	
	8th	29%	28%	
Sex	Female	36%	36%	
	Male	18%	16%	
Total		27%	26%	

**1.04 Percent of students who were ever bullied at school**

		Washington West	Vermont	Notes
Grade	6th	48%	46%	
	7th	42%	48%	SU/SD statistically lower
	8th	43%	45%	
Sex	Female	44%	53%	SU/SD statistically lower
	Male	44%	40%	
Total		44%	46%	

**1.05 Percent of students who bullied someone at least once, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	6%	9%	SU/SD statistically lower
	8th	7%	11%	SU/SD statistically lower
Sex	Female	9%	10%	
	Male	4%	9%	SU/SD statistically lower
Total		7%	10%	SU/SD statistically lower

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	10%	7%	SU/SD statistically higher
	8th	5%	7%	
Sex	Female	8%	9%	
	Male	6%	6%	
Total		8%	7%	

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		Washington West	Vermont	Notes
Grade	6th	16%	17%	
	7th	11%	19%	SU/SD statistically lower
	8th	15%	22%	SU/SD statistically lower
Sex	Female	19%	27%	SU/SD statistically lower
	Male	8%	13%	SU/SD statistically lower
Total		14%	20%	SU/SD statistically lower

**1.08 Percent of students who ever seriously thought about suicide**

		Washington West	Vermont	Notes
Grade	6th	.	14%	Too few students
	7th	12%	16%	SU/SD statistically lower
	8th	18%	22%	SU/SD statistically lower
Sex	Female	20%	23%	
	Male	9%	12%	SU/SD statistically lower
Total		15%	18%	SU/SD statistically lower

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Washington West	Vermont	Notes
Grade	6th	.	9%	Too few students
	7th	7%	11%	SU/SD statistically lower
	8th	13%	15%	
Sex	Female	16%	16%	
	Male	.	8%	Too few students
Total		10%	12%	SU/SD statistically lower

**1.10 Percent of students who ever attempted suicide**

		Washington West	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	5%	8%	SU/SD statistically lower
Sex	Female	6%	8%	SU/SD statistically lower
	Male	.	3%	Too few students
Total		3%	6%	SU/SD statistically lower

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		Washington West	Vermont	Notes
Grade	6th	63%	51%	SU/SD statistically higher
	7th	55%	55%	
	8th	62%	56%	SU/SD statistically higher
Sex	Female	63%	58%	SU/SD statistically higher
	Male	57%	51%	SU/SD statistically higher
Total		60%	54%	SU/SD statistically higher

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Washington West	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	14%	26%	SU/SD statistically lower
		Sometimes wear a helmet	18%	15%	
		Most of the time / always wear a helmet	68%	59%	SU/SD statistically higher
-----					
	7th	Never / rarely wear a helmet	16%	31%	SU/SD statistically lower
		Sometimes wear a helmet	12%	16%	SU/SD statistically lower
		Most of the time / always wear a helmet	72%	52%	SU/SD statistically higher
-----					
	8th	Never / rarely wear a helmet	28%	41%	SU/SD statistically lower
		Sometimes wear a helmet	17%	15%	
		Most of the time / always wear a helmet	55%	43%	SU/SD statistically higher
-----					
Sex	Female	Never / rarely wear a helmet	24%	31%	SU/SD statistically lower
		Sometimes wear a helmet	13%	17%	SU/SD statistically lower
		Most of the time / always wear a helmet	63%	52%	SU/SD statistically higher
-----					
	Male	Never / rarely wear a helmet	16%	36%	SU/SD statistically lower
		Sometimes wear a helmet	16%	14%	
		Most of the time / always wear a helmet	68%	49%	SU/SD statistically higher
-----					
Total		Never / rarely wear a helmet	20%	34%	SU/SD statistically lower
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	65%	51%	SU/SD statistically higher

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

		Washington West	Vermont	Notes	
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students
-----					
	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students
-----					
	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students
-----					
Sex	Female	Never / rarely wear a helmet	42%	45%	
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	53%	43%	SU/SD statistically higher
-----					
	Male	Never / rarely wear a helmet	28%	41%	SU/SD statistically lower
		Sometimes wear a helmet	22%	12%	SU/SD statistically higher
		Most of the time / always wear a helmet	50%	47%	
-----					
Total		Never / rarely wear a helmet	35%	43%	SU/SD statistically lower
		Sometimes wear a helmet	14%	12%	
		Most of the time / always wear a helmet	51%	45%	SU/SD statistically higher

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Washington West	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		2%	3%	

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		Washington West	Vermont	Notes
Grade	6th	22%	15%	SU/SD statistically higher
	7th	15%	19%	SU/SD statistically lower
	8th	32%	25%	SU/SD statistically higher
Sex	Female	29%	21%	SU/SD statistically higher
	Male	17%	19%	
Total		23%	20%	SU/SD statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Washington West	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	17%	15%	
	8th	23%	24%	
Sex	Female	18%	16%	
	Male	19%	18%	
Total		19%	17%	

**2.02 Percent of students who drank alcohol other than a few sips before age 11**

		Washington West	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	7%	6%	
	8th	5%	6%	
Sex	Female	7%	5%	SU/SD statistically higher
	Male	6%	8%	
Total		7%	6%	

**2.03 Percent of students who drank any alcohol, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	6%	5%	
	8th	9%	10%	
Sex	Female	10%	6%	SU/SD statistically higher
	Male	.	7%	
Total		7%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		2%	2%	

**2.05 Percent of students who ever tried cigarette smoking, even one or two puffs**

		Washington West	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	.	7%	Too few students
	8th	9%	13%	SU/SD statistically lower
Sex	Female	6%	9%	SU/SD statistically lower
	Male	4%	9%	SU/SD statistically lower
Total		5%	9%	SU/SD statistically lower

**2.06 Percent of students who ever smoked a whole cigarette**

		Washington West	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	4%	Too few students
	8th	5%	8%	SU/SD statistically lower
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		3%	5%	SU/SD statistically lower



*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		2%	1%	

**2.08 Percent of students who smoked cigarettes, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Washington West	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	4%	6%	
	8th	10%	11%	
Sex	Female	7%	7%	SU/SD statistically lower
	Male	5%	7%	
Total		6%	7%	

**2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	5%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		2%	3%	

**2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		2%	2%	

### 2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Washington West	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	4%	3%	
	Male	.	4%	Too few students
Total		3%	4%	

### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Washington West	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	5%	8%	SU/SD statistically lower
Sex	Female	4%	5%	
	Male	.	6%	Too few students
Total		3%	5%	SU/SD statistically lower

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Washington West	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

**2.16 Percent of students who have ever used marijuana**

		Washington West	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	5%	Too few students
	8th	12%	11%	
Sex	Female	7%	6%	
	Male	5%	7%	
Total		6%	7%	

**2.17 Percent of students who used marijuana by age 11**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Washington West	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	5%	6%	
Sex	Female	4%	3%	
	Male	.	4%	Too few students
Total		4%	4%	

**2.19 Percent of students who have ever used inhalants**

		Washington West	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	4%	4%	
	8th	7%	6%	
Sex	Female	9%	5%	SU/SD statistically higher
	Male	.	5%	Too few students
Total		6%	5%	SU/SD statistically higher

**2.20 Percent of students who ever took a prescription drug without a doctor's prescription**

		Washington West	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	5%	4%	
Sex	Female	5%	3%	SU/SD statistically higher
	Male	4%	3%	
Total		5%	3%	SU/SD statistically higher

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Washington West	Vermont	Notes
Grade	6th	20%	24%	
	7th	23%	28%	SU/SD statistically lower
	8th	20%	31%	SU/SD statistically lower
Sex	Female	19%	29%	SU/SD statistically lower
	Male	23%	27%	SU/SD statistically lower
Total		21%	28%	SU/SD statistically lower

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Washington West	Vermont	Notes
Grade	6th	9%	17%	SU/SD statistically lower
	7th	12%	20%	SU/SD statistically lower
	8th	17%	23%	SU/SD statistically lower
Sex	Female	16%	22%	SU/SD statistically lower
	Male	11%	19%	SU/SD statistically lower
Total		14%	21%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Washington West	Vermont	Notes
Grade	6th	55%	47%	SU/SD statistically higher
	7th	50%	52%	
	8th	60%	55%	
Sex	Female	56%	52%	SU/SD statistically higher
	Male	52%	52%	
Total		54%	52%	

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Washington West	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	20%	26%	SU/SD statistically lower
	8th	38%	35%	
Sex	Female	29%	28%	
	Male	26%	26%	
Total		28%	27%	

#### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Washington West	Vermont	Notes
15 or less students	13%	16%	SU/SD statistically lower
16 to 25 students	26%	25%	
26 to 45 students	27%	24%	
46 to 55 students	22%	16%	SU/SD statistically higher
56 to 75 students	5%	9%	SU/SD statistically lower
76 or more students	8%	10%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Washington West	Vermont	Notes
Grade	6th	98%	96%	
	7th	96%	96%	
	8th	96%	96%	
Sex	Female	94%	97%	SU/SD statistically lower
	Male	98%	96%	SU/SD statistically higher
Total		96%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Washington West	Vermont	Notes
Grade	6th	92%	92%	
	7th	90%	92%	
	8th	88%	90%	
Sex	Female	89%	93%	SU/SD statistically lower
	Male	89%	90%	
Total		89%	91%	SU/SD statistically lower

#### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Washington West	Vermont	Notes
Grade	6th	96%	96%	
	7th	94%	95%	
	8th	86%	92%	SU/SD statistically lower
Sex	Female	93%	94%	
	Male	89%	94%	SU/SD statistically lower
Total		91%	94%	SU/SD statistically lower



### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Washington West	Vermont	Notes
Grade	6th	100%	97%	SU/SD statistically higher
	7th	95%	95%	
	8th	89%	92%	SU/SD statistically lower
Sex	Female	94%	95%	
	Male	92%	94%	
Total		93%	94%	

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Washington West	Vermont	Notes
Grade	6th	94%	94%	
	7th	91%	90%	
	8th	77%	83%	SU/SD statistically lower
Sex	Female	85%	90%	SU/SD statistically lower
	Male	86%	87%	
Total		85%	88%	SU/SD statistically lower

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Washington West	Vermont	Notes
Grade	6th	100%	97%	SU/SD statistically higher
	7th	92%	92%	
	8th	77%	83%	SU/SD statistically lower
Sex	Female	90%	91%	
	Male	85%	89%	SU/SD statistically lower
Total		87%	90%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

#### 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Washington West	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	71%	72%	
	8th	83%	72%	
Sex	Female	80%	71%	SU/SD statistically higher
	Male	72%	72%	
Total		76%	71%	SU/SD statistically higher

#### 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Washington West	Vermont	Notes
Grade	6th	49%	49%	
	7th	45%	49%	
	8th	43%	46%	
Sex	Female	48%	49%	
	Male	42%	46%	
Total		45%	48%	

#### 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Washington West	Vermont	Notes
Grade	6th	68%	67%	
	7th	53%	61%	
	8th	42%	51%	
Sex	Female	58%	60%	
	Male	44%	58%	
Total		51%	59%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Washington West	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	26%	24%	
	8th	32%	34%	
Sex	Female	26%	25%	
	Male	29%	29%	
Total		27%	27%	

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Washington West	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	46%	33%	SU/SD statistically higher
	8th	53%	46%	SU/SD statistically higher
Sex	Female	51%	35%	SU/SD statistically higher
	Male	43%	37%	SU/SD statistically higher
Total		47%	36%	SU/SD statistically higher

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Washington West	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	19%	12%	SU/SD statistically higher
	8th	30%	22%	SU/SD statistically higher
Sex	Female	18%	13%	SU/SD statistically higher
	Male	25%	16%	SU/SD statistically higher
Total		22%	14%	SU/SD statistically higher

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Washington West	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	7%	4%	SU/SD statistically higher
	8th	6%	8%	
Sex	Female	6%	4%	
	Male	6%	7%	
Total		6%	6%	

**4.02 Percent of students who have ever had oral sex**

		Washington West	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	6%	3%	SU/SD statistically higher
	8th	10%	9%	
Sex	Female	7%	5%	SU/SD statistically higher
	Male	7%	6%	
Total		7%	5%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

## 5.01 Number of times during the past 7 days students ate breakfast

			Washington West	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	16%	13%	
		4 to 6 times	27%	22%	
		Everyday	57%	61%	
-----					
	7th	Never	6%	7%	SU/SD statistically lower
		1 to 3 times	8%	16%	
		4 to 6 times	32%	25%	
		Everyday	55%	51%	
-----					
	8th	Never	11%	8%	SU/SD statistically higher
		1 to 3 times	15%	20%	SU/SD statistically lower
		4 to 6 times	24%	25%	
		Everyday	50%	48%	
-----					
Sex	Female	Never	8%	8%	SU/SD statistically lower
		1 to 3 times	15%	21%	
		4 to 6 times	32%	26%	
		Everyday	45%	45%	
-----					
	Male	Never	7%	6%	SU/SD statistically lower
		1 to 3 times	8%	13%	
		4 to 6 times	23%	23%	
		Everyday	62%	59%	
-----					
Total		Never	7%	7%	SU/SD statistically lower
		1 to 3 times	12%	17%	
		4 to 6 times	28%	24%	
		Everyday	53%	52%	

*5 Nutrition and Physical Activity***5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		Washington West	Vermont	Notes
Grade	6th	63%	45%	SU/SD statistically higher
	7th	49%	41%	SU/SD statistically higher
	8th	30%	39%	SU/SD statistically lower
Sex	Female	45%	38%	SU/SD statistically higher
	Male	42%	44%	
Total		44%	41%	

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Washington West	Vermont	Notes
Grade	6th	Never	.	8%	Too few students
		1 to 4 days	33%	32%	
		5 to 6 days	34%	27%	SU/SD statistically higher
		Everyday	33%	33%	
-----					
	7th	Never	.	7%	Too few students
		1 to 4 days	26%	34%	SU/SD statistically lower
		5 to 6 days	38%	28%	SU/SD statistically higher
		Everyday	32%	31%	
-----					
	8th	Never	6%	8%	
		1 to 4 days	35%	36%	
		5 to 6 days	33%	27%	SU/SD statistically higher
		Everyday	25%	29%	SU/SD statistically lower
-----					
Sex	Female	Never	4%	8%	SU/SD statistically lower
		1 to 4 days	31%	39%	SU/SD statistically lower
		5 to 6 days	42%	30%	SU/SD statistically higher
		Everyday	24%	23%	
-----					
	Male	Never	4%	8%	SU/SD statistically lower
		1 to 4 days	30%	29%	
		5 to 6 days	29%	25%	SU/SD statistically higher
		Everyday	37%	38%	
-----					
Total		Never	4%	8%	SU/SD statistically lower
		1 to 4 days	31%	34%	SU/SD statistically lower
		5 to 6 days	35%	27%	SU/SD statistically higher
		Everyday	30%	31%	

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Washington West	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	19%	15%	
		3 to 4 days	27%	19%	SU/SD statistically higher
		Everyday	48%	48%	
-----					
	7th	0 days	24%	30%	SU/SD statistically lower
		1 to 2 days	24%	17%	SU/SD statistically higher
		3 to 4 days	18%	17%	
		Everyday	33%	36%	
-----					
	8th	0 days	26%	33%	SU/SD statistically lower
		1 to 2 days	10%	16%	SU/SD statistically lower
		3 to 4 days	21%	16%	SU/SD statistically higher
		Everyday	43%	35%	SU/SD statistically higher
-----					
Sex	Female	0 days	22%	28%	SU/SD statistically lower
		1 to 2 days	23%	18%	SU/SD statistically higher
		3 to 4 days	17%	17%	
		Everyday	38%	38%	
-----					
	Male	0 days	22%	28%	SU/SD statistically lower
		1 to 2 days	11%	15%	SU/SD statistically lower
		3 to 4 days	25%	17%	SU/SD statistically higher
		Everyday	42%	40%	
-----					
Total		0 days	22%	28%	SU/SD statistically lower
		1 to 2 days	18%	16%	
		3 to 4 days	21%	17%	SU/SD statistically higher
		Everyday	40%	39%	



## 5 Nutrition and Physical Activity

## 5.05 Number of hours spent watching TV on an average school day

			Washington West	Vermont	Notes
Grade	6th	1 hour or less per day	71%	60%	SU/SD statistically higher
		2 to 4 hours per day	27%	34%	SU/SD statistically lower
		5 or more hours per day	.	6%	Too few students
<hr/>					
	7th	1 hour or less per day	68%	57%	SU/SD statistically higher
		2 to 4 hours per day	27%	37%	SU/SD statistically lower
		5 or more hours per day	5%	6%	
<hr/>					
	8th	1 hour or less per day	57%	57%	
		2 to 4 hours per day	34%	37%	
		5 or more hours per day	9%	7%	
<hr/>					
Sex	Female	1 hour or less per day	58%	57%	
		2 to 4 hours per day	36%	37%	
		5 or more hours per day	6%	6%	
<hr/>					
	Male	1 hour or less per day	70%	58%	SU/SD statistically higher
		2 to 4 hours per day	23%	35%	SU/SD statistically lower
		5 or more hours per day	7%	7%	
<hr/>					
Total		1 hour or less per day	64%	58%	SU/SD statistically higher
		2 to 4 hours per day	30%	36%	SU/SD statistically lower
		5 or more hours per day	6%	6%	

## 5 Nutrition and Physical Activity

**5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Washington West	Vermont	Notes
Grade	6th	1 hour or less per day	61%	55%	
		2 to 4 hours per day	37%	33%	
		5 or more hours per day	.	12%	Too few students
-----					
	7th	1 hour or less per day	54%	46%	SU/SD statistically higher
		2 to 4 hours per day	37%	40%	
		5 or more hours per day	9%	14%	SU/SD statistically lower
-----					
	8th	1 hour or less per day	50%	40%	SU/SD statistically higher
		2 to 4 hours per day	37%	41%	
		5 or more hours per day	12%	19%	SU/SD statistically lower
-----					
Sex	Female	1 hour or less per day	62%	48%	SU/SD statistically higher
		2 to 4 hours per day	33%	37%	SU/SD statistically lower
		5 or more hours per day	5%	15%	SU/SD statistically lower
-----					
	Male	1 hour or less per day	45%	44%	
		2 to 4 hours per day	42%	41%	
		5 or more hours per day	14%	15%	
-----					
Total		1 hour or less per day	54%	46%	SU/SD statistically higher
		2 to 4 hours per day	37%	39%	
		5 or more hours per day	9%	15%	SU/SD statistically lower

*5 Nutrition and Physical Activity***5.07 Number of days in the average week students went online for something not school-related**

			Washington West	Vermont	Notes
Grade	6th	Never	15%	22%	SU/SD statistically lower
		1 to 5 days	53%	45%	SU/SD statistically higher
		At least six days	31%	33%	
-----					
	7th	Never	10%	16%	SU/SD statistically lower
		1 to 5 days	39%	41%	
		At least six days	51%	42%	SU/SD statistically higher
-----					
	8th	Never	8%	11%	SU/SD statistically lower
		1 to 5 days	32%	34%	
		At least six days	61%	55%	SU/SD statistically higher
-----					
Sex	Female	Never	8%	13%	SU/SD statistically lower
		1 to 5 days	43%	41%	
		At least six days	49%	46%	
-----					
	Male	Never	12%	18%	SU/SD statistically lower
		1 to 5 days	34%	38%	SU/SD statistically lower
		At least six days	54%	44%	SU/SD statistically higher
-----					
Total	Never		10%	15%	SU/SD statistically lower
	1 to 5 days		39%	39%	
	At least six days		51%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Washington West	Vermont	Notes
Grade	6th	81%	81%	
	7th	83%	80%	
	8th	80%	78%	
Sex	Female	80%	80%	
	Male	84%	79%	SU/SD statistically higher
Total		81%	79%	

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		Washington West	Vermont	Notes
Grade	6th	64%	60%	
	7th	64%	56%	SU/SD statistically higher
	8th	50%	51%	
Sex	Female	52%	50%	
	Male	65%	59%	SU/SD statistically higher
Total		58%	55%	SU/SD statistically higher

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Washington West	Vermont	Notes
Grade	6th	63%	69%	
	7th	58%	62%	
	8th	68%	59%	SU/SD statistically higher
Sex	Female	61%	62%	
	Male	65%	64%	
Total		63%	63%	

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		Washington West	Vermont	Notes
Grade	6th	58%	45%	SU/SD statistically higher
	7th	38%	44%	SU/SD statistically lower
	8th	33%	39%	SU/SD statistically lower
Sex	Female	43%	42%	
	Male	35%	43%	SU/SD statistically lower
Total		40%	43%	SU/SD statistically lower