

2015 Vermont Youth Risk Behavior Survey Report

Report for Bennington Rutland SU

Survey Format in 2015

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Bennington Rutland SU. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx>. Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Bennington Rutland who participated in the 2015 YRBS:

High School- Grades 9-12

Burr & Burton Academy

Middle School- Grades 6-8

Dorset School

Flood Brook USD #20

Manchester Elementary/Middle School

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How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst> .

How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors¹ and is associated with serious injury.^{2,3} Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.^{4,5,6}
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,^{7,8} poor academic achievement,⁸ and violent behavior.⁹
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.¹⁰ Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.¹¹
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.¹² Despite this, less than one quarter of bicyclists wear helmets.¹²
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.¹³ Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.¹⁴

Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,¹⁵ and about one-third of all motor vehicle crash fatalities.¹⁶ Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.^{17,18}
- Tobacco use is the single most preventable cause of death in the United States,¹⁹ contributing to more than one in five deaths.²⁰ Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.¹⁹
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.²¹ Other reactions include feelings of distrust, anxiety, or depression.²¹ In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.²²
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.²³
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.²⁴ As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.²⁴ Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.²⁴

Sexual Behavior and Orientation

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,²⁵ and negative effects on social and psychological development.²⁶ Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.²⁷
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.²⁸ STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.²⁶ Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.²⁹
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.³⁰

Body Image

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.³¹ Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.³² Overweight and obesity acquired during childhood or adolescence may persist into adulthood.³³ Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.²⁰

Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.³⁹⁻⁴³
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.⁴⁴⁻⁴⁵
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.⁴⁶ The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.⁴⁶
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.⁴⁷⁻⁵⁰
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity⁵¹ and violent or aggressive behavior.⁵²⁻⁵⁴ Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.⁵⁵
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.⁵⁶ A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.⁵⁷ Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.⁵⁷
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.⁵⁸ In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.⁵⁹
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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2015 Vermont Youth Risk Behavior Survey Report

High School Report for Bennington Rutland SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Bennington Rutland
Number of High School Students in Bennington Rutland SU

Bennington Rutland SU Total

500

Sex	Total	%
Not indicated / Missing	6	1%
Female	274	54%
Male	220	44%

Grade	Total	%
Not indicated / Ungraded	4	0%
9th grade	129	25%
10th grade	124	24%
11th grade	133	26%
12th grade	110	22%

Race / Ethnicity	Total	%
Not indicated /Missing	10	2%
Ethnic or racial minority	91	18%
White non-Hispanic	399	79%

Mother's Level of Education	Total	%
Not indicated / Missing	3	0%
High school or less	74	14%
Some college	69	13%
College graduate	206	41%
Graduate or professional degree after college	114	22%
Not sure	34	6%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Bennington Rutland SU.

Demographics

Vermont
Number of High School Students in Vermont

Vermont Total

21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Bennington Rutland	Vermont	Notes
Grade	9th	13%	22%	SU/SD statistically lower
	10th	15%	20%	SU/SD statistically lower
	11th	11%	17%	SU/SD statistically lower
	12th	14%	14%	
Sex	Female	6%	12%	SU/SD statistically lower
	Male	20%	24%	SU/SD statistically lower
Total		13%	18%	SU/SD statistically lower

1.02 Percent of students who were in a physical fight on school property, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	6%	8%	
	11th	4%	6%	
	12th	.	5%	Too few students
Sex	Female	2%	4%	SU/SD statistically lower
	Male	5%	10%	SU/SD statistically lower
Total		4%	7%	SU/SD statistically lower

1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	6%	Too few students
	11th	6%	4%	
	12th	7%	4%	SU/SD statistically higher
Sex	Female	2%	4%	SU/SD statistically lower
	Male	7%	6%	
Total		5%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	7%	7%	
	11th	9%	9%	
	12th	7%	8%	
Sex	Female	2%	4%	SU/SD statistically lower
	Male	11%	11%	
Total		6%	8%	

1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	6%	6%	
	11th	6%	5%	
	12th	5%	5%	
Sex	Female	4%	7%	SU/SD statistically lower
	Male	6%	4%	SU/SD statistically higher
Total		5%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	14%	23%	SU/SD statistically lower
	10th	7%	18%	SU/SD statistically lower
	11th	6%	16%	SU/SD statistically lower
	12th	11%	14%	
Sex	Female	11%	23%	SU/SD statistically lower
	Male	9%	12%	SU/SD statistically lower
Total		10%	18%	SU/SD statistically lower

1.07 Percent of students who reported being electronically bullied, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	9%	20%	SU/SD statistically lower
	10th	9%	17%	SU/SD statistically lower
	11th	10%	16%	SU/SD statistically lower
	12th	14%	13%	
Sex	Female	13%	23%	SU/SD statistically lower
	Male	9%	10%	
Total		11%	16%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	5%	13%	SU/SD statistically lower
	10th	7%	11%	SU/SD statistically lower
	11th	10%	11%	
	12th	11%	10%	
Sex	Female	6%	11%	SU/SD statistically lower
	Male	10%	12%	
Total		8%	11%	SU/SD statistically lower

1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	7%	20%	SU/SD statistically lower
	10th	13%	19%	SU/SD statistically lower
	11th	11%	17%	SU/SD statistically lower
	12th	6%	14%	SU/SD statistically lower
Sex	Female	13%	26%	SU/SD statistically lower
	Male	5%	9%	SU/SD statistically lower
Total		9%	17%	SU/SD statistically lower

1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	14%	24%	SU/SD statistically lower
	10th	20%	26%	SU/SD statistically lower
	11th	27%	24%	
	12th	22%	24%	
Sex	Female	29%	34%	SU/SD statistically lower
	Male	13%	15%	
Total		21%	24%	SU/SD statistically lower

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Bennington Rutland	Vermont	Notes
Grade	9th	8%	13%	SU/SD statistically lower
	10th	10%	13%	
	11th	11%	12%	
	12th	5%	10%	SU/SD statistically lower
Sex	Female	10%	16%	SU/SD statistically lower
	Male	7%	8%	
Total		8%	12%	SU/SD statistically lower

1.12 Percent of students who attempted suicide, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	.	7%	Too few students
	10th	.	6%	Too few students
	11th	.	5%	Too few students
	12th	.	5%	Too few students
Sex	Female	3%	8%	SU/SD statistically lower
	Male	.	4%	Too few students
Total		2%	6%	SU/SD statistically lower

1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	1%	Too few students
Total		1%	2%	SU/SD statistically lower

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Bennington Rutland	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	11%	9%	
	11th	11%	9%	
	12th	5%	9%	
Sex	Female	8%	11%	
	Male	8%	7%	
Total		9%	9%	

1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Bennington Rutland	Vermont	Notes
Grade	9th	4%	5%	Too few students
	10th	.	6%	
	11th	6%	7%	
	12th	7%	8%	
Sex	Female	5%	10%	SU/SD statistically lower
	Male	4%	3%	
Total		5%	7%	SU/SD statistically lower

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	22%	19%	
	10th	16%	20%	
	11th	22%	20%	
	12th	19%	19%	
Sex	Female	15%	20%	SU/SD statistically lower
	Male	24%	19%	SU/SD statistically higher
Total		20%	20%	

1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	15%	13%	
	10th	15%	20%	SU/SD statistically lower
	11th	32%	26%	SU/SD statistically higher
	12th	37%	29%	SU/SD statistically higher
Sex	Female	23%	22%	
	Male	28%	22%	SU/SD statistically higher
Total		26%	22%	SU/SD statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	4%	Too few students
	11th	12%	8%	SU/SD statistically higher
	12th	8%	9%	
Sex	Female	4%	5%	
	Male	10%	9%	
Total		8%	7%	

1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	.	8%	Too few students
	10th	7%	10%	
	11th	19%	18%	
	12th	28%	20%	SU/SD statistically higher
Sex	Female	14%	12%	
	Male	22%	18%	SU/SD statistically higher
Total		18%	15%	SU/SD statistically higher

1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	.	10%	Too few students
	10th	27%	15%	SU/SD statistically higher
	11th	45%	40%	
	12th	59%	50%	SU/SD statistically higher
Sex	Female	47%	33%	SU/SD statistically higher
	Male	38%	33%	
Total		43%	33%	SU/SD statistically higher

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Bennington Rutland	Vermont	Notes
Grade	9th	39%	48%	SU/SD statistically lower
	10th	49%	54%	
	11th	57%	55%	
	12th	57%	56%	
Sex	Female	45%	49%	
	Male	55%	56%	
Total		51%	53%	

1.22 The percent of students who have had a sunburn in the past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	63%	63%	
	10th	68%	65%	
	11th	68%	65%	
	12th	71%	67%	
Sex	Female	77%	72%	SU/SD statistically higher
	Male	58%	59%	
Total		68%	65%	

1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	6%	3%	SU/SD statistically higher
	11th	.	4%	Too few students
	12th	5%	6%	
Sex	Female	4%	5%	
	Male	4%	3%	
Total		4%	4%	

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Bennington Rutland	Vermont	Notes
Grade	9th	39%	37%	
	10th	52%	51%	
	11th	71%	63%	SU/SD statistically higher
	12th	86%	71%	SU/SD statistically higher
Sex	Female	65%	57%	SU/SD statistically higher
	Male	62%	54%	SU/SD statistically higher
Total		64%	56%	SU/SD statistically higher

2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Bennington Rutland	Vermont	Notes
Grade	9th	18%	14%	
	10th	8%	13%	SU/SD statistically lower
	11th	11%	12%	
	12th	9%	10%	
Sex	Female	9%	10%	
	Male	13%	14%	
Total		11%	12%	

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	14%	17%	
	10th	26%	26%	
	11th	44%	34%	SU/SD statistically higher
	12th	50%	42%	SU/SD statistically higher
Sex	Female	35%	30%	SU/SD statistically higher
	Male	34%	29%	SU/SD statistically higher
Total		35%	30%	SU/SD statistically higher

2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	5%	8%	SU/SD statistically lower
	10th	12%	13%	
	11th	25%	19%	SU/SD statistically higher
	12th	25%	24%	
Sex	Female	15%	15%	
	Male	20%	17%	
Total		18%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Bennington Rutland	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students

	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students

	11th	1 to 2 days	53%	49%	
		3 to 9 days	39%	40%	
		10+ days	.	11%	Too few students

	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students

Sex	Female	1 to 2 days	55%	55%	
		3 to 9 days	35%	36%	
		10+ days	10%	9%	

	Male	1 to 2 days	39%	47%	SU/SD statistically lower
		3 to 9 days	45%	38%	
		10+ days	16%	15%	

Total		1 to 2 days	47%	51%	
		3 to 9 days	40%	37%	
		10+ days	13%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Bennington Rutland	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students

	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students

	11th	1 to 2 drinks	26%	33%	
		3 to 4 drinks	28%	18%	SU/SD statistically higher
		5 or more drinks	46%	49%	

	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students

Sex	Female	1 to 2 drinks	41%	40%	
		3 to 4 drinks	26%	23%	
		5 or more drinks	32%	38%	

	Male	1 to 2 drinks	27%	33%	
		3 to 4 drinks	20%	16%	
		5 or more drinks	53%	52%	

Total		1 to 2 drinks	34%	36%	
		3 to 4 drinks	23%	19%	
		5 or more drinks	43%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.07 Among students who drank in the past 30 days, usual source of alcohol

			Bennington Rutland	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students

	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students

	11th	Bought it	.	4%	Too few students
		Gave someone money	19%	28%	SU/SD statistically lower
		Someone gave it to me	49%	41%	
		Took it / some other way	25%	27%	

	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students

Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	25%	24%	
		Someone gave it to me	56%	46%	SU/SD statistically higher
		Took it / some other way	18%	28%	SU/SD statistically lower

	Male	Bought it	14%	7%	SU/SD statistically higher
		Gave someone money	13%	24%	SU/SD statistically lower
		Someone gave it to me	43%	35%	
		Took it / some other way	30%	34%	

Total		Bought it	8%	5%	SU/SD statistically higher
		Gave someone money	19%	24%	SU/SD statistically lower
		Someone gave it to me	50%	40%	SU/SD statistically higher
		Took it / some other way	24%	31%	SU/SD statistically lower

2 Alcohol, Tobacco and other Drug Use

2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Bennington Rutland	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another person's home	.	43%	Too few students
		At a public place or event	.	12%	Too few students

	10th	At my home	.	37%	Too few students
		At another person's home	.	53%	Too few students
		At a public place or event	.	10%	Too few students

	11th	At my home	23%	32%	SU/SD statistically lower
		At another person's home	66%	58%	
		At a public place or event	11%	9%	

	12th	At my home	31%	30%	
		At another person's home	65%	60%	
		At a public place or event	.	10%	Too few students

Sex	Female	At my home	28%	34%	
		At another person's home	70%	58%	SU/SD statistically higher
		At a public place or event	.	8%	Too few students

	Male	At my home	30%	34%	
		At another person's home	55%	53%	
		At a public place or event	16%	13%	

Total		At my home	28%	34%	SU/SD statistically lower
		At another person's home	63%	55%	SU/SD statistically higher
		At a public place or event	9%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Bennington Rutland	Vermont	Notes
Grade	9th	10%	14%	
	10th	13%	18%	SU/SD statistically lower
	11th	24%	24%	
	12th	37%	28%	SU/SD statistically higher
Sex	Female	18%	19%	
	Male	27%	23%	
Total		22%	21%	

2.10 Percent of students who smoked a whole cigarette before age 13

		Bennington Rutland	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	4%	6%	
	11th	.	6%	Too few students
	12th	4%	6%	
Sex	Female	2%	5%	SU/SD statistically lower
	Male	6%	7%	
Total		4%	6%	SU/SD statistically lower

2.11 Percent of students who smoked cigarettes, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	5%	7%	
	10th	5%	9%	SU/SD statistically lower
	11th	10%	12%	
	12th	17%	14%	
Sex	Female	7%	10%	SU/SD statistically lower
	Male	12%	12%	
Total		9%	11%	

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Bennington Rutland	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students

	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students

	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students

	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students

Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students

	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students

Total		1 to 2 days	.	29%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	49%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked**

			Bennington Rutland	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students

	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students

	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students

	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students

	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students

Total		1 cigarette or less	.	44%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Bennington Rutland	Vermont	Notes
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students

	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students

	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students

	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students

Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students

	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students

Total		Bought them	.	10%	Too few students
		Someone else bought them	.	29%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	22%	Too few students

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Bennington Rutland	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		.	42%	Too few students

2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Bennington Rutland	Vermont	Notes
Grade	9th	17%	18%	
	10th	31%	28%	
	11th	49%	35%	SU/SD statistically higher
	12th	67%	39%	SU/SD statistically higher
Sex	Female	42%	27%	SU/SD statistically higher
	Male	44%	33%	SU/SD statistically higher
Total		43%	30%	SU/SD statistically higher

2.17 Percent of students who have used electronic vapor products, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	8%	10%	
	10th	18%	14%	
	11th	16%	17%	
	12th	31%	19%	SU/SD statistically higher
Sex	Female	15%	13%	
	Male	23%	18%	SU/SD statistically higher
Total		19%	15%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Bennington Rutland	Vermont	Notes
Grade	9th	8%	15%	SU/SD statistically lower
	10th	12%	21%	SU/SD statistically lower
	11th	25%	29%	
	12th	34%	32%	
Sex	Female	14%	20%	SU/SD statistically lower
	Male	27%	28%	
Total		20%	24%	SU/SD statistically lower

2.19 Percent of students who tried a flavored tobacco product before age 13

		Bennington Rutland	Vermont	Notes
Grade	9th	.	6%	Too few students
	10th	.	5%	Too few students
	11th	4%	6%	
	12th	.	5%	Too few students
Sex	Female	.	4%	Too few students
	Male	4%	7%	SU/SD statistically lower
Total		2%	6%	SU/SD statistically lower

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	6%	Too few students
	11th	9%	8%	
	12th	8%	8%	
Sex	Female	.	3%	Too few students
	Male	10%	11%	
Total		6%	7%	

2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	.	5%	Too few students
	10th	.	8%	Too few students
	11th	11%	12%	
	12th	15%	16%	
Sex	Female	4%	6%	SU/SD statistically lower
	Male	13%	14%	
Total		9%	10%	SU/SD statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	6%	11%	SU/SD statistically lower
	10th	9%	15%	SU/SD statistically lower
	11th	18%	21%	
	12th	24%	25%	
Sex	Female	9%	13%	SU/SD statistically lower
	Male	21%	23%	
Total		15%	18%	SU/SD statistically lower

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	11%	16%	SU/SD statistically lower
	10th	22%	22%	
	11th	27%	28%	
	12th	39%	32%	SU/SD statistically higher
Sex	Female	19%	20%	
	Male	32%	29%	
Total		26%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Bennington Rutland	Vermont	Notes
Grade	9th	15%	22%	SU/SD statistically lower
	10th	32%	32%	
	11th	48%	44%	
	12th	66%	49%	
Sex	Female	38%	36%	SU/SD statistically higher
	Male	47%	38%	
Total		42%	37%	SU/SD statistically higher

2.25 Percent of students who used marijuana before age 13

		Bennington Rutland	Vermont	Notes
Grade	9th	5%	6%	Too few students
	10th	.	6%	
	11th	7%	7%	
	12th	5%	6%	
Sex	Female	2%	5%	SU/SD statistically lower
	Male	8%	8%	
Total		5%	6%	

2.26 Percent of students who used marijuana, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	13%	13%	SU/SD statistically lower
	10th	16%	20%	
	11th	29%	27%	
	12th	36%	29%	
Sex	Female	21%	21%	SU/SD statistically higher
	Male	28%	24%	
Total		24%	22%	

2 Alcohol, Tobacco and other Drug Use

2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Bennington Rutland	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students

	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students

	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students

	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students

Sex	Female	1 to 2 times	43%	37%	
		3 to 9 times	24%	26%	
		10+ times	33%	37%	

	Male	1 to 2 times	14%	26%	SU/SD statistically lower
		3 to 9 times	13%	23%	SU/SD statistically lower
		10+ times	74%	52%	SU/SD statistically higher

Total		1 to 2 times	27%	31%	
		3 to 9 times	18%	24%	SU/SD statistically lower
		10+ times	56%	45%	SU/SD statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Bennington Rutland	Vermont	Notes
Grade	9th	5%	8%	SU/SD statistically lower
	10th	10%	10%	
	11th	15%	13%	
	12th	15%	14%	
Sex	Female	8%	11%	SU/SD statistically lower
	Male	16%	12%	SU/SD statistically higher
Total		12%	11%	

2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Bennington Rutland	Vermont	Notes
Grade	9th	.	4%	Too few students
	10th	.	4%	Too few students
	11th	8%	5%	
	12th	7%	6%	
Sex	Female	3%	4%	SU/SD statistically lower
	Male	8%	5%	SU/SD statistically higher
Total		5%	5%	

2.30 Percent of students who ever used cocaine

		Bennington Rutland	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	4%	Too few students
	11th	8%	5%	SU/SD statistically higher
	12th	6%	7%	
Sex	Female	2%	4%	
	Male	7%	6%	
Total		5%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Bennington Rutland	Vermont	Notes
Grade	9th	7%	7%	
	10th	10%	6%	SU/SD statistically higher
	11th	7%	7%	
	12th	4%	5%	
Sex	Female	6%	6%	
	Male	8%	7%	
Total		7%	7%	

2.32 Percent of students who ever used methamphetamines

		Bennington Rutland	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	4%	3%	
	12th	4%	3%	
Sex	Female	.	2%	Too few students
	Male	5%	3%	
Total		3%	3%	

2.33 Percent of students who ever used heroin

		Bennington Rutland	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	4%	3%	
Total		2%	2%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.01 Percent of students who were in the same room as someone smoking, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	9th	24%	34%	SU/SD statistically lower
	10th	22%	36%	SU/SD statistically lower
	11th	34%	39%	
	12th	22%	38%	SU/SD statistically lower
Sex	Female	25%	37%	SU/SD statistically lower
	Male	25%	37%	SU/SD statistically lower
Total		26%	37%	SU/SD statistically lower

3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	9th	15%	25%	SU/SD statistically lower
	10th	17%	27%	SU/SD statistically lower
	11th	23%	28%	SU/SD statistically lower
	12th	14%	28%	SU/SD statistically lower
Sex	Female	20%	28%	SU/SD statistically lower
	Male	14%	27%	SU/SD statistically lower
Total		17%	27%	SU/SD statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Bennington Rutland	Vermont	Notes
Grade	9th	Never or rarely	26%	19%	SU/SD statistically higher
		Sometimes	28%	27%	
		At least most of the time	46%	54%	SU/SD statistically lower

	10th	Never or rarely	21%	19%	
		Sometimes	32%	27%	
		At least most of the time	47%	53%	SU/SD statistically lower

	11th	Never or rarely	31%	21%	SU/SD statistically higher
		Sometimes	27%	28%	
		At least most of the time	42%	52%	SU/SD statistically lower

	12th	Never or rarely	25%	22%	
		Sometimes	28%	28%	
		At least most of the time	48%	50%	

Sex	Female	Never or rarely	25%	19%	SU/SD statistically higher
		Sometimes	32%	28%	SU/SD statistically higher
		At least most of the time	43%	53%	SU/SD statistically lower

	Male	Never or rarely	27%	22%	SU/SD statistically higher
		Sometimes	24%	26%	
		At least most of the time	49%	51%	

Total		Never or rarely	26%	21%	SU/SD statistically higher
		Sometimes	28%	27%	
		At least most of the time	46%	52%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use _____

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

3.04 Out of 100 high school students, the number thought to smoke cigarettes

	Bennington Rutland	Vermont	Notes
15 or less students	23%	19%	SU/SD statistically higher
16 to 25 students	32%	29%	SU/SD statistically higher
26 to 45 students	22%	24%	
46 to 55 students	13%	14%	
56 to 75 students	6%	8%	SU/SD statistically lower
76 or more students	5%	7%	SU/SD statistically lower

3.05 Out of 100 high school students, the number thought to use marijuana

	Bennington Rutland	Vermont	Notes
15 or less students	7%	8%	SU/SD statistically lower
16 to 25 students	11%	13%	SU/SD statistically lower
26 to 45 students	14%	21%	SU/SD statistically lower
46 to 55 students	23%	21%	
56 to 75 students	25%	20%	SU/SD statistically higher
76 or more students	21%	16%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		Bennington Rutland	Vermont	Notes
Grade	9th	95%	94%	
	10th	93%	93%	
	11th	91%	92%	
	12th	89%	87%	
Sex	Female	94%	93%	
	Male	89%	90%	
Total		92%	91%	

3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Bennington Rutland	Vermont	Notes
Grade	9th	86%	84%	
	10th	78%	78%	
	11th	59%	70%	SU/SD statistically lower
	12th	47%	57%	SU/SD statistically lower
Sex	Female	69%	74%	SU/SD statistically lower
	Male	64%	70%	SU/SD statistically lower
Total		66%	72%	SU/SD statistically lower

3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Bennington Rutland	Vermont	Notes
Grade	9th	90%	87%	
	10th	80%	82%	
	11th	76%	78%	
	12th	73%	74%	
Sex	Female	82%	82%	
	Male	75%	79%	SU/SD statistically lower
Total		79%	80%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Bennington Rutland	Vermont	Notes
Grade	9th	84%	87%	
	10th	88%	84%	SU/SD statistically higher
	11th	75%	77%	
	12th	63%	67%	
Sex	Female	78%	80%	
	Male	75%	77%	
Total		77%	78%	

3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Bennington Rutland	Vermont	Notes
Grade	9th	69%	70%	
	10th	49%	58%	SU/SD statistically lower
	11th	33%	47%	SU/SD statistically lower
	12th	18%	38%	SU/SD statistically lower
Sex	Female	41%	54%	SU/SD statistically lower
	Male	40%	53%	SU/SD statistically lower
Total		40%	53%	SU/SD statistically lower

3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Bennington Rutland	Vermont	Notes
Grade	9th	71%	70%	
	10th	60%	59%	
	11th	42%	51%	SU/SD statistically lower
	12th	26%	44%	SU/SD statistically lower
Sex	Female	50%	57%	SU/SD statistically lower
	Male	46%	55%	SU/SD statistically lower
Total		48%	56%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Bennington Rutland	Vermont	Notes
Grade	9th	53%	62%	SU/SD statistically lower
	10th	67%	66%	
	11th	71%	66%	
	12th	69%	66%	
Sex	Female	65%	67%	
	Male	66%	63%	
Total		65%	65%	

3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Bennington Rutland	Vermont	Notes
Grade	9th	41%	42%	
	10th	39%	40%	
	11th	31%	36%	
	12th	23%	35%	
Sex	Female	37%	43%	SU/SD statistically lower
	Male	29%	33%	SU/SD statistically lower
Total		33%	38%	SU/SD statistically lower

3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Bennington Rutland	Vermont	Notes	
Grade	9th	33%	35%		
	10th	23%	29%		SU/SD statistically lower
	11th	17%	22%		SU/SD statistically lower
	12th	12%	21%		SU/SD statistically lower
Sex	Female	20%	30%	SU/SD statistically lower	
	Male	21%	24%		
Total		20%	27%	SU/SD statistically lower	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.15 Percent of students who think it would be easy to get cigarettes

		Bennington Rutland	Vermont	Notes
Grade	9th	37%	44%	SU/SD statistically lower
	10th	55%	55%	
	11th	66%	64%	SU/SD statistically higher
	12th	89%	80%	
Sex	Female	58%	57%	SU/SD statistically higher
	Male	70%	64%	
Total		64%	61%	

3.16 Percent of students who think it would be easy to get alcohol

		Bennington Rutland	Vermont	Notes
Grade	9th	61%	60%	
	10th	65%	68%	
	11th	78%	74%	
	12th	76%	75%	
Sex	Female	71%	71%	
	Male	69%	68%	
Total		70%	69%	

3.17 Percent of students who think it would be easy to get marijuana

		Bennington Rutland	Vermont	Notes	
Grade	9th	51%	46%		
	10th	64%	60%		
	11th	77%	69%		SU/SD statistically higher
	12th	86%	74%		SU/SD statistically higher
Sex	Female	69%	60%	SU/SD statistically higher	
	Male	73%	65%	SU/SD statistically higher	
Total		71%	62%	SU/SD statistically higher	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	41%	44%	
	10th	47%	50%	
	11th	59%	57%	
	12th	55%	60%	
Sex	Female	50%	56%	SU/SD statistically lower
	Male	52%	50%	
Total		51%	53%	

3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Bennington Rutland	Vermont	Notes
Grade	9th	39%	36%	
	10th	29%	30%	
	11th	24%	27%	
	12th	20%	24%	
Sex	Female	24%	29%	SU/SD statistically lower
	Male	29%	29%	
Total		27%	29%	

3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	9th	6%	15%	SU/SD statistically lower
	10th	14%	19%	
	11th	19%	20%	
	12th	17%	18%	
Sex	Female	10%	15%	SU/SD statistically lower
	Male	20%	21%	
Total		15%	18%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

			Bennington Rutland	Vermont	Notes
Grade	9th	Heterosexual (straight)	92%	88%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	5%	Too few students

	10th	Heterosexual (straight)	95%	89%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	6%	Too few students
		Not sure	.	4%	Too few students

	11th	Heterosexual (straight)	90%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	4%	6%	SU/SD statistically lower
		Not sure	4%	4%	

	12th	Heterosexual (straight)	89%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	4%	6%	
		Not sure	4%	4%	

Sex	Female	Heterosexual (straight)	88%	84%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	6%	10%	SU/SD statistically lower
		Not sure	5%	5%	

	Male	Heterosexual (straight)	95%	92%	SU/SD statistically higher
		Gay or lesbian	.	2%	Too few students
		Bisexual	.	3%	Too few students
		Not sure	2%	4%	

Total		Heterosexual (straight)	92%	88%	SU/SD statistically higher
		Gay or lesbian	2%	2%	
		Bisexual	3%	6%	SU/SD statistically lower
		Not sure	4%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Bennington Rutland	Vermont	Notes
Grade	9th	14%	18%	SU/SD statistically lower
	10th	25%	33%	SU/SD statistically lower
	11th	41%	49%	SU/SD statistically lower
	12th	67%	62%	
Sex	Female	33%	40%	SU/SD statistically lower
	Male	45%	41%	
Total		39%	41%	

4.03 Percent of students who have ever had oral sex

		Bennington Rutland	Vermont	Notes
Grade	9th	18%	21%	
	10th	36%	37%	
	11th	45%	50%	
	12th	65%	60%	
Sex	Female	36%	41%	SU/SD statistically lower
	Male	50%	42%	SU/SD statistically higher
Total		43%	42%	

4.04 Percent of students who had sexual intercourse before age 13

		Bennington Rutland	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	.	3%	Too few students
	12th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	2%	4%	SU/SD statistically lower
Total		1%	3%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Bennington Rutland	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	5%	6%	
	11th	10%	11%	
	12th	10%	19%	
Sex	Female	6%	9%	SU/SD statistically lower
	Male	9%	10%	
Total		7%	10%	SU/SD statistically lower

4.06 Percent of students who have ever been tested for HIV

		Bennington Rutland	Vermont	Notes
Grade	9th	9%	7%	SU/SD statistically lower
	10th	8%	8%	
	11th	10%	12%	
	12th	5%	14%	
Sex	Female	6%	11%	SU/SD statistically lower
	Male	10%	9%	
Total		8%	10%	SU/SD statistically lower

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Bennington Rutland	Vermont	Notes
Grade	9th	8%	12%	SU/SD statistically lower
	10th	17%	24%	SU/SD statistically lower
	11th	33%	38%	
	12th	51%	49%	
Sex	Female	27%	33%	SU/SD statistically lower
	Male	31%	30%	
Total		29%	31%	

4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Bennington Rutland	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	.	18%	Too few students
	12th	19%	18%	
Sex	Female	20%	15%	
	Male	27%	22%	
Total		23%	19%	SU/SD statistically higher

4.09 Of sexually active students, percent who used condoms the last time they had sex

		Bennington Rutland	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	.	58%	Too few students
	12th	58%	54%	
Sex	Female	58%	55%	
	Male	66%	62%	
Total		62%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Bennington Rutland	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	.	49%	Too few students
	12th	.	54%	Too few students
Sex	Female	44%	55%	SU/SD statistically lower
	Male	30%	38%	
Total		36%	47%	SU/SD statistically lower

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Bennington Rutland	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	.	88%	Too few students
	12th	78%	87%	SU/SD statistically lower
Sex	Female	80%	88%	SU/SD statistically lower
	Male	85%	86%	
Total		82%	87%	SU/SD statistically lower

4 Sexual Behavior and Orientation

4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Bennington Rutland	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students

	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

	11th	No method was used	.	6%	Too few students
		Birth control pills	.	37%	Too few students
		Condoms	.	37%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students

	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students

4 Sexual Behavior and Orientation

		Bennington Rutland	Vermont	Notes	
Sex	Female	No method was used	13%	7%	SU/SD statistically higher
		Birth control pills	36%	39%	
		Condoms	35%	31%	
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	.	8%	Too few students
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
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	Male	No method was used	.	7%	Too few students
		Birth control pills	28%	30%	
		Condoms	52%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	4%	Too few students
		Withdrawal/other method	10%	7%	
		Not sure	.	3%	Too few students
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Total		No method was used	9%	7%	
		Birth control pills	32%	35%	
		Condoms	45%	38%	SU/SD statistically higher
		IUD or implant	.	6%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	9%	6%	
		Not sure	.	2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Bennington Rutland	Vermont	Notes
Sex	Female	Have not had sex	48%	45%	
		Same sex	.	1%	Too few students
		Opposite sex	44%	46%	
		Both sexes	7%	7%	

	Male	Have not had sex	38%	43%	SU/SD statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	59%	53%	SU/SD statistically higher
		Both sexes	.	2%	Too few students

Total	Have not had sex		43%	44%	
	Same sex		1%	1%	
	Opposite sex		51%	50%	
	Both sexes		4%	5%	

5 Body Image

5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		Bennington Rutland	Vermont	Notes
Grade	9th	10%	15%	SU/SD statistically lower
	10th	7%	14%	SU/SD statistically lower
	11th	8%	14%	SU/SD statistically lower
	12th	7%	13%	SU/SD statistically lower
Sex	Female	7%	14%	SU/SD statistically lower
	Male	9%	14%	SU/SD statistically lower
Total		8%	14%	SU/SD statistically lower

5.02 The percent of students who are obese (=>95th BMI percentile)

		Bennington Rutland	Vermont	Notes
Grade	9th	12%	12%	
	10th	7%	13%	SU/SD statistically lower
	11th	.	12%	Too few students
	12th	.	12%	Too few students
Sex	Female	3%	9%	SU/SD statistically lower
	Male	8%	16%	SU/SD statistically lower
Total		5%	12%	SU/SD statistically lower

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

5 Body Image

5.03 Perceptions of weight

			Bennington Rutland	Vermont	Notes
Grade	9th	Underweight	18%	15%	
		About the right weight	58%	56%	
		Overweight	24%	29%	SU/SD statistically lower

	10th	Underweight	21%	13%	SU/SD statistically higher
		About the right weight	57%	55%	
		Overweight	21%	32%	SU/SD statistically lower

	11th	Underweight	15%	13%	
		About the right weight	59%	55%	
		Overweight	25%	31%	SU/SD statistically lower

	12th	Underweight	17%	13%	
		About the right weight	61%	55%	
		Overweight	23%	32%	SU/SD statistically lower

Sex	Female	Underweight	14%	10%	SU/SD statistically higher
		About the right weight	58%	54%	
		Overweight	29%	36%	SU/SD statistically lower

	Male	Underweight	22%	17%	SU/SD statistically higher
		About the right weight	60%	57%	
		Overweight	18%	26%	SU/SD statistically lower

Total		Underweight	18%	14%	SU/SD statistically higher
		About the right weight	59%	55%	SU/SD statistically higher
		Overweight	23%	31%	SU/SD statistically lower

5 Body Image

5.04 Students who are trying to do something about their weight

			Bennington Rutland	Vermont	Notes
Grade	9th	Lose weight	36%	41%	
		Gain weight	17%	12%	SU/SD statistically higher
		Stay the same weight /do nothing	46%	47%	

	10th	Lose weight	40%	43%	
		Gain weight	15%	13%	
		Stay the same weight /do nothing	45%	44%	

	11th	Lose weight	45%	42%	
		Gain weight	24%	14%	SU/SD statistically higher
		Stay the same weight /do nothing	32%	44%	SU/SD statistically lower

	12th	Lose weight	34%	42%	SU/SD statistically lower
		Gain weight	17%	15%	
		Stay the same weight /do nothing	49%	42%	SU/SD statistically higher

Sex	Female	Lose weight	56%	56%	
		Gain weight	4%	4%	
		Stay the same weight /do nothing	39%	40%	

	Male	Lose weight	20%	28%	SU/SD statistically lower
		Gain weight	33%	23%	SU/SD statistically higher
		Stay the same weight /do nothing	47%	49%	

Total		Lose weight	39%	42%	SU/SD statistically lower
		Gain weight	18%	14%	SU/SD statistically higher
		Stay the same weight /do nothing	43%	44%	

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Bennington Rutland	Vermont	Notes
Grade	9th	Less than 1 hour	14%	14%	
		1 to 2 hours	44%	36%	SU/SD statistically higher
		3 to 4 hours	24%	33%	SU/SD statistically lower
		5+ hours	18%	18%	

	10th	Less than 1 hour	15%	14%	
		1 to 2 hours	38%	36%	
		3 to 4 hours	38%	32%	SU/SD statistically higher
		5+ hours	9%	18%	SU/SD statistically lower

	11th	Less than 1 hour	16%	15%	
		1 to 2 hours	41%	38%	
		3 to 4 hours	35%	32%	
		5+ hours	9%	16%	SU/SD statistically lower

	12th	Less than 1 hour	13%	16%	
		1 to 2 hours	40%	36%	
		3 to 4 hours	34%	32%	
		5+ hours	13%	17%	

Sex	Female	Less than 1 hour	15%	15%	
		1 to 2 hours	41%	37%	SU/SD statistically higher
		3 to 4 hours	33%	32%	
		5+ hours	11%	16%	SU/SD statistically lower

	Male	Less than 1 hour	13%	14%	
		1 to 2 hours	40%	36%	
		3 to 4 hours	34%	32%	
		5+ hours	13%	18%	SU/SD statistically lower

Total		Less than 1 hour	14%	15%	
		1 to 2 hours	40%	36%	SU/SD statistically higher
		3 to 4 hours	33%	32%	
		5+ hours	12%	17%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Bennington Rutland	Vermont	Notes
Grade	9th	0 days	15%	11%	
		1 to 2 days	16%	16%	
		3 to 6 days	40%	47%	SU/SD statistically lower
		Everyday	30%	25%	

	10th	0 days	12%	13%	
		1 to 2 days	12%	15%	
		3 to 6 days	48%	47%	
		Everyday	28%	24%	

	11th	0 days	15%	15%	
		1 to 2 days	19%	17%	
		3 to 6 days	43%	45%	
		Everyday	24%	22%	

	12th	0 days	15%	17%	
		1 to 2 days	11%	18%	SU/SD statistically lower
		3 to 6 days	46%	44%	
		Everyday	28%	21%	SU/SD statistically higher

Sex	Female	0 days	15%	17%	
		1 to 2 days	18%	20%	
		3 to 6 days	45%	48%	
		Everyday	21%	16%	SU/SD statistically higher

	Male	0 days	14%	12%	
		1 to 2 days	10%	14%	SU/SD statistically lower
		3 to 6 days	43%	44%	
		Everyday	33%	30%	

Total		0 days	14%	14%	
		1 to 2 days	14%	17%	SU/SD statistically lower
		3 to 6 days	44%	46%	
		Everyday	27%	23%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	9th	24%	23%	
	10th	28%	23%	
	11th	33%	23%	SU/SD statistically higher
	12th	29%	24%	
Sex	Female	25%	22%	
	Male	32%	25%	SU/SD statistically higher
Total		29%	24%	SU/SD statistically higher

6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	9th	32%	34%	
	10th	37%	34%	
	11th	41%	34%	SU/SD statistically higher
	12th	42%	35%	SU/SD statistically higher
Sex	Female	35%	33%	
	Male	42%	35%	SU/SD statistically higher
Total		38%	34%	SU/SD statistically higher

6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	9th	20%	17%	
	10th	22%	17%	SU/SD statistically higher
	11th	28%	18%	SU/SD statistically higher
	12th	27%	19%	SU/SD statistically higher
Sex	Female	20%	17%	
	Male	29%	19%	SU/SD statistically higher
Total		25%	18%	SU/SD statistically higher

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Bennington Rutland	Vermont	Notes
Grade	9th	6%	5%	
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	.	4%	Too few students
Sex	Female	3%	3%	
	Male	4%	5%	
Total		4%	4%	

6.07 The percent of students who did not any eat vegetables, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	9th	5%	5%	
	10th	.	4%	Too few students
	11th	.	4%	Too few students
	12th	5%	4%	
Sex	Female	2%	3%	
	Male	6%	6%	
Total		4%	4%	

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Bennington Rutland	Vermont	Notes
Grade	9th	Never	9%	11%	
		1 to 3 days	25%	25%	
		4 to 6 days	19%	22%	
		Everyday	47%	42%	SU/SD statistically higher

	10th	Never	11%	11%	
		1 to 3 days	25%	24%	
		4 to 6 days	22%	24%	
		Everyday	42%	41%	

	11th	Never	13%	10%	
		1 to 3 days	26%	25%	
		4 to 6 days	22%	24%	
		Everyday	39%	40%	

	12th	Never	14%	11%	
		1 to 3 days	21%	25%	
		4 to 6 days	26%	25%	
		Everyday	40%	39%	

Sex	Female	Never	9%	11%	
		1 to 3 days	26%	27%	
		4 to 6 days	23%	24%	
		Everyday	42%	38%	SU/SD statistically higher

	Male	Never	15%	11%	SU/SD statistically higher
		1 to 3 days	22%	23%	
		4 to 6 days	22%	23%	
		Everyday	41%	43%	

Total		Never	12%	11%	
		1 to 3 days	24%	25%	
		4 to 6 days	22%	24%	
		Everyday	42%	40%	

6 Nutrition and Physical Activity

6.09 The number of glasses of water students drank yesterday

			Bennington Rutland	Vermont	Notes
Grade	9th	None	6%	9%	
		1 to 3 glasses	60%	60%	
		4+ glasses	33%	32%	

	10th	None	8%	8%	
		1 to 3 glasses	59%	58%	
		4+ glasses	33%	34%	

	11th	None	8%	8%	
		1 to 3 glasses	59%	60%	
		4+ glasses	33%	32%	

	12th	None	9%	9%	
		1 to 3 glasses	48%	57%	SU/SD statistically lower
		4+ glasses	43%	34%	SU/SD statistically higher

Sex	Female	None	6%	8%	
		1 to 3 glasses	61%	62%	
		4+ glasses	33%	31%	

	Male	None	10%	9%	
		1 to 3 glasses	51%	56%	SU/SD statistically lower
		4+ glasses	39%	35%	

Total		None	8%	9%	
		1 to 3 glasses	56%	59%	
		4+ glasses	36%	33%	SU/SD statistically higher

6 Nutrition and Physical Activity

6.10 Amount of soda students drank during the past 7 days

			Bennington Rutland	Vermont	Notes
Grade	9th	None	36%	32%	
		At least once during the past week	52%	54%	
		At least once per day	12%	14%	

	10th	None	35%	33%	
		At least once during the past week	56%	53%	
		At least once per day	9%	14%	SU/SD statistically lower

	11th	None	50%	33%	SU/SD statistically higher
		At least once during the past week	44%	51%	SU/SD statistically lower
		At least once per day	6%	15%	SU/SD statistically lower

	12th	None	48%	36%	SU/SD statistically higher
		At least once during the past week	45%	49%	
		At least once per day	7%	15%	SU/SD statistically lower

Sex	Female	None	52%	42%	SU/SD statistically higher
		At least once during the past week	43%	48%	SU/SD statistically lower
		At least once per day	4%	9%	SU/SD statistically lower

	Male	None	33%	25%	SU/SD statistically higher
		At least once during the past week	55%	55%	
		At least once per day	12%	20%	SU/SD statistically lower

Total		None	43%	33%	SU/SD statistically higher
		At least once during the past week	49%	52%	
		At least once per day	8%	15%	SU/SD statistically lower

6 Nutrition and Physical Activity

6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			Bennington Rutland	Vermont	Notes
Grade	9th	None	32%	25%	SU/SD statistically higher
		At least once during the past week	55%	61%	SU/SD statistically lower
		At least once per day	13%	14%	

	10th	None	37%	25%	SU/SD statistically higher
		At least once during the past week	50%	59%	SU/SD statistically lower
		At least once per day	13%	15%	

	11th	None	32%	26%	SU/SD statistically higher
		At least once during the past week	59%	59%	
		At least once per day	9%	16%	SU/SD statistically lower

	12th	None	31%	29%	
		At least once during the past week	56%	57%	
		At least once per day	13%	15%	

Sex	Female	None	35%	30%	SU/SD statistically higher
		At least once during the past week	58%	59%	
		At least once per day	7%	11%	SU/SD statistically lower

	Male	None	31%	22%	SU/SD statistically higher
		At least once during the past week	53%	58%	SU/SD statistically lower
		At least once per day	17%	19%	

Total		None	33%	26%	SU/SD statistically higher
		At least once during the past week	55%	59%	SU/SD statistically lower
		At least once per day	12%	15%	SU/SD statistically lower

7 Youth Assets

7.01 Typical grades in the past 12 months, as reported by students

			Bennington Rutland	Vermont	Notes
Grade	9th	Mostly As or Bs	88%	76%	SU/SD statistically higher
		Mostly Cs	9%	13%	SU/SD statistically lower
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	7%	Too few students

	10th	Mostly As or Bs	80%	77%	
		Mostly Cs	16%	14%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	.	5%	Too few students

	11th	Mostly As or Bs	83%	80%	
		Mostly Cs	12%	13%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	.	4%	Too few students

	12th	Mostly As or Bs	86%	83%	
		Mostly Cs	5%	11%	SU/SD statistically lower
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	6%	4%	

Sex	Female	Mostly As or Bs	87%	84%	SU/SD statistically higher
		Mostly Cs	8%	9%	
		Mostly Ds or Fs	.	3%	Too few students
		Other / Not sure	3%	4%	

	Male	Mostly As or Bs	80%	74%	SU/SD statistically higher
		Mostly Cs	13%	16%	SU/SD statistically lower
		Mostly Ds or Fs	3%	4%	
		Other / Not sure	4%	6%	

Total		Mostly As or Bs	84%	79%	SU/SD statistically higher
		Mostly Cs	10%	13%	SU/SD statistically lower
		Mostly Ds or Fs	2%	3%	SU/SD statistically lower
		Other / Not sure	4%	5%	SU/SD statistically lower

7 Youth Assets

7.02 The percent of students participating in extracurricular activities, hours per week

			Bennington Rutland	Vermont	Notes
Grade	9th	0 hours	22%	32%	SU/SD statistically lower
		1 to 4 hours	34%	30%	
		5 to 9 hours	17%	17%	
		10 or more hours	27%	21%	SU/SD statistically higher
	10th	0 hours	23%	32%	SU/SD statistically lower
		1 to 4 hours	35%	28%	SU/SD statistically higher
		5 to 9 hours	17%	16%	
		10 or more hours	26%	24%	
	11th	0 hours	18%	32%	SU/SD statistically lower
		1 to 4 hours	36%	27%	SU/SD statistically higher
		5 to 9 hours	16%	16%	
		10 or more hours	30%	25%	
	12th	0 hours	20%	32%	SU/SD statistically lower
		1 to 4 hours	27%	26%	
		5 to 9 hours	18%	16%	
		10 or more hours	35%	27%	SU/SD statistically higher
Sex	Female	0 hours	17%	31%	SU/SD statistically lower
		1 to 4 hours	39%	29%	SU/SD statistically higher
		5 to 9 hours	18%	16%	
		10 or more hours	27%	24%	
	Male	0 hours	25%	33%	SU/SD statistically lower
		1 to 4 hours	26%	27%	
		5 to 9 hours	16%	16%	
		10 or more hours	33%	24%	SU/SD statistically higher
Total		0 hours	21%	32%	SU/SD statistically lower
		1 to 4 hours	33%	28%	SU/SD statistically higher
		5 to 9 hours	17%	16%	
		10 or more hours	30%	24%	SU/SD statistically higher

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Bennington Rutland	Vermont	Notes
Grade	9th	86%	78%	SU/SD statistically higher
	10th	86%	77%	SU/SD statistically higher
	11th	84%	77%	SU/SD statistically higher
	12th	86%	75%	SU/SD statistically higher
Sex	Female	86%	77%	SU/SD statistically higher
	Male	85%	76%	SU/SD statistically higher
Total		85%	76%	SU/SD statistically higher

7.04 The percent of students who agree that in their community they feel like they matter to people

		Bennington Rutland	Vermont	Notes
Grade	9th	63%	49%	SU/SD statistically higher
	10th	58%	48%	SU/SD statistically higher
	11th	60%	50%	SU/SD statistically higher
	12th	58%	54%	
Sex	Female	53%	47%	SU/SD statistically higher
	Male	67%	54%	SU/SD statistically higher
Total		59%	50%	SU/SD statistically higher

7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Bennington Rutland	Vermont	Notes
Grade	9th	74%	59%	SU/SD statistically higher
	10th	74%	57%	SU/SD statistically higher
	11th	79%	64%	SU/SD statistically higher
	12th	80%	69%	SU/SD statistically higher
Sex	Female	80%	60%	SU/SD statistically higher
	Male	74%	64%	SU/SD statistically higher
Total		77%	62%	SU/SD statistically higher

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Bennington Rutland	Vermont	Notes
Grade	9th	57%	50%	SU/SD statistically higher
	10th	58%	46%	SU/SD statistically higher
	11th	60%	46%	SU/SD statistically higher
	12th	60%	49%	SU/SD statistically higher
Sex	Female	59%	48%	SU/SD statistically higher
	Male	58%	48%	SU/SD statistically higher
Total		58%	48%	SU/SD statistically higher

7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Bennington Rutland	Vermont	Notes
Grade	9th	75%	75%	
	10th	82%	80%	
	11th	84%	83%	
	12th	87%	84%	
Sex	Female	85%	83%	
	Male	80%	78%	
Total		83%	80%	

2015 Vermont Youth Risk Behavior Survey Report

Middle School Report for Bennington Rutland SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Demographics

Bennington Rutland
Number of Middle School Students in Bennington Rutland SU

Bennington Rutland SU Total

242

Sex	Total	%
Not indicated / Missing	1	0%
Female	119	49%
Male	122	50%

Grade	Total	%
6th grade	53	21%
7th grade	90	37%
8th grade	99	40%

Age	Total	%
11 years or younger	26	10%
12 years	72	29%
13 years	91	37%
14 years or older	53	21%

Race / Ethnicity	Total	%
Not indicated /Missing	22	9%
Ethnic or racial minority	25	10%
White non-Hispanic	195	80%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Bennington Rutland SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Demographics

Vermont
Number of Middle School Students in Vermont

Vermont Total

13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Bennington Rutland	Vermont	Notes
Grade	6th	.	42%	Too few students
	7th	40%	41%	
	8th	49%	44%	
Sex	Female	22%	28%	SU/SD statistically lower
	Male	61%	57%	
Total		42%	43%	

1.02 Percent of students who were bullied at least once, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	39%	24%	SU/SD statistically higher
	7th	25%	25%	
	8th	17%	22%	
Sex	Female	24%	30%	SU/SD statistically higher
	Male	29%	18%	
Total		26%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Bennington Rutland	Vermont	Notes
Grade	6th	28%	21%	
	7th	25%	26%	
	8th	20%	28%	SU/SD statistically lower
Sex	Female	31%	36%	
	Male	18%	16%	
Total		24%	26%	

1.04 Percent of students who were ever bullied at school

		Bennington Rutland	Vermont	Notes
Grade	6th	46%	46%	
	7th	50%	48%	
	8th	39%	45%	
Sex	Female	44%	53%	SU/SD statistically lower
	Male	46%	40%	SU/SD statistically higher
Total		45%	46%	

1.05 Percent of students who bullied someone at least once, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	8%	Too few students
	7th	9%	9%	
	8th	6%	11%	SU/SD statistically lower
Sex	Female	7%	10%	
	Male	10%	9%	
Total		8%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	6th	10%	8%	Too few students
	7th	.	7%	
	8th	5%	7%	
Sex	Female	5%	9%	
	Male	7%	6%	
Total		6%	7%	

1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	6th	21%	17%	SU/SD statistically lower
	7th	14%	19%	
	8th	10%	22%	
Sex	Female	17%	27%	SU/SD statistically lower
	Male	13%	13%	
Total		15%	20%	SU/SD statistically lower

1.08 Percent of students who ever seriously thought about suicide

		Bennington Rutland	Vermont	Notes
Grade	6th	15%	14%	SU/SD statistically lower
	7th	11%	16%	
	8th	18%	22%	
Sex	Female	14%	23%	SU/SD statistically lower
	Male	16%	12%	
Total		15%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Bennington Rutland	Vermont	Notes
Grade	6th	14%	9%	SU/SD statistically higher
	7th	8%	11%	
	8th	13%	15%	
Sex	Female	12%	16%	SU/SD statistically lower
	Male	11%	8%	SU/SD statistically higher
Total		11%	12%	

1.10 Percent of students who ever attempted suicide

		Bennington Rutland	Vermont	Notes
Grade	6th	.	5%	Too few students
	7th	.	5%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	8%	Too few students
	Male	4%	3%	
Total		3%	6%	SU/SD statistically lower

1.11 Percent of students who had at least one sunburn in the past 12 months

		Bennington Rutland	Vermont	Notes
Grade	6th	64%	51%	SU/SD statistically higher
	7th	64%	55%	SU/SD statistically higher
	8th	50%	56%	
Sex	Female	59%	58%	
	Male	59%	51%	SU/SD statistically higher
Total		59%	54%	SU/SD statistically higher

*1 Personal Safety***1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months**

			Bennington Rutland	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	24%	26%	
		Sometimes wear a helmet	13%	15%	
		Most of the time / always wear a helmet	63%	59%	

	7th	Never / rarely wear a helmet	27%	31%	
		Sometimes wear a helmet	20%	16%	
		Most of the time / always wear a helmet	54%	52%	

	8th	Never / rarely wear a helmet	36%	41%	
		Sometimes wear a helmet	15%	15%	
		Most of the time / always wear a helmet	50%	43%	

Sex	Female	Never / rarely wear a helmet	23%	31%	SU/SD statistically lower
		Sometimes wear a helmet	17%	17%	
		Most of the time / always wear a helmet	60%	52%	SU/SD statistically higher

	Male	Never / rarely wear a helmet	35%	36%	
		Sometimes wear a helmet	15%	14%	
		Most of the time / always wear a helmet	50%	49%	

Total		Never / rarely wear a helmet	29%	34%	SU/SD statistically lower
		Sometimes wear a helmet	16%	16%	
		Most of the time / always wear a helmet	55%	51%	SU/SD statistically higher

*1 Personal Safety***1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Bennington Rutland	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	.	31%	Too few students
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	.	58%	Too few students

	7th	Never / rarely wear a helmet	.	42%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	45%	Too few students

	8th	Never / rarely wear a helmet	.	52%	Too few students
		Sometimes wear a helmet	.	12%	Too few students
		Most of the time / always wear a helmet	.	36%	Too few students

Sex	Female	Never / rarely wear a helmet	.	45%	Too few students
		Sometimes wear a helmet	.	13%	Too few students
		Most of the time / always wear a helmet	.	43%	Too few students

	Male	Never / rarely wear a helmet	51%	41%	SU/SD statistically higher
		Sometimes wear a helmet	8%	12%	
		Most of the time / always wear a helmet	41%	47%	

Total		Never / rarely wear a helmet	41%	43%	
		Sometimes wear a helmet	8%	12%	SU/SD statistically lower
		Most of the time / always wear a helmet	51%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Bennington Rutland	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	7%	3%	SU/SD statistically higher
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	7%	3%	SU/SD statistically higher
Total		5%	3%	SU/SD statistically higher

1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Bennington Rutland	Vermont	Notes
Grade	6th	18%	15%	
	7th	24%	19%	SU/SD statistically higher
	8th	20%	25%	
Sex	Female	24%	21%	
	Male	19%	19%	
Total		21%	20%	

2 Alcohol, Tobacco, and Other Drug Use

2.01 Percent of students who ever drank alcohol other than a few sips

		Bennington Rutland	Vermont	Notes
Grade	6th	.	10%	Too few students
	7th	7%	15%	SU/SD statistically lower
	8th	20%	24%	
Sex	Female	7%	16%	SU/SD statistically lower
	Male	16%	18%	
Total		11%	17%	SU/SD statistically lower

2.02 Percent of students who drank alcohol other than a few sips before age 11

		Bennington Rutland	Vermont	Notes
Grade	6th	.	7%	Too few students
	7th	.	6%	Too few students
	8th	7%	6%	
Sex	Female	.	5%	Too few students
	Male	6%	8%	
Total		4%	6%	SU/SD statistically lower

2.03 Percent of students who drank any alcohol, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	5%	Too few students
	8th	6%	10%	
Sex	Female	5%	6%	
	Male	6%	7%	
Total		5%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	4%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		1%	2%	

2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Bennington Rutland	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	6%	7%	
	8th	7%	13%	SU/SD statistically lower
Sex	Female	.	9%	Too few students
	Male	6%	9%	
Total		4%	9%	SU/SD statistically lower

2.06 Percent of students who ever smoked a whole cigarette

		Bennington Rutland	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	5%	Too few students
	Male	.	5%	Too few students
Total		2%	5%	SU/SD statistically lower

*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

2.08 Percent of students who smoked cigarettes, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

*2 Alcohol, Tobacco, and Other Drug Use***2.09 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Bennington Rutland	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	6%	Too few students
	8th	7%	11%	SU/SD statistically lower
Sex	Female	.	7%	Too few students
	Male	7%	7%	
Total		5%	7%	

2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	.	5%	Too few students
Sex	Female	.	3%	Too few students
	Male	3%	3%	
Total		2%	3%	

2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	3%	Too few students
Total		.	2%	Too few students

2 Alcohol, Tobacco, and Other Drug Use

2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	4%	Too few students
Total		.	4%	Too few students

2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	5%	Too few students
	Male	3%	6%	SU/SD statistically lower
Total		3%	5%	SU/SD statistically lower

2 Alcohol, Tobacco, and Other Drug Use

2.15 Percent of smokers who attempted to quit smoking, past 12 months

		Bennington Rutland	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

2.16 Percent of students who have ever used marijuana

		Bennington Rutland	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	5%	Too few students
	8th	7%	11%	
Sex	Female	.	6%	Too few students
	Male	7%	7%	
Total		4%	7%	SU/SD statistically lower

2.17 Percent of students who used marijuana by age 11

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	1%	Too few students

2 Alcohol, Tobacco, and Other Drug Use

2.18 Percent of students who used marijuana, past 30 days

		Bennington Rutland	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	3%	Too few students
	8th	.	6%	Too few students
Sex	Female	.	3%	Too few students
	Male	3%	4%	
Total		2%	4%	

2.19 Percent of students who have ever used inhalants

		Bennington Rutland	Vermont	Notes
Grade	6th	7%	5%	
	7th	.	4%	Too few students
	8th	6%	6%	
Sex	Female	4%	5%	
	Male	6%	5%	
Total		5%	5%	

2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Bennington Rutland	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	5%	4%	
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		2%	3%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	6th	32%	24%	
	7th	25%	28%	
	8th	24%	31%	SU/SD statistically lower
Sex	Female	22%	29%	SU/SD statistically lower
	Male	31%	27%	
Total		27%	28%	

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Bennington Rutland	Vermont	Notes
Grade	6th	19%	17%	
	7th	15%	20%	SU/SD statistically lower
	8th	15%	23%	SU/SD statistically lower
Sex	Female	18%	22%	
	Male	13%	19%	SU/SD statistically lower
Total		16%	21%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Bennington Rutland	Vermont	Notes
Grade	6th	48%	47%	
	7th	40%	52%	SU/SD statistically lower
	8th	47%	55%	SU/SD statistically lower
Sex	Female	44%	52%	SU/SD statistically lower
	Male	46%	52%	SU/SD statistically lower
Total		45%	52%	SU/SD statistically lower

3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Bennington Rutland	Vermont	Notes
Grade	6th	.	15%	Too few students
	7th	14%	26%	SU/SD statistically lower
	8th	26%	35%	SU/SD statistically lower
Sex	Female	23%	28%	
	Male	23%	26%	
Total		23%	27%	SU/SD statistically lower

3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Bennington Rutland	Vermont	Notes
15 or less students	14%	16%	
16 to 25 students	26%	25%	
26 to 45 students	26%	24%	
46 to 55 students	15%	16%	
56 to 75 students	10%	9%	
76 or more students	9%	10%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		Bennington Rutland	Vermont	Notes
Grade	6th	92%	96%	SU/SD statistically lower
	7th	96%	96%	
	8th	95%	96%	
Sex	Female	95%	97%	
	Male	94%	96%	
Total		95%	96%	

3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Bennington Rutland	Vermont	Notes
Grade	6th	84%	92%	SU/SD statistically lower
	7th	94%	92%	
	8th	85%	90%	
Sex	Female	91%	93%	
	Male	85%	90%	SU/SD statistically lower
Total		88%	91%	SU/SD statistically lower

3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Bennington Rutland	Vermont	Notes
Grade	6th	87%	96%	SU/SD statistically lower
	7th	94%	95%	
	8th	92%	92%	
Sex	Female	91%	94%	
	Male	92%	94%	
Total		91%	94%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use _____

3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Bennington Rutland	Vermont	Notes
Grade	6th	94%	97%	
	7th	98%	95%	SU/SD statistically higher
	8th	86%	92%	SU/SD statistically lower
Sex	Female	94%	95%	
	Male	91%	94%	
Total		93%	94%	

3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Bennington Rutland	Vermont	Notes
Grade	6th	90%	94%	
	7th	96%	90%	SU/SD statistically higher
	8th	80%	83%	
Sex	Female	93%	90%	SU/SD statistically higher
	Male	84%	87%	
Total		89%	88%	

3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Bennington Rutland	Vermont	Notes
Grade	6th	92%	97%	SU/SD statistically lower
	7th	97%	92%	SU/SD statistically higher
	8th	84%	83%	
Sex	Female	93%	91%	
	Male	90%	89%	
Total		91%	90%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Bennington Rutland	Vermont	Notes
Grade	6th	.	70%	Too few students
	7th	81%	72%	SU/SD statistically higher
	8th	78%	72%	SU/SD statistically higher
Sex	Female	76%	71%	
	Male	73%	72%	
Total		74%	71%	

3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Bennington Rutland	Vermont	Notes
Grade	6th	46%	49%	
	7th	54%	49%	
	8th	46%	46%	
Sex	Female	46%	49%	
	Male	51%	46%	
Total		49%	48%	

3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Bennington Rutland	Vermont	Notes
Grade	6th	67%	67%	
	7th	61%	61%	
	8th	56%	51%	
Sex	Female	63%	60%	
	Male	59%	58%	
Total		61%	59%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use

3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Bennington Rutland	Vermont	Notes
Grade	6th	.	18%	Too few students
	7th	17%	24%	SU/SD statistically lower
	8th	32%	34%	
Sex	Female	20%	25%	
	Male	26%	29%	
Total		23%	27%	

3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Bennington Rutland	Vermont	Notes
Grade	6th	29%	24%	
	7th	33%	33%	
	8th	53%	46%	SU/SD statistically higher
Sex	Female	38%	35%	
	Male	40%	37%	
Total		39%	36%	

3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Bennington Rutland	Vermont	Notes
Grade	6th	.	6%	Too few students
	7th	7%	12%	SU/SD statistically lower
	8th	17%	22%	
Sex	Female	6%	13%	SU/SD statistically lower
	Male	13%	16%	
Total		10%	14%	SU/SD statistically lower

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Bennington Rutland	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	.	4%	Too few students
	8th	.	8%	Too few students
Sex	Female	.	4%	Too few students
	Male	6%	7%	
Total		4%	6%	SU/SD statistically lower

4.02 Percent of students who have ever had oral sex

		Bennington Rutland	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	Too few students
	8th	5%	9%	SU/SD statistically lower
Sex	Female	.	5%	Too few students
	Male	4%	6%	
Total		3%	5%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.01 Number of times during the past 7 days students ate breakfast

			Bennington Rutland	Vermont	Notes
Grade	6th	Never	.	4%	Too few students
		1 to 3 times	14%	13%	
		4 to 6 times	24%	22%	
		Everyday	61%	61%	

	7th	Never	9%	7%	
		1 to 3 times	17%	16%	
		4 to 6 times	28%	25%	
		Everyday	46%	51%	

	8th	Never	10%	8%	
		1 to 3 times	25%	20%	SU/SD statistically higher
		4 to 6 times	18%	25%	SU/SD statistically lower
		Everyday	47%	48%	

Sex	Female	Never	7%	8%	
		1 to 3 times	24%	21%	
		4 to 6 times	19%	26%	SU/SD statistically lower
		Everyday	49%	45%	

	Male	Never	6%	6%	
		1 to 3 times	14%	13%	
		4 to 6 times	28%	23%	SU/SD statistically higher
		Everyday	52%	59%	SU/SD statistically lower

Total		Never	7%	7%	
		1 to 3 times	19%	17%	
		4 to 6 times	23%	24%	
		Everyday	51%	52%	

*5 Nutrition and Physical Activity***5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		Bennington Rutland	Vermont	Notes
Grade	6th	31%	45%	SU/SD statistically lower
	7th	40%	41%	
	8th	44%	39%	
Sex	Female	41%	38%	SU/SD statistically lower
	Male	36%	44%	
Total		39%	41%	

5 Nutrition and Physical Activity

5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Bennington Rutland	Vermont	Notes	
Grade	6th	Never	.	8%	Too few students	
		1 to 4 days	36%	32%		
		5 to 6 days	29%	27%		
		Everyday	23%	33%		SU/SD statistically lower

	7th	Never	.	7%	Too few students	
		1 to 4 days	30%	34%		
		5 to 6 days	33%	28%		
		Everyday	34%	31%		

	8th	Never	.	8%	Too few students	
		1 to 4 days	43%	36%		SU/SD statistically higher
		5 to 6 days	22%	27%		
		Everyday	32%	29%		

Sex	Female	Never	5%	8%		
		1 to 4 days	38%	39%		
		5 to 6 days	34%	30%		
		Everyday	22%	23%		

	Male	Never	6%	8%		
		1 to 4 days	33%	29%		
		5 to 6 days	23%	25%		
		Everyday	38%	38%		

Total		Never	6%	8%		
		1 to 4 days	36%	34%		
		5 to 6 days	28%	27%		
		Everyday	30%	31%		

5 Nutrition and Physical Activity

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			Bennington Rutland	Vermont	Notes
Grade	6th	0 days	.	18%	Too few students
		1 to 2 days	12%	15%	
		3 to 4 days	16%	19%	
		Everyday	71%	48%	SU/SD statistically higher

	7th	0 days	.	30%	Too few students
		1 to 2 days	10%	17%	SU/SD statistically lower
		3 to 4 days	31%	17%	SU/SD statistically higher
		Everyday	57%	36%	SU/SD statistically higher

	8th	0 days	7%	33%	SU/SD statistically lower
		1 to 2 days	8%	16%	SU/SD statistically lower
		3 to 4 days	21%	16%	SU/SD statistically higher
		Everyday	64%	35%	SU/SD statistically higher

Sex	Female	0 days	.	28%	Too few students
		1 to 2 days	10%	18%	SU/SD statistically lower
		3 to 4 days	22%	17%	SU/SD statistically higher
		Everyday	65%	38%	SU/SD statistically higher

	Male	0 days	.	28%	Too few students
		1 to 2 days	11%	15%	SU/SD statistically lower
		3 to 4 days	24%	17%	SU/SD statistically higher
		Everyday	63%	40%	SU/SD statistically higher

Total	0 days		3%	28%	SU/SD statistically lower
	1 to 2 days		10%	16%	SU/SD statistically lower
	3 to 4 days		23%	17%	SU/SD statistically higher
	Everyday		63%	39%	SU/SD statistically higher

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Bennington Rutland	Vermont	Notes
Grade	6th	1 hour or less per day	67%	60%	
		2 to 4 hours per day	27%	34%	
		5 or more hours per day	.	6%	Too few students

	7th	1 hour or less per day	63%	57%	
		2 to 4 hours per day	36%	37%	
		5 or more hours per day	.	6%	Too few students

	8th	1 hour or less per day	70%	57%	SU/SD statistically higher
		2 to 4 hours per day	29%	37%	SU/SD statistically lower
		5 or more hours per day	.	7%	Too few students

Sex	Female	1 hour or less per day	68%	57%	SU/SD statistically higher
		2 to 4 hours per day	30%	37%	SU/SD statistically lower
		5 or more hours per day	.	6%	Too few students

	Male	1 hour or less per day	64%	58%	SU/SD statistically higher
		2 to 4 hours per day	32%	35%	
		5 or more hours per day	3%	7%	SU/SD statistically lower

Total		1 hour or less per day	66%	58%	SU/SD statistically higher
		2 to 4 hours per day	31%	36%	SU/SD statistically lower
		5 or more hours per day	3%	6%	SU/SD statistically lower

5 Nutrition and Physical Activity

5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Bennington Rutland	Vermont	Notes
Grade	6th	1 hour or less per day	54%	55%	
		2 to 4 hours per day	33%	33%	
		5 or more hours per day	13%	12%	

	7th	1 hour or less per day	48%	46%	
		2 to 4 hours per day	44%	40%	
		5 or more hours per day	8%	14%	SU/SD statistically lower

	8th	1 hour or less per day	32%	40%	SU/SD statistically lower
		2 to 4 hours per day	49%	41%	SU/SD statistically higher
		5 or more hours per day	19%	19%	

Sex	Female	1 hour or less per day	43%	48%	
		2 to 4 hours per day	44%	37%	SU/SD statistically higher
		5 or more hours per day	14%	15%	

	Male	1 hour or less per day	46%	44%	
		2 to 4 hours per day	42%	41%	
		5 or more hours per day	12%	15%	

Total	1 hour or less per day		44%	46%	
	2 to 4 hours per day		43%	39%	
	5 or more hours per day		13%	15%	

*5 Nutrition and Physical Activity***5.07 Number of days in the average week students went online for something not school-related**

			Bennington Rutland	Vermont	Notes
Grade	6th	Never	4%	22%	SU/SD statistically lower
		1 to 5 days	49%	45%	
		At least six days	47%	33%	SU/SD statistically higher

	7th	Never	12%	16%	
		1 to 5 days	43%	41%	
		At least six days	45%	42%	

	8th	Never	.	11%	Too few students
		1 to 5 days	30%	34%	
		At least six days	66%	55%	SU/SD statistically higher

Sex	Female	Never	4%	13%	SU/SD statistically lower
		1 to 5 days	42%	41%	
		At least six days	54%	46%	SU/SD statistically higher

	Male	Never	10%	18%	SU/SD statistically lower
		1 to 5 days	38%	38%	
		At least six days	52%	44%	SU/SD statistically higher

Total	Never		7%	15%	SU/SD statistically lower
	1 to 5 days		40%	39%	
	At least six days		53%	45%	SU/SD statistically higher

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Bennington Rutland	Vermont	Notes
Grade	6th	83%	81%	
	7th	81%	80%	
	8th	80%	78%	
Sex	Female	76%	80%	
	Male	86%	79%	SU/SD statistically higher
Total		81%	79%	

6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Bennington Rutland	Vermont	Notes
Grade	6th	73%	60%	SU/SD statistically higher
	7th	61%	56%	
	8th	57%	51%	SU/SD statistically higher
Sex	Female	61%	50%	SU/SD statistically higher
	Male	67%	59%	SU/SD statistically higher
Total		63%	55%	SU/SD statistically higher

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Bennington Rutland	Vermont	Notes
Grade	6th	83%	69%	SU/SD statistically higher
	7th	71%	62%	SU/SD statistically higher
	8th	67%	59%	SU/SD statistically higher
Sex	Female	75%	62%	SU/SD statistically higher
	Male	72%	64%	SU/SD statistically higher
Total		73%	63%	SU/SD statistically higher

6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Bennington Rutland	Vermont	Notes
Grade	6th	32%	45%	SU/SD statistically lower
	7th	52%	44%	SU/SD statistically higher
	8th	42%	39%	
Sex	Female	38%	42%	
	Male	48%	43%	
Total		42%	43%	