
2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR LAMOILLE COUNTY

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at www.healthvermont.gov/yrbs

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About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:
www.healthvermont.gov/yrbs

METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods>

USING THE YRBS RESULTS

ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at:

<http://www.upforlearning.org/initiatives/getting-to-y>

POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

HIGH SCHOOL RESULTS

LAMOILLE COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
LAMOILLE COUNTY REPORT

HIGH SCHOOL DEMOGRAPHICS		
	Lamoille	VT
Total	908	27349

		Lamoille	VT
Sex	Male	48%	51%
	Female	52%	49%
Grade	9th Grade	27%	25%
	10th Grade	24%	25%
	11th Grade	25%	25%
	12th Grade	23%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	86%	83%
	Students of Color (REM)	14%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	88%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	12%	11%

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR

		Lamoille	VT	
Overall		16%	17%	Overall Differences: State vs County
Sex	Male	21%	22%	VT and County are Similar
	Female	12%	11%	
Grade	Grade 9	28%	21%	Within County Differences
	Grade 10	18%	18%	
	Grade 11	13%	15%	
	Grade 12	6%	13%	
Race	WnH	15%	16%	Males > Females
	REM	25%	23%	
Sexual Orientation	Het/Cis	16%	16%	9 > 11
	LGBT	21%	23%	
				9 > 12
				10 > 12
				REM > WnH

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR

		Lamoille	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	11%	9%	VT and County are Similar
	Female	3%	3%	
Grade	Grade 9	13%	9%	Within County Differences
	Grade 10	6%	7%	
	Grade 11	3%	6%	
	Grade 12	.	4%	
Race	WnH	6%	5%	Males > Females
	REM	10%	11%	
Sexual Orientation	Het/Cis	7%	6%	Too few students in at least one grade
	LGBT	8%	10%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS

		Lamoille	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	12%	10%	VT and County are Similar
	Female	2%	3%	
Grade	Grade 9	4%	5%	Within County Differences Males > Females 11 > 9
	Grade 10	7%	6%	
	Grade 11	13%	8%	
	Grade 12	5%	8%	
Race	WnH	7%	6%	
	REM	9%	10%	
Sexual Orientation	Het/Cis	8%	6%	
	LGBT	7%	10%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR

		Lamoille	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	2%	3%	
Grade	Grade 9	8%	6%	Within County Differences Males > Females Too few students in at least one grade Too few students by sexual orientation
	Grade 10	3%	5%	
	Grade 11	3%	4%	
	Grade 12	.	4%	
Race	WnH	4%	4%	
	REM	6%	9%	
Sexual Orientation	Het/Cis	4%	4%	
	LGBT	.	10%	

SECTION 2: PERSONAL SAFETY
 VIOLENCE AND BULLYING

WERE ELECTRONICALLY BULLIED, PAST YEAR

		Lamoille	VT	
Overall		16%	16%	Overall Differences: State vs County
Sex	Male	11%	10%	VT and County are Similar
	Female	21%	22%	
Grade	Grade 9	19%	19%	Within County Differences
	Grade 10	18%	16%	
	Grade 11	16%	15%	
	Grade 12	13%	13%	
Race	WnH	17%	15%	Females > Males
	REM	13%	18%	
Sexual Orientation	Het/Cis	16%	14%	
	LGBT	18%	30%	

WERE BULLIED, PAST 30 DAYS

		Lamoille	VT	
Overall		17%	16%	Overall Differences: State vs County
Sex	Male	11%	11%	VT and County are Similar
	Female	23%	20%	
Grade	Grade 9	22%	21%	Within County Differences
	Grade 10	17%	16%	
	Grade 11	16%	14%	
	Grade 12	10%	12%	
Race	WnH	18%	15%	Females > Males
	REM	15%	18%	
Sexual Orientation	Het/Cis	16%	14%	
	LGBT	21%	30%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS

		Lamoille	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	11%	10%	VT and County are Similar
	Female	9%	8%	
Grade	Grade 9	11%	9%	Within County Differences
	Grade 10	7%	9%	
	Grade 11	11%	9%	
	Grade 12	8%	8%	
Race	WnH	9%	8%	
	REM	15%	12%	
Sexual Orientation	Het/Cis	9%	8%	
	LGBT	9%	13%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS

		Lamoille	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	2%	4%	VT and County are Similar
	Female	6%	6%	
Grade	Grade 9	6%	5%	Too few students in at least one grade
	Grade 10	4%	5%	
	Grade 11	5%	5%	
	Grade 12	.	4%	
Race	WnH	4%	4%	
	REM	.	9%	
Sexual Orientation	Het/Cis	3%	4%	
	LGBT	9%	12%	

SECTION 2: PERSONAL SAFETY
SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE

		Lamoille	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	3%	3%	VT and County are Similar
	Female	7%	9%	
Grade	Grade 9	6%	5%	Within County Differences Too few students in at least one grade LGBT > Het/CIS
	Grade 10	.	5%	
	Grade 11	8%	7%	
	Grade 12	5%	7%	
Race	WnH	5%	6%	
	REM	9%	9%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	19%	18%	

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR

		Lamoille	VT	
Overall		11%	10%	Overall Differences: State vs County
Sex	Male	5%	5%	VT and County are Similar
	Female	16%	15%	
Grade	Grade 9	10%	10%	Within County Differences Females > Males LGBT > Het/CIS
	Grade 10	12%	11%	
	Grade 11	12%	10%	
	Grade 12	8%	9%	
Race	WnH	11%	9%	
	REM	10%	14%	
Sexual Orientation	Het/Cis	8%	8%	
	LGBT	26%	23%	

SECTION 2: PERSONAL SAFETY
SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR

		Lamoille	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	6%	8%	Within County Differences
Grade	Grade 9	6%	5%	Too few students in at least one grade
	Grade 10	5%	7%	
	Grade 11	8%	7%	
	Grade 12	.	7%	
Race	WnH	6%	6%	
	REM	8%	11%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	12%	15%	

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS

		Lamoille	VT	
Overall		9%	7%	Overall Differences: State vs County
Sex	Male	8%	9%	VT and County are Similar
	Female	10%	5%	
				Within County Differences
Grade	Grade 9	.	5%	Too few students in at least one grade
	Grade 10	5%	4%	Too few students by race
	Grade 11	13%	7%	Too few students by sexual orientation
	Grade 12	13%	10%	
Race	WnH	9%	6%	
	REM	.	13%	
Sexual Orientation	Het/Cis	9%	7%	
	LGBT	.	11%	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS

		Lamoille	VT	
Overall		16%	14%	Overall Differences: State vs County
Sex	Male	15%	16%	VT and County are Similar
	Female	17%	12%	
				Within County Differences
Grade	Grade 9	8%	8%	12 > 9
	Grade 10	11%	9%	12 > 10
	Grade 11	16%	15%	Too few students by sexual orientation
	Grade 12	26%	21%	
Race	WnH	16%	13%	
	REM	15%	20%	
Sexual Orientation	Het/Cis	14%	13%	
	LGBT	.	21%	

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

**RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL,
PAST 30 DAYS**

		Lamoille	VT	
Overall		21%	18%	Overall Differences: State vs County
Sex	Male	21%	17%	County > VT
	Female	21%	19%	Within County Differences
Grade	Grade 9	20%	17%	
	Grade 10	25%	18%	
	Grade 11	22%	18%	
	Grade 12	17%	18%	
Race	WnH	22%	18%	
	REM	19%	20%	
Sexual Orientation	Het/Cis	21%	17%	
	LGBT	20%	22%	

**RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA,
PAST 30 DAYS**

		Lamoille	VT	
Overall		23%	20%	Overall Differences: State vs County
Sex	Male	22%	20%	VT and County are Similar
	Female	24%	20%	Within County Differences
Grade	Grade 9	18%	13%	12 > 9
	Grade 10	17%	18%	12 > 10
	Grade 11	25%	22%	LGBT > Het/CIS
	Grade 12	34%	28%	
Race	WnH	24%	20%	
	REM	20%	23%	
Sexual Orientation	Het/Cis	22%	19%	
	LGBT	34%	29%	

SECTION 2: PERSONAL SAFETY
IMPAIRED DRIVING AND RIDING

**TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER
VEHICLE, PAST 30 DAYS**

		Lamoille	VT	
Overall		34%	34%	Overall Differences: State vs County
Sex	Male	28%	34%	VT and County are Similar
	Female	39%	34%	
Grade	Grade 9	7%	9%	11 > 9
	Grade 10	18%	16%	12 > 9
	Grade 11	43%	42%	12 > 10
	Grade 12	52%	53%	11 > 10
Race	WnH	35%	34%	WnH > REM
	REM	20%	32%	Too few students by sexual orientation
Sexual Orientation	Het/Cis	35%	34%	
	LGBT	.	31%	

SECTION 2: PERSONAL SAFETY
INJURY AND PREVENTION

**HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD,
PAST YEAR**

	Lamoille	VT	
Never wore a helmet	9%	11%	County > VT
Rarely wore a helmet	2%	3%	
Sometimes wore a helmet	4%	3%	
Most of the time wore a helmet	14%	9%	
Always wore a helmet	70%	74%	

**RARELY OR NEVER WEAR A HELMET WHILE SKIING OR
SNOWBOARDING, PAST YEAR**

		Lamoille	VT	
Overall		11%	14%	Overall Differences: State vs County
Sex	Male	13%	17%	VT and County are Similar
	Female	8%	9%	
Grade	Grade 9	9%	11%	Within County Differences
	Grade 10	11%	13%	
	Grade 11	15%	15%	
	Grade 12	10%	15%	
Race	WnH	10%	12%	Too few students by sexual orientation
	REM	18%	24%	
Sexual Orientation	Het/Cis	10%	12%	
	LGBT	.	24%	

SECTION 2: PERSONAL SAFETY
INJURY AND PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING
PHYSICALLY ACTIVE, PAST YEAR**

		Lamoille	VT	
Overall		15%	18%	Overall Differences: State vs County
Sex	Male	19%	20%	VT and County are Similar
	Female	12%	16%	
Grade	Grade 9	18%	20%	Within County Differences Males > Females
	Grade 10	19%	18%	
	Grade 11	11%	17%	
	Grade 12	13%	16%	
Race	WnH	15%	17%	
	REM	17%	22%	
Sexual Orientation	Het/Cis	15%	18%	
	LGBT	12%	15%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Lamoille	VT	
Overall		55%	54%	Overall Differences: State vs County
Sex	Male	49%	51%	VT and County are Similar
	Female	61%	58%	
				Within County Differences
Grade	Grade 9	47%	47%	Females > Males 11 > 9
	Grade 10	53%	53%	
	Grade 11	63%	58%	
	Grade 12	60%	61%	
Race	WnH	56%	56%	
	REM	48%	50%	
Sexual Orientation	Het/Cis	55%	54%	
	LGBT	59%	62%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		Lamoille	VT	
Overall		56%	55%	Overall Differences: State vs County
Sex	Male	54%	53%	VT and County are Similar
	Female	58%	56%	
				Within County Differences
Grade	Grade 9	58%	57%	
	Grade 10	55%	56%	
	Grade 11	57%	54%	
	Grade 12	54%	52%	
Race	WnH	57%	56%	
	REM	53%	47%	
Sexual Orientation	Het/Cis	57%	55%	
	LGBT	53%	57%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

		Lamoille	VT	
Overall		28%	23%	Overall Differences: State vs County
Sex	Male	30%	23%	County > VT
	Female	25%	23%	
				Within County Differences
Grade	Grade 9	31%	22%	
	Grade 10	25%	23%	
	Grade 11	27%	23%	
	Grade 12	29%	24%	
Race	WnH	27%	22%	
	REM	30%	27%	
Sexual Orientation	Het/Cis	28%	22%	
	LGBT	27%	33%	

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

		Lamoille	VT	
Overall		37%	33%	Overall Differences: State vs County
Sex	Male	41%	33%	County > VT
	Female	33%	33%	
				Within County Differences
Grade	Grade 9	40%	32%	
	Grade 10	37%	33%	
	Grade 11	37%	33%	
	Grade 12	35%	36%	
Race	WnH	37%	33%	
	REM	38%	34%	
Sexual Orientation	Het/Cis	37%	32%	
	LGBT	40%	44%	

SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		Lamoille	VT	
Overall		26%	25%	Overall Differences: State vs County
Sex	Male	16%	16%	VT and County are Similar
	Female	35%	35%	
Grade	Grade 9	27%	23%	Within County Differences
	Grade 10	31%	26%	
	Grade 11	25%	26%	
	Grade 12	17%	26%	
Race	WnH	25%	25%	Females > Males
	REM	29%	28%	
Sexual Orientation	Het/Cis	21%	21%	10 > 12
	LGBT	56%	58%	

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		Lamoille	VT	
Overall		15%	16%	Overall Differences: State vs County
Sex	Male	6%	9%	VT and County are Similar
	Female	23%	25%	
Grade	Grade 9	21%	18%	Within County Differences
	Grade 10	14%	18%	
	Grade 11	13%	16%	
	Grade 12	9%	14%	
Race	WnH	14%	16%	Females > Males
	REM	16%	18%	
Sexual Orientation	Het/Cis	11%	12%	9 > 12
	LGBT	43%	48%	

SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR				
		Lamoille	VT	
Overall		10%	11%	Overall Differences: State vs County
Sex	Male	5%	7%	VT and County are Similar
	Female	14%	15%	
Grade	Grade 9	12%	11%	Within County Differences
	Grade 10	12%	12%	
	Grade 11	9%	11%	
	Grade 12	6%	10%	
Race	WnH	9%	10%	Females > Males
	REM	13%	15%	
Sexual Orientation	Het/Cis	7%	8%	LGBT > Het/CIS
	LGBT	35%	33%	

ATTEMPTED SUICIDE, PAST YEAR				
		Lamoille	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	3%	4%	VT and County are Similar
	Female	6%	7%	
Grade	Grade 9	6%	6%	Within County Differences
	Grade 10	6%	6%	
	Grade 11	3%	5%	
	Grade 12	.	4%	
Race	WnH	5%	5%	Too few students in at least one grade
	REM	5%	8%	
Sexual Orientation	Het/Cis	3%	4%	LGBT > Het/CIS
	LGBT	15%	18%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Lamoille	VT	
Overall		28%	24%	Overall Differences: State vs County
Sex	Male	30%	26%	County > VT
	Female	25%	22%	
				Within County Differences
Grade	Grade 9	23%	17%	
	Grade 10	24%	21%	
	Grade 11	32%	28%	
	Grade 12	35%	31%	
Race	WnH	26%	23%	
	REM	35%	28%	
Sexual Orientation	Het/Cis	27%	22%	
	LGBT	34%	38%	

SMOKED A CIGARETTE BEFORE AGE 13 YEARS

		Lamoille	VT	
Overall		9%	8%	Overall Differences: State vs County
Sex	Male	11%	9%	VT and County are Similar
	Female	6%	6%	
				Within County Differences
Grade	Grade 9	12%	8%	REM > WnH
	Grade 10	10%	8%	
	Grade 11	7%	8%	
	Grade 12	6%	7%	
Race	WnH	7%	7%	
	REM	17%	12%	
Sexual Orientation	Het/Cis	9%	7%	
	LGBT	9%	14%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		Lamoille	VT	
Overall		37%	34%	Overall Differences: State vs County
Sex	Male	40%	37%	VT and County are Similar
	Female	33%	31%	
Grade	Grade 9	23%	23%	Within County Differences
	Grade 10	33%	31%	
	Grade 11	41%	38%	
	Grade 12	55%	44%	
Race	WnH	37%	34%	11 > 9
	REM	40%	35%	
Sexual Orientation	Het/Cis	38%	34%	12 > 9
	LGBT	33%	38%	
				12 > 10
				12 > 11

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		Lamoille	VT	
Overall		24%	21%	Overall Differences: State vs County
Sex	Male	31%	24%	County > VT
	Female	18%	17%	
Grade	Grade 9	16%	12%	Within County Differences
	Grade 10	25%	17%	
	Grade 11	28%	24%	
	Grade 12	29%	30%	
Race	WnH	25%	20%	Males > Females
	REM	24%	21%	
Sexual Orientation	Het/Cis	24%	20%	11 > 9
	LGBT	22%	26%	
				12 > 9

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER DRANK ALCOHOL				
		Lamoille	VT	
Overall		61%	58%	Overall Differences: State vs County
Sex	Male	63%	57%	VT and County are Similar
	Female	58%	58%	
Within County Differences				
Grade	Grade 9	45%	41%	11 > 9
	Grade 10	56%	54%	12 > 9
	Grade 11	75%	65%	12 > 10
	Grade 12	71%	71%	11 > 10
Race	WnH	61%	58%	
	REM	58%	56%	
Sexual Orientation	Het/Cis	61%	57%	
	LGBT	64%	66%	

DRANK ALCOHOL BEFORE AGE 13 YEARS				
		Lamoille	VT	
Overall		20%	14%	Overall Differences: State vs County
Sex	Male	24%	16%	County > VT
	Female	15%	11%	
Within County Differences				
Grade	Grade 9	26%	17%	Males > Females
	Grade 10	17%	13%	9 > 12
	Grade 11	23%	13%	
	Grade 12	14%	11%	
Race	WnH	19%	12%	
	REM	25%	21%	
Sexual Orientation	Het/Cis	19%	13%	
	LGBT	27%	20%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED MARIJUANA				
		Lamoille	VT	
Overall		42%	37%	Overall Differences: State vs County
Sex	Male	41%	37%	County > VT
	Female	42%	37%	
				Within County Differences
Grade	Grade 9	30%	23%	11 > 9
	Grade 10	40%	34%	12 > 9
	Grade 11	49%	42%	
	Grade 12	50%	50%	
Race	WnH	42%	38%	
	REM	42%	37%	
Sexual Orientation	Het/Cis	41%	36%	
	LGBT	45%	49%	

TRIED MARIJUANA BEFORE AGE 13 YEARS				
		Lamoille	VT	
Overall		9%	6%	Overall Differences: State vs County
Sex	Male	11%	7%	County > VT
	Female	7%	5%	
				Within County Differences
Grade	Grade 9	10%	6%	
	Grade 10	7%	6%	
	Grade 11	9%	6%	
	Grade 12	10%	5%	
Race	WnH	8%	5%	
	REM	13%	10%	
Sexual Orientation	Het/Cis	8%	5%	
	LGBT	12%	11%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER MISUSED PRESCRIPTION PAIN MEDICINE				
		Lamoille	VT	
Overall		9%	8%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	10%	7%	Within County Differences
Grade	Grade 9	9%	6%	
	Grade 10	10%	7%	
	Grade 11	11%	8%	
	Grade 12	7%	9%	
Race	WnH	9%	7%	
	REM	11%	11%	
Sexual Orientation	Het/Cis	8%	7%	
	LGBT	15%	16%	

EVER MISUSED PRESCRIPTION STIMULANTS				
		Lamoille	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	6%	6%	Within County Differences
Grade	Grade 9	5%	4%	
	Grade 10	8%	6%	
	Grade 11	4%	6%	
	Grade 12	8%	9%	
Race	WnH	6%	6%	
	REM	10%	10%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	11%	12%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED COCAINE			
		Lamoille	VT
Overall		5%	4%
Overall Differences: State vs County			
Sex	Male	6%	5%
	Female	4%	3%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	3%	2%
	Grade 10	3%	3%
	Grade 11	6%	4%
	Grade 12	7%	6%
LGBT > Het/CIS			
Race	WnH	4%	3%
	REM	8%	8%
Sexual Orientation	Het/Cis	3%	3%
	LGBT	11%	9%

EVER USED INHALANTS			
		Lamoille	VT
Overall		7%	6%
Overall Differences: State vs County			
Sex	Male	7%	6%
	Female	6%	6%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	9%	6%
	Grade 10	8%	6%
	Grade 11	4%	6%
	Grade 12	5%	6%
REM > WnH			
Race	WnH	6%	5%
	REM	13%	10%
Sexual Orientation	Het/Cis	5%	5%
	LGBT	11%	16%

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER USED HEROIN			
		Lamoille	VT
Overall		1%	2%
Overall Differences: State vs County			
Sex	Male	2%	3%
	Female	.	1%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	.	1%
	Grade 10	.	2%
	Grade 11	.	2%
	Grade 12	.	2%
Males > Females			
Too few students in at least one grade			
REM > WnH			
Too few students by sexual orientation			
Race	WnH	1%	1%
	REM	6%	5%
Sexual Orientation	Het/Cis	.	1%
	LGBT	.	5%

EVER USED METHAMPHETAMINES			
		Lamoille	VT
Overall		1%	2%
Overall Differences: State vs County			
Sex	Male	1%	3%
	Female	.	1%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	.	1%
	Grade 10	.	2%
	Grade 11	.	2%
	Grade 12	.	3%
Too few students by sex			
Too few students in at least one grade			
Too few students by race			
Too few students by sexual orientation			
Race	WnH	1%	1%
	REM	.	6%
Sexual Orientation	Het/Cis	1%	2%
	LGBT	.	5%

SECTION 4: SUBSTANCE USE
CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR				
		Lamoille	VT	
Overall		27%	24%	Overall Differences: State vs County
Sex	Male	32%	28%	VT and County are Similar
	Female	22%	18%	
Grade	Grade 9	19%	14%	Within County Differences Males > Females 12 > 9
	Grade 10	27%	20%	
	Grade 11	26%	26%	
	Grade 12	39%	33%	
Race	WnH	26%	26%	
	REM	37%	23%	
Sexual Orientation	Het/Cis	27%	23%	
	LGBT	29%	31%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		Lamoille	VT	
Overall		21%	19%	Overall Differences: State vs County
Sex	Male	25%	23%	VT and County are Similar
	Female	15%	14%	
Grade	Grade 9	12%	11%	Within County Differences Males > Females 12 > 9 12 > 10 12 > 11
	Grade 10	18%	16%	
	Grade 11	21%	22%	
	Grade 12	35%	28%	
Race	WnH	20%	19%	
	REM	24%	20%	
Sexual Orientation	Het/Cis	20%	18%	
	LGBT	24%	25%	

SECTION 4: SUBSTANCE USE
CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Lamoille	VT	
Overall		15%	15%	Overall Differences: State vs County
Sex	Male	20%	19%	VT and County are Similar
	Female	10%	11%	
Grade	Grade 9	9%	8%	Within County Differences
	Grade 10	12%	12%	
	Grade 11	17%	17%	
	Grade 12	25%	22%	
Race	WnH	15%	15%	Males > Females
	REM	19%	16%	
Sexual Orientation	Het/Cis	15%	14%	12 > 9
	LGBT	19%	21%	

SMOKED CIGARETTES, PAST 30 DAYS				
		Lamoille	VT	
Overall		11%	9%	Overall Differences: State vs County
Sex	Male	13%	10%	VT and County are Similar
	Female	8%	8%	
Grade	Grade 9	7%	5%	Within County Differences
	Grade 10	8%	7%	
	Grade 11	13%	11%	
	Grade 12	16%	13%	
Race	WnH	10%	9%	12 > 9
	REM	17%	12%	
Sexual Orientation	Het/Cis	10%	8%	12 > 9
	LGBT	18%	18%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED
CIGARETTES

	Lamoille	VT	
1 or 2 days	24%	29%	Too few students
3 to 5 days	15%	15%	
6 to 9 days	11%	10%	
10 to 19 days	.	12%	
20 to 29 days	11%	9%	
All 30 days	34%	25%	

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY
DAY

		Lamoille	VT	
Overall		34%	25%	Overall Differences: State vs County
Sex	Male	.	27%	VT and County are Similar
	Female	.	20%	Within County Differences
Grade	Grade 9	.	24%	Too few students by sex
	Grade 10	.	21%	Too few students in at least one grade
	Grade 11	.	23%	Too few students by race
	Grade 12	.	26%	Too few students by sexual orientation
Race	WnH	29%	38%	
	REM	.	21%	
Sexual Orientation	Het/Cis	37%	22%	
	LGBT	.	29%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES
SMOKED ON DAYS SMOKED

	Lamoille	VT	
Less than 1 cigarette	20%	30%	Too few students
1 cigarette	21%	19%	
2 to 5 cigarettes	38%	30%	
6 to 10 cigarettes	10%	9%	
11 to 20 cigarettes	.	4%	
More than 20 cigarettes	9%	8%	

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE
CIGARETTES ON DAYS SMOKED

		Lamoille	VT	
Overall		11%	12%	Overall Differences: State vs County
Sex	Male	.	15%	VT and County are Similar
	Female	.	6%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	8%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	12%	Too few students by sexual orientation
Race	WnH	.	28%	
	REM	.	7%	
Sexual Orientation	Het/Cis	9%	10%	
	LGBT	.	14%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Lamoille	VT	
Overall		13%	12%	Overall Differences: State vs County
Sex	Male	15%	14%	VT and County are Similar
	Female	11%	9%	
Grade	Grade 9	8%	7%	12 > 9
	Grade 10	11%	10%	12 > 10
	Grade 11	11%	13%	12 > 11
	Grade 12	25%	17%	
Race	WnH	13%	12%	
	REM	13%	13%	
Sexual Orientation	Het/Cis	13%	12%	
	LGBT	16%	16%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	Lamoille	VT	
Friend/family used them	34%	35%	
To try to quit other tobacco	6%	5%	
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	.	1%	Too few students
Less harmful than other tobacco	9%	8%	
Available in flavors	20%	17%	
Used for some other reason	31%	33%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF
ELECTRONIC VAPOR PRODUCTS USE

	Lamoille	VT	
1 or 2 days	34%	37%	Too few students
3 to 5 days	17%	19%	
6 to 9 days	10%	11%	
10 to 19 days	16%	12%	
20 to 29 days	.	7%	
All 30 days	19%	15%	

AMONG CURRENT USERS: USED ELECTRONIC VAPOR
PRODUCTS ON 10+ DAYS

		Lamoille	VT	
Overall		39%	33%	Overall Differences: State vs County
Sex	Male	.	37%	VT and County are Similar
	Female	.	26%	Within County Differences
Grade	Grade 9	.	29%	Too few students by sex
	Grade 10	.	36%	Too few students in at least one grade
	Grade 11	.	31%	Too few students by race
	Grade 12	.	34%	Too few students by sexual orientation
Race	WnH	41%	44%	
	REM	.	30%	
Sexual Orientation	Het/Cis	32%	32%	
	LGBT	.	37%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	Lamoille	VT	
Bought them in a store	.	8%	Too few students
I got them on the Internet	11%	10%	
Someone else bought them	13%	14%	
Borrowed them	39%	38%	
A person 18 or older gave me	11%	11%	
Took them from a store	.	2%	Too few students
Some other way	24%	18%	

USED SMOKELESS TOBACCO, PAST 30 DAYS

		Lamoille	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	.	2%	Within County Differences
Grade	Grade 9	.	3%	Too few students by sex
	Grade 10	3%	5%	Too few students in at least one grade
	Grade 11	7%	6%	Too few students by sexual orientation
	Grade 12	4%	7%	
Race	WnH	4%	5%	
	REM	8%	7%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	.	5%	

SECTION 4: SUBSTANCE USE
CURRENT USE

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS

		Lamoille	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	14%	13%	VT and County are Similar
	Female	6%	6%	
				Within County Differences
Grade	Grade 9	6%	4%	Males > Females 12 > 9 12 > 10
	Grade 10	8%	7%	
	Grade 11	11%	10%	
	Grade 12	18%	15%	
Race	WnH	10%	9%	
	REM	12%	10%	
Sexual Orientation	Het/Cis	10%	9%	
	LGBT	12%	12%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

		Lamoille	VT	
Overall		32%	33%	Overall Differences: State vs County
Sex	Male	32%	30%	VT and County are Similar
	Female	31%	37%	
				Within County Differences
Grade	Grade 9	.	33%	Too few students in at least one grade Too few students by race Too few students by sexual orientation
	Grade 10	.	35%	
	Grade 11	.	32%	
	Grade 12	.	32%	
Race	WnH	30%	33%	
	REM	.	33%	
Sexual Orientation	Het/Cis	33%	32%	
	LGBT	.	43%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
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SECTION 4: SUBSTANCE USE
CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS

		Lamoille	VT	
Overall		35%	33%	Overall Differences: State vs County
Sex	Male	36%	32%	VT and County are Similar
	Female	34%	34%	
Grade	Grade 9	20%	20%	10 > 9
	Grade 10	34%	30%	11 > 9
	Grade 11	43%	36%	12 > 9
	Grade 12	48%	46%	
Race	WnH	36%	34%	
	REM	33%	29%	
Sexual Orientation	Het/Cis	36%	33%	
	LGBT	35%	37%	

BINGE DRANK, PAST 30 DAYS

		Lamoille	VT	
Overall		18%	17%	Overall Differences: State vs County
Sex	Male	18%	17%	VT and County are Similar
	Female	18%	17%	
Grade	Grade 9	7%	8%	10 > 9
	Grade 10	20%	14%	11 > 9
	Grade 11	23%	19%	12 > 9
	Grade 12	26%	27%	
Race	WnH	19%	17%	
	REM	18%	16%	
Sexual Orientation	Het/Cis	18%	17%	
	LGBT	18%	18%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING

	Lamoille	VT
1 or 2 days	45%	49%
3 to 5 days	25%	26%
6 to 9 days	14%	13%
10 to 19 days	10%	7%
20 to 29 days	2%	2%
All 30 days	3%	3%

AMONG CURRENT USERS: DRANK ON 10+ DAYS

		Lamoille	VT	
Overall		15%	12%	Overall Differences: State vs County
Sex	Male	14%	15%	VT and County are Similar
	Female	16%	9%	
Grade	Grade 9	.	11%	Within County Differences
	Grade 10	20%	11%	Too few students in at least one grade
	Grade 11	14%	12%	Too few students by race
	Grade 12	18%	13%	Too few students by sexual orientation
Race	WnH	15%	22%	
	REM	.	10%	
Sexual Orientation	Het/Cis	13%	11%	
	LGBT	.	18%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF
ALCOHOL CONSUMED

	Lamoille	VT
1 or 2 drinks	34%	35%
3 drinks	5%	6%
4 drinks	5%	8%
5 drinks	14%	13%
6 or 7 drinks	19%	15%
8 or 9 drinks	7%	8%
10 or more drinks	14%	14%

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)

		Lamoille	VT	
Overall		59%	57%	Overall Differences: State vs County
Sex	Male	59%	59%	VT and County are Similar
	Female	58%	55%	Within County Differences
Grade	Grade 9	.	46%	Too few students in at least one grade
	Grade 10	63%	53%	Too few students by race
	Grade 11	60%	57%	Too few students by sexual orientation
	Grade 12	62%	63%	
Race	WnH	58%	61%	
	REM	.	56%	
Sexual Orientation	Het/Cis	59%	57%	
	LGBT	.	55%	

SECTION 4: SUBSTANCE USE
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE		
	Lamoille	VT
Bought in store	4%	3%
Bought in restaurant	2%	2%
Bought at public event	.	0%
I gave someone money to buy	22%	23%
Someone gave it to me	37%	40%
Took from store/family	14%	12%
Some other way	21%	20%

Too few students

USED MARIJUANA, PAST 30 DAYS				
		Lamoille	VT	
Overall		26%	24%	Overall Differences: State vs County
Sex	Male	26%	24%	VT and County are Similar
	Female	25%	23%	Within County Differences
Grade	Grade 9	17%	15%	11 > 9
	Grade 10	24%	22%	12 > 9
	Grade 11	32%	25%	
	Grade 12	34%	32%	
Race	WnH	26%	23%	
	REM	29%	24%	
Sexual Orientation	Het/Cis	25%	23%	
	LGBT	32%	33%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE		
	Lamoille	VT
1 or 2 times	37%	34%
3 to 9 times	27%	25%
10 to 19 times	6%	12%
20 to 39 times	11%	10%
40 or more times	19%	20%

VT > County

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES			
		Lamoille	VT
Overall		36%	41%
Sex	Male	42%	47%
	Female	31%	35%
Grade	Grade 9	.	37%
	Grade 10	.	40%
	Grade 11	31%	41%
	Grade 12	.	43%
Race	WnH	35%	53%
	REM	.	39%
Sexual Orientation	Het/Cis	30%	40%
	LGBT	.	49%

Overall Differences: State vs County
VT and County are Similar
Within County Differences
Too few students in at least one grade
Too few students by race
Too few students by sexual orientation

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED			
	Lamoille	VT	
Smoked it	91%	91%	Too few students
Ate in food	5%	4%	
Drank in tea or other drink	.	1%	
Vaporized	3%	2%	
Some other way	.	2%	

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		Lamoille	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	6%	5%	
Grade	Grade 9	4%	4%	Within County Differences
	Grade 10	8%	5%	
	Grade 11	5%	5%	
	Grade 12	7%	7%	
Race	WnH	6%	5%	LGBT > Het/CIS
	REM	5%	9%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	12%	11%	

SECTION 4: SUBSTANCE USE
CURRENT USE

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		Lamoille	VT	
Overall		15%	15%	Overall Differences: State vs County
Sex	Male	14%	17%	VT and County are Similar
	Female	14%	13%	
Within County Differences				
Grade	Grade 9	14%	14%	
	Grade 10	15%	16%	
	Grade 11	18%	16%	
	Grade 12	10%	14%	
Race	WnH	14%	15%	
	REM	15%	17%	
Sexual Orientation	Het/Cis	13%	14%	
	LGBT	22%	23%	

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR				
		Lamoille	VT	
Overall		15%	13%	Overall Differences: State vs County
Sex	Male	13%	14%	VT and County are Similar
	Female	16%	12%	
Within County Differences				
Grade	Grade 9	12%	9%	12 > 9
	Grade 10	11%	12%	12 > 10
	Grade 11	16%	14%	
	Grade 12	23%	18%	
Race	WnH	15%	13%	
	REM	16%	16%	
Sexual Orientation	Het/Cis	14%	12%	
	LGBT	24%	23%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

**THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE
WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE
WERE DRINKING ALCOHOL**

		Lamoille	VT	
Overall		30%	25%	Overall Differences: State vs County
Sex	Male	29%	25%	County > VT
	Female	30%	24%	
Grade	Grade 9	33%	32%	Within County Differences
	Grade 10	31%	26%	
	Grade 11	22%	21%	
	Grade 12	31%	20%	
Race	WnH	29%	23%	9 > 11
	REM	33%	31%	
Sexual Orientation	Het/Cis	30%	25%	
	LGBT	24%	25%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR
AGE TO SMOKE CIGARETTES**

		Lamoille	VT	
Overall		82%	84%	Overall Differences: State vs County
Sex	Male	78%	82%	VT and County are Similar
	Female	86%	86%	
Grade	Grade 9	87%	90%	Within County Differences
	Grade 10	86%	88%	
	Grade 11	81%	83%	
	Grade 12	72%	75%	
Race	WnH	82%	85%	Females > Males
	REM	83%	81%	
Sexual Orientation	Het/Cis	82%	85%	
	LGBT	77%	74%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

		Lamoille	VT	
Overall		52%	54%	Overall Differences: State vs County
Sex	Male	51%	55%	VT and County are Similar
	Female	54%	54%	
Grade	Grade 9	69%	71%	9 > 11
	Grade 10	58%	59%	9 > 12
	Grade 11	41%	48%	10 > 12
	Grade 12	36%	39%	10 > 11
Race	WnH	52%	54%	
	REM	52%	58%	
Sexual Orientation	Het/Cis	52%	54%	
	LGBT	54%	51%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA

		Lamoille	VT	
Overall		54%	55%	Overall Differences: State vs County
Sex	Male	56%	56%	VT and County are Similar
	Female	54%	55%	
Grade	Grade 9	68%	69%	9 > 11
	Grade 10	59%	60%	9 > 12
	Grade 11	44%	51%	10 > 12
	Grade 12	42%	42%	10 > 11
Race	WnH	54%	55%	
	REM	58%	58%	
Sexual Orientation	Het/Cis	55%	57%	
	LGBT	53%	40%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		Lamoille	VT	
Overall		90%	91%	Overall Differences: State vs County
Sex	Male	86%	90%	VT and County are Similar
	Female	94%	93%	
Grade	Grade 9	95%	94%	Within County Differences
	Grade 10	91%	94%	
	Grade 11	86%	91%	
	Grade 12	85%	87%	
Race	WnH	90%	92%	Females > Males
	REM	90%	87%	
Sexual Orientation	Het/Cis	90%	92%	9 > 11
	LGBT	83%	86%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		Lamoille	VT	
Overall		62%	66%	Overall Differences: State vs County
Sex	Male	59%	64%	VT and County are Similar
	Female	65%	67%	
Grade	Grade 9	77%	78%	Within County Differences
	Grade 10	69%	71%	
	Grade 11	56%	63%	
	Grade 12	43%	50%	
Race	WnH	61%	65%	9 > 11
	REM	67%	67%	
Sexual Orientation	Het/Cis	63%	66%	9 > 12
	LGBT	59%	60%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
 WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Lamoille	VT	
Overall		73%	76%	Overall Differences: State vs County
Sex	Male	74%	75%	VT and County are Similar
	Female	73%	77%	
Grade	Grade 9	81%	83%	Within County Differences
	Grade 10	74%	79%	
	Grade 11	69%	75%	
	Grade 12	66%	69%	
Race	WnH	72%	76%	9 > 11
	REM	78%	75%	
Sexual Orientation	Het/Cis	74%	78%	9 > 12
	LGBT	68%	63%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY		
	Lamoille	VT
No risk	6%	5%
Slight risk	7%	9%
Moderate risk	22%	18%
Great risk	65%	68%

County > VT

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Lamoille	VT	
Overall		65%	68%	Overall Differences: State vs County
Sex	Male	62%	66%	VT and County are Similar
	Female	69%	70%	Within County Differences
Grade	Grade 9	59%	64%	
	Grade 10	67%	68%	
	Grade 11	65%	68%	
	Grade 12	70%	72%	
Race	WnH	66%	69%	
	REM	60%	62%	
Sexual Orientation	Het/Cis	65%	68%	
	LGBT	61%	68%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

**PERCEIVED RISK OF HARM FROM BINGE DRINKING
EACH WEEK**

	Lamoille	VT
No risk	6%	6%
Slight risk	20%	19%
Moderate risk	38%	39%
Great risk	35%	36%

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR
TWICE EACH WEEKEND**

		Lamoille	VT	
Overall		35%	36%	Overall Differences: State vs County
Sex	Male	29%	32%	VT and County are Similar
	Female	42%	41%	
Grade	Grade 9	34%	38%	Within County Differences Females > Males
	Grade 10	40%	39%	
	Grade 11	36%	35%	
	Grade 12	30%	32%	
Race	WnH	35%	35%	
	REM	36%	39%	
Sexual Orientation	Het/Cis	34%	35%	
	LGBT	44%	38%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE			
	Lamoille	VT	
No risk	22%	21%	County > VT VT > County
Slight risk	28%	29%	
Moderate risk	30%	26%	
Great risk	20%	24%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		Lamoille	VT	
Overall		20%	24%	Overall Differences: State vs County
Sex	Male	18%	21%	VT > County
	Female	23%	28%	Within County Differences
Grade	Grade 9	23%	32%	
	Grade 10	23%	26%	
	Grade 11	17%	22%	
	Grade 12	16%	18%	
Race	WnH	19%	23%	
	REM	27%	29%	
Sexual Orientation	Het/Cis	22%	25%	
	LGBT	12%	16%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED ACCESS TO CIGARETTES

	Lamoille	VT
Very hard	23%	24%
Sort of hard	19%	21%
Sort of easy	23%	22%
Very easy	35%	32%

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF
EASY OR VERY EASY FOR THEM TO GET

		Lamoille	VT	
Overall		58%	55%	Overall Differences: State vs County
Sex	Male	65%	57%	VT and County are Similar
	Female	52%	52%	Within County Differences
Grade	Grade 9	47%	38%	Males > Females
	Grade 10	48%	48%	11 > 9
	Grade 11	63%	57%	12 > 9
	Grade 12	79%	75%	12 > 10
Race	WnH	59%	55%	11 > 10
	REM	52%	54%	12 > 11
Sexual Orientation	Het/Cis	59%	54%	
	LGBT	53%	61%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL

	Lamoille	VT
Very hard	15%	15%
Sort of hard	17%	18%
Sort of easy	34%	31%
Very easy	35%	37%

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY
OR VERY EASY FOR THEM TO GET

		Lamoille	VT	
Overall		69%	68%	Overall Differences: State vs County
Sex	Male	68%	67%	VT and County are Similar
	Female	69%	69%	Within County Differences
Grade	Grade 9	61%	58%	11 > 9
	Grade 10	66%	67%	11 > 10
	Grade 11	78%	72%	
	Grade 12	72%	74%	
Race	WnH	69%	69%	
	REM	67%	62%	
Sexual Orientation	Het/Cis	68%	68%	
	LGBT	78%	73%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO MARIJUANA		
	Lamoille	VT
Very hard	26%	27%
Sort of hard	16%	15%
Sort of easy	24%	22%
Very easy	34%	37%

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Lamoille	VT	
Overall		58%	58%	Overall Differences: State vs County
Sex	Male	63%	59%	VT and County are Similar
	Female	54%	57%	Within County Differences
Grade	Grade 9	45%	43%	11 > 9
	Grade 10	51%	56%	12 > 9
	Grade 11	72%	65%	12 > 10
	Grade 12	67%	69%	11 > 10
Race	WnH	60%	59%	
	REM	49%	54%	
Sexual Orientation	Het/Cis	58%	58%	
	LGBT	58%	66%	

SECTION 5: SEXUAL HEALTH
 LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES

	Lamoille	VT	
Never had sexual contact	38%	42%	
Females	58%	54%	
Males	.	2%	Too few students
Females and males	3%	2%	

LIFETIME SEXUAL CONTACTS: FEMALES

	Lamoille	VT	
Never had sexual contact	38%	43%	
Females	.	2%	Too few students
Males	51%	48%	
Females and males	9%	7%	

SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE				
		Lamoille	VT	
Overall		45%	40%	Overall Differences: State vs County
Sex	Male	46%	40%	County > VT
	Female	43%	40%	Within County Differences
Grade	Grade 9	21%	19%	11 > 9
	Grade 10	31%	33%	12 > 9
	Grade 11	62%	48%	12 > 10
	Grade 12	71%	61%	11 > 10
Race	WnH	44%	40%	
	REM	46%	39%	
Sexual Orientation	Het/Cis	44%	40%	
	LGBT	49%	47%	

HAVE HAD 4+ LIFETIME PARTNERS				
		Lamoille	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	9%	9%	VT and County are Similar
	Female	11%	8%	Within County Differences
Grade	Grade 9	4%	3%	11 > 9
	Grade 10	5%	6%	12 > 9
	Grade 11	12%	10%	12 > 10
	Grade 12	22%	16%	
Race	WnH	10%	8%	
	REM	11%	12%	
Sexual Orientation	Het/Cis	9%	8%	
	LGBT	16%	15%	

SECTION 5: SEXUAL HEALTH
LIFETIME SEXUAL ACTIVITY

EVER HAD ORAL SEX				
		Lamoille	VT	
Overall		45%	42%	Overall Differences: State vs County
Sex	Male	45%	42%	VT and County are Similar
	Female	44%	42%	
				Within County Differences
Grade	Grade 9	23%	23%	10 > 9
	Grade 10	37%	37%	11 > 9
	Grade 11	59%	49%	12 > 9
	Grade 12	66%	60%	12 > 10
Race	WnH	45%	43%	11 > 10
	REM	46%	40%	
Sexual Orientation	Het/Cis	44%	42%	LGBT > Het/CIS
	LGBT	48%	52%	

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Lamoille	VT	
Overall		10%	10%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	11%	12%	
				Within County Differences
Grade	Grade 9	9%	7%	12 > 10
	Grade 10	5%	9%	11 > 10
	Grade 11	13%	12%	LGBT > Het/CIS
	Grade 12	16%	14%	
Race	WnH	10%	10%	LGBT > Het/CIS
	REM	12%	13%	
Sexual Orientation	Het/Cis	9%	10%	LGBT > Het/CIS
	LGBT	20%	15%	

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS				
		Lamoille	VT	
Overall		34%	31%	Overall Differences: State vs County
Sex	Male	31%	29%	VT and County are Similar
	Female	36%	32%	Within County Differences
Grade	Grade 9	11%	13%	10 > 9
	Grade 10	24%	24%	11 > 9
	Grade 11	46%	37%	12 > 9
	Grade 12	60%	48%	12 > 10
Race	WnH	33%	31%	11 > 10
	REM	37%	29%	
Sexual Orientation	Het/Cis	33%	31%	
	LGBT	40%	34%	

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		Lamoille	VT	
Overall		19%	20%	Overall Differences: State vs County
Sex	Male	17%	22%	VT and County are Similar
	Female	18%	17%	Within County Differences
Grade	Grade 9	.	24%	Too few students in at least one grade
	Grade 10	.	22%	Too few students by race
	Grade 11	17%	18%	Too few students by sexual orientation
	Grade 12	17%	19%	
Race	WnH	19%	18%	
	REM	.	29%	
Sexual Orientation	Het/Cis	18%	18%	
	LGBT	.	31%	

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SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG
CURRENTLY SEXUALLY ACTIVE STUDENTS

	Lamoille	VT
No method was used	9%	7%
Birth control pills	32%	32%
Condoms	30%	35%
IUD or implant	14%	13%
Shot/patch/birth control ring	3%	5%
Withdrawal/other method	8%	5%
Not sure	3%	2%

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR
IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING),
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Lamoille	VT	
Overall		50%	50%	Overall Differences: State vs County
Sex	Male	36%	40%	VT and County are Similar
	Female	59%	60%	Within County Differences
Grade	Grade 9	.	29%	Females > Males
	Grade 10	.	44%	Too few students in at least one grade
	Grade 11	47%	51%	Too few students by race
	Grade 12	60%	59%	Too few students by sexual orientation
Race	WnH	52%	53%	
	REM	.	36%	
Sexual Orientation	Het/Cis	50%	52%	
	LGBT	.	39%	

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SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Lamoille	VT	
Overall		49%	56%	Overall Differences: State vs County
Sex	Male	57%	61%	VT and County are Similar
	Female	45%	52%	
				Within County Differences
Grade	Grade 9	.	64%	Too few students in at least one grade
	Grade 10	.	61%	Too few students by race
	Grade 11	49%	58%	Too few students by sexual orientation
	Grade 12	43%	51%	
Race	WnH	50%	57%	
	REM	.	54%	
Sexual Orientation	Het/Cis	52%	58%	
	LGBT	.	45%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Lamoille	VT	
Overall		17%	19%	Overall Differences: State vs County
Sex	Male	11%	15%	VT and County are Similar
	Female	22%	22%	
				Within County Differences
Grade	Grade 9	.	12%	Too few students in at least one grade
	Grade 10	.	19%	Too few students by race
	Grade 11	20%	20%	Too few students by sexual orientation
	Grade 12	19%	20%	
Race	WnH	19%	20%	
	REM	.	13%	
Sexual Orientation	Het/Cis	18%	20%	
	LGBT	.	13%	

SECTION 5: SEXUAL HEALTH
CURRENT SEXUAL ACTIVITY

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		Lamoille	VT	
Overall		9%	7%	Overall Differences: State vs County
Sex	Male	10%	8%	VT and County are Similar
	Female	8%	7%	
				Within County Differences
Grade	Grade 9	.	12%	Too few students in at least one grade
	Grade 10	.	9%	
	Grade 11	10%	6%	
	Grade 12	8%	6%	
Race	WnH	9%	6%	Too few students by race
	REM	.	13%	
Sexual Orientation	Het/Cis	9%	5%	Too few students by sexual orientation
	LGBT	.	22%	

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SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)

		Lamoille	VT	
Overall		12%	14%	Overall Differences: State vs County
Sex	Male	12%	14%	VT and County are Similar
	Female	13%	15%	
Grade	Grade 9	14%	14%	Within County Differences
	Grade 10	12%	15%	
	Grade 11	9%	14%	
	Grade 12	11%	13%	
Race	WnH	13%	14%	
	REM	8%	14%	
Sexual Orientation	Het/Cis	12%	14%	
	LGBT	18%	16%	

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)

		Lamoille	VT	
Overall		14%	13%	Overall Differences: State vs County
Sex	Male	16%	15%	VT and County are Similar
	Female	13%	10%	
Grade	Grade 9	14%	12%	Within County Differences
	Grade 10	12%	12%	
	Grade 11	17%	14%	
	Grade 12	15%	13%	
Race	WnH	15%	14%	
	REM	12%	12%	
Sexual Orientation	Het/Cis	15%	12%	
	LGBT	7%	19%	

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SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT		
	Lamoille	VT
Very underweight	2%	2%
Slightly underweight	11%	12%
About the right weight	57%	56%
Slightly overweight	26%	25%
Very overweight	4%	5%

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT				
		Lamoille	VT	
Overall		30%	30%	Overall Differences: State vs County
Sex	Male	25%	25%	VT and County are Similar
	Female	35%	36%	Within County Differences
Grade	Grade 9	28%	29%	Females > Males
	Grade 10	26%	30%	
	Grade 11	32%	30%	
	Grade 12	34%	33%	
Race	WnH	31%	30%	
	REM	26%	30%	
Sexual Orientation	Het/Cis	30%	28%	
	LGBT	38%	46%	

SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT		
	Lamoille	VT
Lose weight	44%	42%
Gain weight	14%	15%
Stay the same weight	17%	18%
Not trying to do anything	26%	25%

WERE TRYING TO LOSE WEIGHT				
		Lamoille	VT	
Overall		44%	42%	Overall Differences: State vs County
Sex	Male	29%	28%	VT and County are Similar
	Female	58%	57%	
Grade	Grade 9	40%	41%	Within County Differences
	Grade 10	43%	42%	
	Grade 11	46%	41%	
	Grade 12	45%	44%	
Race	WnH	44%	42%	Females > Males
	REM	38%	42%	
Sexual Orientation	Het/Cis	43%	40%	Females > Males
	LGBT	56%	55%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK		
	Lamoille	VT
0 days	10%	13%
1 day	5%	7%
2 days	9%	9%
3 days	11%	12%
4 days	9%	11%
5 days	14%	14%
6 days	14%	10%
7 days	27%	25%

County > VT

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Lamoille	VT	
Overall		27%	25%	Overall Differences: State vs County
Sex	Male	35%	33%	VT and County are Similar
	Female	19%	17%	
Grade	Grade 9	31%	27%	Within County Differences
	Grade 10	28%	27%	
	Grade 11	24%	24%	
	Grade 12	27%	23%	
Race	WnH	26%	25%	Males > Females
	REM	36%	27%	
Sexual Orientation	Het/Cis	29%	27%	
	LGBT	18%	14%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK				
		Lamoille	VT	
Overall		55%	49%	Overall Differences: State vs County
Sex	Male	62%	56%	County > VT
	Female	48%	42%	Within County Differences
Grade	Grade 9	59%	53%	Males > Females
	Grade 10	54%	50%	Het/CIS > LGBT
	Grade 11	56%	47%	
	Grade 12	52%	47%	
Race	WnH	55%	50%	
	REM	56%	46%	
Sexual Orientation	Het/Cis	59%	52%	
	LGBT	32%	29%	

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK				
		Lamoille	VT	
Overall		10%	13%	Overall Differences: State vs County
Sex	Male	9%	11%	VT and County are Similar
	Female	12%	14%	Within County Differences
Grade	Grade 9	6%	10%	12 > 9
	Grade 10	8%	12%	LGBT > Het/CIS
	Grade 11	11%	14%	
	Grade 12	17%	15%	
Race	WnH	10%	12%	
	REM	14%	17%	
Sexual Orientation	Het/Cis	9%	11%	
	LGBT	24%	23%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE,
PAST WEEK

	Lamoille	VT
Do not watch TV	4%	3%
Less than 1 hour per day	7%	8%
1 hour per day	12%	12%
2 hours per day	24%	23%
3 hours per day	22%	21%
4 hours per day	13%	13%
5 or more hours per day	19%	19%

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR
USED A COMPUTER FOR THREE OR MORE HOURS PER DAY,
PAST WEEK

		Lamoille	VT	
Overall		54%	53%	Overall Differences: State vs County
Sex	Male	53%	53%	VT and County are Similar
	Female	53%	52%	
Grade	Grade 9	57%	53%	Within County Differences
	Grade 10	53%	53%	
	Grade 11	53%	51%	
	Grade 12	51%	53%	
Race	WnH	53%	52%	
	REM	57%	57%	
Sexual Orientation	Het/Cis	52%	51%	
	LGBT	62%	67%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK				
		Lamoille	VT	
Overall		31%	33%	Overall Differences: State vs County
Sex	Male	31%	32%	VT and County are Similar
	Female	32%	33%	Within County Differences
Grade	Grade 9	33%	33%	
	Grade 10	30%	33%	
	Grade 11	29%	32%	
	Grade 12	31%	32%	
Race	WnH	33%	32%	
	REM	25%	35%	
Sexual Orientation	Het/Cis	31%	33%	
	LGBT	28%	29%	

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK				
		Lamoille	VT	
Overall		16%	18%	Overall Differences: State vs County
Sex	Male	15%	18%	VT and County are Similar
	Female	16%	18%	Within County Differences
Grade	Grade 9	14%	17%	
	Grade 10	19%	18%	
	Grade 11	12%	17%	
	Grade 12	20%	19%	
Race	WnH	16%	17%	
	REM	13%	21%	
Sexual Orientation	Het/Cis	15%	18%	
	LGBT	14%	18%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
LAMOILLE COUNTY REPORT
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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SODA CONSUMPTION, PAST WEEK

	Lamoille	VT
Did not drink soda or pop	36%	37%
1 to 3 times	43%	40%
4 to 6 times	12%	12%
1 time per day	4%	4%
2 times per day	2%	3%
3 times per day	1%	1%
4 or more times per day	2%	3%

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		Lamoille	VT	
Overall		10%	11%	Overall Differences: State vs County
Sex	Male	18%	16%	VT and County are Similar
	Female	2%	6%	
Grade	Grade 9	12%	11%	Within County Differences
	Grade 10	6%	11%	
	Grade 11	12%	11%	
	Grade 12	9%	12%	
Race	WnH	9%	10%	Males > Females
	REM	18%	14%	
Sexual Orientation	Het/Cis	10%	11%	REM > WnH
	LGBT	9%	12%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	Lamoille	VT	
Did not drink sugar-sweetened	24%	28%	VT > County
1 to 3 times	49%	44%	County > VT
4 to 6 times	15%	15%	
1 time per day	6%	6%	
2 times per day	3%	3%	
3 times per day	1%	1%	
4 or more times per day	1%	2%	

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		Lamoille	VT	
Overall		12%	12%	Overall Differences: State vs County
Sex	Male	15%	15%	VT and County are Similar
	Female	9%	9%	Within County Differences
Grade	Grade 9	16%	12%	Males > Females
	Grade 10	12%	12%	
	Grade 11	10%	13%	
	Grade 12	10%	13%	
Race	WnH	12%	12%	
	REM	13%	15%	
Sexual Orientation	Het/Cis	11%	12%	
	LGBT	12%	13%	

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SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

WATER CONSUMPTION, PAST WEEK

	Lamoille	VT
Did not drink water	3%	4%
1 to 3 times	9%	9%
4 to 6 times	12%	11%
1 time per day	9%	9%
2 times per day	18%	16%
3 times per day	19%	19%
4 or more times per day	31%	33%

DRANK THREE OR MORE GLASSES PER DAY OF WATER,
PAST WEEK

		Lamoille	VT	
Overall		50%	52%	Overall Differences: State vs County
Sex	Male	48%	51%	VT and County are Similar
	Female	52%	53%	Within County Differences
Grade	Grade 9	51%	50%	
	Grade 10	53%	53%	
	Grade 11	49%	51%	
	Grade 12	46%	55%	
Race	WnH	50%	52%	
	REM	55%	50%	
Sexual Orientation	Het/Cis	50%	53%	
	LGBT	51%	49%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Lamoille	VT
0 days	8%	11%
1 day	7%	6%
2 days	10%	9%
3 days	11%	10%
4 days	8%	8%
5 days	11%	9%
6 days	6%	7%
7 days	39%	40%

DID NOT EAT BREAKFAST, PAST WEEK				
		Lamoille	VT	
Overall		8%	11%	Overall Differences: State vs County
Sex	Male	9%	11%	VT and County are Similar
	Female	7%	10%	
Grade	Grade 9	8%	10%	Within County Differences
	Grade 10	9%	11%	
	Grade 11	9%	10%	
	Grade 12	6%	11%	
Race	WnH	8%	10%	LGBT > Het/CIS
	REM	11%	13%	
Sexual Orientation	Het/Cis	7%	10%	LGBT > Het/CIS
	LGBT	16%	14%	

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SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS		
	Lamoille	VT
Never	74%	75%
Rarely	16%	15%
Sometimes	7%	7%
Most of the time	2%	2%
Always	1%	1%

MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS				
		Lamoille	VT	
Overall		4%	3%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	3%	2%	Within County Differences
Grade	Grade 9	5%	3%	Too few students in at least one grade
	Grade 10	.	2%	
	Grade 11	4%	3%	
	Grade 12	4%	3%	
Race	WnH	3%	2%	
	REM	7%	6%	
Sexual Orientation	Het/Cis	3%	3%	
	LGBT	6%	5%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE
BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR
PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

		Lamoille	VT	
Overall		3%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	2%	3%	Within County Differences
Grade	Grade 9	4%	3%	Too few students in at least one grade
	Grade 10	.	3%	
	Grade 11	6%	4%	
	Grade 12	.	5%	
Race	WnH	3%	9%	
	REM	7%	3%	
Sexual Orientation	Het/Cis	3%	3%	
	LGBT	7%	7%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
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HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Lamoille	VT
0 days	8%	9%
1 day	4%	4%
2 days	4%	4%
3 days	7%	6%
4 days	7%	8%
5 days	15%	13%
6 days	11%	12%
7 days	45%	44%

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		Lamoille	VT	
Overall		78%	77%	Overall Differences: State vs County
Sex	Male	79%	80%	VT and County are Similar
	Female	77%	75%	Within County Differences
Grade	Grade 9	80%	83%	Het/CIS > LGBT
	Grade 10	80%	81%	
	Grade 11	73%	76%	
	Grade 12	76%	71%	
Race	WnH	78%	79%	
	REM	77%	70%	
Sexual Orientation	Het/Cis	81%	79%	
	LGBT	55%	65%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
LAMOILLE COUNTY REPORT
HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL			
	Lamoille	VT	
Mostly A's	41%	46%	VT > County
Mostly B's	45%	39%	County > VT
Mostly C's	11%	12%	
Mostly D's	2%	2%	
Mostly F's	2%	1%	

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Lamoille	VT	
Overall		80%	80%	Overall Differences: State vs County
Sex	Male	80%	80%	VT and County are Similar
	Female	81%	81%	Within County Differences
Grade	Grade 9	83%	78%	
	Grade 10	78%	79%	
	Grade 11	78%	82%	
	Grade 12	81%	83%	
Race	WnH	81%	82%	
	REM	76%	74%	
Sexual Orientation	Het/Cis	82%	81%	
	LGBT	71%	76%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS			
	Lamoille	VT	
Strongly agree	16%	21%	VT > County
Agree	42%	44%	
Not sure	20%	19%	County > VT
Disagree	15%	11%	
Strongly disagree	7%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR				
		Lamoille	VT	
Overall		58%	65%	Overall Differences: State vs County
Sex	Male	64%	69%	VT > County
	Female	53%	61%	Within County Differences
Grade	Grade 9	62%	67%	Males > Females
	Grade 10	61%	65%	Het/CIS > LGBT
	Grade 11	53%	64%	
	Grade 12	55%	63%	
Race	WnH	58%	65%	
	REM	58%	64%	
Sexual Orientation	Het/Cis	61%	67%	
	LGBT	40%	53%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM		
	Lamoille	VT
Definitely will not	4%	5%
Probably will not	6%	5%
Probably will	23%	22%
Definitely will	56%	57%
Not sure	11%	11%

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM				
		Lamoille	VT	
Overall		79%	79%	Overall Differences: State vs County
Sex	Male	76%	75%	VT and County are Similar
	Female	82%	83%	Within County Differences
Grade	Grade 9	78%	74%	
	Grade 10	73%	77%	
	Grade 11	81%	81%	
	Grade 12	83%	83%	
Race	WnH	80%	80%	
	REM	73%	72%	
Sexual Orientation	Het/Cis	80%	80%	
	LGBT	73%	74%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY
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HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**HOURS SPENT IN EXTRACURRICULAR ACTIVITIES,
TYPICAL WEEK**

	Lamoille	VT	
0 hours	33%	33%	
1 to 4 hours	23%	27%	VT > County
5 to 9 hours	17%	17%	
10 to 19 hours	21%	17%	County > VT
20 or more hours	6%	6%	

**SPEND 10 OR MORE HOURS PARTICIPATING IN
AFTERSCHOOL ACTIVITIES, TYPICAL WEEK**

		Lamoille	VT	
Overall		27%	24%	Overall Differences: State vs County
Sex	Male	26%	24%	VT and County are Similar
	Female	27%	24%	Within County Differences
Grade	Grade 9	26%	21%	Het/CIS > LGBT
	Grade 10	26%	23%	
	Grade 11	26%	24%	
	Grade 12	28%	26%	
Race	WnH	28%	24%	
	REM	23%	22%	
Sexual Orientation	Het/Cis	28%	25%	
	LGBT	16%	16%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

MATTER TO PEOPLE IN THEIR COMMUNITY			
	Lamoille	VT	
Strongly agree	16%	19%	VT > County
Agree	42%	41%	
Not sure	26%	25%	
Disagree	10%	9%	
Strongly disagree	6%	5%	

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Lamoille	VT	
Overall		58%	61%	Overall Differences: State vs County
Sex	Male	62%	65%	VT and County are Similar
	Female	54%	57%	
Grade	Grade 9	56%	61%	Within County Differences Het/CIS > LGBT
	Grade 10	55%	60%	
	Grade 11	53%	60%	
	Grade 12	67%	62%	
Race	WnH	58%	62%	
	REM	51%	55%	
Sexual Orientation	Het/Cis	62%	64%	
	LGBT	34%	39%	



MIDDLE SCHOOL RESULTS

LAMOILLE COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

MIDDLE SCHOOL DEMOGRAPHICS		
	Lamoille	VT
Total	655	16701

		Lamoille	VT
Sex	Male	54%	52%
	Female	46%	48%
Grade	6th Grade	23%	24%
	7th Grade	39%	39%
	8th Grade	38%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	84%	81%
	Students of Color (REM)	16%	19%
Sexual Orientation	Heterosexual (Het)	94%	93%
	Lesbian, Gay, or Bisexual (LGB)	6%	7%

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT

		Lamoille	VT	
Overall		43%	42%	Overall Differences: State vs County
Sex	Male	56%	56%	VT and County are Similar
	Female	28%	27%	
				Within County Differences
Grade	Grade 6	44%	40%	Males > Females
	Grade 7	39%	43%	REM > WnH
	Grade 8	46%	43%	Too few students by sexual orientation
Race	WnH	40%	40%	
	REM	61%	54%	
Sexual Orientation	Het	44%	43%	
	LGB	.	58%	

WERE EVER BULLIED ON SCHOOL PROPERTY

		Lamoille	VT	
Overall		43%	44%	Overall Differences: State vs County
Sex	Male	37%	39%	VT and County are Similar
	Female	50%	50%	
				Within County Differences
Grade	Grade 6	41%	44%	Females > Males
	Grade 7	46%	45%	Too few students by sexual orientation
	Grade 8	41%	44%	
Race	WnH	42%	43%	
	REM	51%	48%	
Sexual Orientation	Het	42%	42%	
	LGB	.	73%	

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED

		Lamoille	VT	
Overall		22%	24%	Overall Differences: State vs County
Sex	Male	15%	16%	VT and County are Similar
	Female	30%	33%	
				Within County Differences
Grade	Grade 6	16%	18%	Females > Males
	Grade 7	25%	24%	Too few students by sexual orientation
	Grade 8	22%	28%	
Race	WnH	21%	24%	
	REM	31%	29%	
Sexual Orientation	Het	22%	23%	
	LGB	.	55%	

WERE BULLIED, PAST 30 DAYS

		Lamoille	VT	
Overall		23%	22%	Overall Differences: State vs County
Sex	Male	18%	17%	VT and County are Similar
	Female	29%	26%	
				Within County Differences
Grade	Grade 6	26%	22%	Females > Males
	Grade 7	26%	22%	Too few students by sexual orientation
	Grade 8	18%	21%	
Race	WnH	22%	20%	
	REM	32%	26%	
Sexual Orientation	Het	22%	19%	
	LGB	.	47%	

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MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY
VIOLENCE AND BULLYING

BULLIED SOMEONE ELSE, PAST 30 DAYS

		Lamoille	VT	
Overall		9%	8%	Overall Differences: State vs County
Sex	Male	9%	8%	VT and County are Similar
	Female	10%	8%	
Grade	Grade 6	6%	7%	Within County Differences
	Grade 7	10%	8%	
	Grade 8	10%	9%	
Race	WnH	8%	7%	Too few students by sexual orientation
	REM	14%	11%	
Sexual Orientation	Het	10%	8%	Too few students by sexual orientation
	LGB	.	15%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		Lamoille	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	9%	10%	
Grade	Grade 6	6%	8%	Within County Differences
	Grade 7	7%	8%	
	Grade 8	8%	9%	
Race	WnH	6%	7%	REM > WnH
	REM	20%	12%	
Sexual Orientation	Het	6%	7%	Too few students by sexual orientation
	LGB	.	23%	

SECTION 2: PERSONAL SAFETY
 CAR SAFETY

SEATBELT USE		
	Lamoille	VT
Never	1%	1%
Rarely	2%	1%
Sometimes	4%	3%
Most of the time	21%	18%
Always	73%	76%

RARELY OR NEVER WEAR A SEAT BELT			
		Lamoille	VT
Overall		3%	2%
Overall Differences: State vs County			
Sex	Male	3%	3%
	Female	2%	2%
VT and County are Similar			
Within County Differences			
Grade	Grade 6	4%	1%
	Grade 7	3%	2%
	Grade 8	.	3%
Too few students in at least one grade			
Too few students by race			
Race	WnH	.	2%
	REM	10%	5%
Too few students by sexual orientation			
Sexual Orientation	Het	2%	2%
	LGB	.	4%

SECTION 2: PERSONAL SAFETY
 CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
		Lamoille	VT	
Overall		27%	22%	Overall Differences: State vs County
Sex	Male	23%	20%	County > VT
	Female	31%	24%	Within County Differences
Grade	Grade 6	19%	15%	Too few students by sexual orientation
	Grade 7	28%	21%	
	Grade 8	30%	27%	
Race	WnH	26%	22%	
	REM	36%	24%	
Sexual Orientation	Het	27%	22%	
	LGB	.	34%	

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA				
		Lamoille	VT	
Overall		11%	9%	Overall Differences: State vs County
Sex	Male	10%	7%	VT and County are Similar
	Female	11%	10%	Within County Differences
Grade	Grade 6	.	5%	Too few students in at least one grade
	Grade 7	11%	8%	Too few students by sexual orientation
	Grade 8	14%	12%	
Race	WnH	11%	8%	
	REM	14%	14%	
Sexual Orientation	Het	11%	8%	
	LGB	.	23%	

SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	Lamoille	VT
Never wear a helmet	15%	16%
Rarely wear a helmet	14%	15%
Sometimes wear a helmet	17%	15%
Most of the time wear a helmet	27%	25%
Always wear a helmet	26%	28%

RARELY OR NEVER WEAR A BICYCLE HELMET

		Lamoille	VT	
Overall		29%	31%	Overall Differences: State vs County
Sex	Male	31%	33%	VT and County are Similar
	Female	27%	29%	Within County Differences
Grade	Grade 6	19%	24%	8 > 6
	Grade 7	28%	30%	Too few students by sexual orientation
	Grade 8	36%	37%	
Race	WnH	28%	28%	
	REM	35%	42%	
Sexual Orientation	Het	30%	32%	
	LGB	.	42%	

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SECTION 2: PERSONAL SAFETY
INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING

	Lamoille	VT	
Never wear a helmet	4%	5%	County > VT
Rarely wear a helmet	2%	2%	
Sometimes wear a helmet	2%	2%	
Most of the time wear a helmet	6%	7%	
Always wear a helmet	87%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

		Lamoille	VT	
Overall		5%	7%	Overall Differences: State vs County
Sex	Male	6%	8%	VT and County are Similar
	Female	5%	6%	
Grade	Grade 6	6%	7%	Within County Differences
	Grade 7	6%	8%	
	Grade 8	5%	7%	
Race	WnH	4%	6%	Too few students by sexual orientation
	REM	10%	12%	
Sexual Orientation	Het	5%	7%	
	LGB	.	11%	

SECTION 2: PERSONAL SAFETY
 INJURY PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

		Lamoille	VT	
Overall		16%	17%	Overall Differences: State vs County
Sex	Male	18%	19%	VT and County are Similar
	Female	14%	16%	
Grade	Grade 6	14%	17%	Within County Differences REM > WnH Too few students by sexual orientation
	Grade 7	18%	17%	
	Grade 8	16%	18%	
Race	WnH	15%	17%	
	REM	28%	21%	
Sexual Orientation	Het	18%	18%	
	LGB	.	21%	

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SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS
SMOKING CIGARETTES, PAST 7 DAYS

		Lamoille	VT	
Overall		29%	26%	Overall Differences: State vs County
Sex	Male	30%	25%	VT and County are Similar
	Female	29%	27%	
				Within County Differences
Grade	Grade 6	22%	21%	8 > 6
	Grade 7	28%	27%	REM > WnH
	Grade 8	36%	29%	Too few students by sexual orientation
Race	WnH	25%	25%	
	REM	46%	32%	
Sexual Orientation	Het	30%	26%	
	LGB	.	51%	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS
SMOKING CIGARETTES, PAST 7 DAYS

		Lamoille	VT	
Overall		21%	19%	Overall Differences: State vs County
Sex	Male	16%	17%	VT and County are Similar
	Female	26%	20%	
				Within County Differences
Grade	Grade 6	16%	15%	Females > Males
	Grade 7	23%	19%	REM > WnH
	Grade 8	20%	20%	Too few students by sexual orientation
Race	WnH	19%	18%	
	REM	32%	23%	
Sexual Orientation	Het	20%	18%	
	LGB	.	38%	

SECTION 2: PERSONAL SAFETY
TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

	Lamoille	VT
Never	9%	9%
Rarely	15%	14%
Sometimes	28%	27%
Most of the time	28%	29%
Always	21%	21%

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		Lamoille	VT	
Overall		49%	50%	Overall Differences: State vs County
Sex	Male	52%	51%	VT and County are Similar
	Female	45%	49%	
Grade	Grade 6	41%	42%	Within County Differences
	Grade 7	47%	50%	
	Grade 8	55%	56%	
Race	WnH	49%	51%	8 > 6
	REM	55%	52%	
Sexual Orientation	Het	52%	52%	Too few students by sexual orientation
	LGB	.	61%	

SECTION 2: PERSONAL SAFETY
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Lamoille	VT	
Overall		27%	30%	Overall Differences: State vs County
Sex	Male	28%	30%	VT and County are Similar
	Female	27%	31%	
Grade	Grade 6	16%	18%	7 > 6
	Grade 7	29%	29%	8 > 6
	Grade 8	33%	40%	Too few students by sexual orientation
Race	WnH	30%	31%	
	REM	26%	34%	
Sexual Orientation	Het	29%	31%	
	LGB	.	43%	

SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR				
		Lamoille	VT	
Overall		19%	19%	Overall Differences: State vs County
Sex	Male	14%	12%	VT and County are Similar
	Female	25%	26%	
				Within County Differences
Grade	Grade 6	13%	16%	Females > Males
	Grade 7	16%	18%	8 > 6
	Grade 8	26%	22%	8 > 7
Race	WnH	16%	18%	REM > WnH
	REM	38%	26%	Too few students by sexual orientation
Sexual Orientation	Het	17%	16%	
	LGB	.	63%	

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES				
		Lamoille	VT	
Overall		17%	18%	Overall Differences: State vs County
Sex	Male	10%	12%	VT and County are Similar
	Female	25%	23%	
				Within County Differences
Grade	Grade 6	10%	13%	Females > Males
	Grade 7	18%	17%	8 > 6
	Grade 8	21%	22%	Too few students by sexual orientation
Race	WnH	16%	17%	
	REM	25%	24%	
Sexual Orientation	Het	15%	15%	
	LGB	.	60%	

SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		Lamoille	VT	
Overall		12%	12%	Overall Differences: State vs County
Sex	Male	7%	8%	VT and County are Similar
	Female	19%	16%	
Grade	Grade 6	5%	7%	Within County Differences
	Grade 7	12%	11%	
	Grade 8	17%	16%	
Race	WnH	10%	11%	Females > Males
	REM	25%	18%	
Sexual Orientation	Het	11%	10%	8 > 6
	LGB	.	48%	
				REM > WnH
				Too few students by sexual orientation

EVER ATTEMPTED SUICIDE				
		Lamoille	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	2%	3%	VT and County are Similar
	Female	8%	8%	
Grade	Grade 6	5%	3%	Within County Differences
	Grade 7	2%	5%	
	Grade 8	7%	8%	
Race	WnH	4%	5%	Females > Males
	REM	11%	10%	
Sexual Orientation	Het	4%	4%	REM > WnH
	LGB	.	30%	
				Too few students by sexual orientation

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Lamoille	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	9%	7%	VT and County are Similar
	Female	8%	7%	
Within County Differences				
Grade	Grade 6	5%	4%	REM > WnH
	Grade 7	9%	7%	Too few students by sexual orientation
	Grade 8	9%	10%	
Race	WnH	7%	6%	
	REM	17%	12%	
Sexual Orientation	Het	7%	7%	
	LGB	.	23%	

EVER USED AN ELECTRONIC VAPOR PRODUCT

		Lamoille	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	11%	9%	VT and County are Similar
	Female	9%	8%	
Within County Differences				
Grade	Grade 6	5%	3%	8 > 6
	Grade 7	8%	8%	REM > WnH
	Grade 8	15%	14%	Too few students by sexual orientation
Race	WnH	9%	8%	
	REM	21%	14%	
Sexual Orientation	Het	10%	9%	
	LGB	.	22%	

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT				
		Lamoille	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	7%	5%	VT and County are Similar
	Female	5%	5%	
Grade	Grade 6	6%	2%	Within County Differences
	Grade 7	5%	5%	
	Grade 8	7%	6%	
Race	WnH	5%	4%	Too few students by sexual orientation
	REM	8%	8%	
Sexual Orientation	Het	5%	4%	
	LGB	.	14%	

EVER DRANK ALCOHOL				
		Lamoille	VT	
Overall		23%	19%	Overall Differences: State vs County
Sex	Male	25%	20%	County > VT
	Female	21%	17%	
Grade	Grade 6	10%	10%	Within County Differences
	Grade 7	21%	17%	
	Grade 8	32%	26%	
Race	WnH	21%	18%	7 > 6
	REM	38%	24%	
Sexual Orientation	Het	24%	19%	8 > 6
	LGB	.	38%	
				8 > 7
				REM > WnH
				Too few students by sexual orientation

SECTION 4: SUBSTANCE USE
 LIFETIME USE

EVER USED MARIJUANA				
		Lamoille	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	8%	7%	
				Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	8%	6%	REM > WnH
	Grade 8	10%	11%	Too few students by sexual orientation
Race	WnH	6%	6%	
	REM	18%	12%	
Sexual Orientation	Het	6%	6%	
	LGB	.	23%	

EVER USED INHALANTS				
		Lamoille	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	6%	4%	VT and County are Similar
	Female	4%	4%	
				Within County Differences
Grade	Grade 6	.	3%	Too few students in at least one grade
	Grade 7	5%	4%	REM > WnH
	Grade 8	6%	5%	Too few students by sexual orientation
Race	WnH	4%	4%	
	REM	12%	7%	
Sexual Orientation	Het	4%	4%	
	LGB	.	12%	

SECTION 4: SUBSTANCE USE
LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		Lamoille	VT	
Overall		1%	2%	Overall Differences: State vs County
Sex	Male	.	2%	VT and County are Similar
	Female	2%	3%	
Within County Differences				
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	2%	Too few students in at least one grade
	Grade 8	.	3%	Too few students by race
Race	WnH	.	2%	Too few students by sexual orientation
	REM	7%	5%	
Sexual Orientation	Het	.	2%	
	LGB	.	9%	

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		Lamoille	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	.	2%	
Within County Differences				
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	2%	2%	Too few students in at least one grade
	Grade 8	3%	2%	Too few students by race
Race	WnH	1%	1%	Too few students by sexual orientation
	REM	.	4%	
Sexual Orientation	Het	2%	1%	
	LGB	.	6%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR

		Lamoille	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	7%	6%	VT and County are Similar
	Female	6%	5%	
				Within County Differences
Grade	Grade 6	6%	3%	Too few students by sexual orientation
	Grade 7	4%	5%	
	Grade 8	8%	7%	
Race	WnH	6%	5%	
	REM	10%	9%	
Sexual Orientation	Het	5%	5%	
	LGB	.	16%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Lamoille	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	8%	5%	VT and County are Similar
	Female	4%	4%	
				Within County Differences
Grade	Grade 6	4%	2%	REM > WnH
	Grade 7	5%	4%	
	Grade 8	9%	7%	
Race	WnH	5%	5%	Too few students by sexual orientation
	REM	13%	8%	
Sexual Orientation	Het	5%	5%	
	LGB	.	14%	

SECTION 4: SUBSTANCE USE
CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Lamoille	VT	
Overall		3%	3%	Overall Differences: State vs County
Sex	Male	4%	3%	VT and County are Similar
	Female	2%	2%	
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	3%	2%	
	Grade 8	2%	4%	
Race	WnH	2%	2%	REM > WnH
	REM	9%	5%	
Sexual Orientation	Het	2%	2%	Too few students by sexual orientation
	LGB	.	9%	

SMOKED CIGARETTES, PAST 30 DAYS				
		Lamoille	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	.	2%	
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	2%	2%	
	Grade 8	.	3%	
Race	WnH	.	2%	Too few students by race
	REM	8%	4%	
Sexual Orientation	Het	1%	2%	Too few students by sexual orientation
	LGB	.	8%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES
SMOKED

	Lamoille	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

		Lamoille	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	6%	4%	VT and County are Similar
	Female	4%	3%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	.	3%	
	Grade 8	9%	6%	
Race	WnH	4%	3%	Too few students in at least one grade
	REM	11%	6%	
Sexual Orientation	Het	4%	3%	Too few students by sexual orientation
	LGB	.	10%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: REASONS FOR USING AN
ELECTRONIC VAPOR PRODUCT

	Lamoille	VT	
Friend/family used them	48%	38%	
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	34%	36%	

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT
SOURCE

	Lamoille	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	49%	44%	
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	11%	21%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF
ELECTRONIC VAPOR PRODUCT USE

	Lamoille	VT	
1 or 2 days	43%	49%	
3 to 5 days	.	16%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	.	15%	Too few students

SMOKED CIGARS, PAST 30 DAYS

		Lamoille	VT	
Overall		2%	1%	Overall Differences: State vs County
Sex	Male	2%	1%	VT and County are Similar
	Female	.	1%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	.	1%	
	Grade 8	2%	2%	
Race	WnH	.	1%	Too few students by sex
	REM	6%	3%	
Sexual Orientation	Het	.	1%	Too few students in at least one grade
	LGB	.	6%	

SECTION 4: SUBSTANCE USE
CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Lamoille	VT	
Overall		2%	1%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	.	1%	
Within County Differences				
Grade	Grade 6	.	1%	Too few students by sex
	Grade 7	.	1%	Too few students in at least one grade
	Grade 8	.	2%	REM > WnH
Race	WnH	1%	1%	Too few students by sexual orientation
	REM	6%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	.	4%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		Lamoille	VT	
Overall		.	36%	Overall Differences: State vs County
Sex	Male	.	36%	Too few students
	Female	.	38%	
Within County Differences				
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	40%	Too few students by race
Race	WnH	.	37%	Too few students by sexual orientation
	REM	.	40%	
Sexual Orientation	Het	.	39%	
	LGB	.	43%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		Lamoille	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	9%	6%	VT and County are Similar
	Female	6%	6%	Within County Differences
Grade	Grade 6	4%	2%	REM > WnH
	Grade 7	6%	5%	Too few students by sexual orientation
	Grade 8	12%	10%	
Race	WnH	6%	6%	
	REM	17%	10%	
Sexual Orientation	Het	6%	6%	
	LGB	.	18%	

BINGE DRANK, PAST 30 DAYS				
		Lamoille	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	2%	1%	Within County Differences
Grade	Grade 6	.	0%	Too few students in at least one grade
	Grade 7	2%	1%	REM > WnH
	Grade 8	.	3%	Too few students by sexual orientation
Race	WnH	1%	1%	
	REM	7%	3%	
Sexual Orientation	Het	1%	1%	
	LGB	.	5%	

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SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED			
	Lamoille	VT	
1 or 2 drinks	61%	63%	
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	9%	9%	

USED MARIJUANA, PAST 30 DAYS				
		Lamoille	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	6%	4%	
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	5%	3%	
	Grade 8	6%	7%	
Race	WnH	4%	4%	REM > WnH
	REM	12%	8%	
Sexual Orientation	Het	4%	4%	Too few students by sexual orientation
	LGB	.	14%	

SECTION 4: SUBSTANCE USE
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF
MARIJUANA USE

	Lamoille	VT	
1 or 2 times	44%	42%	
3 to 9 times	25%	22%	
10 to 19 times	.	11%	Too few students
20 to 39 times	.	8%	Too few students
40 or more times	19%	17%	

SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

		Lamoille	VT	
Overall		95%	95%	Overall Differences: State vs County
Sex	Male	95%	95%	VT and County are Similar
	Female	94%	95%	
				Within County Differences
Grade	Grade 6	97%	98%	WnH > REM Too few students by sexual orientation
	Grade 7	96%	95%	
	Grade 8	93%	93%	
Race	WnH	96%	96%	
	REM	86%	92%	
Sexual Orientation	Het	96%	96%	
	LGB	.	83%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

		Lamoille	VT	
Overall		88%	89%	Overall Differences: State vs County
Sex	Male	85%	89%	VT and County are Similar
	Female	90%	90%	
				Within County Differences
Grade	Grade 6	97%	95%	6 > 8 7 > 8 Too few students by sexual orientation
	Grade 7	92%	91%	
	Grade 8	78%	84%	
Race	WnH	88%	89%	
	REM	83%	87%	
Sexual Orientation	Het	87%	90%	
	LGB	.	76%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		Lamoille	VT	
Overall		87%	90%	Overall Differences: State vs County
Sex	Male	86%	90%	VT > County
	Female	87%	90%	
				Within County Differences
Grade	Grade 6	96%	97%	6 > 8
	Grade 7	88%	91%	7 > 8
	Grade 8	80%	84%	Too few students by sexual orientation
Race	WnH	87%	90%	
	REM	80%	86%	
Sexual Orientation	Het	87%	91%	
	LGB	.	70%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		Lamoille	VT	
Overall		93%	95%	Overall Differences: State vs County
Sex	Male	93%	95%	VT > County
	Female	94%	95%	
				Within County Differences
Grade	Grade 6	94%	96%	Too few students by sexual orientation
	Grade 7	92%	95%	
	Grade 8	94%	95%	
Race	WnH	94%	96%	
	REM	92%	93%	
Sexual Orientation	Het	95%	96%	
	LGB	.	88%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		Lamoille	VT	
Overall		84%	85%	Overall Differences: State vs County
Sex	Male	81%	84%	VT and County are Similar
	Female	86%	87%	Within County Differences
Grade	Grade 6	86%	87%	Too few students by sexual orientation
	Grade 7	82%	86%	
	Grade 8	84%	83%	
Race	WnH	85%	86%	
	REM	80%	82%	
Sexual Orientation	Het	84%	86%	
	LGB	.	76%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Lamoille	VT	
Overall		88%	92%	Overall Differences: State vs County
Sex	Male	87%	92%	VT > County
	Female	90%	92%	Within County Differences
Grade	Grade 6	91%	95%	Too few students by sexual orientation
	Grade 7	87%	92%	
	Grade 8	88%	89%	
Race	WnH	90%	92%	
	REM	81%	88%	
Sexual Orientation	Het	90%	93%	
	LGB	.	79%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

		Lamoille	VT	
Overall		26%	22%	Overall Differences: State vs County
Sex	Male	27%	22%	County > VT
	Female	26%	21%	
				Within County Differences
Grade	Grade 6	16%	13%	8 > 6
	Grade 7	28%	20%	REM > WnH
	Grade 8	31%	28%	Too few students by sexual orientation
Race	WnH	24%	21%	
	REM	37%	28%	
Sexual Orientation	Het	24%	21%	
	LGB	.	42%	

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

		Lamoille	VT	
Overall		45%	37%	Overall Differences: State vs County
Sex	Male	45%	37%	County > VT
	Female	45%	37%	
				Within County Differences
Grade	Grade 6	27%	24%	7 > 6
	Grade 7	44%	35%	8 > 6
	Grade 8	55%	48%	Too few students by sexual orientation
Race	WnH	45%	39%	
	REM	51%	39%	
Sexual Orientation	Het	45%	38%	
	LGB	.	55%	

SECTION 4: SUBSTANCE USE
 PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET				
		Lamoille	VT	
Overall		19%	15%	Overall Differences: State vs County
Sex	Male	21%	15%	County > VT
	Female	16%	15%	
				Within County Differences
Grade	Grade 6	.	6%	Too few students in at least one grade
	Grade 7	17%	13%	Too few students by sexual orientation
	Grade 8	29%	23%	
Race	WnH	18%	15%	
	REM	27%	21%	
Sexual Orientation	Het	18%	15%	
	LGB	.	35%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Lamoille	VT	
Overall		70%	72%	Overall Differences: State vs County
Sex	Male	71%	71%	VT and County are Similar
	Female	68%	74%	Within County Differences
Grade	Grade 6	76%	76%	Too few students by sexual orientation
	Grade 7	69%	72%	
	Grade 8	67%	70%	
Race	WnH	73%	74%	
	REM	66%	68%	
Sexual Orientation	Het	70%	73%	
	LGB	.	66%	

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SECTION 4: SUBSTANCE USE
PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY BINGE DRINK EACH WEEKEND**

		Lamoille	VT	
Overall		47%	48%	Overall Differences: State vs County
Sex	Male	47%	45%	VT and County are Similar
	Female	48%	51%	
				Within County Differences
Grade	Grade 6	52%	50%	Too few students by sexual orientation
	Grade 7	50%	48%	
	Grade 8	42%	46%	
Race	WnH	48%	48%	
	REM	46%	47%	
Sexual Orientation	Het	47%	48%	
	LGB	.	41%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF
THEY USE MARIJUANA REGULARLY**

		Lamoille	VT	
Overall		55%	59%	Overall Differences: State vs County
Sex	Male	51%	56%	VT and County are Similar
	Female	60%	62%	
				Within County Differences
Grade	Grade 6	74%	73%	6 > 7
	Grade 7	56%	60%	6 > 8
	Grade 8	43%	48%	7 > 8
Race	WnH	55%	59%	Too few students by sexual orientation
	REM	49%	54%	
Sexual Orientation	Het	53%	59%	
	LGB	.	39%	

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SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE

		Lamoille	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	4%	4%	
				Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	3%	4%	Too few students by sexual orientation
	Grade 8	9%	8%	
Race	WnH	5%	5%	
	REM	9%	10%	
Sexual Orientation	Het	5%	5%	
	LGB	.	16%	

EVER HAD ORAL SEX

		Lamoille	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	5%	5%	
				Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	3%	4%	REM > WnH
	Grade 8	11%	9%	Too few students by sexual orientation
Race	WnH	5%	5%	
	REM	12%	10%	
Sexual Orientation	Het	5%	5%	
	LGB	.	17%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK		
	Lamoille	VT
0 days	6%	7%
1 day	4%	4%
2 days	6%	7%
3 days	13%	10%
4 days	12%	11%
5 days	13%	15%
6 days	12%	11%
7 days	33%	34%

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Lamoille	VT	
Overall		33%	34%	Overall Differences: State vs County
Sex	Male	39%	42%	VT and County are Similar
	Female	26%	26%	
Grade	Grade 6	37%	38%	Within County Differences
	Grade 7	32%	35%	
	Grade 8	31%	30%	
Race	WnH	32%	34%	Males > Females
	REM	37%	35%	
Sexual Orientation	Het	34%	36%	Too few students by sexual orientation
	LGB	.	18%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		Lamoille	VT	
Overall		58%	60%	Overall Differences: State vs County
Sex	Male	65%	66%	VT and County are Similar
	Female	50%	54%	
Grade	Grade 6	63%	63%	Within County Differences
	Grade 7	60%	60%	
	Grade 8	52%	57%	
Race	WnH	58%	61%	Males > Females
	REM	62%	58%	
Sexual Orientation	Het	61%	63%	Too few students by sexual orientation
	LGB	.	37%	

WERE NOT PHYSICALLY ACTIVE PAST WEEK				
		Lamoille	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	7%	7%	
Grade	Grade 6	7%	7%	Within County Differences
	Grade 7	6%	7%	
	Grade 8	6%	8%	
Race	WnH	6%	6%	Too few students by sexual orientation
	REM	8%	9%	
Sexual Orientation	Het	3%	5%	Too few students by sexual orientation
	LGB	.	15%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK			
	Lamoille	VT	
0 days	6%	25%	VT > County
1 day	3%	7%	VT > County
2 days	2%	8%	VT > County
3 days	7%	8%	
4 days	8%	5%	County > VT
5 days	73%	46%	County > VT

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL				
		Lamoille	VT	
Overall		6%	25%	Overall Differences: State vs County
Sex	Male	5%	24%	VT > County
	Female	8%	25%	
Grade	Grade 6	8%	16%	Within County Differences
	Grade 7	6%	26%	
	Grade 8	5%	29%	
Race	WnH	5%	24%	Too few students by sexual orientation
	REM	12%	27%	
Sexual Orientation	Het	4%	24%	
	LGB	.	30%	

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

RIDE A BIKE OR WALK TO SCHOOL WHEN
WEATHER PERMITS

	Lamoille	VT	
0 days	86%	77%	County > VT
1 day	2%	3%	
2 days	2%	3%	VT > County
3 days	2%	4%	VT > County
4 days	2%	2%	
5 days	6%	10%	VT > County

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY

		Lamoille	VT	
Overall		6%	10%	Overall Differences: State vs County
Sex	Male	7%	12%	VT > County
	Female	5%	9%	Within County Differences
Grade	Grade 6	10%	11%	Too few students by sexual orientation
	Grade 7	5%	10%	
	Grade 8	4%	10%	
Race	WnH	6%	10%	
	REM	7%	13%	
Sexual Orientation	Het	5%	10%	
	LGB	.	14%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY		
	Lamoille	VT
No TV on average school day	19%	18%
Less than 1 hour per day	21%	23%
1 hour per day	15%	18%
2 hours per day	24%	20%
3 hours per day	10%	10%
4 hours per day	4%	4%
5 or more hours per day	7%	6%

VT > County
 County > VT

WATCHED TV 3+ HOURS PER DAY			
		Lamoille	VT
Overall		21%	20%
Sex	Male	22%	20%
	Female	20%	20%
Grade	Grade 6	17%	18%
	Grade 7	20%	20%
	Grade 8	25%	21%
Race	WnH	19%	19%
	REM	30%	24%
Sexual Orientation	Het	20%	20%
	LGB	.	27%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

REM > WnH

Too few students by sexual orientation

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	Lamoille	VT
No playing video/computer game	12%	12%
Less than 1 hour per day	15%	17%
1 hour per day	15%	15%
2 hours per day	16%	18%
3 hours per day	14%	14%
4 hours per day	11%	8%
5 or more hours per day	16%	16%

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

		Lamoille	VT	
Overall		41%	38%	Overall Differences: State vs County
Sex	Male	41%	39%	VT and County are Similar
	Female	40%	37%	Within County Differences
Grade	Grade 6	31%	29%	8 > 6
	Grade 7	38%	38%	Too few students by sexual orientation
	Grade 8	48%	45%	
Race	WnH	40%	38%	
	REM	45%	43%	
Sexual Orientation	Het	42%	38%	
	LGB	.	57%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
 NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Lamoille	VT
0 days	6%	7%
1 day	5%	4%
2 days	7%	7%
3 days	8%	7%
4 days	5%	6%
5 days	10%	8%
6 days	9%	9%
7 days	51%	52%

DID NOT EAT BREAKFAST, PAST WEEK			
		Lamoille	VT
Overall		6%	7%
Overall Differences: State vs County			
Sex	Male	5%	6%
	Female	6%	7%
Within County Differences			
Grade	Grade 6	.	5%
	Grade 7	7%	7%
	Grade 8	5%	7%
Race	WnH	5%	6%
	REM	9%	10%
Sexual Orientation	Het	4%	6%
	LGB	.	16%

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SECTION 6: PHYSICAL ACTIVITY AND NUTRITION
NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	Lamoille	VT
Did not drink water	2%	3%
1 to 3 times	9%	9%
4 to 6 times	8%	10%
1 time per day	6%	6%
2 times per day	15%	16%
3 times per day	22%	19%
4 or more times per day	38%	37%

DRANK THREE OR MORE GLASSES PER DAY OF WATER

		Lamoille	VT	
Overall		60%	56%	Overall Differences: State vs County
Sex	Male	62%	57%	County > VT
	Female	59%	54%	
Grade	Grade 6	65%	58%	Within County Differences
	Grade 7	57%	54%	
	Grade 8	62%	56%	
Race	WnH	61%	56%	Too few students by sexual orientation
	REM	55%	57%	
Sexual Orientation	Het	60%	57%	
	LGB	.	48%	

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SECTION 7: SOCIAL DETERMINANTS OF HEALTH

**WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH
FOOD AT HOME, PAST 30 DAYS**

	Lamoille	VT	
Never	79%	77%	VT > County
Rarely	11%	14%	
Sometimes	6%	7%	
Most of the time	2%	1%	
Always	2%	1%	

**MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE
THERE WAS NOT ENOUGH FOOD IN THEIR HOME**

		Lamoille	VT	
Overall		4%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	4%	2%	
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	4%	2%	
	Grade 8	3%	2%	
Race	WnH	2%	2%	REM > WnH
	REM	9%	4%	
Sexual Orientation	Het	2%	2%	Too few students by sexual orientation
	LGB	.	5%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

BORN OUTSIDE THE U.S.				
		Lamoille	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	5%	6%	
Grade	Grade 6	8%	7%	Within County Differences
	Grade 7	3%	5%	
	Grade 8	7%	6%	
Race	WnH	4%	3%	REM > WnH Too few students by sexual orientation
	REM	18%	18%	
Sexual Orientation	Het	4%	5%	
	LGB	.	7%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Lamoille	VT
0 days	4%	5%
1 day	.	2%
2 days	2%	2%
3 days	3%	3%
4 days	3%	4%
5 days	9%	7%
6 days	9%	10%
7 days	68%	66%

Too few students

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK			
		Lamoille	VT
Overall		90%	88%
Sex	Male	92%	89%
	Female	88%	87%
Grade	Grade 6	93%	90%
	Grade 7	91%	89%
	Grade 8	88%	86%
Race	WnH	91%	89%
	REM	84%	84%
Sexual Orientation	Het	93%	89%
	LGB	.	73%

Overall Differences: State vs County

VT and County are Similar

Within County Differences

Too few students by sexual orientation

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SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS

	Lamoille	VT	
Strongly agree	23%	28%	VT > County
Agree	44%	43%	
Not sure	19%	17%	
Disagree	9%	8%	
Strongly disagree	5%	5%	

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		Lamoille	VT	
Overall		67%	71%	Overall Differences: State vs County
Sex	Male	68%	72%	VT and County are Similar
	Female	66%	69%	
Grade	Grade 6	69%	77%	Within County Differences
	Grade 7	69%	72%	
	Grade 8	64%	66%	
Race	WnH	68%	71%	Too few students by sexual orientation
	REM	55%	68%	
Sexual Orientation	Het	69%	72%	
	LGB	.	54%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Lamoille	VT	
Overall		74%	76%	Overall Differences: State vs County
Sex	Male	76%	76%	VT and County are Similar
	Female	72%	76%	
Grade	Grade 6	77%	79%	Within County Differences
	Grade 7	69%	75%	
	Grade 8	78%	75%	
Race	WnH	74%	77%	Too few students by sexual orientation
	REM	69%	71%	
Sexual Orientation	Het	75%	77%	
	LGB	.	64%	

GRADES EARNED IN SCHOOL			
	Lamoille	VT	
Mostly A's	52%	46%	County > VT
Mostly B's	35%	38%	
Mostly C's	10%	12%	Too few students
Mostly D's	2%	3%	
Mostly F's	.	1%	

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SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY		
	Lamoille	VT
Strongly agree	27%	27%
Agree	35%	36%
Not sure	26%	24%
Disagree	6%	7%
Strongly disagree	6%	5%

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Lamoille	VT	
Overall		62%	64%	Overall Differences: State vs County
Sex	Male	67%	68%	VT and County are Similar
	Female	57%	60%	
Grade	Grade 6	69%	67%	Within County Differences
	Grade 7	62%	65%	
	Grade 8	58%	60%	
Race	WnH	64%	65%	Males > Females
	REM	51%	58%	
Sexual Orientation	Het	66%	67%	Too few students by sexual orientation
	LGB	.	31%	