2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR ORLEANS CENTRAL SU (SU034)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

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2017	VERMONT	YOUTH	RISK E	BEHAVI	OR S	SURV	EY
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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

ORLEANS CENTRAL SU (SU034) REPORT

http://healthvermont.gov/yrbs



SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	404	27349		

		SU/SD	VT
Sex	Male	51%	51%
	Female	49%	49%
Grade	9th Grade	25%	25%
	10th Grade	27%	25%
	11th Grade	25%	25%
	12th Grade	24%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	83%
	Students of Color (REM)	5%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	92%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	8%	11%



SECTION 2: PERSONAL SAFETY

	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		23%	17%	Overall Differences: State vs SU
Sex	Male	29%	22%	SU > VT
	Female	16%	11%	Within SU Differences
Grade	Grade 9	31%	21%	Males > Females
	Grade 10	25%	18%	9 > 12
	Grade 11	21%	15%	10 > 12
	Grade 12	13%	13%	

W	ERE IN A PH	HYSICAL F	IGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall		11%	7%	Overall Differences: State vs SU
Sex	Male	15%	9%	SU > VT
	Female	6%	3%	Within SU Differences
Grade	Grade 9	18%	9%	Males > Females
	Grade 10	13%	7%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	_
Overall		15%	7%	Overall Differences: State vs SU
Sex	Male	27%	10%	SU > VT
	Female		3%	Within SU Differences
Grade	Grade 9	10%	5%	Too few students by sex
	Grade 10	18%	6%	10 > 9
	Grade 11	12%	8%	12 > 9
	Grade 12	20%	8%	

WERE T	WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT				
Overall		7%	5%	Overall Differences: State vs SU			
Sex	Male	10%	6%	SU > VT			
	Female	4%	3%	Within SU Differences			
Grade	Grade 9	8%	6%	Males > Females			
	Grade 10	8%	5%	Too few students in at least one grade			
	Grade 11		4%				
	Grade 12	7%	4%				



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	13%	10%	VT and SU are Similar
	Female	20%	22%	Within SU Differences
Grade	Grade 9	21%	19%	Females > Males
	Grade 10	13%	16%	9 > 12
	Grade 11	21%	15%	11 > 12
	Grade 12	9%	13%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	16%	Overall Differences: State vs SU
Sex	Male	17%	11%	SU > VT
	Female	24%	20%	Within SU Differences
Grade	Grade 9	21%	21%	
	Grade 10	22%	16%	
	Grade 11	23%	14%	
	Grade 12	15%	12%	



SECTION 2: PERSONAL SAFETY

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		13%	9%	Overall Differences: State vs SU
Sex	Male	16%	10%	SU > VT
	Female	11%	8%	Within SU Differences
Grade	Grade 9	11%	9%	
	Grade 10	16%	9%	
	Grade 11	14%	9%	
	Grade 12	11%	8%	

DID N	NOT GO TO	SCHOOL 1	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	-	5%	5%	Overall Differences: State vs SU
Sex	Male	4%	4%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11	10%	5%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WER	RE EVER PH	IYSICALL	Y FORCE	ED TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	5%	3%	VT and SU are Similar
	Female	8%	9%	Within SU Differences
Grade	Grade 9	·	5%	Too few students in at least one grade
	Grade 10	7%	5%	
	Grade 11	12%	7%	
	Grade 12		7%	

	EXPERIE	ENCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male	4%	5%	VT and SU are Similar
	Female	14%	15%	Within SU Differences
Grade	Grade 9	14%	10%	Females > Males
	Grade 10	13%	11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DA				ATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male	7%	6%	SU > VT
	Female	12%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	14%	7%	
	Grade 11		7%	
	Grade 12		7%	



SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	14%	7%	Overall Differences: State vs SU	
Sex	Male	22%	9%	SU > VT	
	Female	6%	5%	Within SU Differences	
Grade	Grade 9		5%	Males > Females	
	Grade 10	11%	4%	Too few students in at least one grade	
	Grade 11		7%		
	Grade 12		10%		

DROV	E A CAR O	R OTHER		E AFTER USING MARIJUANA, PAST 30 AYS
		SU/SD	VT	
Overall		13%	14%	Overall Differences: State vs SU
Sex	Male	14%	16%	VT and SU are Similar
	Female	11%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		15%	
	Grade 12		21%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE V	RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT			
Overall		25%	18%	Overall Differences: State vs SU		
Sex	Male	24%	17%	SU > VT		
	Female	26%	19%	Within SU Differences		
Grade	Grade 9	22%	17%	12 > 9		
	Grade 10	22%	18%	12 > 10		
	Grade 11	21%	18%	12 > 11		
	Grade 12	36%	18%			

RODE	WITH A DR	IVER WHO	O HAD BE	CEN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall		22%	20%	Overall Differences: State vs SU
Sex	Male	21%	20%	VT and SU are Similar
	Female	22%	20%	Within SU Differences
Grade	Grade 9	16%	13%	12 > 9
	Grade 10	22%	18%	
	Grade 11	20%	22%	
	Grade 12	30%	28%	



SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT		
Overall		42%	34%	Overall Differences: State vs SU	
Sex	Male	50%	34%	SU > VT	
	Female	34%	34%	Within SU Differences	
Grade	Grade 9		9%	Males > Females	
	Grade 10	20%	16%	Too few students in at least one grade	
	Grade 11		42%		
	Grade 12		53%		



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR					
	SU/SD	VT			
Never wore a helmet	16%	11%	SU > VT		
Rarely wore a helmet	5%	3%	SU > VT		
Sometimes wore a helmet		3%	Too few students		
Most of the time wore a helmet	11%	9%			
Always wore a helmet	66%	74%	VT > SU		

RAREL	Y OR NEVE	R WEAR A		T WHILE SKIING OR SNOWBOARDING, YEAR
		SU/SD	VT	
Overall		20%	14%	Overall Differences: State vs SU
Sex	Male	23%	17%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9	15%	11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR				
		SU/SD	VT	
Overall		18%	18%	Overall Differences: State vs SU
Sex	Male	23%	20%	VT and SU are Similar
	Female	14%	16%	Within SU Differences
Grade	Grade 9	29%	20%	Males > Females
	Grade 10	23%	18%	Too few students in at least one grade
	Grade 11		17%	
	Grade 12	14%	16%	



SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall	-	52%	54%	Overall Differences: State vs SU	
Sex	Male	44%	51%	VT and SU are Similar	
	Female	59%	58%	Within SU Differences	
Grade	Grade 9	50%	47%	Females > Males	
	Grade 10	50%	53%		
	Grade 11	52%	58%		
	Grade 12	56%	61%		

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		69%	55%	Overall Differences: State vs SU
Sex	Male	68%	53%	SU > VT
	Female	71%	56%	Within SU Differences
Grade	Grade 9	67%	57%	
	Grade 10	68%	56%	
	Grade 11	67%	54%	
	Grade 12	76%	52%	



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE :	WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		SU/SD	VT		
Overall	-	39%	23%	Overall Differences: State vs SU	
Sex	Male	44%	23%	SU > VT	
	Female	35%	23%	Within SU Differences	
Grade	Grade 9	29%	22%	10 > 9	
	Grade 10	44%	23%	12 > 9	
	Grade 11	32%	23%	12 > 11	
	Grade 12	54%	24%		

WERE II	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		51%	33%	Overall Differences: State vs SU
Sex	Male	52%	33%	SU > VT
	Female	52%	33%	Within SU Differences
Grade	Grade 9	46%	32%	12 > 9
	Grade 10	49%	33%	12 > 10
	Grade 11	41%	33%	12 > 11
	Grade 12	71%	36%	



SECTION 3: MENTAL HEALTH

			EY STOPI	ST EVERY DAY FOR TWO WEEKS OR PED DOING SOME USUAL ACTIVITIES, CYEAR
		SU/SD	VT	
Overall	_	24%	25%	Overall Differences: State vs SU
Sex	Male	18%	16%	VT and SU are Similar
	Female	29%	35%	Within SU Differences
Grade	Grade 9	17%	23%	Females > Males
	Grade 10	22%	26%	12 > 9
	Grade 11	21%	26%	12 > 10
	Grade 12	36%	26%	12 > 11

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT		
Overall		20%	16%	Overall Differences: State vs SU	
Sex	Male	9%	9%	SU > VT	
	Female	31%	25%	Within SU Differences	
Grade	Grade 9	15%	18%	Females > Males	
	Grade 10	24%	18%		
	Grade 11	19%	16%		
	Grade 12	21%	14%		



SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male	6%	7%	VT and SU are Similar
	Female	15%	15%	Within SU Differences
Grade	Grade 9	10%	11%	Females > Males
	Grade 10	8%	12%	Too few students in at least one grade
	Grade 11	14%	11%	
	Grade 12		10%	

		ATTEM	PTED SU	TCIDE, PAST YEAR
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	4%	4%	VT and SU are Similar
	Female	5%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	6%	6%	
	Grade 11		5%	
	Grade 12		4%	



SECTION 4: SUBSTANCE USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		37%	24%	Overall Differences: State vs SU
Sex	Male	46%	26%	SU > VT
	Female	29%	22%	Within SU Differences
Grade	Grade 9	29%	17%	Males > Females
	Grade 10	37%	21%	12 > 9
	Grade 11	35%	28%	12 > 11
	Grade 12	50%	31%	

	SMO	KED A CIO	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		14%	8%	Overall Differences: State vs SU
Sex	Male	21%	9%	SU > VT
	Female	7%	6%	Within SU Differences
Grade	Grade 9	13%	8%	Males > Females
	Grade 10	17%	8%	
	Grade 11	13%	8%	
	Grade 12	13%	7%	



SECTION 4: SUBSTANCE USE

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall		43%	34%	Overall Differences: State vs SU
Sex	Male	50%	37%	SU > VT
	Female	36%	31%	Within SU Differences
Grade	Grade 9	45%	23%	Males > Females
	Grade 10	50%	31%	
	Grade 11	39%	38%	
	Grade 12	37%	44%	

	EVE	R TRIED I	FLAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		30%	21%	Overall Differences: State vs SU
Sex	Male	40%	24%	SU > VT
	Female	21%	17%	Within SU Differences
Grade	Grade 9	20%	12%	Males > Females
	Grade 10	29%	17%	11 > 9
	Grade 11	38%	24%	12 > 9
	Grade 12	37%	30%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		72%	58%	Overall Differences: State vs SU
Sex	Male	73%	57%	SU > VT
	Female	71%	58%	Within SU Differences
Grade	Grade 9	65%	41%	12 > 9
	Grade 10	69%	54%	12 > 10
	Grade 11	72%	65%	
	Grade 12	83%	71%	

	D	RANK AL(СОНОЬ В	SEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	28%	14%	Overall Differences: State vs SU
Sex	Male	34%	16%	SU > VT
	Female	22%	11%	Within SU Differences
Grade	Grade 9	34%	17%	Males > Females
	Grade 10	22%	13%	9 > 10
	Grade 11	30%	13%	
	Grade 12	24%	11%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	MARIJUANA	
		SU/SD	VT	
Overall		40%	37%	Overall Differences: State vs SU
Sex	Male	38%	37%	VT and SU are Similar
	Female	41%	37%	Within SU Differences
Grade	Grade 9	27%	23%	11 > 9
	Grade 10	32%	34%	12 > 9
	Grade 11	46%	42%	12 > 10
	Grade 12	56%	50%	11 > 10

TRIED MARIJUANA BI				BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male	13%	7%	SU > VT
	Female	4%	5%	Within SU Differences
Grade	Grade 9	8%	6%	Males > Females
	Grade 10	9%	6%	Too few students in at least one grade
	Grade 11	14%	6%	
	Grade 12		5%	



SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI) PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		10%	8%	Overall Differences: State vs SU
Sex	Male	12%	8%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 9	11%	6%	Too few students in at least one grade
	Grade 10	8%	7%	
	Grade 11		8%	
	Grade 12	13%	9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	4%	6%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12	10%	9%	



SECTION 4: SUBSTANCE USE

		E	VER USI	ED COCAINE
		SU/SD	VT	_
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male	10%	5%	VT and SU are Similar
	Female	•	3%	Within SU Differences
Grade	Grade 9	5%	2%	Too few students by sex
	Grade 10	5%	3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12	10%	6%	

EVER USED) INHALANTS
		SU/SD	VT	
Overall		9%	6%	Overall Differences: State vs SU
Sex	Male	11%	6%	SU > VT
	Female	8%	6%	Within SU Differences
Grade	Grade 9	7%	6%	Too few students in at least one grade
	Grade 10	11%	6%	
	Grade 11		6%	
	Grade 12	15%	6%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		ED HEROIN		
		SU/SD	VT	_
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	5%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		4%	2%	Overall Differences: State vs SU
Sex	Male	5%	3%	SU > VT
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10	5%	2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12	8%	3%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		38%	24%	Overall Differences: State vs SU
Sex	Male	48%	28%	SU > VT
	Female	27%	18%	Within SU Differences
Grade	Grade 9	38%	14%	Males > Females
	Grade 10	32%	20%	Too few students in at least one grade
	Grade 11		26%	
	Grade 12	46%	33%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	33%	19%	Overall Differences: State vs SU	
Sex	Male	43%	23%	SU > VT	
	Female	22%	14%	Within SU Differences	
Grade	Grade 9	30%	11%	Males > Females	
	Grade 10	31%	16%	Too few students in at least one grade	
	Grade 11		22%		
	Grade 12	41%	28%		



SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	_	22%	15%	Overall Differences: State vs SU	
Sex	Male	30%	19%	SU > VT	
	Female	13%	11%	Within SU Differences	
Grade	Grade 9	17%	8%	Males > Females	
	Grade 10	19%	12%	12 > 9	
	Grade 11	18%	17%	12 > 10	
	Grade 12	35%	22%	12 > 11	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	12%	9%	Overall Differences: State vs SU
Sex	Male	19%	10%	SU > VT
	Female	4%	8%	Within SU Differences
Grade	Grade 9	7%	5%	Males > Females
	Grade 10	11%	7%	Too few students in at least one grade
	Grade 11		11%	
	Grade 12	24%	13%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days	•	15%	Too few students			
6 to 9 days	•	10%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days	•	9%	Too few students			
All 30 days	٠	25%	Too few students			

A	MONG CUR	RENT SMO	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	_		25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
SU/SD VT					
Less than 1 cigarette		30%	Too few students		
1 cigarette	•	19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED						
		SU/SD	VT			
Overall	_		12%	Overall Differences: State vs SU		
Sex	Male		15%	Too few students		
	Female		6%	Within SU Differences		
Grade	Grade 9		12%	Too few students by sex		
	Grade 10		8%	Too few students in at least one grade		
	Grade 11		10%			
	Grade 12		12%			



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	12%	Overall Differences: State vs SU
Sex	Male	33%	14%	SU > VT
	Female	13%	9%	Within SU Differences
Grade	Grade 9	26%	7%	Males > Females
	Grade 10	26%	10%	Too few students in at least one grade
	Grade 11		13%	
	Grade 12	25%	17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
Friend/family used them	31%	35%				
To try to quit other tobacco	9%	5%	SU > VT			
Cost less than other tobacco	•	1%	Too few students			
Easier to get than other tobacco	•	1%	Too few students			
Less harmful than other tobacco	14%	8%	SU > VT			
Available in flavors	17%	17%				
Used for some other reason	27%	33%	VT > SU			



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD	VT				
1 or 2 days	33%	37%				
3 to 5 days	9%	19%	VT > SU			
6 to 9 days		11%	Too few students			
10 to 19 days	12%	12%				
20 to 29 days	13%	7%	SU > VT			
All 30 days	25%	15%	SU > VT			

AMON	NG CURREN	T USERS:	ECTRONIC VAPOR PRODUCTS ON 10+ AYS	
		SU/SD	VT	
Overall		50%	33%	Overall Differences: State vs SU
Sex	Male		37%	SU > VT
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



AMONG CURRENT USE	RS: SOUR	CE OF EI AGE	LECTRONIC VAPOR PRODUCTS, UNDER 18
	SU/SD	VT	
Bought them in a store		8%	Too few students
I got them on the Internet		10%	Too few students
Someone else bought them	•	14%	Too few students
Borrowed them	•	38%	Too few students
A person 18 or older gave me	•	11%	Too few students
Took them from a store	•	2%	Too few students
Some other way		18%	Too few students

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		11%	5%	Overall Differences: State vs SU
Sex	Male	21%	8%	SU > VT
	Female	•	2%	Within SU Differences
Grade	Grade 9	10%	3%	Too few students by sex
	Grade 10	16%	5%	
	Grade 11	12%	6%	
	Grade 12	8%	7%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAY					
		SU/SD	VT	_	
Overall		14%	9%	Overall Differences: State vs SU	
Sex	Male	20%	13%	SU > VT	
	Female	8%	6%	Within SU Differences	
Grade	Grade 9	11%	4%	Males > Females	
	Grade 10	7%	7%	12 > 9	
	Grade 11	12%	10%	12 > 10	
	Grade 12	26%	15%	12 > 11	

TRIED '				O PRODUCTS, AMONG STUDENTS WHO CT DURING THE PAST YEAR
		SU/SD	VT	
Overall	_	30%	33%	Overall Differences: State vs SU
Sex	Male	26%	30%	VT and SU are Similar
	Female		37%	Within SU Differences
Grade	Grade 9		33%	Too few students by sex
	Grade 10		35%	Too few students in at least one grade
	Grade 11		32%	
	Grade 12		32%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		DRANK	ALCOH(OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		49%	33%	Overall Differences: State vs SU
Sex	Male	52%	32%	SU > VT
	Female	46%	34%	Within SU Differences
Grade	Grade 9	44%	20%	12 > 10
	Grade 10	42%	30%	
	Grade 11	55%	36%	
	Grade 12	56%	46%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		26%	17%	Overall Differences: State vs SU
Sex	Male	33%	17%	SU > VT
	Female	18%	17%	Within SU Differences
Grade	Grade 9	29%	8%	Males > Females
	Grade 10	21%	14%	
	Grade 11	29%	19%	
	Grade 12	24%	27%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING						
	SU/SD	VT					
1 or 2 days	40%	49%	VT > SU				
3 to 5 days	23%	26%					
6 to 9 days	15%	13%					
10 to 19 days	14%	7%	SU > VT				
20 to 29 days	5%	2%	SU > VT				
All 30 days	2%	3%					

	AMO	NG CURR	RENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall		22%	12%	Overall Differences: State vs SU
Sex	Male	30%	15%	SU > VT
	Female	12%	9%	Within SU Differences
Grade	Grade 9		11%	Males > Females
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks	34%	35%			
3 drinks	8%	6%			
4 drinks	8%	8%			
5 drinks	10%	13%			
6 or 7 drinks	11%	15%			
8 or 9 drinks	8%	8%			
10 or more drinks	22%	14%	SU > VT		

	AMONG CU	RRENT U	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		58%	57%	Overall Differences: State vs SU
Sex	Male	68%	59%	VT and SU are Similar
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMON	AMONG CURRENT USER					
	SU/SD	VT				
Bought in store	3%	3%				
Bought in restaurant		2%				
Bought at public event		0%				
I gave someone money to buy	21%	23%				
Someone gave it to me	39%	40%				
Took from store/family	15%	12%				
Some other way	22%	20%				

		USED M	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		24%	24%	Overall Differences: State vs SU
Sex	Male	24%	24%	VT and SU are Similar
	Female	25%	23%	Within SU Differences
Grade	Grade 9	22%	15%	12 > 10
	Grade 10	18%	22%	
	Grade 11	22%	25%	
	Grade 12	34%	32%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE						
	SU/SD	VT				
1 or 2 times	49%	34%	SU > VT			
3 to 9 times	14%	25%	VT > SU			
10 to 19 times		12%	Too few students			
20 to 39 times	11%	10%				
40 or more times	21%	20%				

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall		37%	41%	Overall Differences: State vs SU
Sex	Male		47%	VT and SU are Similar
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED				
	SU/SD	VT		
Smoked it	97%	91%	SU > VT	
Ate in food	٠	4%	Too few students	
Drank in tea or other drink		1%	Too few students	
Vaporized		2%	Too few students	
Some other way		2%	Too few students	

	MISU	SED A PR	ESCRIP 1	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall	_	5%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	4%	5%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		5%	
	Grade 12		7%	



SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE	WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR					
		SU/SD	VT			
Overall	-	16%	15%	Overall Differences: State vs SU		
Sex	Male	17%	17%	VT and SU are Similar		
	Female	16%	13%	Within SU Differences		
Grade	Grade 9	26%	14%	9 > 10		
	Grade 10	12%	16%	9 > 11		
	Grade 11	12%	16%			
	Grade 12	15%	14%			

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR				
		SU/SD	VT	
Overall		16%	13%	Overall Differences: State vs SU
Sex	Male	18%	14%	VT and SU are Similar
	Female	13%	12%	Within SU Differences
Grade	Grade 9	16%	9%	
	Grade 10	11%	12%	
	Grade 11	15%	14%	
	Grade 12	20%	18%	



PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall 20% Overall Differences: State vs SU 25% VT > SUSex Male 18% 25% Female 21% 24% Within SU Differences Grade Grade 9 18% 32% Grade 10 22% 26%Grade 11 18% 21% Grade 12 19% 20%

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		73%	84%	Overall Differences: State vs SU	
Sex	Male	67%	82%	VT > SU	
	Female	79%	86%	Within SU Differences	
Grade	Grade 9	86%	90%	Females > Males	
	Grade 10	84%	88%	9 > 11	
	Grade 11	75%	83%	9 > 12	
	Grade 12	46%	75%	10 > 12	
				11 > 12	



THIN	K IT IS WR	ONG OR		ONG FOR SOMEONE THEIR AGE TO
		SU/SD	VT	
Overall		40%	54%	Overall Differences: State vs SU
Sex	Male	34%	55%	VT > SU
	Female	45%	54%	Within SU Differences
Grade	Grade 9	53%	71%	Females > Males
	Grade 10	48%	59%	9 > 11
	Grade 11	37%	48%	9 > 12
	Grade 12	23%	39%	10 > 12
				11 > 12

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT		
Overall		57%	55%	Overall Differences: State vs SU	
Sex	Male	57%	56%	VT and SU are Similar	
	Female	57%	55%	Within SU Differences	
Grade	Grade 9	71%	69%	9 > 11	
	Grade 10	71%	60%	9 > 12	
	Grade 11	54%	51%	10 > 12	
	Grade 12	33%	42%	10 > 11	
				11 > 12	



THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	_	86%	91%	Overall Differences: State vs SU	
Sex	Male	81%	90%	VT > SU	
	Female	92%	93%	Within SU Differences	
Grade	Grade 9	91%	94%	Females > Males	
	Grade 10	92%	94%	9 > 12	
	Grade 11	91%	91%	10 > 12	
	Grade 12	71%	87%	11 > 12	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		56%	66%	Overall Differences: State vs SU	
Sex	Male	46%	64%	VT > SU	
	Female	64%	67%	Within SU Differences	
Grade	Grade 9	59%	78%	Females > Males	
	Grade 10	64%	71%	10 > 12	
	Grade 11	53%	63%		
	Grade 12	45%	50%		



THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall	-	78%	76%	Overall Differences: State vs SU	
Sex	Male	76%	75%	VT and SU are Similar	
	Female	81%	77%	Within SU Differences	
Grade	Grade 9	82%	83%	9 > 12	
	Grade 10	82%	79%	10 > 12	
	Grade 11	83%	75%	11 > 12	
	Grade 12	68%	69%		

			ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	7%	5%	SU > VT
Slight risk	10%	9%	
Moderate risk	23%	18%	SU > VT
Great risk	60%	68%	VT > SU



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY VT SU/SD Overall 60% Overall Differences: State vs SU 68% VT > SUSex Male 57% 66% Female 62% 70% Within SU Differences Grade Grade 9 59% 64% Grade 10 67% 68%Grade 11 59% 68% Grade 12 54% 72%

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WEEK
	SU/SD	VT	
No risk	9%	6%	SU > VT
Slight risk	24%	19%	SU > VT
Moderate risk	37%	39%	
Great risk	31%	36%	VT > SU



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND SU/SD VT Overall Overall Differences: State vs SU 31% 36% VT > SUSex Male 28% 32% Female 34% 41% Within SU Differences Grade Grade 9 24% 38% Grade 10 37% 39% Grade 11 31% 35% Grade 12 29% 32%

PERCEIV	VED RISK	OF HARI	M FROM REGULAR MARIJUANA USE
	SU/SD	VT	
No risk	22%	21%	
Slight risk	24%	29%	VT > SU
Moderate risk	27%	26%	
Great risk	26%	24%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	NK PEOPLE			ARMING THEMSELVES IF THEY USE REGULARLY
		SU/SD	VT	
Overall	-	26%	24%	Overall Differences: State vs SU
Sex	Male	28%	21%	VT and SU are Similar
	Female	24%	28%	Within SU Differences
Grade	Grade 9	27%	32%	10 > 12
	Grade 10	35%	26%	10 > 11
	Grade 11	21%	22%	
	Grade 12	20%	18%	

	PERC	CEIVED A	ACCESS TO CIGARETTES
	SU/SD	VT	
Very hard	20%	24%	VT > SU
Sort of hard	14%	21%	VT > SU
Sort of easy	22%	22%	
Very easy	44%	32%	SU > VT



SECTION 4: SUBSTANCE USE

SAY IF	THEY WAN			IT WOULD BE SORT OF EASY OR VERY THEM TO GET
		SU/SD	VT	
Overall		66%	55%	Overall Differences: State vs SU
Sex	Male	71%	57%	SU > VT
	Female	61%	52%	Within SU Differences
Grade	Grade 9	54%	38%	Males > Females
	Grade 10	54%	48%	12 > 9
	Grade 11	66%	57%	12 > 10
	Grade 12	91%	75%	12 > 11

	PEF	RCEIVEI	ACCESS TO ALCOHOL
	SU/SD	VT	
Very hard	11%	15%	VT > SU
Sort of hard	19%	18%	
Sort of easy	35%	31%	SU > VT
Very easy	35%	37%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall 70% Overall Differences: State vs SU 68% Sex Male 71% 67% VT and SU are Similar 70% Female 69% Within SU Differences Grade Grade 9 66% 58% 12 > 9 Grade 10 65% 67% 12 > 10Grade 11 72% 12 > 1168% Grade 12 84% 74%

	PER	CEIVED	ACCESS TO MARIJUAN
	SU/SD	VT	
Very hard	24%	27%	
Sort of hard	13%	15%	
Sort of easy	26%	22%	SU > VT
Very easy	37%	37%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 62% 58% SU > VTSex Male 62% 59% Female 63% 57% Within SU Differences Grade Grade 9 54% 43% 12 > 9 Grade 10 57% 12 > 1056% Grade 11 64% 65% Grade 12 74% 69%



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

I	LIFETIME SEXUAL CONTACTS: MALES				
	SU/SD	VT			
Never had sexual contact	34%	42%	VT > SU		
Females	63%	54%	SU > VT		
Males		2%	Too few students		
Females and males		2%	Too few students		

LI	LIFETIME SEXUAL CONTACTS: FEMALES			
	SU/SD	VT		
Never had sexual contact	30%	43%	VT > SU	
Females		2%	Too few students	
Males	66%	48%	SU > VT	
Females and males		7%	Too few students	

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		55%	40%	Overall Differences: State vs SU
Sex	Male	54%	40%	SU > VT
	Female	56%	40%	Within SU Differences
Grade	Grade 9	41%	19%	11 > 9
	Grade 10	52%	33%	12 > 9
	Grade 11	58%	48%	12 > 10
	Grade 12	71%	61%	



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	
Overall		12%	9%	Overall Differences: State vs SU
Sex	Male	14%	9%	SU > VT
	Female	11%	8%	Within SU Differences
Grade	Grade 9	8%	3%	12 > 9
	Grade 10	7%	6%	12 > 10
	Grade 11	14%	10%	
	Grade 12	18%	16%	

	EVER HA			O ORAL SEX
		SU/SD	VT	
Overall		52%	42%	Overall Differences: State vs SU
Sex	Male	52%	42%	SU > VT
	Female	51%	42%	Within SU Differences
Grade	Grade 9	36%	23%	11 > 9
	Grade 10	40%	37%	12 > 9
	Grade 11	60%	49%	12 > 10
	Grade 12	72%	60%	11 > 10



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

WERE EVER TESTED FOR HUMAN				IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		14%	10%	Overall Differences: State vs SU
Sex	Male	19%	9%	SU > VT
	Female	10%	12%	Within SU Differences
Grade	Grade 9	14%	7%	Males > Females
	Grade 10	13%	9%	
	Grade 11	14%	12%	
	Grade 12	16%	14%	



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXUAL INTERCOURSE			DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		45%	31%	Overall Differences: State vs SU
Sex	Male	43%	29%	SU > VT
	Female	47%	32%	Within SU Differences
Grade	Grade 9	31%	13%	10 > 9
	Grade 10	46%	24%	11 > 9
	Grade 11	48%	37%	12 > 9
	Grade 12	54%	48%	

USE				R TO LAST INTERCOURSE, AMONG LLY ACTIVE STUDENTS
		SU/SD	VT	
Overall	-	17%	20%	Overall Differences: State vs SU
Sex	Male	27%	22%	VT and SU are Similar
	Female	9%	17%	Within SU Differences
Grade	Grade 9		24%	Males > Females
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
SU/SD VT					
No method was used	8%	7%			
Birth control pills	35%	32%			
Condoms	31%	35%			
IUD or implant	9%	13%			
Shot/patch/birth control ring	5%	5%			
Withdrawal/other method	7%	5%			
Not sure		2%	Too few students		

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 50% 50% Overall Differences: State vs SU Sex Male 41% 40% VT and SU are Similar Within SU Differences Female 60% Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51% 59% Grade 12



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		58%	56%	Overall Differences: State vs SU
Sex	Male	61%	61%	VT and SU are Similar
	Female	54%	52%	Within SU Differences
Grade	Grade 9	·	64%	Too few students in at least one grade
	Grade 10		61%	
	Grade 11		58%	
	Grade 12		51%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD $\mathbf{V}\mathbf{T}$ Overall 21% 19% Overall Differences: State vs SU Sex Male 18% 15% VT and SU are Similar 22% Within SU Differences Female Grade Grade 9 12% Too few students by sex Grade 10 19% Too few students in at least one grade Grade 11 20% Grade 12 20%



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	12%	8%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		9%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		6%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERV	OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)				
		SU/SD	VT		
Overall	-	17%	14%	Overall Differences: State vs SU	
Sex	Male	18%	14%	VT and SU are Similar	
	Female	15%	15%	Within SU Differences	
Grade	Grade 9	19%	14%	9 > 12	
	Grade 10	18%	15%	10 > 12	
	Grade 11	22%	14%	11 > 12	
	Grade 12	8%	13%		

	OBESE (BMI >95th PERC			ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		16%	13%	Overall Differences: State vs SU
Sex	Male	20%	15%	SU > VT
	Female	11%	10%	Within SU Differences
Grade	Grade 9	13%	12%	Males > Females
	Grade 10	12%	12%	12 > 9
	Grade 11	15%	14%	12 > 10
	Grade 12	23%	13%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCI	EPTIONS	OF OWN WEIGHT
	SU/SD	VT	
Very underweight		2%	Too few students
Slightly underweight	9%	12%	VT > SU
About the right weight	55%	56%	
Slightly overweight	28%	25%	
Very overweight	7%	5%	

DE	ESCRIBED T	THEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	_	35%	30%	Overall Differences: State vs SU
Sex	Male	29%	25%	SU > VT
	Female	40%	36%	Within SU Differences
Grade	Grade 9	36%	29%	Females > Males
	Grade 10	30%	30%	
	Grade 11	34%	30%	
	Grade 12	40%	33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
SU/SD VT					
Lose weight	48%	42%	SU > VT		
Gain weight	12%	15%	VT > SU		
Stay the same weight	17%	18%			
Not trying to do anything	23%	25%			



SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE 7	TRYING T	TO LOSE WEIGHT
		SU/SD	VT	
Overall		48%	42%	Overall Differences: State vs SU
Sex	Male	35%	28%	SU > VT
	Female	61%	57%	Within SU Differences
Grade	Grade 9	45%	41%	Females > Males
	Grade 10	37%	42%	12 > 10
	Grade 11	57%	41%	11 > 10
	Grade 12	55%	44%	



PHYSICAL ACTIVITY

	DAYS PH	YSICAL	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	14%	13%	
1 day	8%	7%	
2 days	6%	9%	VT > SU
3 days	13%	12%	
4 days	11%	11%	
5 days	15%	14%	
6 days	6%	10%	VT > SU
7 days	27%	25%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		27%	25%	Overall Differences: State vs SU
Sex	Male	41%	33%	VT and SU are Similar
	Female	14%	17%	Within SU Differences
Grade	Grade 9	35%	27%	Males > Females
	Grade 10	24%	27%	9 > 12
	Grade 11	32%	24%	
	Grade 12	20%	23%	



PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	48%	49%	Overall Differences: State vs SU		
Sex	Male	64%	56%	VT and SU are Similar		
	Female	33%	42%	Within SU Differences		
Grade	Grade 9	58%	53%	Males > Females		
	Grade 10	47%	50%	9 > 12		
	Grade 11	46%	47%			
	Grade 12	44%	47%			

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK					
		SU/SD	VT		
Overall		14%	13%	Overall Differences: State vs SU	
Sex	Male	8%	11%	VT and SU are Similar	
	Female	19%	14%	Within SU Differences	
Grade	Grade 9	7%	10%	Females > Males	
	Grade 10	15%	12%	11 > 9	
	Grade 11	18%	14%		
	Grade 12	15%	15%		



PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK					
	SU/SD	VT			
Do not watch TV	6%	3%	SU > VT		
Less than 1 hour per day	7%	8%			
1 hour per day	13%	12%			
2 hours per day	22%	23%			
3 hours per day	20%	21%			
4 hours per day	11%	13%			
5 or more hours per day	22%	19%			

	WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK						
		SU/SD	VT				
Overall	-	52%	53%	Overall Differences: State vs SU			
Sex	Male	53%	53%	VT and SU are Similar			
	Female	52%	52%	Within SU Differences			
Grade	Grade 9	58%	53%				
	Grade 10	48%	53%				
	Grade 11	55%	51%				
	Grade 12	51%	53%				



NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall	-	31%	33%	Overall Differences: State vs SU	
Sex	Male	35%	32%	VT and SU are Similar	
	Female	27%	33%	Within SU Differences	
Grade	Grade 9	29%	33%	11 > 12	
	Grade 10	29%	33%		
	Grade 11	40%	32%		
	Grade 12	25%	32%		

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		17%	18%	Overall Differences: State vs SU
Sex	Male	20%	18%	VT and SU are Similar
	Female	14%	18%	Within SU Differences
Grade	Grade 9	11%	17%	11 > 9
	Grade 10	10%	18%	12 > 9
	Grade 11	26%	17%	12 > 10
	Grade 12	23%	19%	11 > 10



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

SODA CONSUMPTION, PAST WEEK				
	SU/SD	VT		
Did not drink soda or pop	26%	37%	VT > SU	
1 to 3 times	43%	40%		
4 to 6 times	15%	12%	SU > VT	
1 time per day	5%	4%		
2 times per day	3%	3%		
3 times per day	2%	1%		
4 or more times per day	6%	3%	SU > VT	

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK SU/SD VT Overall 16% 11% Overall Differences: State vs SU Sex Male 27% 16% SU > VT6% Within SU Differences Female 5% Grade 9 Grade 15% 11% Males > Females Grade 10 12 > 9 14% 11% Grade 11 9% 11% 12 > 10Grade 12 27% 12% 12 > 11



NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink sugar-sweetened	22%	28%	VT > SU		
1 to 3 times	51%	44%	SU > VT		
4 to 6 times	12%	15%	VT > SU		
1 time per day	7%	6%			
2 times per day	4%	3%			
3 times per day		1%	Too few students		
4 or more times per day	3%	2%			

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall		15%	12%	Overall Differences: State vs SU	
Sex	Male	23%	15%	VT and SU are Similar	
	Female	7%	9%	Within SU Differences	
Grade	Grade 9	15%	12%	Males > Females	
	Grade 10	17%	12%	Too few students in at least one grade	
	Grade 11		13%		
	Grade 12	24%	13%		



NUTRITION

WATER CONSUMP					
	SU/SD	VT			
Did not drink water	5%	4%			
1 to 3 times	14%	9%			
4 to 6 times	10%	11%			
1 time per day	10%	9%			
2 times per day	13%	16%			
3 times per day	19%	19%			
4 or more times per day	30%	33%			

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK						
		SU/SD	VT			
Overall		48%	52%	Overall Differences: State vs SU		
Sex	Male	44%	51%	VT and SU are Similar		
	Female	54%	53%	Within SU Differences		
Grade	Grade 9	42%	50%	Females > Males		
	Grade 10	46%	53%			
	Grade 11	53%	51%			
	Grade 12	52%	55%			



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	10%	11%	
1 day	5%	6%	
2 days	16%	9%	SU > VT
3 days	15%	10%	SU > VT
4 days	8%	8%	
5 days	14%	9%	SU > VT
6 days	3%	7%	VT > SU
7 days	30%	40%	VT > SU

]	DID NOT E	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT and SU are Similar
	Female	8%	10%	Within SU Differences
Grade	Grade 9	14%	10%	Too few students in at least one grade
	Grade 10		11%	
	Grade 11	10%	10%	
	Grade 12	10%	11%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	79%	75%					
Rarely	13%	15%					
Sometimes	7%	7%					
Most of the time		2%	Too few students				
Always		1%	Too few students				

N	OST OF TH	E TIME O	R ALWA	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		·	3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female	٠	2%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male	5%	4%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		5%	



AT	E DINNER	R WITH A	AT LEAST ONE PARENT, PAST WEEK
	SU/SD	VT	
0 days	5%	9%	VT > SU
1 day	2%	4%	
2 days	4%	4%	
3 days	5%	6%	
4 days	4%	8%	VT > SU
5 days	17%	13%	SU > VT
6 days	9%	12%	VT > SU
7 days	54%	44%	SU > VT

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK SU/SD $\mathbf{V}\mathbf{T}$ Overall 84% 77% Overall Differences: State vs SU 87% 80% Sex Male SU > VTFemale 81% 75% Within SU Differences Grade 9 Grade 87% 83% 9 > 11 Grade 10 92% 81% 10 > 12Grade 11 74% 76% 10 > 11Grade 12 82% 71%



		GRADES	EARNED IN SCHOOL
	SU/SD	VT	
Mostly A's	41%	46%	VT > SU
Mostly B's	45%	39%	SU > VT
Mostly C's	9%	12%	
Mostly D's	4%	2%	SU > VT
Mostly F's		1%	Too few students

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 82% 80% Overall Differences: State vs SU Sex Male 82% 80% VT and SU are Similar 82% 81% Within SU Differences Female Grade Grade 9 81% 78% Grade 10 77% 79% Grade 11 83% 82% Grade 12 88% 83%



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	25%	21%	SU > VT				
Agree	50%	44%	SU > VT				
Not sure	16%	19%					
Disagree	5%	11%	VT > SU				
Strongly disagree	4%	5%					

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
		SU/SD	VT				
Overall	-	75%	65%	Overall Differences: State vs SU			
Sex	Male	77%	69%	SU > VT			
	Female	72%	61%	Within SU Differences			
Grade	Grade 9	82%	67%	9 > 11			
	Grade 10	80%	65%	10 > 11			
	Grade 11	64%	64%				
	Grade 12	74%	63%				



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	7%	5%	SU > VT		
Probably will not	5%	5%			
Probably will	23%	22%			
Definitely will	52%	57%	VT > SU		
Not sure	13%	11%			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT				
Overall	_	75%	79%	Overall Differences: State vs SU			
Sex	Male	72%	75%	VT > SU			
	Female	78%	83%	Within SU Differences			
Grade	Grade 9	73%	74%				
	Grade 10	75%	77%				
	Grade 11	74%	81%				
	Grade 12	76%	83%				



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	41%	33%	SU > VT			
1 to 4 hours	28%	27%				
5 to 9 hours	14%	17%	VT > SU			
10 to 19 hours	12%	17%	VT > SU			
20 or more hours	6%	6%				

SPEND 1	10 OR MORI	E HOURS 1		PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK
		SU/SD	VT	
Overall	-	18%	24%	Overall Differences: State vs SU
Sex	Male	16%	24%	VT > SU
	Female	19%	24%	Within SU Differences
Grade	Grade 9	22%	21%	
	Grade 10	13%	23%	
	Grade 11	21%	24%	
	Grade 12	16%	26%	



MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT			
Strongly agree	16%	19%	VT > SU		
Agree	37%	41%	VT > SU		
Not sure	31%	25%	SU > VT		
Disagree	12%	9%	SU > VT		
Strongly disagree	4%	5%			

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 52% 61% Overall Differences: State vs SU Sex Male 58% 65% VT > SUFemale 46% 57% Within SU Differences Grade Grade 9 60% 61% Males > Females Grade 10 52% 60% 9 > 12Grade 11 54% 60% Grade 12 46% 62%



MIDDLE SCHOOL RESULTS ORLEANS CENTRAL SU (SU034) REPORT http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	208	16701		

		SU/SD	VT
Sex	Male	54%	52%
	Female	46%	48%
Grade	6th Grade	38%	24%
	7th Grade	30%	39%
	8th Grade	33%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	81%
	Students of Color (REM)	4%	19%
Sexual Orientation	Heterosexual (Het)	92%	93%
	Lesbian, Gay, or Bisexual (LGB)	8%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		39%	42%	Overall Differences: State vs SU
Sex	Male	48%	56%	VT and SU are Similar
	Female	27%	27%	Within SU Differences
Grade	Grade 6	36%	40%	Males > Females
	Grade 7	33%	43%	Too few students in at least one grade
	Grade 8		43%	

	WE	RE EVER E	BULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	
Overall		56%	44%	Overall Differences: State vs SU
Sex	Male	52%	39%	SU > VT
	Female	59%	50%	Within SU Differences
Grade	Grade 6	57%	44%	Too few students in at least one grade
	Grade 7	52%	45%	
	Grade 8		44%	



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	VERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		23%	24%	Overall Differences: State vs SU
Sex	Male	18%	16%	VT and SU are Similar
	Female	29%	33%	Within SU Differences
Grade	Grade 6	15%	18%	Too few students in at least one grade
	Grade 7	15%	24%	
	Grade 8		28%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		27%	22%	Overall Differences: State vs SU
Sex	Male	22%	17%	SU > VT
	Female	30%	26%	Within SU Differences
Grade	Grade 6	32%	22%	Too few students in at least one grade
	Grade 7	27%	22%	
	Grade 8		21%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	14%	8%	VT and SU are Similar
	Female	6%	8%	Within SU Differences
Grade	Grade 6		7%	Males > Females
	Grade 7	10%	8%	Too few students in at least one grade
	Grade 8		9%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT Overall 8% 8% Overall Differences: State vs SU VT and SU are Similar Sex Male 5% 7% Female 12% 10% Within SU Differences Grade Grade 6 10% 8% Too few students in at least one grade Grade 7 10% 8% 9% Grade 8



SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE						
	SU/SD	VT				
Never	•	1%	Too few students			
Rarely	2%	1%				
Sometimes	8%	3%	SU > VT			
Most of the time	22%	18%	SU > VT			
Always	67%	76%	VT > SU			

]	RARELY O	R NEVE	R WEAR A SEAT BELT
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



SECTION 2: PERSONAL SAFETY CAR SAFETY

EVI	ER RODE W	TTH A DRI	IVER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	
Overall		27%	22%	Overall Differences: State vs SU
Sex	Male	26%	20%	SU > VT
	Female	28%	24%	Within SU Differences
Grade	Grade 6		15%	Too few students in at least one grade
	Grade 7	26%	21%	
	Grade 8		27%	

EV	ER RODE V	WITH A DR	RIVER W	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	_
Overall		15%	9%	Overall Differences: State vs SU
Sex	Male	11%	7%	SU > VT
	Female	20%	10%	Within SU Differences
Grade	Grade 6		5%	Females > Males
	Grade 7		8%	Too few students in at least one grade
	Grade 8		12%	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT			
Never wear a helmet	32%	16%	SU > VT		
Rarely wear a helmet	13%	15%			
Sometimes wear a helmet	13%	15%			
Most of the time wear a helmet	20%	25%			
Always wear a helmet	21%	28%	VT > SU		

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	_	46%	31%	Overall Differences: State vs SU
Sex	Male	49%	33%	SU > VT
	Female	40%	29%	Within SU Differences
Grade	Grade 6		24%	Too few students in at least one grade
	Grade 7		30%	
	Grade 8		37%	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet	14%	5%	SU > VT			
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet	•	2%	Too few students			
Most of the time wear a helmet	5%	7%				
Always wear a helmet	78%	83%	VT > SU			



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	
Overall		16%	7%	Overall Differences: State vs SU
Sex	Male	19%	8%	SU > VT
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8		7%	

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
		SU/SD	VT		
Overall	-	21%	17%	Overall Differences: State vs SU	
Sex	Male	20%	19%	VT and SU are Similar	
	Female	20%	16%	Within SU Differences	
Grade	Grade 6	25%	17%	Too few students in at least one grade	
	Grade 7		17%		
	Grade 8		18%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall		39%	26%	Overall Differences: State vs SU	
Sex	Male	32%	25%	SU > VT	
	Female	44%	27%	Within SU Differences	
Grade	Grade 6		21%	Too few students in at least one grade	
	Grade 7		27%		
	Grade 8		29%		

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
SU/SD VT						
Overall	_	25%	19%	Overall Differences: State vs SU		
Sex	Male	21%	17%	SU > VT		
	Female	29%	20%	Within SU Differences		
Grade	Grade 6	16%	15%	Too few students in at least one grade		
	Grade 7	21%	19%			
	Grade 8		20%			



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE				
	SU/SD	VT		
Never	10%	9%		
Rarely	11%	14%		
Sometimes	27%	27%		
Most of the time	29%	29%		
Always	24%	21%		

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT		
Overall	-	53%	50%	Overall Differences: State vs SU	
Sex	Male	58%	51%	VT and SU are Similar	
	Female	48%	49%	Within SU Differences	
Grade	Grade 6	45%	42%	Too few students in at least one grade	
	Grade 7	42%	50%		
	Grade 8		56%		



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall	-	29%	30%	Overall Differences: State vs SU	
Sex	Male	22%	30%	VT and SU are Similar	
	Female	38%	31%	Within SU Differences	
Grade	Grade 6		18%	Females > Males	
	Grade 7		29%	Too few students in at least one grade	
	Grade 8		40%		



SECTION 3: MENTAL HEALTH

		FELT SAI	OR HO	PELESS, PAST YEAR
		SU/SD	VT	_
Overall		17%	19%	Overall Differences: State vs SU
Sex	Male	9%	12%	VT and SU are Similar
	Female	26%	26%	Within SU Differences
Grade	Grade 6		16%	Females > Males
	Grade 7	19%	18%	Too few students in at least one grade
	Grade 8		22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	20%	18%	Overall Differences: State vs SU
Sex	Male	11%	12%	VT and SU are Similar
	Female	31%	23%	Within SU Differences
Grade	Grade 6	20%	13%	Females > Males
	Grade 7	18%	17%	Too few students in at least one grade
	Grade 8		22%	



SECTION 3: MENTAL HEALTH

EVE	R MADE A	PLAN ABO	OUT HOW	THEY WOULD KILL THEMSELVES
		SU/SD	VT	
Overall		12%	12%	Overall Differences: State vs SU
Sex	Male	4%	8%	VT and SU are Similar
	Female	20%	16%	Within SU Differences
Grade	Grade 6	11%	7%	Females > Males
	Grade 7	6%	11%	Too few students in at least one grade
	Grade 8		16%	

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	_
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	14%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		8%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER SMO	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		12%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	SU > VT
	Female	18%	7%	Within SU Differences
Grade	Grade 6		4%	Females > Males
	Grade 7	7%	7%	Too few students in at least one grade
	Grade 8		10%	

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		16%	9%	Overall Differences: State vs SU
Sex	Male	11%	9%	SU > VT
	Female	23%	8%	Within SU Differences
Grade	Grade 6		3%	Females > Males
	Grade 7	10%	8%	Too few students in at least one grade
	Grade 8		14%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

	EVE	CR USED A	FLAVOF	RED TOBACCO PRODUCT
		SU/SD	VT	_
Overall		12%	5%	Overall Differences: State vs SU
Sex	Male	10%	5%	SU > VT
	Female	14%	5%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7		5%	
	Grade 8		6%	

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		25%	19%	Overall Differences: State vs SU
Sex	Male	25%	20%	SU > VT
	Female	23%	17%	Within SU Differences
Grade	Grade 6	13%	10%	Too few students in at least one grade
	Grade 7	19%	17%	
	Grade 8		26%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

LIFETIME USE

		EV	ER USED) MARIJUANA
		SU/SD	VT	_
Overall		12%	7%	Overall Differences: State vs SU
Sex	Male	9%	7%	SU > VT
	Female	16%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	7%	6%	
	Grade 8		11%	

	EVER USED INHALANTS					
		SU/SD	VT	_		
Overall		6%	4%	Overall Differences: State vs SU		
Sex	Male		4%	VT and SU are Similar		
	Female	10%	4%	Within SU Differences		
Grade	Grade 6		3%	Too few students by sex		
	Grade 7		4%	Too few students in at least one grade		
	Grade 8		5%			



SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall		4%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female		3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade

3%

Grade 8

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall		4%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	τ	U SED TOB A	ACCO PR	CODUCTS, PAST YEAR
		SU/SD	VT	_
Overall		16%	5%	Overall Differences: State vs SU
Sex	Male	14%	6%	SU > VT
	Female	18%	5%	Within SU Differences
Grade	Grade 6	15%	3%	Too few students in at least one grade
	Grade 7	10%	5%	
	Grade 8		7%	

SMOK	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS						
		SU/SD	VT				
Overall	-	14%	5%	Overall Differences: State vs SU			
Sex	Male	10%	5%	SU > VT			
	Female	17%	4%	Within SU Differences			
Grade	Grade 6		2%	Too few students in at least one grade			
	Grade 7	10%	4%				
	Grade 8		7%				



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	_	9%	3%	Overall Differences: State vs SU	
Sex	Male	5%	3%	SU > VT	
	Female	12%	2%	Within SU Differences	
Grade	Grade 6		1%	Too few students in at least one grade	
	Grade 7	6%	2%		
	Grade 8		4%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	7%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female	12%	2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette		33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	_	10%	4%	Overall Differences: State vs SU
Sex	Male	7%	4%	SU > VT
	Female	14%	3%	Within SU Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7		3%	
	Grade 8		6%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them	•	38%	Too few students			
To try to quit other tobacco products	•	3%	Too few students			
Cost less	•	1%	Too few students			
Easier to get	•	1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURREN	AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT				
Bought them in a store		3%	Too few students			
I got them on the Internet		9%	Too few students			
Someone else bought them		10%	Too few students			
Borrowed them		44%	Too few students			
A person 18 or older gave me		9%	Too few students			
Took them from a store		4%	Too few students			
Some other way		21%	Too few students			



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG (AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
SU/SD VT							
1 or 2 days		49%	Too few students				
3 to 5 days		16%	Too few students				
6 to 9 days		10%	Too few students				
10 to 19 days		6%	Too few students				
20 to 29 days		5%	Too few students				
All 30 days		15%	Too few students				

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	
Overall	-	5%	1%	Overall Differences: State vs SU
Sex	Male		1%	SU > VT
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		4%	1%	Overall Differences: State vs SU
Sex	Male	5%	2%	SU > VT
	Female		1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR					
		SU/SD	VT			
Overall	_		36%	Overall Differences: State vs SU		
Sex	Male		36%	Too few students		
	Female	•	38%	Within SU Differences		
Grade	Grade 6		30%	Too few students by sex		
	Grade 7		35%	Too few students in at least one grade		
	Grade 8		40%			



SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		15%	7%	Overall Differences: State vs SU
Sex	Male	9%	6%	SU > VT
	Female	19%	6%	Within SU Differences
Grade	Grade 6	10%	2%	Females > Males
	Grade 7		5%	Too few students in at least one grade
	Grade 8		10%	

BINGE DRANK, PAST 30 DAYS				
		SU/SD	VT	_
Overall		6%	2%	Overall Differences: State vs SU
Sex	Male	4%	2%	SU > VT
	Female	7%	1%	Within SU Differences
Grade	Grade 6		0%	Too few students in at least one grade
	Grade 7		1%	
	Grade 8		3%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED				
	SU/SD	VT		
1 or 2 drinks	·	63%	Too few students	
3 drinks		10%	Too few students	
4 drinks	•	7%	Too few students	
5 drinks		6%	Too few students	
6 or 7 drinks	•	4%	Too few students	
8 or 9 drinks		2%	Too few students	
10 or more drinks	•	9%	Too few students	

USED MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall	_	9%	4%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	14%	4%	Within SU Differences
Grade	Grade 6		1%	Females > Males
	Grade 7		3%	Too few students in at least one grade
	Grade 8		7%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	88%	95%	Overall Differences: State vs SU
Sex	Male	91%	95%	VT > SU
	Female	84%	95%	Within SU Differences
Grade	Grade 6	95%	98%	Too few students in at least one grade
	Grade 7	87%	95%	
	Grade 8		93%	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL				
		SU/SD	VT	
Overall	-	85%	89%	Overall Differences: State vs SU
Sex	Male	86%	89%	VT > SU
	Female	84%	90%	Within SU Differences
Grade	Grade 6	97%	95%	Too few students in at least one grade
	Grade 7	87%	91%	
	Grade 8		84%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORLEANS CENTRAL SU (SU034) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall	_	85%	90%	Overall Differences: State vs SU
Sex	Male	88%	90%	VT > SU
	Female	82%	90%	Within SU Differences
Grade	Grade 6	95%	97%	Too few students in at least one grade
	Grade 7	87%	91%	
	Grade 8		84%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
		SU/SD	VT	
Overall	-	91%	95%	Overall Differences: State vs SU
Sex	Male	95%	95%	VT > SU
	Female	87%	95%	Within SU Differences
Grade	Grade 6	93%	96%	Males > Females
	Grade 7	94%	95%	Too few students in at least one grade
	Grade 8		95%	



SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	_	83%	85%	Overall Differences: State vs SU	
Sex	Male	84%	84%	VT and SU are Similar	
	Female	82%	87%	Within SU Differences	
Grade	Grade 6	88%	87%	Too few students in at least one grade	
	Grade 7	88%	86%		
	Grade 8		83%		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	92%	92%	Overall Differences: State vs SU
Sex	Male	94%	92%	VT and SU are Similar
	Female	89%	92%	Within SU Differences
Grade	Grade 6	90%	95%	Too few students in at least one grade
	Grade 7	96%	92%	
	Grade 8		89%	



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MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT		
Overall		23%	22%	Overall Differences: State vs SU	
Sex	Male	20%	22%	VT and SU are Similar	
	Female	27%	21%	Within SU Differences	
Grade	Grade 6		13%	Too few students in at least one grade	
	Grade 7		20%		
	Grade 8		28%		

THI	THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT	_		
Overall		30%	37%	Overall Differences: State vs SU		
Sex	Male	32%	37%	VT > SU		
	Female	27%	37%	Within SU Differences		
Grade	Grade 6		24%	Too few students in at least one grade		
	Grade 7		35%			
	Grade 8		48%			



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ORLEANS CENTRAL SU (SU034) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN	THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		19%	15%	Overall Differences: State vs SU		
Sex	Male	16%	15%	SU > VT		
	Female	24%	15%	Within SU Differences		
Grade	Grade 6		6%	Too few students in at least one grade		
	Grade 7		13%			
	Grade 8		23%			

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall	-	72%	72%	Overall Differences: State vs SU	
Sex	Male	74%	71%	VT and SU are Similar	
	Female	68%	74%	Within SU Differences	
Grade	Grade 6	80%	76%	Too few students in at least one grade	
	Grade 7	68%	72%		
	Grade 8		70%		



SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND					
		SU/SD	VT		
Overall	-	43%	48%	Overall Differences: State vs SU	
Sex	Male	40%	45%	VT and SU are Similar	
	Female	45%	51%	Within SU Differences	
Grade	Grade 6	59%	50%	Too few students in at least one grade	
	Grade 7		48%		
	Grade 8		46%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY					
		SU/SD	VT		
Overall	_	55%	59%	Overall Differences: State vs SU	
Sex	Male	54%	56%	VT and SU are Similar	
	Female	55%	62%	Within SU Differences	
Grade	Grade 6	76%	73%	Too few students in at least one grade	
	Grade 7		60%		
	Grade 8		48%		



SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	JAL INTERCOURSE
		SU/SD	VT	_
Overall		11%	5%	Overall Differences: State vs SU
Sex	Male	9%	6%	SU > VT
	Female	13%	4%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7		4%	
	Grade 8		8%	

	EVER HAD ORAL SEX					
		SU/SD	VT			
Overall	_	11%	6%	Overall Differences: State vs SU		
Sex	Male	8%	6%	SU > VT		
	Female	14%	5%	Within SU Differences		
Grade	Grade 6		1%	Too few students in at least one grade		
	Grade 7	7%	4%			
	Grade 8		9%			



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	5%	7%	
1 day	4%	4%	
2 days	10%	7%	
3 days	9%	10%	
4 days	16%	11%	SU > VT
5 days	17%	15%	
6 days	7%	11%	VT > SU
7 days	34%	34%	

WERE P	HYSICALL	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		34%	34%	Overall Differences: State vs SU
Sex	Male	42%	42%	VT and SU are Similar
	Female	25%	26%	Within SU Differences
Grade	Grade 6		38%	Males > Females
	Grade 7		35%	Too few students in at least one grade
	Grade 8		30%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORDAYS					
		SU/SD	VT		
Overall	-	58%	60%	Overall Differences: State vs SU	
Sex	Male	63%	66%	VT and SU are Similar	
	Female	53%	54%	Within SU Differences	
Grade	Grade 6		63%	Too few students in at least one grade	
	Grade 7		60%		
	Grade 8		57%		

	LY ACTIVE PAST WEEK			
		SU/SD	VT	
Overall	-	5%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8		8%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHY	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT				
0 days	11%	25%	VT > SU			
1 day		7%	Too few students			
2 days	19%	8%	SU > VT			
3 days	6%	8%				
4 days	6%	5%				
5 days	56%	46%	SU > VT			

GET	NO PHYSIC	CAL ACTIV	VITY BRE	CAKS WHILE THEY ARE AT SCHOOL
		SU/SD	VT	
Overall	_	11%	25%	Overall Differences: State vs SU
Sex	Male	11%	24%	VT > SU
	Female	12%	25%	Within SU Differences
Grade	Grade 6		16%	Too few students in at least one grade
	Grade 7		26%	
	Grade 8		29%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS						
	SU/SD	VT					
0 days	80%	77%					
1 day		3%	Too few students				
2 days		3%	Too few students				
3 days	5%	4%					
4 days		2%	Too few students				
5 days	11%	10%					

	WALK	OR RIDE T	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	-	11%	10%	Overall Differences: State vs SU
Sex	Male	12%	12%	VT and SU are Similar
	Female	10%	9%	Within SU Differences
Grade	Grade 6	6%	11%	Too few students in at least one grade
	Grade 7	10%	10%	
	Grade 8		10%	



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MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATCH TELEVISION, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No TV on average school day	14%	18%			
Less than 1 hour per day	18%	23%	VT > SU		
1 hour per day	22%	18%			
2 hours per day	20%	20%			
3 hours per day	17%	10%	SU > VT		
4 hours per day		4%	Too few students		
5 or more hours per day	5%	6%			

	WATCHED TV 3			+ HOURS PER DAY
		SU/SD	VT	
Overall		26%	20%	Overall Differences: State vs SU
Sex	Male	26%	20%	SU > VT
	Female	27%	20%	Within SU Differences
Grade	Grade 6	17%	18%	Too few students in at least one grade
	Grade 7		20%	
	Grade 8		21%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER A	ND VIDEO	GAME U	JSE, TYPI
	SU/SD	VT	
No playing video/computer game	13%	12%	
Less than 1 hour per day	12%	17%	VT > SU
1 hour per day	16%	15%	
2 hours per day	16%	18%	
3 hours per day	15%	14%	
4 hours per day	7%	8%	
5 or more hours per day	21%	16%	SU > VT

PLAYE	ED VIDEO O	R COMPU		MES OR USED A COMPUTER 3+ HOURS R DAY
		SU/SD	VT	
Overall	-	43%	38%	Overall Differences: State vs SU
Sex	Male	39%	39%	VT and SU are Similar
	Female	48%	37%	Within SU Differences
Grade	Grade 6	28%	29%	Too few students in at least one grade
	Grade 7	40%	38%	
	Grade 8		45%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK						
	SU/SD	VT					
0 days	5%	7%					
1 day	•	4%	Too few students				
2 days	7%	7%					
3 days	5%	7%					
4 days	7%	6%					
5 days	11%	8%					
6 days	7%	9%					
7 days	56%	52%					

		DID NOT E	CAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	Grade 6		5%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8		7%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSE	GLASSES OF WATER CONSU				
	SU/SD	VT			
Did not drink water	4%	3%			
1 to 3 times	13%	9%	SU > VT		
4 to 6 times	9%	10%			
1 time per day	7%	6%			
2 times per day	13%	16%			
3 times per day	17%	19%			
4 or more times per day	37%	37%			

	DRANK T	THREE OR	MORE G	CLASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	55%	56%	Overall Differences: State vs SU
Sex	Male	55%	57%	VT and SU are Similar
	Female	54%	54%	Within SU Differences
Grade	Grade 6	56%	58%	Too few students in at least one grade
	Grade 7	57%	54%	
	Grade 8		56%	



SECTION 7: SOCIAL DETERMINANTS

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	86%	77%	SU > VT				
Rarely	9%	14%	VT > SU				
Sometimes	3%	7%	VT > SU				
Most of the time	٠	1%	Too few students				
Always	٠	1%	Too few students				

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME							
		SU/SD	VT				
Overall			2%	Overall Differences: State vs SU			
Sex	Male		2%	Too few students			
	Female		2%	Within SU Differences			
Grade	Grade 6		2%	Too few students by sex			
	Grade 7		2%	Too few students in at least one grade			
	Grade 8		2%				



SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUTS	SIDE THE U.S.
		SU/SD	VT	
Overall			6%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	7%	5%					
1 day	4%	2%	SU > VT				
2 days	•	2%	Too few students				
3 days		3%	Too few students				
4 days		4%	Too few students				
5 days	6%	7%					
6 days		10%	Too few students				
7 days	75%	66%	SU > VT				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK							
		SU/SD	VT				
Overall	_	88%	88%	Overall Differences: State vs SU			
Sex	Male	90%	89%	VT and SU are Similar			
	Female	85%	87%	Within SU Differences			
Grade	Grade 6	85%	90%	Too few students in at least one grade			
	Grade 7	92%	89%				
	Grade 8		86%				



BELIEVE SCH	IOOL HAS	RULES A
	SU/SD	VT
Strongly agree	30%	28%
Agree	43%	43%
Not sure	14%	17%
Disagree	9%	8%
Strongly disagree	4%	5%

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR							
		SU/SD	VT					
Overall	_	73%	71%	Overall Differences: State vs SU				
Sex	Male	74%	72%	VT and SU are Similar				
	Female	71%	69%	Within SU Differences				
Grade	Grade 6	76%	77%	Too few students in at least one grade				
	Grade 7	73%	72%					
	Grade 8		66%					



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM							
		SU/SD	VT				
Overall	_	78%	76%	Overall Differences: State vs SU			
Sex	Male	80%	76%	VT and SU are Similar			
	Female	76%	76%	Within SU Differences			
Grade	Grade 6	78%	79%	Too few students in at least one grade			
	Grade 7	81%	75%				
	Grade 8		75%				

GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	43%	46%					
Mostly B's	44%	38%	SU > VT				
Mostly C's	11%	12%					
Mostly D's	٠	3%	Too few students				
Mostly F's	٠	1%	Too few students				

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY							
	SU/SD	VT					
Strongly agree	30%	27%					
Agree	30%	36%	VT > SU				
Not sure	22%	24%					
Disagree	10%	7%	SU > VT				
Strongly disagree	8%	5%					



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE							
		SU/SD	VT				
Overall	-	60%	64%	Overall Differences: State vs SU			
Sex	Male	61%	68%	VT and SU are Similar			
	Female	59%	60%	Within SU Differences			
Grade	Grade 6	71%	67%	Too few students in at least one grade			
	Grade 7	62%	65%				
	Grade 8		60%				

