

Vermont Male Suicide Deaths, 2021			
	Number	Percent	Rate per 100,000
0-14 years	0	0%	0
15- 24	7	6%	15.5
25- 44	36	32%	46.1
45- 64	43	38%	49.9
65+	28	25%	45
Race & Ethnicity			
White Non-Hispanic	112	98%	-
Black, Indigenous, or a Person of Color (BIPOC)	2	2%	
Education			
Less than High School	14	12%	67.4
High School or GED completed	61	54%	75.5
Some college	8	7%	16.5
Associates	6	5%	33.7
Bachelors	20	18%	39.6
Masters or Doctorate	5	4%	16.4
Marital Status			
Never Married	51	45%	55.8
Married	27	24%	21.1
Widowed	6	5%	79.9
Divorced	28	25%	94.8
Married but separated	2	2%	67.5
Veteran Status			
Ever Served in U.S. Armed Forces	29	25%	91.0

-2021 race and ethnicity population estimates were not available at the time of publication, so no rates are provided.

Vermont Male Suicide Deaths by Cause and Age Group, 2021										
	0-14 years		15- 24		25- 44		45- 64		65+	
	#	%	#	%	#	%	#	%	#	%
Firearm	0	0%	6	86%	20	56%	22	51%	21	75%
Hanging/ Suffocation	0	0%	1	14%	9	25%	14	33%	1	4%
Poisoning	0	0%	0	0%	4	11%	7	16%	4	14%
Other	0	0%	0	0%	3	8%	0	0%	2	7%

Source: Vermont vital statistics, 2021 is preliminary. Suicide deaths are defined using ICD-10 codes, X70- X84, Y87.0, U03.

Male Suicide Morbidity and Mortality

Vermont Male Suicide-Related ED Visits, 2021			
	Number	Percent	Rate per 10,000 Visits
0-14 years	120	5%	115.0
15- 24	514	23%	506.0
25- 44	922	41%	381.0
45- 64	524	24%	195.1
65+	148	7%	51.3
Race/Ethnicity			
White non-Hispanic	1897	92%	222.7
BIPOC	162	8%	239.5

Source: ESSENCE, 2021. Reflects 13 of 14 Emergency Departments in Vermont.

Vermont Men who Seriously Considered Suicide in the Past Year, 2018		
	Rate per adult male population	% of men who consider suicide
18-24 years	*	*
25- 44	3%	28%
45- 64 years	4%	38%
65+	2%	13%
Race/Ethnicity		
White non-Hispanic	3%	92%
BIPOC	*	*
Education		
High School or less	5%	63%
Some College or More	2%	37%
Marital Status		
Never Married	6%	49%
Married	1%	22%
Divorced	5%	21%
Separated	*	*
Widowed	*	*
Disability		
Disability	9%	60%
No Disability	2%	
Depression		
Depression	12%	62%
No Depression	2%	
Housing Insecurity		
Housing insecurity	14%	36%
No housing insecurity	2%	

*Value less than 6 or standard error is >30, suppressed value. Source: BRFSS, 2018

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