

Healthy Environments

Did you know that people spend up to 90 percent of their time indoors?

Did you know that lead poisoning is a major environmental threat to children?

Children often suffer the greatest harm from environmental threats because their systems are still growing. These threats can include lead, radon, mold, dust mites, pesticides, and poisons in the home. Adults also face environmental risks. Sometimes home renovation projects, like removing old building materials, may disturb asbestos or create lead dust hazards. Other threats may include dangerous levels of carbon monoxide or radon gas in the home.

The Vermont Department of Health offers the following materials to help make home environments safe:

- **You Can Help Your Child**
A lead poisoning prevention tabletop display for the waiting room, community center, classroom, or other meeting place. Large photos and captions make it easy to use in a group setting or as an independent teaching guide.
- **Put Your Kids to the Test**
A 10-minute lead poisoning prevention video that promotes screening children for lead.
- **Indoor Air Quality Fact Sheets**
Information sheets about mold, VOCs, formaldehyde, particulates and other common indoor air problems.
- **Radon Test Kit/Radon Information**
Available at no cost to individuals upon request. Radon is the second leading cause of lung cancer.
- **Drinking Water Fact Sheets**
Learn about lead, copper, fluoride and other chemicals that affect your drinking water.
- **Renovation handbook**
A manual designed to help apartment owners, childcare providers, and homeowners work safely in older homes. It includes tips for preventing lead poisoning, controlling pests, and step-by-step directions for safe renovation.

To request any of the above publications call
the Vermont Dept Of Health at: 1-800-439-8550.