### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

**REPORT FOR BLUE MOUNTAIN SD (SU057)** 

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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2017	VERMONT	YOUTH	RISK BE	HAVIOR	SURVEY
	BLU	E MOUN	NTAIN SE	(SU057)	REPORT

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs



#### **About the YRBS**

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

#### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



#### **Using the YRBS Results**

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



### HIGH SCHOOL RESULTS

BLUE MOUNTAIN SD (SU057) REPORT

http://healthvermont.gov/yrbs.aspx



#### **SECTION 1: DEMOGRAPHICS**

HIGH SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	112	27349			

		SU/SD	VT
Sex	Male	54%	51%
	Female	46%	49%
Grade	9th Grade	31%	25%
	10th Grade	21%	25%
	11th Grade	25%	25%
	12th Grade	24%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	97%	83%
	Students of Color (REM)	3%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	91%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	9%	11%



#### SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE IN	CAL FIGHT, PAST YEAR	
		SU/SD	VT	
Overall		19%	17%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female		11%	Within SU Differences
Grade	9th / 10th		19%	Too few students by sex
	11th / 12th		14%	Too few students by grade

	WERE IN A	PHYSICA	L FIGHT	ON SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	-	13%	7%	Overall Differences: State vs SU
Sex	Male		9%	SU > VT
	Female		3%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		5%	Too few students by grade

	CARRIE	D A WEAP	ON ON S	CHOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall			7%	Overall Differences: State vs SU
Sex	Male		10%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		8%	Too few students by grade



#### SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

WERE	THREATENE	D OR INJU	RED WI	TH A WEAPON ON SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	-	9%	5%	Overall Differences: State vs SU
Sex	Male		6%	SU > VT
	Female		3%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		4%	Too few students by grade

	W	ERE ELEC	CTRONICA	ALLY BULLIED, PAST YEAR
		SU/SD	VT	
Overall	_	11%	16%	Overall Differences: State vs SU
Sex	Male		10%	VT and SU are Similar
	Female		22%	Within SU Differences
Grade	9th / 10th		18%	Too few students by sex
	11th / 12th		14%	Too few students by grade



HIGH SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

		WE	RE BULI	JED, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	16%	Overall Differences: State vs SU
Sex	Male		11%	VT and SU are Similar
	Female		20%	Within SU Differences
Grade	9th / 10th		18%	Too few students by sex
	11th / 12th		13%	Too few students by grade

		BULLIE	D SOMEO	ONE ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall	_	10%	9%	Overall Differences: State vs SU
Sex	Male		10%	VT and SU are Similar
	Female		8%	Within SU Differences
Grade	9th / 10th		9%	Too few students by sex
	11th / 12th		8%	Too few students by grade

I	OID NOT GO	го ѕсноо	L BECAU	USE THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	-	·	5%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		6%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		4%	Too few students by grade



#### SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	WERE EVER	PHYSICAL	CED TO HAVE SEXUAL INTERC	
		SU/SD	VT	_
Overall		13%	6%	Overall Differences: State vs S
Sex	Male		3%	SU > VT
	Female		9%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		7%	Too few students by grade

	EXPE	RIENCED S	SEXUAL I	DATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall	<del>-</del>		10%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		15%	Within SU Differences
Grade	9th / 10th		10%	Too few students by sex
	11th / 12th		9%	Too few students by grade

	EXPER	IENCED PI	HYSICAL	DATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall			7%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		8%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		7%	Too few students by grade



### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall			7%	Overall Differences: State vs SU	
Sex	Male		9%	Too few students	
	Female		5%	Within SU Differences	
Grade	9th / 10th		5%	Too few students by sex	
	11th / 12th		9%	Too few students by grade	

DRO	DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS					
		SU/SD	VT			
Overall	-		14%	Overall Differences: State vs SU		
Sex	Male		16%	Too few students		
	Female		12%	Within SU Differences		
Grade	9th / 10th		9%	Too few students by sex		
	11th / 12th		18%	Too few students by grade		

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	16%	18%	Overall Differences: State vs SU	
Sex	Male		17%	VT and SU are Similar	
	Female		19%	Within SU Differences	
Grade	9th / 10th		18%	Too few students by sex	
	11th / 12th		18%	Too few students by grade	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS					
		SU/SD	VT		
Overall		10%	20%	Overall Differences: State vs SU	
Sex	Male		20%	VT > SU	
	Female		20%	Within SU Differences	
Grade	9th / 10th		16%	Too few students by sex	
	11th / 12th		25%	Too few students by grade	

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT		
Overall	_		34%	Overall Differences: State vs SU	
Sex	Male		34%	Too few students	
	Female		34%	Within SU Differences	
Grade	9th / 10th		14%	Too few students by sex	
	11th / 12th		48%	Too few students by grade	



#### SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR				
	SU/SD	VT		
Never wore a helmet		11%	Too few students	
Rarely wore a helmet	•	3%	Too few students	
Sometimes wore a helmet	•	3%	Too few students	
Most of the time wore a helmet		9%	Too few students	
Always wore a helmet	•	74%	Too few students	

RARE	RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR					
		SU/SD	VT			
Overall	•		14%	Overall Differences: State vs SU		
Sex	Male		17%	Too few students		
	Female		9%	Within SU Differences		
Grade	9th / 10th		12%	Too few students by sex		
	11th / 12th		15%	Too few students by grade		

HAD A	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR					
		SU/SD	VT			
Overall	-	27%	18%	Overall Differences: State vs SU		
Sex	Male		20%	SU > VT		
	Female	٠	16%	Within SU Differences		
Grade	9th / 10th		19%	Too few students by sex		
	11th / 12th		17%	Too few students by grade		



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT			
Overall		50%	54%	Overall Differences: State vs SU		
Sex	Male		51%	VT and SU are Similar		
	Female		58%	Within SU Differences		
Grade	9th / 10th		50%	Too few students by sex		
	11th / 12th		59%	Too few students by grade		

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT		
Overall		45%	55%	Overall Differences: State vs SU	
Sex	Male		53%	VT > SU	
	Female		56%	Within SU Differences	
Grade	9th / 10th		56%	Too few students by sex	
	11th / 12th		53%	Too few students by grade	



HIGH SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall		39%	23%	Overall Differences: State vs SU	
Sex	Male		23%	SU > VT	
	Female		23%	Within SU Differences	
Grade	9th / 10th		23%	Too few students by sex	
	11th / 12th		24%	Too few students by grade	

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall	-	47%	33%	Overall Differences: State vs SU	
Sex	Male		33%	SU > VT	
	Female		33%	Within SU Differences	
Grade	9th / 10th		32%	Too few students by sex	
	11th / 12th		34%	Too few students by grade	



#### SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IT ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR					
		SU/SD	VT		
Overall	_	31%	25%	Overall Differences: State vs SU	
Sex	Male		16%	VT and SU are Similar	
	Female		35%	Within SU Differences	
Grade	9th / 10th		25%	Too few students by sex	
	11th / 12th		26%	Too few students by grade	

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR					
		SU/SD	VT			
Overall	·	17%	16%	Overall Differences: State vs SU		
Sex	Male		9%	VT and SU are Similar		
	Female		25%	Within SU Differences		
Grade	9th / 10th		18%	Too few students by sex		
	11th / 12th		15%	Too few students by grade		



#### SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR					
		SU/SD	VT		
Overall		17%	11%	Overall Differences: State vs SU	
Sex	Male		7%	SU > VT	
	Female		15%	Within SU Differences	
Grade	9th / 10th		12%	Too few students by sex	
	11th / 12th		10%	Too few students by grade	

		ATTE	EMPTED	SUICIDE, PAST YEAR
		SU/SD	VT	
Overall	_	9%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		5%	Too few students by grade



#### SECTION 4: SUBSTANCE USE

		EVER S	SMOKED	A WHOLE CIGARETTE
		SU/SD	VT	
Overall		26%	24%	Overall Differences: State vs SU
Sex	Male		26%	VT and SU are Similar
	Female		22%	Within SU Differences
Grade	9th / 10th		19%	Too few students by sex
	11th / 12th		29%	Too few students by grade

	SI	MOKED A	CIGARET	TTE BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	12%	8%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		7%	Too few students by grade

	E	VER USED	AN ELEC	CTRONIC VAPOR PRODUCT
		SU/SD	VT	
Overall	_	26%	34%	Overall Differences: State vs SU
Sex	Male		37%	VT and SU are Similar
	Female		31%	Within SU Differences
Grade	9th / 10th		27%	Too few students by sex
	11th / 12th		41%	Too few students by grade



#### SECTION 4: SUBSTANCE USE

	E	VER TRIE	D FLAVO	RED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		14%	21%	Overall Differences: State vs SU
Sex	Male		24%	VT > SU
	Female		17%	Within SU Differences
Grade	9th / 10th		14%	Too few students by sex
	11th / 12th		27%	Too few students by grade

			EVER DR	ANK ALCOHOL
		SU/SD	VT	
Overall	_	45%	58%	Overall Differences: State vs SU
Sex	Male		57%	VT > SU
	Female		58%	Within SU Differences
Grade	9th / 10th		48%	Too few students by sex
	11th / 12th		68%	Too few students by grade

		DRANK A	ССОНОІ	L BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		19%	14%	Overall Differences: State vs SU
Sex	Male		16%	VT and SU are Similar
	Female		11%	Within SU Differences
Grade	9th / 10th		15%	Too few students by sex
	11th / 12th		12%	Too few students by grade



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

			EVER US	ED MARIJUANA
		SU/SD	VT	
Overall	_	25%	37%	Overall Differences: State vs SU
Sex	Male		37%	VT > SU
	Female		37%	Within SU Differences
Grade	9th / 10th		29%	Too few students by sex
	11th / 12th		46%	Too few students by grade

		TRIED MA	ARIJUAN.	A BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	-	7%	6%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		6%	Too few students by grade

	E	VER MISUS	SED PRES	SCRIPTION PAIN MEDICINE
		SU/SD	VT	
Overall		7%	8%	Overall Differences: State vs SU
Sex	Male		8%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	9th / 10th		7%	Too few students by sex
	11th / 12th		9%	Too few students by grade



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	]	EVER MISU	USED PR	ESCRIPTION STIMULANTS
		SU/SD	VT	
Overall	-		6%	Overall Differences: State vs SU
Sex	Male		7%	Too few students
	Female		6%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		8%	Too few students by grade

			EVER U	SED COCAINE
		SU/SD	VT	
Overall	_		4%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		3%	Too few students by sex
	11th / 12th		5%	Too few students by grade

			EVER US	ED INHALANTS
		SU/SD	VT	
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		6%	Too few students by grade



#### SECTION 4: SUBSTANCE USE

			EVER U	USED HEROIN
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	9th / 10th		1%	Too few students by sex
	11th / 12th		2%	Too few students by grade

		EVER	USED M	ETHAMPHETAMINES
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	9th / 10th		2%	Too few students by sex
	11th / 12th		3%	Too few students by grade



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	USED A	NY TOBA	CCO PRO	DUCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		16%	24%	Overall Differences: State vs SU
Sex	Male		28%	VT > SU
	Female		18%	Within SU Differences
Grade	9th / 10th		17%	Too few students by sex
	11th / 12th		30%	Too few students by grade

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT		
Overall		11%	19%	Overall Differences: State vs SU	
Sex	Male		23%	VT > SU	
	Female		14%	Within SU Differences	
Grade	9th / 10th		13%	Too few students by sex	
	11th / 12th		25%	Too few students by grade	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	9%	15%	Overall Differences: State vs SU	
Sex	Male		19%	VT > SU	
	Female		11%	Within SU Differences	
Grade	9th / 10th		10%	Too few students by sex	
	11th / 12th		20%	Too few students by grade	



#### SECTION 4: SUBSTANCE USE

		SMOKI	ED CIGAI	RETTES, PAST 30 DAYS
		SU/SD	VT	
Overall			9%	Overall Differences: State vs SU
Sex	Male		10%	Too few students
	Female		8%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		12%	Too few students by grade

AM	AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT					
1 or 2 days	·	29%	Too few students				
3 to 5 days		15%	Too few students				
6 to 9 days	•	10%	Too few students				
10 to 19 days		12%	Too few students				
20 to 29 days		9%	Too few students				
All 30 days	·	25%	Too few students				



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	AMONG C	URRENT S	MOKERS	S: SMOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall			25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	9th / 10th		22%	Too few students by sex
	11th / 12th		25%	Too few students by grade

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
	SU/SD	VT			
Less than 1 cigarette		30%	Too few students		
1 cigarette		19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		



#### SECTION 4: SUBSTANCE USE

**CURRENT USE** 

#### AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED SU/SD VT Overall 12% Overall Differences: State vs SU Sex Male 15% Too few students Female 6% Within SU Differences Grade 9th / 10th 10% Too few students by sex 11th / 12th 11% Too few students by grade

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS						
		SU/SD	VT			
Overall			12%	Overall Differences: State vs SU		
Sex	Male		14%	Too few students		
	Female		9%	Within SU Differences		
Grade	9th / 10th		9%	Too few students by sex		
	11th / 12th		15%	Too few students by grade		



#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them	•	35%	Too few students		
To try to quit other tobacco	·	5%	Too few students		
Cost less than other tobacco	·	1%	Too few students		
Easier to get than other tobacco		1%	Too few students		
Less harmful than other tobacco	·	8%	Too few students		
Available in flavors	·	17%	Too few students		
Used for some other reason		33%	Too few students		

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD	VT				
1 or 2 days		37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		7%	Too few students			
All 30 days		15%	Too few students			



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS						
		SU/SD	VT			
Overall			33%	Overall Differences: State vs SU		
Sex	Male		37%	Too few students		
	Female		26%	Within SU Differences		
Grade	9th / 10th		33%			
	11th / 12th		33%			

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18				
	SU/SD	VT		
Bought them in a store	•	8%	Too few students	
I got them on the Internet		10%	Too few students	
Someone else bought them		14%	Too few students	
Borrowed them	•	38%	Too few students	
A person 18 or older gave me	•	11%	Too few students	
Took them from a store	•	2%	Too few students	
Some other way	•	18%	Too few students	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		USED SMO	KELESS	TOBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		2%	Within SU Differences
Grade	9th / 10th		4%	Too few students by sex
	11th / 12th		6%	Too few students by grade

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS						
		SU/SD	VT			
Overall	<u> </u>		9%	Overall Differences: State vs SU		
Sex	Male		13%	Too few students		
	Female		6%	Within SU Differences		
Grade	9th / 10th		6%	Too few students by sex		
	11th / 12th		13%	Too few students by grade		

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR						
		SU/SD	VT				
Overall	-	·	33%	Overall Differences: State vs SU			
Sex	Male		30%	Too few students			
	Female		37%	Within SU Differences			
Grade	9th / 10th		34%	Too few students by sex			
	11th / 12th		32%	Too few students by grade			



#### SECTION 4: SUBSTANCE USE

		DRA	NK ALCO	OHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		14%	33%	Overall Differences: State vs SU
Sex	Male		32%	VT > SU
	Female		34%	Within SU Differences
Grade	9th / 10th		25%	Too few students by sex
	11th / 12th		41%	Too few students by grade

BINGE DRANK, PAST 30 DAYS						
		SU/SD	VT			
Overall	_	7%	17%	Overall Differences: State vs SU		
Sex	Male		17%	VT > SU		
	Female		17%	Within SU Differences		
Grade	9th / 10th		11%	Too few students by sex		
	11th / 12th		23%	Too few students by grade		



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING							
	SU/SD	VT					
1 or 2 days	•	49%	Too few students				
3 to 5 days	•	26%	Too few students				
6 to 9 days		13%	Too few students				
10 to 19 days		7%	Too few students				
20 to 29 days	•	2%	Too few students				
All 30 days		3%	Too few students				

AMONG CURRENT USERS: DRANK ON 10+ DAYS						
		SU/SD	VT			
Overall	-		12%	Overall Differences: State vs SU		
Sex	Male		15%	Too few students		
	Female		9%	Within SU Differences		
Grade	9th / 10th		11%	Too few students by sex		
	11th / 12th		13%	Too few students by grade		



#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED							
	SU/SD	VT					
1 or 2 drinks	•	35%	Too few students				
3 drinks	•	6%	Too few students				
4 drinks	•	8%	Too few students				
5 drinks		13%	Too few students				
6 or 7 drinks	•	15%	Too few students				
8 or 9 drinks	•	8%	Too few students				
10 or more drinks	•	14%	Too few students				

	AMONG	AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)						
		SU/SD	VT					
Overall	_		57%	Overall Differences: State vs SU				
Sex	Male		59%	Too few students				
	Female		55%	Within SU Differences				
Grade	9th / 10th		51%	Too few students by sex				
	11th / 12th		61%	Too few students by grade				



#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: ALCOHOL SOURCE						
	SU/SD	VT				
Bought in store		3%	Too few students			
Bought in restaurant		2%	Too few students			
Bought at public event		0%	Too few students			
I gave someone money to buy	•	23%	Too few students			
Someone gave it to me		40%	Too few students			
Took from store/family		12%	Too few students			
Some other way		20%	Too few students			

	UANA, PAST 30 DAYS			
		SU/SD	VT	
Overall	-	10%	24%	Overall Differences: State vs SU
Sex	Male		24%	VT > SU
	Female		23%	Within SU Differences
Grade	9th / 10th		18%	Too few students by sex
	11th / 12th		28%	Too few students by grade



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE							
	SU/SD	VT					
1 or 2 times	•	34%	Too few students				
3 to 9 times	•	25%	Too few students				
10 to 19 times		12%	Too few students				
20 to 39 times		10%	Too few students				
40 or more times		20%	Too few students				

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES						
		SU/SD	VT			
Overall	-		41%	Overall Differences: State vs SU		
Sex	Male		47%	Too few students		
	Female		35%	Within SU Differences		
Grade	9th / 10th		39%	Too few students by sex		
	11th / 12th		42%	Too few students by grade		

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED							
	SU/SD	VT					
Smoked it	•	91%	Too few students				
Ate in food		4%	Too few students				
Drank in tea or other drink		1%	Too few students				
Vaporized		2%	Too few students				
Some other way		2%	Too few students				



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

CURRENT USE

	М	ISUSED A 1	PRESCRI	PTION DRUG, PAST 30 DAYS
		SU/SD	VT	_
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		6%	Too few students by grade



### SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEA					
		SU/SD	VT		
Overall		8%	15%	Overall Differences: State vs SU	
Sex	Male		17%	VT > SU	
	Female		13%	Within SU Differences	
Grade	9th / 10th		15%	Too few students by sex	
	11th / 12th		15%	Too few students by grade	

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR					
		SU/SD	VT		
Overall	_	10%	13%	Overall Differences: State vs SU	
Sex	Male		14%	VT and SU are Similar	
	Female		12%	Within SU Differences	
Grade	9th / 10th		11%	Too few students by sex	
	11th / 12th		16%	Too few students by grade	



PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 35% 25% Male SU > VTSex 25% Female 24% Within SU Differences Grade 9th / 10th 29% Too few students by sex 11th / 12th20% Too few students by grade

THI	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT			
Overall	-	85%	84%	Overall Differences: State vs SU		
Sex	Male		82%	VT and SU are Similar		
	Female		86%	Within SU Differences		
Grade	9th / 10th		89%	Too few students by sex		
	11th / 12th		79%	Too few students by grade		



THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	-	75%	54%	Overall Differences: State vs SU	
Sex	Male		55%	SU > VT	
	Female		54%	Within SU Differences	
Grade	9th / 10th		65%	Too few students by sex	
	11th / 12th		44%	Too few students by grade	

TH	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA					
		SU/SD	VT			
Overall	•	79%	55%	Overall Differences: State vs SU		
Sex	Male		56%	SU > VT		
	Female		55%	Within SU Differences		
Grade	9th / 10th		64%	Too few students by sex		
	11th / 12th		46%	Too few students by grade		



PERCEPTIONS OF USE

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES VT SU/SD Overall 87% 91% Overall Differences: State vs SU Sex Male VT and SU are Similar 90% Female 93% Within SU Differences Grade 9th / 10th 94% Too few students by sex 89% 11th / 12thToo few students by grade

THIN	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL						
		SU/SD	VT				
Overall	-	68%	66%	Overall Differences: State vs SU			
Sex	Male		64%	VT and SU are Similar			
	Female		67%	Within SU Differences			
Grade	9th / 10th		75%	Too few students by sex			
	11th / 12th		57%	Too few students by grade			



THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	_	80%	76%	Overall Differences: State vs SU	
Sex	Male		75%	VT and SU are Similar	
	Female		77%	Within SU Differences	
Grade	9th / 10th		81%	Too few students by sex	
	11th / 12th		72%	Too few students by grade	

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY					
	SU/SD	VT			
No risk	21%	5%	SU > VT		
Slight risk	11%	9%			
Moderate risk	24%	18%			
Great risk	44%	68%	VT > SU		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall		44%	68%	Overall Differences: State vs SU	
Sex	Male		66%	VT > SU	
	Female		70%	Within SU Differences	
Grade	9th / 10th		66%	Too few students by sex	
	11th / 12th		70%	Too few students by grade	



PERCE	CIVED RISI	K OF HA
	SU/SD	VT
No risk	20%	6%
Slight risk	16%	19%
Moderate risk	31%	39%
Great risk	33%	36%

THINI	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND					
		SU/SD	VT			
Overall		33%	36%	Overall Differences: State vs SU		
Sex	Male		32%	VT and SU are Similar		
	Female		41%	Within SU Differences		
Grade	9th / 10th		38%	Too few students by sex		
	11th / 12th		34%	Too few students by grade		

PERCEIV	PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE								
	SU/SD	VT							
No risk	32%	21%	SU > VT						
Slight risk	19%	29%	VT > SU						
Moderate risk	24%	26%							
Great risk	25%	24%							



THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY						
		SU/SD	VT			
Overall	_	25%	24%	Overall Differences: State vs SU		
Sex	Male		21%	VT and SU are Similar		
	Female		28%	Within SU Differences		
Grade	9th / 10th		29%	Too few students by sex		
	11th / 12th		20%	Too few students by grade		

	PERCEIVED ACCESS TO CIGARETTES						
	SU/SD	VT					
Very hard	42%	24%	SU > VT				
Sort of hard	13%	21%	VT > SU				
Sort of easy	15%	22%	VT > SU				
Very easy	29%	32%					

SAY II	F THEY WAN	FED CIGA		T WOULD BE SORT OF EASY OR VERY EASY HEM TO GET
		SU/SD	VT	
Overall	-	44%	55%	Overall Differences: State vs SU
Sex	Male		57%	VT > SU
	Female		52%	Within SU Differences
Grade	9th / 10th		43%	Too few students by sex
	11th / 12th		66%	Too few students by grade



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	PERCEIVED ACCESS TO ALCOHOL						
	SU/SD	VT					
Very hard	30%	15%	SU > VT				
Sort of hard	13%	18%					
Sort of easy	21%	31%	VT > SU				
Very easy	36%	37%					

SAY IF	SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		SU/SD	VT				
Overall		57%	68%	Overall Differences: State vs SU			
Sex	Male		67%	VT > SU			
	Female		69%	Within SU Differences			
Grade	9th / 10th		62%	Too few students by sex			
	11th / 12th		73%	Too few students by grade			

	PERCEIVED ACCESS TO MARIJUANA							
	SU/SD	VT						
Very hard	52%	27%	SU > VT					
Sort of hard	12%	15%						
Sort of easy	15%	22%	VT > SU					
Very easy	21%	37%	VT > SU					



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

SAY II	F THEY WAN	TED MAR		T WOULD BE SORT OF EASY OR VERY EASY HEM TO GET
		SU/SD	VT	
Overall	_	36%	58%	Overall Differences: State vs SU
Sex	Male		59%	VT > SU
	Female		57%	Within SU Differences
Grade	9th / 10th		49%	Too few students by sex
	11th / 12th		67%	Too few students by grade



#### SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

	LIFETIME SEXUAL CONTACTS: MALES					
	SU/SD	VT				
Never had sexual contact	•	42%	Too few students			
Females		54%	Too few students			
Males		2%	Too few students			
Females and males		2%	Too few students			

	LIFETIME SEXUAL CONTACTS: FEMALES					
	SU/SD	VT				
Never had sexual contact		43%	Too few students			
Females		2%	Too few students			
Males		48%	Too few students			
Females and males		7%	Too few students			

		EVER	R HAD SE	XUAL INTERCOURSE
		SU/SD	VT	
Overall	-	51%	40%	Overall Differences: State vs SU
Sex	Male		40%	SU > VT
	Female		40%	Within SU Differences
Grade	9th / 10th		26%	Too few students by sex
	11th / 12th		54%	Too few students by grade



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE	HAD 4+ 1	LIFETIME PARTNERS
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female		8%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		13%	Too few students by grade

			EVER H	AD ORAL SEX
		SU/SD	VT	
Overall	_	50%	42%	Overall Differences: State vs SU
Sex	Male		42%	VT and SU are Similar
	Female		42%	Within SU Differences
Grade	9th / 10th		30%	Too few students by sex
	11th / 12th		55%	Too few students by grade

,	WERE EVER	TESTED F	OR HUM	AN IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall	-	14%	10%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female		12%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		13%	Too few students by grade



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SE	XUAL INT	ERCOUR	SE DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		36%	31%	Overall Differences: State vs SU
Sex	Male		29%	VT and SU are Similar
	Female		32%	Within SU Differences
Grade	9th / 10th		19%	Too few students by sex
	11th / 12th		43%	Too few students by grade

USED	ALCOHOL O			LAST INTERCOURSE, AMONG CURRENTLY ACTIVE STUDENTS
		SU/SD	VT	
Overall			20%	Overall Differences: State vs SU
Sex	Male		22%	Too few students
	Female		17%	Within SU Differences
Grade	9th / 10th		23%	Too few students by sex
	11th / 12th		18%	Too few students by grade



#### **SECTION 5: SEXUAL HEALTH**

CURRENT SEXUAL ACTIVITY

#### PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE **STUDENTS** SU/SD VT No method was used 7% Too few students Birth control pills 32% Too few students Condoms 35% Too few students IUD or implant Too few students 13% Shot/patch/birth control ring 5% Too few students Withdrawal/other method 5% Too few students Not sure 2% Too few students

# USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD VT Overall Differences: State vs SU Sex Male . 40% Too few students Female . 60% Within SU Differences

Too few students by sex

Too few students by grade

39%

56%

Grade

9th / 10th

11th / 12th



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

HIGH SCHOOL RESULTS

#### SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	CONDOM U	SE, AMON	G CURRE	ENTLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall			56%	Overall Differences: State vs SU
Sex	Male		61%	Too few students
	Female		52%	Within SU Differences
Grade	9th / 10th		62%	Too few students by sex
	11th / 12th		54%	Too few students by grade

			AL INTE	CRIPTION BIRTH CONTROL TO PREVENT RCOURSE, AMONG CURRENTLY SEXUALLY E STUDENTS
		SU/SD	VT	
Overall	-	·	19%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		22%	Within SU Differences
Grade	9th / 10th		16%	Too few students by sex
	11th / 12th		20%	Too few students by grade



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

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#### SECTION 5: SEXUAL HEALTH

#### CURRENT SEXUAL ACTIVITY

DID	NOT USE AN			EVENT PREGNANCY, AMONG CURRENTLY ACTIVE STUDENTS
		SU/SD	VT	
Overall	-	·	7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		7%	Within SU Differences
Grade	9th / 10th		10%	Too few students by sex
	11th / 12th		6%	Too few students by grade



#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERW	EIGHT (BMI	BETWEEN	THE 85tl	h AND <95th PERCENTILES FOR AGE AND SEX)
		SU/SD	VT	
Overall		20%	14%	Overall Differences: State vs SU
Sex	Male		14%	VT and SU are Similar
	Female		15%	Within SU Differences
Grade	9th / 10th		15%	Too few students by sex
	11th / 12th		13%	Too few students by grade

	OBI	ESE (BMI >	95th PER	CENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall	-	8%	13%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		10%	Within SU Differences
Grade	9th / 10th		12%	Too few students by sex
	11th / 12th		13%	Too few students by grade

	PE	RCEPTIO	ONS OF OWN WEIGHT
	SU/SD	VT	
Very underweight	7%	2%	SU > VT
Slightly underweight	11%	12%	
About the right weight	52%	56%	
Slightly overweight	28%	25%	
Very overweight	•	5%	Too few students



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

	DESCRIBE	D THEMSE	ELVES AS	SLIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall		29%	30%	Overall Differences: State vs SU
Sex	Male		25%	VT and SU are Similar
	Female		36%	Within SU Differences
Grade	9th / 10th		29%	Too few students by sex
	11th / 12th		31%	Too few students by grade

v	VHAT ONE	IS TRY
	SU/SD	VT
Lose weight	44%	42%
Gain weight	17%	15%
Stay the same weight	11%	18%
Not trying to do anything	27%	25%

		WER	E TRYIN	G TO LOSE WEIGHT
		SU/SD	VT	
Overall		44%	42%	Overall Differences: State vs SU
Sex	Male		28%	VT and SU are Similar
	Female		57%	Within SU Differences
Grade	9th / 10th		42%	Too few students by sex
	11th / 12th		42%	Too few students by grade



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS	PHYSIC	CALLY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	21%	13%	SU > VT
1 day	7%	7%	
2 days	•	9%	Too few students
3 days	13%	12%	
4 days	12%	11%	
5 days	•	14%	Too few students
6 days	•	10%	Too few students
7 days	33%	25%	SU > VT

WEI	RE PHYSICAI	LLY ACTIV	VE AT LE	AST 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	33%	25%	Overall Differences: State vs SU
Sex	Male		33%	SU > VT
	Female		17%	Within SU Differences
Grade	9th / 10th		27%	Too few students by sex
	11th / 12th		24%	Too few students by grade



HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK				
		SU/SD	VT	
Overall	-	41%	49%	Overall Differences: State vs SU
Sex	Male		56%	VT and SU are Similar
	Female		42%	Within SU Differences
Grade	9th / 10th		51%	Too few students by sex
	11th / 12th		47%	Too few students by grade

DID N	DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK						
		SU/SD	VT				
Overall		21%	13%	Overall Differences: State vs SU			
Sex	Male		11%	SU > VT			
	Female		14%	Within SU Differences			
Grade	9th / 10th		11%	Too few students by sex			
	11th / 12th		14%	Too few students by grade			



HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

TV, VIDEO (	MES, OR COMPUTER USE, PAST WEEK		
	SU/SD	VT	
Do not watch TV	13%	3%	SU > VT
Less than 1 hour per day		8%	Too few students
1 hour per day	13%	12%	
2 hours per day	12%	23%	VT > SU
3 hours per day	11%	21%	VT > SU
4 hours per day	20%	13%	SU > VT
5 or more hours per day	28%	19%	SU > VT

WATCH	WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK						
		SU/SD	VT				
Overall	_	58%	53%	Overall Differences: State vs SU			
Sex	Male		53%	VT and SU are Similar			
	Female		52%	Within SU Differences			
Grade	9th / 10th		53%	Too few students by sex			
	11th / 12th		52%	Too few students by grade			



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall	-	17%	33%	Overall Differences: State vs SU	
Sex	Male		32%	VT > SU	
	Female		33%	Within SU Differences	
Grade	9th / 10th		33%	Too few students by sex	
	11th / 12th		32%	Too few students by grade	

	ATE VEGE	TABLES TI	HREE OR	MORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		6%	18%	Overall Differences: State vs SU
Sex	Male		18%	VT > SU
	Female		18%	Within SU Differences
Grade	9th / 10th		18%	Too few students by sex
	11th / 12th		18%	Too few students by grade



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

SODA CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink soda or pop	29%	37%			
1 to 3 times	48%	40%			
4 to 6 times	11%	12%			
1 time per day		4%	Too few students		
2 times per day		3%	Too few students		
3 times per day		1%	Too few students		
4 or more times per day		3%	Too few students		

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall	-	11%	11%	Overall Differences: State vs SU	
Sex	Male		16%	VT and SU are Similar	
	Female	•	6%	Within SU Differences	
Grade	9th / 10th		11%	Too few students by sex	
	11th / 12th		12%	Too few students by grade	



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink sugar-sweetened	24%	28%			
1 to 3 times	42%	44%			
4 to 6 times	20%	15%			
1 time per day		6%	Too few students		
2 times per day		3%	Too few students		
3 times per day		1%	Too few students		
4 or more times per day		2%	Too few students		

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall		14%	12%	Overall Differences: State vs SU	
Sex	Male		15%	VT and SU are Similar	
	Female		9%	Within SU Differences	
Grade	9th / 10th		12%	Too few students by sex	
	11th / 12th		13%	Too few students by grade	



## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	WATI	ER CONS	SUMPTION, PAST WEEK
	SU/SD	VT	
Did not drink water	12%	4%	SU > VT
1 to 3 times	21%	9%	SU > VT
4 to 6 times	19%	11%	SU > VT
1 time per day	4%	9%	VT > SU
2 times per day	15%	16%	
3 times per day	14%	19%	
4 or more times per day	14%	33%	VT > SU

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK					
		SU/SD	VT		
Overall	-	28%	52%	Overall Differences: State vs SU	
Sex	Male		51%	VT > SU	
	Female		53%	Within SU Differences	
Grade	9th / 10th		51%	Too few students by sex	
	11th / 12th		53%	Too few students by grade	



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK				
	SU/SD	VT		
0 days	16%	11%	SU > VT	
1 day	9%	6%		
2 days	6%	9%		
3 days	6%	10%		
4 days		8%	Too few students	
5 days	8%	9%		
6 days		7%	Too few students	
7 days	50%	40%	SU > VT	

		DID NO	T EAT BR	REAKFAST, PAST WEEK
		SU/SD	VT	
Overall	_	16%	11%	Overall Differences: State vs SU
Sex	Male		11%	SU > VT
	Female		10%	Within SU Differences
Grade	9th / 10th		10%	Too few students by sex
	11th / 12th		10%	Too few students by grade



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	64%	75%	VT > SU			
Rarely	21%	15%	SU > VT			
Sometimes	10%	7%				
Most of the time	•	2%	Too few students			
Always	•	1%	Too few students			

	MOST OF	THE TIME	OR ALW	AYS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall	-		3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	9th / 10th		3%	Too few students by sex
	11th / 12th		3%	Too few students by grade



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT HIGH SCHOOL RESULTS

#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

#### USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING SU/SD VT Overall 8% Overall Differences: State vs SU 4% Male SU > VTSex 4% Female 3% Within SU Differences Grade 9th / 10th 3% Too few students by sex $11th \, / \, 12th$ 5% Too few students by grade



	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	12%	9%				
1 day	•	4%	Too few students			
2 days	•	4%	Too few students			
3 days	•	6%	Too few students			
4 days	6%	8%				
5 days	16%	13%				
6 days		12%	Too few students			
7 days	47%	44%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	75%	77%	Overall Differences: State vs SU		
Sex	Male		80%	VT and SU are Similar		
	Female		75%	Within SU Differences		
Grade	9th / 10th		82%	Too few students by sex		
	11th / 12th		73%	Too few students by grade		



GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	54%	46%				
Mostly B's	33%	39%				
Mostly C's	12%	12%				
Mostly D's		2%	Too few students			
Mostly F's	٠	1%	Too few students			

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT		
Overall	-	76%	80%	Overall Differences: State vs SU	
Sex	Male		80%	VT and SU are Similar	
	Female		81%	Within SU Differences	
Grade	9th / 10th		78%	Too few students by sex	
	11th / 12th		82%	Too few students by grade	

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	29%	21%	SU > VT				
Agree	27%	44%	VT > SU				
Not sure	27%	19%	SU > VT				
Disagree	11%	11%					
Strongly disagree		5%	Too few students				



STR	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
SU/SD VT							
Overall	-	56%	65%	Overall Differences: State vs SU			
Sex	Male		69%	VT > SU			
	Female		61%	Within SU Differences			
Grade	9th / 10th		66%	Too few students by sex			
	11th / 12th		64%	Too few students by grade			

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	13%	5%	SU > VT		
Probably will not	7%	5%			
Probably will	20%	22%			
Definitely will	40%	57%	VT > SU		
Not sure	20%	11%	SU > VT		

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT			
Overall	-	60%	79%	Overall Differences: State vs SU		
Sex	Male		75%	VT > SU		
	Female		83%	Within SU Differences		
Grade	9th / 10th		76%	Too few students by sex		
	11th / 12th		82%	Too few students by grade		



HOURS S	HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT					
0 hours	33%	33%					
1 to 4 hours	22%	27%					
5 to 9 hours	22%	17%					
10 to 19 hours	9%	17%	VT > SU				
20 or more hours	12%	6%	SU > VT				

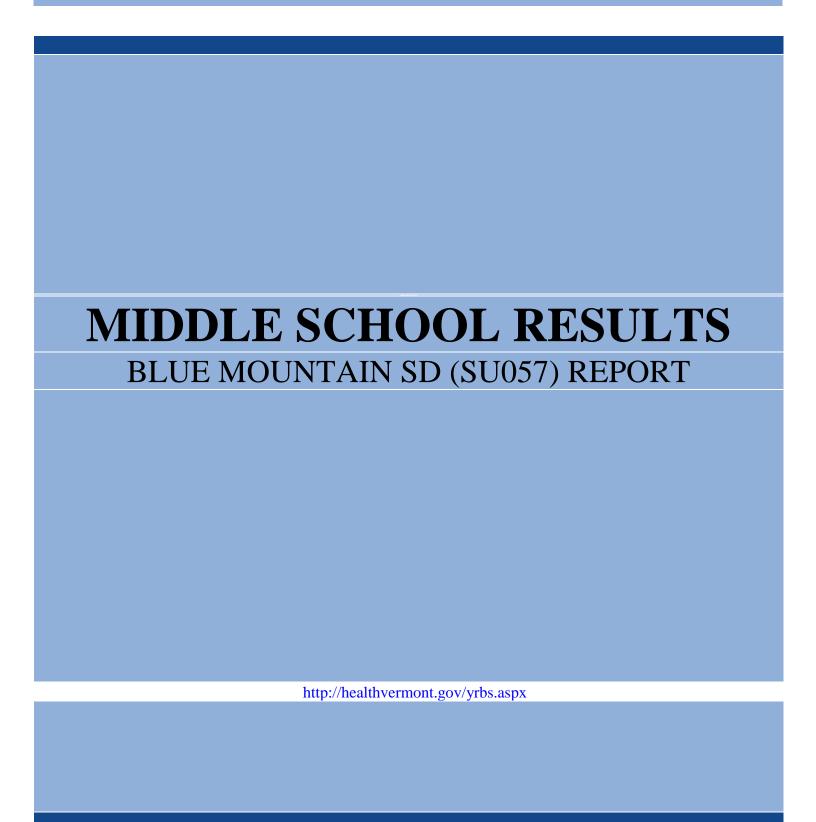
SPE	SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK							
SU/SD VT								
Overall		22%	24%	Overall Differences: State vs SU				
Sex	Male		24%	VT and SU are Similar				
	Female		24%	Within SU Differences				
Grade	9th / 10th		22%	Too few students by sex				
	11th / 12th		25%	Too few students by grade				

	MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT				
Strongly agree	22%	19%				
Agree	30%	41%	VT > SU			
Not sure	32%	25%				
Disagree		9%	Too few students			
Strongly disagree	10%	5%	SU > VT			



STRON	STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE						
SU/SD VT							
Overall		52%	61%	Overall Differences: State vs SU			
Sex	Male		65%	VT > SU			
	Female		57%	Within SU Differences			
Grade	9th / 10th		60%	Too few students by sex			
	11th / 12th		61%	Too few students by grade			







#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT MIDDLE SCHOOL RESULTS

#### **SECTION 1: DEMOGRAPHICS**

MIDDLE SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Overall	97	16701			

		SU/SD	VT
Sex	Male	54%	52%
	Female	46%	48%
Grade	6th Grade	32%	24%
	7th Grade	40%	39%
	8th Grade	28%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	74%	81%
	Students of Color (REM)	26%	19%
Sexual Orientation	Heterosexual (Het)	96%	93%
	Lesbian, Gay, or Bisexual (LGB)	4%	7%



#### SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT					
	SU/SD	VT			
Overall	53%	42%	SU > VT		

WERE EVER BULLIED ON SCHOOL PROPERTY					
	SU/SD	VT			
Overall	48%	44%	VT and SU are Similar		

WERE EVER ELECTRONICALLY BULLIED					
	SU/SD	VT			
Overall	22%	24%	VT and SU are Similar		

WERE BULLIED, PAST 30 DAYS					
	SU/SD	VT			
Overall	29%	22%	SU > VT		

BULLIED SOMEONE ELSE, PAST 30 DAYS					
	SU/SD	VT			
Overall	9%	8%	VT and SU are Similar		



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT MIDDLE SCHOOL RESULTS

#### **SECTION 2: PERSONAL SAFETY**

VIOLENCE AND BULLYING

# DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT Overall 6% 8% VT > SU



MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

CAR SAFETY

		\$	SEATBELT USE
	SU/SD	VT	
Never		1%	Too few students
Rarely	٠	1%	Too few students
Sometimes		3%	Too few students
Most of the time	19%	18%	
Always	74%	76%	

RARELY OR NEVER WEAR A SEAT BELT				
	SU/SD	VT		
Overall		2%	Too few students	

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
	SU/SD	VT		
Overall	32%	22%	SU > VT	

EVE	R RODE WI	TH A DRI	VER WHO HAD BEEN USING MARIJUANA
	SU/SD	VT	
Overall		9%	Too few students



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

	HELMET U	USE WHI	EN RIDING A BICYCLE
	SU/SD	VT	
Never wear a helmet	26%	16%	SU > VT
Rarely wear a helmet	27%	15%	SU > VT
Sometimes wear a helmet	17%	15%	
Most of the time wear a helmet	14%	25%	VT > SU
Always wear a helmet	16%	28%	VT > SU

RARELY OR NEVER WEAR A BICYCLE HELMET				
	SU/SD	VT		
Overall	53%	31%	SU > VT	

HELMET USE WHEN SKIING OR SNOWBOARDING				
	SU/SD	VT		
Never wear a helmet		5%	Too few students	
Rarely wear a helmet		2%	Too few students	
Sometimes wear a helmet	•	2%	Too few students	
Most of the time wear a helmet		7%	Too few students	
Always wear a helmet	•	83%	Too few students	

	RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING				
	SU/SD	VT			
Overall		7%	Too few students		



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HAD A	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE				
	SU/SD	VT			
Overall	16%	17%	VT and SU are Similar		



## SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WER	WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
	SU/SD	VT			
Overall	37%	26%	SU > VT		

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
	SU/SD	VT		
Overall	34%	19%	SU > VT	

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
	SU/SD	VT			
Never	12%	9%	SU > VT		
Rarely	11%	14%			
Sometimes	26%	27%			
Most of the time	37%	29%	SU > VT		
Always	13%	21%	VT > SU		

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
	SU/SD	VT		
Overall	50%	50%	VT and SU are Similar	



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT MIDDLE SCHOOL RESULTS

## SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
	SU/SD	VT			
Overall	28%	30%	VT and SU are Similar		



#### SECTION 3: MENTAL HEALTH

	FELT SAD OR HOPELESS, PAST YEAR				
	SU/SD	VT			
Overall	28%	19%	SU > VT		

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES				
	SU/SD	VT		
Overall	25%	18%	SU > VT	

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
	SU/SD	VT		
Overall	20%	12%	SU > VT	

	EVER ATTEMPTED SUICIDE				
	SU/SD	VT			
Overall	6%	6%	VT and SU are Similar		



#### SECTION 4: SUBSTANCE USE

LIFETIME USE

	E	VER SMO	OKED A WHOLE CIGARETTE
	SU/SD	VT	
Overall		7%	Too few students
	EVER	USED AN	N ELECTRONIC VAPOR PRODUCT
	SU/SD	VT	
Overall		9%	Too few students
	EVER	USED A	FLAVORED TOBACCO PRODUCT
	SU/SD	VT	
Overall		5%	Too few students
		EV	ER DRANK ALCOHOL
	SU/SD	VT	
Overall	17%	19%	VT and SU are Similar
		EV	ER USED MARIJUANA
	SU/SD	VT	
Overall		7%	Too few students
		EV	ER USED INHALANTS
	SU/SD	VT	



Overall

6%

4%

SU > VT

# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
	SU/SD	VT		
Overall		2%	Too few students	

			IPTION STIMULANT WITHOUT A DOCTOR'S ENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT
	SU/SD	VT	
Overall		2%	Too few students



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

USED TOBACCO PRODUCTS, PAST YEAR			
	SU/SD	VT	
Overall		5%	Too few students

SMOK	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS			
	SU/SD	VT		
Overall		5%	Too few students	

SMOK	ED CIGARI	ETTES C	OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS
	SU/SD	VT	
Overall		3%	Too few students

	SMOKED CIGARETTES, PAST 30 DAYS				
	SU/SD	VT			
Overall		2%	Too few students		



#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette	•	33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes	•	23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes	•		Too few students		
More than 20 cigarettes	•	14%	Too few students		

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS				
	SU/SD	VT		
Overall	·	4%	Too few students	

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT					
	SU/SD	VT			
Friend/family used them		38%	Too few students		
To try to quit other tobacco products		3%	Too few students		
Cost less		1%	Too few students		
Easier to get		1%	Too few students		
Less harmful		7%	Too few students		
Available in flavors		13%	Too few students		
Used for some other reason		36%	Too few students		



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them	٠	44%	Too few students		
A person 18 or older gave me	٠	9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
1 or 2 days		49%	Too few students		
3 to 5 days		16%	Too few students		
6 to 9 days		10%	Too few students		
10 to 19 days		6%	Too few students		
20 to 29 days		5%	Too few students		
All 30 days		15%	Too few students		

	SMOKED CIGARS, PAST 30 DAYS				
	SU/SD	VT			
Overall	·	1%	Too few students		



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
	SU/SD	VT		
Overall		1%	Too few students	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
	SU/SD	VT			
Overall	·	36%	Too few students		

	DRANK ALCOHOL, PAST 30 DAYS				
	SU/SD	VT			
Overall	8%	7%	VT and SU are Similar		

		BING	BINGE DRANK, PAST 30 DAYS		
	SU/SD	VT			
Overall		2%	Too few students		



# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT

MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks	•	63%	Too few students			
3 drinks	•	10%	Too few students			
4 drinks	•	7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks	•	4%	Too few students			
8 or 9 drinks		2%	Too few students			
10 or more drinks	•	9%	Too few students			

	USED MARIJUANA, PAST 30 DAYS		
	SU/SD	VT	
Overall		4%	Too few students



MIDDLE SCHOOL RESULTS

#### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS ABOUT USE

#### THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO **SMOKE CIGARETTES** $\mathbf{V}\mathbf{T}$ SU/SD

Overall 91% 95% VT > SU

#### THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL

SU/SD VT

86% 89% VT > SUOverall

#### THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO **USE MARIJUANA**

VT SU/SD

93% 90% SU > VTOverall

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

SU/SD VT

96% 95% VT and SU are Similar Overall

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

SU/SD VT

Overall 82% 85% VT > SU



#### SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

# THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

SU/SD VT

Overall 95% 92% SU > VT

#### THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

SU/SD VT

Overall 26% 22% SU > VT

#### THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

SU/SD VT

Overall 46% 37% SU > VT

#### THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET

SU/SD VT

Overall 7% 15% VT > SU

### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

SU/SD VT

Overall 71% 72% VT and SU are Similar



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK I	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND			
	SU/SD	VT		
Overall	42%	48%	VT > SU	

THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY			
	SU/SD	VT		
Overall	62%	59%	VT and SU are Similar	



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY BLUE MOUNTAIN SD (SU057) REPORT MIDDLE SCHOOL RESULTS

#### SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall		5%	Too few students

EVER HAD ORAL SEX			
	SU/SD	VT	
Overall	7%	6%	VT and SU are Similar



DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK				
	SU/SD	VT		
0 days	•	7%	Too few students	
1 day		4%	Too few students	
2 days	7%	7%		
3 days	13%	10%	SU > VT	
4 days	12%	11%		
5 days	12%	15%		
6 days	9%	11%		
7 days	38%	34%	SU > VT	

WERE	PHYSICALI	LY ACTI	IVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS
	SU/SD	VT	
Overall	38%	34%	SU > VT

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS			
	SU/SD	VT	
Overall	60%	60%	VT and SU are Similar

	WERE NOT PHYSICALLY ACTIVE PAST WEEK			
	SU/SD	VT		
Overall		7%	Too few students	



I	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK				
	SU/SD	VT			
0 days	10%	25%	VT > SU		
1 day	•	7%	Too few students		
2 days		8%	Too few students		
3 days	11%	8%			
4 days		5%	Too few students		
5 days	70%	46%	SU > VT		

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL				
	SU/SD	VT		
Overall	10%	25%	VT > SU	

RII	RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS					
	SU/SD	VT				
0 days	95%	77%	SU > VT			
1 day	•	3%	Too few students			
2 days		3%	Too few students			
3 days	•	4%	Too few students			
4 days		2%	Too few students			
5 days		10%	Too few students			



WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY				
	SU/SD	VT		
Overall	·	10%	Too few students	

WATCH TELEVISION, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No TV on average school day	9%	18%	VT > SU		
Less than 1 hour per day	13%	23%	VT > SU		
1 hour per day	19%	18%			
2 hours per day	27%	20%	SU > VT		
3 hours per day	21%	10%	SU > VT		
4 hours per day		4%	Too few students		
5 or more hours per day	11%	6%	SU > VT		

	WATCHED TV 3+ HOURS PER DAY					
	SU/SD	VT				
Overall	32%	20%	SU > VT			



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY				
	SU/SD	VT		
No playing video/computer game	7%	12%	VT > SU	
Less than 1 hour per day	14%	17%		
1 hour per day	11%	15%	VT > SU	
2 hours per day	23%	18%	SU > VT	
3 hours per day	11%	14%		
4 hours per day	8%	8%		
5 or more hours per day	26%	16%	SU > VT	

PLAYED	PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY				
	SU/SD	VT			
Overall	45%	38%	SU > VT		

	BREAKFAST CONSUMPTION, PAST WEEK				
	SU/SD	VT			
0 days	9%	7%	SU > VT		
1 day		4%	Too few students		
2 days	7%	7%			
3 days	7%	7%			
4 days		6%	Too few students		
5 days	7%	8%			
6 days	5%	9%	VT > SU		
7 days	55%	52%			



DID NOT EAT BREAKFAST, PAST WEEK				
	SU/SD	VT		
Overall	9%	7%	SU > VT	

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	SU/SD	VT			
Did not drink water	•	3%	Too few students		
1 to 3 times	17%	9%	SU > VT		
4 to 6 times	8%	10%			
1 time per day	10%	6%	SU > VT		
2 times per day	12%	16%	VT > SU		
3 times per day	12%	19%	VT > SU		
4 or more times per day	37%	37%			

	DRANK TH	REE OF	R MORE GLASSES PER DAY OF WATER
	SU/SD	VT	
Overall	49%	56%	VT > SU



#### SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	78%	77%				
Rarely	12%	14%				
Sometimes	9%	7%				
Most of the time		1%	Too few students			
Always	•	1%	Too few students			

MOST O	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME				
	SU/SD	VT			
Overall		2%	Too few students		

BORN OUTSIDE THE U.S.				
	SU/SD	VT		
Overall		6%	Too few students	



#### SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK				
	SU/SD	VT		
0 days	7%	5%	SU > VT	
1 day	•	2%	Too few students	
2 days		2%	Too few students	
3 days		3%	Too few students	
4 days	9%	4%	SU > VT	
5 days		7%	Too few students	
6 days	10%	10%		
7 days	63%	66%		

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
	SU/SD	VT		
Overall	86%	88%	VT and SU are Similar	

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS				
	SU/SD	VT		
Strongly agree	25%	28%		
Agree	49%	43%	SU > VT	
Not sure	12%	17%	VT > SU	
Disagree	6%	8%	VT > SU	
Strongly disagree	9%	5%	SU > VT	



#### SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR			
	SU/SD	VT	
Overall	74%	71%	VT and SU are Similar

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM			
	SU/SD	VT	
Overall	74%	76%	VT and SU are Similar

GRADES EARNED IN SCHOOL			DES EARNED IN SCHOOL
	SU/SD	VT	
Mostly A's	42%	46%	
Mostly B's	42%	38%	
Mostly C's	11%	12%	
Mostly D's		3%	Too few students
Mostly F's		1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY				
	SU/SD	VT		
Strongly agree	34%	27%	SU > VT	
Agree	22%	36%	VT > SU	
Not sure	31%	24%	SU > VT	
Disagree		7%	Too few students	
Strongly disagree	9%	5%	SU > VT	



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SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE			
	SU/SD	VT	
Overall	56%	64%	VT > SU

