## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

**REPORT FOR ADDISON RUTLAND SU (SU004)** 

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

### TABLE OF CONTENTS

About the YRBS	4
Methodology	4
Using the YRBS Results	5
HIGH SCHOOL RESULTS	7
Section 1: Demographics	8
Section 2: Personal Safety	9
Section 3: Mental Health	22
Section 4: Substance Use	24
Section 5: Sexual Health	56
Section 6: BMI and Weight Perceptions	63
Section 7: Physical Activity and Nutrition	66
Section 8: Social Determinants of Health	74
Section 9: Youth Assets and Other Protective Factors	
MIDDLE SCHOOL RESULTS	
Section 1: Demographics	
Section 2: Personal Safety	84
Section 3: Mental Health	94
Section 4: Substance Use	
Section 5: Sexual Activity	114
Section 6: Physical Activity and Nutrition	115
Section 7: Social Determinants of Health	123
Section 8: Youth Assets and Other Protective Factors	125



2017 VERMONT YOUTH RISK BEHAVIOR	SURVEY
ADDISON RUTLAND SU (SU004	REPORT

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### **About the YRBS**

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

#### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



#### **Using the YRBS Results**

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



# **HIGH SCHOOL RESULTS**

ADDISON RUTLAND SU (SU004) REPORT

http://healthvermont.gov/yrbs



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON RUTLAND SU (SU004) REPORT HIGH SCHOOL RESULTS

#### **SECTION 1: DEMOGRAPHICS**

HIGH SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	414	27349		

		SU/SD	VT
Sex	Male	51%	51%
	Female	49%	49%
Grade	9th Grade	24%	25%
	10th Grade	23%	25%
	11th Grade	26%	25%
	12th Grade	27%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	97%	83%
	Students of Color (REM)	3%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	94%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	6%	11%



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON RUTLAND SU (SU004) REPORT HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		15%	17%	Overall Differences: State vs SU
Sex	Male	17%	22%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9	18%	21%	Too few students in at least one grade
	Grade 10	10%	18%	
	Grade 11	15%	15%	
	Grade 12		13%	

W]	ERE IN A PH	HYSICAL F	TIGHT O	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	10%	9%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9	9%	9%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	14%	10%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11	8%	8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR					
		SU/SD	VT		
Overall		4%	5%	Overall Differences: State vs SU	
Sex	Male	4%	6%	VT and SU are Similar	
	Female	5%	3%	Within SU Differences	
Grade	Grade 9		6%	Too few students in at least one grade	
	Grade 10		5%		
	Grade 11		4%		
	Grade 12		4%		



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON RUTLAND SU (SU004) REPORT HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

	WER	E ELECTR	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		20%	16%	Overall Differences: State vs SU
Sex	Male	13%	10%	SU > VT
	Female	27%	22%	Within SU Differences
Grade	Grade 9	25%	19%	Females > Males
	Grade 10	14%	16%	Too few students in at least one grade
	Grade 11	19%	15%	
	Grade 12		13%	

		WERF	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	10%	11%	VT and SU are Similar
	Female	22%	20%	Within SU Differences
Grade	Grade 9	23%	21%	Females > Males
	Grade 10	11%	16%	Too few students in at least one grade
	Grade 11	15%	14%	
	Grade 12		12%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

	В	SULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	5%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9	8%	9%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		9%	
	Grade 12		8%	

DID 1	NOT GO TO	SCHOOL	BECAUSI	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

SEXUAL AND DATING VIOLENCE

WEI	RE EVER PH	IYSICALL	Y FORCE	ED TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	
Overall		8%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	14%	9%	Within SU Differences
Grade	Grade 9	9%	5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	8%	7%	
	Grade 12		7%	

	EXPERIE	ENCED SEX	KUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		13%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	20%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON RUTLAND SU (SU004) REPORT HIGH SCHOOL RESULTS

#### THOI

## SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR				
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male	10%	6%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade

7%

7%

7%

Grade 10

Grade 11

Grade 12



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

#### DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 **DAYS** SU/SD VT Overall 8% 7% Overall Differences: State vs SU Male VT and SU are Similar Sex 9% Female Within SU Differences 11% 5% Grade Grade 9 Too few students by sex 5% Grade 10 4% Too few students in at least one grade Grade 11 7% Grade 12 10%

DROVE A CAR OR OTHER VEHICLE AFT DAYS				
		SU/SD	VT	
Overall		18%	14%	Overall Differences: State vs SU
Sex	Male	17%	16%	VT and SU are Similar
	Female	19%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		15%	
	Grade 12		21%	



HIGH SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE V	VITH A DRI	VER WHO	HAD BEI	EN DRINKING ALCOHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		22%	18%	Overall Differences: State vs SU
Sex	Male	19%	17%	SU > VT
	Female	25%	19%	Within SU Differences
Grade	Grade 9	26%	17%	Too few students in at least one grade
	Grade 10	12%	18%	
	Grade 11	25%	18%	
	Grade 12		18%	

RODE	WITH A DR	IVER WHO	O HAD BE	EN USING MARIJUANA, PAST 30 DAYS
		SU/SD	VT	
Overall		29%	20%	Overall Differences: State vs SU
Sex	Male	23%	20%	SU > VT
	Female	36%	20%	Within SU Differences
Grade	Grade 9	30%	13%	Females > Males
	Grade 10	26%	18%	Too few students in at least one grade
	Grade 11	24%	22%	
	Grade 12		28%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

TEXTED	TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS				
		SU/SD	VT		
Overall		35%	34%	Overall Differences: State vs SU	
Sex	Male	27%	34%	VT and SU are Similar	
	Female	43%	34%	Within SU Differences	
Grade	Grade 9		9%	Females > Males	
	Grade 10		16%	Too few students in at least one grade	
	Grade 11		42%		
	Grade 12		53%		



HIGH SCHOOL RESULTS

### SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR						
	SU/SD	VT				
Never wore a helmet	19%	11%	SU > VT			
Rarely wore a helmet	10%	3%	SU > VT			
Sometimes wore a helmet	•	3%	Too few students			
Most of the time wore a helmet	9%	9%				
Always wore a helmet	61%	74%	VT > SU			

RAREL	Y OR NEVE	R WEAR A		T WHILE SKIING OR SNOWBOARDING, YEAR
		SU/SD	VT	
Overall		29%	14%	Overall Differences: State vs SU
Sex	Male		17%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12	•	15%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR				
		SU/SD	VT	
Overall		23%	18%	Overall Differences: State vs SU
Sex	Male	24%	20%	SU > VT
	Female	21%	16%	Within SU Differences
Grade	Grade 9	27%	20%	Too few students in at least one grade
	Grade 10	20%	18%	
	Grade 11	19%	17%	
	Grade 12		16%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		SU/SD	VT	
Overall		53%	54%	Overall Differences: State vs SU
Sex	Male	54%	51%	VT and SU are Similar
	Female	53%	58%	Within SU Differences
Grade	Grade 9	58%	47%	Too few students in at least one grade
	Grade 10	43%	53%	
	Grade 11	55%	58%	
	Grade 12		61%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS				
		SU/SD	VT	
Overall		60%	55%	Overall Differences: State vs SU
Sex	Male	60%	53%	SU > VT
	Female	60%	56%	Within SU Differences
Grade	Grade 9	66%	57%	Too few students in at least one grade
	Grade 10	67%	56%	
	Grade 11	54%	54%	
	Grade 12		52%	



HIGH SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE 1	IN THE SAM	IE CAR AS		NE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		39%	23%	Overall Differences: State vs SU
Sex	Male	34%	23%	SU > VT
	Female	44%	23%	Within SU Differences
Grade	Grade 9	42%	22%	Too few students in at least one grade
	Grade 10	40%	23%	
	Grade 11	33%	23%	
	Grade 12		24%	

WERE II	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall	_	48%	33%	Overall Differences: State vs SU
Sex	Male	41%	33%	SU > VT
	Female	56%	33%	Within SU Differences
Grade	Grade 9	51%	32%	Females > Males
	Grade 10	55%	33%	Too few students in at least one grade
	Grade 11	39%	33%	
	Grade 12		36%	



#### SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR					
		SU/SD	VT		
Overall		29%	25%	Overall Differences: State vs SU	
Sex	Male	11%	16%	VT and SU are Similar	
	Female	48%	35%	Within SU Differences	
Grade	Grade 9	41%	23%	Females > Males	
	Grade 10	21%	26%	Too few students in at least one grade	
	Grade 11	28%	26%		
	Grade 12		26%		

DID SO	DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR				
		SU/SD	VT		
Overall		21%	16%	Overall Differences: State vs SU	
Sex	Male	5%	9%	SU > VT	
	Female	37%	25%	Within SU Differences	
Grade	Grade 9	34%	18%	Females > Males	
	Grade 10	12%	18%	Too few students in at least one grade	
	Grade 11	17%	16%		
	Grade 12		14%		



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON RUTLAND SU (SU004) REPORT HIGH SCHOOL RESULTS

SECTION 3: MENTAL HEALTH

MADE	A PLAN AB	OUT HOW	THEY W	OULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		16%	11%	Overall Differences: State vs SU
Sex	Male	7%	7%	SU > VT
	Female	26%	15%	Within SU Differences
Grade	Grade 9	24%	11%	Females > Males
	Grade 10	12%	12%	Too few students in at least one grade
	Grade 11	11%	11%	
	Grade 12		10%	

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		13%	5%	Overall Differences: State vs SU
Sex	Male	9%	4%	SU > VT
	Female	17%	7%	Within SU Differences
Grade	Grade 9	24%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	11%	5%	
	Grade 12		4%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		24%	24%	Overall Differences: State vs SU
Sex	Male	21%	26%	VT and SU are Similar
	Female	27%	22%	Within SU Differences
Grade	Grade 9	25%	17%	Too few students in at least one grade
	Grade 10	17%	21%	
	Grade 11	27%	28%	
	Grade 12		31%	

	SMO	KED A CIO	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	Grade 9	12%	8%	Too few students in at least one grade
	Grade 10		8%	
	Grade 11	7%	8%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	EVE	R USED AN	N ELECTI	RONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		35%	34%	Overall Differences: State vs SU
Sex	Male	35%	37%	VT and SU are Similar
	Female	36%	31%	Within SU Differences
Grade	Grade 9	30%	23%	Too few students in at least one grade
	Grade 10	25%	31%	
	Grade 11	38%	38%	
	Grade 12		44%	

	EVE	R TRIED I	LAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		25%	21%	Overall Differences: State vs SU
Sex	Male	26%	24%	SU > VT
	Female	24%	17%	Within SU Differences
Grade	Grade 9	25%	12%	Too few students in at least one grade
	Grade 10	19%	17%	
	Grade 11	25%	24%	
	Grade 12		30%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		EV	ER DRAN	NK ALCOHOL
		SU/SD	VT	
Overall		61%	58%	Overall Differences: State vs SU
Sex	Male	53%	57%	VT and SU are Similar
	Female	68%	58%	Within SU Differences
Grade	Grade 9	53%	41%	Females > Males
	Grade 10	55%	54%	Too few students in at least one grade
	Grade 11	60%	65%	
	Grade 12		71%	

	D	RANK ALO	COHOL B	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		16%	14%	Overall Differences: State vs SU
Sex	Male	16%	16%	VT and SU are Similar
	Female	16%	11%	Within SU Differences
Grade	Grade 9	26%	17%	Too few students in at least one grade
	Grade 10	9%	13%	
	Grade 11	14%	13%	
	Grade 12		11%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		38%	37%	Overall Differences: State vs SU
Sex	Male	37%	37%	VT and SU are Similar
	Female	39%	37%	Within SU Differences
Grade	Grade 9	40%	23%	Too few students in at least one grade
	Grade 10	34%	34%	
	Grade 11	31%	42%	
	Grade 12		50%	

	TR	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	6%	7%	VT and SU are Similar
	Female	8%	5%	Within SU Differences
Grade	Grade 9	17%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		5%	



#### 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON RUTLAND SU (SU004) REPORT HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	
Overall		11%	8%	Overall Differences: State vs SU
Sex	Male	10%	8%	SU > VT
	Female	12%	7%	Within SU Differences
Grade	Grade 9	14%	6%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11	7%	8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall		10%	6%	Overall Differences: State vs SU
Sex	Male	8%	7%	SU > VT
	Female	12%	6%	Within SU Differences
Grade	Grade 9	12%	4%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	7%	6%	
	Grade 12		9%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		E	VER USF	ED COCAINE
		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 9		2%	Too few students in at least one grade
	Grade 10		3%	
	Grade 11		4%	
	Grade 12		6%	

		EV	ER USED	INHALANTS
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	9%	6%	
	Grade 12		6%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

		I	EVER US	ED HEROIN
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	•	1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	•	1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	USED ANY	TOBACC	O PRODU	UCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		27%	24%	Overall Differences: State vs SU
Sex	Male	29%	28%	VT and SU are Similar
	Female	24%	18%	Within SU Differences
Grade	Grade 9	24%	14%	Too few students in at least one grade
	Grade 10	24%	20%	
	Grade 11	26%	26%	
	Grade 12		33%	

SMOF	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT		
Overall	_	23%	19%	Overall Differences: State vs SU	
Sex	Male	22%	23%	VT and SU are Similar	
	Female	24%	14%	Within SU Differences	
Grade	Grade 9	21%	11%	Too few students in at least one grade	
	Grade 10	21%	16%		
	Grade 11	21%	22%		
	Grade 12		28%		



#### SECTION 4: SUBSTANCE USE

SMOKE	SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT			
Overall		21%	15%	Overall Differences: State vs SU		
Sex	Male	20%	19%	SU > VT		
	Female	22%	11%	Within SU Differences		
Grade	Grade 9	20%	8%	Too few students in at least one grade		
	Grade 10	19%	12%			
	Grade 11	20%	17%			
	Grade 12		22%			

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	-	13%	9%	Overall Differences: State vs SU
Sex	Male	10%	10%	SU > VT
	Female	17%	8%	Within SU Differences
Grade	Grade 9	17%	5%	Too few students in at least one grade
	Grade 10	10%	7%	
	Grade 11	12%	11%	
	Grade 12		13%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days		29%	Too few students			
3 to 5 days		15%	Too few students			
6 to 9 days	•	10%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days		9%	Too few students			
All 30 days	٠	25%	Too few students			

A	MONG CUR	RENT SMO	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall			25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female	٠	20%	Within SU Differences
Grade	Grade 9	·	24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED					
SU/SD VT					
Less than 1 cigarette		30%	Too few students		
1 cigarette		19%	Too few students		
2 to 5 cigarettes		30%	Too few students		
6 to 10 cigarettes		9%	Too few students		
11 to 20 cigarettes		4%	Too few students		
More than 20 cigarettes		8%	Too few students		

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED						
		SU/SD	VT			
Overall			12%	Overall Differences: State vs SU		
Sex	Male		15%	Too few students		
	Female		6%	Within SU Differences		
Grade	Grade 9		12%	Too few students by sex		
	Grade 10		8%	Too few students in at least one grade		
	Grade 11		10%			
	Grade 12		12%			



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		11%	12%	Overall Differences: State vs SU
Sex	Male	12%	14%	VT and SU are Similar
	Female	9%	9%	Within SU Differences
Grade	Grade 9	14%	7%	Too few students in at least one grade
	Grade 10	8%	10%	
	Grade 11	9%	13%	
	Grade 12		17%	

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
Friend/family used them	36%	35%				
To try to quit other tobacco		5%	Too few students			
Cost less than other tobacco		1%	Too few students			
Easier to get than other tobacco		1%	Too few students			
Less harmful than other tobacco	6%	8%				
Available in flavors	19%	17%				
Used for some other reason	35%	33%				



HIGH SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD	VT				
1 or 2 days	•	37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days	•	12%	Too few students			
20 to 29 days		7%	Too few students			
All 30 days		15%	Too few students			

AMON	AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS					
		SU/SD	VT			
Overall			33%	Overall Differences: State vs SU		
Sex	Male		37%	Too few students		
	Female		26%	Within SU Differences		
Grade	Grade 9		29%	Too few students by sex		
	Grade 10		36%	Too few students in at least one grade		
	Grade 11		31%			
	Grade 12		34%			



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18							
SU/SD VT							
Bought them in a store		8%	Too few students				
I got them on the Internet		10%	Too few students				
Someone else bought them		14%	Too few students				
Borrowed them		38%	Too few students				
A person 18 or older gave me		11%	Too few students				
Took them from a store		2%	Too few students				
Some other way		18%	Too few students				

	US	ED SMOK	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	12%	8%	SU > VT
	Female	•	2%	Within SU Differences
Grade	Grade 9	10%	3%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11	12%	6%	
	Grade 12		7%	



## SECTION 4: SUBSTANCE USE

SM	OKED CIGA	ARS, CIGA	RILLOS,	OR LITTLE CIGARS, PAST 30 DAYS
		SU/SD	VT	
Overall		17%	9%	Overall Differences: State vs SU
Sex	Male	16%	13%	SU > VT
	Female	17%	6%	Within SU Differences
Grade	Grade 9	16%	4%	Too few students in at least one grade
	Grade 10	15%	7%	
	Grade 11	17%	10%	
	Grade 12		15%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR					
		SU/SD	VT		
Overall	_	22%	33%	Overall Differences: State vs SU	
Sex	Male		30%	VT > SU	
	Female		37%	Within SU Differences	
Grade	Grade 9		33%	Too few students by sex	
	Grade 10		35%	Too few students in at least one grade	
	Grade 11		32%		
	Grade 12		32%		



## SECTION 4: SUBSTANCE USE

		DRANK	X ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		33%	33%	Overall Differences: State vs SU
Sex	Male	27%	32%	VT and SU are Similar
	Female	40%	34%	Within SU Differences
Grade	Grade 9	34%	20%	Females > Males
	Grade 10	33%	30%	Too few students in at least one grade
	Grade 11	29%	36%	
	Grade 12		46%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall		16%	17%	Overall Differences: State vs SU
Sex	Male	12%	17%	VT and SU are Similar
	Female	21%	17%	Within SU Differences
Grade	Grade 9	19%	8%	Too few students in at least one grade
	Grade 10	17%	14%	
	Grade 11	11%	19%	
	Grade 12		27%	



## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING						
	SU/SD	VT				
1 or 2 days	46%	49%				
3 to 5 days	22%	26%				
6 to 9 days	19%	13%				
10 to 19 days	6%	7%				
20 to 29 days		2%	Too few students			
All 30 days		3%	Too few students			

	AMC	NG CURR	RS: DRANK ON 10+ DAYS	
		SU/SD	VT	
Overall		13%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	Grade 9	·	11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks	37%	35%				
3 drinks		6%	Too few students			
4 drinks		8%	Too few students			
5 drinks	9%	13%				
6 or 7 drinks	18%	15%				
8 or 9 drinks	6%	8%				
10 or more drinks	17%	14%				

	AMONG CU	RRENT US	SERS: BIN	NGE DRANK (4+ females; 5+ males)
		SU/SD	VT	
Overall		55%	57%	Overall Differences: State vs SU
Sex	Male		59%	VT and SU are Similar
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: ALCOHOL SOURCE					
	SU/SD	VT			
Bought in store		3%	Too few students		
Bought in restaurant		2%	Too few students		
Bought at public event		0%	Too few students		
I gave someone money to buy	34%	23%	SU > VT		
Someone gave it to me	47%	40%			
Took from store/family		12%	Too few students		
Some other way	14%	20%			

USED MARIJUA				NA, PAST 30 DAYS
		SU/SD	VT	
Overall		28%	24%	Overall Differences: State vs SU
Sex	Male	24%	24%	VT and SU are Similar
	Female	31%	23%	Within SU Differences
Grade	Grade 9	29%	15%	Too few students in at least one grade
	Grade 10	26%	22%	
	Grade 11	24%	25%	
	Grade 12		32%	



## SECTION 4: SUBSTANCE USE

AMONG	CURRENT	USERS:	FREQUENCY OF MARIJUANA USE
	SU/SD	VT	
1 or 2 times	20%	34%	VT > SU
3 to 9 times	17%	25%	
10 to 19 times	8%	12%	
20 to 39 times	21%	10%	SU > VT
40 or more times	34%	20%	SU > VT

	AMONG	CURRENT	USERS: U	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall	-	63%	41%	Overall Differences: State vs SU
Sex	Male		47%	SU > VT
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

AMONG CUF	RRENT US	ERS: PRI	MARY WAY MARIJUANA USED
	SU/SD	VT	
Smoked it	94%	91%	
Ate in food		4%	Too few students
Drank in tea or other drink		1%	Too few students
Vaporized		2%	Too few students
Some other way		2%	Too few students

	MISU	JSED A PR	ESCRIPT	TION DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	8%	5%	Within SU Differences
Grade	Grade 9	17%	4%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		5%	
	Grade 12		7%	



HIGH SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

SUBSTANCE USE ON SCHOOL PROPERTY

#### WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST **YEAR** SU/SD VT Overall 10% Overall Differences: State vs SU 15% Male VT > SUSex 11% 17% Female 9% 13% Within SU Differences Grade Grade 9 Too few students in at least one grade 11% 14% Grade 10 16% 16% Grade 11 8% 16% Grade 12 14%

ATTE	ENDED SCH	OOL UNDI		NFLUENCE OF DRUGS OR ALCOHOL, YEAR
		SU/SD	VT	
Overall	-	16%	13%	Overall Differences: State vs SU
Sex	Male	13%	14%	VT and SU are Similar
	Female	20%	12%	Within SU Differences
Grade	Grade 9	14%	9%	Too few students in at least one grade
	Grade 10	18%	12%	
	Grade 11	17%	14%	
	Grade 12		18%	



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 31% 25% SU > VTSex Male 29% 25% Within SU Differences Female 33% 24% Grade Grade 9 42% 32% Too few students in at least one grade Grade 10 31% 26% Grade 11 29% 21% Grade 12 20%

THIN	NK IT IS WR			ONG FOR SOMEONE THEIR AGE TO IGARETTES
		SU/SD	VT	
Overall		83%	84%	Overall Differences: State vs SU
Sex	Male	84%	82%	VT and SU are Similar
	Female	83%	86%	Within SU Differences
Grade	Grade 9	84%	90%	Too few students in at least one grade
	Grade 10	91%	88%	
	Grade 11	83%	83%	
	Grade 12		75%	



PERCEPTIONS OF USE

THIN	NK IT IS WR	ONG OR V		ONG FOR SOMEONE THEIR AGE TO
		SU/SD	VT	
Overall		57%	54%	Overall Differences: State vs SU
Sex	Male	69%	55%	VT and SU are Similar
	Female	45%	54%	Within SU Differences
Grade	Grade 9	67%	71%	Males > Females
	Grade 10	60%	59%	Too few students in at least one grade
	Grade 11	54%	48%	
	Grade 12		39%	

THINK	IT IS WRO	NG OR VE		NG FOR SOMEONE THEIR AGE TO USE JUANA
		SU/SD	VT	
Overall	_	61%	55%	Overall Differences: State vs SU
Sex	Male	68%	56%	SU > VT
	Female	55%	55%	Within SU Differences
Grade	Grade 9	63%	69%	Males > Females
	Grade 10	66%	60%	Too few students in at least one grade
	Grade 11	64%	51%	
	Grade 12		42%	



PERCEPTIONS OF USE

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES VT SU/SD Overall 89% 91% Overall Differences: State vs SU 89% Sex Male 90% VT and SU are Similar Female 88% 93% Within SU Differences Grade Grade 9 89% 94% Too few students in at least one grade Grade 10 94% 98% Grade 11 89% 91% Grade 12 87%

THINI				IANS FEEL IT WOULD BE WRONG OR EM TO DRINK ALCOHOL
		SU/SD	VT	
Overall	-	62%	66%	Overall Differences: State vs SU
Sex	Male	67%	64%	VT and SU are Similar
	Female	57%	67%	Within SU Differences
Grade	Grade 9	70%	78%	Too few students in at least one grade
	Grade 10	66%	71%	
	Grade 11	70%	63%	
	Grade 12		50%	



PERCEPTIONS OF USE

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA VT SU/SD Overall 71% Overall Differences: State vs SU 76% VT > SUSex Male 72% 75% Female 69% 77% Within SU Differences Grade Grade 9 Too few students in at least one grade 75% 83% Grade 10 71% 79% Grade 11 85% 75% Grade 12 69%

PERC	EIVED RI		RM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	5%	5%	
Slight risk	11%	9%	
Moderate risk	18%	18%	
Great risk	67%	68%	



### **SECTION 4: SUBSTANCE USE**

PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY SU/SD VT Overall Overall Differences: State vs SU 67% 68% Sex Male 73% VT and SU are Similar 66% Female 60% 70% Within SU Differences Grade Grade 9 61% 64% Males > Females Grade 10 67% 68% Too few students in at least one grade Grade 11 68% 67% Grade 12 72%

PERCEIVE	ED RISK O	F HARM
	SU/SD	VT
No risk	7%	6%
Slight risk	23%	19%
Moderate risk	36%	39%
Great risk	34%	36%



PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND SU/SD VT Overall Overall Differences: State vs SU 34% 36% Sex Male 33% 32% VT and SU are Similar Female 35% 41% Within SU Differences Grade Grade 9 39% 38% Too few students in at least one grade Grade 10 39% 38% Grade 11 33% 35% Grade 12 32%

PERCEIV	VED RISK	OF HARN
	SU/SD	VT
No risk	21%	21%
Slight risk	32%	29%
Moderate risk	25%	26%
Great risk	22%	24%



## SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY							
		SU/SD	VT				
Overall		22%	24%	Overall Differences: State vs SU			
Sex	Male	18%	21%	VT and SU are Similar			
	Female	26%	28%	Within SU Differences			
Grade	Grade 9	27%	32%	Too few students in at least one grade			
	Grade 10	24%	26%				
	Grade 11	23%	22%				
	Grade 12		18%				

	PERCEIVED A				
	SU/SD	VT			
Very hard	21%	24%			
Sort of hard	20%	21%			
Sort of easy	22%	22%			
Very easy	37%	32%			



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET						
		SU/SD	VT			
Overall		59%	55%	Overall Differences: State vs SU		
Sex	Male	58%	57%	VT and SU are Similar		
	Female	60%	52%	Within SU Differences		
Grade	Grade 9	52%	38%	Too few students in at least one grade		
	Grade 10	51%	48%			
	Grade 11	51%	57%			
	Grade 12		75%			

	PEF	RCEIVED
	SU/SD	VT
Very hard	11%	15%
Sort of hard	19%	18%
Sort of easy	29%	31%
Very easy	41%	37%



PERCEPTIONS OF USE

#### SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY **EASY FOR THEM TO GET** SU/SD VT Overall 70% Overall Differences: State vs SU 68% 69% Sex Male 67% VT and SU are Similar Female 70% 69% Within SU Differences Grade Grade 9 60% Too few students in at least one grade 58% Grade 10 73% 67% Grade 11 65% 72% Grade 12 74%

	PERCEIVED ACCESS TO MARIJUANA						
	SU/SD	VT					
Very hard	19%	27%	VT > SU				
Sort of hard	16%	15%					
Sort of easy	21%	22%					
Very easy	44%	37%	SU > VT				



HIGH SCHOOL RESULTS

## SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VE EASY FOR THEM TO GET						
		SU/SD	VT			
Overall		65%	58%	Overall Differences: State vs SU		
Sex	Male	62%	59%	SU > VT		
	Female	68%	57%	Within SU Differences		
Grade	Grade 9	57%	43%	Too few students in at least one grade		
	Grade 10	63%	56%			
	Grade 11	66%	65%			
	Grade 12		69%			



## SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES						
	SU/SD	VT				
Never had sexual contact	43%	42%				
Females	55%	54%				
Males		2%	Too few students			
Females and males	•	2%	Too few students			

LIFETIME SEXUAL CONTACTS: FEMALES						
	SU/SD	VT				
Never had sexual contact	22%	43%	VT > SU			
Females	•	2%	Too few students			
Males	67%	48%	SU > VT			
Females and males	10%	7%				

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		52%	40%	Overall Differences: State vs SU
Sex	Male	43%	40%	SU > VT
	Female	60%	40%	Within SU Differences
Grade	Grade 9	42%	19%	Females > Males
	Grade 10	47%	33%	Too few students in at least one grade
	Grade 11	43%	48%	
	Grade 12		61%	



## SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	11%	8%	Within SU Differences
Grade	Grade 9	8%	3%	Too few students in at least one grade
	Grade 10	7%	6%	
	Grade 11	9%	10%	
	Grade 12		16%	

		E	EVER HAI	O ORAL SEX
		SU/SD	VT	
Overall		53%	42%	Overall Differences: State vs SU
Sex	Male	45%	42%	SU > VT
	Female	61%	42%	Within SU Differences
Grade	Grade 9	40%	23%	Females > Males
	Grade 10	47%	37%	Too few students in at least one grade
	Grade 11	53%	49%	
	Grade 12		60%	



HIGH SCHOOL RESULTS

## SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FOR	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		12%	10%	Overall Differences: State vs SU
Sex	Male	11%	9%	VT and SU are Similar
	Female	13%	12%	Within SU Differences
Grade	Grade 9	16%	7%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11	16%	12%	
	Grade 12		14%	



HIGH SCHOOL RESULTS

## SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SEXU	JAL INTER	COURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		38%	31%	Overall Differences: State vs SU
Sex	Male	27%	29%	SU > VT
	Female	49%	32%	Within SU Differences
Grade	Grade 9	27%	13%	Females > Males
	Grade 10	33%	24%	Too few students in at least one grade
	Grade 11	35%	37%	
	Grade 12		48%	

USE	USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS					
		SU/SD	VT			
Overall		23%	20%	Overall Differences: State vs SU		
Sex	Male		22%	VT and SU are Similar		
	Female	29%	17%	Within SU Differences		
Grade	Grade 9		24%	Too few students by sex		
	Grade 10		22%	Too few students in at least one grade		
	Grade 11		18%			
	Grade 12		19%			



## SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

#### PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT No method was used 9% 7% Birth control pills 31% 32% Condoms 31% 35% IUD or implant 17% 13% Too few students Shot/patch/birth control ring 5% Withdrawal/other method 8% 5% 2% Not sure Too few students

#### USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY **ACTIVE STUDENTS** SU/SD VT 50% Overall 51% Overall Differences: State vs SU Sex Male 40% VT and SU are Similar Female 60% Within SU Differences Grade Grade 9 29% Too few students by sex Grade 10 44% Too few students in at least one grade Grade 11 51%

59%

Grade 12



HIGH SCHOOL RESULTS

### **SECTION 5: SEXUAL HEALTH** CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall		51%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female	42%	52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

#### USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD VT 17% 19% Overall Differences: State vs SU Overall Sex Male 15% VT and SU are Similar Female 22% Within SU Differences Grade Grade 9 12% Too few students by sex Grade 10 19% Too few students in at least one grade Grade 11 20% Grade 12 20%



HIGH SCHOOL RESULTS

## SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS				
		SU/SD	VT	
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male		8%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		9%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		6%	



### SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENAND SEX)				
		SU/SD	VT	
Overall	-	19%	14%	Overall Differences: State vs SU
Sex	Male	17%	14%	SU > VT
	Female	21%	15%	Within SU Differences
Grade	Grade 9	25%	14%	Too few students in at least one grade
	Grade 10	25%	15%	
	Grade 11	12%	14%	
	Grade 12		13%	

	OBESE	E (BMI >95	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		10%	13%	Overall Differences: State vs SU
Sex	Male	13%	15%	VT and SU are Similar
	Female	6%	10%	Within SU Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10	9%	12%	
	Grade 11	17%	14%	
	Grade 12		13%	



### SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT					
	SU/SD	VT			
Very underweight		2%	Too few students		
Slightly underweight	7%	12%	VT > SU		
About the right weight	64%	56%	SU > VT		
Slightly overweight	25%	25%			
Very overweight	3%	5%			

DF	ESCRIBED T	HEMSELV	VES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall		28%	30%	Overall Differences: State vs SU
Sex	Male	23%	25%	VT and SU are Similar
	Female	33%	36%	Within SU Differences
Grade	Grade 9	30%	29%	Too few students in at least one grade
	Grade 10	29%	30%	
	Grade 11	27%	30%	
	Grade 12		33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT					
	SU/SD	VT			
Lose weight	42%	42%			
Gain weight	17%	15%			
Stay the same weight	23%	18%	SU > VT		
Not trying to do anything	19%	25%	VT > SU		



### SECTION 6: BMI AND WEIGHT PERCEPTIONS

		WERE '	TRYING '	TO LOSE WEIGHT
		SU/SD	VT	
Overall		42%	42%	Overall Differences: State vs SU
Sex	Male	22%	28%	VT and SU are Similar
	Female	63%	57%	Within SU Differences
Grade	Grade 9	57%	41%	Females > Males
	Grade 10	35%	42%	Too few students in at least one grade
	Grade 11	34%	41%	
	Grade 12		44%	



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS PH	YSICAL	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	12%	13%	
1 day	7%	7%	
2 days	8%	9%	
3 days	5%	12%	VT > SU
4 days	7%	11%	VT > SU
5 days	17%	14%	
6 days	11%	10%	
days days	32%	25%	SU > VT

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	32%	25%	Overall Differences: State vs SU
Sex	Male	42%	33%	SU > VT
	Female	20%	17%	Within SU Differences
Grade	Grade 9	28%	27%	Males > Females
	Grade 10	39%	27%	Too few students in at least one grade
	Grade 11	22%	24%	
	Grade 12		23%	



PHYSICAL ACTIVITY

WERE P	HYSICALL	Y ACTIVE		TT 60 MINUTES PER DAY ON 5 OR MORE AST WEEK
		SU/SD	VT	
Overall		60%	49%	Overall Differences: State vs SU
Sex	Male	66%	56%	SU > VT
	Female	53%	42%	Within SU Differences
Grade	Grade 9	59%	53%	Males > Females
	Grade 10	67%	50%	Too few students in at least one grade
	Grade 11	63%	47%	
	Grade 12		47%	

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK						
		SU/SD	VT			
Overall		12%	13%	Overall Differences: State vs SU		
Sex	Male	12%	11%	VT and SU are Similar		
	Female	11%	14%	Within SU Differences		
Grade	Grade 9	13%	10%	Too few students in at least one grade		
	Grade 10	9%	12%			
	Grade 11	15%	14%			
	Grade 12		15%			



PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK					
	SU/SD	VT			
Do not watch TV	2%	3%			
Less than 1 hour per day	6%	8%			
1 hour per day	12%	12%			
2 hours per day	19%	23%	VT > SU		
3 hours per day	26%	21%	SU > VT		
4 hours per day	11%	13%			
5 or more hours per day	24%	19%	SU > VT		

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK						
		SU/SD	VT			
Overall		61%	53%	Overall Differences: State vs SU		
Sex	Male	63%	53%	SU > VT		
	Female	59%	52%	Within SU Differences		
Grade	Grade 9	74%	53%	Too few students in at least one grade		
	Grade 10	60%	53%			
	Grade 11	47%	51%			
	Grade 12		53%			



ATE FR	ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK						
		SU/SD	VT				
Overall		27%	33%	Overall Differences: State vs SU			
Sex	Male	30%	32%	VT > SU			
	Female	23%	33%	Within SU Differences			
Grade	Grade 9	15%	33%	Too few students in at least one grade			
	Grade 10	28%	33%				
	Grade 11	39%	32%				
	Grade 12		32%				

AT	E VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		11%	18%	Overall Differences: State vs SU
Sex	Male	13%	18%	VT > SU
	Female	9%	18%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10	14%	18%	
	Grade 11	18%	17%	
	Grade 12		19%	



HIGH SCHOOL RESULTS

## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	SODA CO	ONSUMP
	SU/SD	VT
Did not drink soda or pop	34%	37%
1 to 3 times	45%	40%
4 to 6 times	12%	12%
1 time per day	3%	4%
2 times per day	3%	3%
3 times per day	2%	1%
4 or more times per day		3%

DRANK	A CAN, BO			OF SODA OR POP ONE OR MORE TIMES PAST WEEK
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male	14%	16%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	Grade 9	8%	11%	Males > Females
	Grade 10	8%	11%	Too few students in at least one grade
	Grade 11	9%	11%	
	Grade 12		12%	



SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK						
	SU/SD	VT				
Did not drink sugar-sweetened	22%	28%	VT > SU			
1 to 3 times	48%	44%				
4 to 6 times	17%	15%				
1 time per day	7%	6%				
2 times per day	3%	3%				
3 times per day		1%	Too few students			
4 or more times per day		2%	Too few students			

DRAN	DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK						
		SU/SD	VT				
Overall		13%	12%	Overall Differences: State vs SU			
Sex	Male	18%	15%	VT and SU are Similar			
	Female	8%	9%	Within SU Differences			
Grade	Grade 9	12%	12%	Males > Females			
	Grade 10	14%	12%	Too few students in at least one grade			
	Grade 11	9%	13%				
	Grade 12		13%				



HIGH SCHOOL RESULTS

## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	WATER (	CONSUM
	SU/SD	VT
Did not drink water	3%	4%
1 to 3 times	11%	9%
4 to 6 times	9%	11%
1 time per day	9%	9%
2 times per day	14%	16%
3 times per day	20%	19%
4 or more times per day	34%	33%

DRA	NK THREE	OR MORE	E GLASSE	S PER DAY OF WATER, PAST WEEK
		SU/SD	VT	
Overall		53%	52%	Overall Differences: State vs SU
Sex	Male	56%	51%	VT and SU are Similar
	Female	51%	53%	Within SU Differences
Grade	Grade 9	42%	50%	Too few students in at least one grade
	Grade 10	57%	53%	
	Grade 11	59%	51%	
	Grade 12		55%	



HIGH SCHOOL RESULTS

#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK						
	SU/SD	VT				
0 days	16%	11%	SU > VT			
1 day	7%	6%				
2 days	10%	9%				
3 days	14%	10%	SU > VT			
4 days	5%	8%	VT > SU			
5 days	10%	9%				
6 days	5%	7%				
7 days	31%	40%	VT > SU			

	]	DID NOT I	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		16%	11%	Overall Differences: State vs SU
Sex	Male	19%	11%	SU > VT
	Female	13%	10%	Within SU Differences
Grade	Grade 9	8%	10%	Too few students in at least one grade
	Grade 10	18%	11%	
	Grade 11	17%	10%	
	Grade 12		11%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT					
Never	70%	75%	VT > SU				
Rarely	15%	15%					
Sometimes	10%	7%	SU > VT				
Most of the time	3%	2%	SU > VT				
Always	٠	1%	Too few students				

	MOST OF TH	E TIME O	R ALWAY	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		5%	3%	Overall Differences: State vs SU
Sex	Male	6%	3%	SU > VT
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11	10%	3%	
	Grade 12		3%	



HIGH SCHOOL RESULTS

#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

#### USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT **AFFORD HOUSING**

		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		5%	



AT	TE DINNER	R WITH A
	SU/SD	VT
0 days	10%	9%
1 day	3%	4%
2 days	4%	4%
3 days	7%	6%
4 days	7%	8%
5 days	12%	13%
6 days	11%	12%
7 days	45%	44%

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	76%	77%	Overall Differences: State vs SU		
Sex	Male	82%	80%	VT and SU are Similar		
	Female	69%	75%	Within SU Differences		
Grade	Grade 9	81%	83%	Males > Females		
	Grade 10	81%	81%	Too few students in at least one grade		
	Grade 11	76%	76%			
	Grade 12		71%			



GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	45%	46%					
Mostly B's	33%	39%	VT > SU				
Mostly C's	18%	12%	SU > VT				
Mostly D's	2%	2%					
Mostly F's		1%	Too few students				

#### REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM SU/SD VT Overall 85% 80% Overall Differences: State vs SU Sex Male 84% 80% SU > VTFemale 85% 81% Within SU Differences Grade Grade 9 76% Too few students in at least one grade 78% Grade 10 87% 79% Grade 11 91% 82% Grade 12 83%



BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS					
	SU/SD	VT			
Strongly agree	17%	21%			
Agree	45%	44%			
Not sure	21%	19%			
Disagree	14%	11%			
Strongly disagree	3%	5%			

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR SU/SD VT Overall 62% 65% Overall Differences: State vs SU Sex Male 70% 69% VT and SU are Similar Female 54% 61% Within SU Differences Grade Grade 9 66% 67% Males > Females Grade 10 Too few students in at least one grade 62% 65% Grade 11 54% 64% Grade 12 63%



LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	5%	5%			
Probably will not	8%	5%	SU > VT		
Probably will	27%	22%	SU > VT		
Definitely will	48%	57%	VT > SU		
Not sure	11%	11%			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM							
		SU/SD	VT					
Overall		76%	79%	Overall Differences: State vs SU				
Sex	Male	79%	75%	VT and SU are Similar				
	Female	72%	83%	Within SU Differences				
Grade	Grade 9	69%	74%	Too few students in at least one grade				
	Grade 10	79%	77%					
	Grade 11	78%	81%					
	Grade 12		83%					



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK							
	SU/SD	VT					
0 hours	37%	33%					
1 to 4 hours	24%	27%					
5 to 9 hours	14%	17%					
10 to 19 hours	22%	17%	SU > VT				
20 or more hours	3%	6%	VT > SU				

SPEND 1	10 OR MORI	E HOURS		PATING IN AFTERSCHOOL ACTIVITIES, AL WEEK
		SU/SD	VT	
Overall		24%	24%	Overall Differences: State vs SU
Sex	Male	26%	24%	VT and SU are Similar
	Female	23%	24%	Within SU Differences
Grade	Grade 9	12%	21%	Too few students in at least one grade
	Grade 10	28%	23%	
	Grade 11	36%	24%	
	Grade 12	•	26%	



	MATTER TO PEOP				
	SU/SD	VT			
Strongly agree	14%	19%	VT > SU		
Agree	46%	41%			
Not sure	23%	25%			
Disagree	9%	9%			
Strongly disagree	9%	5%	SU > VT		

#### STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE SU/SD VT 59% Overall 61% Overall Differences: State vs SU Sex Male 67% 65% VT and SU are Similar Female 52% 57% Within SU Differences Grade Grade 9 58% Males > Females 61% Grade 10 67% 60% Too few students in at least one grade Grade 11 59% 60% Grade 12 62%



# MIDDLE SCHOOL RESULTS ADDISON RUTLAND SU (SU004) REPORT http://healthvermont.gov/yrbs.aspx



#### **SECTION 1: DEMOGRAPHICS**

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Overall	292	16701		

		SU/SD	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	36%	24%
	7th Grade	32%	39%
	8th Grade	32%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	87%	81%
	Students of Color (REM)	13%	19%
Sexual Orientation	Heterosexual (Het)	94%	93%
	Lesbian, Gay, or Bisexual (LGB)	6%	7%



#### SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		46%	42%	Overall Differences: State vs SU
Sex	Male	60%	56%	SU > VT
	Female	30%	27%	Within SU Differences
Grade	Grade 6	36%	40%	Males > Females
	Grade 7	52%	43%	7 > 6
	Grade 8	50%	43%	8 > 6

	WE	RE EVER E	ULLIED	ON SCHOOL PROPERTY
		SU/SD	VT	
Overall	_	45%	44%	Overall Differences: State vs SU
Sex	Male	36%	39%	VT and SU are Similar
	Female	54%	50%	Within SU Differences
Grade	Grade 6	44%	44%	Females > Males
	Grade 7	49%	45%	
	Grade 8	42%	44%	



# SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	W	ERE EVE	R ELECT	RONICALLY BULLIED
		SU/SD	VT	
Overall		30%	24%	Overall Differences: State vs SU
Sex	Male	22%	16%	SU > VT
	Female	39%	33%	Within SU Differences
Grade	Grade 6	22%	18%	Females > Males
	Grade 7	30%	24%	7 > 6
	Grade 8	39%	28%	8 > 6
				8 > 7

		WERE	BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		27%	22%	Overall Differences: State vs SU
Sex	Male	21%	17%	SU > VT
	Female	34%	26%	Within SU Differences
Grade	Grade 6	32%	22%	Females > Males
	Grade 7	27%	22%	6 > 8
	Grade 8	23%	21%	



#### **SECTION 2: PERSONAL SAFETY**

VIOLENCE AND BULLYING

	I	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	8%	Overall Differences: State vs SU
Sex	Male	11%	8%	SU > VT
	Female	8%	8%	Within SU Differences
Grade	Grade 6	6%	7%	7 > 6
	Grade 7	15%	8%	7 > 8
	Grade 8	8%	9%	

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT 10% Overall 8% Overall Differences: State vs SU Sex Male 8% 7% VT and SU are Similar Female 12% 10% Within SU Differences Grade Grade 6 14% 8% Females > Males Grade 7 8% 6% 6 > 7Grade 8 8% 9% 6 > 8



MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE					
	SU/SD	VT			
Never		1%	Too few students		
Rarely	2%	1%	SU > VT		
Sometimes	2%	3%	VT > SU		
Most of the time	20%	18%	SU > VT		
Always	75%	76%			

	]	RARELY O	R NEVEI	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	



# SECTION 2: PERSONAL SAFETY CAR SAFETY

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL							
		SU/SD	VT				
Overall		25%	22%	Overall Differences: State vs SU			
Sex	Male	20%	20%	SU > VT			
	Female	31%	24%	Within SU Differences			
Grade	Grade 6	19%	15%	Females > Males			
	Grade 7	28%	21%	7 > 6			
	Grade 8	30%	27%	8 > 6			

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA						
		SU/SD	VT			
Overall	-	13%	9%	Overall Differences: State vs SU		
Sex	Male	13%	7%	SU > VT		
	Female	13%	10%	Within SU Differences		
Grade	Grade 6	8%	5%	7 > 6		
	Grade 7	18%	8%	8 > 6		
	Grade 8	15%	12%			



MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

неі	HELMET USE WHEN RIDING A BICYCLE					
	SU/SD	VT				
Never wear a helmet	23%	16%	SU > VT			
Rarely wear a helmet	16%	15%				
Sometimes wear a helmet	20%	15%	SU > VT			
Most of the time wear a helmet	21%	25%	VT > SU			
Always wear a helmet	20%	28%	VT > SU			

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall	-	39%	31%	Overall Differences: State vs SU
Sex	Male	41%	33%	SU > VT
	Female	37%	29%	Within SU Differences
Grade	Grade 6	37%	24%	
	Grade 7	38%	30%	
	Grade 8	42%	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet	10%	5%	SU > VT			
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet	6%	2%	SU > VT			
Most of the time wear a helmet	5%	7%	VT > SU			
Always wear a helmet	79%	83%	VT > SU			



MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

RAREL	Y OR NEVI	ER WEAR A	A HELME	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	14%	8%	SU > VT
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8		7%	

HAD	HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE				
		SU/SD	VT		
Overall		18%	17%	Overall Differences: State vs SU	
Sex	Male	18%	19%	VT and SU are Similar	
	Female	18%	16%	Within SU Differences	
Grade	Grade 6	17%	17%		
	Grade 7	20%	17%		
	Grade 8	18%	18%		



# SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD			
Overall		32%	26%	Overall Differences: State vs SU	
Sex	Male	28%	25%	SU > VT	
	Female	38%	27%	Within SU Differences	
Grade	Grade 6	30%	21%	Females > Males	
	Grade 7	29%	27%	8 > 6	
	Grade 8	39%	29%	8 > 7	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					
		SU/SD	VT		
Overall		22%	19%	Overall Differences: State vs SU	
Sex	Male	17%	17%	SU > VT	
	Female	28%	20%	Within SU Differences	
Grade	Grade 6	22%	15%	Females > Males	
	Grade 7	24%	19%		
	Grade 8	21%	20%		



# SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
	SU/SD	VT			
Never	6%	9%	VT > SU		
Rarely	16%	14%	SU > VT		
Sometimes	29%	27%			
Most of the time	28%	29%			
Always	21%	21%			

MOST	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
SU/SD VT						
Overall	_	49%	50%	Overall Differences: State vs SU		
Sex	Male	47%	51%	VT and SU are Similar		
	Female	52%	49%	Within SU Differences		
Grade	Grade 6	49%	42%	8 > 6		
	Grade 7	43%	50%	8 > 7		
	Grade 8	56%	56%			



MIDDLE SCHOOL RESULTS

#### SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall		20%	30%	Overall Differences: State vs SU	
Sex	Male	23%	30%	VT > SU	
	Female	17%	31%	Within SU Differences	
Grade	Grade 6	10%	18%	Males > Females	
	Grade 7	15%	29%	8 > 6	
	Grade 8	36%	40%	8 > 7	



#### SECTION 3: MENTAL HEALTH

		FELT SAI	OR HO	PELESS, PAST YEAR
		SU/SD	VT	
Overall		23%	19%	Overall Differences: State vs SU
Sex	Male	16%	12%	SU > VT
	Female	31%	26%	Within SU Differences
Grade	Grade 6	21%	16%	Females > Males
	Grade 7	17%	18%	8 > 6
	Grade 8	32%	22%	8 > 7

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	_	22%	18%	Overall Differences: State vs SU
Sex	Male	17%	12%	SU > VT
	Female	28%	23%	Within SU Differences
Grade	Grade 6	20%	13%	Females > Males
	Grade 7	17%	17%	8 > 6
	Grade 8	30%	22%	8 > 7



#### SECTION 3: MENTAL HEALTH

EVE	R MADE A	PLAN ABC	OUT HOW	THEY WOULD KILL THEMSELVES
		SU/SD	VT	
Overall		14%	12%	Overall Differences: State vs SU
Sex	Male	11%	8%	VT and SU are Similar
	Female	17%	16%	Within SU Differences
Grade	Grade 6	11%	7%	Females > Males
	Grade 7	13%	11%	8 > 6
	Grade 8	18%	16%	

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	
Overall	_	7%	6%	Overall Differences: State vs SU
Sex	Male	5%	3%	VT and SU are Similar
	Female	8%	8%	Within SU Differences
Grade	Grade 6		3%	Females > Males
	Grade 7		5%	Too few students in at least one grade
	Grade 8	12%	8%	



#### SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER SMO	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	SU > VT
	Female	12%	7%	Within SU Differences
Grade	Grade 6		4%	Females > Males
	Grade 7	10%	7%	Too few students in at least one grade
	Grade 8	17%	10%	

	EVER USED AN ELECTRONIC VAPOR PRODUCT				
		SU/SD	VT		
Overall	_	11%	9%	Overall Differences: State vs SU	
Sex	Male	10%	9%	SU > VT	
	Female	12%	8%	Within SU Differences	
Grade	Grade 6	5%	3%	7 > 6	
	Grade 7	10%	8%	8 > 6	
	Grade 8	18%	14%	8 > 7	



#### SECTION 4: SUBSTANCE USE

LIFETIME USE

	EVE	CR USED A	FLAVOR	RED TOBACCO PRODUCT
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female	6%	5%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	7%	5%	
	Grade 8	9%	6%	

EVER DRANK ALCOHOL				
		SU/SD	VT	
Overall	_	21%	19%	Overall Differences: State vs SU
Sex	Male	23%	20%	VT and SU are Similar
	Female	18%	17%	Within SU Differences
Grade	Grade 6	13%	10%	Males > Females
	Grade 7	18%	17%	8 > 6
	Grade 8	32%	26%	8 > 7



#### SECTION 4: SUBSTANCE USE

LIFETIME USE

		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	11%	7%	SU > VT
	Female	9%	7%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	9%	6%	
	Grade 8	20%	11%	

		EV	ER USEI	) INHALANTS
		SU/SD	VT	
Overall	_	5%	4%	Overall Differences: State vs SU
Sex	Male	6%	4%	SU > VT
	Female	5%	4%	Within SU Differences
Grade	Grade 6	8%	3%	Too few students in at least one grade
	Grade 7	6%	4%	
	Grade 8		5%	



Too few students by sex

Too few students in at least one grade

#### SECTION 4: SUBSTANCE USE

LIFETIME USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO **USE IT** SU/SD VT Overall Differences: State vs SU Overall 2% 2% VT and SU are Similar Sex Male 2% Female 3% Within SU Differences

1%

2%

3%

Grade

Grade 6

Grade 7

Grade 8

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT					
		SU/SD	VT		
Overall	-	·	2%	Overall Differences: State vs SU	
Sex	Male		2%	Too few students	
	Female		2%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		2%		



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	τ	USED TOBA	ACCO PR	CODUCTS, PAST YEAR
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	6%	6%	SU > VT
	Female	9%	5%	Within SU Differences
Grade	Grade 6		3%	Too few students in at least one grade
	Grade 7	7%	5%	
	Grade 8	12%	7%	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS				
		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	4%	5%	VT and SU are Similar
	Female	8%	4%	Within SU Differences
Grade	Grade 6		2%	Females > Males
	Grade 7	8%	4%	Too few students in at least one grade
	Grade 8	8%	7%	



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		SU/SD	VT		
Overall		4%	3%	Overall Differences: State vs SU	
Sex	Male		3%	VT and SU are Similar	
	Female	4%	2%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		2%	Too few students in at least one grade	
	Grade 8		4%		

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette		33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

	USED AN	N ELECTRO	ONIC VA	POR PRODUCT PAST 30 DAYS
		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8	6%	6%	



#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less	٠	1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		



#### SECTION 4: SUBSTANCE USE

AMONG (	AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT					
1 or 2 days		49%	Too few students				
3 to 5 days		16%	Too few students				
6 to 9 days		10%	Too few students				
10 to 19 days		6%	Too few students				
20 to 29 days		5%	Too few students				
All 30 days		15%	Too few students				

		SMOKI	ED CIGA	RS, PAST 30 DAYS
		SU/SD	VT	
Overall	-		1%	Overall Differences: State vs SU
Sex	Male		1%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	•	1%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		1%	
	Grade 8		2%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR					
		SU/SD	VT		
Overall			36%	Overall Differences: State vs SU	
Sex	Male		36%	Too few students	
	Female	٠	38%	Within SU Differences	
Grade	Grade 6		30%	Too few students by sex	
	Grade 7		35%	Too few students in at least one grade	
	Grade 8		40%		



#### SECTION 4: SUBSTANCE USE

		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 6		2%	Females > Males
	Grade 7	8%	5%	Too few students in at least one grade
	Grade 8	10%	10%	

		BING	E DRANI	K, PAST 30 DAYS
		SU/SD	VT	
Overall	_	2%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 6		0%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		3%	



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks		63%	Too few students		
3 drinks		10%	Too few students		
4 drinks		7%	Too few students		
5 drinks		6%	Too few students		
6 or 7 drinks		4%	Too few students		
8 or 9 drinks		2%	Too few students		
10 or more drinks		9%	Too few students		

USED MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	7%	4%	Within SU Differences
Grade	Grade 6		1%	7 > 6
	Grade 7	8%	3%	8 > 6
	Grade 8	10%	7%	



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		95%	95%	Overall Differences: State vs SU	
Sex	Male	96%	95%	VT and SU are Similar	
	Female	94%	95%	Within SU Differences	
Grade	Grade 6	98%	98%	Males > Females	
	Grade 7	95%	95%	6 > 7	
	Grade 8	92%	93%	6 > 8	

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		88%	89%	Overall Differences: State vs SU	
Sex	Male	87%	89%	VT and SU are Similar	
	Female	89%	90%	Within SU Differences	
Grade	Grade 6	91%	95%	6 > 8	
	Grade 7	91%	91%	7 > 8	
	Grade 8	82%	84%		



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall		90%	90%	Overall Differences: State vs SU
Sex	Male	91%	90%	VT and SU are Similar
	Female	89%	90%	Within SU Differences
Grade	Grade 6	98%	97%	6 > 7
	Grade 7	88%	91%	6 > 8
	Grade 8	83%	84%	7 > 8

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		97%	95%	Overall Differences: State vs SU	
Sex	Male	98%	95%	SU > VT	
	Female	95%	95%	Within SU Differences	
Grade	Grade 6	98%	96%	Males > Females	
	Grade 7	95%	95%	6 > 7	
	Grade 8	98%	95%	8 > 7	



### SECTION 4: SUBSTANCE USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		85%	85%	Overall Differences: State vs SU	
Sex	Male	86%	84%	VT and SU are Similar	
	Female	84%	87%	Within SU Differences	
Grade	Grade 6	84%	87%	8 > 6	
	Grade 7	80%	86%	8 > 7	
	Grade 8	90%	83%		

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA					
		SU/SD	VT		
Overall		93%	92%	Overall Differences: State vs SU	
Sex	Male	95%	92%	VT and SU are Similar	
	Female	90%	92%	Within SU Differences	
Grade	Grade 6	97%	95%	Males > Females	
	Grade 7	90%	92%	6 > 7	
	Grade 8	92%	89%	6 > 8	



MIDDLE SCHOOL RESULTS

### SECTION 4: SUBSTANCE USE

THIN	K CIGARET	TTES WOU	LD BE SO	ORT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		17%	22%	Overall Differences: State vs SU
Sex	Male	18%	22%	VT > SU
	Female	15%	21%	Within SU Differences
Grade	Grade 6	12%	13%	8 > 6
	Grade 7	14%	20%	8 > 7
	Grade 8	25%	28%	

THI	NK ALCOH	OL WOUL	D BE SOR	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall	-	29%	37%	Overall Differences: State vs SU
Sex	Male	31%	37%	VT > SU
	Female	28%	37%	Within SU Differences
Grade	Grade 6	21%	24%	8 > 6
	Grade 7	25%	35%	8 > 7
	Grade 8	42%	48%	



MIDDLE SCHOOL RESULTS

#### SECTION 4: SUBSTANCE USE

THIN	K MARIJU	ANA WOU	LD BE SO	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		17%	15%	Overall Differences: State vs SU
Sex	Male	17%	15%	SU > VT
	Female	18%	15%	Within SU Differences
Grade	Grade 6	8%	6%	7 > 6
	Grade 7	15%	13%	8 > 6
	Grade 8	29%	23%	8 > 7

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY					
		SU/SD	VT		
Overall		74%	72%	Overall Differences: State vs SU	
Sex	Male	75%	71%	VT and SU are Similar	
	Female	73%	74%	Within SU Differences	
Grade	Grade 6	76%	76%	6 > 8	
	Grade 7	78%	72%	7 > 8	
	Grade 8	67%	70%		



#### SECTION 4: SUBSTANCE USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND					
		SU/SD	VT		
Overall		45%	48%	Overall Differences: State vs SU	
Sex	Male	39%	45%	VT > SU	
	Female	51%	51%	Within SU Differences	
Grade	Grade 6	45%	50%	Females > Males	
	Grade 7	46%	48%		
	Grade 8	43%	46%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		SU/SD	VT	
Overall		59%	59%	Overall Differences: State vs SU
Sex	Male	55%	56%	VT and SU are Similar
	Female	64%	62%	Within SU Differences
Grade	Grade 6	70%	73%	Females > Males
	Grade 7	63%	60%	6 > 7
	Grade 8	43%	48%	6 > 8
				7 > 8



MIDDLE SCHOOL RESULTS

### SECTION 5: SEXUAL ACTIVITY

SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	SU > VT
	Female	8%	4%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	12%	4%	
	Grade 8	10%	8%	

		E	VER HA	D ORAL SEX
		SU/SD	VT	
Overall	_	7%	6%	Overall Differences: State vs SU
Sex	Male	6%	6%	SU > VT
	Female	8%	5%	Within SU Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	9%	4%	
	Grade 8	11%	9%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS	ENGAGE	D IN AT	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	5%	7%	VT > SU
1 day	7%	4%	SU > VT
2 days	7%	7%	
3 days	11%	10%	
4 days	10%	11%	
5 days	15%	15%	
6 days	6%	11%	VT > SU
7 days	39%	34%	SU > VT

WERE P	HYSICALL	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	_	39%	34%	Overall Differences: State vs SU
Sex	Male	45%	42%	SU > VT
	Female	34%	26%	Within SU Differences
Grade	Grade 6	44%	38%	Males > Females
	Grade 7	38%	35%	6 > 8
	Grade 8	35%	30%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS					
SU/SD VT					
Overall		60%	60%	Overall Differences: State vs SU	
Sex	Male	64%	66%	VT and SU are Similar	
	Female	57%	54%	Within SU Differences	
Grade	Grade 6	62%	63%	Males > Females	
	Grade 7	58%	60%		
	Grade 8	61%	57%		

	WE	RE NOT PI	HYSICAL	LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male	4%	7%	VT > SU
	Female	5%	7%	Within SU Differences
Grade	Grade 6		7%	Too few students in at least one grade
	Grade 7		7%	
	Grade 8	6%	8%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHY	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK						
	SU/SD	VT					
0 days	11%	25%	VT > SU				
1 day	8%	7%					
2 days	14%	8%	SU > VT				
3 days	6%	8%	VT > SU				
4 days	5%	5%					
5 days	57%	46%	SU > VT				

GET	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL						
		SU/SD	VT				
Overall		11%	25%	Overall Differences: State vs SU			
Sex	Male	8%	24%	VT > SU			
	Female	13%	25%	Within SU Differences			
Grade	Grade 6	8%	16%	Females > Males			
	Grade 7	9%	26%	8 > 6			
	Grade 8	16%	29%	8 > 7			



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

RIDE A	A BIKE OF	R WALK	TO SCHOOL WHEN WEATHER PERMITS
	SU/SD	VT	
0 days	67%	77%	VT > SU
1 day	4%	3%	
2 days	3%	3%	
3 days	7%	4%	SU > VT
4 days	2%	2%	
5 days	17%	10%	SU > VT

	WALK	OR RIDE T	THEIR BII	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall		17%	10%	Overall Differences: State vs SU
Sex	Male	17%	12%	SU > VT
	Female	16%	9%	Within SU Differences
Grade	Grade 6	18%	11%	
	Grade 7	15%	10%	
	Grade 8	19%	10%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

WATCH TELEVISION, TYPICAL SCHOOL DAY				
	SU/SD	VT		
No TV on average school day	19%	18%		
Less than 1 hour per day	18%	23%	VT > SU	
1 hour per day	18%	18%		
2 hours per day	19%	20%		
3 hours per day	13%	10%	SU > VT	
4 hours per day	4%	4%		
5 or more hours per day	9%	6%	SU > VT	

		WATCH	IED TV 3-	HOURS PER DAY
		SU/SD	VT	
Overall		26%	20%	Overall Differences: State vs SU
Sex	Male	25%	20%	SU > VT
	Female	27%	20%	Within SU Differences
Grade	Grade 6	27%	18%	
	Grade 7	22%	20%	
	Grade 8	28%	21%	



MIDDLE SCHOOL RESULTS

### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER A	COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY						
	SU/SD	VT					
No playing video/computer game	11%	12%					
Less than 1 hour per day	15%	17%					
1 hour per day	12%	15%	VT > SU				
2 hours per day	19%	18%					
3 hours per day	11%	14%	VT > SU				
4 hours per day	14%	8%	SU > VT				
5 or more hours per day	18%	16%					

PLAYE	PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY					
	SU/SD VT					
Overall		43%	38%	Overall Differences: State vs SU		
Sex	Male	46%	39%	SU > VT		
	Female	40%	37%	Within SU Differences		
Grade	Grade 6	33%	29%	7 > 6		
	Grade 7	44%	38%	8 > 6		
	Grade 8	52%	45%	8 > 7		



#### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT				
0 days	5%	7%	VT > SU			
1 day	4%	4%				
2 days	5%	7%				
3 days	8%	7%				
4 days	7%	6%				
5 days	10%	8%	SU > VT			
6 days	10%	9%				
7 days	51%	52%				

		DID NOT E	AT BRE	AKFAST, PAST WEEK
		SU/SD	VT	
Overall			7%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		7%	Within SU Differences
Grade	Grade 6		5%	
	Grade 7		7%	
	Grade 8		7%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK					
	SU/SD	VT			
Did not drink water	4%	3%	SU > VT		
1 to 3 times	10%	9%			
4 to 6 times	11%	10%			
1 time per day	5%	6%	VT > SU		
2 times per day	18%	16%			
3 times per day	19%	19%			
4 or more times per day	34%	37%	VT > SU		

	DRANK T	THREE OR	MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall		53%	56%	Overall Differences: State vs SU
Sex	Male	54%	57%	VT > SU
	Female	52%	54%	Within SU Differences
Grade	Grade 6	59%	58%	6 > 7
	Grade 7	39%	54%	8 > 7
	Grade 8	61%	56%	



#### SECTION 7: SOCIAL DETERMINANTS

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS						
	SU/SD	VT				
Never	76%	77%				
Rarely	12%	14%	VT > SU			
Sometimes	10%	7%	SU > VT			
Most of the time		1%	Too few students			
Always	•	1%	Too few students			

MOST	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME						
		SU/SD	VT				
Overall	-	3%	2%	Overall Differences: State vs SU			
Sex	Male		2%	VT and SU are Similar			
	Female	•	2%	Within SU Differences			
Grade	Grade 6	6%	2%	Too few students by sex			
	Grade 7		2%	Too few students in at least one grade			
	Grade 8		2%				



#### SECTION 7: SOCIAL DETERMINANTS

		ВО	RN OUT	SIDE THE U.S.
		SU/SD	VT	
Overall		2%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	



AT	E DINNE	R WITH A	AT LEAST ONE PARENT, PAST WEEK
	SU/SD	VT	
0 days	6%	5%	SU > VT
1 day	•	2%	Too few students
2 days	2%	2%	
3 days	3%	3%	
4 days	5%	4%	
5 days	8%	7%	
6 days	9%	10%	
7 days	65%	66%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK						
		SU/SD	VT			
Overall	_	87%	88%	Overall Differences: State vs SU		
Sex	Male	90%	89%	VT and SU are Similar		
	Female	84%	87%	Within SU Differences		
Grade	Grade 6	91%	90%	Males > Females		
	Grade 7	87%	89%	6 > 8		
	Grade 8	82%	86%			



MIDDLE SCHOOL RESULTS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS						
	SU/SD	VT				
Strongly agree	32%	28%	SU > VT			
Agree	39%	43%	VT > SU			
Not sure	13%	17%	VT > SU			
Disagree	9%	8%				
Strongly disagree	7%	5%	SU > VT			

STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR					
		SU/SD	VT		
Overall		71%	71%	Overall Differences: State vs SU	
Sex	Male	73%	72%	VT and SU are Similar	
	Female	68%	69%	Within SU Differences	
Grade	Grade 6	81%	77%	6 > 7	
	Grade 7	69%	72%	6 > 8	
	Grade 8	60%	66%	7 > 8	



BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM						
		SU/SD	VT			
Overall		82%	76%	Overall Differences: State vs SU		
Sex	Male	80%	76%	SU > VT		
	Female	84%	76%	Within SU Differences		
Grade	Grade 6	82%	79%			
	Grade 7	81%	75%			
	Grade 8	82%	75%			

GRADES EARNED IN SCHOOL							
	SU/SD	VT					
Mostly A's	43%	46%					
Mostly B's	40%	38%					
Mostly C's	12%	12%					
Mostly D's	2%	3%					
Mostly F's	3%	1%					

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY							
	SU/SD	VT					
Strongly agree	29%	27%					
Agree	31%	36%	VT > SU				
Not sure	24%	24%					
Disagree	11%	7%	SU > VT				
Strongly disagree	5%	5%					



STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE							
		SU/SD	VT				
Overall		60%	64%	Overall Differences: State vs SU			
Sex	Male	64%	68%	VT > SU			
	Female	55%	60%	Within SU Differences			
Grade	Grade 6	63%	67%	Males > Females			
	Grade 7	59%	65%				
	Grade 8	57%	60%				

