



2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

WASHINGTON COUNTY



2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online.

Visit the Vermont Department of Health YRBS website at:
<https://www.healthvermont.gov/yrbs>

2019 VERMONT YOUTH RISK BEHAVIOR SURVEY

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About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and gender identity

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

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Methodology

The Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary.

In addition, to protect students anonymity, data is suppressed when less than 50 students respond to a question or less than 5 students answer a question in a particular way.

How Accurate are the Results?

Numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. These precautions can reduce some sources of error, but not all.

The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity.

Information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at: <https://www.cdc.gov/healthyyouth/data/yrbs/methods>

Other information including "Do students tell the truth" is available on the Vermont Department of Health YRBS webpage at: <https://www.healthvermont.gov/yrbs>

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Populations in Focus

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities. The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, health-related factors and behaviors experienced by the following specific populations are noted throughout this report:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation / Gender Identity

Please note: Due to the small sample size, all students of color were grouped into a “SOC” category to compare to white, non-Hispanic students. For similar reasons, lesbian, gay, bisexual, and transgender students were grouped into a “LGBT” category to compare to heterosexual/cisgender students.

Using the YRBS Results

Engaging students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

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Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at <http://www.upforlearning.org/initiatives/getting-to-y>

<https://www.healthvermont.gov/yrbs>

Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted. Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups.

A 95% confidence interval is a range of values and can vary due to the size of a particular population or how consistently students responded to an item. Sometimes, when comparing the responses of two or more groups, the difference between the overall percentages may look very different, but the two numbers are not statistically different. Other times, the two values may be very close but differ statistically.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

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This report includes the overall results or prevalence for all students in Vermont as well as the overall results and results by demographics for students in Washington County

Key Terms and Statistical Differences Used in the Report

Each table includes a note about any statistical differences between the overall VT and Washington County prevalence rates.

When subpopulations are included, statistical comparisons between subpopulations of students within Washington County are also noted.

Throughout this report you will see the following key terms and statistical notations.

Key Terms

. = Too few students to report

VT = All students in Vermont

County = All students in Washington County

M = Male students in Washington County

F = Female students in Washington County

Older = Students in grades 11 and 12

Younger = Students in grades 9 and 10

WnH = White, non-Hispanic students in Washington County

SOC = Students of color in Washington County

Het = Heterosexual or cisgender students in Washington County

LGBT = Lesbian, gay, bisexual, or transgender students in Washington County

Statistical Differences

Some subgroups of students defined by where they live, sex, race/ethnicity, grade in school, and sexual orientation / gender identity status have a higher prevalence of many health-risk behaviors that might place them at risk for unnecessary or premature mortality, morbidity, and social problems. Statistical differences, including differences between VT and Washington County students as well as differences within Washington County by sex, grade, race, and sexual orientation / gender identity are noted by the following notations:

α = Students across VT are statistically different than students in Wash.

β = Male students are statistically different from female students

ϵ = 11th and 12th grade students are statistically different from 9th and 10th grade students; 6th grade students are significantly different from 7th and 8th grade students

ι = 8th grade students are significantly different from 6th and 7th grade students

δ = Results statistically increase or decrease with each grade

ζ = Students of color (SOC) are statistically different from white, non-Hispanic (WnH) students

θ = Lesbian, gay, bisexual and transgender (LGBT) students are statistically different from heterosexual and cisgender (HET) students

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HIGH SCHOOL RESULTS

Demographics

Sex	VT	Wash.
Female	48	50
Male	52	50

Grade	VT	Wash.
9th grade	25	27
10th grade	25	27
11th grade	25	25
12th grade	25	22

Demographics

Race	VT	Wash.
Students of Color	16	13
White, non-Hispanic	84	87

Sexual Orientation / Gender Identity	VT	Wash.
Lesbian, Gay, Bisexual, or Transgender	14	17
Heterosexual / Cisgender	86	83

Violence and Unintentional Injuries

Physical Violence													Statistical Differences		
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Were in a physical fight, past year	18	20	28	12	25	22	17	14	19	27	19	23	β	ε	ζ
Carried a weapon on school property, past 30 days	5	5	7	2	3	6	5	4	4	8	4	6	β		
Were threatened or injured with a weapon on school property, past 30 days	7	6	7	5	8	7	5	3	5	12	5	9			ζ
Did not go to school because they felt unsafe at school or on their way to or from school, past 30 days	6	7	5	8	6	9	8	3	6	9	6	10			

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Violence and Unintentional Injuries

Bullying	VT	Wash.	Gender		Grade				Race		Sexual Orientation		Statistical Differences		
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	α	β	θ
Were electronically bullied, past year	16	15	11	19	19	19	12	9	15	17	13	23	β	ϵ	θ
Were bullied, past 30 days	17	17	13	21	21	19	16	8	16	20	15	24	β	ϵ	θ
Bullied someone, past 30 days	10	10	13	7	9	10	13	8	9	16	9	11	β	ζ	

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Violence and Unintentional Injuries

Sexual and Dating Violence	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Report someone has ever done sexual things to them that they did not want	18	21	10	30	17	22	21	22	20	23	16	42	α	β	θ
Experienced physical dating violence, past year	8	8	7	9	6	9	7	7	7	9	6	16			θ
Reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times, past year	28	28	21	34	27	33	23	27	27	33	24	42	β		θ
Have sent or received a revealing or sexual photo of someone using social media, email, or texting on their smartphone, computer, iPad or other tablet, past 30 days	27	28	26	30	21	31	29	31	27	32	27	35			θ

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Violence and Unintentional Injuries

Motor Vehicle Safety	VT	Wash.											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Rode with a driver who had been drinking alcohol, past 30 days	17	21	19	23	20	24	18	20	21	21	19	28	α	θ
Rode in a car or other vehicle driven by someone who had been using marijuana, past 30 days	23	26	22	30	16	26	32	33	26	29	24	37	α	β ε θ

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Violence and Unintentional Injuries

Motor Vehicle Safety, Among Students Who Drive													Statistical Differences
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Texted or e-mailed while driving a car or other vehicle, past 30 days	35	34	38	31	12	16	42	56	34	37	34	30	ε
Drove a car or other vehicle when they had been drinking alcohol, past 30 days	6	7	9	6	4	4	7	13	7	9	7	8	ε
Drove a car or other vehicle when they had been using marijuana, past 30 days	15	17	17	16	9	9	18	27	16	20	15	23	ε

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Rarely or never wore a helmet when skiing or snowboarding, past year	11	9	11	6	10	6	7	12	7	16	7	10		ζ
Had a concussion from playing a sport or being physically active, past year	18	17	19	15	16	18	14	20	16	23	18	13		
Had a sunburn, past year	73	74	68	80	71	77	74	75	78	46	74	76	β	ζ

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Mental Health

Mental Health	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Did something to purposely hurt themselves without wanting to die, past year	19	22	14	30	22	26	24	16	22	27	14	53	α	β	θ
Felt sad or hopeless, past year	31	34	23	44	31	39	33	31	33	38	25	68	β	θ	
Made a plan about how they would attempt suicide, past year	13	14	11	17	12	17	13	14	13	19	9	34	β	θ	
Attempted suicide, past year	7	7	6	7	7	7	6	6	5	15	5	15		ζ	θ

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Lifetime Substance Use

Tobacco, Alcohol, or Marijuana Use Before Age 13	VT	Wash.	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences
			M	F	9th	10th	11th	12th					
First tried cigarette smoking before age 13 years	7	7	8	6	6	7	7	7	6	15	5	15	ζ θ
Drank alcohol before age 13	13	13	13	12	15	13	12	9	12	19	11	18	ζ θ
Tried marijuana for the first time before age 13 years	6	6	7	6	7	7	7	4	6	13	5	12	ζ θ

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Lifetime Substance Use

Lifetime Substance Use - Alcohol, Marijuana, & Tobacco	VT	Wash.	Gender		Grade Level				Race/Ethnicity		Sexual Orientation		Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Ever tried cigarette smoking	22	22	24	21	13	19	28	32	21	28	20	32		ϵ θ
Ever used an electronic vapor product	50	53	52	54	36	56	60	63	52	59	53	54	α	ϵ
Ever used a flavored tobacco product	27	29	28	30	18	27	32	40	28	32	28	35		ϵ
Ever drank alcohol	55	59	56	62	37	60	65	76	58	62	58	61	α	ϵ
Ever used marijuana	40	45	44	47	26	43	55	60	45	47	43	53	α	ϵ θ

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Lifetime Substance Use

Lifetime Substance Use - Prescription Drug Misuse													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Ever used a prescription drug	12	11	12	11	7	13	13	13	10	22	9	20	ζ	θ
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	9	9	9	9	6	11	10	8	8	16	7	15	ζ	θ
Have taken prescription stimulants without a doctor's prescription or differently than how a doctor told them to use it one or more times	7	7	8	6	4	7	8	10	6	16	5	13	ε	ζ θ

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Lifetime Substance Use

Lifetime Substance Use - Other Drug Use	VT	Wash.	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences
			M	F	9th	10th	11th	12th					
Ever used cocaine	4	5	6	3	2	5	6	6	4	12	4	9	ε ζ θ
Ever used inhalants	7	8	10	6	7	10	9	6	7	16	6	15	ζ θ
Ever used heroin	2	2	4	1	2	3	3	.	1	8	2	3	β ζ
Ever used methamphetamines	2	2	3	1	2	2	2	.	1	8	2	4	ζ

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	28	30	31	30	17	30	35	43	30	34	30	33	ε
Currently smoked cigarettes or cigars or used smokeless tobacco	10	10	13	7	6	8	12	16	9	16	9	14	β ε ζ
Tried to quit using all tobacco products, past year	44	42	45	41	47	41	43	41	41	51	40	53	

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Past 30 Day Substance Use

Past 30 Day Tobacco Use	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
Currently smoked cigarettes	7	7	9	5	4	5	9	10	6	13	6	12	β ϵ ζ θ
Currently used an electronic vapor product	26	29	29	29	16	29	32	40	29	29	28	31	ϵ
Currently used smokeless tobacco	3	3	5	1	2	3	3	4	2	7	3	3	β ζ
Currently smoked cigars	6	6	9	3	3	5	5	11	5	11	5	8	β ϵ ζ

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Drug Use	VT	Wash.	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences			
			M	F	9th	10th	11th	12th					α	β	γ	
Currently drank alcohol	31	34	32	35	16	32	41	48	34	32	33	38		ϵ		
Binge drank, past 30 days	15	17	16	19	6	14	21	32	17	20	16	22		δ		
Currently used marijuana	27	30	29	31	16	30	35	41	30	32	28	38	α	ϵ	θ	
Currently took any prescription medication without a doctor's prescription or differently than how a doctor told them to use it	5	5	5	4	3	5	6	3	4	11	3	10		ζ	θ	

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Wash.
1 or 2 days	35
3 to 5 days	15
6 to 9 days	11
10 to 19 days	13
20 to 29 days	.
All 30 days	23

Number of Cigarettes Smoked, Among Current Users	Wash.
Less than 1 cigarette	37
1 cigarette	23
2 to 5 cigarettes	21
6 to 10 cigarettes	7
11 to 20 cigarettes	.
More than 20 cigarettes	10

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Wash.
1 or 2 days	21
3 to 5 days	13
6 to 9 days	11
10 to 19 days	14
20 to 29 days	14
All 30 days	27

Primary Reason for EVP Use, Among Current Users	Wash.
Friend/family used them	16
To try to quit other tobacco	7
Cost less than other tobacco	.
Easier to get than other	3
Less harmful than other	11
Available in flavors	8
Used for some other reason	54

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Source of EVP, Among Current Users	Wash.
Bought them in a store	18
I got them on the Internet	2
Someone else bought them	22
Borrowed them	37
Someone gave them to me	10
Took them from a store	2
Some other way	9

Type of EVP Used, Among Current Users	Wash.
JUUL /rechargeable w pods	83
Vape Pen/recharge e-cig	6
Disposable e-cig/vaping	.
Mods with refillable tanki	6
Other e-vapor product	3
Not sure	2

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Alcohol Use, Among Current Users	Wash.
1 or 2 days	51
3 to 5 days	21
6 to 9 days	15
10 to 19 days	8
20 to 29 days	2
All 30 days	3

Largest Amount of Alcohol Consumed in One Sitting, Among Current Users	Wash.
1 or 2 drinks	33
3 drinks	6
4 drinks	9
5 drinks	15
6 or 7 drinks	16
8 or 9 drinks	7
10 or more drinks	12

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users

	Wash.
1 or 2 times	37
3 to 9 times	22
10 to 19 times	12
20 to 39 times	9
40 or more times	20

Primary Way Marijuana was Used, Among Current Users

	Wash.
Smoked it	67
Ate in food	7
Drank in tea or other drink	.
Vaporized	17
Dabbed it	8
Some other way	2

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Other Substance Use Related Topics

Substance Use Exposure and Prevention	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	ε
Were asked by a doctor, dentist, or nurse if they smoked, past year	61	55	52	58	46	58	59	59	56	53	54	60	α	ε
Most of the time or always see ads for cigarettes or other tobacco products	50	50	44	56	45	53	54	47	50	46	49	57	β	θ

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Other Substance Use Related Topics

Substance Use on School Property	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	ε	θ
Attended school under the influence of alcohol or other illegal drugs, past year	15	18	18	18	11	18	20	26	18	20	15	30	α	ε	θ
Were offered, sold, or given an illegal drug on school property, past year	19	22	23	20	18	26	21	22	22	22	19	30	α		θ

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Perceptions of Substance Use

Perceptions of Substance Use - Peer Use													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Think it is wrong or very wrong for someone their age to use electronic vapor products	56	54	53	55	68	55	48	43	54	53	54	50		ϵ
Think it is wrong or very wrong for someone their age to drink alcohol	53	48	50	46	67	49	37	38	48	52	48	50	α	ϵ
Think it is wrong or very wrong for someone their age to use marijuana	51	48	49	47	65	51	38	36	49	41	51	35		ϵ θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs	VT	Wash.											Statistical Differences		
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	β	ϵ	θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	84	84	81	87	88	84	86	76	84	81	86	78	β	ϵ	θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	69	69	68	70	84	72	63	54	68	75	70	69	ϵ		
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	75	74	74	73	84	75	70	63	74	73	77	61	ϵ	θ	

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	73	73	73	73	64	71	75	85	73	76	73	74	ε	
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	67	70	69	71	63	71	72	76	70	69	69	72	ε	
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	62	64	64	63	50	61	71	76	63	69	62	73	ε	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Harm													Statistical Differences
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	29	28	23	32	33	27	25	24	27	28	26	28	β
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	39	37	31	43	39	37	36	38	37	40	35	42	β
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	23	21	18	23	27	20	18	17	21	18	22	15	ε

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Sexual Health

HIV and STD Testing	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences		
													α	β	θ
Were ever tested for human immunodeficiency virus (HIV)	13	12	10	14	7	10	15	19	11	19	11	18	α	ζ	θ
Were ever tested for a sexually transmitted disease (STD)	11	12	8	16	4	11	15	19	12	14	11	18	β	ϵ	θ

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Sexual Health

Sexual Activity	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences
Ever had sexual intercourse	40	40	39	40	16	36	48	62	39	42	40	42	δ
Had sexual intercourse for the first time before age 13 years	3	3	4	2	3	2	3	3	2	8	2	6	ζ θ
Had sexual intercourse with four or more persons during their life	9	9	10	9	3	6	12	18	9	13	8	17	ε θ
Were currently sexually active	31	31	29	32	11	27	36	53	31	30	31	34	ε

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Prescription Birth Control Use, Among Sexually Active Students													Statistical Differences
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Used birth control pills before last sexual intercourse, among sexually active students	32	34	29	39	.	22	38	41	35	29	37	24	ε
Used a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing), among sexually active students	4	4	4	3	.	5	4	.	4	.	4	.	
Used an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon), among sexually active students	19	24	19	28	.	19	27	29	26	18	23	30	α

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students													Statistical Differences		
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	α	β	ϵ
Used a condom during last sexual intercourse, among sexually active students	54	50	52	48	.	52	48	45	50	45	52	43			
Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring, among sexually active students	56	62	52	71	.	46	68	73	64	51	64	55	α	β	ϵ
Used both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse, among sexually active students	21	22	17	26	.	12	24	24	22	19	23	18			

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Sexual Health

Sexual Activity Among Students Who Had Sexual Intercourse During the Previous Three Months

Condom & Birth Control Use, Among Sexually Active Students	VT	Wash.	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences
			M	F	9th	10th	11th	12th					
Did not use any method to prevent pregnancy, among sexually active students	6	7	10	5	.	9	7	6	6	14	4	20	θ

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Weight, Physical Activity, and Nutrition

Weight and Weight Perceptions	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences	
													α	β
Were obese	13	11	14	8	10	11	10	12	10	13	10	13	α	β
Were overweight	14	13	10	16	12	12	12	17	13	16	12	19	β	θ
Described themselves as slightly or very overweight	31	30	26	34	28	31	28	32	29	34	26	46	β	θ
Were trying to lose weight	43	43	28	57	43	43	45	40	42	49	40	58	β	θ

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Weight, Physical Activity, and Nutrition

Physical Activity													Statistical Differences		
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT			
Did not participate in at least 60 minutes of physical activity on at least one day, past week	14	14	12	16	10	13	19	15	14	15	12	25	ε	θ	
Were physically active at least 60 minutes per day every day, past week	22	23	32	15	28	21	19	23	22	28	26	12	β	θ	
Were physically active at least 60 minutes per day on 5 or more days, past week	46	47	56	40	55	46	40	47	47	51	53	27	β	ε	θ
Play video or computer games or used a computer 3 or more hours per day	48	50	52	48	47	56	48	49	51	45	48	60		θ	

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Weight, Physical Activity, and Nutrition

Physical Activity at School	VT	Wash.	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences	
			M	F	9th	10th	11th	12th					α	ϵ
Report they participate in physical activity or other short breaks during class at least 1x per week	62	65	67	64	73	69	59	59	65	67	66	61	α	ϵ
Report they participate in physical activity or other short breaks during class, every day	23	23	28	19	25	27	20	21	23	23	24	20	β	

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Weight, Physical Activity, and Nutrition

Soda and Sugar-Sweetened Beverage Consumption													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not drink any soda or sugar-sweetened beverages, past week	23	24	19	29	20	24	24	28	23	26	24	25	β	
Drank a can, bottle, or glass of soda or a sugar-sweetened beverage, past week	18	16	19	12	16	13	15	18	15	22	15	15	β	ζ
Drank soda or sugar-sweetened beverages 2+ times per day, past week	10	9	11	7	8	8	10	10	9	12	8	11	β	
Drank soda or sugar-sweetened beverages 3+ times per day, past week	5	4	6	3	4	3	4	6	4	8	4	6	β	ζ

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Weight, Physical Activity, and Nutrition

Water Consumption	VT	Wash.	Gender		Grade Level				WnH	SOC	Het	LGBT	Statistical Differences	
			M	F	9th	10th	11th	12th					α	ζ
Drank one or more glasses per day of water, past week	79	81	80	83	76	84	82	82	82	73	82	80	α	ζ
Drank two or more glasses per day of water, past week	70	74	72	76	68	76	77	74	75	67	74	72	α	
Drank three or more glasses per day of water, past week	54	57	56	58	50	61	59	60	58	52	58	58	α	

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Weight, Physical Activity, and Nutrition

Fruit and Vegetable Consumption	VT	Wash.	Gender		Grade Level				Race/Ethnicity		Sexual Orientation	Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC			Het
Ate 5+ fruits/vegetables every day, past week	21	23	24	23	22	22	22	27	23	23	23	22	

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Weight, Physical Activity, and Nutrition

Fruit Consumption													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not eat fruit or drink 100% fruit juices, past week	6	5	6	3	5	5	4	4	4	8	5	5		
Ate fruit or drank 100% fruit juices one or more times per day, past week	62	66	67	66	65	64	68	69	67	62	67	55	α	θ
Ate fruit or drank 100% fruit juices two or more times per day, past week	31	34	34	33	34	33	32	37	34	34	34	32		

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Weight, Physical Activity, and Nutrition

Vegetable Consumption	VT	Wash.											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not eat vegetables, past week	5	4	6	3	5	4	3	5	4	9	5	5	β	ζ
Ate vegetables one or more times per day, past week	72	74	73	75	73	76	75	73	75	70	74	73		
Ate vegetables two or more times per day, past week	37	39	39	40	37	38	39	44	40	36	39	38		
Ate vegetables three or more times per day, past week	19	21	20	22	19	22	17	26	21	19	20	19		

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Weight, Physical Activity, and Nutrition

Breakfast Consumption													Statistical Differences
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	
Did not eat breakfast, past week	11	11	11	10	11	10	12	10	10	17	10	15	ζ
Ate breakfast on at least 5 days, past week	54	55	58	53	57	52	51	58	56	46	57	41	ζ θ
Ate breakfast on all 7 days, past week	37	37	40	34	41	36	32	38	38	32	39	24	θ

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Social Determinants of Health

Social Determinants of Health													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned	4	4	4	4	4	5	3	3	3	11	3	8	ζ	θ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	2	2	2	2	2	3	2	.	2	5	1	3	ζ	
Have a physical disability, emotional problems, or learning disability	30	30	26	33	25	34	30	30	30	32	24	53	β	θ

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Social Determinants of Health

Social Determinants of Health	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT	Statistical Differences			
													α	β	ϵ	θ
Described their grades in school as mostly A's or B's	78	68	63	73	59	63	71	81	68	67	70	59	α	β	ϵ	θ
Report they are most likely to attend a 4-year college or university, a community college, or technical school after high school	76	76	69	82	71	72	79	82	76	74	78	68	β	ϵ	θ	

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Youth Assets and Other Protective Factors

Protective Factors - Family													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Did not eat dinner at home with parents, past week	9	8	8	7	8	6	9	9	7	15	7	11		ζ
Ate dinner at home with parent at least 2x, past week	86	87	87	88	89	90	85	86	88	82	89	82		θ
Ate dinner at home with at least one of their parents or other adult family member on 4+ days, past week	75	76	77	75	82	77	73	69	77	69	77	69	ε	θ

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Youth Assets and Other Protective Factors

Protective Factors - School Connectedness													Statistical Differences	
	VT	Wash.	M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Reported there is at least one teacher or other adult in their school that they can talk to if they have a problem	78	75	75	75	68	73	78	80	75	71	76	70	α	ε
Strongly agree or agree that their school has clear rules and consequences for behavior	56	51	57	46	54	54	48	48	51	50	53	47	α	β
Do not participate in any afterschool activities	34	33	33	32	36	33	31	29	33	29	30	41		θ
Spend 10 or more hours participating in afterschool activities	24	23	26	20	22	24	22	26	24	22	26	16	β	θ

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Youth Assets and Other Protective Factors

Protective Factors - Community	VT	Wash.											Statistical Differences	
			M	F	9th	10th	11th	12th	WnH	SOC	Het	LGBT		
Strongly agree or agree that in their community they feel like they matter to people	58	58	64	54	58	56	56	64	59	53	63	37	β	θ

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2019 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

MIDDLE SCHOOL RESULTS

Demographics

Sex	VT	Wash.
Female	49	50
Male	51	50

Grade	VT	Wash.
6th grade	24	26
7th grade	38	36
8th grade	38	38

Demographics

Race	VT	Wash.
Students of Color	19	15
White, non-Hispanic	81	85

Sexual Orientation / Gender Identity	VT	Wash.
Lesbian, Gay, Bisexual, or Transgender	11	13
Heterosexual / Cisgender	89	87

Violence and Unintentional Injuries

Violence	VT	Wash.										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Were ever in a physical fight	41	41	55	28	46	36	43	39	60	42	49	β	ζ	
Did not go to school because they felt they would be unsafe at school or on their way to or from school, past 30 days	9	9	7	11	9	9	9	8	15	7	21		ζ	θ
Report someone has ever done sexual things to them that they did not want	10	12	7	16	8	9	17	11	16	9	27	β	i	θ

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Violence and Unintentional Injuries

Bullying	VT	Wash.										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Were ever bullied on school property	45	46	42	50	46	45	48	45	55	44	68			θ
Were ever electronically bullied	24	26	20	32	24	24	30	25	37	24	50	β	ζ	θ
Were bullied, past 30 days	24	23	18	28	27	21	23	21	36	20	43	β	ζ	θ
Bullied someone, past 30 days	9	9	9	8	9	8	9	8	15	8	14			ζ

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Violence and Unintentional Injuries

Unintentional Injuries & Prevention												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Rarely or never wear a bicycle helmet	6	7	20	19	14	20	23	18	32	20	32		ζ θ
Rarely or never wear a helmet when skiing or snowboarding	6	10	13	6	12	8	10	8	21	9	18	α β	ζ
Had a concussion from playing a sport or being physically active, past year	19	20	21	19	21	19	20	20	23	19	24		
Had a sunburn, past year	66	68	64	73	61	66	74	73	47	70	65	β	ι ζ

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Violence and Unintentional Injuries

Motor Vehicle Safety												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Rarely or never wear a seat belt	45	42	3	1	.	2	2	1	5	2	.		ζ
Ever rode with a driver who had been drinking alcohol	20	22	22	22	16	16	33	23	26	22	29		i
Have ever ridden in a car driven by someone who had been using marijuana	10	11	10	12	5	9	17	11	18	10	25		i ζ θ

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Mental Health

Mental Health	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences			
												α	ϵ	ι	δ
Ever seriously thought about killing themselves	18	20	14	26	16	16	26	18	30	16	55	β	ι	ζ	θ
Ever made a plan about how they would kill themselves	12	13	9	17	9	10	18	12	20	9	45	β	ι	ζ	θ
Ever tried to kill themselves	6	8	5	10	6	6	10	6	16	5	27	β		ζ	θ
Have ever done something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, past year	18	17	12	22	14	14	22	17	24	13	52	β	ι		θ
Felt sad or hopeless, past year	23	22	15	29	19	16	29	21	33	19	52	β	ι	ζ	θ

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Lifetime Substance Use

Lifetime Substance Use	VT	Wash.										Statistical Differences							
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT								
Ever tried a cigarette	7	6	7	5	3	4	10	5	15	5	17				i	ζ	θ		
Ever tried a flavored tobacco product	8	8	7	9	3	6	14	7	15	7	16				i	ζ	θ		
Ever used an electronic vapor product	16	14	13	15	4	10	24	13	23	14	25				δ	ε	i	ζ	θ
Ever drank alcohol	20	21	21	21	10	16	33	21	30	21	35				δ	ε	i	ζ	θ
Ever used marijuana	7	9	9	9	2	6	15	8	19	8	20				i	ζ	θ		
Have ever taken a prescription drug without a doctor's prescription or differently than how a doctor told them to use it	6	5	5	5	6	3	6	4	8	5	7								
Ever used inhalants	5	5	4	7	4	4	8	5	8	5	9								

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Lifetime Substance Use

Substance Use Before Age 11	VT	Wash.										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Tried cigarette smoking for the first time before age 11 years	3	2	3	2	2	2	4	2	6	2	5		ζ
Drank alcohol for the first time before age 11 years	9	9	11	8	7	8	12	8	17	9	15		ζ
Tried marijuana for the first time before age 11 years	1	1	2	1	2	1	2	1	4	1	5		ζ θ

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Past 30 Day Substance Use

Past 30 Day Tobacco Use												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Currently smoked cigarettes or cigars or used smokeless tobacco	2	2	3	2	.	.	4	2	3	2	6		θ
Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products	9	8	7	9	2	5	15	8	10	8	16	i	θ
Currently smoked cigarettes	2	2	2	1	.	.	3	2	3	1	4		
Currently used an electronic vapor product	8	7	6	8	2	4	14	8	9	7	14	i	θ
Currently used smokeless tobacco	1	1	1	.	.	.	2	1	.	1	.		
Currently smoked cigars	1	1	2	.	.	.	2	1	.	1	.		

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Past 30 Day Substance Use

Past 30 Day Alcohol and Other Substance Use												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Currently drank alcohol	7	8	6	9	2	5	15	7	13	8	14		i ζ
Binge drank, past 30 days	2	2	2	1	.	.	3	1	3	2	.		
Currently used marijuana	5	5	5	5	.	3	10	5	9	5	12		θ

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Cigarette Use, Among Current Users	Wash.
1 or 2 days	39
3 to 9 days	19
10 to 29 days	15
Every day	27

Number of Cigarettes Smoked, Among Current Users	Wash.
1 or Less	63
2 to 5 cigarettes	11
6 to 10 cigarettes	5
11 or more cigarettes	22

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of EVP Use, Among Current Users	Wash.
1 or 2 days	37
3 to 9 days	25
10 to 29 days	21
Every day	17

Access to EVP, Among Current Users	Wash.
Bought them in a store or online	10
Borrowed them	38
Someone else bought them or someone gave them to me	31
Took them from a store	1
Some other way	20

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Reason for EVP Use, Among Current Users	Wash.
Friend/family used them	23
To try to quit other tobacco	2
Cost less than other tobacco	2
Easier to get than other	2
Less harmful than other	6
Available in flavors	14
Used for some other reason	50

Type of EVP Used, Among Current Users	Wash.
JUUL / pod-type device	73
Vape Pen / rechargeable e-cigarette	7
Disposable e-cigarette / vaping device	1
Mods with refillable tank	11
Other electronic vapor product	3
Not sure	4

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Tobacco, Alcohol, and Marijuana Use Among Current Users

Frequency of Marijuana Use, Among Current Users	Wash.
1 or 2 times	42
3 to 9 times	22
10 to 19 times	13
20+ times	23

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Other Substance Use Related Topics

Tobacco Use Exposure & Prevention	VT	Wash.										Statistical Differences			
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT				
Were asked by a doctor, dentist, or nurse if they smoked	33	30	29	31	13	30	41	32	25	31	36		δ	ε	ι
Most of the time or always see ads for cigarettes or other tobacco products	46	47	48	46	37	46	55	49	46	48	60			ι	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Parental Beliefs												Statistical Differences		
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use electronic vapor products	92	93	91	95	94	92	93	93	91	93	87			θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to drink alcohol	87	88	86	90	90	90	84	88	86	89	81	i		θ
Responded that their parents or guardians feel it would be wrong or very wrong for the student to use marijuana	92	92	90	93	95	94	87	92	85	93	85	i	ζ	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Ease of Access												Statistical Differences				
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT					
Say if they wanted to get electronic vapor products, it would be sort of easy or very easy for them to get some	29	31	32	30	14	26	47	31	38	32	40		δ	ε	ι	
Say if they wanted to get alcohol, it would be sort of easy or very easy for them to get some	40	45	42	47	27	40	60	47	40	45	57	α	δ	ε	ι	θ
Say if they wanted to get marijuana, it would be sort of easy or very easy for them to get some	19	22	22	23	11	17	34	22	28	21	37	α			ι	θ

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Perceptions of Substance Use

Perceptions of Substance Use - Harm												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Think people greatly risk harming themselves (physically or in other ways) if they use electronic vapor products regularly	45	45	43	47	51	48	38	44	42	43	39		i
Think people greatly risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol (beer, wine, or liquor) once or twice each weekend	45	47	45	49	47	48	46	46	49	45	50		
Think people greatly risk harming themselves (physically or in other ways) if they use marijuana regularly	49	48	46	51	59	51	38	46	47	48	29		i θ

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Sexual Health

Sexual Activity & Condom Use	VT	Wash.										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Ever had sexual intercourse	5	6	8	5	2	3	12	6	9	6	13		i	θ
Used a condom during last sexual intercourse, among those who have has sexual intercourse	58	64	64	66	.	72	.			

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Physical Activity, and Nutrition

Physical Activity: 60 min per day												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not participate in at least 60 minutes of physical activity on at least 1 day, past week	9	7	7	6	7	7	6	6	8	5	11	α	θ
Were physically active at least 60 minutes per day on 5 or more days, past week	56	58	63	54	58	60	57	58	55	62	38	β	θ
Were physically active at least 60 minutes per day on all 7 days, past week	30	30	36	25	34	31	28	29	32	33	17	β	θ

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Physical Activity, and Nutrition

Physical Inactivity												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Watch television 1 hour or less per day	42	41	40	42	39	40	42	41	43	39	49		
Watch television 3 or more hours per day	22	20	22	19	19	19	23	20	22	19	25		

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Physical Activity, and Nutrition

Physical Inactivity	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	Statistical Differences		
												α	β	i
Play video or computer games or used a computer 1 hour or less per day	58	54	61	48	48	50	63	55	59	55	64	α	β	i
Play video or computer games or used a computer 3 or more hours per day	41	37	41	32	31	32	45	37	44	37	47	α	β	i θ

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Physical Activity, and Nutrition

Physical Activity at School	VT	Wash.										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Participate in physical activity or other short breaks during class at least once a week	80	83	84	82	86	86	78	82	89	84	79	α	ι
Participate in physical activity or other short breaks during class everyday	64	64	59	69	56	64	70	66	56	63	73	β	

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Physical Activity, and Nutrition

Walk or Bike To/From School												Statistical Differences
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Walk or ride a bike to school at least once a week when weather permits	74	73	70	76	66	76	75	74	66	73	71	ε
Walk or ride their bike to school every day when weather permits	11	11	13	10	13	12	10	11	13	12	8	

Sport Team Participation												Statistical Differences
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT	
Play on at least one sports team, past year	72	74	74	75	74	76	72	74	74	78	54	θ

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Physical Activity, and Nutrition

Water Consumption	VT	Wash.										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Drank one or more glasses per day of water, past week	78	81	81	81	77	81	84	82	78	82	73	α	θ
Drank two or more glasses per day of water, past week	71	74	74	74	68	76	76	74	71	75	67		
Drank three or more glasses per day of water, past week	56	59	59	58	51	61	62	58	57	60	50	ε	

. = Too few students to report

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Physical Activity, and Nutrition

Breakfast Consumption	VT	Wash.										Statistical Differences		
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT			
Did not eat breakfast, past week	9	7	7	8	7	7	8	7	10	7	10			
Ate breakfast on 5 or more days, past week	36	32	26	39	26	31	38	32	39	32	47	β		θ
Ate breakfast on all 7 days, past week	46	48	54	43	56	51	41	48	45	49	34	β	ι	θ

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Social Determinants of Health

Social Determinants of Health	VT	Wash.										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Described their grades in school as mostly A's or B's	66	57	55	59	51	61	57	58	58	60	46	α	θ
Reported in their home people most of the time or always speak a language other than English	6	6	6	5	7	5	5	4	14	5	6		ζ
Most of the time or always went hungry because there was not enough food in their home, past 30 days	3	3	4	2	2	4	2	3	3	2	6		

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Youth Assets and Other Protective Factors

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Youth Assets and Other Protective Factors

Family Engagement												Statistical Differences	
	VT	Wash.	M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Did not eat dinner at home with at least one of their parents or other adult family member, past week	6	5	6	4	5	2	6	5	7	3	10		θ
Ate dinner at home with at least one of their parents or other adult family member on two or more days, past week	92	93	92	94	92	95	91	93	91	94	87		θ
Ate dinner at home with at least one of their parents or other adult family member on four or more days, past week	85	87	86	88	90	90	83	87	85	89	80	i	θ
Ate dinner at home with at least one of their parents or other adult family member every day, past week	61	61	64	60	66	69	51	61	62	64	48	i	θ

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Youth Assets and Other Protective Factors

School Connectedness	VT	Wash.										Statistical Differences				
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT					
Have at least one teacher or other adult in their school that they can talk to if they have a problem	72	71	71	71	70	71	72	74	59	72	65					ζ
Strongly agree or agree that their school has clear rules and consequences for behavior	64	61	66	55	67	63	54	60	58	62	46	α	β	i	θ	

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Youth Assets and Other Protective Factors

Community Connectedness	VT	Wash.										Statistical Differences	
			M	F	6th	7th	8th	WnH	SOC	Het	LGBT		
Strongly agree or agree that in their community they feel like they matter to people	59	58	62	54	57	59	57	59	51	62	27	β	θ

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