



**OUTGOING.
CURIOUS.
DRUNK.**

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**HELPFUL.
POLITE.
BUZZED.**

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Words are powerful. Use yours to help prevent underage drinking.

Your kids respect your opinions, even if they don't show it. In fact, studies show that parents have the most influence on whether or not their child will drink.

You can discuss underage drinking during everyday moments you and your child have together, like on the way to school and at the dinner table. Your words can help prevent underage drinking—but only if you start the conversation.

Need advice? We can help. Visit www.parentupvt.org or dial 211 for tools and more information.

