2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR TWO RIVERS SU (SU063)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

TWO RIVERS SU (SU063) REPORT

http://healthvermont.gov/yrbs



SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS					
SU/SD VT					
Total	338	27349			

		SU/SD	VT
Sex	Male	47%	51%
	Female	53%	49%
Grade	9th Grade	25%	25%
	10th Grade	28%	25%
	11th Grade	22%	25%
	12th Grade	25%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	98%	83%
	Students of Color (REM)	2%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	88%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	12%	11%



SECTION 2: PERSONAL SAFETY

	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		17%	17%	Overall Differences: State vs SU
Sex	Male	22%	22%	VT and SU are Similar
	Female	12%	11%	Within SU Differences
Grade	Grade 9	23%	21%	Males > Females
	Grade 10	12%	18%	9 > 12
	Grade 11	23%	15%	11 > 12
	Grade 12	10%	13%	

W	ERE IN A PH	HYSICAL F	IGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	_	6%	7%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	4%	3%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10	8%	7%	
	Grade 11	9%	6%	
	Grade 12		4%	



SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	ON SCH	IOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	_
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	6%	10%	VT and SU are Similar
	Female	5%	3%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR						
		SU/SD	VT			
Overall	-	3%	5%	Overall Differences: State vs SU		
Sex	Male		6%	VT > SU		
	Female		3%	Within SU Differences		
Grade	Grade 9		6%	Too few students by sex		
	Grade 10		5%	Too few students in at least one grade		
	Grade 11		4%			
	Grade 12		4%			



SECTION 2: PERSONAL SAFETY

	WER	E ELECTR	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		13%	16%	Overall Differences: State vs SU
Sex	Male	6%	10%	VT and SU are Similar
	Female	18%	22%	Within SU Differences
Grade	Grade 9	14%	19%	Females > Males
	Grade 10	15%	16%	Too few students in at least one grade
	Grade 11	18%	15%	
	Grade 12		13%	

		WERE	BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	10%	11%	VT and SU are Similar
	Female	20%	20%	Within SU Differences
Grade	Grade 9	24%	21%	Females > Males
	Grade 10	13%	16%	9 > 10
	Grade 11	15%	14%	9 > 12
	Grade 12	11%	12%	



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HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		5%	9%	Overall Differences: State vs SU
Sex	Male		10%	VT > SU
	Female	5%	8%	Within SU Differences
Grade	Grade 9		9%	Too few students by sex
	Grade 10		9%	Too few students in at least one grade
	Grade 11		9%	
	Grade 12		8%	

DID 1	NOT GO TO	E THEY FELT UNSAFE, PAST 30 DAYS		
		SU/SD	VT	
Overall		9%	5%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	11%	6%	Within SU Differences
Grade	Grade 9	9%	5%	Females > Males
	Grade 10	6%	5%	Too few students in at least one grade
	Grade 11	17%	5%	
	Grade 12		4%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WER	RE EVER PH	IYSICALL	Y FORCE	ED TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	11%	9%	Within SU Differences
Grade	Grade 9	·	5%	Too few students by sex
	Grade 10	7%	5%	Too few students in at least one grade
	Grade 11	9%	7%	
	Grade 12		7%	

	EXPERIE	ENCED SEX	KUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall	_	10%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	17%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	



SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 **DAYS** SU/SD VT Overall 7% 7% Overall Differences: State vs SU Male 9% VT and SU are Similar Sex 9% Female 5% Within SU Differences Grade Grade 9 Too few students by sex 5% Grade 10 Too few students in at least one grade 4% Grade 11 7% Grade 12 10%

DROV	E A CAR O	R OTHER		E AFTER USING MARIJUANA, PAST 30 AYS
		SU/SD	VT	
Overall		19%	14%	Overall Differences: State vs SU
Sex	Male	13%	16%	SU > VT
	Female	22%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		15%	
	Grade 12		21%	



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE V	VITH A DRI	VER WHO	HAD BEI	EN DRINKING ALCOHOL, PAST 30 D
		SU/SD	VT	
Overall		19%	18%	Overall Differences: State vs SU
Sex	Male	19%	17%	VT and SU are Similar
	Female	19%	19%	Within SU Differences
Grade	Grade 9	19%	17%	
	Grade 10	22%	18%	
	Grade 11	19%	18%	
	Grade 12	17%	18%	

RODE	WITH A DR	IVER WHO	O HAD BE	EEN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall	_	23%	20%	Overall Differences: State vs SU
Sex	Male	16%	20%	VT and SU are Similar
	Female	27%	20%	Within SU Differences
Grade	Grade 9	9%	13%	Females > Males
	Grade 10	16%	18%	11 > 9
	Grade 11	31%	22%	12 > 9
	Grade 12	35%	28%	12 > 10
				11 > 10



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HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTEL	OR E-MAII	LED WHIL	NG A CAR OR OTHER VEHICLE, PAST 30	
		SU/SD	VT	
Overall	_	33%	34%	Overall Differences: State vs SU
Sex	Male	28%	34%	VT and SU are Similar
	Female	36%	34%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10		16%	
	Grade 11		42%	
	Grade 12		53%	



SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR					
	SU/SD	VT			
Never wore a helmet	8%	11%			
Rarely wore a helmet	٠	3%	Too few students		
Sometimes wore a helmet		3%	Too few students		
Most of the time wore a helmet	7%	9%			
Always wore a helmet	80%	74%	SU > VT		

RAREL	Y OR NEVE	R WEAR A		T WHILE SKIING OR SNOWBOARDING, YEAR
		SU/SD	VT	
Overall		10%	14%	Overall Differences: State vs SU
Sex	Male	12%	17%	VT and SU are Similar
	Female	7%	9%	Within SU Differences
Grade	Grade 9		11%	Too few students in at least one grade
	Grade 10		13%	
	Grade 11		15%	
	Grade 12		15%	



SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY **ACTIVE, PAST YEAR** SU/SD VT Overall 19% Overall Differences: State vs SU 18% 19% Sex Male 20% VT and SU are Similar Female 19% 16% Within SU Differences Grade Grade 9 21% 20% Grade 10 23% 18% Grade 11 18% 17% 16% Grade 12 13%



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	ASKED BY	A DOCTO		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	61%	54%	Overall Differences: State vs SU
Sex	Male	59%	51%	SU > VT
	Female	62%	58%	Within SU Differences
Grade	Grade 9	53%	47%	Too few students in at least one grade
	Grade 10	60%	53%	
	Grade 11		58%	
	Grade 12		61%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT		
Overall		60%	55%	Overall Differences: State vs SU	
Sex	Male	55%	53%	SU > VT	
	Female	64%	56%	Within SU Differences	
Grade	Grade 9	57%	57%	10 > 9	
	Grade 10	72%	56%	10 > 12	
	Grade 11	52%	54%	10 > 11	
	Grade 12	57%	52%		



SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE 1	IN THE SAM	ME CAR AS		NE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall	-	31%	23%	Overall Differences: State vs SU
Sex	Male	30%	23%	SU > VT
	Female	31%	23%	Within SU Differences
Grade	Grade 9	22%	22%	11 > 9
	Grade 10	32%	23%	
	Grade 11	41%	23%	
	Grade 12	32%	24%	

WERE II	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		37%	33%	Overall Differences: State vs SU
Sex	Male	35%	33%	VT and SU are Similar
	Female	37%	33%	Within SU Differences
Grade	Grade 9	28%	32%	11 > 9
	Grade 10	35%	33%	
	Grade 11	44%	33%	
	Grade 12	40%	36%	



SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, **PAST YEAR** SU/SD VTOverall 31% 25% Overall Differences: State vs SU SU > VTSex Male 18% 16% Female 41% 35% Within SU Differences Grade Grade 9 22% 23% Females > Males Grade 10 12 > 9 28% 26% Grade 11 26% 35% Grade 12 37% 26%

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT		
Overall		16%	16%	Overall Differences: State vs SU	
Sex	Male	8%	9%	VT and SU are Similar	
	Female	21%	25%	Within SU Differences	
Grade	Grade 9	11%	18%	Females > Males	
	Grade 10	20%	18%		
	Grade 11	16%	16%		
	Grade 12	16%	14%		



SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		8%	11%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female	12%	15%	Within SU Differences
Grade	Grade 9	8%	11%	Too few students by sex
	Grade 10	8%	12%	
	Grade 11	9%	11%	
	Grade 12	8%	10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT > SU
	Female	3%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12	٠	4%	



SECTION 4: SUBSTANCE USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		32%	24%	Overall Differences: State vs SU
Sex	Male	29%	26%	SU > VT
	Female	32%	22%	Within SU Differences
Grade	Grade 9	13%	17%	10 > 9
	Grade 10	27%	21%	11 > 9
	Grade 11	40%	28%	12 > 9
	Grade 12	48%	31%	12 > 10

	SMO	KED A CIO	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	14%	9%	SU > VT
	Female	7%	6%	Within SU Differences
Grade	Grade 9	·	8%	Too few students in at least one grade
	Grade 10	9%	8%	
	Grade 11	16%	8%	
	Grade 12	11%	7%	



SECTION 4: SUBSTANCE USE

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		42%	34%	Overall Differences: State vs SU
Sex	Male	39%	37%	SU > VT
	Female	44%	31%	Within SU Differences
Grade	Grade 9	12%	23%	10 > 9
	Grade 10	45%	31%	11 > 9
	Grade 11	52%	38%	12 > 9
	Grade 12	59%	44%	

	EVE	R TRIED I	LAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall	-	26%	21%	Overall Differences: State vs SU
Sex	Male	25%	24%	SU > VT
	Female	25%	17%	Within SU Differences
Grade	Grade 9	10%	12%	10 > 9
	Grade 10	24%	17%	11 > 9
	Grade 11	32%	24%	12 > 9
	Grade 12	38%	30%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		56%	58%	Overall Differences: State vs SU
Sex	Male	55%	57%	VT and SU are Similar
	Female	56%	58%	Within SU Differences
Grade	Grade 9	27%	41%	10 > 9
	Grade 10	50%	54%	11 > 9
	Grade 11	67%	65%	12 > 9
	Grade 12	80%	71%	12 > 10
				11 > 10

	D	RANK ALO	СОНОЬ В	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	12%	14%	Overall Differences: State vs SU
Sex	Male	13%	16%	VT and SU are Similar
	Female	8%	11%	Within SU Differences
Grade	Grade 9	9%	17%	
	Grade 10	15%	13%	
	Grade 11	14%	13%	
	Grade 12	8%	11%	



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HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		42%	37%	Overall Differences: State vs SU
Sex	Male	37%	37%	SU > VT
	Female	46%	37%	Within SU Differences
Grade	Grade 9	17%	23%	10 > 9
	Grade 10	34%	34%	11 > 9
	Grade 11	50%	42%	12 > 9
	Grade 12	69%	50%	12 > 10
				11 > 10
				12 > 11

	TR	RIED MAR	IJUANA 1	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	5%	5%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	16%	6%	
	Grade 12		5%	



SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	8%	8%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 9	·	6%	Too few students in at least one grade
	Grade 10	9%	7%	
	Grade 11	11%	8%	
	Grade 12	12%	9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11	10%	6%	
	Grade 12		9%	



SECTION 4: SUBSTANCE USE

		E	VER USI	ED COCAINE
		SU/SD	VT	_
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	7%	5%	SU > VT
	Female	5%	3%	Within SU Differences
Grade	Grade 9	·	2%	Too few students in at least one grade
	Grade 10	7%	3%	
	Grade 11	14%	4%	
	Grade 12		6%	

		EV	ER USEI	INHALANTS
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	7%	6%	
	Grade 11	16%	6%	
	Grade 12		6%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		I	EVER US	ED HEROIN
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9	·	1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	_
Overall		27%	24%	Overall Differences: State vs SU
Sex	Male	26%	28%	VT and SU are Similar
	Female	26%	18%	Within SU Differences
Grade	Grade 9	10%	14%	Too few students in at least one grade
	Grade 10	23%	20%	
	Grade 11		26%	
	Grade 12		33%	

SMOF	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		SU/SD	VT			
Overall	-	20%	19%	Overall Differences: State vs SU		
Sex	Male	17%	23%	VT and SU are Similar		
	Female	22%	14%	Within SU Differences		
Grade	Grade 9		11%	Too few students in at least one grade		
	Grade 10	13%	16%			
	Grade 11		22%			
	Grade 12		28%			



SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	17%	15%	Overall Differences: State vs SU	
Sex	Male	13%	19%	VT and SU are Similar	
	Female	18%	11%	Within SU Differences	
Grade	Grade 9		8%	Too few students in at least one grade	
	Grade 10	11%	12%		
	Grade 11	29%	17%		
	Grade 12	22%	22%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	12%	9%	Overall Differences: State vs SU
Sex	Male	8%	10%	SU > VT
	Female	14%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10	10%	7%	
	Grade 11	23%	11%	
	Grade 12	11%	13%	



SECTION 4: SUBSTANCE USE

AMON	AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT					
1 or 2 days	•	29%	Too few students				
3 to 5 days	•	15%	Too few students				
6 to 9 days	•	10%	Too few students				
10 to 19 days	•	12%	Too few students				
20 to 29 days		9%	Too few students				
All 30 days		25%	Too few students				

A	MONG CUR	RENT SMO	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	_	·	25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female	٠	20%	Within SU Differences
Grade	Grade 9	·	24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
	SU/SD	VT		
Less than 1 cigarette		30%	Too few students	
1 cigarette		19%	Too few students	
2 to 5 cigarettes		30%	Too few students	
6 to 10 cigarettes		9%	Too few students	
11 to 20 cigarettes		4%	Too few students	
More than 20 cigarettes		8%	Too few students	

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED					
		SU/SD	VT		
Overall	_		12%	Overall Differences: State vs SU	
Sex	Male		15%	Too few students	
	Female		6%	Within SU Differences	
Grade	Grade 9		12%	Too few students by sex	
	Grade 10		8%	Too few students in at least one grade	
	Grade 11		10%		
	Grade 12		12%		



SECTION 4: SUBSTANCE USE

	USED ELECTRONIC VAPO			R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		13%	12%	Overall Differences: State vs SU
Sex	Male	10%	14%	VT and SU are Similar
	Female	14%	9%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		10%	
	Grade 11	27%	13%	
	Grade 12		17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them	40%	35%			
To try to quit other tobacco	8%	5%	SU > VT		
Cost less than other tobacco		1%	Too few students		
Easier to get than other tobacco		1%	Too few students		
Less harmful than other tobacco	8%	8%			
Available in flavors	18%	17%			
Used for some other reason	26%	33%			



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE				
	SU/SD	VT		
1 or 2 days	•	37%	Too few students	
3 to 5 days		19%	Too few students	
6 to 9 days	•	11%	Too few students	
10 to 19 days	•	12%	Too few students	
20 to 29 days	•	7%	Too few students	
All 30 days	•	15%	Too few students	

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS				
		SU/SD	VT	
Overall	_	·	33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



SECTION 4: SUBSTANCE USE

CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER **AGE 18** SU/SD VT Bought them in a store 8% Too few students I got them on the Internet 10% Too few students Someone else bought them 14% Too few students Borrowed them 38% Too few students Too few students A person 18 or older gave me 11% Took them from a store 2% Too few students Some other way 18% Too few students

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		·	5%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female	•	2%	Within SU Differences
Grade	Grade 9	·	3%	
	Grade 10		5%	
	Grade 11		6%	
	Grade 12	٠	7%	



SECTION 4: SUBSTANCE USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	_
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male		13%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11	12%	10%	
	Grade 12	14%	15%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR					
		SU/SD	VT			
Overall	_	41%	33%	Overall Differences: State vs SU		
Sex	Male		30%	VT and SU are Similar		
	Female		37%	Within SU Differences		
Grade	Grade 9		33%	Too few students by sex		
	Grade 10		35%	Too few students in at least one grade		
	Grade 11		32%			
	Grade 12		32%			



12 > 9

12 > 10

SECTION 4: SUBSTANCE USE CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS SU/SD VT Overall 34% 33% Overall Differences: State vs SU Sex Male 33% 32% VT and SU are Similar Female 34% 34% Within SU Differences Grade 9 10 > 9 Grade 15% 20% Grade 10 32% 30% 11 > 9

36%

46%

Grade 11

Grade 12

39%

51%

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		13%	17%	Overall Differences: State vs SU
Sex	Male	12%	17%	VT > SU
	Female	13%	17%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10	15%	14%	
	Grade 11	19%	19%	
	Grade 12	14%	27%	



SECTION 4: SUBSTANCE USE

AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING						
	SU/SD	VT					
1 or 2 days	59%	49%	SU > VT				
3 to 5 days	21%	26%					
6 to 9 days	11%	13%					
10 to 19 days		7%	Too few students				
20 to 29 days	•	2%	Too few students				
All 30 days	٠	3%	Too few students				

	AMC	NG CURR	ENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall		10%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female	•	9%	Within SU Differences
Grade	Grade 9	·	11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED							
	SU/SD	VT					
1 or 2 drinks	51%	35%	SU > VT				
3 drinks	7%	6%					
4 drinks	7%	8%					
5 drinks		13%	Too few students				
6 or 7 drinks	14%	15%					
8 or 9 drinks		8%	Too few students				
10 or more drinks	12%	14%					

	AMONG CU	RRENT US	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall	-	41%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT > SU
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



SECTION 4: SUBSTANCE USE

AMON	NT USER	RS: ALCOHOL SOURCE	
	SU/SD	VT	
Bought in store		3%	Too few students
Bought in restaurant		2%	Too few students
Bought at public event		0%	Too few students
I gave someone money to buy	25%	23%	
Someone gave it to me	34%	40%	
Took from store/family	13%	12%	
Some other way	26%	20%	SU > VT

	USED MARIJUA			NA, PAST 30 DAYS
		SU/SD	VT	
Overall		28%	24%	Overall Differences: State vs SU
Sex	Male	22%	24%	SU > VT
	Female	32%	23%	Within SU Differences
Grade	Grade 9	12%	15%	11 > 9
	Grade 10	21%	22%	12 > 9
	Grade 11	36%	25%	12 > 10
	Grade 12	44%	32%	11 > 10



SECTION 4: SUBSTANCE USE

AMONG	CURRENT	USERS:	FREQUENCY OF MARIJUANA USE
	SU/SD	VT	
1 or 2 times	32%	34%	
3 to 9 times	19%	25%	
10 to 19 times	11%	12%	
20 to 39 times	10%	10%	
40 or more times	27%	20%	SU > VT

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall	-	48%	41%	Overall Differences: State vs SU
Sex	Male		47%	VT and SU are Similar
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED					
	SU/SD	VT			
Smoked it	97%	91%	SU > VT		
Ate in food		4%	Too few students		
Drank in tea or other drink		1%	Too few students		
Vaporized		2%	Too few students		
Some other way	•	2%	Too few students		

	MISU	SED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall	_	6%	5%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	5%	5%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10	7%	5%	
	Grade 11		5%	
	Grade 12		7%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SUBSTANCE USE ON SCHOOL PROPERTY

WERE	AN ILLEGAL DRUG AT SCHOOL, PAST EAR			
		SU/SD	VT	
Overall		9%	15%	Overall Differences: State vs SU
Sex	Male	7%	17%	VT > SU
	Female	9%	13%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10	7%	16%	
	Grade 11	11%	16%	
	Grade 12	14%	14%	

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR					
Overall		14%	13%	Overall Differences: State vs SU	
Sex	Male	12%	14%	VT and SU are Similar	
	Female	15%	12%	Within SU Differences	
Grade	Grade 9		9%	Too few students in at least one grade	
	Grade 10	9%	12%		
	Grade 11	21%	14%		
	Grade 12	27%	18%		



PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall 22% Overall Differences: State vs SU 25% Sex Male 23% VT and SU are Similar 25% Within SU Differences Female 21% 24% Grade Grade 9 30% 32% 9 > 11 Grade 10 28% 9 > 12 26%Grade 11 10 > 1212% 21% Grade 12 15% 20% 10 > 11

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		83%	84%	Overall Differences: State vs SU	
Sex	Male	86%	82%	VT and SU are Similar	
	Female	82%	86%	Within SU Differences	
Grade	Grade 9	91%	90%	9 > 11	
	Grade 10	89%	88%	9 > 12	
	Grade 11	78%	83%	10 > 12	
	Grade 12	73%	75%		



PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL						
SU/SD VT						
Overall	_	58%	54%	Overall Differences: State vs SU		
Sex	Male	63%	55%	VT and SU are Similar		
	Female	55%	54%	Within SU Differences		
Grade	Grade 9	80%	71%	9 > 10		
	Grade 10	61%	59%	9 > 11		
	Grade 11	53%	48%	9 > 12		
	Grade 12	38%	39%	10 > 12		

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE MARIJUANA					
		SU/SD	VT		
Overall		54%	55%	Overall Differences: State vs SU	
Sex	Male	61%	56%	VT and SU are Similar	
	Female	49%	55%	Within SU Differences	
Grade	Grade 9	74%	69%	Males > Females	
	Grade 10	62%	60%	9 > 11	
	Grade 11	45%	51%	9 > 12	
	Grade 12	33%	42%	10 > 12	
				10 > 11	



PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	J	85%	91%	Overall Differences: State vs SU	
Sex	Male	88%	90%	VT > SU	
	Female	84%	93%	Within SU Differences	
Grade	Grade 9	87%	94%	10 > 11	
	Grade 10	92%	94%		
	Grade 11	76%	91%		
	Grade 12	84%	87%		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		66%	66%	Overall Differences: State vs SU	
Sex	Male	68%	64%	VT and SU are Similar	
	Female	66%	67%	Within SU Differences	
Grade	Grade 9	73%	78%	9 > 12	
	Grade 10	80%	71%	10 > 12	
	Grade 11	63%	63%	10 > 11	
	Grade 12	49%	50%		



PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA VT SU/SD Overall 69% Overall Differences: State vs SU 76% 69% VT > SUSex Male 75% 77% Female 71% Within SU Differences Grade Grade 9 84% 83% 9 > 11 Grade 10 75% 79% 9 > 12 Grade 11 59% 10 > 1275% Grade 12 58% 69% 10 > 11

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	5%	5%	
Slight risk	7%	9%	
Moderate risk	19%	18%	
Great risk	69%	68%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY VT SU/SD Overall 69% Overall Differences: State vs SU 68% Sex Male 65% VT and SU are Similar 66% 70% Female 73% Within SU Differences Grade Grade 9 55% 64% 10 > 9Grade 10 82% 68% 12 > 9 Grade 11 10 > 1157% 68% Grade 12 78% 72% 12 > 11

PERCEIVE	PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK					
	SU/SD	VT				
No risk	6%	6%				
Slight risk	22%	19%				
Moderate risk	34%	39%	VT > SU			
Great risk	38%	36%				



PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND SU/SD VT Overall Overall Differences: State vs SU 38% 36% Sex Male 29% VT and SU are Similar 32% Female 45% 41% Within SU Differences Grade Grade 9 43% 38% Females > Males Grade 10 39% 10 > 12 48% Grade 11 10 > 1129% 35% Grade 12 30% 32%

PERCEIV	PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE					
	SU/SD	VT				
No risk	28%	21%	SU > VT			
Slight risk	26%	29%				
Moderate risk	22%	26%				
Great risk	23%	24%				



PERCEPTIONS OF USE

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY					
		SU/SD	VT			
Overall	-	23%	24%	Overall Differences: State vs SU		
Sex	Male	23%	21%	VT and SU are Similar		
	Female	24%	28%	Within SU Differences		
Grade	Grade 9	39%	32%	9 > 10		
	Grade 10	24%	26%	9 > 11		
	Grade 11	14%	22%	9 > 12		
	Grade 12	15%	18%			

	PERC	CEIVED A	ACCESS TO CIGARETTES
	SU/SD	VT	
Very hard	23%	24%	
Sort of hard	17%	21%	VT > SU
Sort of easy	25%	22%	
Very easy	35%	32%	



PERCEPTIONS OF USE

SAY IF	SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET					
		SU/SD	VT			
Overall		60%	55%	Overall Differences: State vs SU		
Sex	Male	56%	57%	SU > VT		
	Female	62%	52%	Within SU Differences		
Grade	Grade 9	34%	38%	10 > 9		
	Grade 10	53%	48%	11 > 9		
	Grade 11	64%	57%	12 > 9		
	Grade 12	89%	75%	12 > 10		
				12 > 11		

	PER	RCEIVEI
	SU/SD	VT
Very hard	14%	15%
Sort of hard	19%	18%
Sort of easy	30%	31%
Very easy	37%	37%



PERCEPTIONS OF USE

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall Overall Differences: State vs SU 67% 68% Sex Male 59% 67% VT and SU are Similar Female 73% 69% Within SU Differences Grade Grade 9 53% 58% Females > Males 10 > 9 Grade 10 67% 68% Grade 11 70% 72% 11 > 9Grade 12 76% 74% 12 > 9

	PERCEIVED A			
	SU/SD	VT		
Very hard	26%	27%		
Sort of hard	14%	15%		
Sort of easy	24%	22%		
Very easy	37%	37%		



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF	SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET					
		SU/SD	VT			
Overall	-	60%	58%	Overall Differences: State vs SU		
Sex	Male	54%	59%	VT and SU are Similar		
	Female	65%	57%	Within SU Differences		
Grade	Grade 9	44%	43%	10 > 9		
	Grade 10	60%	56%	11 > 9		
	Grade 11	70%	65%	12 > 9		
	Grade 12	69%	69%			



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

I	LIFETIME SEXUAL CONTACTS: MALES					
	SU/SD	VT				
Never had sexual contact	44%	42%				
Females	55%	54%				
Males		2%	Too few students			
Females and males		2%	Too few students			

LI	CONTACTS: FEMALE		
	SU/SD	VT	
Never had sexual contact	41%	43%	
Females	5%	2%	SU > VT
Males	47%	48%	
Females and males	7%	7%	

	EVER HAD SEXU			AL INTERCOURSE
		SU/SD	VT	
Overall		42%	40%	Overall Differences: State vs SU
Sex	Male	38%	40%	VT and SU are Similar
	Female	44%	40%	Within SU Differences
Grade	Grade 9	18%	19%	11 > 9
	Grade 10	28%	33%	12 > 9
	Grade 11	54%	48%	12 > 10
	Grade 12	69%	61%	11 > 10



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		12%	9%	Overall Differences: State vs SU
Sex	Male	10%	9%	SU > VT
	Female	13%	8%	Within SU Differences
Grade	Grade 9	·	3%	Too few students in at least one grade
	Grade 10	13%	6%	
	Grade 11	22%	10%	
	Grade 12	13%	16%	

	EVER HA			O ORAL SEX
		SU/SD	VT	
Overall		39%	42%	Overall Differences: State vs SU
Sex	Male	38%	42%	VT and SU are Similar
	Female	40%	42%	Within SU Differences
Grade	Grade 9	11%	23%	10 > 9
	Grade 10	32%	37%	11 > 9
	Grade 11	60%	49%	12 > 9
	Grade 12	58%	60%	12 > 10
				11 > 10



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FOI	R HUMAN	N IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		10%	10%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT and SU are Similar
	Female	12%	12%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11	13%	12%	
	Grade 12	17%	14%	



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SEXU	JAL INTER	DURING THE PAST 3 MONTHS	
		SU/SD	VT	
Overall		33%	31%	Overall Differences: State vs SU
Sex	Male	28%	29%	VT and SU are Similar
	Female	37%	32%	Within SU Differences
Grade	Grade 9	12%	13%	11 > 9
	Grade 10	22%	24%	12 > 9
	Grade 11	50%	37%	12 > 10
	Grade 12	52%	48%	11 > 10

USE	USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		SU/SD	VT			
Overall		28%	20%	Overall Differences: State vs SU		
Sex	Male		22%	SU > VT		
	Female		17%	Within SU Differences		
Grade	Grade 9		24%	Too few students by sex		
	Grade 10		22%	Too few students in at least one grade		
	Grade 11		18%			
	Grade 12		19%			



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT No method was used 7% 7% SU > VTBirth control pills 42% 32% Condoms 31% 35% IUD or implant 12% 13% Shot/patch/birth control ring 5% Too few students Withdrawal/other method 5% Too few students Not sure 2% Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT Overall 57% 50% Overall Differences: State vs SU Sex Male 40% VT and SU are Similar Female 60% Within SU Differences Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51% Grade 12 59%



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDEN					
		SU/SD	VT		
Overall		55%	56%	Overall Differences: State vs SU	
Sex	Male		61%	VT and SU are Similar	
	Female	•	52%	Within SU Differences	
Grade	Grade 9	·	64%	Too few students by sex	
	Grade 10		61%	Too few students in at least one grade	
	Grade 11		58%		
	Grade 12		51%		

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD $\mathbf{V}\mathbf{T}$ Overall 19% Overall Differences: State vs SU 21% Sex Male 15% VT and SU are Similar 22% Within SU Differences Female Grade Grade 9 12% Too few students by sex Grade 10 19% Too few students in at least one grade Grade 11 20% Grade 12 20%



SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG **CURRENTLY SEXUALLY ACTIVE STUDENTS** VT SU/SD Overall 7% 7% Overall Differences: State vs SU Male VT and SU are Similar Sex 8% 7% Female Within SU Differences Grade Grade 9 12% Too few students by sex Grade 10 9% Too few students in at least one grade Grade 11 6% Grade 12 6%



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERV	OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)					
		SU/SD	VT			
Overall	-	15%	14%	Overall Differences: State vs SU		
Sex	Male	15%	14%	VT and SU are Similar		
	Female	15%	15%	Within SU Differences		
Grade	Grade 9	18%	14%	Too few students in at least one grade		
	Grade 10	14%	15%			
	Grade 11		14%			
	Grade 12	16%	13%			

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		18%	13%	Overall Differences: State vs SU
Sex	Male	24%	15%	SU > VT
	Female	12%	10%	Within SU Differences
Grade	Grade 9	13%	12%	Males > Females
	Grade 10	21%	12%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12	22%	13%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	PERCI	EPTIONS	OF OWN WEIGH
	SU/SD	VT	
Very underweight		2%	Too few students
Slightly underweight	10%	12%	
About the right weight	55%	56%	
Slightly overweight	29%	25%	
Very overweight	5%	5%	

DI	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall	-	34%	30%	Overall Differences: State vs SU
Sex	Male	26%	25%	VT and SU are Similar
	Female	41%	36%	Within SU Differences
Grade	Grade 9	29%	29%	Females > Males
	Grade 10	38%	30%	12 > 9
	Grade 11	23%	30%	10 > 11
	Grade 12	44%	33%	12 > 11

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
SU/SD VT					
Lose weight	46%	42%			
Gain weight	13%	15%			
Stay the same weight	13%	18%	VT > SU		
Not trying to do anything	28%	25%			



SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE 7	TRYING T	TO LOSE WEIGHT
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	30%	28%	VT and SU are Similar
	Female	60%	57%	Within SU Differences
Grade	Grade 9	47%	41%	Females > Males
	Grade 10	53%	42%	
	Grade 11	39%	41%	
	Grade 12	43%	44%	



PHYSICAL ACTIVITY

	DAYS PH	YSICAL	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
days	9%	13%	VT > SU
day	4%	7%	VT > SU
2 days	11%	9%	
days	12%	12%	
days	8%	11%	VT > SU
days	15%	14%	
days	8%	10%	
days	32%	25%	SU > VT

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		32%	25%	Overall Differences: State vs SU
Sex	Male	48%	33%	SU > VT
	Female	19%	17%	Within SU Differences
Grade	Grade 9	44%	27%	Males > Females
	Grade 10	31%	27%	9 > 11
	Grade 11	26%	24%	9 > 12
	Grade 12	28%	23%	



PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK					
		SU/SD	VT		
Overall	-	56%	49%	Overall Differences: State vs SU	
Sex	Male	68%	56%	SU > VT	
	Female	45%	42%	Within SU Differences	
Grade	Grade 9	62%	53%	Males > Females	
	Grade 10	60%	50%	9 > 11	
	Grade 11	41%	47%	10 > 11	
	Grade 12	57%	47%		

DID NO	OT PARTICI			C 60 MINUTES OF PHYSICAL ACTIVITY DAY, PAST WEEK
		SU/SD	VT	
Overall		9%	13%	Overall Differences: State vs SU
Sex	Male	7%	11%	VT > SU
	Female	11%	14%	Within SU Differences
Grade	Grade 9		10%	Too few students in at least one grade
	Grade 10	8%	12%	
	Grade 11	12%	14%	
	Grade 12	14%	15%	



PHYSICAL ACTIVITY

TV, VIDEO OR (COMPUTE	R GAME
	SU/SD	VT
Do not watch TV	3%	3%
Less than 1 hour per day	9%	8%
1 hour per day	12%	12%
2 hours per day	21%	23%
3 hours per day	20%	21%
4 hours per day	14%	13%
5 or more hours per day	21%	19%

				OR COMPUTER GAMES, OR USED A ORE HOURS PER DAY, PAST WEEK
		SU/SD	VT	
Overall		56%	53%	Overall Differences: State vs SU
Sex	Male	52%	53%	VT and SU are Similar
	Female	59%	52%	Within SU Differences
Grade	Grade 9	47%	53%	10 > 9
	Grade 10	63%	53%	
	Grade 11	60%	51%	
	Grade 12	52%	53%	



NUTRITION

ATE FR	FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK			
		SU/SD	VT	
Overall		25%	33%	Overall Differences: State vs SU
Sex	Male	31%	32%	VT > SU
	Female	19%	33%	Within SU Differences
Grade	Grade 9	23%	33%	Males > Females
	Grade 10	29%	33%	11 > 12
	Grade 11	31%	32%	
	Grade 12	16%	32%	

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall	_	9%	18%	Overall Differences: State vs SU
Sex	Male	9%	18%	VT > SU
	Female	10%	18%	Within SU Differences
Grade	Grade 9	9%	17%	Too few students in at least one grade
	Grade 10		18%	
	Grade 11	22%	17%	
	Grade 12		19%	



NUTRITION

	SODA CONSUMP			
	SU/SD	VT		
Did not drink soda or pop	33%	37%		
1 to 3 times	37%	40%		
4 to 6 times	16%	12%	SU > VT	
1 time per day	5%	4%		
2 times per day	4%	3%		
3 times per day		1%	Too few students	
4 or more times per day	3%	3%		

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK SU/SD VT Overall 14% 11% Overall Differences: State vs SU Sex Male 20% 16% VT and SU are Similar 6% Female 8% Within SU Differences Grade 9 Grade 15% 11% Males > Females Grade 10 11% 11% Grade 11 12% 11% Grade 12 19% 12%



NUTRITION

SUGAR-SWEE	SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK					
	SU/SD	VT				
Did not drink sugar-sweetened	23%	28%	VT > SU			
1 to 3 times	43%	44%				
4 to 6 times	18%	15%				
1 time per day	8%	6%				
2 times per day	4%	3%				
3 times per day	2%	1%	SU > VT			
4 or more times per day	2%	2%				

DRAN				OF SUGAR-SWEETENED BEVERAGES S PER DAY, PAST WEEK
		SU/SD	VT	
Overall		16%	12%	Overall Differences: State vs SU
Sex	Male	20%	15%	SU > VT
	Female	12%	9%	Within SU Differences
Grade	Grade 9	11%	12%	11 > 9
	Grade 10	17%	12%	
	Grade 11	23%	13%	
	Grade 12	15%	13%	



NUTRITION

	WATER (CONSUM
	SU/SD	VT
Did not drink water	4%	4%
1 to 3 times	11%	9%
4 to 6 times	13%	11%
1 time per day	7%	9%
2 times per day	18%	16%
3 times per day	18%	19%
4 or more times per day	29%	33%

DRA	NK THREE	OR MORE	E GLASSE	S PER DAY OF WATER, PAST WEE
		SU/SD	VT	
Overall	_	47%	52%	Overall Differences: State vs SU
Sex	Male	45%	51%	VT and SU are Similar
	Female	50%	53%	Within SU Differences
Grade	Grade 9	43%	50%	
	Grade 10	50%	53%	
	Grade 11	47%	51%	
	Grade 12	50%	55%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

	BRE	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	14%	11%	SU > VT
1 day	6%	6%	
2 days	10%	9%	
3 days	12%	10%	
4 days	11%	8%	
5 days	6%	9%	VT > SU
6 days	7%	7%	
7 days	33%	40%	VT > SU

]	DID NOT E	EAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		14%	11%	Overall Differences: State vs SU
Sex	Male	11%	11%	SU > VT
	Female	15%	10%	Within SU Differences
Grade	Grade 9	12%	10%	
	Grade 10	15%	11%	
	Grade 11	17%	10%	
	Grade 12	13%	11%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	72%	75%					
Rarely	13%	15%					
Sometimes	12%	7%	SU > VT				
Most of the time		2%	Too few students				
Always		1%	Too few students				

N	OST OF TH	E TIME O	R ALWA	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	•	2%	Within SU Differences
Grade	Grade 9	·	3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall		3%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	5%	3%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		5%	



ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT				
0 days	12%	9%	SU > VT			
1 day	2%	4%				
2 days	4%	4%				
3 days	8%	6%				
4 days	7%	8%				
5 days	7%	13%	VT > SU			
6 days	13%	12%				
7 days	47%	44%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK							
		SU/SD	VT				
Overall		73%	77%	Overall Differences: State vs SU			
Sex	Male	80%	80%	VT > SU			
	Female	69%	75%	Within SU Differences			
Grade	Grade 9	85%	83%	Males > Females			
	Grade 10	79%	81%	9 > 11			
	Grade 11	64%	76%	9 > 12			
	Grade 12	64%	71%	10 > 12			
			·	10 > 11			



GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	44%	46%					
Mostly B's	36%	39%					
Mostly C's	16%	12%	SU > VT				
Mostly D's		2%	Too few students				
Mostly F's	2%	1%	SU > VT				

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 81% 80% Overall Differences: State vs SU Sex Male 79% 80% VT and SU are Similar 83% 81% Within SU Differences Female Grade Grade 9 76% 78% Grade 10 86% 79% Grade 11 84% 82% 77% Grade 12 83%



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS						
	SU/SD	VT				
Strongly agree	12%	21%	VT > SU			
Agree	37%	44%	VT > SU			
Not sure	26%	19%	SU > VT			
Disagree	17%	11%	SU > VT			
Strongly disagree	8%	5%	SU > VT			

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 50% 65% Overall Differences: State vs SU Male VT > SUSex 57% 69% Female 43% 61% Within SU Differences Grade Grade 9 Males > Females 55% 67% Grade 10 47% 65% Grade 11 42% 64% Grade 12 53% 63%



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	8%	5%	SU > VT		
Probably will not	7%	5%			
Probably will	23%	22%			
Definitely will	46%	57%	VT > SU		
Not sure	16%	11%	SU > VT		

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM							
		SU/SD	VT				
Overall		69%	79%	Overall Differences: State vs SU			
Sex	Male	60%	75%	VT > SU			
	Female	79%	83%	Within SU Differences			
Grade	Grade 9	61%	74%	Females > Males			
	Grade 10	68%	77%	12 > 9			
	Grade 11	63%	81%	12 > 10			
	Grade 12	83%	83%	12 > 11			



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	37%	33%	SU > VT			
1 to 4 hours	26%	27%				
5 to 9 hours	13%	17%	VT > SU			
10 to 19 hours	18%	17%				
20 or more hours	6%	6%				

SPEND 1	10 OR MORI	E HOURS 1		PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK
		SU/SD	VT	
Overall	-	24%	24%	Overall Differences: State vs SU
Sex	Male	26%	24%	VT and SU are Similar
	Female	23%	24%	Within SU Differences
Grade	Grade 9	25%	21%	
	Grade 10	28%	23%	
	Grade 11	18%	24%	
	Grade 12	25%	26%	



]	MATTER T	O PEOP
	SU/SD	VT
Strongly agree	14%	19%
Agree	40%	41%
Not sure	31%	25%
Disagree	10%	9%
Strongly disagree	4%	5%

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT Overall 54% 61% Overall Differences: State vs SU Sex Male 61% 65% VT > SUFemale 49% 57% Within SU Differences Grade Grade 9 54% 61% Males > Females Grade 10 60% 60% Grade 11 52% 60% Grade 12 50% 62%



MIDDLE SCHOOL RESULTS

TWO RIVERS SU (SU063) REPORT

http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	154	16701			

		SU/SD	VT
Sex	Male	48%	52%
	Female	52%	48%
	6th Grade		24%
	7th Grade	53%	39%
	8th Grade	47%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	97%	81%
	Students of Color (REM)	3%	19%
Sexual Orientation	Heterosexual (Het)	93%	93%
	Lesbian, Gay, or Bisexual (LGB)	7%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		27%	42%	Overall Differences: State vs SU
Sex	Male	38%	56%	VT > SU
	Female	15%	27%	Within SU Differences
Grade	Grade 6		40%	Males > Females
	Grade 7	25%	43%	Too few students in at least one grade
	Grade 8	30%	43%	

	WE	RE EVER I	BULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	
Overall	_	38%	44%	Overall Differences: State vs SU
Sex	Male	28%	39%	VT > SU
	Female	46%	50%	Within SU Differences
Grade	Grade 6		44%	Females > Males
	Grade 7	39%	45%	Too few students in at least one grade
	Grade 8	37%	44%	



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	W	ERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		27%	24%	Overall Differences: State vs SU
Sex	Male	15%	16%	VT and SU are Similar
	Female	37%	33%	Within SU Differences
Grade	Grade 6		18%	Females > Males
	Grade 7	30%	24%	Too few students in at least one grade
	Grade 8	25%	28%	

		WERE	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	22%	Overall Differences: State vs SU
Sex	Male	11%	17%	VT and SU are Similar
	Female	26%	26%	Within SU Differences
Grade	Grade 6		22%	Females > Males
	Grade 7	22%	22%	Too few students in at least one grade
	Grade 8	18%	21%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall			8%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		8%	Within SU Differences
Grade	Grade 6		7%	
	Grade 7		8%	
	Grade 8		9%	

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT Overall Differences: State vs SU Overall 12% 8% SU > VTSex Male 10% 7% Within SU Differences Female 12% 10% Grade Grade 6 8% Too few students in at least one grade Grade 7 9% 8% Grade 8 9% 14%



SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE					
	SU/SD	VT			
Never		1%	Too few students		
Rarely		1%	Too few students		
Sometimes	5%	3%	SU > VT		
Most of the time	16%	18%			
Always	78%	76%			

	I	RARELY O	R NEVE	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8	·	3%	



SECTION 2: PERSONAL SAFETY CAR SAFETY

EVI	ER RODE W	TTH A DRI	IVER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	
Overall		22%	22%	Overall Differences: State vs SU
Sex	Male	8%	20%	VT and SU are Similar
	Female	33%	24%	Within SU Differences
Grade	Grade 6		15%	Females > Males
	Grade 7	22%	21%	Too few students in at least one grade
	Grade 8	21%	27%	

EV	ER RODE V	WITH A DR	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall			9%	Overall Differences: State vs SU
Sex	Male		7%	Too few students
	Female		10%	Within SU Differences
Grade	Grade 6		5%	
	Grade 7		8%	
	Grade 8		12%	



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT			
Never wear a helmet	13%	16%			
Rarely wear a helmet	15%	15%			
Sometimes wear a helmet	23%	15%	SU > VT		
Most of the time wear a helmet	27%	25%			
Always wear a helmet	21%	28%	VT > SU		

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall		29%	31%	Overall Differences: State vs SU
Sex	Male	30%	33%	VT and SU are Similar
	Female	28%	29%	Within SU Differences
Grade	Grade 6		24%	Too few students in at least one grade
	Grade 7	14%	30%	
	Grade 8	45%	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet		5%	Too few students			
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet		2%	Too few students			
Most of the time wear a helmet		7%	Too few students			
Always wear a helmet	94%	83%	SU > VT			



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELMI	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	
Overall			7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		7%	
	Grade 7		8%	
	Grade 8		7%	

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
		SU/SD	VT		
Overall	-	14%	17%	Overall Differences: State vs SU	
Sex	Male	11%	19%	VT > SU	
	Female	16%	16%	Within SU Differences	
Grade	Grade 6		17%	Too few students in at least one grade	
	Grade 7	13%	17%		
	Grade 8	16%	18%		



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
SU/SD VT						
Overall	-	17%	26%	Overall Differences: State vs SU		
Sex	Male		25%	VT > SU		
	Female	23%	27%	Within SU Differences		
Grade	Grade 6		21%	Too few students by sex		
	Grade 7	18%	27%	Too few students in at least one grade		
	Grade 8		29%			

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
SU/SD VT						
Overall	_	13%	19%	Overall Differences: State vs SU		
Sex	Male	8%	17%	VT > SU		
	Female	15%	20%	Within SU Differences		
Grade	Grade 6		15%	Females > Males		
	Grade 7	15%	19%	Too few students in at least one grade		
	Grade 8	9%	20%			



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
	SU/SD				
Never	8%	9%			
Rarely	9%	14%	VT > SU		
Sometimes	23%	27%	VT > SU		
Most of the time	36%	29%	SU > VT		
Always	24%	21%			

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
SU/SD VT					
Overall	-	60%	50%	Overall Differences: State vs SU	
Sex	Male	53%	51%	SU > VT	
	Female	65%	49%	Within SU Differences	
Grade	Grade 6		42%	Females > Males	
	Grade 7	58%	50%	Too few students in at least one grade	
	Grade 8	62%	56%		



SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall	-	38%	30%	Overall Differences: State vs SU	
Sex	Male	35%	30%	SU > VT	
	Female	39%	31%	Within SU Differences	
Grade	Grade 6		18%	Too few students in at least one grade	
	Grade 7	31%	29%		
	Grade 8	47%	40%		



SECTION 3: MENTAL HEALTH

		FELT SAI	OR HO	PELESS, PAST YEAR
		SU/SD	VT	_
Overall		18%	19%	Overall Differences: State vs SU
Sex	Male		12%	VT and SU are Similar
	Female	26%	26%	Within SU Differences
Grade	Grade 6		16%	Too few students by sex
	Grade 7	18%	18%	Too few students in at least one grade
	Grade 8	17%	22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	11%	18%	Overall Differences: State vs SU
Sex	Male		12%	VT > SU
	Female	20%	23%	Within SU Differences
Grade	Grade 6		13%	Too few students by sex
	Grade 7	12%	17%	Too few students in at least one grade
	Grade 8	11%	22%	



SECTION 3: MENTAL HEALTH

EVE	R MADE A	PLAN ABO	OUT HOW	THEY WOULD KILL THEMSELVES
		SU/SD	VT	
Overall		7%	12%	Overall Differences: State vs SU
Sex	Male		8%	VT > SU
	Female	10%	16%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7	9%	11%	Too few students in at least one grade
	Grade 8		16%	

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	_
Overall			6%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		8%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		5%	
	Grade 8		8%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER SMO	OKED A	WHOLE CIGARETTE
		SU/SD	VT	_
Overall			7%	Overall Differences: State vs SU
Sex	Male		7%	Too few students
	Female		7%	Within SU Differences
Grade	Grade 6		4%	
	Grade 7		7%	
	Grade 8		10%	

	EVE	R USED AN	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall	_	·	9%	Overall Differences: State vs SU
Sex	Male		9%	Too few students
	Female		8%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		8%	
	Grade 8		14%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

	EVE	CR USED A	FLAVOR	RED TOBACCO PRODUCT
		SU/SD	VT	_
Overall			5%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		5%	
	Grade 8		6%	

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		13%	19%	Overall Differences: State vs SU
Sex	Male	12%	20%	VT > SU
	Female	13%	17%	Within SU Differences
Grade	Grade 6		10%	Too few students in at least one grade
	Grade 7	12%	17%	
	Grade 8	15%	26%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

LIFETIME USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	10%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		6%	Too few students in at least one grade
	Grade 8	7%	11%	

		EV	ER USEI) INHALANTS
		SU/SD	VT	_
Overall			4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		4%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		4%	
	Grade 8		5%	



SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO **USE IT** SU/SD VT Overall Differences: State vs SU Overall 2% Sex Male Too few students 2% Within SU Differences Female 3% Grade Grade 6 1% Grade 7 2% Grade 8 3%

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		2%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	τ	U SED TOB A	ACCO PR	ODUCTS, PAST YEAR
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		3%	
	Grade 7		5%	
	Grade 8		7%	

SMOF	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT		
Overall	-		5%	Overall Differences: State vs SU	
Sex	Male		5%	Too few students	
	Female		4%	Within SU Differences	
Grade	Grade 6		2%		
	Grade 7		4%		
	Grade 8		7%		



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SMOKEI	CD CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT		
Overall	-		3%	Overall Differences: State vs SU	
Sex	Male		3%	Too few students	
	Female		2%	Within SU Differences	
Grade	Grade 6		1%		
	Grade 7		2%		
	Grade 8		4%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	•	2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette		33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall	_		4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		3%	
	Grade 8		6%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: I	REASONS 1	FOR USIN	NG AN ELECTRONIC VAPOR PRODUCT
	SU/SD	VT	
Friend/family used them		38%	Too few students
To try to quit other tobacco products		3%	Too few students
Cost less		1%	Too few students
Easier to get		1%	Too few students
Less harmful		7%	Too few students
Available in flavors		13%	Too few students
Used for some other reason		36%	Too few students

AMONG CURREN	AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT				
Bought them in a store		3%	Too few students			
I got them on the Internet		9%	Too few students			
Someone else bought them		10%	Too few students			
Borrowed them		44%	Too few students			
A person 18 or older gave me		9%	Too few students			
Took them from a store		4%	Too few students			
Some other way		21%	Too few students			



SECTION 4: SUBSTANCE USE

AMONG (AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT					
1 or 2 days		49%	Too few students				
3 to 5 days		16%	Too few students				
6 to 9 days	•	10%	Too few students				
10 to 19 days	•	6%	Too few students				
20 to 29 days	•	5%	Too few students				
All 30 days	•	15%	Too few students				

		SMOK	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	
Overall	-	·	1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female	•	1%	Within SU Differences
Grade	Grade 6	·	1%	
	Grade 7		1%	
	Grade 8		2%	



SECTION 4: SUBSTANCE USE

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		SU/SD	VT		
Overall	-	·	36%	Overall Differences: State vs SU	
Sex	Male		36%	Too few students	
	Female		38%	Within SU Differences	
Grade	Grade 6		30%	Too few students by sex	
	Grade 7		35%	Too few students in at least one grade	
	Grade 8		40%		



SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall			7%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		5%	
	Grade 8		10%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	
	Grade 7		1%	
	Grade 8		3%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks	·	63%	Too few students		
3 drinks		10%	Too few students		
4 drinks	•	7%	Too few students		
5 drinks		6%	Too few students		
6 or 7 drinks	•	4%	Too few students		
8 or 9 drinks	•	2%	Too few students		
10 or more drinks	•	9%	Too few students		

USED MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall	_		4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		4%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		3%	
	Grade 8		7%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY TWO RIVERS SU (SU063) REPORT

MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	_	96%	95%	Overall Differences: State vs SU	
Sex	Male		95%	VT and SU are Similar	
	Female	95%	95%	Within SU Differences	
Grade	Grade 6		98%	Females > Males	
	Grade 7	95%	95%	Too few students in at least one grade	
	Grade 8	96%	93%		

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	-	94%	89%	Overall Differences: State vs SU	
Sex	Male	98%	89%	SU > VT	
	Female	94%	90%	Within SU Differences	
Grade	Grade 6		95%	Males > Females	
	Grade 7	98%	91%	Too few students in at least one grade	
	Grade 8	89%	84%		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	91%	90%	Overall Differences: State vs SU
Sex	Male	94%	90%	VT and SU are Similar
	Female	90%	90%	Within SU Differences
Grade	Grade 6		97%	Too few students in at least one grade
	Grade 7	97%	91%	
	Grade 8	85%	84%	

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall	_	97%	95%	Overall Differences: State vs SU	
Sex	Male		95%	SU > VT	
	Female	95%	95%	Within SU Differences	
Grade	Grade 6		96%	Females > Males	
	Grade 7	97%	95%	Too few students in at least one grade	
	Grade 8	98%	95%		



SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	-	89%	85%	Overall Differences: State vs SU	
Sex	Male	96%	84%	SU > VT	
	Female	83%	87%	Within SU Differences	
Grade	Grade 6		87%	Males > Females	
	Grade 7	88%	86%	Too few students in at least one grade	
	Grade 8	91%	83%		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA				
		SU/SD	VT	
Overall	-	92%	92%	Overall Differences: State vs SU
Sex	Male	98%	92%	VT and SU are Similar
	Female	87%	92%	Within SU Differences
Grade	Grade 6		95%	Males > Females
	Grade 7	94%	92%	Too few students in at least one grade
	Grade 8	91%	89%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT		
Overall		20%	22%	Overall Differences: State vs SU	
Sex	Male	13%	22%	VT and SU are Similar	
	Female	24%	21%	Within SU Differences	
Grade	Grade 6		13%	Females > Males	
	Grade 7	20%	20%	Too few students in at least one grade	
	Grade 8	19%	28%		

THI	NK ALCOH	OL WOUL	D BE SOR	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		36%	37%	Overall Differences: State vs SU
Sex	Male	27%	37%	VT and SU are Similar
	Female	44%	37%	Within SU Differences
Grade	Grade 6		24%	Females > Males
	Grade 7	29%	35%	Too few students in at least one grade
	Grade 8	44%	48%	



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO					
		SU/SD	VT		
Overall		17%	15%	Overall Differences: State vs SU	
Sex	Male	10%	15%	VT and SU are Similar	
	Female	24%	15%	Within SU Differences	
Grade	Grade 6		6%	Females > Males	
	Grade 7	16%	13%	Too few students in at least one grade	
	Grade 8	18%	23%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall	-	76%	72%	Overall Differences: State vs SU	
Sex	Male	79%	71%	SU > VT	
	Female	74%	74%	Within SU Differences	
Grade	Grade 6		76%	Too few students in at least one grade	
	Grade 7	74%	72%		
	Grade 8	79%	70%		



SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND					
		SU/SD	VT		
Overall	-	43%	48%	Overall Differences: State vs SU	
Sex	Male	39%	45%	VT > SU	
	Female	46%	51%	Within SU Differences	
Grade	Grade 6		50%	Too few students in at least one grade	
	Grade 7	44%	48%		
	Grade 8	42%	46%		

THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT		
Overall	_	53%	59%	Overall Differences: State vs SU	
Sex	Male	63%	56%	VT > SU	
	Female	46%	62%	Within SU Differences	
Grade	Grade 6		73%	Males > Females	
	Grade 7	60%	60%	Too few students in at least one grade	
	Grade 8	46%	48%		



SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

	EVER HAD SEX			AL INTERCOURSE
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female	•	4%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		4%	
	Grade 8	•	8%	

		E	VER HA	D ORAL SEX
		SU/SD	VT	_
Overall	_		6%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		9%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT 1	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	3%	7%	VT > SU
1 day	3%	4%	
2 days	9%	7%	SU > VT
3 days	11%	10%	
4 days	12%	11%	
5 days	12%	15%	
6 days	11%	11%	
7 days	37%	34%	

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	37%	34%	Overall Differences: State vs SU
Sex	Male	52%	42%	VT and SU are Similar
	Female	25%	26%	Within SU Differences
Grade	Grade 6		38%	Males > Females
	Grade 7	43%	35%	Too few students in at least one grade
	Grade 8	31%	30%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
SU/SD VT			VT	
Overall	-	60%	60%	Overall Differences: State vs SU
Sex	Male	74%	66%	VT and SU are Similar
	Female	50%	54%	Within SU Differences
Grade	Grade 6		63%	Males > Females
	Grade 7	67%	60%	Too few students in at least one grade
	Grade 8	52%	57%	

	WERE NOT PHYSICAL			LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall	_	3%	7%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT > SU
	Female		7%	Within SU Differences
Grade	Grade 6		7%	Males > Females
	Grade 7		7%	Too few students in at least one grade
	Grade 8		8%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT			
0 days	41%	25%	SU > VT		
1 day	7%	7%			
2 days	7%	8%			
3 days	15%	8%	SU > VT		
4 days	9%	5%	SU > VT		
5 days	21%	46%	VT > SU		

GET	NO PHYSIC	CAL ACTIV	VITY BRE	CAKS WHILE THEY ARE AT SCHOOL
		SU/SD	VT	
Overall	_	41%	25%	Overall Differences: State vs SU
Sex	Male	41%	24%	SU > VT
	Female	40%	25%	Within SU Differences
Grade	Grade 6		16%	Too few students in at least one grade
	Grade 7	35%	26%	
	Grade 8	47%	29%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	85%	77%	SU > VT
1 day		3%	Too few students
2 days		3%	Too few students
3 days		4%	Too few students
4 days		2%	Too few students
5 days	8%	10%	

	WALK	OR RIDE T	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	_	8%	10%	Overall Differences: State vs SU
Sex	Male	8%	12%	VT and SU are Similar
	Female	7%	9%	Within SU Differences
Grade	Grade 6		11%	Too few students in at least one grade
	Grade 7	9%	10%	
	Grade 8	7%	10%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATO	WATCH TELEVISION, TYPICAL SCHOOL DAY					
	SU/SD	VT				
No TV on average school day	16%	18%				
Less than 1 hour per day	28%	23%	SU > VT			
1 hour per day	20%	18%				
2 hours per day	20%	20%				
3 hours per day	10%	10%				
4 hours per day	4%	4%				
5 or more hours per day		6%	Too few students			

	WATCHED TV 3+ HOURS PER DAY			HOURS PER DAY
		SU/SD	VT	
Overall	_	15%	20%	Overall Differences: State vs SU
Sex	Male	20%	20%	VT > SU
	Female	12%	20%	Within SU Differences
Grade	Grade 6		18%	Males > Females
	Grade 7	16%	20%	Too few students in at least one grade
	Grade 8	15%	21%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No playing video/computer game	12%	12%			
Less than 1 hour per day	10%	17%	VT > SU		
1 hour per day	20%	15%	SU > VT		
2 hours per day	18%	18%			
3 hours per day	18%	14%	SU > VT		
4 hours per day	9%	8%			
5 or more hours per day	13%	16%	VT > SU		

PLAYE	ED VIDEO O	R COMPU		MES OR USED A COMPUTER 3+ HOURS R DAY
		SU/SD	VT	
Overall	-	40%	38%	Overall Differences: State vs SU
Sex	Male	35%	39%	VT and SU are Similar
	Female	42%	37%	Within SU Differences
Grade	Grade 6		29%	Too few students in at least one grade
	Grade 7	39%	38%	
	Grade 8	41%	45%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT				
0 days	4%	7%	VT > SU			
1 day	5%	4%				
2 days	7%	7%				
3 days	11%	7%	SU > VT			
4 days	6%	6%				
5 days	8%	8%				
6 days	12%	9%	SU > VT			
7 days	46%	52%	VT > SU			

		DID NOT E	CAT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	-	4%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		7%	Within SU Differences
Grade	Grade 6		5%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8		7%	



MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	SU/SD	VT			
Did not drink water		3%	Too few students		
1 to 3 times	6%	9%	VT > SU		
4 to 6 times	12%	10%	SU > VT		
1 time per day	4%	6%			
2 times per day	21%	16%	SU > VT		
3 times per day	20%	19%			
4 or more times per day	34%	37%			

	DRANK T	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	54%	56%	Overall Differences: State vs SU
Sex	Male	56%	57%	VT and SU are Similar
	Female	52%	54%	Within SU Differences
Grade	Grade 6		58%	Too few students in at least one grade
	Grade 7	57%	54%	
	Grade 8	50%	56%	



SECTION 7: SOCIAL DETERMINANTS

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	76%	77%				
Rarely	15%	14%				
Sometimes	8%	7%				
Most of the time		1%	Too few students			
Always		1%	Too few students			

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME						
		SU/SD	VT			
Overall			2%	Overall Differences: State vs SU		
Sex	Male		2%	Too few students		
	Female		2%	Within SU Differences		
Grade	Grade 6		2%	Too few students by sex		
	Grade 7		2%	Too few students in at least one grade		
	Grade 8		2%			



SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUTS	SIDE THE U.S.
		SU/SD	VT	
Overall		2%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7	4%	5%	Too few students in at least one grade
	Grade 8		6%	



AT	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	4%	5%				
1 day	•	2%	Too few students			
2 days	•	2%	Too few students			
3 days	•	3%	Too few students			
4 days	•	4%	Too few students			
5 days	13%	7%	SU > VT			
6 days	5%	10%	VT > SU			
7 days	70%	66%	SU > VT			

ATE I	DINNER AT	HOME W		EAST ONE OF THEIR PARENTS ON 4+ AST WEEK
		SU/SD	VT	
Overall	_	92%	88%	Overall Differences: State vs SU
Sex	Male	92%	89%	SU > VT
	Female	93%	87%	Within SU Differences
Grade	Grade 6		90%	Too few students in at least one grade
	Grade 7	93%	89%	
	Grade 8	90%	86%	



BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS						
	SU/SD	VT				
Strongly agree	27%	28%				
Agree	52%	43%	SU > VT			
Not sure	16%	17%				
Disagree		8%	Too few students			
Strongly disagree	4%	5%				

STRO	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
		SU/SD	VT				
Overall	_	79%	71%	Overall Differences: State vs SU			
Sex	Male	82%	72%	SU > VT			
	Female	77%	69%	Within SU Differences			
Grade	Grade 6	·	77%	Too few students in at least one grade			
	Grade 7	73%	72%				
	Grade 8	86%	66%				



BELIE	BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM						
		SU/SD	VT				
Overall	-	81%	76%	Overall Differences: State vs SU			
Sex	Male	79%	76%	SU > VT			
	Female	83%	76%	Within SU Differences			
Grade	Grade 6		79%	Too few students in at least one grade			
	Grade 7	83%	75%				
	Grade 8	78%	75%				

GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	42%	46%				
Mostly B's	36%	38%				
Mostly C's	17%	12%	SU > VT			
Mostly D's	4%	3%				
Mostly F's		1%	Too few students			

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY								
	SU/SD	VT						
Strongly agree	19%	27%	VT > SU					
Agree	37%	36%						
Not sure	37%	24%	SU > VT					
Disagree	4%	7%	VT > SU					
Strongly disagree		5%	Too few students					



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE							
		SU/SD	VT				
Overall	_	56%	64%	Overall Differences: State vs SU			
Sex	Male	62%	68%	VT > SU			
	Female	51%	60%	Within SU Differences			
Grade	Grade 6		67%	Males > Females			
	Grade 7	63%	65%	Too few students in at least one grade			
	Grade 8	48%	60%				

