	1			
First, we would like to ask a few questions	6. How tall are you without shoes?			
about you and the time before you got pregnant with your new baby. Please check the box next to your answer.	Feet Inches			
1. Just before you got pregnant, did you have	OR Centimeters			
health insurance? Do not count Medicaid.	7. Would you say that, in general, your			
□ No □ Yes	health is—			
	Excellent Very good			
2. Just before you got pregnant, were you on Medicaid?	Good Fair			
□ No □ Yes	Poor			
	8. Before you got pregnant with your new baby, did you talk with a doctor, nurse, or			
3. During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin or a prenatal	other health care worker to prepare for a healthy pregnancy and baby?			
vitamin? These are pills that contain many different vitamins and minerals.	□ No □ Yes			
<ul> <li>☐ I didn't take a multivitamin or a prenatal vitamin at all</li> <li>☐ 1 to 3 times a week</li> <li>☐ 4 to 6 times a week</li> </ul>	9. Before you got pregnant with your new baby, did you ever have any other babies who were born alive?			
☐ Every day of the week	☐ No → Go to Page 2, Question 12			
4. What is <i>your</i> date of birth?				
Month Day Year	10. Did the baby born <i>just before</i> your new one weigh 5 pounds, 8 ounces (2.5 kilos) <i>or less</i> at birth?			
Month Day Year	☐ No			
5. <i>Just before</i> you got pregnant with your new baby, how much did you weigh?	☐ Yes			
Pounds <b>OR</b> Kilos	11. Was the baby <i>just before</i> your new one born <i>more</i> than 3 weeks before its due date?			
Tourids OR Kilos	□ No □ Yes			

The next questions are about the time when you got pregnant with your <i>new</i> baby.			par	nat were your or you tner's reasons for r p from getting preg	not doing anything to
12.	Thinking back to just a pregnant with your ne feel about becoming p	w baby, how did you		I didn't mind if I go I thought I could no time	Check all that apply of pregnant of get pregnant at that
13.	☐ I wanted to be preg☐ I wanted to be preg☐ I wanted to be preg☐ I didn't want to be or at any time in the  When you got pregnar baby, were you trying	nant later nant then pregnant then e future  at with your new		I had side effects fr method I was using I had problems gett I needed it I thought my husba sterile (could not go My husband or part anything	and or partner or I was et pregnant at all) ther didn't want to use
	No Yes —	Go to Question 16		Other ———	► Please tell us:
14.	When you got pregnant were you or your husb anything to keep from (Some things people do pregnant include not has [rhythm] or withdrawal, methods such as the pill ring, IUD, having their to partner having a vasector	and or partner doing getting pregnant? to keep from getting ving sex at certain times and using birth control , condoms, cervical ubes tied, or their	care yo pregna a docto before and ad	ou received during ncy. Prenatal car or, nurse, or other your baby was bo vice about pregnathe calendar when	bout the prenatal g your most recent re includes visits to health care worker orn to get checkups ancy. (It may help to you answer these
	☐ Yes — ➤	Go to Question 16	you (Fo	when you were sur	nonths pregnant were re you were pregnant? a pregnancy test or a were pregnant.)
				Weeks OR I don't remember	Months

17.	you when you had your first visit for prenatal care? Do not count a visit that was only for a	If you did not go for prenatal care, go to Page 4, Question 24.			
	pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women,	20. How was your prenatal care paid for?			
	Infants, and Children).	Check <u>all</u> that apply			
18.	Weeks OR Months  ☐ I didn't go for prenatal care  Did you get prenatal care as early in your pregnancy as you wanted?  ☐ No ☐ Yes	<ul> <li>□ Medicaid</li> <li>□ Personal income (cash, check, or credit card)</li> <li>□ Health insurance or HMO (including insurance from your work or your husband's work)</li> <li>□ Dr. Dynasaur</li> <li>□ Other → Please tell us:</li> </ul>			
19.	☐ I didn't want prenatal care ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	21. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each item, circle Y (Yes) if someone talked with you about it or circle N (No) if no one talked with you about it.			
a. b. c. d. e. f. g. h. i.	I couldn't get an appointment when I wanted one N Y I didn't have enough money or insurance to pay for my visits N Y I had no way to get to the clinic or doctor's office N Y I couldn't take time off from work N Y The doctor or my health plan would not start care as early as I wanted N Y I didn't have my Medicaid card N Y I had no one to take care of my children N Y I had too many other things going on N Y I didn't want anyone to know I was pregnant N Y Other N Y Please tell us:	a. How smoking during pregnancy could affect my baby			
		k. Physical abuse to women by their			

22.	During any of your prenatal care visits, did	27. Why did you turn down the HIV test?		
	a doctor, nurse, or other health care worker talk with you about how much weight you	Check all that apply		
23.	should gain during your pregnancy?  No Yes  During any of your prenatal care visits, did a doctor, nurse, or other health care worker	<ul> <li>☐ I did not think I was at risk for HIV</li> <li>☐ I did not want people to think I was at risk for HIV</li> <li>☐ I was afraid of getting the result</li> <li>☐ I was tested before this pregnancy, and did not think I needed to be tested</li> </ul>		
	ask you—	again Go to Question 29		
a. b.	No Yes How much alcohol you were drinking	Other Please tell us:		
c.	emotionally or physically N Y  If you were using illegal drugs	28. Had you been tested for HIV <i>before</i> this pregnancy?		
d. If you planned to use b	crack, etc.)	☐ No — → ☐ Go to Question 30 ☐ Yes ☐ I don't know → ☐ Go to Question 30 ☐ Go to Question 30		
24.	At any time during your most recent pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?	29. When were you tested <i>before</i> this pregnancy?		
	□ No	Check <u>one</u> answer		
	Yes — Go to Question 30  I don't know	<ul> <li>□ Less than 6 months before you got pregnant</li> <li>□ 6 months to 1 year before you got</li> </ul>		
25.	Were you <i>offered</i> an HIV test during your most recent pregnancy or delivery?	pregnant  More than 1 year before you got pregnant		
	<ul> <li>□ No</li></ul>	30. Some health experts recommend taking folic acid for which one of the following reasons?		
26.	Did you turn down the HIV test?	Check <u>one</u> answer		
	□ No — → Go to Question 28 □ Yes	☐ To make strong bones ☐ To prevent birth defects ☐ To prevent high blood pressure ☐ I don't know		

If you did not have any of these problems, go

to Question 34.

The next questions are about your most recent pregnancy and things that might have happened during your pregnancy.

11a	re nappened during your pregnancy.	
31.	During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?	33. Did you do any of the following things because of these problems? For each item, circle Y (Yes) if you did that thing or circle N (No) if you did not.
	□ No □ Yes	a. I went to the hospital or emergency room and stayed less than 1 day N Y
32.	<b>Did you have any of these problems during your most recent pregnancy?</b> For each item, circle <b>Y</b> (Yes) if you had the problem or circle <b>N</b> (No) if you did not.	b. I went to the hospital and stayed  1 to 7 days
a.	No Yes High blood sugar (diabetes) that started before this pregnancy N Y	d. I stayed in bed at home more than 2 days because of my doctor's or nurse's advice
b. c. d. e. f. g. h. i.	High blood sugar (diabetes) that started during this pregnancy N Y Vaginal bleeding N Y Kidney or bladder (urinary tract) infection N Y Severe nausea, vomiting, or dehydration N Y Cervix had to be sewn shut (incompetent cervix) N Y High blood pressure, hypertension (including pregnancy-induced hypertension [PIH]), preeclampsia, or toxemia N Y Problems with the placenta (such as abruptio placentae or placenta previa) N Y Labor pains more than 3 weeks before my baby was due (preterm or early labor) N Y Water broke more than 3 weeks before my baby was due (premature rupture of membranes [PROM]) N Y I had to have a blood transfusion N Y I was hurt in a car accident N Y	The next questions are about smoking cigarettes and drinking alcohol.  34. Have you smoked at least 100 cigarettes in the past 2 years? (A pack has 20 cigarettes.)  No Fo to Page 6, Question 38  35. In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)  41 cigarettes or more 21 to 40 cigarettes 11 to 20 cigarettes 6 to 10 cigarettes 1 to 5 cigarettes 1 to 5 cigarettes 1 to 5 cigarettes 1 to 5 cigarettes 1 None (0 cigarettes)

36. In the <i>last 3 months</i> of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)	39b. During the <i>3 months before</i> you got pregnant, how many times did you drink 5 alcoholic drinks or more in one sitting?		
☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ None (0 cigarettes)	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 5 drinks or more in 1 sitting ☐ I didn't drink then		
37. How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.)	40a. During the <i>last 3 months</i> of your pregna how many alcoholic drinks did you have an average week?		
☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ None (0 cigarettes)	☐ 14 drinks or more a week ☐ 7 to 13 drinks a week ☐ 4 to 6 drinks a week ☐ 1 to 3 drinks a week ☐ Less than 1 drink a week ☐ I didn't drink then		
<b>38.</b> Have you had any alcoholic drinks in the <i>past 2 years?</i> (A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.)	40b. During the <i>last 3 months</i> of your pregnancy, how many times did you drink 5 alcoholic drinks or more in one sitting?		
□ No — → Go to Question 41 □ Yes	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time		
39a. During the <i>3 months before</i> you got pregnant, how many alcoholic drinks did you have in an average week?	☐ I didn't have 5 drinks or more in 1 sitting ☐ I didn't drink then		
☐ 14 drinks or more a week ☐ 7 to 13 drinks a week ☐ 4 to 6 drinks a week ☐ 1 to 3 drinks a week ☐ Less than 1 drink a week ☐ I didn't drink then			

The next questions are about the time

during the 12 months before you got

pregnant with your new baby.

Pregnancy can be a difficult time for some women. These next questions are about things that may have happened before and during your most recent pregnancy.

41.	This question is about things that may have happened during the 12 months before your new baby was born. For each item, circle Y (Yes) if it happened to you or circle N (No) if it did not. (It may help to use the calendar.)	43a. During the 12 months before you got pregnant, did an ex-husband or ex-partne push, hit, slap, kick, choke, or physically hurt you in any other way?  □ No □ Yes
a.	No Yes A close family member was very sick	43b. During the 12 months before you got
b.	and had to go into the hospital $\dots$ N Y I got separated or divorced from my	pregnant, were you physically hurt in any way by your husband or partner?
c. d. e.	husband or partner N Y I moved to a new address N Y I was homeless N Y My husband or partner lost his job N Y	□ No □ Yes
f.	I lost my job even though I wanted to go on working	The next questions are about the time during your most recent pregnancy.
h. i. j.	more than usual	44a. During your most recent pregnancy, did a ex-husband or ex-partner push, hit, slap, kick, choke, or physically hurt you in any other way?
k. l.	My husband or partner or I went to jail	□ No □ Yes
m.	problem with drinking or drugs $\dots$ N Y Someone very close to me died $\dots$ N Y	44b. During your most recent pregnancy, were you physically hurt in any way by your husband or partner?
42.	During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food?	□ No □ Yes
	□ No □ Yes	

O		
and	e next questions are about your labor d delivery. (It may help to look at the endar when you answer these questions.)	The next questions are about the time since your new baby was born.
45.	When was your baby due?	50. After your baby was born, was he or she put in an intensive care unit?
46.	Month Day Year  When did you go into the hospital to have	☐ No ☐ Yes ☐ I don't know  51. After your baby was born, how long did he
	your baby?  Month Day Year  I didn't have my baby in a hospital	or she stay in the hospital?  Less than 24 hours (less than 1 day) 24 to 48 hours (1 to 2 days) 3 days 4 days 5 days
47.	When was your baby born?  Month Day Year	☐ 6 days or more ☐ My baby was not born in a hospital ☐ My baby is still in the hospital → Go to Question 54  52. Is your baby alive now?
48.	When were you discharged from the hospital after your baby was born? (It may help to use the calendar.)	□ No → Go to Page 11, Question 68 □ Yes
	Month Day Year  ☐ I didn't have my baby in a hospital	53. Is your baby living with you now?  ☐ No → Go to Page 11, Question 68 ☐ Yes
49.	How was your delivery paid for?  Check all that apply  Medicaid Personal income (cash, check, or credit card) Health insurance or HMO (including insurance from your work or your husband's work) Dr. Dynasaur Other Please tell us:	54. Did you ever breastfeed or pump breast milk to feed your new baby after delivery?  ☐ No ☐ Yes

55.		at were your reason r new baby?	s for not breastfeeding	58. What were your reasons for stopping breastfeeding?		
			Check <u>all</u> that apply			Check all that apply
56.	you o to How breez	My baby was sick a breastfeed I was sick or on me I had other children I had too many hou I didn't like breastf I didn't want to be I was embarrassed I went back to work I wanted my body be Other ————————————————————————————————————	dicine to take care of sehold duties eeding died down to breastfeed to or school back to myself Please tell us:  your new baby, 0.  ding or feeding new baby?  Go to Question 59  nonths did you dik to feed your baby?	59. Ho feed min covels	I thought my baby enough weight My baby got sick My nipples were s I thought I was no I had too many ot I felt it was the rig breastfeeding I got sick and cou I went back to wo I wanted or neede the baby My baby was jaur skin or whites of t Other  Ow old was your bat him or her anyth lk? Include formul w's milk, water, sug e you fed your baby  Weeks OR  My baby was less	culty nursing did not satisfy my baby was not gaining and could not breastfeed fore, cracked, or bleeding the producing enough milk ther household duties ght time to stop and the second did someone else to feed and did did someone else to feed and did did someone else to feed and did someone else to feed and did baby food, juice, ar water, or anything water, or anything than 1 week old baby anything besides and hospital,

60. This question asks about things that may have happened at the hospital where your new				62. How do you <i>most often</i> lay your baby down to sleep now?		
	<b>baby was born.</b> For each item, circle <b>Y</b> (Ye it happened or circle <b>N</b> (No) if it did not hap				Check one answer	
a.	*	Yes		On his or her side On his or her back		
b.	about breastfeeding	Y		On his or her stoma	ach	
c.	with me at the hospital $\dots$ N I breastfed my baby in the hospital $\dots$ N	Y Y		w often does your n ne bed with you or a	ew baby sleep in the anyone else?	
<ul><li>d.</li><li>e.</li><li>f.</li><li>g.</li></ul>	I breastfed my baby in the first hour after my baby was born N Hospital staff helped me learn how to breastfeed N My baby was fed only breast milk at the hospital N Hospital staff told me to breastfeed	Y Y Y		Always Often Sometimes Rarely Never		
h.	whenever my baby wanted N Y.  The hospital gave me a gift pack with formula N Y.  The hospital gave me a telephone number to call for help with breastfeeding N Y.	Y	or	•	en by a doctor, nurse, orker during the first ft the hospital?	
i.				No Yes		
j.	hospital N		(A		a well-baby checkup? a regular health visit for or 6 months of age.)	
	your baby is still in the hospital, go to uestion 68.			No Yes		
61.	About how many hours a day, on average is your new baby in the same room with someone who is smoking?			s your new baby go wanted for a well-	ne as many times as baby checkup?	
	Hours			No Yes —	Go to Question 68	
	☐ Less than 1 hour a day ☐ My baby is never in the same room with someone who is smoking					

0/.		i any of these things ring a well-baby che	ckup?  Check <u>all</u> that apply	had (A)	ce your new baby wo l a postpartum checkup oman has after she g	ckup for yourself? is the regular checkup
		to pay for it I had no way to get	h money or insurance my baby to the clinic		No Yes	
	or office  ☐ I didn't have anyone to take care of my other children ☐ I couldn't get an appointment ☐ My baby was too sick to go for routine		during	The next few questions are about the time during the 12 months before your new bab was born.		
		care Other		was	ring the 12 months s born, what were t usehold's income?	before your new baby
						Check <u>all</u> that apply
	any (Son preg time content their	withing now to keep firme things people do gnant include not haves [rhythm] or without trol methods such as vical ring, IUD, having partner having a value of Yes	rawal, and using birth the the pill, condoms, and their tubes tied, or asectomy.)  Go to Question 70  Thusband's or anot doing anything to		or rental income Aid such as Tempo Needy Families (T. public assistance, g stamps, or Supplen Unemployment ber Child support or al Social security, wo	y or friends iness, fees, dividends, orary Assistance for ANF), welfare, WIC, general assistance, food mental Security Income nefits imony orkers' compensation, benefits, or pensions
	1100		Check <u>all</u> that apply			
		use anything	birth control tner doesn't want to get pregnant (sterile)			

12.	was born, what was your total household income before taxes? Include your income,		describes the rules about smoking <i>inside</i> your home now?	
	your husband's or partner's income, and any other income you may have used. (All		Check one answer	
	information will be kept private and will not affect any services you are now getting.)  Check one answer  Less than \$10,000  \$10,000 to \$14,999  \$15,000 to \$19,999		<ul> <li>No one is allowed to smoke anywhere inside my home</li> <li>Smoking is allowed in some rooms or at some times</li> <li>Smoking is permitted anywhere inside my home</li> </ul>	
	□ \$20,000 to \$24,999 □ \$25,000 to \$34,999 □ \$35,000 to \$49,999 □ \$50,000 or more  During the 12 months before your new baby was born, how many people, including yourself, depended on this income?		During the 3 months before you got pregnant with your new baby, how often did you participate in any physical activities or exercise for 30 minutes or more? (For example, walking for exercise, swimming, cycling, dancing, or gardening.) Do not count exercise you may have done as part of your regular job.	
73.				
	People		<ul> <li>Less than 1 day per week</li> <li>1 to 4 days per week</li> <li>5 or more days per week</li> </ul>	
The next few questions are on a variety of topics.  74. Which of the following statements best describes the rules about smoking <i>inside</i> your home during your most recent		П	During the last 3 months of your most recent pregnancy, how often did you participate in any physical activities or exercise for 30 minutes or more? Do not count exercise you may have done as part of your regular job.	
	Pregnancy?  Check one answer  No one was allowed to smoke anywhere inside my home  Smoking was allowed in some rooms or some times	nt	<ul> <li>☐ Less than 1 day per week</li> <li>☐ 1 to 4 days per week</li> <li>☐ 5 or more days per week</li> <li>☐ I was told by a doctor, nurse, or other health care worker not to exercise</li> </ul>	
	☐ Smoking was permitted anywhere inside my home		your baby is not alive or is not living with u, go to Question 80.	

82b. Since your new baby was born, how often have you had little interest or little pleasur in doing things?				
83. This question is about things that may have happened during your most recent pregnancy. For each thing, circle Y (Yes) if it happened to you or circle N (No) if it did not.  During your most recent pregnancy—				
No Yes N Y				
N Y				
N Y				

14							
84.	This question is about things that may h	ave	87.	What is to	oday's date	?	
	happened since your most recent deliver						
	For each thing, circle Y (Yes) if it happened	ed to					
	you or circle <b>N</b> (No) if it did not.						
				Month	Day	Year	
	Since your most recent delivery—						
	No	Yes					
a.	Your ex-husband or ex-partner pushed,	103					
а.	hit, slapped, kicked, choked, or						
	physically hurt you in any other way N	Y					
b.	Your husband or partner physically	1					
υ.	hurt you in any way	Y					
0	Your husband or partner threatened	1					
c.	you or made you feel unsafe in						
	some way N	Y					
d.	You were frightened for the safety of	1					
u.	yourself or your family because of the						
	anger or threats of your husband						
	or partnerN	Y					
e.	Your husband or partner tried to	1					
C.	control your daily activities, for						
	example, controlling who you could						
	talk to or where you could go N	Y					
f.	Your husband or partner forced you to						
1.	take part in any sexual activity when						
	you did not want to (including touch						
	that made you uncomfortable) N	Y					
	that made you unconnortable)	1					
85.	Have you ever had your teeth cleaned by	a					
	dentist or dental hygienist?						
	☐ No — → Go to Question	97					
	Yes	67					
	ics ics						
96	When did you have your teeth cleaned b	v a					
00.	dentist or dental hygienist? For each of						
	three time periods, circle <b>Y</b> (Yes) if you ha						
	your teeth cleaned then or circle N (No) if						
	did not have your teeth cleaned then.						
	No	Yes					
a.	Before my most recent pregnancy N	Y					
b.	During my most recent pregnancy N	Y					
c.	After my most recent pregnancyN	Y					

Please use this space for any additional comments you would like to make about the health of mothers and babies in Vermont.

Thanks for answering our questions!

Your answers will help us work to make Vermont mothers and babies healthier.