

STATEMENT OF PURPOSE:

All schools shall have a drug, alcohol and tobacco policy consistent with the State Board of Education guidelines.

AUTHORIZATION/LEGAL REFERENCE:

16 V.S.A. Chapter 25 § 1165 – Alcohol and drug abuse

<http://legislature.vermont.gov/statutes/section/16/025/01165>

16 V.S.A. § 909 - Tobacco use, alcohol and drug abuse prevention education curriculum

<http://legislature.vermont.gov/statutes/section/16/023/00909>

Vermont Education Quality Standards, Section 2120.5. Curriculum Content

<http://education.vermont.gov/documents/state-board-rules-series-2000>

Vermont Agency of Education – VT Standards Board for Professional Educators 5440-65/65A School Nurse/
Associate School Nurse (April 12, 2017) <http://education.vermont.gov/documents/educator-quality-licensing-rules#page34> pg. 132- 137

REQUIRED SCHOOL NURSE/ASSOCIATE SCHOOL NURSE ROLES:

Health services, including health appraisal and counseling, communicable disease control, mental health, and emergency and first aid care, shall be made available in a confidential manner to students in each school. These health services shall be delivered in accordance with the school district's written policies and procedures, which shall be developed in collaboration with parents and community health resources ([EQS, 2014, pg. 11](#))

- Follow standard first aid and EMS procedures when encountering students, school personnel, or visitors who may be impaired or ill from alcohol or other drugs.
- Follow your school's protocol if your school has a protocol for naloxone and it is available. Regularly evaluate and revise it to reflect current best standards of care.

SUGGESTED SCHOOL NURSE/ASSOCIATE SCHOOL NURSE ROLES:

- Be knowledgeable about the signs and symptoms of substance use, the substances available and the prevalence of use in the community.
- Be knowledgeable of trauma informed care and how substance abuse could be related to depression, and suicide.
- Work with your school's counselor(s) and/or student assistance personnel (SAP) using Use Youth Risk Behavior Survey (YRBS) data to evaluate and inform school community in trends. Use this data to plan interventions and create action plans to educate students about healthy choices and risk behaviors. Attend Getting to 'Y' training (hosted by [Up For Learning](#)) with school youth team.
- Obtain training in Drug Impairment Testing for Educational Professionals (see SAMPLES).
- Be an advocate for substance abuse prevention and services on your district's Wellness Council/ Whole School, Whole Community Whole Child team.
- Collaborate with school's administration to help support existing or create tobacco-free campus policy regarding alcohol or other drugs
- Collaborate with the school's administration to create a referral procedure for students who exhibit signs and symptoms of being under the influence of ATODs while on school grounds or for students who display a preoccupation with ATODs.

- Assist in educating the faculty and staff about the signs and symptoms of substance use and about the school's referral procedure.
- Collaborate with the school's administration, school counselors and student assistance personnel (SAP) to develop a *substance use assessment form* (form for assessment of impaired function due to substance use). See SAMPLES – Clinical Sobriety Assessment.
- Collaborate with the schools' administration and student assistance personnel to determine the evidence-based substance abuse screening tool(s) to be used and who will screen using these tools (can be more than one person). Receive training for duties that fall within job description, as needed.
- Collaborate with the Vermont Department of Health ([VDH Offices of Local Health](#)), School Liaisons and Prevention Consultants to locate information, training, and grant opportunities.
- Learn if your district has received funding from VDH as part of the [School Based Substance Abuse Services program](#).
- Learn if your district has received funding from AOE as part of the [Comprehensive School-based Tobacco Use Prevention Program](#).
- Be a resource for students and parents regarding ATODs; provide pamphlets, displays, bulletin boards and tobacco cessation groups.
- Educate parents about the use of substances in your school's newsletter.
- Become an advisor for a student prevention group, including Our Voices eXposed and Vermont Kids Against Tobacco.

RESOURCES:

Beers, N.S., Jimenez, M. E. Mental Health and Social Services, Chp. 6 Sec. 2 Mental Health. In

School Health: Policy and Practice, 7th edition by the American Academy of Pediatrics, Committee on School Health, 2016 (pp.229)

VDH; Health Screening for Children & Adolescents <http://www.healthvermont.gov/children-youth-families/health-care-children-youth/health-care-and-screening-guidelines>

Legal Action Center: *Federal Alcohol & Drug Confidentiality Rules and SBIRT Services*

The Legal Action Center is creating a series of tools explaining how the federal alcohol and drug confidentiality rules apply to Screening, Brief Intervention and Referral to Treatment (SBIRT) services for youth. Tool #1, below, is complete. Stay tuned for additional tools once they are developed. <https://lac.org/confidentiality-sbirt/>

National Association of School Nurses

<https://schoolnursenet.nasn.org/blogs/sharon-conley/2017/03/10/naloxone-in-schools-toolkit>

Northern New England Poison Control: <https://www.nnepc.org/>

- How is drug abuse poisoning? <https://www.nnepc.org/national-news/how-is-drug-abuse-a-poisoning>

Vermont Agency of Education: <http://education.vermont.gov/student-support/healthy-and-safe-schools/substance-abuse>

Vermont Department of Health

- School Liaisons and Prevention Consultants can be found by contacting your Office of Local Health: http://healthvermont.gov/local/district/district_office.aspx

- Youth Prevention Tobacco Control Program – student prevention groups and student smoking cessation groups. <http://healthvermont.gov/prevent/tobacco/youth.aspx>
- Youth Risk Behavior Survey <http://healthvermont.gov/research/yrbs.aspx>
- Standards of Practice: School Health Services Manual, Section on Medications, Naloxone
- <http://www.healthvermont.gov/family/school/standards-practice-school-health-services-manual>
Vermont's 802Quits Quitline is accessible to teens at 1-800-QUIT-NOW.
- Smoking cessation groups available to youth are the NOT program through the American Lung Association (802) 876-6862.
- Youth prevention groups are available in nineteen Supervisory Unions throughout Vermont.
- Vermont Kids Against Tobacco (VKAT), and Our Voices Xposed (OVX) is a youth led movement model against tobacco educate, inform and empower teens to reduce tobacco use through community engagement strategies. To learn more, contact the Agency of Education at 802-479-1437

School-based Alcohol Tobacco and other Drugs Prevention Education & Legislation

<http://education.vermont.gov/sites/aoe/files/documents/edu-healthy-safe-schools-comprehensive-alcohol-tobacco-drug-prevention.pdf>

School-based Tobacco Use Prevention Program

(including free training, resources, and grant funding for school-based tobacco use prevention programming):

<http://education.vermont.gov/student-support/healthy-and-safe-schools/substance-abuse>

Whole School, Whole Community, Whole Child

<http://education.vermont.gov/sites/aoe/files/documents/edu-healthy-safe-schools-whole-school-whole-community-whole-child.pdf>

- Journal of School Health, Vol. 85 (11) several relevant articles
<http://onlinelibrary.wiley.com/doi/10.1111/josh.2015.85.issue-11/issuetoc?campaign=woletoc>

Sample Policies Procedures and Forms:

[Clinical Sobriety Checklist - IRETA:](#)

<http://ireta.org/>

Drug Impairment Training for Educational Professionals (DITEP):

CONTACT INFORMATION:

Lieutenant John Flannigan | Commander
Vermont State Police | Traffic Operations
2777 Saint George Road | Williston, VT 05495
802-872-4045 | 802-872-4088 (fax)
www.vtsp.org

Vermont School Board Sample Policies

Alcohol and Drugs

Substance Abuse Incidents

Tobacco Prohibition

These (above) may be found here and can be helpful *starting* point for creating more comprehensive tools: <http://www.vtvsba.org/model-policy-manual>