

The Vermont Department of Health, Division of Substance Use Programs (DSU) supports recovery housing services for Vermonters with substance use disorder and their families.

KEY POINT

- **Stable housing supports recovery for Vermonters with substance use disorder and their families**

What is the goal?

Vermonters with substance use disorder and their families may require access to safe, supportive recovery housing while they build recovery capital and develop sober living skills. In early recovery, people often have limited financial means, unemployment or unstable employment and limited healthy social support systems. Recovery housing services offer them the time and support to rebuild their lives.

In addition to supported recovery housing, some people in early recovery benefit from sober housing as a place to build recovery capital and develop healthy social supports while living with others in recovery who are working on similar goals.

What are the eligibility requirements to enter recovery housing?

- Most providers require that people refrain from using alcohol and drugs for a period, to ensure that they are medically stable and not at risk for acute withdrawal symptoms.
- People are expected to be either transitioning from residential treatment or another higher level of care or are actively engaged in other treatment services.

Who provides recovery housing services?

Recovery housing is coordinated with providers supported by the Agency of Human Services to ensure that the needs of Vermonters are met. The following recovery housing providers serve Vermonters with substance use disorder:

- Good Samaritan Haven, Barre
- Shires Housing Inc., Bennington
- Springfield Supported Housing Program, Springfield
- Second Wind Foundation, Wilder
- Vermont Foundation of Recovery, Inc., St. Johnsbury, St. Albans, Essex, Morrisville, Barre, and Rutland
- Jenna's Promise, Johnson

**Helping Vermonters
recover from substance
use disorder by
providing stable
housing.**

For more information, contact ahs.vdhdsu@vermont.gov, with subject line "2024 Annual Overview: Recovery Housing."