

RECOMMENDED READING

Children's Books

Young Children (2-6)

- *Lifetimes* by Bryan Melonie and Robert Ingpen
- *Where's Jess?* Centering Corporation
- *Everybody Feels Sad* by Jane Bingham
- *The Purple Balloon* by Chris Raschka
- *We Were Gonna Have a Baby But We Had an Angel Instead* by Pat Schwiebert
- *Someone Came Before You* by Pat Schwiebert
- *My Baby Big Sister* by Cathy Blanford
- *Tough Boris* by Mem Fox
- *How Are You Peeling?* by Saxton Freymann and Joost Elffers
- *When Someone Dies* by Sharon Greenlee
- *Finding Grandpa Everywhere* by John Hodge
- *Sad Isn't Bad* by Michaelene Mundy
- *Always and Forever* by Alan Durant
- *Badger's Parting Gifts* by Susan Varley
- *Chicken Soup for the Kid's Soul: 101 Stories of Courage, Hope, and Laughter* compiled by Jack Canfield et al.
- *A Dog Like Jack* by Dyanne Disalvo-Ryan
- *The Fall of Freddie the Leaf* by Leo Buscaglia
- *Goodbye Mousie* by Robie H. Harris
- *Good-bye, Vivi!* By Antoine Schneider
- *The Grandad Tree* by Trish Cooke
- *Jim's Dog Muffins* by Miriam Cohen
- *Nana Upstairs and Nana Downstairs* by Tomie dePaola
- *Old Pig* by Margaret Wild
- *Rudi's Pond* by Eve Bunting
- *A Story of Hippo: A Book About Loss* by Simon Puttock
- *The Tenth Good Thing about Barney* by Judith Viorst
- *Thank You, Grandpa* by Lynn Plourde
- *Up in Heaven* by Emma Chichester Clark
- *What's Heaven?* by Maria Shriver
- *When Dinosaurs Die: A Guide to Understanding Death* by Laurie Krasny Brown and Marc Brown
- *Where Do People Go When They Die?* By Mindy Avra Portnoy
- *WAILANA THE WATERBUG* by Greg Barrett and Jane Hopkins – all proceeds to go research <http://www.alanadungfoundation.org/WailanaOrder.html>

School Age/Pre-teen

- *The Tenth Good Thing About Barney* by Judith Viorst
- *Don't Despair on Thursdays* by Adolph Moser
- *A Complete Book About Death for Kids* by Earl Grollman
- *I Wish I Could Hold Your Hand* by Dr. Pat Palmer
- *Since My Brother Died* by Marisol Munoz-Kiehne (Bilingual Spanish)
- *Lost and Found Remembering a Sister* by Ellen Yeomans
- *Am I Still a Sister?* By Alicia M. Sims
- *Felipa y el Dia de los Muertos* by Birte Muller (Spanish)
- *The Spirit of Tio Fernando* by Janice Levy (Bilingual Spanish)
- *My Diary From Here to There* by Amada Irma Perez (Spanish)
- *I Speak English for My Mom* by Muriel Stanck
- *The Last Goodbye* by Jim and Joan Boulden
- *After the Funeral* by Jane Loretta Winsch
- *That Summer* by Tony Johnston
- *Everett Anderson's Goodbye* by Lucille Clifton
- *If Nathan Were Here* by Mary Bahr
- *Can You Hear Me Smiling?* By Aariana R. Jackson
- *When Dad's at Sea* by Mindy L. Pelton
- *The Wishing Tree* by Roseanne Thong
- *Part of Me Died, Too: Stories of Creative Survival among Bereaved Children and Teenagers* by Virginia Fry

Adolescents

- *After You Lose Someone You Love* by Ellen Hawley
- *Things I Have to Tell You* by Betsy Franco
- *Losing Someone You Love: When a Brother or Sister Dies* by Elizabeth Richter
- *The Death of a Brother or Sister* by Ruth Ann Ruiz
- *You Are Not Alone: Teens Talk About Life After the Loss of a Parent* by Lynne B. Hughes
- *How It Feels When a Parent Dies* by Jill Krementz
- *How It Feels To Be Adopted* by Jill Krementz
- *How It Feels When Parents Divorce* by Jill Krementz
- *What is Goodbye?* by Nikki Grimes
- *Facing Change: Falling Apart and Coming Together Again in the Teen Years* by Donna O'Toole
- *Kira Kira* by Cynthia Kadohata
- *My Diary From Here to There* by Amada Irma Perez (Bilingual Spanish)
- *Black Jack Jetty* by Michael Carestio
- *Jacob Have I Loved* by Katherine Paterson
- *Letters From the Secret Lives of Teens* by Scott Fried
- *Beat the Turtle Drum* by Constance C. Greene
- *Fire In My Heart, Ice In My Veins* by Enid Samuel-Traisman

- *Death: The Real Deal* by Joanne Mattern
- *The Grieving Teen: A Guide for Teenagers and Their Friends*
- *Healing Your Grieving Heart for Teens: 100 Practical Ideas*
- *When a Friend Dies: A Book for Teens About Grieving and Healing* by Marilyn Gootman

Books for the Clinicians and Adults Supporting Children

- *Helping Children Cope With the Loss of a Loved One* by William C. Kroen
- *The Grieving Teen and The Grieving Child* by Helene Fitzgerald
- *Preparing the Children* by Kathy Nussbaum
- *On Children and Death* by Elisabeth Kubler-Ross (actually all of her books)
- *Bereaved Children and Teens* by Earl Grollman
- *Straight Talk About Death for Teenagers* by Earl Grollman
- *The Colors of Grief* by Janis DiCiacco
- *Finding Hope When a Child Dies: What Other Cultures Can Teach Us* by Sue Miller
- *Children Mourning, Mourning Children* edited by Kenneth Doka
- *Explaining Death to Children* edited by Earl Grollman
- *Guiding Your Child Through Grief* by Mary Ann Emswiler
- *How Do We Tell The Children?: A Step-by-Step Guide for Helping Children Two to Teen When Someone Dies*
- *Living with Grief: Children, Adolescents, and Loss* by Kenneth Doka
- *Lifetimes: A Beautiful Way to Explain Death to Children* by Byron Mellonie

Parental Loss

- *The Grief of Parents When a Child Dies* by Margaret Shandor Miles
- *The Grieving Garden* by Suzanne Redfern and Susan K. Gilbert
- *Chicken Soup for the Grieving Soul* by Jack Canfield and Mark Victor Hansen
- *A Broken Heart Still Beats* by Anne McCracken and Mary Semel
- *Seven Choices: Finding Daylight After Loss Shatters Your World* by Elizabeth Harper Neeld
- *About Grief: Insights, Setbacks, Grace Notes, Taboos* by Ron Marasco and Brian Shuff
- *Michael Rosen's Sad Book* by Michael Rosen
- *The Still Point of the Turning World* by Emily Rapp

Clinical Favorites

- *Caring for Children Who Have Severe Neurological Impairment: A Life with Grace* by Julie Hauer
- *Motherless Daughters* by Hope Edelman
- *Grief Counseling and Grief Therapy* by J. William Worden
- Alan Wolfelt (any book)
- *Gone From My Sight: The Dying Experience* by Barbara Karnes
- *Lessons of Loss* by Robert A. Neimeyer
- *How We Grieve* by Thomas Attig
- *Meaning Reconstruction and the Experience of Loss* by Robert A. Neimeyer
- *My Stroke of Insight* by Jill B. Taylor

- *The Private Worlds of Dying Children* (Bluebond-Langer, 1980)
- *Oxford Textbook of Palliative Care for Children* (Goldman, 2012)
- *Textbook of Interdisciplinary Pediatric Palliative Care* (Wolfe, 2011)
- *Palliative Care for Infants, Children, and Adolescents: A Practical Handbook* (Carter, 2011)

Miscellaneous Favorites

- *Tear Soup* by Pat Schwiebert and Chuck DeKlyen
- *Kitchen Table Wisdom* and *My Grandfather's Blessings* by Rachel Naomi Remen
- *The Nature of Suffering* by Eric Cassell
- *Kitchen* by Banana Yoshimoto
- *The Last Lecture* by Randy Pausch
- *Things the Grandchildren Should Know* by Mark Oliver Everett
- *Messenger* by Jeni Stepanek

The Vermont Department of Health provides this list of recommended readings as a resource. However, we are not responsible for the content of the books, and any use of information obtained from them is the voluntary responsibility of the reader.