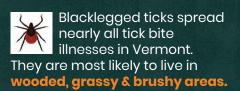
BE TICK * SMART

PROTECT · CHECK · REMOVE · WATCH





Your chance of getting a tick bite is highest from **May to November.**

Talk to your doctor if you feel sick with **fever**, **aches**, **a rash**, or other symptoms.

How to prevent tick bites:

- Use an EPA-approved tick repellent on skin.
- Do regular ticks checks on yourself, family, and pets.
- Shower soon after spending time outdoors.

HealthVermont.gov/BeTickSmart

