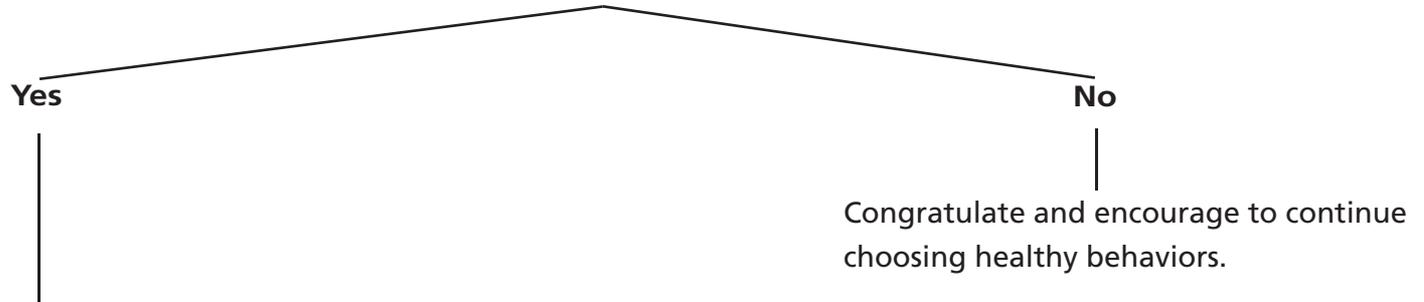


Adolescent Substance Use: *Screening and Counseling Guidelines*

Ask the patient: "Have you ever tried alcohol? Marijuana? Any other drug?"



The CRAFFT Questions*:

A Brief Screening Test for Adolescent Substance Abuse

- C** Have you ever ridden in a **CAR** driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
- R** Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
- A** Do you ever use alcohol or drugs while you are by yourself, **ALONE**?
- F** Do your family or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?
- F** Do you ever **FORGET** things you did while using alcohol or drugs?
- T** Have you ever gotten into **TROUBLE** while you were using alcohol or drugs?

Source:

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For more information, contact info@CRAFFT.org, or visit www.crafft.org

The CRAFFT test is a brief and accurate tool for assisting clinicians in determining which of their adolescent patients need further assessment and treatment for substance use disorders. Clinicians can have a high degree of confidence that those adolescents who report fewer than two “yes” answers are unlikely to need referral to substance abuse treatment specialists. In some settings, an adolescent who responds “yes” to two or more questions has an 80% chance of having a serious problem, a greater than 50% chance of having an alcohol- or drug-related disorder, and a 25% chance of being alcohol or drug dependent.

[Personal communication, John R. Knight, August 22, 2001]

If you feel that your patient is in need of further assessment and/or treatment you can access referral information by calling one of the numbers listed below based on your patient’s health plan. It is important that you or your patient call the appropriate referral number prior to seeking services so that care can be coordinated, and payment for covered services can be authorized.

Blue Cross and Blue Shield of Vermont

The majority of BCBSVT members have managed mental health care. They should call Magellan Behavioral Health Care at 1-800-395-1356 to get prior approval for care and to get the name of an appropriate provider. Members who have an “Open Network Mental Health Rider” may call any mental health or substance abuse provider directly.

The Vermont Health Plan

Call the Customer Service Department: 1-888-882-3600 and ask to be transferred to the MHSA care manager for the patient’s regional network.

If you need further assistance, please contact ADAP directly:

Vermont Department of Health

Division of Alcohol & Drug Abuse Programs

108 Cherry Street, PO Box 70

Burlington, VT 05402-0070

Tel: (802) 651-1550 Fax: (802) 651-1573 healthvermont.gov

MVP Health Plan

Call Member Services: 1-800-318-8575

Medicaid, Dr. Dynasaur, or Primary Care Plus

Referrals are not required to obtain substance abuse services. Members may call any provider who accepts Medicaid directly. If members need help finding a provider, they can call Health Access Member Services at 1-800-250-8427 or the Vermont Department of Health Division of Alcohol & Drug Abuse Programs (ADAP) at 802-651-1550.