Universal HIV Counseling and Voluntary HIV Testing for Pregnant Women

Preconception Counseling and Care *

- Provide HIV counseling and offer testing to women before pregnancy or as early in pregnancy as possible

Universal Opt-Out Screening of Pregnant Women *

- Notify woman that HIV screening is part of routine prenatal panel unless she declines
- Provide oral or written information that includes an explanation of HIV infection, meaning of results, treatment opportunities
- No additional process or written documentation of informed consent, beyond what is required for other routine prenatal tests, should be required for HIV testing

HIV Test Declined *

- Discuss and address reasons for declining HIV test
- Document decision not to test in chart
- Re-offer HIV test at another visit
- In Labor & Delivery settings, recommend that infant receives an HIV test as soon as possible after birth

HIV Test Performed

HIV Negative Post-Test Counseling

- Provide result and meaning of result
- Document test result in chart
- Discuss partner HIV testing, risk reduction
- Retest in 3rd trimester as necessary *

HIV-Positive and Preliminary Positive Post-Test Counseling

- Provide result and meaning of result
- Document test result in chart
- Discuss treatment and support services
- Refer
- Discuss partner testing and disclosure
- Refer to voluntary Partner Counseling Referral Services (PCRS)
- Discuss infant care

*** When to Test for HIV**

- Offer testing prior to conception, as early as possible in each pregnancy and again in the 3rd trimester for women who:
  - Are known to be at high risk for HIV (e.g., injection drug users and their sex partners, women who exchange sex for drugs or money, women who are sex partners of HIV-infected persons, and women who have had a new or more than one sex partner during this pregnancy)
  - Women who have signs or symptoms consistent with acute HIV infection
- Offer rapid or expedited standard HIV testing in labor and delivery settings to women with undocumented or unknown HIV status. If declined, recommend that infant receives an HIV test as soon as possible after birth

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DEPARTMENT OF HEALTH

Source Document: Protocol Wall Chart for Antenatal Care
http://www.womenchildrenhiv.org/doc/p05-vc/vc-10-00/anc-wall.A4.doc