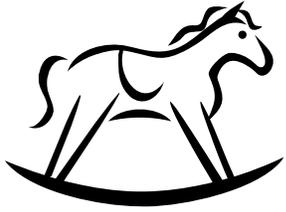


# Post-Survey Measures



*We need your opinions to see if the Rocking Horse program is helpful and are asking you to answer these questions and questions when the group ends. By answering these questions you are consenting to participate in helping us evaluate the Rocking Horse program. All answers are confidential and will only be used as group information to evaluate the program. Thank you*

Today's Date \_\_\_\_\_ Group Town Location \_\_\_\_\_ Your Date of Birth \_\_\_\_\_

*Please circle the answer that best describes your opinion*

- |   |      |      |        |       |
|---|------|------|--------|-------|
| 1. How much do women risk harming themselves from using Marijuana?      | None | Some | Medium | Great |
| 2. How much do women risk harming themselves from using Alcohol?        | None | Some | Medium | Great |
| 3. How much does drinking alcohol harm a pregnancy?                     | None | Some | Medium | Great |
| 4. How much does smoking cigarettes harm a pregnancy?                   | None | Some | Medium | Great |
| 5. Do you think living with someone who drinks a lot/uses is stressful? | None | Some | Medium | Great |
| 6. Do you think children are affected when parents drink a lot and use? | None | Some | Medium | Great |

- |   |          |             |                |              |
|---|----------|-------------|----------------|--------------|
| 7. I can solve problems if I try hard enough                                | Not True | Hardly True | Sometimes True | Exactly True |
| 8. If someone blocks me, I can find the way to get what I want              | Not True | Hardly True | Sometimes True | Exactly True |
| 9. It is easy for me to reach my goals                                      | Not True | Hardly True | Sometimes True | Exactly True |
| 10. I am confident I can deal with unexpected events                        | Not True | Hardly True | Sometimes True | Exactly True |
| 11. Thanks to my abilities I know how to handle unexpected events           | Not True | Hardly True | Sometimes True | Exactly True |
| 12. I can solve most of my problems if I work on them                       | Not True | Hardly True | Sometimes True | Exactly True |
| 13. I am calm when facing problems because I can depend on my coping skills | Not True | Hardly True | Sometimes True | Exactly True |

14. When I have a problem I can usually find many solutions

Not True

Hardly True

Sometimes True

Exactly True

15. If I am in trouble, I can find a way out

Not True

Hardly True

Sometimes True

Exactly True

16. I can usually handle whatever comes my way

Not True

Hardly True

Sometimes True

Exactly True

17. How much can you count on friends to give you information that is helpful?

Not at all

Sometimes

Most of the Time

All the Time

18. How often are friends there when you need them for support?

Not at all

Sometimes

Most of the Time

All the Time

19. How much do friends boost your spirits when you feel low?

Not at all

Sometimes

Most of the Time

All the Time

20. How much do friends make you feel they care about you?

Not at all

Sometimes

Most of the Time

All the Time

21. How much do you feel you can trust your friends?

Not at all

Sometimes

Most of the Time

All the Time

22. How many times since the group started have you had 4 or more drinks in a day?

Don't Drink

\_\_\_\_\_times

23. On average how many days in a week do you have a drink?

Don't Drink

\_\_\_\_\_days

24. When you are drinking, how many drinks will you usually have?

Don't Drink

\_\_\_\_\_drinks

25. Since the group started, have you driven a car after drinking? Yes No Don't Drink

26. Since the group started has your drinking got in the way of you taking care of your home, family, and kids?

Yes No Don't Drink

27. Since the group started have you gotten in trouble with the law because of your use of alcohol and/or other drugs? Yes No Don't Drink

28. How much does your partner usually drink? Doesn't Drink 1-4 Drinks 5+ Drinks

29. Have you gone through the Rocking Horse program before? Yes No

30. Could you please give us your opinions about what you came away with from going to the Rocking Horse Group?

Thank you for completing this survey!