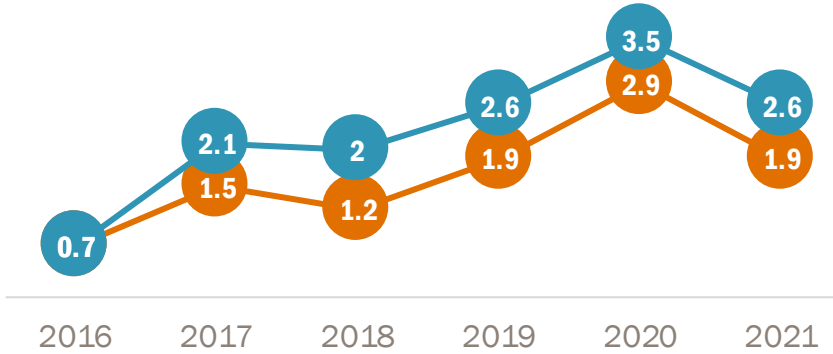


Cannabis Adult Health Concerns

Vermont adults age 18+

ED visits related to cannabis are increasing



The rate of emergency department (ED) visits for **primary** or **any mention** of cannabis per 10,000 visits has increased since 2016.

Source: VUHDDS

Cannabis use could be a sign of mental distress

The percent of people reporting that their mental health was “not good” 14+ times in past 30 days in 2022 was **ALMOST TWO TIMES HIGHER** for those who used cannabis in the past 30 days, compared to those who did not use cannabis in the past 30 days.

Adults who have been **told they have a depressive disorder** were 1.6 times more likely to use cannabis in the past 30 days than **those who had not**.

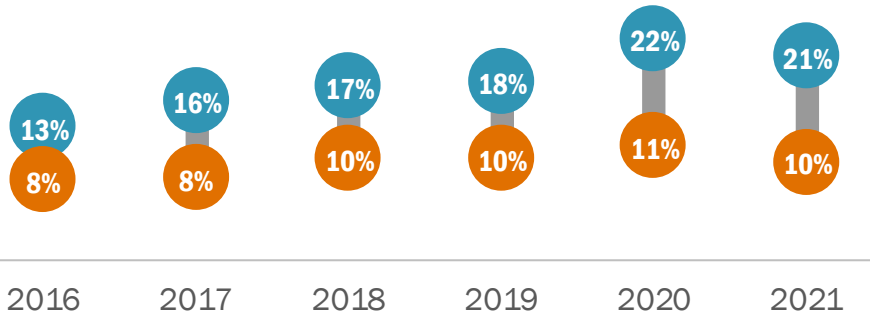


More information about cannabis and mental health from the CDC.

Source: BRFSS

Where can we do more?

Use of cannabis **during pregnancy** continues to remain lower than use during the **month before pregnancy**, but 10% of women continue to use cannabis during pregnancy.



Messaging on use during pregnancy is discussed in **One More Conversation** and **Let's Talk Cannabis**.



Source: PRAMS

March 2024

Learn more at healthvermont.gov

Learn more about the [data sources](#)