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# **2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT**

## **REPORT FOR WINDHAM COUNTY**

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Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at [www.healthvermont.gov/yrbs](http://www.healthvermont.gov/yrbs)

TABLE OF CONTENTS

**About the YRBS** .....3

**METHODOLOGY**.....4

**USING THE YRBS RESULTS**.....4

**HIGH SCHOOL RESULTS**.....6

Section 1: Demographics .....6

Section 2: Personal Safety .....7

Section 3: Mental Health.....20

Section 4: Substance Use .....22

Section 5: Sexual Health .....54

Section 6: BMI and Weight Perceptions .....60

Section 7: Physical Activity and Nutrition .....64

Section 8: Social Determinants of Health .....72

Section 9: Youth Assets and Other Protective Factors .....74

**MIDDLE SCHOOL RESULTS** .....82

Section 1: Demographics .....82

Section 2: Personal Safety .....83

Section 3: Mental Health.....93

Section 4: Substance Use .....96

Section 5: Sexual Activity .....115

Section 6: Physical Activity and Nutrition .....116

Section 7: Social Determinants of Health .....124

Section 8: Youth Assets and Other Protective Factors .....125

## About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at:  
[www.healthvermont.gov/yrbs](http://www.healthvermont.gov/yrbs)

## METHODOLOGY

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such as during all math classes or during a specific hour, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyyouth/data/yrbs/methods>

## USING THE YRBS RESULTS

### ENGAGING STUDENTS, SCHOOLS, AND COMMUNITIES

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

Increase Awareness: The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at:

<http://www.upforlearning.org/initiatives/getting-to-y>

## POPULATIONS IN FOCUS

Adverse health outcomes and behaviors experienced by specific populations are not intrinsic to youth themselves and are often instead due to social, economic and environmental inequities.

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the county or district. Smaller areas may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

## UNDERSTANDING AND INTERPRETING THE RESULTS

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular county.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a county, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

# HIGH SCHOOL RESULTS

## WINDHAM COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT

HIGH SCHOOL DEMOGRAPHICS		
	Windham	VT
Total	1403	27349

		Windham	VT
Sex	Male	50%	51%
	Female	50%	49%
Grade	9th Grade	26%	25%
	10th Grade	26%	25%
	11th Grade	24%	25%
	12th Grade	25%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	84%	83%
	Students of Color (REM)	16%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	86%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	14%	11%

SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

WERE IN A PHYSICAL FIGHT, PAST YEAR

		Windham	VT	
Overall		17%	17%	Overall Differences: State vs County
Sex	Male	23%	22%	VT and County are Similar
	Female	11%	11%	
Grade	Grade 9	22%	21%	Within County Differences
	Grade 10	17%	18%	
	Grade 11	11%	15%	
	Grade 12	16%	13%	
Race	WnH	16%	16%	Males > Females
	REM	21%	23%	
Sexual Orientation	Het/Cis	17%	16%	9 > 11
	LGBT	19%	23%	

WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR

		Windham	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	2%	3%	
Grade	Grade 9	9%	9%	Within County Differences
	Grade 10	7%	7%	
	Grade 11	2%	6%	
	Grade 12	5%	4%	
Race	WnH	6%	5%	Males > Females
	REM	8%	11%	
Sexual Orientation	Het/Cis	6%	6%	9 > 11
	LGBT	7%	10%	



SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

**CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS**

		Windham	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	10%	10%	VT and County are Similar
	Female	2%	3%	
				Within County Differences
Grade	Grade 9	5%	5%	Males > Females
	Grade 10	5%	6%	
	Grade 11	6%	8%	
	Grade 12	9%	8%	
Race	WnH	6%	6%	
	REM	7%	10%	
Sexual Orientation	Het/Cis	6%	6%	
	LGBT	6%	10%	

**WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR**

		Windham	VT	
Overall		4%	5%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	3%	3%	
				Within County Differences
Grade	Grade 9	5%	6%	Too few students in at least one grade
	Grade 10	6%	5%	
	Grade 11	.	4%	
	Grade 12	4%	4%	
Race	WnH	3%	4%	REM > WnH
	REM	9%	9%	
Sexual Orientation	Het/Cis	3%	4%	
	LGBT	8%	10%	

SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

WERE ELECTRONICALLY BULLIED, PAST YEAR

		Windham	VT	
Overall		18%	16%	Overall Differences: State vs County
Sex	Male	10%	10%	VT and County are Similar
	Female	25%	22%	
Grade	Grade 9	21%	19%	Within County Differences
	Grade 10	20%	16%	
	Grade 11	18%	15%	
	Grade 12	12%	13%	
Race	WnH	17%	15%	Females > Males
	REM	24%	18%	
Sexual Orientation	Het/Cis	16%	14%	9 > 12
	LGBT	34%	30%	
				LGBT > Het/CIS

WERE BULLIED, PAST 30 DAYS

		Windham	VT	
Overall		17%	16%	Overall Differences: State vs County
Sex	Male	12%	11%	VT and County are Similar
	Female	22%	20%	
Grade	Grade 9	28%	21%	Within County Differences
	Grade 10	17%	16%	
	Grade 11	15%	14%	
	Grade 12	11%	12%	
Race	WnH	17%	15%	Females > Males
	REM	18%	18%	
Sexual Orientation	Het/Cis	14%	14%	9 > 10
	LGBT	39%	30%	
				9 > 11
				9 > 12
				LGBT > Het/CIS

SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

**BULLIED SOMEONE ELSE, PAST 30 DAYS**

		Windham	VT	
Overall		10%	9%	Overall Differences: State vs County
Sex	Male	10%	10%	VT and County are Similar
	Female	10%	8%	
Grade	Grade 9	10%	9%	Within County Differences
	Grade 10	11%	9%	
	Grade 11	12%	9%	
	Grade 12	7%	8%	
Race	WnH	9%	8%	
	REM	13%	12%	
Sexual Orientation	Het/Cis	9%	8%	
	LGBT	14%	13%	

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS**

		Windham	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	5%	6%	
Grade	Grade 9	5%	5%	Within County Differences
	Grade 10	5%	5%	
	Grade 11	6%	5%	
	Grade 12	4%	4%	
Race	WnH	4%	4%	LGBT > Het/CIS
	REM	7%	9%	
Sexual Orientation	Het/Cis	4%	4%	
	LGBT	10%	12%	

SECTION 2: PERSONAL SAFETY  
SEXUAL AND DATING VIOLENCE

WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE

		Windham	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	2%	3%	VT and County are Similar
	Female	10%	9%	
Grade	Grade 9	4%	5%	Within County Differences Females > Males LGBT > Het/CIS
	Grade 10	5%	5%	
	Grade 11	8%	7%	
	Grade 12	7%	7%	
Race	WnH	6%	6%	
	REM	8%	9%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	15%	18%	

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR

		Windham	VT	
Overall		9%	10%	Overall Differences: State vs County
Sex	Male	4%	5%	VT and County are Similar
	Female	12%	15%	
Grade	Grade 9	10%	10%	Within County Differences Females > Males LGBT > Het/CIS
	Grade 10	11%	11%	
	Grade 11	9%	10%	
	Grade 12	6%	9%	
Race	WnH	9%	9%	
	REM	8%	14%	
Sexual Orientation	Het/Cis	7%	8%	
	LGBT	17%	23%	

SECTION 2: PERSONAL SAFETY  
 SEXUAL AND DATING VIOLENCE

EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR

		Windham	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	8%	8%	Within County Differences
Grade	Grade 9	6%	5%	LGBT > Het/CIS
	Grade 10	7%	7%	
	Grade 11	8%	7%	
	Grade 12	4%	7%	
Race	WnH	6%	6%	
	REM	7%	11%	
Sexual Orientation	Het/Cis	5%	5%	
	LGBT	12%	15%	

SECTION 2: PERSONAL SAFETY  
IMPAIRED DRIVING AND RIDING

**DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS**

		Windham	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	8%	9%	VT and County are Similar
	Female	5%	5%	
				Within County Differences
Grade	Grade 9	.	5%	Too few students in at least one grade
	Grade 10	.	4%	
	Grade 11	8%	7%	
	Grade 12	10%	10%	
Race	WnH	6%	6%	Too few students by sexual orientation
	REM	7%	13%	
Sexual Orientation	Het/Cis	6%	7%	
	LGBT	.	11%	

**DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS**

		Windham	VT	
Overall		14%	14%	Overall Differences: State vs County
Sex	Male	18%	16%	VT and County are Similar
	Female	9%	12%	
				Within County Differences
Grade	Grade 9	5%	8%	Males > Females
	Grade 10	6%	9%	
	Grade 11	17%	15%	
	Grade 12	21%	21%	
Race	WnH	13%	13%	11 > 9
	REM	17%	20%	
Sexual Orientation	Het/Cis	13%	13%	12 > 9
	LGBT	16%	21%	12 > 10

SECTION 2: PERSONAL SAFETY  
 IMPAIRED DRIVING AND RIDING

<b>RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS</b>			
		<b>Windham</b>	<b>VT</b>
Overall		20%	18%
Overall Differences: State vs County			
Sex	Male	20%	17%
VT and County are Similar			
	Female	19%	19%
Within County Differences			
Grade	Grade 9	19%	17%
	Grade 10	20%	18%
	Grade 11	19%	18%
	Grade 12	20%	18%
Race	WnH	20%	18%
	REM	17%	20%
Sexual Orientation	Het/Cis	19%	17%
	LGBT	23%	22%

<b>RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS</b>			
		<b>Windham</b>	<b>VT</b>
Overall		25%	20%
Overall Differences: State vs County			
Sex	Male	24%	20%
County > VT			
	Female	25%	20%
Within County Differences			
Grade	Grade 9	14%	13%
	Grade 10	21%	18%
	Grade 11	30%	22%
	Grade 12	34%	28%
LGBT > Het/CIS			
Race	WnH	24%	20%
	REM	29%	23%
Sexual Orientation	Het/Cis	24%	19%
	LGBT	33%	29%

SECTION 2: PERSONAL SAFETY  
 IMPAIRED DRIVING AND RIDING

**TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER  
 VEHICLE, PAST 30 DAYS**

		Windham	VT	
Overall		34%	34%	Overall Differences: State vs County
Sex	Male	37%	34%	VT and County are Similar
	Female	31%	34%	
Grade	Grade 9	5%	9%	11 > 9
	Grade 10	13%	16%	12 > 9
	Grade 11	41%	42%	12 > 10
	Grade 12	59%	53%	11 > 10
Race	WnH	35%	34%	12 > 11
	REM	31%	32%	
Sexual Orientation	Het/Cis	36%	34%	
	LGBT	25%	31%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY  
INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

	Windham	VT	
Never wore a helmet	11%	11%	County > VT  VT > County
Rarely wore a helmet	4%	3%	
Sometimes wore a helmet	4%	3%	
Most of the time wore a helmet	13%	9%	
Always wore a helmet	68%	74%	

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

		Windham	VT	
Overall		15%	14%	Overall Differences: State vs County
Sex	Male	19%	17%	VT and County are Similar
	Female	10%	9%	
Grade	Grade 9	12%	11%	Within County Differences  Males > Females  Too few students by sexual orientation
	Grade 10	16%	13%	
	Grade 11	11%	15%	
	Grade 12	23%	15%	
Race	WnH	15%	12%	
	REM	15%	24%	
Sexual Orientation	Het/Cis	14%	12%	
	LGBT	.	24%	

SECTION 2: PERSONAL SAFETY  
 INJURY AND PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING  
 PHYSICALLY ACTIVE, PAST YEAR**

		Windham	VT	
Overall		15%	18%	Overall Differences: State vs County
Sex	Male	18%	20%	VT > County
	Female	13%	16%	Within County Differences
Grade	Grade 9	19%	20%	Males > Females
	Grade 10	12%	18%	
	Grade 11	16%	17%	
	Grade 12	14%	16%	
Race	WnH	16%	17%	
	REM	13%	22%	
Sexual Orientation	Het/Cis	16%	18%	
	LGBT	12%	15%	

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		57%	54%	Overall Differences: State vs County
Sex	Male	54%	51%	VT and County are Similar
	Female	60%	58%	
Within County Differences				
Grade	Grade 9	46%	47%	10 > 9
	Grade 10	59%	53%	11 > 9
	Grade 11	62%	58%	12 > 9
	Grade 12	62%	61%	
Race	WnH	58%	56%	
	REM	54%	50%	
Sexual Orientation	Het/Cis	56%	54%	
	LGBT	66%	62%	

<b>MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		62%	55%	Overall Differences: State vs County
Sex	Male	60%	53%	County > VT
	Female	63%	56%	
Within County Differences				
Grade	Grade 9	65%	57%	LGBT > Het/CIS
	Grade 10	64%	56%	
	Grade 11	60%	54%	
	Grade 12	59%	52%	
Race	WnH	62%	56%	
	REM	58%	47%	
Sexual Orientation	Het/Cis	61%	55%	
	LGBT	72%	57%	

SECTION 2: PERSONAL SAFETY  
TOBACCO EXPOSURE AND PREVENTION

**WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS**

		Windham	VT	
Overall		26%	23%	Overall Differences: State vs County
Sex	Male	23%	23%	VT and County are Similar
	Female	28%	23%	
				Within County Differences
Grade	Grade 9	25%	22%	LGBT > Het/CIS
	Grade 10	24%	23%	
	Grade 11	28%	23%	
	Grade 12	27%	24%	
Race	WnH	25%	22%	
	REM	29%	27%	
Sexual Orientation	Het/Cis	24%	22%	
	LGBT	38%	33%	

**WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS**

		Windham	VT	
Overall		35%	33%	Overall Differences: State vs County
Sex	Male	33%	33%	VT and County are Similar
	Female	35%	33%	
				Within County Differences
Grade	Grade 9	33%	32%	LGBT > Het/CIS
	Grade 10	33%	33%	
	Grade 11	34%	33%	
	Grade 12	38%	36%	
Race	WnH	34%	33%	
	REM	37%	34%	
Sexual Orientation	Het/Cis	33%	32%	
	LGBT	47%	44%	

SECTION 3: MENTAL HEALTH

**FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR**

		Windham	VT	
Overall		27%	25%	Overall Differences: State vs County
Sex	Male	17%	16%	VT and County are Similar
	Female	36%	35%	
Grade	Grade 9	21%	23%	Within County Differences
	Grade 10	32%	26%	
	Grade 11	30%	26%	
	Grade 12	24%	26%	
Race	WnH	26%	25%	Females > Males
	REM	30%	28%	
Sexual Orientation	Het/Cis	21%	21%	10 > 9
	LGBT	63%	58%	

**DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR**

		Windham	VT	
Overall		18%	16%	Overall Differences: State vs County
Sex	Male	7%	9%	VT and County are Similar
	Female	28%	25%	
Grade	Grade 9	20%	18%	Within County Differences
	Grade 10	23%	18%	
	Grade 11	18%	16%	
	Grade 12	10%	14%	
Race	WnH	18%	16%	Females > Males
	REM	16%	18%	
Sexual Orientation	Het/Cis	12%	12%	9 > 12
	LGBT	52%	48%	

SECTION 3: MENTAL HEALTH

<b>MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		13%	11%	Overall Differences: State vs County
Sex	Male	8%	7%	VT and County are Similar
	Female	17%	15%	
Grade	Grade 9	12%	11%	Within County Differences
	Grade 10	15%	12%	
	Grade 11	13%	11%	
	Grade 12	10%	10%	
Race	WnH	12%	10%	Females > Males
	REM	17%	15%	
Sexual Orientation	Het/Cis	8%	8%	LGBT > Het/CIS
	LGBT	38%	33%	

<b>ATTEMPTED SUICIDE, PAST YEAR</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	8%	7%	
Grade	Grade 9	6%	6%	Within County Differences
	Grade 10	7%	6%	
	Grade 11	6%	5%	
	Grade 12	4%	4%	
Race	WnH	5%	5%	Females > Males
	REM	7%	8%	
Sexual Orientation	Het/Cis	3%	4%	LGBT > Het/CIS
	LGBT	21%	18%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Windham	VT	
Overall		26%	24%	Overall Differences: State vs County
Sex	Male	27%	26%	VT and County are Similar
	Female	25%	22%	
Grade	Grade 9	14%	17%	10 > 9
	Grade 10	23%	21%	11 > 9
	Grade 11	32%	28%	12 > 9
	Grade 12	35%	31%	12 > 10
Race	WnH	26%	23%	LGBT > Het/CIS
	REM	27%	28%	
Sexual Orientation	Het/Cis	24%	22%	LGBT > Het/CIS
	LGBT	42%	38%	

SMOKED A CIGARETTE BEFORE AGE 13 YEARS

		Windham	VT	
Overall		10%	8%	Overall Differences: State vs County
Sex	Male	11%	9%	County > VT
	Female	10%	6%	
Grade	Grade 9	8%	8%	LGBT > Het/CIS
	Grade 10	11%	8%	
	Grade 11	12%	8%	
	Grade 12	10%	7%	
Race	WnH	9%	7%	LGBT > Het/CIS
	REM	14%	12%	
Sexual Orientation	Het/Cis	9%	7%	LGBT > Het/CIS
	LGBT	19%	14%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED AN ELECTRONIC VAPOR PRODUCT				
		Windham	VT	
Overall		39%	34%	Overall Differences: State vs County
Sex	Male	41%	37%	County > VT
	Female	37%	31%	Within County Differences
Grade	Grade 9	28%	23%	11 > 9
	Grade 10	36%	31%	12 > 9
	Grade 11	45%	38%	12 > 10
	Grade 12	48%	44%	
Race	WnH	38%	34%	
	REM	41%	35%	
Sexual Orientation	Het/Cis	39%	34%	
	LGBT	42%	38%	

EVER TRIED FLAVORED TOBACCO PRODUCTS				
		Windham	VT	
Overall		22%	21%	Overall Differences: State vs County
Sex	Male	26%	24%	VT and County are Similar
	Female	17%	17%	Within County Differences
Grade	Grade 9	11%	12%	Males > Females
	Grade 10	20%	17%	10 > 9
	Grade 11	29%	24%	11 > 9
	Grade 12	29%	30%	12 > 9
Race	WnH	22%	20%	12 > 10
	REM	21%	21%	11 > 10
Sexual Orientation	Het/Cis	22%	20%	
	LGBT	26%	26%	



SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER DRANK ALCOHOL				
		Windham	VT	
Overall		60%	58%	Overall Differences: State vs County
Sex	Male	58%	57%	VT and County are Similar
	Female	62%	58%	Within County Differences
Grade	Grade 9	41%	41%	10 > 9
	Grade 10	54%	54%	11 > 9
	Grade 11	68%	65%	12 > 9
	Grade 12	80%	71%	12 > 10
Race	WnH	59%	58%	11 > 10
	REM	66%	56%	12 > 11
Sexual Orientation	Het/Cis	60%	57%	
	LGBT	69%	66%	

DRANK ALCOHOL BEFORE AGE 13 YEARS				
		Windham	VT	
Overall		15%	14%	Overall Differences: State vs County
Sex	Male	16%	16%	VT and County are Similar
	Female	13%	11%	Within County Differences
Grade	Grade 9	16%	17%	
	Grade 10	14%	13%	
	Grade 11	17%	13%	
	Grade 12	13%	11%	
Race	WnH	14%	12%	
	REM	20%	21%	
Sexual Orientation	Het/Cis	14%	13%	
	LGBT	19%	20%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED MARIJUANA				
		Windham	VT	
Overall		44%	37%	Overall Differences: State vs County
Sex	Male	43%	37%	County > VT
	Female	44%	37%	
				Within County Differences
Grade	Grade 9	31%	23%	11 > 9
	Grade 10	36%	34%	12 > 9
	Grade 11	49%	42%	12 > 10
	Grade 12	59%	50%	11 > 10
Race	WnH	43%	38%	LGBT > Het/CIS
	REM	46%	37%	
Sexual Orientation	Het/Cis	43%	36%	LGBT > Het/CIS
	LGBT	52%	49%	

TRIED MARIJUANA BEFORE AGE 13 YEARS				
		Windham	VT	
Overall		8%	6%	Overall Differences: State vs County
Sex	Male	10%	7%	County > VT
	Female	7%	5%	
				Within County Differences
Grade	Grade 9	8%	6%	LGBT > Het/CIS
	Grade 10	6%	6%	
	Grade 11	10%	6%	
	Grade 12	8%	5%	
Race	WnH	8%	5%	LGBT > Het/CIS
	REM	10%	10%	
Sexual Orientation	Het/Cis	8%	5%	LGBT > Het/CIS
	LGBT	15%	11%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER MISUSED PRESCRIPTION PAIN MEDICINE			
		Windham	VT
Overall		7%	8%
Overall Differences: State vs County			
Sex	Male	7%	8%
	Female	7%	7%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	6%	6%
	Grade 10	7%	7%
	Grade 11	8%	8%
	Grade 12	8%	9%
LGBT > Het/CIS			
Race	WnH	7%	7%
	REM	9%	11%
Sexual Orientation	Het/Cis	6%	7%
	LGBT	15%	16%

EVER MISUSED PRESCRIPTION STIMULANTS			
		Windham	VT
Overall		8%	6%
Overall Differences: State vs County			
Sex	Male	9%	7%
	Female	6%	6%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	3%	4%
	Grade 10	8%	6%
	Grade 11	10%	6%
	Grade 12	8%	9%
10 > 9			
11 > 9			
12 > 9			
LGBT > Het/CIS			
Race	WnH	7%	6%
	REM	9%	10%
Sexual Orientation	Het/Cis	6%	5%
	LGBT	17%	12%

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED COCAINE				
		Windham	VT	
Overall		4%	4%	Overall Differences: State vs County
Sex	Male	6%	5%	VT and County are Similar
	Female	3%	3%	
				Within County Differences
Grade	Grade 9	.	2%	Too few students in at least one grade
	Grade 10	3%	3%	
	Grade 11	4%	4%	
	Grade 12	8%	6%	
Race	WnH	4%	3%	
	REM	4%	8%	
Sexual Orientation	Het/Cis	4%	3%	
	LGBT	7%	9%	

EVER USED INHALANTS				
		Windham	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	6%	6%	
				Within County Differences
Grade	Grade 9	8%	6%	LGBT > Het/CIS
	Grade 10	6%	6%	
	Grade 11	5%	6%	
	Grade 12	5%	6%	
Race	WnH	5%	5%	
	REM	9%	10%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	17%	16%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED HEROIN			
		Windham	VT
Overall		1%	2%
Overall Differences: State vs County			
Sex	Male	2%	3%
	Female	.	1%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	.	1%
	Grade 10	.	2%
	Grade 11	2%	2%
	Grade 12	.	2%
Too few students by sex			
Too few students in at least one grade			
Too few students by race			
Too few students by sexual orientation			
Race	WnH	1%	1%
	REM	.	5%
Sexual Orientation	Het/Cis	1%	1%
	LGBT	.	5%

EVER USED METHAMPHETAMINES			
		Windham	VT
Overall		1%	2%
Overall Differences: State vs County			
Sex	Male	2%	3%
	Female	1%	1%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	.	1%
	Grade 10	.	2%
	Grade 11	3%	2%
	Grade 12	.	3%
Too few students in at least one grade			
Too few students by race			
Race	WnH	1%	1%
	REM	.	6%
Sexual Orientation	Het/Cis	1%	2%
	LGBT	4%	5%

SECTION 4: SUBSTANCE USE  
CURRENT USE

USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR					
		Windham	VT		
Overall		24%	24%	Overall Differences: State vs County	
Sex	Male	29%	28%	VT and County are Similar	
	Female	19%	18%		
Grade	Grade 9	14%	14%	Within County Differences	
	Grade 10	25%	20%		Males > Females
	Grade 11	29%	26%		10 > 9
	Grade 12	29%	33%		11 > 9
Race	WnH	24%	26%	12 > 9	
	REM	22%	23%		
Sexual Orientation	Het/Cis	23%	23%		
	LGBT	32%	31%		

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
		Windham	VT		
Overall		20%	19%	Overall Differences: State vs County	
Sex	Male	26%	23%	VT and County are Similar	
	Female	14%	14%		
Grade	Grade 9	11%	11%	Within County Differences	
	Grade 10	19%	16%		Males > Females
	Grade 11	25%	22%		11 > 9
	Grade 12	24%	28%		12 > 9
Race	WnH	20%	19%		
	REM	17%	20%		
Sexual Orientation	Het/Cis	19%	18%		
	LGBT	24%	25%		

SECTION 4: SUBSTANCE USE  
CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS					
		Windham	VT		
Overall		15%	15%	Overall Differences: State vs County	
Sex	Male	19%	19%	VT and County are Similar	
	Female	10%	11%		
Grade	Grade 9	8%	8%	Within County Differences	
	Grade 10	14%	12%		Males > Females
	Grade 11	19%	17%		10 > 9
	Grade 12	18%	22%		11 > 9
Race	WnH	15%	15%	12 > 9	
	REM	13%	16%		
Sexual Orientation	Het/Cis	14%	14%		
	LGBT	18%	21%		

SMOKED CIGARETTES, PAST 30 DAYS					
		Windham	VT		
Overall		10%	9%	Overall Differences: State vs County	
Sex	Male	11%	10%	VT and County are Similar	
	Female	9%	8%		
Grade	Grade 9	5%	5%	Within County Differences	
	Grade 10	9%	7%		11 > 9
	Grade 11	15%	11%		12 > 9
	Grade 12	11%	13%		LGBT > Het/CIS
Race	WnH	10%	9%		
	REM	9%	12%		
Sexual Orientation	Het/Cis	9%	8%		
	LGBT	17%	18%		

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES		
	Windham	VT
1 or 2 days	30%	29%
3 to 5 days	13%	15%
6 to 9 days	13%	10%
10 to 19 days	9%	12%
20 to 29 days	16%	9%
All 30 days	19%	25%

County > VT

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		Windham	VT	
Overall		19%	25%	Overall Differences: State vs County
Sex	Male	15%	27%	VT and County are Similar
	Female	23%	20%	Within County Differences
Grade	Grade 9	.	24%	Too few students in at least one grade
	Grade 10	.	21%	Too few students by race
	Grade 11	.	23%	Too few students by sexual orientation
	Grade 12	.	26%	
Race	WnH	15%	38%	
	REM	.	21%	
Sexual Orientation	Het/Cis	17%	22%	
	LGBT	.	29%	



SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES  
SMOKED ON DAYS SMOKED

	Windham	VT	
Less than 1 cigarette	27%	30%	
1 cigarette	23%	19%	
2 to 5 cigarettes	35%	30%	
6 to 10 cigarettes	12%	9%	
11 to 20 cigarettes	.	4%	Too few students
More than 20 cigarettes	.	8%	Too few students

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE  
CIGARETTES ON DAYS SMOKED

		Windham	VT	
Overall		.	12%	Overall Differences: State vs County
Sex	Male	.	15%	Too few students
	Female	.	6%	Within County Differences
Grade	Grade 9	.	12%	Too few students by sex
	Grade 10	.	8%	Too few students in at least one grade
	Grade 11	.	10%	Too few students by race
	Grade 12	.	12%	Too few students by sexual orientation
Race	WnH	.	28%	
	REM	.	7%	
Sexual Orientation	Het/Cis	.	10%	
	LGBT	.	14%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		Windham	VT		
Overall		13%	12%	Overall Differences: State vs County	
Sex	Male	17%	14%	VT and County are Similar	
	Female	9%	9%		
Grade	Grade 9	8%	7%	Within County Differences	
	Grade 10	12%	10%		Males > Females
	Grade 11	17%	13%		11 > 9
	Grade 12	17%	17%		12 > 9
Race	WnH	14%	12%		
	REM	11%	13%		
Sexual Orientation	Het/Cis	13%	12%		
	LGBT	16%	16%		

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	Windham	VT	
Friend/family used them	39%	35%	
To try to quit other tobacco	8%	5%	County > VT
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	.	1%	Too few students
Less harmful than other tobacco	8%	8%	
Available in flavors	18%	17%	
Used for some other reason	27%	33%	VT > County

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF  
ELECTRONIC VAPOR PRODUCTS USE

	Windham	VT
1 or 2 days	39%	37%
3 to 5 days	21%	19%
6 to 9 days	8%	11%
10 to 19 days	11%	12%
20 to 29 days	9%	7%
All 30 days	11%	15%

AMONG CURRENT USERS: USED ELECTRONIC VAPOR  
PRODUCTS ON 10+ DAYS

		Windham	VT	
Overall		31%	33%	Overall Differences: State vs County
Sex	Male	34%	37%	VT and County are Similar
	Female	.	26%	Within County Differences
Grade	Grade 9	.	29%	Too few students by sex
	Grade 10	.	36%	Too few students in at least one grade
	Grade 11	.	31%	Too few students by race
	Grade 12	.	34%	Too few students by sexual orientation
Race	WnH	31%	44%	
	REM	.	30%	
Sexual Orientation	Het/Cis	30%	32%	
	LGBT	.	37%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	Windham	VT	
Bought them in a store	10%	8%	Too few students
I got them on the Internet	7%	10%	
Someone else bought them	10%	14%	
Borrowed them	47%	38%	
A person 18 or older gave me	11%	11%	
Took them from a store	.	2%	
Some other way	14%	18%	

USED SMOKELESS TOBACCO, PAST 30 DAYS

		Windham	VT	
Overall		5%	5%	Overall Differences: State vs County
Sex	Male	9%	8%	VT and County are Similar
	Female	1%	2%	
Grade	Grade 9	3%	3%	Within County Differences
	Grade 10	4%	5%	
	Grade 11	6%	6%	
	Grade 12	8%	7%	
Race	WnH	5%	5%	Males > Females Too few students by sexual orientation
	REM	6%	7%	
Sexual Orientation	Het/Cis	6%	5%	
	LGBT	.	5%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

**SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS**

		Windham	VT	
Overall		7%	9%	Overall Differences: State vs County
Sex	Male	10%	13%	VT > County
	Female	3%	6%	Within County Differences
Grade	Grade 9	3%	4%	Males > Females
	Grade 10	8%	7%	10 > 9
	Grade 11	8%	10%	11 > 9
	Grade 12	9%	15%	12 > 9
Race	WnH	6%	9%	
	REM	9%	10%	
Sexual Orientation	Het/Cis	6%	9%	
	LGBT	10%	12%	

**TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR**

		Windham	VT	
Overall		41%	33%	Overall Differences: State vs County
Sex	Male	39%	30%	County > VT
	Female	45%	37%	Within County Differences
Grade	Grade 9	.	33%	Too few students in at least one grade
	Grade 10	45%	35%	Too few students by race
	Grade 11	40%	32%	Too few students by sexual orientation
	Grade 12	48%	32%	
Race	WnH	42%	33%	
	REM	.	33%	
Sexual Orientation	Het/Cis	39%	32%	
	LGBT	.	43%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

**DRANK ALCOHOL, PAST 30 DAYS**

		Windham	VT	
Overall		34%	33%	Overall Differences: State vs County
Sex	Male	33%	32%	VT and County are Similar
	Female	35%	34%	
Grade	Grade 9	19%	20%	10 > 9
	Grade 10	32%	30%	11 > 9
	Grade 11	36%	36%	12 > 9
	Grade 12	50%	46%	12 > 10
Race	WnH	35%	34%	12 > 11
	REM	30%	29%	
Sexual Orientation	Het/Cis	34%	33%	
	LGBT	36%	37%	

**BINGE DRANK, PAST 30 DAYS**

		Windham	VT	
Overall		16%	17%	Overall Differences: State vs County
Sex	Male	16%	17%	VT and County are Similar
	Female	16%	17%	
Grade	Grade 9	6%	8%	10 > 9
	Grade 10	13%	14%	11 > 9
	Grade 11	18%	19%	12 > 9
	Grade 12	27%	27%	12 > 10
Race	WnH	17%	17%	12 > 11
	REM	14%	16%	
Sexual Orientation	Het/Cis	17%	17%	
	LGBT	14%	18%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF DRINKING		
	Windham	VT
1 or 2 days	54%	49%
3 to 5 days	24%	26%
6 to 9 days	11%	13%
10 to 19 days	8%	7%
20 to 29 days	2%	2%
All 30 days	.	3%
Too few students		

AMONG CURRENT USERS: DRANK ON 10+ DAYS			
		Windham	VT
Overall		11%	12%
Overall Differences: State vs County			
Sex	Male	15%	15%
	Female	7%	9%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	.	11%
	Grade 10	11%	11%
	Grade 11	8%	12%
	Grade 12	15%	13%
Too few students in at least one grade			
Race	WnH	10%	22%
	REM	.	10%
Too few students by race			
Sexual Orientation	Het/Cis	11%	11%
	LGBT	.	18%
Too few students by sexual orientation			

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED		
	Windham	VT
1 or 2 drinks	40%	35%
3 drinks	7%	6%
4 drinks	7%	8%
5 drinks	11%	13%
6 or 7 drinks	13%	15%
8 or 9 drinks	10%	8%
10 or more drinks	13%	14%

AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)				
		Windham	VT	
Overall		52%	57%	Overall Differences: State vs County
Sex	Male	54%	59%	VT and County are Similar
	Female	50%	55%	Within County Differences
Grade	Grade 9	.	46%	Too few students in at least one grade
	Grade 10	44%	53%	Too few students by race
	Grade 11	56%	57%	Too few students by sexual orientation
	Grade 12	60%	63%	
Race	WnH	52%	61%	
	REM	.	56%	
Sexual Orientation	Het/Cis	54%	57%	
	LGBT	.	55%	



SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE		
	Windham	VT
Bought in store	3%	3%
Bought in restaurant	.	2%
Bought at public event	.	0%
I gave someone money to buy	26%	23%
Someone gave it to me	40%	40%
Took from store/family	11%	12%
Some other way	19%	20%

USED MARIJUANA, PAST 30 DAYS			
		Windham	VT
Overall		27%	24%
Sex	Male	29%	24%
	Female	25%	23%
Grade	Grade 9	20%	15%
	Grade 10	24%	22%
	Grade 11	25%	25%
	Grade 12	39%	32%
Race	WnH	27%	23%
	REM	29%	24%
Sexual Orientation	Het/Cis	25%	23%
	LGBT	39%	33%

Overall Differences: State vs County

County > VT

Within County Differences

12 > 9

12 > 10

12 > 11

LGBT > Het/CIS

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	Windham	VT
1 or 2 times	37%	34%
3 to 9 times	22%	25%
10 to 19 times	11%	12%
20 to 39 times	14%	10%
40 or more times	17%	20%

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

		Windham	VT	
Overall		41%	41%	Overall Differences: State vs County
Sex	Male	47%	47%	VT and County are Similar
	Female	33%	35%	Within County Differences
Grade	Grade 9	27%	37%	Too few students by race
	Grade 10	40%	40%	
	Grade 11	49%	41%	
	Grade 12	44%	43%	
Race	WnH	40%	53%	
	REM	.	39%	
Sexual Orientation	Het/Cis	42%	40%	
	LGBT	41%	49%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED			
	Windham	VT	
Smoked it	93%	91%	
Ate in food	5%	4%	
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	2%	2%	

MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS				
		Windham	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	6%	5%	Within County Differences
Grade	Grade 9	3%	4%	LGBT > Het/CIS
	Grade 10	5%	5%	
	Grade 11	8%	5%	
	Grade 12	5%	7%	
Race	WnH	6%	5%	
	REM	5%	9%	
Sexual Orientation	Het/Cis	4%	5%	
	LGBT	13%	11%	

SECTION 4: SUBSTANCE USE  
CURRENT USE

<b>WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		15%	15%	Overall Differences: State vs County
Sex	Male	16%	17%	VT and County are Similar
	Female	13%	13%	
Within County Differences				
Grade	Grade 9	12%	14%	11 > 12
	Grade 10	17%	16%	LGBT > Het/CIS
	Grade 11	19%	16%	
	Grade 12	11%	14%	
Race	WnH	15%	15%	
	REM	14%	17%	
Sexual Orientation	Het/Cis	14%	14%	
	LGBT	24%	23%	

<b>ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		14%	13%	Overall Differences: State vs County
Sex	Male	15%	14%	VT and County are Similar
	Female	12%	12%	
Within County Differences				
Grade	Grade 9	8%	9%	11 > 9
	Grade 10	13%	12%	12 > 9
	Grade 11	17%	14%	
	Grade 12	17%	18%	
Race	WnH	14%	13%	
	REM	14%	16%	
Sexual Orientation	Het/Cis	13%	12%	
	LGBT	19%	23%	

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

<b>THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		25%	25%	Overall Differences: State vs County
Sex	Male	24%	25%	VT and County are Similar
	Female	26%	24%	Within County Differences
Grade	Grade 9	33%	32%	9 > 11
	Grade 10	29%	26%	9 > 12
	Grade 11	16%	21%	10 > 11
	Grade 12	22%	20%	
Race	WnH	24%	23%	
	REM	31%	31%	
Sexual Orientation	Het/Cis	26%	25%	
	LGBT	21%	25%	

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		83%	84%	Overall Differences: State vs County
Sex	Male	82%	82%	VT and County are Similar
	Female	84%	86%	Within County Differences
Grade	Grade 9	90%	90%	9 > 11
	Grade 10	86%	88%	9 > 12
	Grade 11	80%	83%	10 > 12
	Grade 12	76%	75%	
Race	WnH	83%	85%	
	REM	81%	81%	
Sexual Orientation	Het/Cis	83%	85%	
	LGBT	77%	74%	

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL**

		Windham	VT	
Overall		55%	54%	Overall Differences: State vs County
Sex	Male	57%	55%	VT and County are Similar
	Female	53%	54%	
				Within County Differences
Grade	Grade 9	72%	71%	9 > 10
	Grade 10	61%	59%	9 > 11
	Grade 11	47%	48%	9 > 12
	Grade 12	40%	39%	10 > 12
Race	WnH	55%	54%	10 > 11
	REM	54%	58%	
Sexual Orientation	Het/Cis	55%	54%	
	LGBT	50%	51%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA**

		Windham	VT	
Overall		51%	55%	Overall Differences: State vs County
Sex	Male	53%	56%	VT > County
	Female	50%	55%	
				Within County Differences
Grade	Grade 9	61%	69%	9 > 11
	Grade 10	58%	60%	9 > 12
	Grade 11	48%	51%	10 > 12
	Grade 12	37%	42%	11 > 12
Race	WnH	51%	55%	Het/CIS > LGBT
	REM	48%	58%	
Sexual Orientation	Het/Cis	52%	57%	
	LGBT	38%	40%	

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES**

		Windham	VT	
Overall		92%	91%	Overall Differences: State vs County
Sex	Male	91%	90%	VT and County are Similar
	Female	92%	93%	
Grade	Grade 9	94%	94%	9 > 12
	Grade 10	94%	94%	10 > 12
	Grade 11	91%	91%	Het/CIS > LGBT
	Grade 12	87%	87%	
Race	WnH	92%	92%	
	REM	91%	87%	
Sexual Orientation	Het/Cis	93%	92%	
	LGBT	85%	86%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		Windham	VT	
Overall		65%	66%	Overall Differences: State vs County
Sex	Male	64%	64%	VT and County are Similar
	Female	66%	67%	
Grade	Grade 9	80%	78%	9 > 10
	Grade 10	70%	71%	9 > 11
	Grade 11	58%	63%	9 > 12
	Grade 12	53%	50%	10 > 12
Race	WnH	65%	65%	10 > 11
	REM	68%	67%	
Sexual Orientation	Het/Cis	66%	66%	
	LGBT	61%	60%	

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Windham	VT	
Overall		68%	76%	Overall Differences: State vs County
Sex	Male	67%	75%	VT > County
	Female	69%	77%	
				Within County Differences
Grade	Grade 9	76%	83%	9 > 11
	Grade 10	73%	79%	9 > 12
	Grade 11	64%	75%	10 > 12
	Grade 12	60%	69%	Het/CIS > LGBT
Race	WnH	68%	76%	
	REM	69%	75%	
Sexual Orientation	Het/Cis	71%	78%	
	LGBT	53%	63%	



SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY		
	Windham	VT
No risk	4%	5%
Slight risk	8%	9%
Moderate risk	18%	18%
Great risk	70%	68%

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Windham	VT	
Overall		70%	68%	Overall Differences: State vs County
Sex	Male	69%	66%	VT and County are Similar
	Female	72%	70%	Within County Differences
Grade	Grade 9	70%	64%	
	Grade 10	73%	68%	
	Grade 11	66%	68%	
	Grade 12	72%	72%	
Race	WnH	70%	69%	
	REM	70%	62%	
Sexual Orientation	Het/Cis	70%	68%	
	LGBT	68%	68%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**PERCEIVED RISK OF HARM FROM BINGE DRINKING  
EACH WEEK**

	Windham	VT	
No risk	4%	6%	VT > County
Slight risk	19%	19%	
Moderate risk	41%	39%	
Great risk	36%	36%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR  
TWICE EACH WEEKEND**

		Windham	VT	
Overall		36%	36%	Overall Differences: State vs County
Sex	Male	32%	32%	VT and County are Similar
	Female	41%	41%	
Grade	Grade 9	39%	38%	Within County Differences  Females > Males
	Grade 10	40%	39%	
	Grade 11	36%	35%	
	Grade 12	31%	32%	
Race	WnH	36%	35%	
	REM	35%	39%	
Sexual Orientation	Het/Cis	35%	35%	
	LGBT	39%	38%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE			
	Windham	VT	
No risk	20%	21%	County > VT
Slight risk	33%	29%	
Moderate risk	27%	26%	VT > County
Great risk	20%	24%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
		Windham	VT	
Overall		20%	24%	Overall Differences: State vs County
Sex	Male	18%	21%	VT > County
	Female	22%	28%	Within County Differences
Grade	Grade 9	25%	32%	9 > 12
	Grade 10	22%	26%	Het/CIS > LGBT
	Grade 11	19%	22%	
	Grade 12	15%	18%	
Race	WnH	20%	23%	Within County Differences
	REM	22%	29%	
Sexual Orientation	Het/Cis	22%	25%	
	LGBT	12%	16%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO CIGARETTES			
	Windham	VT	
Very hard	21%	24%	VT > County
Sort of hard	20%	21%	
Sort of easy	24%	22%	
Very easy	35%	32%	

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Windham	VT	
Overall		59%	55%	Overall Differences: State vs County
Sex	Male	58%	57%	County > VT
	Female	59%	52%	
Grade	Grade 9	38%	38%	10 > 9
	Grade 10	54%	48%	11 > 9
	Grade 11	61%	57%	12 > 9
	Grade 12	83%	75%	12 > 10
Race	WnH	59%	55%	12 > 11
	REM	59%	54%	
Sexual Orientation	Het/Cis	58%	54%	
	LGBT	67%	61%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL		
	Windham	VT
Very hard	13%	15%
Sort of hard	16%	18%
Sort of easy	33%	31%
Very easy	37%	37%

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Windham	VT	
Overall		71%	68%	Overall Differences: State vs County
Sex	Male	70%	67%	VT and County are Similar
	Female	71%	69%	Within County Differences
Grade	Grade 9	55%	58%	10 > 9
	Grade 10	68%	67%	11 > 9
	Grade 11	78%	72%	12 > 9
	Grade 12	82%	74%	12 > 10
Race	WnH	70%	69%	11 > 10
	REM	73%	62%	
Sexual Orientation	Het/Cis	70%	68%	
	LGBT	75%	73%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO MARIJUANA			
	Windham	VT	
Very hard	23%	27%	VT > County
Sort of hard	14%	15%	
Sort of easy	20%	22%	County > VT
Very easy	43%	37%	

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		Windham	VT	
Overall		63%	58%	Overall Differences: State vs County
Sex	Male	62%	59%	County > VT
	Female	64%	57%	
Grade	Grade 9	48%	43%	11 > 9
	Grade 10	57%	56%	12 > 9
	Grade 11	69%	65%	12 > 10
	Grade 12	79%	69%	11 > 10
Race	WnH	63%	59%	Within County Differences
	REM	65%	54%	
Sexual Orientation	Het/Cis	63%	58%	
	LGBT	71%	66%	

**SECTION 5: SEXUAL HEALTH**  
**LIFETIME SEXUAL ACTIVITY**

**LIFETIME SEXUAL CONTACTS: MALES**

	Windham	VT
Never had sexual contact	43%	42%
Females	54%	54%
Males	1%	2%
Females and males	1%	2%

**LIFETIME SEXUAL CONTACTS: FEMALES**

	Windham	VT
Never had sexual contact	41%	43%
Females	2%	2%
Males	48%	48%
Females and males	9%	7%

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH  
LIFETIME SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE

		Windham	VT	
Overall		41%	40%	Overall Differences: State vs County
Sex	Male	38%	40%	VT and County are Similar
	Female	44%	40%	
Grade	Grade 9	16%	19%	10 > 9
	Grade 10	33%	33%	11 > 9
	Grade 11	51%	48%	12 > 9
	Grade 12	66%	61%	12 > 10
Race	WnH	41%	40%	11 > 10
	REM	43%	39%	12 > 11
Sexual Orientation	Het/Cis	42%	40%	
	LGBT	41%	47%	

HAVE HAD 4+ LIFETIME PARTNERS

		Windham	VT	
Overall		9%	9%	Overall Differences: State vs County
Sex	Male	9%	9%	VT and County are Similar
	Female	9%	8%	
Grade	Grade 9	.	3%	Too few students in at least one grade
	Grade 10	4%	6%	
	Grade 11	11%	10%	
	Grade 12	20%	16%	
Race	WnH	8%	8%	
	REM	11%	12%	
Sexual Orientation	Het/Cis	9%	8%	
	LGBT	11%	15%	



SECTION 5: SEXUAL HEALTH  
 LIFETIME SEXUAL ACTIVITY

EVER HAD ORAL SEX				
		Windham	VT	
Overall		42%	42%	Overall Differences: State vs County
Sex	Male	39%	42%	VT and County are Similar
	Female	44%	42%	
Grade	Grade 9	22%	23%	Within County Differences
	Grade 10	33%	37%	
	Grade 11	53%	49%	
	Grade 12	59%	60%	
Race	WnH	42%	43%	11 > 10
	REM	41%	40%	
Sexual Orientation	Het/Cis	42%	42%	
	LGBT	47%	52%	

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)				
		Windham	VT	
Overall		11%	10%	Overall Differences: State vs County
Sex	Male	7%	9%	VT and County are Similar
	Female	14%	12%	
Grade	Grade 9	7%	7%	Within County Differences
	Grade 10	9%	9%	
	Grade 11	10%	12%	
	Grade 12	18%	14%	
Race	WnH	10%	10%	Females > Males
	REM	11%	13%	
Sexual Orientation	Het/Cis	10%	10%	12 > 9
	LGBT	14%	15%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH  
CURRENT SEXUAL ACTIVITY

HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS

		Windham	VT	
Overall		32%	31%	Overall Differences: State vs County
Sex	Male	28%	29%	VT and County are Similar
	Female	35%	32%	Within County Differences
Grade	Grade 9	11%	13%	Females > Males
	Grade 10	25%	24%	10 > 9
	Grade 11	40%	37%	11 > 9
	Grade 12	54%	48%	12 > 9
Race	WnH	32%	31%	12 > 10
	REM	28%	29%	11 > 10
Sexual Orientation	Het/Cis	33%	31%	12 > 11
	LGBT	32%	34%	

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE,  
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Windham	VT	
Overall		17%	20%	Overall Differences: State vs County
Sex	Male	21%	22%	VT and County are Similar
	Female	13%	17%	Within County Differences
Grade	Grade 9	.	24%	Too few students in at least one grade
	Grade 10	22%	22%	Too few students by race
	Grade 11	11%	18%	Too few students by sexual orientation
	Grade 12	17%	19%	
Race	WnH	16%	18%	
	REM	.	29%	
Sexual Orientation	Het/Cis	16%	18%	
	LGBT	.	31%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH  
CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG  
CURRENTLY SEXUALLY ACTIVE STUDENTS

	Windham	VT	
No method was used	6%	7%	
Birth control pills	38%	32%	County > VT
Condoms	36%	35%	
IUD or implant	7%	13%	VT > County
Shot/patch/birth control ring	7%	5%	
Withdrawal/other method	6%	5%	
Not sure	1%	2%	VT > County

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR  
IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING),  
AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Windham	VT	
Overall		52%	50%	Overall Differences: State vs County
Sex	Male	41%	40%	VT and County are Similar
	Female	60%	60%	Within County Differences
Grade	Grade 9	.	29%	Females > Males
	Grade 10	37%	44%	Too few students in at least one grade
	Grade 11	56%	51%	Too few students by race
	Grade 12	63%	59%	Too few students by sexual orientation
Race	WnH	54%	53%	
	REM	.	36%	
Sexual Orientation	Het/Cis	54%	52%	
	LGBT	.	39%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH  
CURRENT SEXUAL ACTIVITY

CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Windham	VT	
Overall		55%	56%	Overall Differences: State vs County
Sex	Male	63%	61%	VT and County are Similar
	Female	49%	52%	
				Within County Differences
Grade	Grade 9	.	64%	Males > Females
	Grade 10	61%	61%	Too few students in at least one grade
	Grade 11	57%	58%	Too few students by race
	Grade 12	47%	51%	Too few students by sexual orientation
Race	WnH	55%	57%	
	REM	.	54%	
Sexual Orientation	Het/Cis	56%	58%	
	LGBT	.	45%	

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		Windham	VT	
Overall		18%	19%	Overall Differences: State vs County
Sex	Male	16%	15%	VT and County are Similar
	Female	20%	22%	
				Within County Differences
Grade	Grade 9	.	12%	Too few students in at least one grade
	Grade 10	12%	19%	Too few students by race
	Grade 11	23%	20%	Too few students by sexual orientation
	Grade 12	19%	20%	
Race	WnH	20%	20%	
	REM	.	13%	
Sexual Orientation	Het/Cis	19%	20%	
	LGBT	.	13%	

SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

**DID NOT USE ANY METHOD TO PREVENT PREGNANCY,  
 AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

		Windham	VT	
Overall		6%	7%	Overall Differences: State vs County
Sex	Male	5%	8%	VT and County are Similar
	Female	6%	7%	
				Within County Differences
Grade	Grade 9	.	12%	Too few students in at least one grade
	Grade 10	9%	9%	Too few students by race
	Grade 11	5%	6%	Too few students by sexual orientation
	Grade 12	4%	6%	
Race	WnH	6%	6%	
	REM	.	13%	
Sexual Orientation	Het/Cis	3%	5%	
	LGBT	.	22%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

<b>OVERWEIGHT (BMI BETWEEN THE 85th AND &lt;95th PERCENTILES FOR AGE AND SEX)</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		15%	14%	Overall Differences: State vs County
Sex	Male	14%	14%	VT and County are Similar
	Female	16%	15%	
Grade	Grade 9	17%	14%	Within County Differences
	Grade 10	13%	15%	
	Grade 11	15%	14%	
	Grade 12	16%	13%	
Race	WnH	16%	14%	
	REM	14%	14%	
Sexual Orientation	Het/Cis	15%	14%	
	LGBT	17%	16%	

<b>OBESE (BMI &gt;95th PERCENTILE FOR AGE AND SEX)</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		14%	13%	Overall Differences: State vs County
Sex	Male	17%	15%	VT and County are Similar
	Female	11%	10%	
Grade	Grade 9	10%	12%	Males > Females
	Grade 10	13%	12%	
	Grade 11	14%	14%	
	Grade 12	18%	13%	
Race	WnH	13%	14%	LGBT > Het/CIS
	REM	17%	12%	
Sexual Orientation	Het/Cis	12%	12%	
	LGBT	22%	19%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT		
	Windham	VT
Very underweight	1%	2%
Slightly underweight	12%	12%
About the right weight	55%	56%
Slightly overweight	26%	25%
Very overweight	6%	5%

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT				
		Windham	VT	
Overall		31%	30%	Overall Differences: State vs County
Sex	Male	28%	25%	VT and County are Similar
	Female	35%	36%	Within County Differences
Grade	Grade 9	32%	29%	Females > Males
	Grade 10	30%	30%	LGBT > Het/CIS
	Grade 11	29%	30%	
	Grade 12	34%	33%	
Race	WnH	31%	30%	
	REM	32%	30%	
Sexual Orientation	Het/Cis	28%	28%	
	LGBT	48%	46%	

SECTION 6: BMI AND WEIGHT PERCEPTIONS

WHAT ONE IS TRYING TO DO ABOUT WEIGHT		
	Windham	VT
Lose weight	44%	42%
Gain weight	15%	15%
Stay the same weight	16%	18%
Not trying to do anything	26%	25%

WERE TRYING TO LOSE WEIGHT				
		Windham	VT	
Overall		44%	42%	Overall Differences: State vs County
Sex	Male	31%	28%	VT and County are Similar
	Female	57%	57%	
Grade	Grade 9	44%	41%	Within County Differences
	Grade 10	44%	42%	
	Grade 11	44%	41%	
	Grade 12	43%	44%	
Race	WnH	43%	42%	Females > Males
	REM	45%	42%	
Sexual Orientation	Het/Cis	40%	40%	LGBT > Het/CIS
	LGBT	61%	55%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK		
	Windham	VT
0 days	13%	13%
1 day	7%	7%
2 days	9%	9%
3 days	12%	12%
4 days	9%	11%
5 days	16%	14%
6 days	8%	10%
7 days	25%	25%

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Windham	VT	
Overall		25%	25%	Overall Differences: State vs County
VT and County are Similar				
Sex	Male	30%	33%	Within County Differences
	Female	21%	17%	
Grade	Grade 9	27%	27%	Males > Females
	Grade 10	28%	27%	Het/CIS > LGBT
	Grade 11	21%	24%	
	Grade 12	25%	23%	
Race	WnH	25%	25%	
	REM	26%	27%	
Sexual Orientation	Het/Cis	28%	27%	
	LGBT	15%	14%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK**

		Windham	VT	
Overall		49%	49%	Overall Differences: State vs County
Sex	Male	54%	56%	VT and County are Similar
	Female	45%	42%	
				Within County Differences
Grade	Grade 9	57%	53%	Males > Females
	Grade 10	53%	50%	9 > 11
	Grade 11	41%	47%	10 > 11
	Grade 12	47%	47%	Het/CIS > LGBT
Race	WnH	49%	50%	
	REM	51%	46%	
Sexual Orientation	Het/Cis	53%	52%	
	LGBT	30%	29%	

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK**

		Windham	VT	
Overall		13%	13%	Overall Differences: State vs County
Sex	Male	10%	11%	VT and County are Similar
	Female	17%	14%	
				Within County Differences
Grade	Grade 9	10%	10%	Females > Males
	Grade 10	13%	12%	
	Grade 11	16%	14%	
	Grade 12	15%	15%	
Race	WnH	13%	12%	
	REM	14%	17%	
Sexual Orientation	Het/Cis	12%	11%	
	LGBT	19%	23%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK		
	Windham	VT
Do not watch TV	3%	3%
Less than 1 hour per day	8%	8%
1 hour per day	13%	12%
2 hours per day	21%	23%
3 hours per day	20%	21%
4 hours per day	15%	13%
5 or more hours per day	21%	19%

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK			
		Windham	VT
Overall		56%	53%
Sex	Male	59%	53%
	Female	54%	52%
Grade	Grade 9	60%	53%
	Grade 10	59%	53%
	Grade 11	54%	51%
	Grade 12	52%	53%
Race	WnH	55%	52%
	REM	63%	57%
Sexual Orientation	Het/Cis	54%	51%
	LGBT	68%	67%

Overall Differences: State vs County

County > VT

Within County Differences

LGBT > Het/CIS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK				
		Windham	VT	
Overall		29%	33%	Overall Differences: State vs County
Sex	Male	29%	32%	VT > County
	Female	29%	33%	Within County Differences
Grade	Grade 9	36%	33%	9 > 10
	Grade 10	24%	33%	
	Grade 11	27%	32%	
	Grade 12	29%	32%	
Race	WnH	29%	32%	
	REM	31%	35%	
Sexual Orientation	Het/Cis	29%	33%	
	LGBT	32%	29%	

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK				
		Windham	VT	
Overall		15%	18%	Overall Differences: State vs County
Sex	Male	13%	18%	VT > County
	Female	17%	18%	Within County Differences
Grade	Grade 9	18%	17%	9 > 10
	Grade 10	11%	18%	
	Grade 11	17%	17%	
	Grade 12	15%	19%	
Race	WnH	16%	17%	
	REM	13%	21%	
Sexual Orientation	Het/Cis	15%	18%	
	LGBT	20%	18%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

SODA CONSUMPTION, PAST WEEK

	Windham	VT
Did not drink soda or pop	37%	37%
1 to 3 times	42%	40%
4 to 6 times	12%	12%
1 time per day	3%	4%
2 times per day	3%	3%
3 times per day	1%	1%
4 or more times per day	2%	3%

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		Windham	VT	
Overall		9%	11%	Overall Differences: State vs County
Sex	Male	13%	16%	VT and County are Similar
	Female	7%	6%	
Grade	Grade 9	10%	11%	Within County Differences
	Grade 10	11%	11%	
	Grade 11	8%	11%	
	Grade 12	9%	12%	
Race	WnH	9%	10%	Males > Females
	REM	13%	14%	
Sexual Orientation	Het/Cis	10%	11%	
	LGBT	8%	12%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK

	Windham	VT
Did not drink sugar-sweetened	28%	28%
1 to 3 times	44%	44%
4 to 6 times	17%	15%
1 time per day	6%	6%
2 times per day	3%	3%
3 times per day	1%	1%
4 or more times per day	2%	2%

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		Windham	VT	
Overall		12%	12%	Overall Differences: State vs County
Sex	Male	14%	15%	VT and County are Similar
	Female	10%	9%	
Grade	Grade 9	12%	12%	Within County Differences
	Grade 10	10%	12%	
	Grade 11	13%	13%	
	Grade 12	11%	13%	
Race	WnH	11%	12%	
	REM	13%	15%	
Sexual Orientation	Het/Cis	11%	12%	
	LGBT	12%	13%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

WATER CONSUMPTION, PAST WEEK

	Windham	VT
Did not drink water	3%	4%
1 to 3 times	9%	9%
4 to 6 times	11%	11%
1 time per day	9%	9%
2 times per day	17%	16%
3 times per day	19%	19%
4 or more times per day	32%	33%

DRANK THREE OR MORE GLASSES PER DAY OF WATER,  
 PAST WEEK

		Windham	VT	
Overall		51%	52%	Overall Differences: State vs County
Sex	Male	51%	51%	VT and County are Similar
	Female	51%	53%	Within County Differences
Grade	Grade 9	54%	50%	
	Grade 10	49%	53%	
	Grade 11	49%	51%	
	Grade 12	50%	55%	
Race	WnH	51%	52%	
	REM	47%	50%	
Sexual Orientation	Het/Cis	52%	53%	
	LGBT	46%	49%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Windham	VT
0 days	12%	11%
1 day	7%	6%
2 days	10%	9%
3 days	12%	10%
4 days	9%	8%
5 days	8%	9%
6 days	8%	7%
7 days	35%	40%
VT > County		

DID NOT EAT BREAKFAST, PAST WEEK			
		Windham	VT
Overall		12%	11%
Overall Differences: State vs County			
Sex	Male	11%	11%
	Female	13%	10%
VT and County are Similar			
Within County Differences			
Grade	Grade 9	11%	10%
	Grade 10	12%	11%
	Grade 11	10%	10%
	Grade 12	15%	11%
Race	WnH	12%	10%
	REM	15%	13%
Sexual Orientation	Het/Cis	11%	10%
	LGBT	17%	14%



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

<b>WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS</b>			
	<b>Windham</b>	<b>VT</b>	
Never	72%	75%	County > VT
Rarely	18%	15%	
Sometimes	8%	7%	
Most of the time	1%	2%	VT > County
Always	1%	1%	

<b>MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		2%	3%	Overall Differences: State vs County
Sex	Male	2%	3%	VT > County
	Female	2%	2%	Within County Differences
Grade	Grade 9	2%	3%	Too few students in at least one grade
	Grade 10	.	2%	
	Grade 11	2%	3%	
	Grade 12	.	3%	
Race	WnH	1%	2%	REM > WnH
	REM	4%	6%	
Sexual Orientation	Het/Cis	1%	3%	LGBT > Het/CIS
	LGBT	5%	5%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

**USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE  
 BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR  
 PARENT OR GUARDIAN CANNOT AFFORD HOUSING**

		Windham	VT	
Overall		3%	4%	Overall Differences: State vs County
Sex	Male	3%	4%	VT and County are Similar
	Female	2%	3%	
				Within County Differences
Grade	Grade 9	.	3%	Too few students in at least one grade
	Grade 10	4%	3%	
	Grade 11	2%	4%	
	Grade 12	6%	5%	
Race	WnH	3%	9%	
	REM	4%	3%	
Sexual Orientation	Het/Cis	3%	3%	
	LGBT	4%	7%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Windham	VT
0 days	8%	9%
1 day	3%	4%
2 days	5%	4%
3 days	8%	6%
4 days	8%	8%
5 days	13%	13%
6 days	12%	12%
7 days	42%	44%

County > VT

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		Windham	VT	
Overall		75%	77%	Overall Differences: State vs County
Sex	Male	78%	80%	VT and County are Similar
	Female	73%	75%	Within County Differences
Grade	Grade 9	85%	83%	9 > 11
	Grade 10	79%	81%	9 > 12
	Grade 11	70%	76%	10 > 12
	Grade 12	67%	71%	Het/CIS > LGBT
Race	WnH	76%	79%	
	REM	70%	70%	
Sexual Orientation	Het/Cis	78%	79%	
	LGBT	59%	65%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL		
	Windham	VT
Mostly A's	47%	46%
Mostly B's	39%	39%
Mostly C's	11%	12%
Mostly D's	2%	2%
Mostly F's	1%	1%

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
		Windham	VT	
Overall		79%	80%	Overall Differences: State vs County
Sex	Male	77%	80%	VT and County are Similar
	Female	81%	81%	Within County Differences
Grade	Grade 9	77%	78%	WnH > REM
	Grade 10	75%	79%	
	Grade 11	80%	82%	
	Grade 12	84%	83%	
Race	WnH	80%	82%	WnH > REM
	REM	71%	74%	
Sexual Orientation	Het/Cis	79%	81%	WnH > REM
	LGBT	82%	76%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**BELIEVE SCHOOL HAS CLEAR RULES AND  
CONSEQUENCES FOR BEHAVIORS**

	Windham	VT	
Strongly agree	14%	21%	VT > County
Agree	43%	44%	
Not sure	23%	19%	County > VT
Disagree	13%	11%	
Strongly disagree	6%	5%	

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS  
CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		Windham	VT	
Overall		58%	65%	Overall Differences: State vs County
Sex	Male	64%	69%	VT > County
	Female	52%	61%	
				Within County Differences
Grade	Grade 9	68%	67%	Males > Females
	Grade 10	60%	65%	
	Grade 11	53%	64%	
	Grade 12	50%	63%	
Race	WnH	58%	65%	9 > 11
	REM	57%	64%	
Sexual Orientation	Het/Cis	61%	67%	9 > 12
	LGBT	39%	53%	
				Het/CIS > LGBT

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM		
	Windham	VT
Definitely will not	4%	5%
Probably will not	6%	5%
Probably will	24%	22%
Definitely will	54%	57%
Not sure	12%	11%

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM				
		Windham	VT	
Overall		78%	79%	Overall Differences: State vs County
Sex	Male	72%	75%	VT and County are Similar
	Female	85%	83%	
Grade	Grade 9	77%	74%	Within County Differences
	Grade 10	78%	77%	
	Grade 11	78%	81%	
	Grade 12	82%	83%	
Race	WnH	80%	80%	Females > Males
	REM	71%	72%	
Sexual Orientation	Het/Cis	80%	80%	WnH > REM
	LGBT	72%	74%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK		
	Windham	VT
0 hours	33%	33%
1 to 4 hours	26%	27%
5 to 9 hours	16%	17%
10 to 19 hours	17%	17%
20 or more hours	7%	6%

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK				
		Windham	VT	
Overall		25%	24%	Overall Differences: State vs County
Sex	Male	24%	24%	VT and County are Similar
	Female	26%	24%	
				Within County Differences
Grade	Grade 9	23%	21%	Het/CIS > LGBT
	Grade 10	25%	23%	
	Grade 11	27%	24%	
	Grade 12	24%	26%	
Race	WnH	25%	24%	
	REM	23%	22%	
Sexual Orientation	Het/Cis	26%	25%	
	LGBT	17%	16%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

MATTER TO PEOPLE IN THEIR COMMUNITY			
	Windham	VT	
Strongly agree	16%	19%	VT > County
Agree	42%	41%	
Not sure	25%	25%	County > VT
Disagree	11%	9%	
Strongly disagree	6%	5%	

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Windham	VT	
Overall		58%	61%	Overall Differences: State vs County
Sex	Male	64%	65%	VT and County are Similar
	Female	52%	57%	Within County Differences
Grade	Grade 9	61%	61%	Males > Females
	Grade 10	58%	60%	WnH > REM
	Grade 11	53%	60%	Het/CIS > LGBT
	Grade 12	59%	62%	
Race	WnH	60%	62%	
	REM	48%	55%	
Sexual Orientation	Het/Cis	61%	64%	
	LGBT	42%	39%	





# MIDDLE SCHOOL RESULTS

## WINDHAM COUNTY REPORT

<http://www.healthvermont.gov/yrbs>

MIDDLE SCHOOL DEMOGRAPHICS		
	Windham	VT
Total	937	16701

		Windham	VT
Sex	Male	51%	52%
	Female	49%	48%
Grade	6th Grade	16%	24%
	7th Grade	42%	39%
	8th Grade	42%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	78%	81%
	Students of Color (REM)	22%	19%
Sexual Orientation	Heterosexual (Het)	91%	93%
	Lesbian, Gay, or Bisexual (LGB)	9%	7%

SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT

		Windham	VT	
Overall		44%	42%	Overall Differences: State vs County
Sex	Male	57%	56%	VT and County are Similar
	Female	30%	27%	
Within County Differences				
Grade	Grade 6	37%	40%	Males > Females
	Grade 7	44%	43%	REM > WnH
	Grade 8	45%	43%	
Race	WnH	40%	40%	
	REM	58%	54%	
Sexual Orientation	Het	44%	43%	
	LGB	53%	58%	

WERE EVER BULLIED ON SCHOOL PROPERTY

		Windham	VT	
Overall		48%	44%	Overall Differences: State vs County
Sex	Male	42%	39%	VT and County are Similar
	Female	53%	50%	
Within County Differences				
Grade	Grade 6	42%	44%	Females > Males
	Grade 7	49%	45%	LGB > Heterosexual
	Grade 8	50%	44%	
Race	WnH	47%	43%	
	REM	52%	48%	
Sexual Orientation	Het	46%	42%	
	LGB	77%	73%	

SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED

		Windham	VT	
Overall		30%	24%	Overall Differences: State vs County
Sex	Male	22%	16%	County > VT
	Female	39%	33%	
				Within County Differences
Grade	Grade 6	22%	18%	Females > Males
	Grade 7	29%	24%	
	Grade 8	35%	28%	
Race	WnH	29%	24%	8 > 6
	REM	36%	29%	
Sexual Orientation	Het	29%	23%	LGB > Heterosexual
	LGB	54%	55%	

WERE BULLIED, PAST 30 DAYS

		Windham	VT	
Overall		24%	22%	Overall Differences: State vs County
Sex	Male	21%	17%	VT and County are Similar
	Female	26%	26%	
				Within County Differences
Grade	Grade 6	22%	22%	LGB > Heterosexual
	Grade 7	24%	22%	
	Grade 8	23%	21%	
Race	WnH	22%	20%	
	REM	29%	26%	
Sexual Orientation	Het	21%	19%	
	LGB	46%	47%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

**BULLIED SOMEONE ELSE, PAST 30 DAYS**

		Windham	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	11%	8%	VT and County are Similar
	Female	6%	8%	
Grade	Grade 6	4%	7%	Within County Differences
	Grade 7	6%	8%	
	Grade 8	12%	9%	
Race	WnH	8%	7%	8 > 6
	REM	12%	11%	
Sexual Orientation	Het	9%	8%	
	LGB	13%	15%	

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS**

		Windham	VT	
Overall		8%	8%	Overall Differences: State vs County
Sex	Male	6%	7%	VT and County are Similar
	Female	8%	10%	
Grade	Grade 6	8%	8%	Within County Differences
	Grade 7	5%	8%	
	Grade 8	10%	9%	
Race	WnH	6%	7%	REM > WnH
	REM	12%	12%	
Sexual Orientation	Het	5%	7%	LGB > Heterosexual
	LGB	25%	23%	

SECTION 2: PERSONAL SAFETY  
 CAR SAFETY

SEATBELT USE		
	Windham	VT
Never	1%	1%
Rarely	1%	1%
Sometimes	3%	3%
Most of the time	22%	18%
Always	72%	76%

County > VT  
 VT > County

RARELY OR NEVER WEAR A SEAT BELT			
		Windham	VT
Overall		2%	2%
Sex	Male	3%	3%
	Female	2%	2%
Grade	Grade 6	.	1%
	Grade 7	2%	2%
	Grade 8	2%	3%
Race	WnH	1%	2%
	REM	6%	5%
Sexual Orientation	Het	2%	2%
	LGB	.	4%

Overall Differences: State vs County  
 VT and County are Similar  
 Within County Differences  
 Too few students in at least one grade  
 REM > WnH  
 Too few students by sexual orientation

SECTION 2: PERSONAL SAFETY  
 CAR SAFETY

**EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL**

		Windham	VT	
Overall		24%	22%	Overall Differences: State vs County
Sex	Male	22%	20%	VT and County are Similar
	Female	26%	24%	
				Within County Differences
Grade	Grade 6	15%	15%	8 > 6
	Grade 7	21%	21%	
	Grade 8	29%	27%	
Race	WnH	24%	22%	
	REM	28%	24%	
Sexual Orientation	Het	25%	22%	
	LGB	34%	34%	

**EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA**

		Windham	VT	
Overall		12%	9%	Overall Differences: State vs County
Sex	Male	10%	7%	County > VT
	Female	14%	10%	
				Within County Differences
Grade	Grade 6	7%	5%	REM > WnH
	Grade 7	11%	8%	
	Grade 8	15%	12%	
Race	WnH	11%	8%	LGB > Heterosexual
	REM	18%	14%	
Sexual Orientation	Het	12%	8%	
	LGB	29%	23%	



SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	Windham	VT	
Never wear a helmet	14%	16%	County > VT
Rarely wear a helmet	19%	15%	
Sometimes wear a helmet	18%	15%	
Most of the time wear a helmet	28%	25%	VT > County
Always wear a helmet	21%	28%	

RARELY OR NEVER WEAR A BICYCLE HELMET

		Windham	VT	
Overall		33%	31%	Overall Differences: State vs County
Sex	Male	33%	33%	VT and County are Similar
	Female	32%	29%	
Grade	Grade 6	24%	24%	Within County Differences
	Grade 7	31%	30%	
	Grade 8	38%	37%	
Race	WnH	31%	28%	8 > 6
	REM	39%	42%	
Sexual Orientation	Het	34%	32%	
	LGB	35%	42%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY  
INJURY PREVENTION

HELMET USE WHEN SKIING OR SNOWBOARDING

	Windham	VT	
Never wear a helmet	6%	5%	County > VT  VT > County
Rarely wear a helmet	2%	2%	
Sometimes wear a helmet	3%	2%	
Most of the time wear a helmet	10%	7%	
Always wear a helmet	78%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

		Windham	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	9%	8%	VT and County are Similar
	Female	7%	6%	
Grade	Grade 6	6%	7%	Within County Differences
	Grade 7	11%	8%	
	Grade 8	7%	7%	
Race	WnH	7%	6%	Too few students by sexual orientation
	REM	14%	12%	
Sexual Orientation	Het	8%	7%	
	LGB	.	11%	

SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE**

		Windham	VT	
Overall		19%	17%	Overall Differences: State vs County
Sex	Male	20%	19%	VT and County are Similar
	Female	17%	16%	
				Within County Differences
Grade	Grade 6	23%	17%	
	Grade 7	18%	17%	
	Grade 8	18%	18%	
Race	WnH	19%	17%	
	REM	18%	21%	
Sexual Orientation	Het	21%	18%	
	LGB	16%	21%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY  
TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS  
SMOKING CIGARETTES, PAST 7 DAYS

		Windham	VT	
Overall		32%	26%	Overall Differences: State vs County
Sex	Male	29%	25%	County > VT
	Female	34%	27%	Within County Differences
Grade	Grade 6	20%	21%	7 > 6
	Grade 7	35%	27%	REM > WnH
	Grade 8	31%	29%	LGB > Heterosexual
Race	WnH	30%	25%	
	REM	41%	32%	
Sexual Orientation	Het	32%	26%	
	LGB	48%	51%	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS  
SMOKING CIGARETTES, PAST 7 DAYS

		Windham	VT	
Overall		22%	19%	Overall Differences: State vs County
Sex	Male	19%	17%	VT and County are Similar
	Female	23%	20%	Within County Differences
Grade	Grade 6	12%	15%	7 > 6
	Grade 7	26%	19%	LGB > Heterosexual
	Grade 8	21%	20%	
Race	WnH	22%	18%	
	REM	25%	23%	
Sexual Orientation	Het	21%	18%	
	LGB	39%	38%	

SECTION 2: PERSONAL SAFETY  
TOBACCO EXPOSURE AND PREVENTION

**SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE**

	Windham	VT	
Never	8%	9%	VT > County
Rarely	10%	14%	
Sometimes	26%	27%	County > VT
Most of the time	31%	29%	
Always	26%	21%	

**MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS**

		Windham	VT	
Overall		57%	50%	Overall Differences: State vs County
Sex	Male	56%	51%	County > VT
	Female	58%	49%	
Grade	Grade 6	50%	42%	Within County Differences
	Grade 7	54%	50%	
	Grade 8	61%	56%	
Race	WnH	56%	51%	
	REM	60%	52%	
Sexual Orientation	Het	58%	52%	
	LGB	65%	61%	

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR				
		Windham	VT	
Overall		34%	30%	Overall Differences: State vs County
Sex	Male	33%	30%	VT and County are Similar
	Female	34%	31%	
Grade	Grade 6	21%	18%	Within County Differences
	Grade 7	34%	29%	
	Grade 8	39%	40%	
Race	WnH	33%	31%	8 > 6
	REM	41%	34%	
Sexual Orientation	Het	35%	31%	
	LGB	48%	43%	

SECTION 3: MENTAL HEALTH

**FELT SAD OR HOPELESS, PAST YEAR**

		Windham	VT	
Overall		19%	19%	Overall Differences: State vs County
Sex	Male	12%	12%	VT and County are Similar
	Female	27%	26%	
				Within County Differences
Grade	Grade 6	13%	16%	Females > Males
	Grade 7	18%	18%	LGB > Heterosexual
	Grade 8	22%	22%	
Race	WnH	18%	18%	
	REM	24%	26%	
Sexual Orientation	Het	15%	16%	
	LGB	58%	63%	

**EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES**

		Windham	VT	
Overall		18%	18%	Overall Differences: State vs County
Sex	Male	10%	12%	VT and County are Similar
	Female	24%	23%	
				Within County Differences
Grade	Grade 6	8%	13%	Females > Males
	Grade 7	20%	17%	7 > 6
	Grade 8	19%	22%	8 > 6
Race	WnH	17%	17%	LGB > Heterosexual
	REM	21%	24%	
Sexual Orientation	Het	15%	15%	
	LGB	54%	60%	

SECTION 3: MENTAL HEALTH

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
		Windham	VT	
Overall		14%	12%	Overall Differences: State vs County
Sex	Male	8%	8%	VT and County are Similar
	Female	18%	16%	
Grade	Grade 6	7%	7%	Within County Differences
	Grade 7	13%	11%	
	Grade 8	16%	16%	
Race	WnH	13%	11%	Females > Males
	REM	19%	18%	
Sexual Orientation	Het	11%	10%	8 > 6
	LGB	45%	48%	
				LGB > Heterosexual

EVER ATTEMPTED SUICIDE				
		Windham	VT	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	2%	3%	VT and County are Similar
	Female	8%	8%	
Grade	Grade 6	.	3%	Within County Differences
	Grade 7	6%	5%	
	Grade 8	6%	8%	
Race	WnH	5%	5%	Females > Males
	REM	9%	10%	
Sexual Orientation	Het	4%	4%	Too few students in at least one grade
	LGB	25%	30%	
				LGB > Heterosexual



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE

		Windham	VT	
Overall		8%	7%	Overall Differences: State vs County
Sex	Male	9%	7%	VT and County are Similar
	Female	7%	7%	
Within County Differences				
Grade	Grade 6	.	4%	Too few students in at least one grade  REM > WnH
	Grade 7	7%	7%	
	Grade 8	9%	10%	
Race	WnH	5%	6%	
	REM	15%	12%	
Sexual Orientation	Het	7%	7%	
	LGB	14%	23%	

EVER USED AN ELECTRONIC VAPOR PRODUCT

		Windham	VT	
Overall		11%	9%	Overall Differences: State vs County
Sex	Male	10%	9%	VT and County are Similar
	Female	10%	8%	
Within County Differences				
Grade	Grade 6	.	3%	Too few students in at least one grade  REM > WnH  LGB > Heterosexual
	Grade 7	11%	8%	
	Grade 8	13%	14%	
Race	WnH	9%	8%	
	REM	17%	14%	
Sexual Orientation	Het	11%	9%	
	LGB	22%	22%	

SECTION 4: SUBSTANCE USE  
LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT				
		Windham	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	6%	5%	VT and County are Similar
	Female	5%	5%	
				Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade  REM > WnH
	Grade 7	6%	5%	
	Grade 8	7%	6%	
Race	WnH	4%	4%	
	REM	11%	8%	
Sexual Orientation	Het	6%	4%	
	LGB	12%	14%	

EVER DRANK ALCOHOL				
		Windham	VT	
Overall		19%	19%	Overall Differences: State vs County
Sex	Male	19%	20%	VT and County are Similar
	Female	19%	17%	
				Within County Differences
Grade	Grade 6	10%	10%	8 > 6  REM > WnH  LGB > Heterosexual
	Grade 7	17%	17%	
	Grade 8	23%	26%	
Race	WnH	17%	18%	
	REM	27%	24%	
Sexual Orientation	Het	18%	19%	
	LGB	36%	38%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER USED MARIJUANA					
		Windham	VT		
Overall		11%	7%	Overall Differences: State vs County	
Sex	Male	10%	7%	County > VT	
	Female	10%	7%	Within County Differences	
Grade	Grade 6	.	2%	Too few students in at least one grade	
	Grade 7	8%	6%		REM > WnH
	Grade 8	15%	11%		LGB > Heterosexual
Race	WnH	8%	6%		
	REM	21%	12%		
Sexual Orientation	Het	10%	6%		
	LGB	23%	23%		

EVER USED INHALANTS					
		Windham	VT		
Overall		5%	4%	Overall Differences: State vs County	
Sex	Male	3%	4%	VT and County are Similar	
	Female	6%	4%	Within County Differences	
Grade	Grade 6	.	3%	Too few students in at least one grade	
	Grade 7	4%	4%		REM > WnH
	Grade 8	6%	5%		LGB > Heterosexual
Race	WnH	4%	4%		
	REM	9%	7%		
Sexual Orientation	Het	4%	4%		
	LGB	22%	12%		

SECTION 4: SUBSTANCE USE  
LIFETIME USE

**EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT**

		Windham	VT	
Overall		4%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	5%	3%	
				Within County Differences
Grade	Grade 6	.	1%	Females > Males
	Grade 7	2%	2%	Too few students in at least one grade
	Grade 8	5%	3%	REM > WnH
Race	WnH	2%	2%	LGB > Heterosexual
	REM	9%	5%	
Sexual Orientation	Het	3%	2%	
	LGB	11%	9%	

**EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT**

		Windham	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	County > VT
	Female	4%	2%	
				Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	2%	2%	REM > WnH
	Grade 8	4%	2%	LGB > Heterosexual
Race	WnH	2%	1%	
	REM	8%	4%	
Sexual Orientation	Het	2%	1%	
	LGB	11%	6%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**USED TOBACCO PRODUCTS, PAST YEAR**

		Windham	VT	
Overall		6%	5%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	5%	5%	
Within County Differences				
Grade	Grade 6	.	3%	Too few students in at least one grade  REM > WnH  LGB > Heterosexual
	Grade 7	6%	5%	
	Grade 8	7%	7%	
Race	WnH	5%	5%	
	REM	10%	9%	
Sexual Orientation	Het	6%	5%	
	LGB	14%	16%	

**SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS**

		Windham	VT	
Overall		7%	5%	Overall Differences: State vs County
Sex	Male	6%	5%	County > VT
	Female	7%	4%	
Within County Differences				
Grade	Grade 6	.	2%	Too few students in at least one grade  REM > WnH
	Grade 7	6%	4%	
	Grade 8	8%	7%	
Race	WnH	5%	5%	
	REM	14%	8%	
Sexual Orientation	Het	7%	5%	
	LGB	14%	14%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Windham	VT	
Overall		4%	3%	Overall Differences: State vs County
Sex	Male	5%	3%	County > VT
	Female	3%	2%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	4%	2%	
	Grade 8	5%	4%	
Race	WnH	3%	2%	Too few students in at least one grade
	REM	9%	5%	
Sexual Orientation	Het	4%	2%	REM > WnH
	LGB	8%	9%	

SMOKED CIGARETTES, PAST 30 DAYS				
		Windham	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	2%	2%	
Grade	Grade 6	.	1%	Within County Differences
	Grade 7	2%	2%	
	Grade 8	4%	3%	
Race	WnH	1%	2%	7 > 6
	REM	7%	4%	
Sexual Orientation	Het	2%	2%	8 > 6
	LGB	8%	8%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES  
SMOKED

	Windham	VT	
Less than 1 cigarette	34%	33%	
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	24%	23%	
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	29%	14%	

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

		Windham	VT	
Overall		5%	4%	Overall Differences: State vs County
Sex	Male	4%	4%	VT and County are Similar
	Female	5%	3%	Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	5%	3%	REM > WnH
	Grade 8	6%	6%	
Race	WnH	3%	3%	
	REM	10%	6%	
Sexual Orientation	Het	4%	3%	
	LGB	11%	10%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: REASONS FOR USING AN  
 ELECTRONIC VAPOR PRODUCT

	Windham	VT	
Friend/family used them	32%	38%	
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	10%	7%	
Available in flavors	14%	13%	
Used for some other reason	38%	36%	

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT  
 SOURCE

	Windham	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	13%	10%	
Borrowed them	44%	44%	
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	24%	21%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF  
ELECTRONIC VAPOR PRODUCT USE

	Windham	VT	
1 or 2 days	50%	49%	
3 to 5 days	.	16%	Too few students
6 to 9 days	24%	10%	County > VT
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	19%	15%	

SMOKED CIGARS, PAST 30 DAYS

		Windham	VT	
Overall		2%	1%	Overall Differences: State vs County
Sex	Male	3%	1%	County > VT
	Female	2%	1%	
Grade	Grade 6	.	1%	7 > 6
	Grade 7	2%	1%	8 > 6
	Grade 8	3%	2%	REM > WnH
Race	WnH	1%	1%	Too few students by sexual orientation
	REM	6%	3%	
Sexual Orientation	Het	2%	1%	
	LGB	.	6%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
		Windham	VT	
Overall		3%	1%	Overall Differences: State vs County
Sex	Male	3%	2%	County > VT
	Female	2%	1%	Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade
	Grade 7	3%	1%	Too few students by sexual orientation
	Grade 8	3%	2%	
Race	WnH	2%	1%	
	REM	5%	3%	
Sexual Orientation	Het	3%	1%	
	LGB	.	4%	

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
		Windham	VT	
Overall		34%	36%	Overall Differences: State vs County
Sex	Male	.	36%	VT and County are Similar
	Female	.	38%	Within County Differences
Grade	Grade 6	.	30%	Too few students by sex
	Grade 7	.	35%	Too few students in at least one grade
	Grade 8	.	40%	Too few students by race
Race	WnH	.	37%	Too few students by sexual orientation
	REM	.	40%	
Sexual Orientation	Het	.	39%	
	LGB	.	43%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

DRANK ALCOHOL, PAST 30 DAYS				
		Windham	VT	
Overall		7%	7%	Overall Differences: State vs County
Sex	Male	7%	6%	VT and County are Similar
	Female	6%	6%	
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	6%	5%	
	Grade 8	8%	10%	
Race	WnH	6%	6%	
	REM	11%	10%	
Sexual Orientation	Het	7%	6%	
	LGB	14%	18%	

BINGE DRANK, PAST 30 DAYS				
		Windham	VT	
Overall		2%	2%	Overall Differences: State vs County
Sex	Male	3%	2%	VT and County are Similar
	Female	.	1%	
Grade	Grade 6	.	0%	Too few students by sex
	Grade 7	.	1%	
	Grade 8	3%	3%	
Race	WnH	2%	1%	Too few students in at least one grade
	REM	3%	3%	
Sexual Orientation	Het	2%	1%	Too few students by sexual orientation
	LGB	.	5%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED		
	Windham	VT
1 or 2 drinks	59%	63%
3 drinks	11%	10%
4 drinks	.	7%
5 drinks	.	6%
6 or 7 drinks	.	4%
8 or 9 drinks	.	2%
10 or more drinks	15%	9%

USED MARIJUANA, PAST 30 DAYS			
		Windham	VT
Overall		7%	4%
Sex	Male	7%	4%
	Female	6%	4%
Grade	Grade 6	.	1%
	Grade 7	5%	3%
	Grade 8	10%	7%
Race	WnH	5%	4%
	REM	14%	8%
Sexual Orientation	Het	7%	4%
	LGB	15%	14%

Overall Differences: State vs County

County > VT

Within County Differences

Too few students in at least one grade

REM > WnH

LGB > Heterosexual

SECTION 4: SUBSTANCE USE  
CURRENT USEAMONG CURRENT USERS: FREQUENCY OF  
MARIJUANA USE

	Windham	VT	
1 or 2 times	45%	42%	
3 to 9 times	14%	22%	
10 to 19 times	.	11%	Too few students
20 to 39 times	9%	8%	
40 or more times	25%	17%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES**

		Windham	VT	
Overall		95%	95%	Overall Differences: State vs County
Sex	Male	95%	95%	VT and County are Similar
	Female	95%	95%	
				Within County Differences
Grade	Grade 6	98%	98%	WnH > REM
	Grade 7	95%	95%	
	Grade 8	94%	93%	
Race	WnH	96%	96%	
	REM	89%	92%	
Sexual Orientation	Het	95%	96%	
	LGB	91%	83%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL**

		Windham	VT	
Overall		90%	89%	Overall Differences: State vs County
Sex	Male	88%	89%	VT and County are Similar
	Female	93%	90%	
				Within County Differences
Grade	Grade 6	98%	95%	6 > 7
	Grade 7	90%	91%	6 > 8
	Grade 8	89%	84%	
Race	WnH	91%	89%	
	REM	86%	87%	
Sexual Orientation	Het	90%	90%	
	LGB	86%	76%	

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS ABOUT USE

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		84%	90%	Overall Differences: State vs County
Sex	Male	85%	90%	VT > County
	Female	85%	90%	
				Within County Differences
Grade	Grade 6	96%	97%	6 > 7
	Grade 7	86%	91%	6 > 8
	Grade 8	79%	84%	7 > 8
Race	WnH	86%	90%	WnH > REM
	REM	76%	86%	Heterosexual > LGB
Sexual Orientation	Het	85%	91%	
	LGB	68%	70%	

<b>THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		94%	95%	Overall Differences: State vs County
Sex	Male	94%	95%	VT and County are Similar
	Female	95%	95%	
				Within County Differences
Grade	Grade 6	95%	96%	WnH > REM
	Grade 7	94%	95%	Heterosexual > LGB
	Grade 8	95%	95%	
Race	WnH	96%	96%	
	REM	90%	93%	
Sexual Orientation	Het	95%	96%	
	LGB	88%	88%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
PERCEPTIONS ABOUT USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL**

		Windham	VT	
Overall		85%	85%	Overall Differences: State vs County
Sex	Male	83%	84%	VT and County are Similar
	Female	86%	87%	
				Within County Differences
Grade	Grade 6	88%	87%	
	Grade 7	84%	86%	
	Grade 8	85%	83%	
Race	WnH	87%	86%	
	REM	80%	82%	
Sexual Orientation	Het	85%	86%	
	LGB	79%	76%	

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE  
WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		Windham	VT	
Overall		87%	92%	Overall Differences: State vs County
Sex	Male	89%	92%	VT > County
	Female	87%	92%	
				Within County Differences
Grade	Grade 6	95%	95%	6 > 7
	Grade 7	87%	92%	6 > 8
	Grade 8	85%	89%	Heterosexual > LGB
Race	WnH	88%	92%	
	REM	84%	88%	
Sexual Orientation	Het	89%	93%	
	LGB	68%	79%	



SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET**

		Windham	VT	
Overall		25%	22%	Overall Differences: State vs County
Sex	Male	26%	22%	County > VT
	Female	24%	21%	Within County Differences
Grade	Grade 6	10%	13%	7 > 6
	Grade 7	21%	20%	8 > 6
	Grade 8	34%	28%	8 > 7
Race	WnH	25%	21%	
	REM	31%	28%	
Sexual Orientation	Het	26%	21%	
	LGB	33%	42%	

**THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET**

		Windham	VT	
Overall		38%	37%	Overall Differences: State vs County
Sex	Male	40%	37%	VT and County are Similar
	Female	36%	37%	Within County Differences
Grade	Grade 6	23%	24%	8 > 6
	Grade 7	34%	35%	8 > 7
	Grade 8	48%	48%	
Race	WnH	39%	39%	
	REM	38%	39%	
Sexual Orientation	Het	39%	38%	
	LGB	54%	55%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET				
		Windham	VT	
Overall		21%	15%	Overall Differences: State vs County
Sex	Male	18%	15%	County > VT
	Female	22%	15%	Within County Differences
Grade	Grade 6	7%	6%	7 > 6
	Grade 7	19%	13%	8 > 6
	Grade 8	27%	23%	REM > WnH
Race	WnH	19%	15%	LGB > Heterosexual
	REM	31%	21%	
Sexual Orientation	Het	20%	15%	
	LGB	38%	35%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
		Windham	VT	
Overall		71%	72%	Overall Differences: State vs County
Sex	Male	72%	71%	VT and County are Similar
	Female	69%	74%	Within County Differences
Grade	Grade 6	74%	76%	
	Grade 7	74%	72%	
	Grade 8	68%	70%	
Race	WnH	73%	74%	
	REM	64%	68%	
Sexual Orientation	Het	71%	73%	
	LGB	71%	66%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY BINGE DRINK EACH WEEKEND**

		Windham	VT	
Overall		46%	48%	Overall Differences: State vs County
Sex	Male	43%	45%	VT and County are Similar
	Female	48%	51%	
				Within County Differences
Grade	Grade 6	47%	50%	
	Grade 7	48%	48%	
	Grade 8	43%	46%	
Race	WnH	45%	48%	
	REM	48%	47%	
Sexual Orientation	Het	47%	48%	
	LGB	40%	41%	

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF  
THEY USE MARIJUANA REGULARLY**

		Windham	VT	
Overall		54%	59%	Overall Differences: State vs County
Sex	Male	53%	56%	VT > County
	Female	55%	62%	
				Within County Differences
Grade	Grade 6	70%	73%	6 > 7
	Grade 7	57%	60%	6 > 8
	Grade 8	44%	48%	7 > 8
Race	WnH	54%	59%	Heterosexual > LGB
	REM	46%	54%	
Sexual Orientation	Het	55%	59%	
	LGB	33%	39%	

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE				
		Windham	VT	
Overall		7%	5%	Overall Differences: State vs County
Sex	Male	8%	6%	VT and County are Similar
	Female	5%	4%	
				Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade  REM > WnH
	Grade 7	5%	4%	
	Grade 8	10%	8%	
Race	WnH	5%	5%	
	REM	13%	10%	
Sexual Orientation	Het	7%	5%	
	LGB	14%	16%	

EVER HAD ORAL SEX				
		Windham	VT	
Overall		6%	6%	Overall Differences: State vs County
Sex	Male	6%	6%	VT and County are Similar
	Female	6%	5%	
				Within County Differences
Grade	Grade 6	.	1%	Too few students in at least one grade  REM > WnH
	Grade 7	4%	4%	
	Grade 8	9%	9%	
Race	WnH	5%	5%	
	REM	11%	10%	
Sexual Orientation	Het	6%	5%	
	LGB	13%	17%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK			
	Windham	VT	
0 days	10%	7%	County > VT
1 day	4%	4%	
2 days	5%	7%	VT > County
3 days	9%	10%	
4 days	12%	11%	
5 days	14%	15%	
6 days	11%	11%	
7 days	36%	34%	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		Windham	VT	
Overall		36%	34%	Overall Differences: State vs County
Sex	Male	43%	42%	VT and County are Similar
	Female	28%	26%	
Grade	Grade 6	42%	38%	Within County Differences
	Grade 7	39%	35%	
	Grade 8	30%	30%	
Race	WnH	35%	34%	Males > Females
	REM	33%	35%	
Sexual Orientation	Het	38%	36%	Heterosexual > LGB
	LGB	17%	18%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
		Windham	VT	
Overall		61%	60%	Overall Differences: State vs County
Sex	Male	67%	66%	VT and County are Similar
	Female	55%	54%	
Grade	Grade 6	74%	63%	Within County Differences
	Grade 7	60%	60%	
	Grade 8	57%	57%	
Race	WnH	62%	61%	Males > Females
	REM	57%	58%	
Sexual Orientation	Het	64%	63%	6 > 7
	LGB	36%	37%	
				6 > 8
				Heterosexual > LGB

WERE NOT PHYSICALLY ACTIVE PAST WEEK				
		Windham	VT	
Overall		10%	7%	Overall Differences: State vs County
Sex	Male	9%	7%	County > VT
	Female	10%	7%	
Grade	Grade 6	8%	7%	Within County Differences
	Grade 7	8%	7%	
	Grade 8	11%	8%	
Race	WnH	9%	6%	LGB > Heterosexual
	REM	14%	9%	
Sexual Orientation	Het	7%	5%	
	LGB	21%	15%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK			
	Windham	VT	
0 days	33%	25%	County > VT
1 day	7%	7%	
2 days	6%	8%	
3 days	7%	8%	
4 days	5%	5%	
5 days	43%	46%	

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL				
		Windham	VT	
Overall		33%	25%	Overall Differences: State vs County
Sex	Male	34%	24%	County > VT
	Female	31%	25%	
Grade	Grade 6	16%	16%	7 > 6
	Grade 7	34%	26%	8 > 6
	Grade 8	38%	29%	
Race	WnH	33%	24%	
	REM	36%	27%	
Sexual Orientation	Het	33%	24%	
	LGB	43%	30%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS			
	Windham	VT	
0 days	81%	77%	County > VT
1 day	1%	3%	VT > County
2 days	3%	3%	
3 days	4%	4%	
4 days	2%	2%	
5 days	10%	10%	

WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY				
		Windham	VT	
Overall		10%	10%	Overall Differences: State vs County
Sex	Male	10%	12%	VT and County are Similar
	Female	10%	9%	
Grade	Grade 6	7%	11%	Within County Differences
	Grade 7	14%	10%	
	Grade 8	8%	10%	
Race	WnH	10%	10%	
	REM	13%	13%	
Sexual Orientation	Het	10%	10%	
	LGB	17%	14%	



SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY		
	Windham	VT
No TV on average school day	16%	18%
Less than 1 hour per day	24%	23%
1 hour per day	16%	18%
2 hours per day	22%	20%
3 hours per day	12%	10%
4 hours per day	4%	4%
5 or more hours per day	6%	6%

WATCHED TV 3+ HOURS PER DAY				
		Windham	VT	
Overall		22%	20%	Overall Differences: State vs County
Sex	Male	20%	20%	VT and County are Similar
	Female	22%	20%	Within County Differences
Grade	Grade 6	19%	18%	
	Grade 7	21%	20%	
	Grade 8	22%	21%	
Race	WnH	21%	19%	
	REM	26%	24%	
Sexual Orientation	Het	20%	20%	
	LGB	22%	27%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	Windham	VT
No playing video/computer game	10%	12%
Less than 1 hour per day	16%	17%
1 hour per day	14%	15%
2 hours per day	19%	18%
3 hours per day	15%	14%
4 hours per day	8%	8%
5 or more hours per day	18%	16%

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

		Windham	VT	
Overall		40%	38%	Overall Differences: State vs County
Sex	Male	40%	39%	VT and County are Similar
	Female	40%	37%	
Grade	Grade 6	32%	29%	Within County Differences
	Grade 7	40%	38%	
	Grade 8	42%	45%	
Race	WnH	39%	38%	
	REM	44%	43%	
Sexual Orientation	Het	39%	38%	
	LGB	52%	57%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

BREAKFAST CONSUMPTION, PAST WEEK		
	Windham	VT
0 days	7%	7%
1 day	3%	4%
2 days	7%	7%
3 days	9%	7%
4 days	5%	6%
5 days	8%	8%
6 days	10%	9%
7 days	51%	52%

County > VT

DID NOT EAT BREAKFAST, PAST WEEK			
		Windham	VT
Overall		7%	7%
Sex	Male	5%	6%
	Female	8%	7%
Grade	Grade 6	.	5%
	Grade 7	6%	7%
	Grade 8	8%	7%
Race	WnH	5%	6%
	REM	12%	10%
Sexual Orientation	Het	6%	6%
	LGB	14%	16%

Overall Differences: State vs County  
VT and County are Similar  
Within County Differences  
Too few students in at least one grade  
REM > WnH  
LGB > Heterosexual

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION  
NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK

	Windham	VT
Did not drink water	3%	3%
1 to 3 times	9%	9%
4 to 6 times	10%	10%
1 time per day	6%	6%
2 times per day	15%	16%
3 times per day	17%	19%
4 or more times per day	39%	37%

DRANK THREE OR MORE GLASSES PER DAY OF WATER

		Windham	VT	
Overall		57%	56%	Overall Differences: State vs County
Sex	Male	54%	57%	VT and County are Similar
	Female	59%	54%	
Grade	Grade 6	61%	58%	Within County Differences
	Grade 7	55%	54%	
	Grade 8	57%	56%	
Race	WnH	57%	56%	
	REM	56%	57%	
Sexual Orientation	Het	57%	57%	
	LGB	54%	48%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

**WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH  
FOOD AT HOME, PAST 30 DAYS**

	Windham	VT
Never	75%	77%
Rarely	15%	14%
Sometimes	7%	7%
Most of the time	2%	1%
Always	1%	1%

**MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE  
THERE WAS NOT ENOUGH FOOD IN THEIR HOME**

		Windham	VT	
Overall		3%	2%	Overall Differences: State vs County
Sex	Male	2%	2%	VT and County are Similar
	Female	4%	2%	Within County Differences
Grade	Grade 6	.	2%	Too few students in at least one grade
	Grade 7	3%	2%	Too few students by sexual orientation
	Grade 8	2%	2%	
Race	WnH	2%	2%	
	REM	3%	4%	
Sexual Orientation	Het	2%	2%	
	LGB	.	5%	

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

<b>BORN OUTSIDE THE U.S.</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		5%	6%	Overall Differences: State vs County
Sex	Male	5%	6%	VT and County are Similar
	Female	6%	6%	Within County Differences
Grade	Grade 6	9%	7%	REM > WnH
	Grade 7	5%	5%	
	Grade 8	4%	6%	
Race	WnH	3%	3%	
	REM	14%	18%	
Sexual Orientation	Het	5%	5%	
	LGB	8%	7%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK		
	Windham	VT
0 days	5%	5%
1 day	2%	2%
2 days	3%	2%
3 days	3%	3%
4 days	5%	4%
5 days	7%	7%
6 days	9%	10%
7 days	66%	66%

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
		Windham	VT	
Overall		87%	88%	Overall Differences: State vs County
Sex	Male	89%	89%	VT and County are Similar
	Female	86%	87%	
Grade	Grade 6	88%	90%	Within County Differences
	Grade 7	86%	89%	
	Grade 8	88%	86%	
Race	WnH	88%	89%	Heterosexual > LGB
	REM	81%	84%	
Sexual Orientation	Het	88%	89%	
	LGB	75%	73%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
WINDHAM COUNTY REPORT  
MIDDLE SCHOOL RESULTS

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS**

	Windham	VT
Strongly agree	26%	28%
Agree	41%	43%
Not sure	19%	17%
Disagree	9%	8%
Strongly disagree	6%	5%

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		Windham	VT	
Overall		67%	71%	Overall Differences: State vs County
Sex	Male	68%	72%	VT > County
	Female	66%	69%	Within County Differences
Grade	Grade 6	78%	77%	6 > 8
	Grade 7	71%	72%	7 > 8
	Grade 8	59%	66%	
Race	WnH	67%	71%	
	REM	65%	68%	
Sexual Orientation	Het	67%	72%	
	LGB	55%	54%	



SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

<b>BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM</b>				
		<b>Windham</b>	<b>VT</b>	
Overall		70%	76%	Overall Differences: State vs County
Sex	Male	71%	76%	VT > County
	Female	70%	76%	Within County Differences
Grade	Grade 6	80%	79%	6 > 8
	Grade 7	72%	75%	Heterosexual > LGB
	Grade 8	66%	75%	
Race	WnH	72%	77%	
	REM	66%	71%	
Sexual Orientation	Het	72%	77%	
	LGB	57%	64%	

<b>GRADES EARNED IN SCHOOL</b>			
	<b>Windham</b>	<b>VT</b>	
Mostly A's	48%	46%	VT > County
Mostly B's	34%	38%	
Mostly C's	14%	12%	
Mostly D's	3%	3%	
Mostly F's	2%	1%	

## SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY		
	Windham	VT
Strongly agree	25%	27%
Agree	39%	36%
Not sure	25%	24%
Disagree	6%	7%
Strongly disagree	5%	5%

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
		Windham	VT	
Overall		64%	64%	Overall Differences: State vs County
Sex	Male	68%	68%	VT and County are Similar
	Female	61%	60%	Within County Differences
Grade	Grade 6	71%	67%	WnH > REM
	Grade 7	65%	65%	Heterosexual > LGB
	Grade 8	59%	60%	
Race	WnH	66%	65%	
	REM	51%	58%	
Sexual Orientation	Het	67%	67%	
	LGB	31%	31%	