

2015 Vermont Youth Risk Behavior Survey Report

Report for Rivendell Interstate School District

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Rivendell Interstate School District. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Rivendell Interstate who participated in the 2015 YRBS:

High School- Grades 9-12

Rivendell Academy

Middle School- Grades 6-8

Rivendell Academy

Table of Contents

How to Use the YRBS _____	3
How to Read this YRBS Report _____	4
A Word of Caution _____	5
Background _____	6
References _____	12

High School

Participation Rates _____	17
Chapter 1: Personal Safety _____	19
Chapter 2: Alcohol, Tobacco and Other Drugs _____	28
Chapter 3: Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____	46
Chapter 4: Sexual Behavior and Orientation _____	54
Chapter 5: Body Image _____	62
Chapter 6: Nutrition and Physical Activity _____	65
Chapter 7: Youth Assets _____	73

Middle School

Participation Rates _____	77
Chapter 1: Personal Safety _____	80
Chapter 2: Alcohol, Tobacco and Other Drugs _____	87
Chapter 3: Attitudes and Perceptions about Alcohol, Cigarette, and Other Drugs _____	94
Chapter 4: Sexual Behavior _____	100
Chapter 5: Nutrition and Physical Activity _____	101
Chapter 6: Youth Assets _____	108

How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

References

1. Sosin, D.M., Koepsell, T.D., Rivara, F.P., Mercy, J.A. Fighting as a marker for multiple problem behaviors in adolescents. *Journal of Adolescent Health* 16(3):209-215, 1995.
2. Pickett, W., Craig, W., Harel, Y., et al. Cross-national study of fighting and weapon carrying as determinants of adolescent injury. *Pediatrics* 116(6):e855-863, 2005.
3. Borowsky, I.W., Ireland, M. Predictors of future fight-related injury among adolescents. *Pediatrics* 113(3 pt 1):530-536, 2005.
4. Roberts, T.A., Klein, J.D., Fisher, S. Longitudinal effect of intimate partner abuse and high-risk behavior among adolescents. *Archives of Pediatrics and Adolescent Medicine* 157(9):875-881, 2003.
5. Ackard, D.M., Neumark-Sztainer, D. Date violence and date rape among adolescents: Association with disordered eating behaviors and psychological health. *Child Abuse and Neglect* 26(5):455-473, 2002.
6. Howard, D.E., Wang, M.Q. Psychosocial correlates of U.S. adolescents who report a history of forced sexual intercourse. *Journal of Adolescent Health* 36(5):372-379, 2005.
7. Juvonen, J., Graham, S., Schuster, M.A. Bullying among young adolescents: the strong, the weak, and the troubled. *Pediatrics* 112(6 pt 1): 1231-1237, 2003.
8. Spivak, H., Prothrow-Stith, D. The need to address bullying-an important component of violence prevention. *JAMA* 285(16):2131-2132, 2001.
9. Nansel, T.R., Overpeck, M., Pilla, R.S., et al. Bullying behaviors among U.S. youth: prevalence and association with psychological adjustment. *JAMA* 285(16):2094-2100, 2001.
10. Centers for Disease Control and Prevention. Web-based Injury Statistics Query and Reporting System (WISQARS). National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. Online: www.cdc.gov/injury/wisqars/index.html
11. National Highway Traffic Safety Administration. Traffic safety facts: occupant protection, 2007. Online: www-nrd.nhtsa.dot.gov/Pubs/811729.PDF
12. National Highway Traffic Safety Administration. Traffic safety facts: bicycle helmet use laws, 2008. Online: www.nhtsa.dot.gov/people/injury/TSFLaws/PDFs/810886.pdf
13. National Highway Traffic Safety Administration. Traffic safety facts: state alcohol-impaired driving estimates, 2009. Online: www-nrd.nhtsa.dot.gov/Pubs/81162.pdf
14. Jones, R.K., Shinar, D., Walsh, J.M. State of Knowledge of Drug-Impaired Driving. National Highway Traffic Safety Administration Technical Report DOT HS 809 642. Washington, DC: U.S. Department of Transportation, 2003.
15. Abbey, A., Zawacki, T., Buck, P.O., et al. Alcohol and sexual assault. *Alcohol Research and Health* 25(1):43-51, 2001.
16. Miller, J.W., Naimi, T.S., Brewer, R.D., Jones, S.E. Binge drinking and associated health risk behaviors among high school students. *Pediatrics* 119(1):76-85, 2007.

References

17. National Research Council and Institute of Medicine (2004). *Reducing Underage Drinking: A Collective Responsibility*. Committee on Developing a Strategy to Reduce and Prevent Underage Drinking, Richard J. Bonnie and Mary Ellen O'Connell, Editors. Board on Children, Youth, and Families, Division of Behavioral and Social Sciences and Education. Washington, DC: The National Academies Press.
18. U.S. Department of Health and Human Services. *The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking*. U.S. Department of Health and Human Services, Office of the Surgeon General, 2007.
19. U.S. Department of Health and Human Services. *The Health Consequences of Smoking: A Report of the Surgeon General*. U.S. Department of Health and Human Services; Centers for Disease Control and Prevention; National Center for Chronic Disease Prevention and Health Promotion: Office on Smoking and Health, 2004.
20. Mokdad, A.H., Marks, J.S., Stroup, D.F., Gerberding, J.L. Actual causes of death in the United States, 2000. *JAMA* 291(10):1238-1245, 2004.
21. National Institute on Drug Abuse. *Research Report Series: Marijuana Abuse* (NIH Publication 05-3859). Bethesda, MD: National Institute on Drug Abuse, 2002.
22. Vermont Substance Abuse Treatment Information System. Data online at: www.healthvermont.gov/adap/clearinghouse/documents/AdolescentsbySAandFY.pdf
23. Newcomb, M.D., Locke T. Health, social, and psychological consequences of drug use and abuse. In: *Epidemiology of Drug Abuse* (Z. Sloboda, ed.). Springer U.S., 2006.
24. Johnston, L., O'Malley, P., Bachman, J. G., Shulenberg, J.E. *National Survey Results on Drug Use From the Monitoring the Future Study, 1975-2007, Volume I: Secondary School Students* (NIH Publication No. 08-6418A). Bethesda, MD: National Institute of Drug Abuse, 2008.
25. Abma JC, Martinez GM, Copen CE. Teenagers in the United States: Sexual activity, contraceptive use, and childbearing, National Survey of Family Growth 2006-2008. *National Center for Health Statistics. Vital Health Stat* 23 (30). 2010.
26. Centers for Disease Control and Prevention. *Fact sheet on STDs and pregnancy*. Online: www.cdc.gov/std/pregnancy/STDs-and-pregnancy-fact-sheet.pdf
27. Cavazos-Rehg, P.A., Krauss, M.J., Spitznagel, E.L., et al. Substance use and the risk for sexual intercourse with and without a history of teenage pregnancy among adolescent females. *Journal of Studies on Alcohol and Drugs* 72(2): 194-198, 2011.
28. Gavin, L., MacKay, A.P., Brown, K., et al. Sexual and reproductive health of persons aged 10-24 years – United States, 2002-2007. *MMWR Surveillance Summaries* 58(6): 1-58, 2009.
29. Joint United Nations Programme on HIV/AIDS (UNAIDS). *Fast Facts about HIV Prevention*. Online at: www.unaids.org/en/media/unaids/contentassets/dataimport/pub/basedocument/2008/20080501_fastfacts_prevention_en.pdf
30. Kann, L., Olsen, E.O., McManus, T., et al. *Sexual Identity, Sex of Sexual Contacts, and Health-Risk Behaviors Among Students in Grades 9-12 — Youth Risk Behavior Surveillance, Selected Sites, United States, 2001-2009*. *MMWR Early Release* 60(7): 1-133, 2011.

References

31. Ogden, C.L., Carroll, M.D. Prevalence of obesity among children and adolescents: United States, trends 1963-1965 through 2007-2008. National Center for Health Statistics Health E-Stats, June 2010.
32. Daniels, S.R., Arnett, D.K., Eckel, R.H., et al. Overweight in children and adolescents: pathophysiology, consequences, prevention, and treatment. *Circulation* 111(15):1999-2012, 2005.
33. Wright, C.M., Parker, L., Lamont, D., Craft, A.W. Implications of childhood obesity for adult health: findings from thousand families cohort study. *British Medical Journal* 323(7324):1280-1284, 2001.
34. Tremblay, L., Lariviere, M. The influence of puberty onset, body mass index, and pressure to be thin on disordered eating behaviors in children and adolescents. *Eating Behaviors* 10(2):75-83, 2009.
35. Mitchell, J.E., Eckert, E.D. Scope and significance of eating disorders. *Journal of Consulting Clinical Psychology* 55:628-634, 1987.
36. Neumark-Sztainer, D., Hannan, P.J. Weight-related behaviors among adolescent girls and boys: results from a national survey. *Archives of Pediatric and Adolescent Medicine* 154(6):569-577, 2000.
37. Neumark-Sztainer, D., Story, M., Hannan, P.J., et al. Weight-related concerns and behaviors among overweight and nonoverweight adolescents: implications for preventing weight-related disorders. *Archives of Pediatric and Adolescent Medicine* 156(2):171-178, 2002.
38. Fisher, D.E. and James, W.D. Indoor tanning — science, behavior, and policy. *New England Journal of Medicine* 363:901-903, 2010.
39. Key, T.J., Schatzkin, A., Willet, W.C., et al. Diet, nutrition, and the prevention of cancer. *Public Health Nutrition* 7(1A):187-200, 2004.
40. National Cancer Institute. 5 A Day for Better Health Program (NIH Publication 01-5019). Bethesda, MD, 2001.
41. Kavey, R.E., Daniels, S.R., Lauer, R.M., et al. American Heart Association guidelines for primary prevention of atherosclerotic cardiovascular disease beginning in childhood. *Journal of Pediatrics* 142(4):368-372, 2003.
42. Terry, P., Terry, J.B., Wolk, A. Fruit and vegetable consumption in the prevention of cancer: an update. *Journal of Internal Medicine* 250(4):280-290, 2001.
43. Van Duyn, M.A., Pivonka, E. Overview of the health benefits of fruit and vegetable consumption for the dietetics professional: selected literature. *Journal of the American Dieticians Association* 100(12):1511-1521, 2000.
44. Malik, V.S., Schulze, M.B., Hu, F.B. Intake of sugar-sweetened beverages and weight gain: a systematic review. *American Journal of Clinical Nutrition* 84(2):274-288, 2006.
45. Ludwig, D.S., Peterson, K.E., Gortmaker, S.L. Relation between consumption of sugar-sweetened drinks and childhood obesity: a prospective, observational analysis. *Lancet* 357(9255):505-508, 2001.
46. Physical Activity Guidelines Advisory Committee. Physical Activity Guidelines Advisory Committee Report, 2008. Washington, D.C.: U.S. Department of Health and Human Services, 2008.

References

47. Durant, N., Harris, S.K., Doyle, S., et al. Relation of school environment and policy to adolescent physical activity. *Journal of School Health* 79(4):153-159, 2009.
48. McKenzie, K.L., Li, D., Derby, C.A., et al. Maintenance of effects of the CATCH Physical Education Program: results from the CATCH-ON Study. *Health Education & Behavior* 30(4):447-462, 2003.
49. U.S. Department of Health and Human Services and U.S. Department of Education. Promoting better health for young people through physical activity and sports. 2000. Online: www.cdc.gov/HealthyYouth/physicalactivity/promoting_health/pdfs/ppar.pdf
50. Center for Disease Control and Prevention. Guidelines for school and community programs to promote lifelong physical activity among young people. *Morbidity and Mortality Weekly Report* 46 (No. RR-6):1-36, 1997.
51. Zabinski, M.F., Norman, G.J., Sallis, J.F., et al. Patterns of sedentary behavior among adolescents. *Health Psychology* 26(1):113-120, 2007.
52. Crespo, C.J., Smit, E., Troiano, R.P., et al. Television watching, energy intake, and obesity in U.S. children: results from the third National Health and Nutrition Examination Survey, 1988-1994. *Archives of Pediatric and Adolescent Medicine* 155(3):360-365, 2001.
53. Kaur, H., Choi, W.S., Mayo, M.S., Harris, K.J. Duration of television watching is associated with increased body mass index. *Journal of Pediatrics* 143(4):506-511, 2003.
54. Kuntsche, E., Pickett, W., Overpeck, M., et al. Television viewing and forms of bullying among adolescents from eight countries. *Journal of Adolescent Health* 39(6):908-915, 2006.
55. Resnick, M.D., Bearman, P.S., Blum, R.W., et al. Protecting adolescents from harm. Findings from the National Longitudinal Study on Adolescent Health. *JAMA* 278(10):823-832, 1997.
56. Fan, X., Chen, M. Parental involvement and students' academic achievement: a meta-analysis. *Educational Psychology Review* 13(1):1-22, 2001.
57. U.S. Council of Economic Advisors. Teens and their parents in the 21st century: An examination of trends in teen behavior and the role of parental involvement. 2000. Online: http://clinton3.nara.gov/WH/EOP/CEA/html/Teens_Paper_Final.pdf
58. Fredricks, J.A., Eccles, J.S. Is extracurricular participation associated with beneficial outcomes? *Developmental Psychology* 42(4):698-713, 2006.
59. Scales, P.C., Benson, P.L., Leffert, N., Blyth, D.A. Contribution of developmental assets to prediction of thriving among adolescents. *Applied Developmental Science* 4(1):27-46, 2000.

2015 Vermont Youth Risk Behavior Survey Report

High School Report for Rivendell Interstate School District

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

**Rivendell Interstate
Number of High School Students in Rivendell Interstate School District**

**Rivendell Interstate School District
Total**

122

Sex	Total	%
Female	57	46%
Male	65	53%

Grade	Total	%
9th grade	38	31%
10th grade	18	14%
11th grade	36	29%
12th grade	30	24%

Race / Ethnicity	Total	%
Ethnic or racial minority	11	9%
White non-Hispanic	111	90%

Mother's Level of Education	Total	%
Not indicated / Missing	1	0%
High school or less	36	29%
Some college	18	14%
College graduate	39	31%
Graduate or professional degree after college	20	16%
Not sure	8	6%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Rivendell Interstate School District.

Demographics

Vermont
Number of High School Students in Vermont

Vermont Total

21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	22%	Too few students
	10th	.	20%	Too few students
	11th	.	17%	Too few students
	12th	.	14%	Too few students
Sex	Female	19%	12%	SU/SD statistically higher
	Male	23%	24%	
Total		21%	18%	SU/SD statistically higher

1.02 Percent of students who were in a physical fight on school property, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	.	8%	Too few students
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	4%	Too few students
	Male	7%	10%	SU/SD statistically lower
Total		5%	7%	SU/SD statistically lower

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	4%	Too few students
	Male	10%	6%	SU/SD statistically higher
Total		5%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	7%	Too few students
	11th	.	9%	Too few students
	12th	.	8%	Too few students
Sex	Female	.	4%	Too few students
	Male	12%	11%	
Total		7%	8%	

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	7%	Too few students
	Male	.	4%	Too few students
Total		4%	6%	SU/SD statistically lower

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	23%	Too few students
	10th	.	18%	Too few students
	11th	.	16%	Too few students
	12th	.	14%	Too few students
Sex	Female	37%	23%	SU/SD statistically higher
	Male	12%	12%	
Total		24%	18%	SU/SD statistically higher

1.07 Percent of students who reported being electronically bullied, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	20%	Too few students
	10th	.	17%	Too few students
	11th	.	16%	Too few students
	12th	.	13%	Too few students
Sex	Female	26%	23%	
	Male	11%	10%	
Total		18%	16%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	13%	Too few students
	10th	.	11%	Too few students
	11th	.	11%	Too few students
	12th	.	10%	Too few students
Sex	Female	14%	11%	
	Male	15%	12%	SU/SD statistically higher
Total		14%	11%	SU/SD statistically higher

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	20%	Too few students
	10th	.	19%	Too few students
	11th	.	17%	Too few students
	12th	.	14%	Too few students
Sex	Female	36%	26%	SU/SD statistically higher
	Male	.	9%	Too few students
Total		21%	17%	SU/SD statistically higher

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	24%	Too few students
	10th	.	26%	Too few students
	11th	.	24%	Too few students
	12th	.	24%	Too few students
Sex	Female	41%	34%	SU/SD statistically higher
	Male	13%	15%	
Total		27%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	13%	Too few students
	10th	.	13%	Too few students
	11th	.	12%	Too few students
	12th	.	10%	Too few students
Sex	Female	35%	16%	SU/SD statistically higher
	Male	14%	8%	SU/SD statistically higher
Total		24%	12%	SU/SD statistically higher

1.12 Percent of students who attempted suicide, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	13%	8%	SU/SD statistically higher
	Male	.	4%	Too few students
Total		7%	6%	

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	1%	Too few students
Total		.	2%	Too few students

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	9%	Too few students
	11th	.	9%	Too few students
	12th	.	9%	Too few students
Sex	Female	.	11%	Too few students
	Male	.	7%	Too few students
Total		7%	9%	SU/SD statistically lower

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	8%	Too few students
Sex	Female	15%	10%	SU/SD statistically higher
	Male	.	3%	Too few students
Total		8%	7%	

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	19%	Too few students
	10th	.	20%	Too few students
	11th	.	20%	Too few students
	12th	.	19%	Too few students
Sex	Female	22%	20%	
	Male	20%	19%	
Total		21%	20%	

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	13%	Too few students
	10th	.	20%	Too few students
	11th	.	26%	Too few students
	12th	.	29%	Too few students
Sex	Female	12%	22%	SU/SD statistically lower
	Male	15%	22%	SU/SD statistically lower
Total		13%	22%	SU/SD statistically lower

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	8%	Too few students
	12th	.	9%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	9%	Too few students
Total		.	7%	Too few students

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	.	18%	Too few students
	12th	.	20%	Too few students
Sex	Female	.	12%	Too few students
	Male	.	18%	Too few students
Total		7%	15%	SU/SD statistically lower

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	.	15%	Too few students
	11th	.	40%	Too few students
	12th	.	50%	Too few students
Sex	Female	.	33%	Too few students
	Male	.	33%	Too few students
Total		18%	33%	SU/SD statistically lower

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	48%	Too few students
	10th	.	54%	Too few students
	11th	.	55%	Too few students
	12th	.	56%	Too few students
Sex	Female	.	49%	Too few students
	Male	.	56%	Too few students
Total		52%	53%	

1.22 The percent of students who have had a sunburn in the past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	63%	Too few students
	10th	.	65%	Too few students
	11th	.	65%	Too few students
	12th	.	67%	Too few students
Sex	Female	80%	72%	SU/SD statistically higher
	Male	61%	59%	
Total		70%	65%	SU/SD statistically higher

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	3%	Too few students
	11th	.	4%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	3%	Too few students
Total		.	4%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	37%	Too few students
	10th	.	51%	Too few students
	11th	.	63%	Too few students
	12th	.	71%	Too few students
Sex	Female	59%	57%	
	Male	49%	54%	SU/SD statistically lower
Total		54%	56%	

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	14%	Too few students
	10th	.	13%	Too few students
	11th	.	12%	Too few students
	12th	.	10%	Too few students
Sex	Female	11%	10%	
	Male	18%	14%	SU/SD statistically higher
Total		14%	12%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	17%	Too few students
	10th	.	26%	Too few students
	11th	.	34%	Too few students
	12th	.	42%	Too few students
Sex	Female	30%	30%	
	Male	22%	29%	SU/SD statistically lower
Total		26%	30%	SU/SD statistically lower

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	13%	Too few students
	11th	.	19%	Too few students
	12th	.	24%	Too few students
Sex	Female	8%	15%	SU/SD statistically lower
	Male	16%	17%	
Total		12%	16%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Rivendell Interstate	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students

	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students

	11th	1 to 2 days	.	49%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	11%	Too few students

	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students

Sex	Female	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	36%	Too few students
		10+ days	.	9%	Too few students

	Male	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	38%	Too few students
		10+ days	.	15%	Too few students

Total		1 to 2 days	.	51%	Too few students
		3 to 9 days	.	37%	Too few students
		10+ days	.	12%	Too few students

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Rivendell Interstate	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students

	11th	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	18%	Too few students
		5 or more drinks	.	49%	Too few students

	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students

Sex	Female	1 to 2 drinks	.	40%	Too few students
		3 to 4 drinks	.	23%	Too few students
		5 or more drinks	.	38%	Too few students

	Male	1 to 2 drinks	.	33%	Too few students
		3 to 4 drinks	.	16%	Too few students
		5 or more drinks	.	52%	Too few students

Total		1 to 2 drinks	.	36%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	45%	Too few students

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.07 Among students who drank in the past 30 days, usual source of alcohol**

		Rivendell Interstate	Vermont	Notes	
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students

	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students

	11th	Bought it	.	4%	Too few students
		Gave someone money	.	28%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	27%	Too few students

	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students

Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	46%	Too few students
		Took it / some other way	.	28%	Too few students

	Male	Bought it	.	7%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	35%	Too few students
		Took it / some other way	.	34%	Too few students

Total		Bought it	.	5%	Too few students
		Gave someone money	.	24%	Too few students
		Someone gave it to me	.	40%	Too few students
		Took it / some other way	.	31%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol**

			Rivendell Interstate	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students

	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students

	11th	At my home	.	32%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	9%	Too few students

	12th	At my home	.	30%	Too few students
		At another person's home	.	60%	Too few students
		At a public place or event	.	10%	Too few students

Sex	Female	At my home	.	34%	Too few students
		At another person's home	.	58%	Too few students
		At a public place or event	.	8%	Too few students

	Male	At my home	.	34%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	13%	Too few students

Total		At my home	.	34%	Too few students
		At another person's home	.	55%	Too few students
		At a public place or event	.	10%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	14%	Too few students
	10th	.	18%	Too few students
	11th	.	24%	Too few students
	12th	.	28%	Too few students
Sex	Female	24%	19%	SU/SD statistically higher
	Male	13%	23%	SU/SD statistically lower
Total		18%	21%	SU/SD statistically lower

2.10 Percent of students who smoked a whole cigarette before age 13

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	.	6%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	7%	Too few students
Total		4%	6%	SU/SD statistically lower

2.11 Percent of students who smoked cigarettes, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	9%	Too few students
	11th	.	12%	Too few students
	12th	.	14%	Too few students
Sex	Female	.	10%	Too few students
	Male	.	12%	Too few students
Total		4%	11%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Rivendell Interstate	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students

Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked**

			Rivendell Interstate	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Rivendell Interstate	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students

	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students

	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students

Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	28%	Too few students
	11th	.	35%	Too few students
	12th	.	39%	Too few students
Sex	Female	16%	27%	SU/SD statistically lower
	Male	19%	33%	SU/SD statistically lower
Total		17%	30%	SU/SD statistically lower

2.17 Percent of students who have used electronic vapor products, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	.	14%	Too few students
	11th	.	17%	Too few students
	12th	.	19%	Too few students
Sex	Female	.	13%	Too few students
	Male	.	18%	Too few students
Total		.	15%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	15%	Too few students
	10th	.	21%	Too few students
	11th	.	29%	Too few students
	12th	.	32%	Too few students
Sex	Female	19%	20%	
	Male	16%	28%	SU/SD statistically lower
Total		17%	24%	SU/SD statistically lower

2.19 Percent of students who tried a flavored tobacco product before age 13

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	5%	Too few students
	11th	.	6%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	4%	Too few students
	Male	.	7%	Too few students
Total		7%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	.	8%	Too few students
	12th	.	8%	Too few students
Sex	Female	.	3%	Too few students
	Male	7%	11%	SU/SD statistically lower
Total		6%	7%	

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	8%	Too few students
	11th	.	12%	Too few students
	12th	.	16%	Too few students
Sex	Female	.	6%	Too few students
	Male	.	14%	Too few students
Total		4%	10%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	11%	Too few students
	10th	.	15%	Too few students
	11th	.	21%	Too few students
	12th	.	25%	Too few students
Sex	Female	10%	13%	SU/SD statistically lower
	Male	11%	23%	SU/SD statistically lower
Total		10%	18%	SU/SD statistically lower

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	16%	Too few students
	10th	.	22%	Too few students
	11th	.	28%	Too few students
	12th	.	32%	Too few students
Sex	Female	10%	20%	SU/SD statistically lower
	Male	15%	29%	SU/SD statistically lower
Total		12%	25%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	22%	Too few students
	10th	.	32%	Too few students
	11th	.	44%	Too few students
	12th	.	49%	Too few students
Sex	Female	18%	36%	SU/SD statistically lower
	Male	20%	38%	SU/SD statistically lower
Total		19%	37%	SU/SD statistically lower

2.25 Percent of students who used marijuana before age 13

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	8%	Too few students
Total		.	6%	Too few students

2.26 Percent of students who used marijuana, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	13%	Too few students
	10th	.	20%	Too few students
	11th	.	27%	Too few students
	12th	.	29%	Too few students
Sex	Female	8%	21%	SU/SD statistically lower
	Male	.	24%	Too few students
Total		7%	22%	SU/SD statistically lower

2 Alcohol, Tobacco and other Drug Use

2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Rivendell Interstate	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students

	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students

	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students

Sex	Female	1 to 2 times	.	37%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	37%	Too few students

	Male	1 to 2 times	.	26%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	52%	Too few students

Total		1 to 2 times	.	31%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	45%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	.	10%	Too few students
	11th	.	13%	Too few students
	12th	.	14%	Too few students
Sex	Female	8%	11%	
	Male	.	12%	Too few students
Total		5%	11%	SU/SD statistically lower

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	6%	Too few students
Sex	Female	.	4%	Too few students
	Male	.	5%	Too few students
Total		.	5%	Too few students

2.30 Percent of students who ever used cocaine

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	4%	Too few students
	11th	.	5%	Too few students
	12th	.	7%	Too few students
Sex	Female	.	4%	Too few students
	Male	.	6%	Too few students
Total		.	5%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	7%	Too few students
	12th	.	5%	Too few students
Sex	Female	.	6%	Too few students
	Male	.	7%	Too few students
Total		.	7%	Too few students

2.32 Percent of students who ever used methamphetamines

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	3%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

2.33 Percent of students who ever used heroin

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	34%	Too few students
	10th	.	36%	Too few students
	11th	.	39%	Too few students
	12th	.	38%	Too few students
Sex	Female	27%	37%	SU/SD statistically lower
	Male	31%	37%	SU/SD statistically lower
Total		29%	37%	SU/SD statistically lower

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	25%	Too few students
	10th	.	27%	Too few students
	11th	.	28%	Too few students
	12th	.	28%	Too few students
Sex	Female	28%	28%	
	Male	19%	27%	SU/SD statistically lower
Total		23%	27%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Rivendell Interstate	Vermont	Notes
Grade	9th	Never or rarely	.	19%	Too few students
		Sometimes	.	27%	Too few students
		At least most of the time	.	54%	Too few students

	10th	Never or rarely	.	19%	Too few students
		Sometimes	.	27%	Too few students
		At least most of the time	.	53%	Too few students

	11th	Never or rarely	.	21%	Too few students
		Sometimes	.	28%	Too few students
		At least most of the time	.	52%	Too few students

	12th	Never or rarely	.	22%	Too few students
		Sometimes	.	28%	Too few students
		At least most of the time	.	50%	Too few students

Sex	Female	Never or rarely	.	19%	Too few students
		Sometimes	23%	28%	SU/SD statistically lower
		At least most of the time	71%	53%	SU/SD statistically higher

	Male	Never or rarely	.	22%	Too few students
		Sometimes	25%	26%	
		At least most of the time	69%	51%	SU/SD statistically higher

Total		Never or rarely	6%	21%	SU/SD statistically lower
		Sometimes	24%	27%	SU/SD statistically lower
		At least most of the time	70%	52%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Rivendell Interstate	Vermont	Notes
15 or less students	28%	19%	SU/SD statistically higher
16 to 25 students	33%	29%	SU/SD statistically higher
26 to 45 students	21%	24%	SU/SD statistically lower
46 to 55 students	7%	14%	SU/SD statistically lower
56 to 75 students	6%	8%	SU/SD statistically lower
76 or more students	5%	7%	SU/SD statistically lower

3.05 Out of 100 high school students, the number thought to use marijuana

	Rivendell Interstate	Vermont	Notes
15 or less students	17%	8%	SU/SD statistically higher
16 to 25 students	27%	13%	SU/SD statistically higher
26 to 45 students	25%	21%	SU/SD statistically higher
46 to 55 students	13%	21%	SU/SD statistically lower
56 to 75 students	9%	20%	SU/SD statistically lower
76 or more students	9%	16%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	94%	Too few students
	10th	.	93%	Too few students
	11th	.	92%	Too few students
	12th	.	87%	Too few students
Sex	Female	93%	93%	
	Male	94%	90%	SU/SD statistically higher
Total		94%	91%	SU/SD statistically higher

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	84%	Too few students
	10th	.	78%	Too few students
	11th	.	70%	Too few students
	12th	.	57%	Too few students
Sex	Female	76%	74%	
	Male	71%	70%	
Total		73%	72%	

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	87%	Too few students
	10th	.	82%	Too few students
	11th	.	78%	Too few students
	12th	.	74%	Too few students
Sex	Female	90%	82%	SU/SD statistically higher
	Male	84%	79%	SU/SD statistically higher
Total		87%	80%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	87%	Too few students
	10th	.	84%	Too few students
	11th	.	77%	Too few students
	12th	.	67%	Too few students
Sex	Female	83%	80%	
	Male	83%	77%	SU/SD statistically higher
Total		83%	78%	SU/SD statistically higher

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	70%	Too few students
	10th	.	58%	Too few students
	11th	.	47%	Too few students
	12th	.	38%	Too few students
Sex	Female	56%	54%	
	Male	57%	53%	SU/SD statistically higher
Total		56%	53%	SU/SD statistically higher

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	70%	Too few students
	10th	.	59%	Too few students
	11th	.	51%	Too few students
	12th	.	44%	Too few students
Sex	Female	77%	57%	SU/SD statistically higher
	Male	71%	55%	SU/SD statistically higher
Total		74%	56%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	62%	Too few students
	10th	.	66%	Too few students
	11th	.	66%	Too few students
	12th	.	66%	Too few students
Sex	Female	75%	67%	SU/SD statistically higher
	Male	65%	63%	
Total		70%	65%	SU/SD statistically higher

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	42%	Too few students
	10th	.	40%	Too few students
	11th	.	36%	Too few students
	12th	.	35%	Too few students
Sex	Female	38%	43%	SU/SD statistically lower
	Male	30%	33%	
Total		34%	38%	SU/SD statistically lower

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	35%	Too few students
	10th	.	29%	Too few students
	11th	.	22%	Too few students
	12th	.	21%	Too few students
Sex	Female	41%	30%	SU/SD statistically higher
	Male	33%	24%	SU/SD statistically higher
Total		37%	27%	SU/SD statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.15 Percent of students who think it would be easy to get cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	44%	Too few students
	10th	.	55%	Too few students
	11th	.	64%	Too few students
	12th	.	80%	Too few students
Sex	Female	45%	57%	SU/SD statistically lower
	Male	45%	64%	SU/SD statistically lower
Total		45%	61%	SU/SD statistically lower

3.16 Percent of students who think it would be easy to get alcohol

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	60%	Too few students
	10th	.	68%	Too few students
	11th	.	74%	Too few students
	12th	.	75%	Too few students
Sex	Female	66%	71%	SU/SD statistically lower
	Male	71%	68%	
Total		68%	69%	

3.17 Percent of students who think it would be easy to get marijuana

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	46%	Too few students
	10th	.	60%	Too few students
	11th	.	69%	Too few students
	12th	.	74%	Too few students
Sex	Female	36%	60%	SU/SD statistically lower
	Male	30%	65%	SU/SD statistically lower
Total		33%	62%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	44%	Too few students
	10th	.	50%	Too few students
	11th	.	57%	Too few students
	12th	.	60%	Too few students
Sex	Female	61%	56%	SU/SD statistically higher
	Male	45%	50%	SU/SD statistically lower
Total		53%	53%	

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	36%	Too few students
	10th	.	30%	Too few students
	11th	.	27%	Too few students
	12th	.	24%	Too few students
Sex	Female	26%	29%	
	Male	26%	29%	SU/SD statistically lower
Total		26%	29%	SU/SD statistically lower

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	15%	Too few students
	10th	.	19%	Too few students
	11th	.	20%	Too few students
	12th	.	18%	Too few students
Sex	Female	.	15%	Too few students
	Male	7%	21%	SU/SD statistically lower
Total		4%	18%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

			Rivendell Interstate	Vermont	Notes
Grade	9th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	5%	Too few students

	10th	Heterosexual (straight)	.	89%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

	11th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

	12th	Heterosexual (straight)	.	88%	Too few students
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

Sex	Female	Heterosexual (straight)	89%	84%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	10%	10%	
		Not sure	.	5%	Too few students

	Male	Heterosexual (straight)	91%	92%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	3%	Too few students
		Not sure	.	4%	Too few students

Total		Heterosexual (straight)	90%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	6%	
		Not sure	.	4%	Too few students

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	33%	Too few students
	11th	.	49%	Too few students
	12th	.	62%	Too few students
Sex	Female	46%	40%	SU/SD statistically higher
	Male	32%	41%	SU/SD statistically lower
Total		38%	41%	

4.03 Percent of students who have ever had oral sex

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	21%	Too few students
	10th	.	37%	Too few students
	11th	.	50%	Too few students
	12th	.	60%	Too few students
Sex	Female	38%	41%	
	Male	30%	42%	SU/SD statistically lower
Total		34%	42%	SU/SD statistically lower

4.04 Percent of students who had sexual intercourse before age 13

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	4%	Too few students
Total		.	3%	Too few students

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	6%	Too few students
	11th	.	11%	Too few students
	12th	.	19%	Too few students
Sex	Female	12%	9%	
	Male	.	10%	Too few students
Total		9%	10%	

4.06 Percent of students who have ever been tested for HIV

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	8%	Too few students
	11th	.	12%	Too few students
	12th	.	14%	Too few students
Sex	Female	13%	11%	
	Male	.	9%	Too few students
Total		9%	10%	

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	12%	Too few students
	10th	.	24%	Too few students
	11th	.	38%	Too few students
	12th	.	49%	Too few students
Sex	Female	33%	33%	
	Male	22%	30%	SU/SD statistically lower
Total		27%	31%	SU/SD statistically lower

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	.	18%	Too few students
Sex	Female	.	15%	Too few students
	Male	.	22%	Too few students
Total		.	19%	Too few students

4.09 Of sexually active students, percent who used condoms the last time they had sex

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	62%	Too few students
Total		.	58%	Too few students

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	.	55%	Too few students
	Male	.	38%	Too few students
Total		.	47%	Too few students

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	.	87%	Too few students
Sex	Female	.	88%	Too few students
	Male	.	86%	Too few students
Total		.	87%	Too few students

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Rivendell Interstate	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students

	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

	11th	No method was used	.	6%	Too few students
		Birth control pills	.	37%	Too few students
		Condoms	.	37%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students

	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

4 Sexual Behavior and Orientation

			Rivendell Interstate	Vermont	Notes
Sex	Female	No method was used	.	7%	Too few students
		Birth control pills	.	39%	Too few students
		Condoms	.	31%	Too few students
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students

	Male	No method was used	.	7%	Too few students
		Birth control pills	.	30%	Too few students
		Condoms	.	45%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students

Total		No method was used	.	7%	Too few students
		Birth control pills	.	35%	Too few students
		Condoms	.	38%	Too few students
		IUD or implant	.	6%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Rivendell Interstate	Vermont	Notes
Sex	Female	Have not had sex	49%	45%	
		Same sex	48%	1%	SU/SD statistically higher
		Opposite sex	.	46%	Too few students
		Both sexes	.	7%	Too few students

	Male	Have not had sex	49%	43%	SU/SD statistically higher
		Same sex	48%	1%	SU/SD statistically higher
		Opposite sex	.	53%	Too few students
		Both sexes	.	2%	Too few students

Total	Have not had sex		49%	44%	SU/SD statistically higher
	Same sex		48%	1%	SU/SD statistically higher
	Opposite sex		.	50%	Too few students
	Both sexes		.	5%	Too few students

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	15%	Too few students
	10th	.	14%	Too few students
	11th	.	14%	Too few students
	12th	.	13%	Too few students
Sex	Female	18%	14%	SU/SD statistically higher
	Male	19%	14%	SU/SD statistically higher
Total		18%	14%	SU/SD statistically higher

5.02 The percent of students who are obese (=>95th BMI percentile)

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	12%	Too few students
	10th	.	13%	Too few students
	11th	.	12%	Too few students
	12th	.	12%	Too few students
Sex	Female	14%	9%	SU/SD statistically higher
	Male	11%	16%	SU/SD statistically lower
Total		13%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			Rivendell Interstate	Vermont	Notes
Grade	9th	Underweight	.	15%	Too few students
		About the right weight	.	56%	Too few students
		Overweight	.	29%	Too few students

	10th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	32%	Too few students

	11th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	31%	Too few students

	12th	Underweight	.	13%	Too few students
		About the right weight	.	55%	Too few students
		Overweight	.	32%	Too few students

Sex	Female	Underweight	10%	10%	
		About the right weight	48%	54%	SU/SD statistically lower
		Overweight	42%	36%	SU/SD statistically higher

	Male	Underweight	19%	17%	
		About the right weight	65%	57%	SU/SD statistically higher
		Overweight	17%	26%	SU/SD statistically lower

Total		Underweight	14%	14%	
		About the right weight	56%	55%	
		Overweight	29%	31%	

5 Body Image

5.04 Students who are trying to do something about their weight

			Rivendell Interstate	Vermont	Notes
Grade	9th	Lose weight	.	41%	Too few students
		Gain weight	.	12%	Too few students
		Stay the same weight /do nothing	.	47%	Too few students

	10th	Lose weight	.	43%	Too few students
		Gain weight	.	13%	Too few students
		Stay the same weight /do nothing	.	44%	Too few students

	11th	Lose weight	.	42%	Too few students
		Gain weight	.	14%	Too few students
		Stay the same weight /do nothing	.	44%	Too few students

	12th	Lose weight	.	42%	Too few students
		Gain weight	.	15%	Too few students
		Stay the same weight /do nothing	.	42%	Too few students

Sex	Female	Lose weight	51%	56%	SU/SD statistically lower
		Gain weight	.	4%	Too few students
		Stay the same weight /do nothing	47%	40%	SU/SD statistically higher

	Male	Lose weight	26%	28%	
		Gain weight	18%	23%	SU/SD statistically lower
		Stay the same weight /do nothing	56%	49%	SU/SD statistically higher

Total		Lose weight	39%	42%	SU/SD statistically lower
		Gain weight	10%	14%	SU/SD statistically lower
		Stay the same weight /do nothing	52%	44%	SU/SD statistically higher

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

		Rivendell Interstate	Vermont	Notes	
Grade	9th	Less than 1 hour	.	14%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	33%	Too few students
		5+ hours	.	18%	Too few students

	10th	Less than 1 hour	.	14%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	18%	Too few students

	11th	Less than 1 hour	.	15%	Too few students
		1 to 2 hours	.	38%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	16%	Too few students

	12th	Less than 1 hour	.	16%	Too few students
		1 to 2 hours	.	36%	Too few students
		3 to 4 hours	.	32%	Too few students
		5+ hours	.	17%	Too few students

Sex	Female	Less than 1 hour	13%	15%	
		1 to 2 hours	29%	37%	SU/SD statistically lower
		3 to 4 hours	32%	32%	
		5+ hours	26%	16%	SU/SD statistically higher

	Male	Less than 1 hour	.	14%	Too few students
		1 to 2 hours	33%	36%	
		3 to 4 hours	46%	32%	SU/SD statistically higher
		5+ hours	15%	18%	

Total		Less than 1 hour	9%	15%	SU/SD statistically lower
		1 to 2 hours	31%	36%	SU/SD statistically lower
		3 to 4 hours	39%	32%	SU/SD statistically higher
		5+ hours	20%	17%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Rivendell Interstate	Vermont	Notes
Grade	9th	0 days	.	11%	Too few students
		1 to 2 days	.	16%	Too few students
		3 to 6 days	.	47%	Too few students
		Everyday	.	25%	Too few students

	10th	0 days	.	13%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 6 days	.	47%	Too few students
		Everyday	.	24%	Too few students

	11th	0 days	.	15%	Too few students
		1 to 2 days	.	17%	Too few students
		3 to 6 days	.	45%	Too few students
		Everyday	.	22%	Too few students

	12th	0 days	.	17%	Too few students
		1 to 2 days	.	18%	Too few students
		3 to 6 days	.	44%	Too few students
		Everyday	.	21%	Too few students

Sex	Female	0 days	17%	17%	
		1 to 2 days	19%	20%	
		3 to 6 days	53%	48%	SU/SD statistically higher
		Everyday	11%	16%	SU/SD statistically lower

	Male	0 days	.	12%	Too few students
		1 to 2 days	29%	14%	SU/SD statistically higher
		3 to 6 days	34%	44%	SU/SD statistically lower
		Everyday	31%	30%	

Total		0 days	12%	14%	SU/SD statistically lower
		1 to 2 days	24%	17%	SU/SD statistically higher
		3 to 6 days	43%	46%	
		Everyday	21%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	23%	Too few students
	10th	.	23%	Too few students
	11th	.	23%	Too few students
	12th	.	24%	Too few students
Sex	Female	19%	22%	
	Male	17%	25%	SU/SD statistically lower
Total		18%	24%	SU/SD statistically lower

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	34%	Too few students
	10th	.	34%	Too few students
	11th	.	34%	Too few students
	12th	.	35%	Too few students
Sex	Female	28%	33%	SU/SD statistically lower
	Male	31%	35%	SU/SD statistically lower
Total		30%	34%	SU/SD statistically lower

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	17%	Too few students
	10th	.	17%	Too few students
	11th	.	18%	Too few students
	12th	.	19%	Too few students
Sex	Female	15%	17%	
	Male	9%	19%	SU/SD statistically lower
Total		12%	18%	SU/SD statistically lower

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	5%	Too few students
Total		.	4%	Too few students

6.07 The percent of students who did not any eat vegetables, past 7 days

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	6%	Too few students
Total		.	4%	Too few students

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Rivendell Interstate	Vermont	Notes
Grade	9th	Never	.	11%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	22%	Too few students
		Everyday	.	42%	Too few students

	10th	Never	.	11%	Too few students
		1 to 3 days	.	24%	Too few students
		4 to 6 days	.	24%	Too few students
		Everyday	.	41%	Too few students

	11th	Never	.	10%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	24%	Too few students
		Everyday	.	40%	Too few students

	12th	Never	.	11%	Too few students
		1 to 3 days	.	25%	Too few students
		4 to 6 days	.	25%	Too few students
		Everyday	.	39%	Too few students

Sex	Female	Never	11%	11%	
		1 to 3 days	37%	27%	SU/SD statistically higher
		4 to 6 days	16%	24%	SU/SD statistically lower
		Everyday	37%	38%	

	Male	Never	11%	11%	
		1 to 3 days	25%	23%	
		4 to 6 days	22%	23%	
		Everyday	42%	43%	

Total		Never	11%	11%	
		1 to 3 days	30%	25%	SU/SD statistically higher
		4 to 6 days	19%	24%	SU/SD statistically lower
		Everyday	40%	40%	

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			Rivendell Interstate	Vermont	Notes
Grade	9th	None	.	9%	Too few students
		1 to 3 glasses	.	60%	Too few students
		4+ glasses	.	32%	Too few students

	10th	None	.	8%	Too few students
		1 to 3 glasses	.	58%	Too few students
		4+ glasses	.	34%	Too few students

	11th	None	.	8%	Too few students
		1 to 3 glasses	.	60%	Too few students
		4+ glasses	.	32%	Too few students

	12th	None	.	9%	Too few students
		1 to 3 glasses	.	57%	Too few students
		4+ glasses	.	34%	Too few students

Sex	Female	None	.	8%	Too few students
		1 to 3 glasses	57%	62%	
		4+ glasses	41%	31%	SU/SD statistically higher

	Male	None	.	9%	Too few students
		1 to 3 glasses	56%	56%	
		4+ glasses	39%	35%	SU/SD statistically higher

Total		None	.	9%	Too few students
		1 to 3 glasses	57%	59%	
		4+ glasses	40%	33%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			Rivendell Interstate	Vermont	Notes
Grade	9th	None	.	32%	Too few students
		At least once during the past week	.	54%	Too few students
		At least once per day	.	14%	Too few students

	10th	None	.	33%	Too few students
		At least once during the past week	.	53%	Too few students
		At least once per day	.	14%	Too few students

	11th	None	.	33%	Too few students
		At least once during the past week	.	51%	Too few students
		At least once per day	.	15%	Too few students

	12th	None	.	36%	Too few students
		At least once during the past week	.	49%	Too few students
		At least once per day	.	15%	Too few students

Sex	Female	None	38%	42%	
		At least once during the past week	54%	48%	SU/SD statistically higher
		At least once per day	8%	9%	

	Male	None	26%	25%	
		At least once during the past week	53%	55%	
		At least once per day	21%	20%	

Total		None	32%	33%	
		At least once during the past week	53%	52%	
		At least once per day	15%	15%	

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Rivendell Interstate	Vermont	Notes
Grade	9th	None	.	25%	Too few students
		At least once during the past week	.	61%	Too few students
		At least once per day	.	14%	Too few students

	10th	None	.	25%	Too few students
		At least once during the past week	.	59%	Too few students
		At least once per day	.	15%	Too few students

	11th	None	.	26%	Too few students
		At least once during the past week	.	59%	Too few students
		At least once per day	.	16%	Too few students

	12th	None	.	29%	Too few students
		At least once during the past week	.	57%	Too few students
		At least once per day	.	15%	Too few students

Sex	Female	None	27%	30%	
		At least once during the past week	54%	59%	SU/SD statistically lower
		At least once per day	19%	11%	SU/SD statistically higher

	Male	None	20%	22%	
		At least once during the past week	60%	58%	
		At least once per day	20%	19%	

Total		None	24%	26%	
		At least once during the past week	57%	59%	
		At least once per day	19%	15%	SU/SD statistically higher

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			Rivendell Interstate	Vermont	Notes
Grade	9th	Mostly As or Bs	.	76%	Too few students
		Mostly Cs	.	13%	Too few students
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	7%	Too few students

	10th	Mostly As or Bs	.	77%	Too few students
		Mostly Cs	.	14%	Too few students
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	5%	Too few students

	11th	Mostly As or Bs	.	80%	Too few students
		Mostly Cs	.	13%	Too few students
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students

	12th	Mostly As or Bs	.	83%	Too few students
		Mostly Cs	.	11%	Too few students
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	.	4%	Too few students

Sex	Female	Mostly As or Bs	80%	84%	SU/SD statistically lower
		Mostly Cs	8%	9%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students

	Male	Mostly As or Bs	79%	74%	SU/SD statistically higher
		Mostly Cs	13%	16%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	6%	Too few students

Total		Mostly As or Bs	80%	79%	
		Mostly Cs	11%	13%	
		Mostly Ds or Fs	7%	3%	SU/SD statistically higher
		Other / Not sure	.	5%	Too few students

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			Rivendell Interstate	Vermont	Notes
Grade	9th	0 hours	.	32%	Too few students
		1 to 4 hours	.	30%	Too few students
		5 to 9 hours	.	17%	Too few students
		10 or more hours	.	21%	Too few students
10th	10th	0 hours	.	32%	Too few students
		1 to 4 hours	.	28%	Too few students
		5 to 9 hours	.	16%	Too few students
		10 or more hours	.	24%	Too few students
11th	11th	0 hours	.	32%	Too few students
		1 to 4 hours	.	27%	Too few students
		5 to 9 hours	.	16%	Too few students
		10 or more hours	.	25%	Too few students
12th	12th	0 hours	.	32%	Too few students
		1 to 4 hours	.	26%	Too few students
		5 to 9 hours	.	16%	Too few students
		10 or more hours	.	27%	Too few students
Sex	Female	0 hours	19%	31%	SU/SD statistically lower
		1 to 4 hours	30%	29%	
		5 to 9 hours	19%	16%	
		10 or more hours	32%	24%	SU/SD statistically higher
Male	Male	0 hours	30%	33%	
		1 to 4 hours	23%	27%	
		5 to 9 hours	17%	16%	
		10 or more hours	29%	24%	SU/SD statistically higher
Total	Total	0 hours	25%	32%	SU/SD statistically lower
		1 to 4 hours	27%	28%	
		5 to 9 hours	18%	16%	
		10 or more hours	31%	24%	SU/SD statistically higher

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	78%	Too few students
	10th	.	77%	Too few students
	11th	.	77%	Too few students
	12th	.	75%	Too few students
Sex	Female	78%	77%	
	Male	80%	76%	SU/SD statistically higher
Total		79%	76%	

7.04 The percent of students who agree that in their community they feel like they matter to people

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	49%	Too few students
	10th	.	48%	Too few students
	11th	.	50%	Too few students
	12th	.	54%	Too few students
Sex	Female	59%	47%	SU/SD statistically higher
	Male	53%	54%	
Total		56%	50%	SU/SD statistically higher

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	59%	Too few students
	10th	.	57%	Too few students
	11th	.	64%	Too few students
	12th	.	69%	Too few students
Sex	Female	73%	60%	SU/SD statistically higher
	Male	69%	64%	SU/SD statistically higher
Total		71%	62%	SU/SD statistically higher

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	50%	Too few students
	10th	.	46%	Too few students
	11th	.	46%	Too few students
	12th	.	49%	Too few students
Sex	Female	69%	48%	SU/SD statistically higher
	Male	72%	48%	SU/SD statistically higher
Total		71%	48%	SU/SD statistically higher

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Rivendell Interstate	Vermont	Notes
Grade	9th	.	75%	Too few students
	10th	.	80%	Too few students
	11th	.	83%	Too few students
	12th	.	84%	Too few students
Sex	Female	83%	83%	
	Male	82%	78%	SU/SD statistically higher
Total		82%	80%	

2015 Vermont Youth Risk Behavior Survey Report
Middle School Report for Rivendell Interstate School District

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Rivendell Interstate
Number of Middle School Students in Rivendell Interstate School District

**Rivendell Interstate School District
Total**

61

Sex	Total	%
Female	33	54%
Male	28	45%

Grade	Total	%
7th grade	32	52%
8th grade	29	47%

Age	Total	%
12 years	12	19%
13 years	28	45%
14 years or older	21	34%

Race / Ethnicity	Total	%
Not indicated /Missing	2	3%
Ethnic or racial minority	11	18%
White non-Hispanic	48	78%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Rivendell Interstate School District. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	42%	Too few students
	7th	.	41%	Too few students
	8th	.	44%	Too few students
Sex	Female	.	28%	Too few students
	Male	.	57%	Too few students
Total		43%	43%	

1.02 Percent of students who were bullied at least once, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	.	25%	Too few students
	8th	.	22%	Too few students
Sex	Female	.	30%	Too few students
	Male	.	18%	Too few students
Total		25%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	21%	Too few students
	7th	.	26%	Too few students
	8th	.	28%	Too few students
Sex	Female	.	36%	Too few students
	Male	.	16%	Too few students
Total		26%	26%	

1.04 Percent of students who were ever bullied at school

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	46%	Too few students
	7th	.	48%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	53%	Too few students
	Male	.	40%	Too few students
Total		41%	46%	

1.05 Percent of students who bullied someone at least once, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	.	9%	Too few students
	8th	.	11%	Too few students
Sex	Female	.	10%	Too few students
	Male	.	9%	Too few students
Total		8%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	.	7%	Too few students
	8th	.	7%	Too few students
Sex	Female	.	9%	Too few students
	Male	.	6%	Too few students
Total		14%	7%	SU/SD statistically higher

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	.	19%	Too few students
	8th	.	22%	Too few students
Sex	Female	.	27%	Too few students
	Male	.	13%	Too few students
Total		24%	20%	

1.08 Percent of students who ever seriously thought about suicide

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	14%	Too few students
	7th	.	16%	Too few students
	8th	.	22%	Too few students
Sex	Female	.	23%	Too few students
	Male	.	12%	Too few students
Total		24%	18%	SU/SD statistically higher

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	9%	Too few students
	7th	.	11%	Too few students
	8th	.	15%	Too few students
Sex	Female	.	16%	Too few students
	Male	.	8%	Too few students
Total		20%	12%	SU/SD statistically higher

1.10 Percent of students who ever attempted suicide

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	8%	Too few students
	Male	.	3%	Too few students
Total		8%	6%	

1.11 Percent of students who had at least one sunburn in the past 12 months

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	51%	Too few students
	7th	.	55%	Too few students
	8th	.	56%	Too few students
Sex	Female	.	58%	Too few students
	Male	.	51%	Too few students
Total		57%	54%	

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Rivendell Interstate	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	26%	Too few students
		Sometimes wear a helmet	.	15%	Too few students
		Most of the time / always wear a helmet	.	59%	Too few students

	7th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	16%	Too few students
		Most of the time / always wear a helmet	.	52%	Too few students

	8th	Never / rarely wear a helmet	.	41%	Too few students
		Sometimes wear a helmet	.	15%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students

Sex	Female	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	17%	Too few students
		Most of the time / always wear a helmet	.	52%	Too few students

	Male	Never / rarely wear a helmet	.	36%	Too few students
		Sometimes wear a helmet	.	14%	Too few students
		Most of the time / always wear a helmet	.	49%	Too few students

Total		Never / rarely wear a helmet	40%	34%	SU/SD statistically higher
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	44%	51%	SU/SD statistically lower

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Rivendell Interstate	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students

	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students

Sex	Female	Never / rarely wear a helmet	.	45%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students

	Male	Never / rarely wear a helmet	.	41%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	47%	Too few students

Total		Never / rarely wear a helmet	.	43%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	3%	Too few students
Total		8%	3%	SU/SD statistically higher

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	.	19%	Too few students
	8th	.	25%	Too few students
Sex	Female	.	21%	Too few students
	Male	.	19%	Too few students
Total		22%	20%	

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	.	15%	Too few students
	8th	.	24%	Too few students
Sex	Female	.	16%	Too few students
	Male	.	18%	Too few students
Total		17%	17%	

2.02 Percent of students who drank alcohol other than a few sips before age 11

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	.	6%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	8%	Too few students
Total		.	6%	Too few students

2.03 Percent of students who drank any alcohol, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	5%	Too few students
	8th	.	10%	Too few students
Sex	Female	.	6%	Too few students
	Male	.	7%	Too few students
Total		.	6%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	.	7%	Too few students
	8th	.	13%	Too few students
Sex	Female	.	9%	Too few students
	Male	.	9%	Too few students
Total		8%	9%	

2.06 Percent of students who ever smoked a whole cigarette

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		.	5%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

2.08 Percent of students who smoked cigarettes, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	6%	Too few students
	8th	.	11%	Too few students
Sex	Female	.	7%	Too few students
	Male	.	7%	Too few students
Total		.	7%	Too few students

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	5%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	4%	Too few students
Total		.	4%	Too few students

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	6%	Too few students
Total		.	5%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	5%	Too few students
	8th	.	11%	Too few students
Sex	Female	.	6%	Too few students
	Male	.	7%	Too few students
Total		.	7%	Too few students

2.17 Percent of students who used marijuana by age 11

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	4%	Too few students
Total		.	4%	Too few students

2.19 Percent of students who have ever used inhalants

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	4%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		.	5%	Too few students

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		.	3%	Too few students

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____**3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	.	28%	Too few students
	8th	.	31%	Too few students
Sex	Female	.	29%	Too few students
	Male	.	27%	Too few students
Total		37%	28%	SU/SD statistically higher

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	17%	Too few students
	7th	.	20%	Too few students
	8th	.	23%	Too few students
Sex	Female	.	22%	Too few students
	Male	.	19%	Too few students
Total		25%	21%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____**3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	47%	Too few students
	7th	.	52%	Too few students
	8th	.	55%	Too few students
Sex	Female	.	52%	Too few students
	Male	.	52%	Too few students
Total		49%	52%	

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	.	26%	Too few students
	8th	.	35%	Too few students
Sex	Female	.	28%	Too few students
	Male	.	26%	Too few students
Total		.	27%	Too few students

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Rivendell Interstate	Vermont	Notes
15 or less students	37%	16%	SU/SD statistically higher
16 to 25 students	19%	25%	SU/SD statistically lower
26 to 45 students	15%	24%	SU/SD statistically lower
46 to 55 students	17%	16%	
56 to 75 students	5%	9%	SU/SD statistically lower
76 or more students	7%	10%	

*3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use***3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	.	96%	Too few students
	8th	.	96%	Too few students
Sex	Female	.	97%	Too few students
	Male	.	96%	Too few students
Total		95%	96%	

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	92%	Too few students
	7th	.	92%	Too few students
	8th	.	90%	Too few students
Sex	Female	.	93%	Too few students
	Male	.	90%	Too few students
Total		88%	91%	

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	96%	Too few students
	7th	.	95%	Too few students
	8th	.	92%	Too few students
Sex	Female	.	94%	Too few students
	Male	.	94%	Too few students
Total		92%	94%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____**3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	.	95%	Too few students
	8th	.	92%	Too few students
Sex	Female	.	95%	Too few students
	Male	.	94%	Too few students
Total		95%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	94%	Too few students
	7th	.	90%	Too few students
	8th	.	83%	Too few students
Sex	Female	.	90%	Too few students
	Male	.	87%	Too few students
Total		84%	88%	

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	97%	Too few students
	7th	.	92%	Too few students
	8th	.	83%	Too few students
Sex	Female	.	91%	Too few students
	Male	.	89%	Too few students
Total		87%	90%	

*3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use***3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	.	72%	Too few students
	8th	.	72%	Too few students
Sex	Female	.	71%	Too few students
	Male	.	72%	Too few students
Total		66%	71%	

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	49%	Too few students
	7th	.	49%	Too few students
	8th	.	46%	Too few students
Sex	Female	.	49%	Too few students
	Male	.	46%	Too few students
Total		39%	48%	SU/SD statistically lower

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	67%	Too few students
	7th	.	61%	Too few students
	8th	.	51%	Too few students
Sex	Female	.	60%	Too few students
	Male	.	58%	Too few students
Total		54%	59%	

*3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use***3.15 Percent of students who report that it would be easy or very easy to get cigarettes**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	.	24%	Too few students
	8th	.	34%	Too few students
Sex	Female	.	25%	Too few students
	Male	.	29%	Too few students
Total		31%	27%	

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	24%	Too few students
	7th	.	33%	Too few students
	8th	.	46%	Too few students
Sex	Female	.	35%	Too few students
	Male	.	37%	Too few students
Total		33%	36%	

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	.	12%	Too few students
	8th	.	22%	Too few students
Sex	Female	.	13%	Too few students
	Male	.	16%	Too few students
Total		14%	14%	

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	4%	Too few students
	Male	.	7%	Too few students
Total		.	6%	Too few students

4.02 Percent of students who have ever had oral sex

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	9%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	6%	Too few students
Total		.	5%	Too few students

5 Nutrition and Physical Activity

5.01 Number of times during the past 7 days students ate breakfast

			Rivendell Interstate	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	.	13%	Too few students
		4 to 6 times	.	22%	Too few students
		Everyday	.	61%	Too few students

	7th	Never	.	7%	Too few students
		1 to 3 times	.	16%	Too few students
		4 to 6 times	.	25%	Too few students
		Everyday	.	51%	Too few students

	8th	Never	.	8%	Too few students
		1 to 3 times	.	20%	Too few students
		4 to 6 times	.	25%	Too few students
		Everyday	.	48%	Too few students

Sex	Female	Never	.	8%	Too few students
		1 to 3 times	.	21%	Too few students
		4 to 6 times	.	26%	Too few students
		Everyday	.	45%	Too few students

	Male	Never	.	6%	Too few students
		1 to 3 times	.	13%	Too few students
		4 to 6 times	.	23%	Too few students
		Everyday	.	59%	Too few students

Total	Never		16%	7%	SU/SD statistically higher
	1 to 3 times		20%	17%	
	4 to 6 times		23%	24%	
	Everyday		41%	52%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	.	41%	Too few students
	8th	.	39%	Too few students
Sex	Female	.	38%	Too few students
	Male	.	44%	Too few students
Total		48%	41%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Rivendell Interstate	Vermont	Notes
Grade	6th	Never	.	8%	Too few students
		1 to 4 days	.	32%	Too few students
		5 to 6 days	.	27%	Too few students
		Everyday	.	33%	Too few students

	7th	Never	.	7%	Too few students
		1 to 4 days	.	34%	Too few students
		5 to 6 days	.	28%	Too few students
		Everyday	.	31%	Too few students

	8th	Never	.	8%	Too few students
		1 to 4 days	.	36%	Too few students
		5 to 6 days	.	27%	Too few students
		Everyday	.	29%	Too few students

Sex	Female	Never	.	8%	Too few students
		1 to 4 days	.	39%	Too few students
		5 to 6 days	.	30%	Too few students
		Everyday	.	23%	Too few students

	Male	Never	.	8%	Too few students
		1 to 4 days	.	29%	Too few students
		5 to 6 days	.	25%	Too few students
		Everyday	.	38%	Too few students

Total	Never		.	8%	Too few students
	1 to 4 days		23%	34%	SU/SD statistically lower
	5 to 6 days		35%	27%	SU/SD statistically higher
	Everyday		37%	31%	SU/SD statistically higher

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Rivendell Interstate	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 4 days	.	19%	Too few students
		Everyday	.	48%	Too few students

	7th	0 days	.	30%	Too few students
		1 to 2 days	.	17%	Too few students
		3 to 4 days	.	17%	Too few students
		Everyday	.	36%	Too few students

	8th	0 days	.	33%	Too few students
		1 to 2 days	.	16%	Too few students
		3 to 4 days	.	16%	Too few students
		Everyday	.	35%	Too few students

Sex	Female	0 days	.	28%	Too few students
		1 to 2 days	.	18%	Too few students
		3 to 4 days	.	17%	Too few students
		Everyday	.	38%	Too few students

	Male	0 days	.	28%	Too few students
		1 to 2 days	.	15%	Too few students
		3 to 4 days	.	17%	Too few students
		Everyday	.	40%	Too few students

Total	0 days		32%	28%	
	1 to 2 days		12%	16%	SU/SD statistically lower
	3 to 4 days		17%	17%	
	Everyday		40%	39%	

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Rivendell Interstate	Vermont	Notes
Grade	6th	1 hour or less per day	.	60%	Too few students
		2 to 4 hours per day	.	34%	Too few students
		5 or more hours per day	.	6%	Too few students

	7th	1 hour or less per day	.	57%	Too few students
		2 to 4 hours per day	.	37%	Too few students
		5 or more hours per day	.	6%	Too few students

	8th	1 hour or less per day	.	57%	Too few students
		2 to 4 hours per day	.	37%	Too few students
		5 or more hours per day	.	7%	Too few students

Sex	Female	1 hour or less per day	.	57%	Too few students
		2 to 4 hours per day	.	37%	Too few students
		5 or more hours per day	.	6%	Too few students

	Male	1 hour or less per day	.	58%	Too few students
		2 to 4 hours per day	.	35%	Too few students
		5 or more hours per day	.	7%	Too few students

Total	1 hour or less per day		44%	58%	SU/SD statistically lower
	2 to 4 hours per day		44%	36%	SU/SD statistically higher
	5 or more hours per day		11%	6%	SU/SD statistically higher

*5 Nutrition and Physical Activity***5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Rivendell Interstate	Vermont	Notes
Grade	6th	1 hour or less per day	.	55%	Too few students
		2 to 4 hours per day	.	33%	Too few students
		5 or more hours per day	.	12%	Too few students

	7th	1 hour or less per day	.	46%	Too few students
		2 to 4 hours per day	.	40%	Too few students
		5 or more hours per day	.	14%	Too few students

	8th	1 hour or less per day	.	40%	Too few students
		2 to 4 hours per day	.	41%	Too few students
		5 or more hours per day	.	19%	Too few students

Sex	Female	1 hour or less per day	.	48%	Too few students
		2 to 4 hours per day	.	37%	Too few students
		5 or more hours per day	.	15%	Too few students

	Male	1 hour or less per day	.	44%	Too few students
		2 to 4 hours per day	.	41%	Too few students
		5 or more hours per day	.	15%	Too few students

Total	1 hour or less per day		46%	46%	
	2 to 4 hours per day		38%	39%	
	5 or more hours per day		16%	15%	

*5 Nutrition and Physical Activity***5.07 Number of days in the average week students went online for something not school-related**

			Rivendell Interstate	Vermont	Notes
Grade	6th	Never	.	22%	Too few students
		1 to 5 days	.	45%	Too few students
		At least six days	.	33%	Too few students

	7th	Never	.	16%	Too few students
		1 to 5 days	.	41%	Too few students
		At least six days	.	42%	Too few students

	8th	Never	.	11%	Too few students
		1 to 5 days	.	34%	Too few students
		At least six days	.	55%	Too few students

Sex	Female	Never	.	13%	Too few students
		1 to 5 days	.	41%	Too few students
		At least six days	.	46%	Too few students

	Male	Never	.	18%	Too few students
		1 to 5 days	.	38%	Too few students
		At least six days	.	44%	Too few students

Total	Never		13%	15%	
	1 to 5 days		34%	39%	
	At least six days		52%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	81%	Too few students
	7th	.	80%	Too few students
	8th	.	78%	Too few students
Sex	Female	.	80%	Too few students
	Male	.	79%	Too few students
Total		77%	79%	

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	60%	Too few students
	7th	.	56%	Too few students
	8th	.	51%	Too few students
Sex	Female	.	50%	Too few students
	Male	.	59%	Too few students
Total		42%	55%	SU/SD statistically lower

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	69%	Too few students
	7th	.	62%	Too few students
	8th	.	59%	Too few students
Sex	Female	.	62%	Too few students
	Male	.	64%	Too few students
Total		51%	63%	SU/SD statistically lower

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Rivendell Interstate	Vermont	Notes
Grade	6th	.	45%	Too few students
	7th	.	44%	Too few students
	8th	.	39%	Too few students
Sex	Female	.	42%	Too few students
	Male	.	43%	Too few students
Total		51%	43%	SU/SD statistically higher