

# 2015 Vermont Youth Risk Behavior Survey Report

## Report for Burlington SD

### Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Burlington SD. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Burlington who participated in the 2015 YRBS:

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#### **High School- Grades 9-12**

Burlington Senior High School

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#### **Middle School- Grades 6-8**

Edmunds Middle School

Lyman C Hunt Middle School

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## **Alcohol, Tobacco and Other Drugs**

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>



## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Burlington SD**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.



*Demographics*


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**Burlington**  
**Number of High School Students in Burlington SD**

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**Burlington SD Total**

789

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / missing	27	3%
Female	387	49%
Male	375	47%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / ungraded	25	3%
9 <sup>th</sup> grade	199	25%
10 <sup>th</sup> grade	178	22%
11 <sup>th</sup> grade	210	26%
12 <sup>th</sup> grade	177	22%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated / missing	45	5%
White non-Hispanic	284	35%
Ethnic or racial minority	460	58%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / missing	11	1%
High school or less	197	24%
Some college	72	9%
College graduate	199	25%
Graduate or professional degree after college	178	22%
Not sure	132	16%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Burlington SD.

*Demographics*

**Vermont**  
**Number of High School Students in Vermont**

**Vermont Total**

21013

<b>Sex</b>	<b>Total</b>	<b>%</b>
Not indicated / missing	294	1%
Female	10243	48%
Male	10476	49%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Not indicated / ungraded	297	1%
9 <sup>th</sup> grade	5627	26%
10 <sup>th</sup> grade	5586	26%
11 <sup>th</sup> grade	5171	24%
12 <sup>th</sup> grade	4332	20%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Not indicated / missing	611	2%
White non-Hispanic	3197	15%
Ethnic or racial minority	17205	81%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Not indicated / missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	18%	22%	
	10th	22%	20%	
	11th	14%	17%	
	12th	8%	14%	SU/SD statistically lower
Sex	Female	12%	12%	
	Male	20%	24%	SU/SD statistically lower
Total		16%	18%	SU/SD statistically lower

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	9%	10%	
	10th	8%	8%	
	11th	3%	6%	SU/SD statistically lower
	12th	3%	5%	
Sex	Female	5%	4%	
	Male	7%	10%	SU/SD statistically lower
Total		6%	7%	

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	7%	6%	
	10th	8%	6%	SU/SD statistically higher
	11th	2%	4%	SU/SD statistically lower
	12th	4%	4%	
Sex	Female	4%	4%	
	Male	7%	6%	
Total		6%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	8%	6%	
	10th	5%	7%	
	11th	5%	9%	SU/SD statistically lower
	12th	3%	8%	SU/SD statistically lower
Sex	Female	3%	4%	
	Male	7%	11%	SU/SD statistically lower
Total		5%	8%	SU/SD statistically lower

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	7%	7%	
	10th	5%	6%	
	11th	6%	5%	
	12th	5%	5%	
Sex	Female	7%	7%	
	Male	5%	4%	
Total		6%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	16%	23%	SU/SD statistically lower
	10th	9%	18%	SU/SD statistically lower
	11th	8%	16%	SU/SD statistically lower
	12th	11%	14%	
Sex	Female	13%	23%	SU/SD statistically lower
	Male	8%	12%	SU/SD statistically lower
Total		11%	18%	SU/SD statistically lower

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	18%	20%	
	10th	9%	17%	SU/SD statistically lower
	11th	9%	16%	SU/SD statistically lower
	12th	9%	13%	SU/SD statistically lower
Sex	Female	16%	23%	SU/SD statistically lower
	Male	6%	10%	SU/SD statistically lower
Total		11%	16%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	12%	13%	
	10th	9%	11%	
	11th	4%	11%	SU/SD statistically lower
	12th	7%	10%	SU/SD statistically lower
Sex	Female	5%	11%	SU/SD statistically lower
	Male	11%	12%	
Total		8%	11%	SU/SD statistically lower

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	21%	20%	
	10th	15%	19%	SU/SD statistically lower
	11th	17%	17%	
	12th	10%	14%	SU/SD statistically lower
Sex	Female	23%	26%	
	Male	7%	9%	
Total		16%	17%	SU/SD statistically lower

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	25%	24%	
	10th	25%	26%	
	11th	24%	24%	
	12th	23%	24%	
Sex	Female	30%	34%	SU/SD statistically lower
	Male	18%	15%	SU/SD statistically higher
Total		24%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	14%	13%	
	10th	12%	13%	
	11th	13%	12%	
	12th	7%	10%	SU/SD statistically lower
Sex	Female	14%	16%	
	Male	8%	8%	
Total		11%	12%	

**1.12 Percent of students who attempted suicide, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	7%	7%	
	10th	4%	6%	
	11th	7%	5%	
	12th	3%	5%	SU/SD statistically lower
Sex	Female	6%	8%	
	Male	4%	4%	
Total		5%	6%	

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	3%	2%	
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	2%	3%	
	Male	.	1%	Too few students
Total		2%	2%	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	7%	8%	
	10th	11%	9%	
	11th	7%	9%	
	12th	9%	9%	
Sex	Female	9%	11%	
	Male	8%	7%	
Total		9%	9%	

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	5%	5%	
	10th	6%	6%	
	11th	6%	7%	
	12th	8%	8%	
Sex	Female	9%	10%	
	Male	2%	3%	
Total		6%	7%	



*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	12%	19%	SU/SD statistically lower
	10th	17%	20%	
	11th	13%	20%	SU/SD statistically lower
	12th	12%	19%	SU/SD statistically lower
Sex	Female	14%	20%	SU/SD statistically lower
	Male	13%	19%	SU/SD statistically lower
Total		14%	20%	SU/SD statistically lower

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	11%	13%	SU/SD statistically lower
	10th	15%	20%	
	11th	19%	26%	SU/SD statistically lower
	12th	21%	29%	SU/SD statistically lower
Sex	Female	17%	22%	SU/SD statistically lower
	Male	16%	22%	SU/SD statistically lower
Total		17%	22%	SU/SD statistically lower

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Burlington	Vermont	Notes
Grade	9th	7%	5%	
	10th	.	4%	Too few students
	11th	4%	8%	SU/SD statistically lower
	12th	7%	9%	
Sex	Female	5%	5%	
	Male	6%	9%	SU/SD statistically lower
Total		6%	7%	

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Burlington	Vermont	Notes
Grade	9th	7%	8%	
	10th	9%	10%	
	11th	11%	18%	SU/SD statistically lower
	12th	16%	20%	
Sex	Female	10%	12%	
	Male	13%	18%	SU/SD statistically lower
Total		12%	15%	SU/SD statistically lower

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Burlington	Vermont	Notes
Grade	9th	17%	10%	SU/SD statistically higher
	10th	9%	15%	SU/SD statistically lower
	11th	33%	40%	SU/SD statistically lower
	12th	40%	50%	SU/SD statistically lower
Sex	Female	32%	33%	
	Male	23%	33%	SU/SD statistically lower
Total		27%	33%	SU/SD statistically lower

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Burlington	Vermont	Notes
Grade	9th	38%	48%	SU/SD statistically lower
	10th	53%	54%	
	11th	47%	55%	SU/SD statistically lower
	12th	61%	56%	
Sex	Female	45%	49%	SU/SD statistically lower
	Male	54%	56%	
Total		50%	53%	

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Burlington	Vermont	Notes
Grade	9th	54%	63%	SU/SD statistically lower
	10th	52%	65%	
	11th	55%	65%	SU/SD statistically lower
	12th	56%	67%	
Sex	Female	58%	72%	SU/SD statistically lower
	Male	51%	59%	
Total		54%	65%	SU/SD statistically lower

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Burlington	Vermont	Notes
Grade	9th	3%	2%	
	10th	.	3%	
	11th	.	4%	
	12th	5%	6%	
Sex	Female	3%	5%	SU/SD statistically lower
	Male	2%	3%	
Total		3%	4%	SU/SD statistically lower

## 2 Alcohol, Tobacco and other Drug Use

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### 2.01 Percent of students who ever drank alcohol other than a few sips

		Burlington	Vermont	Notes
Grade	9th	27%	37%	SU/SD statistically lower
	10th	44%	51%	SU/SD statistically lower
	11th	52%	63%	SU/SD statistically lower
	12th	60%	71%	SU/SD statistically lower
Sex	Female	47%	57%	SU/SD statistically lower
	Male	43%	54%	SU/SD statistically lower
Total		46%	56%	SU/SD statistically lower

### 2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Burlington	Vermont	Notes
Grade	9th	9%	14%	SU/SD statistically lower
	10th	6%	13%	SU/SD statistically lower
	11th	9%	12%	
	12th	5%	10%	SU/SD statistically lower
Sex	Female	6%	10%	SU/SD statistically lower
	Male	9%	14%	SU/SD statistically lower
Total		8%	12%	SU/SD statistically lower

## 2 Alcohol, Tobacco and other Drug Use

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### 2.03 Percent of students who drank alcohol, past 30 days

		Burlington	Vermont	Notes
Grade	9th	15%	17%	
	10th	26%	26%	
	11th	30%	34%	
	12th	38%	42%	
Sex	Female	28%	30%	
	Male	27%	29%	
Total		27%	30%	SU/SD statistically lower

### 2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Burlington	Vermont	Notes
Grade	9th	8%	8%	
	10th	10%	13%	
	11th	21%	19%	
	12th	22%	24%	
Sex	Female	14%	15%	
	Male	16%	17%	
Total		15%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Burlington	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students
-----					
	11th	1 to 2 days	46%	49%	
		3 to 9 days	47%	40%	
		10+ days	.	11%	Too few students
-----					
	12th	1 to 2 days	54%	47%	
		3 to 9 days	35%	40%	
		10+ days	11%	13%	
-----					
Sex	Female	1 to 2 days	62%	55%	SU/SD statistically higher
		3 to 9 days	34%	36%	
		10+ days	5%	9%	SU/SD statistically lower
-----					
	Male	1 to 2 days	44%	47%	
		3 to 9 days	40%	38%	
		10+ days	17%	15%	
-----					
Total		1 to 2 days	53%	51%	
		3 to 9 days	36%	37%	
		10+ days	10%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			Burlington	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students
-----					
	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students
-----					
	11th	1 to 2 drinks	18%	33%	SU/SD statistically lower
		3 to 4 drinks	26%	18%	SU/SD statistically higher
		5 or more drinks	56%	49%	
-----					
	12th	1 to 2 drinks	29%	32%	
		3 to 4 drinks	28%	19%	SU/SD statistically higher
		5 or more drinks	43%	49%	
-----					
Sex	Female	1 to 2 drinks	38%	40%	
		3 to 4 drinks	26%	23%	
		5 or more drinks	36%	38%	
-----					
	Male	1 to 2 drinks	26%	33%	SU/SD statistically lower
		3 to 4 drinks	24%	16%	SU/SD statistically higher
		5 or more drinks	50%	52%	
-----					
Total		1 to 2 drinks	32%	36%	
		3 to 4 drinks	26%	19%	SU/SD statistically higher
		5 or more drinks	42%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.07 Among students who drank in the past 30 days, usual source of alcohol

			Burlington	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students
-----					
	11th	Bought it	12%	4%	SU/SD statistically higher
		Gave someone money	22%	28%	
		Someone gave it to me	37%	41%	
		Took it / some other way	29%	27%	
-----					
	12th	Bought it	9%	7%	
		Gave someone money	24%	29%	
		Someone gave it to me	51%	43%	
		Took it / some other way	17%	22%	
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	20%	24%	
		Someone gave it to me	52%	46%	
		Took it / some other way	25%	28%	
-----					
	Male	Bought it	13%	7%	SU/SD statistically higher
		Gave someone money	22%	24%	
		Someone gave it to me	32%	35%	
		Took it / some other way	34%	34%	
-----					
Total		Bought it	8%	5%	SU/SD statistically higher
		Gave someone money	21%	24%	
		Someone gave it to me	41%	40%	
		Took it / some other way	29%	31%	



## 2 Alcohol, Tobacco and other Drug Use

## 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Burlington	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students
-----					
	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students
-----					
	11th	At my home	30%	32%	
		At another person's home	67%	58%	SU/SD statistically higher
		At a public place or event	.	9%	Too few students
-----					
	12th	At my home	30%	30%	
		At another person's home	64%	60%	
		At a public place or event	.	10%	Too few students
-----					
Sex	Female	At my home	34%	34%	
		At another person's home	61%	58%	
		At a public place or event	6%	8%	
-----					
	Male	At my home	32%	34%	
		At another person's home	57%	53%	
		At a public place or event	11%	13%	
-----					
Total		At my home	32%	34%	
		At another person's home	60%	55%	
		At a public place or event	8%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	9%	14%	SU/SD statistically lower
	10th	12%	18%	SU/SD statistically lower
	11th	17%	24%	SU/SD statistically lower
	12th	22%	28%	SU/SD statistically lower
Sex	Female	15%	19%	SU/SD statistically lower
	Male	14%	23%	SU/SD statistically lower
Total		15%	21%	SU/SD statistically lower

**2.10 Percent of students who smoked a whole cigarette before age 13**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	3%	6%	SU/SD statistically lower
	10th	4%	6%	
	11th	5%	6%	
	12th	6%	6%	
Sex	Female	3%	5%	SU/SD statistically lower
	Male	7%	7%	
Total		5%	6%	SU/SD statistically lower

**2.11 Percent of students who smoked cigarettes, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	6%	7%	
	10th	7%	9%	
	11th	7%	12%	SU/SD statistically lower
	12th	10%	14%	SU/SD statistically lower
Sex	Female	9%	10%	
	Male	7%	12%	SU/SD statistically lower
Total		8%	11%	SU/SD statistically lower

## 2 Alcohol, Tobacco and other Drug Use

## 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			Burlington	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students
-----					
Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students
-----					
	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students
-----					
Total	1 to 2 days		30%	29%	
	3 to 9 days		18%	22%	
	10+ days		53%	49%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Burlington	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Total	1 cigarette or less		44%	44%	
	2 to 10 cigarettes		44%	44%	
	11 or more cigarettes		11%	12%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

			Burlington	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students
-----					
	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students
-----					
Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

## 2 Alcohol, Tobacco and other Drug Use

### 2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months

		Burlington	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		48%	42%	

### 2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Burlington	Vermont	Notes
Grade	9th	15%	18%	
	10th	24%	28%	
	11th	31%	35%	
	12th	37%	39%	
Sex	Female	26%	27%	
	Male	28%	33%	SU/SD statistically lower
Total		27%	30%	SU/SD statistically lower

### 2.17 Percent of students who have used electronic vapor products, past 30 days

		Burlington	Vermont	Notes
Grade	9th	8%	10%	
	10th	13%	14%	
	11th	8%	17%	SU/SD statistically lower
	12th	14%	19%	SU/SD statistically lower
Sex	Female	9%	13%	SU/SD statistically lower
	Male	12%	18%	SU/SD statistically lower
Total		11%	15%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	9%	15%	SU/SD statistically lower
	10th	14%	21%	SU/SD statistically lower
	11th	19%	29%	SU/SD statistically lower
	12th	24%	32%	SU/SD statistically lower
Sex	Female	16%	20%	SU/SD statistically lower
	Male	18%	28%	SU/SD statistically lower
Total		17%	24%	SU/SD statistically lower

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	3%	6%	SU/SD statistically lower
	10th	5%	5%	
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	2%	4%	SU/SD statistically lower
	Male	4%	7%	SU/SD statistically lower
Total		3%	6%	SU/SD statistically lower

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

## 2 Alcohol, Tobacco and other Drug Use

### 2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

		Burlington	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	8%	Too few students
	12th	.	8%	Too few students
Sex	Female	.	3%	Too few students
	Male	2%	11%	SU/SD statistically lower
Total		1%	7%	SU/SD statistically lower

### 2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Burlington	Vermont	Notes
Grade	9th	3%	5%	
	10th	5%	8%	SU/SD statistically lower
	11th	4%	12%	SU/SD statistically lower
	12th	9%	16%	SU/SD statistically lower
Sex	Female	5%	6%	
	Male	6%	14%	SU/SD statistically lower
Total		5%	10%	SU/SD statistically lower



*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	8%	11%	
	10th	9%	15%	SU/SD statistically lower
	11th	10%	21%	SU/SD statistically lower
	12th	16%	25%	SU/SD statistically lower
Sex	Female	10%	13%	SU/SD statistically lower
	Male	11%	23%	SU/SD statistically lower
Total		11%	18%	SU/SD statistically lower

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	13%	16%	
	10th	17%	22%	SU/SD statistically lower
	11th	17%	28%	SU/SD statistically lower
	12th	23%	32%	SU/SD statistically lower
Sex	Female	16%	20%	SU/SD statistically lower
	Male	20%	29%	SU/SD statistically lower
Total		18%	25%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	24%	22%	
	10th	35%	32%	
	11th	38%	44%	SU/SD statistically lower
	12th	43%	49%	SU/SD statistically lower
Sex	Female	37%	36%	
	Male	34%	38%	SU/SD statistically lower
Total		35%	37%	

**2.25 Percent of students who used marijuana before age 13**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	4%	6%	
	10th	7%	6%	
	11th	3%	7%	SU/SD statistically lower
	12th	6%	6%	
Sex	Female	3%	5%	SU/SD statistically lower
	Male	7%	8%	
Total		6%	6%	

**2.26 Percent of students who used marijuana, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	10%	13%	SU/SD statistically lower
	10th	27%	20%	SU/SD statistically higher
	11th	24%	27%	
	12th	28%	29%	
Sex	Female	22%	21%	
	Male	22%	24%	
Total		22%	22%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Burlington	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students
-----					
	11th	1 to 2 times	37%	30%	
		3 to 9 times	27%	24%	
		10+ times	36%	46%	SU/SD statistically lower
-----					
	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students
-----					
Sex	Female	1 to 2 times	46%	37%	SU/SD statistically higher
		3 to 9 times	25%	26%	
		10+ times	29%	37%	SU/SD statistically lower
-----					
	Male	1 to 2 times	29%	26%	
		3 to 9 times	24%	23%	
		10+ times	47%	52%	
-----					
Total		1 to 2 times	37%	31%	SU/SD statistically higher
		3 to 9 times	25%	24%	
		10+ times	38%	45%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Burlington	Vermont	Notes
Grade	9th	10%	8%	
	10th	11%	10%	
	11th	9%	13%	SU/SD statistically lower
	12th	13%	14%	
Sex	Female	10%	11%	
	Male	11%	12%	
Total		11%	11%	

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Burlington	Vermont	Notes
Grade	9th	6%	4%	SU/SD statistically higher
	10th	4%	4%	
	11th	.	5%	Too few students
	12th	6%	6%	
Sex	Female	4%	4%	
	Male	5%	5%	
Total		4%	5%	

**2.30 Percent of students who ever used cocaine**

		Burlington	Vermont	Notes
Grade	9th	3%	3%	
	10th	6%	4%	SU/SD statistically higher
	11th	2%	5%	SU/SD statistically lower
	12th	4%	7%	
Sex	Female	3%	4%	
	Male	5%	6%	
Total		4%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Burlington	Vermont	Notes
Grade	9th	8%	7%	
	10th	4%	6%	
	11th	4%	7%	SU/SD statistically lower
	12th	4%	5%	
Sex	Female	5%	6%	
	Male	6%	7%	
Total		5%	7%	SU/SD statistically lower

**2.32 Percent of students who ever used methamphetamines**

		Burlington	Vermont	Notes
Grade	9th	3%	2%	
	10th	3%	2%	
	11th	.	3%	Too few students
	12th	4%	3%	
Sex	Female	3%	2%	SU/SD statistically higher
	Male	3%	3%	
Total		3%	3%	

**2.33 Percent of students who ever used heroin**

		Burlington	Vermont	Notes
Grade	9th	3%	2%	
	10th	3%	2%	
	11th	.	2%	Too few students
	12th	.	3%	
Sex	Female	1%	1%	
	Male	3%	3%	
Total		2%	2%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	28%	34%	SU/SD statistically lower
	10th	26%	36%	SU/SD statistically lower
	11th	24%	39%	SU/SD statistically lower
	12th	29%	38%	SU/SD statistically lower
Sex	Female	25%	37%	SU/SD statistically lower
	Male	28%	37%	SU/SD statistically lower
Total		27%	37%	SU/SD statistically lower

**3.02 Percent of students who were in the same car as someone smoking, past 7 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	21%	25%	
	10th	22%	27%	SU/SD statistically lower
	11th	17%	28%	SU/SD statistically lower
	12th	20%	28%	SU/SD statistically lower
Sex	Female	20%	28%	SU/SD statistically lower
	Male	20%	27%	SU/SD statistically lower
Total		20%	27%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			Burlington	Vermont	Notes
Grade	9th	Never or rarely	24%	19%	SU/SD statistically higher
		Sometimes	18%	27%	SU/SD statistically lower
		At least most of the time	58%	54%	
-----					
	10th	Never or rarely	26%	19%	SU/SD statistically higher
		Sometimes	24%	27%	
		At least most of the time	50%	53%	
-----					
	11th	Never or rarely	26%	21%	SU/SD statistically higher
		Sometimes	31%	28%	
		At least most of the time	43%	52%	SU/SD statistically lower
-----					
	12th	Never or rarely	23%	22%	
		Sometimes	27%	28%	
		At least most of the time	50%	50%	
-----					
Sex	Female	Never or rarely	26%	19%	SU/SD statistically higher
		Sometimes	25%	28%	
		At least most of the time	49%	53%	SU/SD statistically lower
-----					
	Male	Never or rarely	24%	22%	
		Sometimes	25%	26%	
		At least most of the time	51%	51%	
-----					
Total		Never or rarely	25%	21%	SU/SD statistically higher
		Sometimes	25%	27%	SU/SD statistically lower
		At least most of the time	50%	52%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
15 or less students	26%	19%	SU/SD statistically higher
16 to 25 students	30%	29%	
26 to 45 students	22%	24%	
46 to 55 students	9%	14%	SU/SD statistically lower
56 to 75 students	6%	8%	SU/SD statistically lower
76 or more students	7%	7%	

**3.05 Out of 100 high school students, the number thought to use marijuana**

	<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
15 or less students	10%	8%	SU/SD statistically higher
16 to 25 students	13%	13%	
26 to 45 students	22%	21%	
46 to 55 students	22%	21%	
56 to 75 students	18%	20%	
76 or more students	15%	16%	



### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Burlington	Vermont	Notes
Grade	9th	96%	94%	
	10th	93%	93%	
	11th	92%	92%	
	12th	91%	87%	SU/SD statistically higher
Sex	Female	95%	93%	SU/SD statistically higher
	Male	91%	90%	
Total		93%	91%	

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Burlington	Vermont	Notes
Grade	9th	90%	84%	SU/SD statistically higher
	10th	80%	78%	
	11th	78%	70%	SU/SD statistically higher
	12th	64%	57%	SU/SD statistically higher
Sex	Female	82%	74%	SU/SD statistically higher
	Male	76%	70%	SU/SD statistically higher
Total		78%	72%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Burlington	Vermont	Notes
Grade	9th	90%	87%	
	10th	74%	82%	SU/SD statistically lower
	11th	81%	78%	
	12th	76%	74%	
Sex	Female	84%	82%	
	Male	77%	79%	
Total		80%	80%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Burlington	Vermont	Notes
Grade	9th	91%	87%	SU/SD statistically higher
	10th	87%	84%	
	11th	78%	77%	SU/SD statistically higher
	12th	77%	67%	
Sex	Female	84%	80%	SU/SD statistically higher
	Male	82%	77%	SU/SD statistically higher
Total		83%	78%	SU/SD statistically higher

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Burlington	Vermont	Notes
Grade	9th	75%	70%	SU/SD statistically higher
	10th	62%	58%	
	11th	55%	47%	SU/SD statistically higher
	12th	45%	38%	
Sex	Female	62%	54%	SU/SD statistically higher
	Male	57%	53%	SU/SD statistically higher
Total		59%	53%	SU/SD statistically higher

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Burlington	Vermont	Notes
Grade	9th	65%	70%	SU/SD statistically lower
	10th	45%	59%	
	11th	53%	51%	SU/SD statistically lower
	12th	49%	44%	
Sex	Female	56%	57%	SU/SD statistically lower
	Male	51%	55%	
Total		53%	56%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day**

		Burlington	Vermont	Notes
Grade	9th	64%	62%	
	10th	70%	66%	
	11th	71%	66%	SU/SD statistically higher
	12th	68%	66%	
Sex	Female	70%	67%	
	Male	67%	63%	SU/SD statistically higher
Total		68%	65%	SU/SD statistically higher

**3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends**

		Burlington	Vermont	Notes
Grade	9th	47%	42%	SU/SD statistically higher
	10th	45%	40%	SU/SD statistically higher
	11th	38%	36%	
	12th	37%	35%	
Sex	Female	48%	43%	SU/SD statistically higher
	Male	37%	33%	
Total		42%	38%	SU/SD statistically higher

**3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly**

		Burlington	Vermont	Notes
Grade	9th	27%	35%	SU/SD statistically lower
	10th	20%	29%	SU/SD statistically lower
	11th	22%	22%	
	12th	25%	21%	SU/SD statistically higher
Sex	Female	27%	30%	
	Male	21%	24%	
Total		24%	27%	SU/SD statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.15 Percent of students who think it would be easy to get cigarettes

		Burlington	Vermont	Notes
Grade	9th	36%	44%	SU/SD statistically lower
	10th	49%	55%	SU/SD statistically lower
	11th	59%	64%	SU/SD statistically lower
	12th	73%	80%	SU/SD statistically lower
Sex	Female	48%	57%	SU/SD statistically lower
	Male	60%	64%	SU/SD statistically lower
Total		54%	61%	SU/SD statistically lower

#### 3.16 Percent of students who think it would be easy to get alcohol

		Burlington	Vermont	Notes
Grade	9th	58%	60%	
	10th	69%	68%	
	11th	65%	74%	SU/SD statistically lower
	12th	65%	75%	SU/SD statistically lower
Sex	Female	63%	71%	SU/SD statistically lower
	Male	66%	68%	
Total		64%	69%	SU/SD statistically lower

#### 3.17 Percent of students who think it would be easy to get marijuana

		Burlington	Vermont	Notes
Grade	9th	53%	46%	SU/SD statistically higher
	10th	67%	60%	SU/SD statistically higher
	11th	66%	69%	
	12th	69%	74%	SU/SD statistically lower
Sex	Female	60%	60%	
	Male	68%	65%	
Total		64%	62%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Burlington	Vermont	Notes
Grade	9th	48%	44%	
	10th	49%	50%	
	11th	50%	57%	SU/SD statistically lower
	12th	55%	60%	
Sex	Female	54%	56%	
	Male	47%	50%	
Total		50%	53%	SU/SD statistically lower

#### 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Burlington	Vermont	Notes
Grade	9th	27%	36%	SU/SD statistically lower
	10th	27%	30%	
	11th	28%	27%	
	12th	22%	24%	
Sex	Female	26%	29%	SU/SD statistically lower
	Male	26%	29%	SU/SD statistically lower
Total		26%	29%	SU/SD statistically lower

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Burlington	Vermont	Notes
Grade	9th	18%	15%	
	10th	19%	19%	
	11th	18%	20%	
	12th	16%	18%	
Sex	Female	16%	15%	
	Male	19%	21%	
Total		18%	18%	

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

			<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	Heterosexual (straight)	77%	88%	SU/SD statistically lower
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	9%	6%	SU/SD statistically higher
		Not sure	11%	5%	SU/SD statistically higher
-----					
	10th	Heterosexual (straight)	85%	89%	SU/SD statistically lower
		Gay or lesbian	.	2%	Too few students
		Bisexual	5%	6%	
		Not sure	8%	4%	SU/SD statistically higher
-----					
	11th	Heterosexual (straight)	78%	88%	SU/SD statistically lower
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	6%	6%	
		Not sure	12%	4%	SU/SD statistically higher
-----					
	12th	Heterosexual (straight)	85%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	8%	6%	
		Not sure	5%	4%	
-----					
Sex	Female	Heterosexual (straight)	78%	84%	SU/SD statistically lower
		Gay or lesbian	2%	2%	
		Bisexual	8%	10%	
		Not sure	11%	5%	SU/SD statistically higher
-----					
	Male	Heterosexual (straight)	86%	92%	SU/SD statistically lower
		Gay or lesbian	2%	2%	
		Bisexual	4%	3%	SU/SD statistically higher
		Not sure	7%	4%	SU/SD statistically higher
-----					
Total		Heterosexual (straight)	82%	88%	SU/SD statistically lower
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	7%	6%	
		Not sure	9%	4%	SU/SD statistically higher

#### 4 Sexual Behavior and Orientation

##### 4.02 Percent of students who have ever had sexual intercourse

		Burlington	Vermont	Notes
Grade	9th	15%	18%	
	10th	32%	33%	
	11th	41%	49%	SU/SD statistically lower
	12th	54%	62%	SU/SD statistically lower
Sex	Female	32%	40%	SU/SD statistically lower
	Male	39%	41%	
Total		36%	41%	SU/SD statistically lower

##### 4.03 Percent of students who have ever had oral sex

		Burlington	Vermont	Notes
Grade	9th	18%	21%	
	10th	33%	37%	
	11th	40%	50%	SU/SD statistically lower
	12th	51%	60%	SU/SD statistically lower
Sex	Female	32%	41%	SU/SD statistically lower
	Male	38%	42%	SU/SD statistically lower
Total		35%	42%	SU/SD statistically lower

##### 4.04 Percent of students who had sexual intercourse before age 13

		Burlington	Vermont	Notes
Grade	9th	4%	3%	
	10th	7%	3%	SU/SD statistically higher
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	6%	4%	SU/SD statistically higher
Total		4%	3%	

#### 4 Sexual Behavior and Orientation

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##### 4.05 Percent of students who have had sexual intercourse with four or more people

		Burlington	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	6%	6%	
	11th	7%	11%	SU/SD statistically lower
	12th	17%	19%	
Sex	Female	7%	9%	SU/SD statistically lower
	Male	9%	10%	
Total		9%	10%	

##### 4.06 Percent of students who have ever been tested for HIV

		Burlington	Vermont	Notes	
Grade	9th	7%	7%		
	10th	10%	8%		
	11th	6%	12%		SU/SD statistically lower
	12th	16%	14%		
Sex	Female	8%	11%	SU/SD statistically lower	
	Male	11%	9%		
Total		10%	10%		



*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Burlington	Vermont	Notes
Grade	9th	8%	12%	SU/SD statistically lower
	10th	23%	24%	
	11th	35%	38%	
	12th	44%	49%	
Sex	Female	26%	33%	SU/SD statistically lower
	Male	29%	30%	
Total		28%	31%	SU/SD statistically lower

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Burlington	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	
	11th	15%	18%	SU/SD statistically lower
	12th	10%	18%	
Sex	Female	16%	15%	SU/SD statistically lower
	Male	10%	22%	
Total		13%	19%	SU/SD statistically lower

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Burlington	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	
	11th	60%	58%	
	12th	57%	54%	
Sex	Female	58%	55%	
	Male	60%	62%	
Total		59%	58%	

#### 4 Sexual Behavior and Orientation

##### 4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Burlington	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	45%	49%	
	12th	57%	54%	
Sex	Female	67%	55%	SU/SD statistically higher
	Male	36%	38%	
Total		51%	47%	

##### 4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Burlington	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	85%	88%	
	12th	90%	87%	
Sex	Female	94%	88%	SU/SD statistically higher
	Male	82%	86%	
Total		87%	87%	

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

		Burlington	Vermont	Notes
Grade 9th	No method was used	.	12%	Too few students
	Birth control pills	.	19%	Too few students
	Condoms	.	50%	Too few students
	IUD or implant	.	4%	Too few students
	Shot/patch/birth control ring	.	5%	Too few students
	Withdrawal/other method	.	8%	Too few students
	Not sure	.	3%	Too few students
-----				
10th	No method was used	.	7%	Too few students
	Birth control pills	.	28%	Too few students
	Condoms	.	46%	Too few students
	IUD or implant	.	5%	Too few students
	Shot/patch/birth control ring	.	6%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	2%	Too few students
-----				
11th	No method was used	.	6%	Too few students
	Birth control pills	27%	37%	SU/SD statistically lower
	Condoms	37%	37%	
	IUD or implant	9%	7%	
	Shot/patch/birth control ring	9%	6%	
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	1%	Too few students
-----				
12th	No method was used	.	7%	Too few students
	Birth control pills	41%	40%	
	Condoms	33%	32%	
	IUD or implant	10%	7%	
	Shot/patch/birth control ring	.	7%	Too few students
	Withdrawal/other method	.	6%	Too few students
	Not sure	.	2%	Too few students
-----				

## 4 Sexual Behavior and Orientation

			Burlington	Vermont	Notes
Sex	Female	No method was used	.	7%	Too few students
		Birth control pills	42%	39%	
		Condoms	25%	31%	SU/SD statistically lower
		IUD or implant	14%	8%	SU/SD statistically higher
		Shot/patch/birth control ring	11%	8%	
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
<hr/>					
	Male	No method was used	6%	7%	
		Birth control pills	30%	30%	
		Condoms	44%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	7%	7%	
		Not sure	7%	3%	SU/SD statistically higher
<hr/>					
Total	No method was used		6%	7%	
	Birth control pills		36%	35%	
	Condoms		35%	38%	
	IUD or implant		7%	6%	
	Shot/patch/birth control ring		7%	6%	
	Withdrawal/other method		5%	6%	
	Not sure		4%	2%	SU/SD statistically higher

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

## 4 Sexual Behavior and Orientation

## 4.13 Sexual identity of sexual contacts

			Burlington	Vermont	Notes
Sex	Female	Have not had sex	56%	45%	SU/SD statistically higher
		Same sex	.	1%	Too few students
		Opposite sex	35%	46%	SU/SD statistically lower
		Both sexes	7%	7%	
-----					
	Male	Have not had sex	44%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	52%	53%	
		Both sexes	4%	2%	SU/SD statistically higher
-----					
Total	Have not had sex		50%	44%	SU/SD statistically higher
	Same sex		1%	1%	
	Opposite sex		44%	50%	SU/SD statistically lower
	Both sexes		5%	5%	

## 5 Body Image

**5.01 The percent of students who are overweight (85th to <95th BMI percentile)**

		Burlington	Vermont	Notes
Grade	9th	12%	15%	
	10th	14%	14%	
	11th	14%	14%	
	12th	10%	13%	
Sex	Female	13%	14%	
	Male	13%	14%	
Total		13%	14%	

**5.02 The percent of students who are obese (=>95th BMI percentile)**

		Burlington	Vermont	Notes
Grade	9th	6%	12%	SU/SD statistically lower
	10th	11%	13%	
	11th	9%	12%	
	12th	10%	12%	
Sex	Female	6%	9%	SU/SD statistically lower
	Male	11%	16%	SU/SD statistically lower
Total		9%	12%	SU/SD statistically lower

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Burlington	Vermont	Notes
Grade	9th	Underweight	23%	15%	SU/SD statistically higher
		About the right weight	57%	56%	
		Overweight	20%	29%	SU/SD statistically lower
-----					
	10th	Underweight	15%	13%	SU/SD statistically lower
		About the right weight	59%	55%	
		Overweight	27%	32%	
-----					
	11th	Underweight	18%	13%	SU/SD statistically higher
		About the right weight	57%	55%	
		Overweight	25%	31%	SU/SD statistically lower
-----					
	12th	Underweight	15%	13%	
		About the right weight	57%	55%	
		Overweight	27%	32%	
-----					
Sex	Female	Underweight	14%	10%	SU/SD statistically higher
		About the right weight	57%	54%	
		Overweight	29%	36%	SU/SD statistically lower
-----					
	Male	Underweight	20%	17%	SU/SD statistically higher
		About the right weight	59%	57%	
		Overweight	20%	26%	SU/SD statistically lower
-----					
Total		Underweight	18%	14%	SU/SD statistically higher
		About the right weight	57%	55%	
		Overweight	25%	31%	SU/SD statistically lower

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Burlington	Vermont	Notes
Grade	9th	Lose weight	34%	41%	SU/SD statistically lower
		Gain weight	13%	12%	
		Stay the same weight /do nothing	53%	47%	SU/SD statistically higher
-----					
	10th	Lose weight	39%	43%	SU/SD statistically higher
		Gain weight	12%	13%	
		Stay the same weight /do nothing	49%	44%	
-----					
	11th	Lose weight	40%	42%	
		Gain weight	15%	14%	
		Stay the same weight /do nothing	45%	44%	
-----					
	12th	Lose weight	41%	42%	SU/SD statistically higher
		Gain weight	21%	15%	
		Stay the same weight /do nothing	38%	42%	
-----					
Sex	Female	Lose weight	52%	56%	SU/SD statistically lower
		Gain weight	5%	4%	
		Stay the same weight /do nothing	44%	40%	SU/SD statistically higher
-----					
	Male	Lose weight	25%	28%	
		Gain weight	25%	23%	
		Stay the same weight /do nothing	50%	49%	
-----					
Total		Lose weight	38%	42%	SU/SD statistically lower
		Gain weight	16%	14%	SU/SD statistically higher
		Stay the same weight /do nothing	46%	44%	



*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Burlington	Vermont	Notes
Grade	9th	Less than 1 hour	14%	14%	
		1 to 2 hours	38%	36%	
		3 to 4 hours	32%	33%	
		5+ hours	17%	18%	
<hr/>					
	10th	Less than 1 hour	10%	14%	SU/SD statistically lower
		1 to 2 hours	39%	36%	
		3 to 4 hours	32%	32%	
		5+ hours	19%	18%	
<hr/>					
	11th	Less than 1 hour	17%	15%	
		1 to 2 hours	37%	38%	
		3 to 4 hours	32%	32%	
		5+ hours	15%	16%	
<hr/>					
	12th	Less than 1 hour	19%	16%	
		1 to 2 hours	38%	36%	
		3 to 4 hours	28%	32%	
		5+ hours	15%	17%	
<hr/>					
Sex	Female	Less than 1 hour	16%	15%	
		1 to 2 hours	35%	37%	
		3 to 4 hours	33%	32%	
		5+ hours	16%	16%	
<hr/>					
	Male	Less than 1 hour	14%	14%	SU/SD statistically higher
		1 to 2 hours	40%	36%	
		3 to 4 hours	29%	32%	
		5+ hours	17%	18%	
<hr/>					
Total		Less than 1 hour	15%	15%	
		1 to 2 hours	37%	36%	
		3 to 4 hours	31%	32%	
		5+ hours	17%	17%	

## 6 Nutrition and Physical Activity

## 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Burlington	Vermont	Notes
Grade	9th	0 days	11%	11%	
		1 to 2 days	17%	16%	
		3 to 6 days	45%	47%	
		Everyday	27%	25%	
-----					
	10th	0 days	12%	13%	
		1 to 2 days	17%	15%	
		3 to 6 days	46%	47%	
		Everyday	24%	24%	
-----					
	11th	0 days	16%	15%	
		1 to 2 days	17%	17%	
		3 to 6 days	47%	45%	
		Everyday	20%	22%	
-----					
	12th	0 days	22%	17%	SU/SD statistically higher
		1 to 2 days	19%	18%	
		3 to 6 days	38%	44%	SU/SD statistically lower
		Everyday	20%	21%	
-----					
Sex	Female	0 days	20%	17%	SU/SD statistically higher
		1 to 2 days	21%	20%	
		3 to 6 days	45%	48%	
		Everyday	14%	16%	
-----					
	Male	0 days	11%	12%	
		1 to 2 days	15%	14%	
		3 to 6 days	43%	44%	
		Everyday	31%	30%	
-----					
Total		0 days	15%	14%	
		1 to 2 days	17%	17%	
		3 to 6 days	44%	46%	
		Everyday	23%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Burlington	Vermont	Notes
Grade	9th	26%	23%	
	10th	30%	23%	SU/SD statistically higher
	11th	30%	23%	SU/SD statistically higher
	12th	30%	24%	SU/SD statistically higher
Sex	Female	26%	22%	SU/SD statistically higher
	Male	32%	25%	SU/SD statistically higher
Total		29%	24%	SU/SD statistically higher

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Burlington	Vermont	Notes
Grade	9th	41%	34%	SU/SD statistically higher
	10th	39%	34%	
	11th	41%	34%	SU/SD statistically higher
	12th	38%	35%	
Sex	Female	36%	33%	
	Male	43%	35%	SU/SD statistically higher
Total		40%	34%	SU/SD statistically higher

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Burlington	Vermont	Notes
Grade	9th	24%	17%	SU/SD statistically higher
	10th	25%	17%	SU/SD statistically higher
	11th	25%	18%	SU/SD statistically higher
	12th	25%	19%	SU/SD statistically higher
Sex	Female	24%	17%	SU/SD statistically higher
	Male	25%	19%	SU/SD statistically higher
Total		25%	18%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

**6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	4%	5%	
	10th	4%	4%	
	11th	2%	4%	
	12th	3%	4%	
Sex	Female	4%	3%	
	Male	3%	5%	SU/SD statistically lower
Total		4%	4%	

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	4%	5%	
	10th	8%	4%	SU/SD statistically higher
	11th	9%	4%	SU/SD statistically higher
	12th	4%	4%	
Sex	Female	6%	3%	SU/SD statistically higher
	Male	7%	6%	
Total		6%	4%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

## 6.08 The number of days students ate breakfast during the past 7 days

			Burlington	Vermont	Notes
Grade	9th	Never	13%	11%	
		1 to 3 days	19%	25%	SU/SD statistically lower
		4 to 6 days	18%	22%	SU/SD statistically lower
		Everyday	50%	42%	SU/SD statistically higher
-----					
	10th	Never	9%	11%	
		1 to 3 days	26%	24%	
		4 to 6 days	28%	24%	
		Everyday	37%	41%	
-----					
	11th	Never	12%	10%	
		1 to 3 days	25%	25%	
		4 to 6 days	24%	24%	
		Everyday	39%	40%	
-----					
	12th	Never	12%	11%	
		1 to 3 days	25%	25%	
		4 to 6 days	24%	25%	
		Everyday	39%	39%	
-----					
Sex	Female	Never	12%	11%	
		1 to 3 days	26%	27%	
		4 to 6 days	24%	24%	
		Everyday	39%	38%	
-----					
	Male	Never	11%	11%	
		1 to 3 days	22%	23%	
		4 to 6 days	22%	23%	
		Everyday	44%	43%	
-----					
Total		Never	12%	11%	
		1 to 3 days	24%	25%	
		4 to 6 days	23%	24%	
		Everyday	41%	40%	

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Burlington	Vermont	Notes
Grade	9th	None	10%	9%	
		1 to 3 glasses	56%	60%	
		4+ glasses	34%	32%	
-----					
	10th	None	8%	8%	
		1 to 3 glasses	61%	58%	
		4+ glasses	31%	34%	
-----					
	11th	None	8%	8%	
		1 to 3 glasses	53%	60%	SU/SD statistically lower
		4+ glasses	39%	32%	SU/SD statistically higher
-----					
	12th	None	9%	9%	
		1 to 3 glasses	48%	57%	SU/SD statistically lower
		4+ glasses	43%	34%	SU/SD statistically higher
-----					
Sex	Female	None	7%	8%	
		1 to 3 glasses	58%	62%	SU/SD statistically lower
		4+ glasses	35%	31%	SU/SD statistically higher
-----					
	Male	None	10%	9%	
		1 to 3 glasses	51%	56%	SU/SD statistically lower
		4+ glasses	38%	35%	SU/SD statistically higher
-----					
Total		None	9%	9%	
		1 to 3 glasses	54%	59%	SU/SD statistically lower
		4+ glasses	37%	33%	SU/SD statistically higher

## 6 Nutrition and Physical Activity

## 6.10 Amount of soda students drank during the past 7 days

			Burlington	Vermont	Notes
Grade	9th	None	34%	32%	
		At least once during the past week	55%	54%	
		At least once per day	10%	14%	SU/SD statistically lower
-----					
	10th	None	40%	33%	SU/SD statistically higher
		At least once during the past week	45%	53%	SU/SD statistically lower
		At least once per day	15%	14%	
-----					
	11th	None	46%	33%	SU/SD statistically higher
		At least once during the past week	48%	51%	
		At least once per day	6%	15%	SU/SD statistically lower
-----					
	12th	None	45%	36%	SU/SD statistically higher
		At least once during the past week	44%	49%	
		At least once per day	10%	15%	SU/SD statistically lower
-----					
Sex	Female	None	51%	42%	SU/SD statistically higher
		At least once during the past week	43%	48%	SU/SD statistically lower
		At least once per day	6%	9%	SU/SD statistically lower
-----					
	Male	None	32%	25%	SU/SD statistically higher
		At least once during the past week	53%	55%	
		At least once per day	15%	20%	SU/SD statistically lower
-----					
Total		None	41%	33%	SU/SD statistically higher
		At least once during the past week	48%	52%	SU/SD statistically lower
		At least once per day	11%	15%	SU/SD statistically lower

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Burlington	Vermont	Notes
Grade	9th	None	30%	25%	SU/SD statistically higher
		At least once during the past week	58%	61%	
		At least once per day	12%	14%	
-----					
	10th	None	33%	25%	SU/SD statistically higher
		At least once during the past week	53%	59%	SU/SD statistically lower
		At least once per day	14%	15%	
-----					
	11th	None	38%	26%	SU/SD statistically higher
		At least once during the past week	52%	59%	SU/SD statistically lower
		At least once per day	11%	16%	SU/SD statistically lower
-----					
	12th	None	40%	29%	SU/SD statistically higher
		At least once during the past week	51%	57%	SU/SD statistically lower
		At least once per day	9%	15%	SU/SD statistically lower
-----					
Sex	Female	None	41%	30%	SU/SD statistically higher
		At least once during the past week	50%	59%	SU/SD statistically lower
		At least once per day	9%	11%	
-----					
	Male	None	28%	22%	SU/SD statistically higher
		At least once during the past week	57%	58%	
		At least once per day	15%	19%	SU/SD statistically lower
-----					
Total		None	35%	26%	SU/SD statistically higher
		At least once during the past week	54%	59%	SU/SD statistically lower
		At least once per day	12%	15%	SU/SD statistically lower



## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Burlington	Vermont	Notes
Grade	9th	Mostly As or Bs	79%	76%	
		Mostly Cs	4%	13%	SU/SD statistically lower
		Mostly Ds or Fs	8%	4%	SU/SD statistically higher
		Other / Not sure	9%	7%	
-----					
	10th	Mostly As or Bs	77%	77%	
		Mostly Cs	5%	14%	SU/SD statistically lower
		Mostly Ds or Fs	9%	4%	SU/SD statistically higher
		Other / Not sure	8%	5%	SU/SD statistically higher
-----					
	11th	Mostly As or Bs	84%	80%	SU/SD statistically higher
		Mostly Cs	9%	13%	SU/SD statistically lower
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	3%	4%	
-----					
	12th	Mostly As or Bs	88%	83%	SU/SD statistically higher
		Mostly Cs	5%	11%	SU/SD statistically lower
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	4%	4%	
-----					
Sex	Female	Mostly As or Bs	86%	84%	
		Mostly Cs	4%	9%	SU/SD statistically lower
		Mostly Ds or Fs	4%	3%	SU/SD statistically higher
		Other / Not sure	6%	4%	SU/SD statistically higher
-----					
	Male	Mostly As or Bs	79%	74%	SU/SD statistically higher
		Mostly Cs	7%	16%	SU/SD statistically lower
		Mostly Ds or Fs	8%	4%	SU/SD statistically higher
		Other / Not sure	6%	6%	
-----					
Total		Mostly As or Bs	82%	79%	SU/SD statistically higher
		Mostly Cs	6%	13%	SU/SD statistically lower
		Mostly Ds or Fs	6%	3%	SU/SD statistically higher
		Other / Not sure	6%	5%	SU/SD statistically higher

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Burlington	Vermont	Notes
Grade	9th	0 hours	33%	32%	
		1 to 4 hours	28%	30%	
		5 to 9 hours	16%	17%	
		10 or more hours	23%	21%	
10th	0 hours	36%	32%		
	1 to 4 hours	27%	28%		
	5 to 9 hours	14%	16%		
	10 or more hours	23%	24%		
11th	0 hours	36%	32%		
	1 to 4 hours	28%	27%		
	5 to 9 hours	12%	16%	SU/SD statistically lower	
	10 or more hours	25%	25%		
12th	0 hours	34%	32%		
	1 to 4 hours	28%	26%		
	5 to 9 hours	11%	16%	SU/SD statistically lower	
	10 or more hours	28%	27%		
Sex	Female	0 hours	36%	31%	SU/SD statistically higher
		1 to 4 hours	27%	29%	
		5 to 9 hours	11%	16%	SU/SD statistically lower
		10 or more hours	27%	24%	
Male	0 hours	35%	33%		
	1 to 4 hours	28%	27%		
	5 to 9 hours	15%	16%		
	10 or more hours	22%	24%		
Total	0 hours	35%	32%	SU/SD statistically higher	
	1 to 4 hours	27%	28%		
	5 to 9 hours	13%	16%	SU/SD statistically lower	
	10 or more hours	25%	24%		

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Burlington	Vermont	Notes
Grade	9th	79%	78%	
	10th	76%	77%	
	11th	71%	77%	SU/SD statistically lower
	12th	70%	75%	SU/SD statistically lower
Sex	Female	74%	77%	
	Male	74%	76%	
Total		74%	76%	SU/SD statistically lower

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Burlington	Vermont	Notes
Grade	9th	55%	49%	SU/SD statistically higher
	10th	49%	48%	
	11th	50%	50%	
	12th	52%	54%	
Sex	Female	50%	47%	
	Male	53%	54%	
Total		51%	50%	

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Burlington	Vermont	Notes
Grade	9th	60%	59%	
	10th	50%	57%	SU/SD statistically lower
	11th	59%	64%	
	12th	66%	69%	
Sex	Female	58%	60%	
	Male	60%	64%	SU/SD statistically lower
Total		59%	62%	SU/SD statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	38%	50%	SU/SD statistically lower
	10th	32%	46%	SU/SD statistically lower
	11th	37%	46%	SU/SD statistically lower
	12th	38%	49%	SU/SD statistically lower
Sex	Female	38%	48%	SU/SD statistically lower
	Male	36%	48%	SU/SD statistically lower
Total		37%	48%	SU/SD statistically lower

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	73%	75%	
	10th	73%	80%	SU/SD statistically lower
	11th	84%	83%	
	12th	84%	84%	
Sex	Female	82%	83%	
	Male	76%	78%	
Total		78%	80%	SU/SD statistically lower

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Burlington SD**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Burlington**  
**Number of Middle School Students in Burlington SD**

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**Burlington SD Total**

673

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	10	1%
Female	329	48%
Male	334	49%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	10	1%
6th grade	243	36%
7th grade	209	31%
8th grade	211	31%

<b>Age</b>	<b>Total</b>	<b>%</b>
Missing	8	1%
11 years or younger	115	17%
12 years	221	32%
13 years	205	30%
14 years or older	124	18%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
.	47	6%
White non-Hispanic	243	36%
Ethnic or racial minority	383	56%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Burlington SD. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*

**Vermont**  
**Number of Middle School Students in Vermont**

**Vermont Total**

13648

<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	96	0%
Female	6713	49%
Male	6839	50%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

<b>Age</b>	<b>Total</b>	<b>%</b>
Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Missing	926	6%
White non-Hispanic	2357	17%
Ethnic or racial minority	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	38%	42%	SU/SD statistically lower
	7th	37%	41%	SU/SD statistically lower
	8th	35%	44%	SU/SD statistically lower
Sex	Female	26%	28%	
	Male	47%	57%	SU/SD statistically lower
Total		37%	43%	SU/SD statistically lower

**1.02 Percent of students who were bullied at least once, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	17%	24%	SU/SD statistically lower
	7th	13%	25%	SU/SD statistically lower
	8th	13%	22%	SU/SD statistically lower
Sex	Female	18%	30%	SU/SD statistically lower
	Male	10%	18%	SU/SD statistically lower
Total		15%	24%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when “on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.”



*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	15%	21%	SU/SD statistically lower
	7th	21%	26%	SU/SD statistically lower
	8th	17%	28%	SU/SD statistically lower
Sex	Female	25%	36%	SU/SD statistically lower
	Male	9%	16%	SU/SD statistically lower
Total		17%	26%	SU/SD statistically lower

**1.04 Percent of students who were ever bullied at school**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	33%	46%	SU/SD statistically lower
	7th	30%	48%	SU/SD statistically lower
	8th	31%	45%	SU/SD statistically lower
Sex	Female	35%	53%	SU/SD statistically lower
	Male	28%	40%	SU/SD statistically lower
Total		31%	46%	SU/SD statistically lower

**1.05 Percent of students who bullied someone at least once, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	7%	8%	
	7th	6%	9%	SU/SD statistically lower
	8th	6%	11%	SU/SD statistically lower
Sex	Female	6%	10%	SU/SD statistically lower
	Male	6%	9%	SU/SD statistically lower
Total		6%	10%	SU/SD statistically lower

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	10%	8%	
	7th	4%	7%	SU/SD statistically lower
	8th	6%	7%	
Sex	Female	7%	9%	
	Male	6%	6%	
Total		7%	7%	

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	14%	17%	
	7th	14%	19%	SU/SD statistically lower
	8th	12%	22%	SU/SD statistically lower
Sex	Female	19%	27%	SU/SD statistically lower
	Male	8%	13%	SU/SD statistically lower
Total		14%	20%	SU/SD statistically lower

**1.08 Percent of students who ever seriously thought about suicide**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	11%	14%	SU/SD statistically lower
	7th	11%	16%	SU/SD statistically lower
	8th	13%	22%	SU/SD statistically lower
Sex	Female	16%	23%	SU/SD statistically lower
	Male	6%	12%	SU/SD statistically lower
Total		11%	18%	SU/SD statistically lower

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	7%	9%	
	7th	9%	11%	
	8th	11%	15%	SU/SD statistically lower
Sex	Female	12%	16%	SU/SD statistically lower
	Male	5%	8%	SU/SD statistically lower
Total		9%	12%	SU/SD statistically lower

**1.10 Percent of students who ever attempted suicide**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	4%	5%	
	7th	.	5%	Too few students
	8th	5%	8%	SU/SD statistically lower
Sex	Female	4%	8%	SU/SD statistically lower
	Male	3%	3%	
Total		3%	6%	SU/SD statistically lower

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	45%	51%	SU/SD statistically lower
	7th	48%	55%	SU/SD statistically lower
	8th	47%	56%	SU/SD statistically lower
Sex	Female	47%	58%	SU/SD statistically lower
	Male	46%	51%	SU/SD statistically lower
Total		47%	54%	SU/SD statistically lower

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	Never / rarely wear a helmet	21%	26%	SU/SD statistically lower
		Sometimes wear a helmet	12%	15%	
		Most of the time / always wear a helmet	67%	59%	SU/SD statistically higher
-----					
	7th	Never / rarely wear a helmet	21%	31%	SU/SD statistically lower
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	62%	52%	SU/SD statistically higher
-----					
	8th	Never / rarely wear a helmet	37%	41%	
		Sometimes wear a helmet	16%	15%	
		Most of the time / always wear a helmet	47%	43%	
-----					
Sex	Female	Never / rarely wear a helmet	22%	31%	SU/SD statistically lower
		Sometimes wear a helmet	14%	17%	SU/SD statistically lower
		Most of the time / always wear a helmet	64%	52%	SU/SD statistically higher
-----					
	Male	Never / rarely wear a helmet	29%	36%	SU/SD statistically lower
		Sometimes wear a helmet	16%	14%	
		Most of the time / always wear a helmet	55%	49%	SU/SD statistically higher
-----					
Total		Never / rarely wear a helmet	26%	34%	SU/SD statistically lower
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	59%	51%	SU/SD statistically higher

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Burlington	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	22%	31%	SU/SD statistically lower
		Sometimes wear a helmet	15%	11%	
		Most of the time / always wear a helmet	63%	58%	
7th	7th	Never / rarely wear a helmet	29%	42%	SU/SD statistically lower
		Sometimes wear a helmet	12%	13%	
		Most of the time / always wear a helmet	58%	45%	SU/SD statistically higher
8th	8th	Never / rarely wear a helmet	51%	52%	
		Sometimes wear a helmet	14%	12%	
		Most of the time / always wear a helmet	34%	36%	
Sex	Female	Never / rarely wear a helmet	35%	45%	SU/SD statistically lower
		Sometimes wear a helmet	10%	13%	
		Most of the time / always wear a helmet	55%	43%	
Male	Male	Never / rarely wear a helmet	29%	41%	SU/SD statistically lower
		Sometimes wear a helmet	18%	12%	SU/SD statistically higher
		Most of the time / always wear a helmet	53%	47%	SU/SD statistically higher
Total	Total	Never / rarely wear a helmet	32%	43%	SU/SD statistically lower
		Sometimes wear a helmet	14%	12%	
		Most of the time / always wear a helmet	54%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	3%	4%	
Sex	Female	.	2%	Too few students
	Male	1%	3%	SU/SD statistically lower
Total		1%	3%	SU/SD statistically lower

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	7%	15%	SU/SD statistically lower
	7th	10%	19%	SU/SD statistically lower
	8th	15%	25%	SU/SD statistically lower
Sex	Female	11%	21%	SU/SD statistically lower
	Male	10%	19%	SU/SD statistically lower
Total		10%	20%	SU/SD statistically lower

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.01 Percent of students who ever drank alcohol other than a few sips

		Burlington	Vermont	Notes
Grade	6th	7%	10%	SU/SD statistically lower
	7th	11%	15%	SU/SD statistically lower
	8th	14%	24%	SU/SD statistically lower
Sex	Female	10%	16%	SU/SD statistically lower
	Male	11%	18%	SU/SD statistically lower
Total		10%	17%	SU/SD statistically lower

### 2.02 Percent of students who drank alcohol other than a few sips before age 11

		Burlington	Vermont	Notes
Grade	6th	5%	7%	
	7th	4%	6%	SU/SD statistically lower
	8th	5%	6%	
Sex	Female	2%	5%	SU/SD statistically lower
	Male	6%	8%	
Total		4%	6%	SU/SD statistically lower

### 2.03 Percent of students who drank any alcohol, past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	6%	5%	
	8th	6%	10%	SU/SD statistically lower
Sex	Female	4%	6%	SU/SD statistically lower
	Male	4%	7%	SU/SD statistically lower
Total		4%	6%	SU/SD statistically lower

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	4%	4%	
Sex	Female	1%	2%	
	Male	2%	2%	
Total		2%	2%	

### 2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Burlington	Vermont	Notes
Grade	6th	3%	4%	
	7th	6%	7%	
	8th	11%	13%	
Sex	Female	6%	9%	SU/SD statistically lower
	Male	8%	9%	
Total		7%	9%	SU/SD statistically lower

### 2.06 Percent of students who ever smoked a whole cigarette

		Burlington	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	4%	4%	
	8th	7%	8%	
Sex	Female	3%	5%	SU/SD statistically lower
	Male	5%	5%	
Total		4%	5%	SU/SD statistically lower



## 2 Alcohol, Tobacco, and Other Drug Use

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### 2.07 Percent of students who smoked a whole cigarette by age 11

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	3%	2%	
Sex	Female	.	1%	Too few students
	Male	2%	2%	
Total		1%	1%	

### 2.08 Percent of students who smoked cigarettes, past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	2%	3%	
Sex	Female	.	2%	Too few students
	Male	2%	2%	
Total		1%	2%	SU/SD statistically lower

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

		Burlington	Vermont	Notes
Grade	6th	3%	3%	
	7th	7%	6%	
	8th	11%	11%	
Sex	Female	6%	7%	
	Male	7%	7%	
Total		7%	7%	

### 2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	4%	2%	SU/SD statistically higher
	8th	3%	5%	SU/SD statistically lower
Sex	Female	2%	3%	
	Male	2%	3%	
Total		3%	3%	

### 2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	1%	2%	
Total		1%	2%	

### 2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	3%	6%	SU/SD statistically lower
Sex	Female	.	3%	Too few students
	Male	2%	4%	SU/SD statistically lower
Total		2%	4%	SU/SD statistically lower

### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Burlington	Vermont	Notes
Grade	6th	2%	3%	
	7th	4%	4%	
	8th	5%	8%	SU/SD statistically lower
Sex	Female	3%	5%	SU/SD statistically lower
	Male	4%	6%	SU/SD statistically lower
Total		4%	5%	SU/SD statistically lower

2 Alcohol, Tobacco, and Other Drug Use

**2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Burlington	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

**2.16 Percent of students who have ever used marijuana**

		Burlington	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	6%	5%	
	8th	12%	11%	
Sex	Female	6%	6%	
	Male	6%	7%	
Total		6%	7%	

**2.17 Percent of students who used marijuana by age 11**

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	2%	2%	
Total		1%	1%	

## 2 Alcohol, Tobacco, and Other Drug Use

### 2.18 Percent of students who used marijuana, past 30 days

		Burlington	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	4%	3%	
	8th	9%	6%	
Sex	Female	3%	3%	
	Male	5%	4%	
Total		4%	4%	

### 2.19 Percent of students who have ever used inhalants

		Burlington	Vermont	Notes
Grade	6th	2%	5%	SU/SD statistically lower
	7th	3%	4%	
	8th	5%	6%	
Sex	Female	3%	5%	SU/SD statistically lower
	Male	4%	5%	
Total		3%	5%	SU/SD statistically lower

### 2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Burlington	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	4%	4%	
Sex	Female	2%	3%	SU/SD statistically lower
	Male	2%	3%	
Total		2%	3%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Burlington	Vermont	Notes
Grade	6th	14%	24%	SU/SD statistically lower
	7th	21%	28%	SU/SD statistically lower
	8th	24%	31%	SU/SD statistically lower
Sex	Female	19%	29%	SU/SD statistically lower
	Male	19%	27%	SU/SD statistically lower
Total		19%	28%	SU/SD statistically lower

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Burlington	Vermont	Notes
Grade	6th	8%	17%	SU/SD statistically lower
	7th	12%	20%	SU/SD statistically lower
	8th	13%	23%	SU/SD statistically lower
Sex	Female	12%	22%	SU/SD statistically lower
	Male	10%	19%	SU/SD statistically lower
Total		11%	21%	SU/SD statistically lower

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Burlington	Vermont	Notes
Grade	6th	47%	47%	
	7th	51%	52%	
	8th	47%	55%	SU/SD statistically lower
Sex	Female	52%	52%	
	Male	45%	52%	SU/SD statistically lower
Total		49%	52%	SU/SD statistically lower

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Burlington	Vermont	Notes
Grade	6th	18%	15%	
	7th	27%	26%	
	8th	32%	35%	
Sex	Female	24%	28%	SU/SD statistically lower
	Male	26%	26%	
Total		25%	27%	

#### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Burlington	Vermont	Notes
15 or less students	16%	16%	
16 to 25 students	28%	25%	SU/SD statistically higher
26 to 45 students	26%	24%	
46 to 55 students	15%	16%	
56 to 75 students	7%	9%	SU/SD statistically lower
76 or more students	9%	10%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Burlington	Vermont	Notes
Grade	6th	97%	96%	
	7th	97%	96%	
	8th	94%	96%	SU/SD statistically lower
Sex	Female	96%	97%	
	Male	97%	96%	
Total		96%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Burlington	Vermont	Notes
Grade	6th	94%	92%	
	7th	96%	92%	SU/SD statistically higher
	8th	93%	90%	SU/SD statistically higher
Sex	Female	94%	93%	
	Male	94%	90%	SU/SD statistically higher
Total		94%	91%	SU/SD statistically higher

#### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Burlington	Vermont	Notes
Grade	6th	96%	96%	
	7th	95%	95%	
	8th	90%	92%	
Sex	Female	94%	94%	
	Male	94%	94%	
Total		94%	94%	



### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Burlington	Vermont	Notes
Grade	6th	97%	97%	
	7th	96%	95%	
	8th	94%	92%	SU/SD statistically higher
Sex	Female	97%	95%	SU/SD statistically higher
	Male	95%	94%	
Total		96%	94%	SU/SD statistically higher

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Burlington	Vermont	Notes
Grade	6th	93%	94%	
	7th	92%	90%	
	8th	90%	83%	SU/SD statistically higher
Sex	Female	93%	90%	SU/SD statistically higher
	Male	91%	87%	SU/SD statistically higher
Total		92%	88%	SU/SD statistically higher

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Burlington	Vermont	Notes
Grade	6th	95%	97%	
	7th	92%	92%	
	8th	82%	83%	
Sex	Female	92%	91%	
	Male	89%	89%	
Total		90%	90%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Burlington	Vermont	Notes
Grade	6th	68%	70%	
	7th	75%	72%	
	8th	71%	72%	
Sex	Female	74%	71%	
	Male	68%	72%	
Total		71%	71%	

#### 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Burlington	Vermont	Notes
Grade	6th	51%	49%	
	7th	53%	49%	
	8th	52%	46%	SU/SD statistically higher
Sex	Female	55%	49%	SU/SD statistically higher
	Male	49%	46%	
Total		52%	48%	SU/SD statistically higher

#### 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Burlington	Vermont	Notes
Grade	6th	66%	67%	
	7th	63%	61%	
	8th	50%	51%	
Sex	Female	64%	60%	SU/SD statistically higher
	Male	56%	58%	
Total		60%	59%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Burlington	Vermont	Notes
Grade	6th	15%	18%	
	7th	23%	24%	
	8th	28%	34%	SU/SD statistically lower
Sex	Female	20%	25%	SU/SD statistically lower
	Male	23%	29%	SU/SD statistically lower
Total		21%	27%	SU/SD statistically lower

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Burlington	Vermont	Notes
Grade	6th	24%	24%	
	7th	30%	33%	
	8th	35%	46%	SU/SD statistically lower
Sex	Female	26%	35%	SU/SD statistically lower
	Male	33%	37%	SU/SD statistically lower
Total		30%	36%	SU/SD statistically lower

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Burlington	Vermont	Notes
Grade	6th	9%	6%	SU/SD statistically higher
	7th	11%	12%	
	8th	33%	22%	SU/SD statistically higher
Sex	Female	16%	13%	SU/SD statistically higher
	Male	18%	16%	
Total		17%	14%	SU/SD statistically higher

#### 4 Sexual Behavior

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##### 4.01 Percent of students who have ever had sexual intercourse

		Burlington	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	2%	4%	SU/SD statistically lower
	8th	10%	8%	
Sex	Female	3%	4%	SU/SD statistically lower
	Male	5%	7%	SU/SD statistically lower
Total		4%	6%	SU/SD statistically lower

##### 4.02 Percent of students who have ever had oral sex

		Burlington	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	3%	3%	
	8th	10%	9%	
Sex	Female	4%	5%	
	Male	5%	6%	
Total		4%	5%	

## 5 Nutrition and Physical Activity

## 5.01 Number of times during the past 7 days students ate breakfast

			Burlington	Vermont	Notes
Grade	6th	Never	5%	4%	
		1 to 3 times	12%	13%	
		4 to 6 times	21%	22%	
		Everyday	62%	61%	
-----					
	7th	Never	6%	7%	
		1 to 3 times	14%	16%	
		4 to 6 times	29%	25%	SU/SD statistically higher
		Everyday	51%	51%	
-----					
	8th	Never	7%	8%	
		1 to 3 times	15%	20%	SU/SD statistically lower
		4 to 6 times	25%	25%	
		Everyday	53%	48%	SU/SD statistically higher
-----					
Sex	Female	Never	7%	8%	
		1 to 3 times	17%	21%	SU/SD statistically lower
		4 to 6 times	29%	26%	
		Everyday	47%	45%	
-----					
	Male	Never	4%	6%	SU/SD statistically lower
		1 to 3 times	11%	13%	
		4 to 6 times	21%	23%	
		Everyday	64%	59%	SU/SD statistically higher
-----					
Total		Never	6%	7%	SU/SD statistically lower
		1 to 3 times	14%	17%	SU/SD statistically lower
		4 to 6 times	25%	24%	
		Everyday	56%	52%	SU/SD statistically higher

5 Nutrition and Physical Activity

**5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	48%	45%	
	7th	38%	41%	
	8th	40%	39%	
Sex	Female	42%	38%	
	Male	43%	44%	
Total		42%	41%	

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Burlington	Vermont	Notes
Grade	6th	Never	11%	8%	SU/SD statistically higher
		1 to 4 days	20%	32%	SU/SD statistically lower
		5 to 6 days	27%	27%	
		Everyday	42%	33%	SU/SD statistically higher
-----					
	7th	Never	4%	7%	SU/SD statistically lower
		1 to 4 days	29%	34%	SU/SD statistically lower
		5 to 6 days	38%	28%	SU/SD statistically higher
		Everyday	29%	31%	
-----					
	8th	Never	7%	8%	
		1 to 4 days	30%	36%	SU/SD statistically lower
		5 to 6 days	35%	27%	SU/SD statistically higher
		Everyday	29%	29%	
-----					
Sex	Female	Never	7%	8%	
		1 to 4 days	27%	39%	SU/SD statistically lower
		5 to 6 days	38%	30%	SU/SD statistically higher
		Everyday	28%	23%	SU/SD statistically higher
-----					
	Male	Never	8%	8%	
		1 to 4 days	24%	29%	SU/SD statistically lower
		5 to 6 days	28%	25%	SU/SD statistically higher
		Everyday	40%	38%	
-----					
Total		Never	7%	8%	
		1 to 4 days	26%	34%	SU/SD statistically lower
		5 to 6 days	33%	27%	SU/SD statistically higher
		Everyday	34%	31%	SU/SD statistically higher

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Burlington	Vermont	Notes
Grade	6th	0 days	40%	18%	SU/SD statistically higher
		1 to 2 days	21%	15%	SU/SD statistically higher
		3 to 4 days	17%	19%	
		Everyday	23%	48%	SU/SD statistically lower
-----					
	7th	0 days	56%	30%	SU/SD statistically higher
		1 to 2 days	16%	17%	
		3 to 4 days	15%	17%	
		Everyday	14%	36%	SU/SD statistically lower
-----					
	8th	0 days	60%	33%	SU/SD statistically higher
		1 to 2 days	13%	16%	SU/SD statistically lower
		3 to 4 days	14%	16%	
		Everyday	13%	35%	SU/SD statistically lower
-----					
Sex	Female	0 days	49%	28%	SU/SD statistically higher
		1 to 2 days	16%	18%	
		3 to 4 days	17%	17%	
		Everyday	18%	38%	SU/SD statistically lower
-----					
	Male	0 days	54%	28%	SU/SD statistically higher
		1 to 2 days	17%	15%	
		3 to 4 days	13%	17%	SU/SD statistically lower
		Everyday	16%	40%	SU/SD statistically lower
-----					
Total		0 days	51%	28%	SU/SD statistically higher
		1 to 2 days	17%	16%	
		3 to 4 days	15%	17%	SU/SD statistically lower
		Everyday	17%	39%	SU/SD statistically lower



## 5 Nutrition and Physical Activity

## 5.05 Number of hours spent watching TV on an average school day

			Burlington	Vermont	Notes
Grade	6th	1 hour or less per day	69%	60%	SU/SD statistically higher
		2 to 4 hours per day	24%	34%	SU/SD statistically lower
		5 or more hours per day	7%	6%	
-----					
	7th	1 hour or less per day	64%	57%	SU/SD statistically higher
		2 to 4 hours per day	33%	37%	
		5 or more hours per day	3%	6%	SU/SD statistically lower
-----					
	8th	1 hour or less per day	62%	57%	SU/SD statistically higher
		2 to 4 hours per day	33%	37%	
		5 or more hours per day	5%	7%	
-----					
Sex	Female	1 hour or less per day	63%	57%	SU/SD statistically higher
		2 to 4 hours per day	32%	37%	SU/SD statistically lower
		5 or more hours per day	5%	6%	
-----					
	Male	1 hour or less per day	68%	58%	SU/SD statistically higher
		2 to 4 hours per day	27%	35%	SU/SD statistically lower
		5 or more hours per day	6%	7%	
-----					
Total		1 hour or less per day	65%	58%	SU/SD statistically higher
		2 to 4 hours per day	30%	36%	SU/SD statistically lower
		5 or more hours per day	5%	6%	

## 5 Nutrition and Physical Activity

**5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Burlington	Vermont	Notes
Grade	6th	1 hour or less per day	65%	55%	SU/SD statistically higher
		2 to 4 hours per day	25%	33%	SU/SD statistically lower
		5 or more hours per day	10%	12%	
-----					
	7th	1 hour or less per day	55%	46%	SU/SD statistically higher
		2 to 4 hours per day	35%	40%	SU/SD statistically lower
		5 or more hours per day	10%	14%	SU/SD statistically lower
-----					
	8th	1 hour or less per day	47%	40%	SU/SD statistically higher
		2 to 4 hours per day	37%	41%	
		5 or more hours per day	16%	19%	
-----					
Sex	Female	1 hour or less per day	61%	48%	SU/SD statistically higher
		2 to 4 hours per day	29%	37%	SU/SD statistically lower
		5 or more hours per day	10%	15%	SU/SD statistically lower
-----					
	Male	1 hour or less per day	52%	44%	SU/SD statistically higher
		2 to 4 hours per day	35%	41%	SU/SD statistically lower
		5 or more hours per day	13%	15%	
-----					
Total		1 hour or less per day	56%	46%	SU/SD statistically higher
		2 to 4 hours per day	32%	39%	SU/SD statistically lower
		5 or more hours per day	12%	15%	SU/SD statistically lower

## 5 Nutrition and Physical Activity

## 5.07 Number of days in the average week students went online for something not school-related

			Burlington	Vermont	Notes
Grade	6th	Never	29%	22%	SU/SD statistically higher
		1 to 5 days	40%	45%	SU/SD statistically lower
		At least six days	31%	33%	
-----					
	7th	Never	15%	16%	
		1 to 5 days	44%	41%	
		At least six days	41%	42%	
-----					
	8th	Never	13%	11%	
		1 to 5 days	29%	34%	SU/SD statistically lower
		At least six days	58%	55%	
-----					
Sex	Female	Never	13%	13%	
		1 to 5 days	40%	41%	
		At least six days	47%	46%	
-----					
	Male	Never	26%	18%	SU/SD statistically higher
		1 to 5 days	36%	38%	
		At least six days	38%	44%	SU/SD statistically lower
-----					
Total	Never		20%	15%	SU/SD statistically higher
	1 to 5 days		38%	39%	
	At least six days		42%	45%	SU/SD statistically lower

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	79%	81%	
	7th	81%	80%	
	8th	81%	78%	
Sex	Female	82%	80%	
	Male	78%	79%	
Total		80%	79%	

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	71%	60%	SU/SD statistically higher
	7th	58%	56%	
	8th	60%	51%	SU/SD statistically higher
Sex	Female	59%	50%	SU/SD statistically higher
	Male	68%	59%	SU/SD statistically higher
Total		64%	55%	SU/SD statistically higher

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	73%	69%	
	7th	67%	62%	SU/SD statistically higher
	8th	66%	59%	SU/SD statistically higher
Sex	Female	70%	62%	SU/SD statistically higher
	Male	68%	64%	SU/SD statistically higher
Total		69%	63%	SU/SD statistically higher

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		<b>Burlington</b>	<b>Vermont</b>	<b>Notes</b>
Grade	6th	47%	45%	
	7th	49%	44%	SU/SD statistically higher
	8th	45%	39%	SU/SD statistically higher
Sex	Female	50%	42%	SU/SD statistically higher
	Male	44%	43%	
Total		47%	43%	SU/SD statistically higher