SERVICES for eligible Vermont women

	Age 18–39 (with breast symptoms or abnormal Pap)	Age 40 or older
Screening		
Breast	• Clinical breast exam • Breast self-exam instruction • Screening mammogram	• In-office breast exam • Breast self-exam instruction • Screening mammogram
Cervical	• Pelvic exam • Pap smear	• Pelvic exam • Pap test
Cardiovascular	Not available	• Blood pressure check • Total cholesterol • Body Mass Index (BMI) • Diabetic Screening (Glucose)
Diagnostic		
Breast	• Diagnostic mammogram • Ultrasound • Consultation • Second opinion • Breast biopsy and related costs	• Diagnostic mammogram • Ultrasound • Consultation • Second opinion • Breast biopsy and related costs
Cervical	• Colposcopy • Other diagnostic tests	• Colposcopy • Other diagnostic tests
Cardiovascular	Not available	• Follow-up glucose • Follow-up cholesterol • Lipid panel
And More		
Breast	• Referral to Medicaid Treatment Act, if eligible	• Referral to Medicaid Treatment Act, if eligible
Cervical	• Referral to Medicaid Treatment Act, if eligible	• Referral to Medicaid Treatment Act, if eligible
Cardiovascular	Not available	• Goal setting for nutrition and physical activity with a Vermont Department of Health nutritionist • Help to quit smoking, with counseling, free patches, lozenges or gum

Please note that women with Medicaid, VHAP, and Medicare Part B are not eligible for Ladies First

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