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# **2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT**

**REPORT FOR ADDISON NORTHEAST SU (SU001)**

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Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: [www.healthvermont.gov/yrbs](http://www.healthvermont.gov/yrbs)

## About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

## Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyouth/data/yrbs/methods>

## Using the YRBS Results

### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

**Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

**Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

**Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

**Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

**Participate in Getting to 'Y':** Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

## Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

# HIGH SCHOOL RESULTS

## ADDISON NORTHEAST SU (SU001) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	462	27349

		SU/SD	VT
Sex	Male	54%	51%
	Female	46%	49%
Grade	9th Grade	22%	25%
	10th Grade	25%	25%
	11th Grade	27%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	83%
	Students of Color (REM)	4%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	88%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	12%	11%



SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

<b>WERE IN A PHYSICAL FIGHT, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		17%	17%
Overall Differences: State vs SU			
Sex	Male	19%	22%
	Female	16%	11%
VT and SU are Similar			
Within SU Differences			
Grade	9th / 10th	23%	19%
	11th / 12th	12%	14%
9-10 > 11-12			

<b>WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		7%	7%
Overall Differences: State vs SU			
Sex	Male	9%	9%
	Female	4%	3%
VT and SU are Similar			
Within SU Differences			
Grade	9th / 10th	9%	8%
	11th / 12th	4%	5%
Males > Females			
9-10 > 11-12			

<b>CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		15%	7%
Overall Differences: State vs SU			
Sex	Male	20%	10%
	Female	9%	3%
SU > VT			
Within SU Differences			
Grade	9th / 10th	15%	6%
	11th / 12th	14%	8%
Males > Females			

**SECTION 2: PERSONAL SAFETY**  
**VIOLENCE AND BULLYING**

<b>WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	3%	3%	Within SU Differences
Grade	9th / 10th	4%	5%	
	11th / 12th	3%	4%	

<b>WERE ELECTRONICALLY BULLIED, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		14%	16%	Overall Differences: State vs SU
Sex	Male	6%	10%	VT and SU are Similar
	Female	24%	22%	Within SU Differences
Grade	9th / 10th	15%	18%	Females > Males
	11th / 12th	14%	14%	

**SECTION 2: PERSONAL SAFETY**  
**VIOLENCE AND BULLYING**

<b>WERE BULLIED, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	9%	11%	VT and SU are Similar
	Female	23%	20%	Within SU Differences
Grade	9th / 10th	17%	18%	Females > Males
	11th / 12th	14%	13%	

<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	7%	10%	VT and SU are Similar
	Female	10%	8%	Within SU Differences
Grade	9th / 10th	8%	9%	
	11th / 12th	8%	8%	

<b>DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	3%	4%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	9th / 10th	5%	5%	9-10 > 11-12
	11th / 12th	2%	4%	

**SECTION 2: PERSONAL SAFETY**  
 SEXUAL AND DATING VIOLENCE

<b>WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female	9%	9%	Within SU Differences
Grade	9th / 10th	5%	5%	Females > Males
	11th / 12th	7%	7%	

<b>EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		10%	10%	Overall Differences: State vs SU
Sex	Male	5%	5%	VT and SU are Similar
	Female	16%	15%	Within SU Differences
Grade	9th / 10th	12%	10%	Females > Males
	11th / 12th	8%	9%	

<b>EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	10%	8%	Within SU Differences
Grade	9th / 10th	4%	6%	11-12 > 9-10
	11th / 12th	9%	7%	

**SECTION 2: PERSONAL SAFETY**  
 IMPAIRED DRIVING AND RIDING

<b>DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		11%	7%	Overall Differences: State vs SU
Sex	Male	14%	9%	SU > VT
	Female	8%	5%	Within SU Differences
Grade	9th / 10th	7%	5%	Males > Females
	11th / 12th	14%	9%	11-12 > 9-10

<b>DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		17%	14%	Overall Differences: State vs SU
Sex	Male	14%	16%	VT and SU are Similar
	Female	20%	12%	Within SU Differences
Grade	9th / 10th	13%	9%	
	11th / 12th	19%	18%	

<b>RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		22%	18%	Overall Differences: State vs SU
Sex	Male	21%	17%	SU > VT
	Female	23%	19%	Within SU Differences
Grade	9th / 10th	23%	18%	
	11th / 12th	20%	18%	

**SECTION 2: PERSONAL SAFETY**  
 IMPAIRED DRIVING AND RIDING

<b>RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		26%	20%
Sex	Male	22%	20%
	Female	31%	20%
Grade	9th / 10th	25%	16%
	11th / 12th	28%	25%

  

<b>Overall Differences: State vs SU</b>	
SU > VT	
<b>Within SU Differences</b>	
Females > Males	

<b>TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		28%	34%
Sex	Male	28%	34%
	Female	28%	34%
Grade	9th / 10th	11%	14%
	11th / 12th	40%	48%

  

<b>Overall Differences: State vs SU</b>	
VT > SU	
<b>Within SU Differences</b>	
11-12 > 9-10	

**SECTION 2: PERSONAL SAFETY**  
 INJURY AND PREVENTION

**HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR**

	SU/SD	VT	
Never wore a helmet	17%	11%	SU > VT
Rarely wore a helmet	.	3%	Too few students
Sometimes wore a helmet	6%	3%	SU > VT
Most of the time wore a helmet	9%	9%	
Always wore a helmet	67%	74%	VT > SU

**RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR**

	SU/SD	VT		
Overall	19%	14%	Overall Differences: State vs SU	
Sex	Male	23%	17%	SU > VT
	Female	15%	9%	Within SU Differences
Grade	9th / 10th	16%	12%	
	11th / 12th	22%	15%	

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR**

	SU/SD	VT		
Overall	19%	18%	Overall Differences: State vs SU	
Sex	Male	21%	20%	VT and SU are Similar
	Female	17%	16%	Within SU Differences
Grade	9th / 10th	21%	19%	
	11th / 12th	17%	17%	

**SECTION 2: PERSONAL SAFETY**  
**TOBACCO EXPOSURE AND PREVENTION**

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		59%	54%
Overall Differences: State vs SU			
Sex	Male	50%	51%
SU > VT			
	Female	70%	58%
Within SU Differences			
Grade	9th / 10th	52%	50%
Females > Males			
	11th / 12th	66%	59%
11-12 > 9-10			

<b>MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		55%	55%
Overall Differences: State vs SU			
Sex	Male	56%	53%
VT and SU are Similar			
	Female	55%	56%
Within SU Differences			
Grade	9th / 10th	55%	56%
	11th / 12th	56%	53%



**SECTION 2: PERSONAL SAFETY**  
**TOBACCO EXPOSURE AND PREVENTION**

<b>WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		27%	23%	Overall Differences: State vs SU
Sex	Male	27%	23%	SU > VT
	Female	25%	23%	Within SU Differences
Grade	9th / 10th	30%	23%	9-10 > 11-12
	11th / 12th	23%	24%	

<b>WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		40%	33%	Overall Differences: State vs SU
Sex	Male	40%	33%	SU > VT
	Female	39%	33%	Within SU Differences
Grade	9th / 10th	39%	32%	
	11th / 12th	40%	34%	

SECTION 3: MENTAL HEALTH

<b>FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		21%	25%	Overall Differences: State vs SU
Sex	Male	11%	16%	VT > SU
	Female	32%	35%	Within SU Differences
Grade	9th / 10th	23%	25%	Females > Males
	11th / 12th	20%	26%	

<b>DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT and SU are Similar
	Female	25%	25%	Within SU Differences
Grade	9th / 10th	18%	18%	Females > Males
	11th / 12th	14%	15%	

SECTION 3: MENTAL HEALTH

<b>MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	16%	15%	Within SU Differences
Grade	9th / 10th	13%	12%	Females > Males
	11th / 12th	11%	10%	

<b>ATTEMPTED SUICIDE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	.	4%	VT and SU are Similar
	Female	9%	7%	Within SU Differences
Grade	9th / 10th	6%	6%	Too few students by sex
	11th / 12th	3%	5%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

<b>EVER SMOKED A WHOLE CIGARETTE</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		30%	24%
Sex	Male	34%	26%
	Female	25%	22%
Grade	9th / 10th	26%	19%
	11th / 12th	34%	29%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		<b>Within SU Differences</b>	
		Males > Females	
		11-12 > 9-10	

<b>SMOKED A CIGARETTE BEFORE AGE 13 YEARS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		12%	8%
Sex	Male	13%	9%
	Female	9%	6%
Grade	9th / 10th	12%	8%
	11th / 12th	11%	7%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		<b>Within SU Differences</b>	

<b>EVER USED AN ELECTRONIC VAPOR PRODUCT</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		37%	34%
Sex	Male	41%	37%
	Female	34%	31%
Grade	9th / 10th	32%	27%
	11th / 12th	43%	41%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		<b>Within SU Differences</b>	
		Males > Females	
		11-12 > 9-10	

**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER TRIED FLAVORED TOBACCO PRODUCTS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		27%	21%
Sex	Male	32%	24%
	Female	20%	17%
Grade	9th / 10th	22%	14%
	11th / 12th	31%	27%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		Within SU Differences	
		Males > Females	
		11-12 > 9-10	

<b>EVER DRANK ALCOHOL</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		61%	58%
Sex	Male	62%	57%
	Female	61%	58%
Grade	9th / 10th	54%	48%
	11th / 12th	68%	68%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		Within SU Differences	
		11-12 > 9-10	

<b>DRANK ALCOHOL BEFORE AGE 13 YEARS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		17%	14%
Sex	Male	20%	16%
	Female	13%	11%
Grade	9th / 10th	22%	15%
	11th / 12th	13%	12%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		Within SU Differences	
		Males > Females	
		9-10 > 11-12	

**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER USED MARIJUANA</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		46%	37%
Sex	Male	44%	37%
	Female	49%	37%
Grade	9th / 10th	38%	29%
	11th / 12th	53%	46%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		Within SU Differences	
		11-12 > 9-10	

<b>TRIED MARIJUANA BEFORE AGE 13 YEARS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		6%	6%
Sex	Male	6%	7%
	Female	7%	5%
Grade	9th / 10th	7%	6%
	11th / 12th	5%	6%

  

		<b>Overall Differences: State vs SU</b>	
		VT and SU are Similar	
		Within SU Differences	

<b>EVER MISUSED PRESCRIPTION PAIN MEDICINE</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		8%	8%
Sex	Male	8%	8%
	Female	8%	7%
Grade	9th / 10th	9%	7%
	11th / 12th	7%	9%

  

		<b>Overall Differences: State vs SU</b>	
		VT and SU are Similar	
		Within SU Differences	

**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER MISUSED PRESCRIPTION STIMULANTS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		9%	6%
Sex	Male	12%	7%
	Female	5%	6%
Grade	9th / 10th	7%	5%
	11th / 12th	10%	8%

  

		<b>Overall Differences: State vs SU</b>	
		SU > VT	
		Within SU Differences	
		Males > Females	

<b>EVER USED COCAINE</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		4%	4%
Sex	Male	5%	5%
	Female	4%	3%
Grade	9th / 10th	4%	3%
	11th / 12th	5%	5%

  

		<b>Overall Differences: State vs SU</b>	
		VT and SU are Similar	
		Within SU Differences	

<b>EVER USED INHALANTS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		7%	6%
Sex	Male	8%	6%
	Female	7%	6%
Grade	9th / 10th	8%	6%
	11th / 12th	6%	6%

  

		<b>Overall Differences: State vs SU</b>	
		VT and SU are Similar	
		Within SU Differences	

**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER USED HEROIN</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	2%	3%	VT and SU are Similar
	Female	.	1%	Within SU Differences
Grade	9th / 10th	.	1%	Too few students by sex
	11th / 12th	3%	2%	Too few students by grade

<b>EVER USED METHAMPHETAMINES</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female	.	1%	Within SU Differences
Grade	9th / 10th	2%	2%	Too few students by sex
	11th / 12th	4%	3%	



**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

<b>USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		29%	24%	Overall Differences: State vs SU
Sex	Male	36%	28%	SU > VT
	Female	21%	18%	Within SU Differences
Grade	9th / 10th	25%	17%	Males > Females
	11th / 12th	33%	30%	11-12 > 9-10

<b>SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		24%	19%	Overall Differences: State vs SU
Sex	Male	30%	23%	SU > VT
	Female	17%	14%	Within SU Differences
Grade	9th / 10th	20%	13%	Males > Females
	11th / 12th	28%	25%	11-12 > 9-10

<b>SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		20%	15%	Overall Differences: State vs SU
Sex	Male	26%	19%	SU > VT
	Female	13%	11%	Within SU Differences
Grade	9th / 10th	16%	10%	Males > Females
	11th / 12th	23%	20%	11-12 > 9-10

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

<b>SMOKED CIGARETTES, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		12%	9%	Overall Differences: State vs SU
Sex	Male	13%	10%	SU > VT
	Female	11%	8%	Within SU Differences
Grade	9th / 10th	11%	6%	
	11th / 12th	13%	12%	

<b>AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES</b>				
		<b>SU/SD</b>	<b>VT</b>	
1 or 2 days	.	29%		Too few students
3 to 5 days	.	15%		Too few students
6 to 9 days	.	10%		Too few students
10 to 19 days	.	12%		Too few students
20 to 29 days	.	9%		Too few students
All 30 days	.	25%		Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	25%	Overall Differences: State vs SU
Sex	Male	.	27%	Too few students
	Female	.	20%	Within SU Differences
Grade	9th / 10th	.	22%	Too few students by sex
	11th / 12th	.	25%	Too few students by grade

<b>AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED</b>				
		<b>SU/SD</b>	<b>VT</b>	
Less than 1 cigarette		.	30%	Too few students
1 cigarette		.	19%	Too few students
2 to 5 cigarettes		.	30%	Too few students
6 to 10 cigarettes		.	9%	Too few students
11 to 20 cigarettes		.	4%	Too few students
More than 20 cigarettes		.	8%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	12%	Overall Differences: State vs SU
Sex	Male	.	15%	Too few students
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	11%	Too few students by grade

<b>USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		14%	12%	Overall Differences: State vs SU
Sex	Male	15%	14%	VT and SU are Similar
	Female	13%	9%	Within SU Differences
Grade	9th / 10th	12%	9%	
	11th / 12th	16%	15%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE**

	SU/SD	VT	
Friend/family used them	29%	35%	VT > SU
To try to quit other tobacco	.	5%	Too few students
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	.	1%	Too few students
Less harmful than other tobacco	11%	8%	
Available in flavors	16%	17%	
Used for some other reason	34%	33%	

**AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE**

	SU/SD	VT	
1 or 2 days	.	37%	Too few students
3 to 5 days	.	19%	Too few students
6 to 9 days	.	11%	Too few students
10 to 19 days	.	12%	Too few students
20 to 29 days	.	7%	Too few students
All 30 days	.	15%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	37%	Too few students
	Female	.	26%	Within SU Differences
Grade	9th / 10th	.	33%	Too few students by sex
	11th / 12th	.	33%	Too few students by grade

<b>AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18</b>				
		<b>SU/SD</b>	<b>VT</b>	
	Bought them in a store	.	8%	Too few students
	I got them on the Internet	.	10%	Too few students
	Someone else bought them	.	14%	Too few students
	Borrowed them	.	38%	Too few students
	A person 18 or older gave me	.	11%	Too few students
	Took them from a store	.	2%	Too few students
	Some other way	.	18%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>USED SMOKELESS TOBACCO, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	13%	8%	SU > VT
	Female	.	2%	Within SU Differences
Grade	9th / 10th	10%	4%	Too few students by sex
	11th / 12th	6%	6%	9-10 > 11-12

<b>SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		13%	9%	Overall Differences: State vs SU
Sex	Male	18%	13%	SU > VT
	Female	7%	6%	Within SU Differences
Grade	9th / 10th	10%	6%	Males > Females
	11th / 12th	15%	13%	11-12 > 9-10

<b>TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		29%	33%	Overall Differences: State vs SU
Sex	Male	20%	30%	VT and SU are Similar
	Female	.	37%	Within SU Differences
Grade	9th / 10th	.	34%	Too few students by sex
	11th / 12th	31%	32%	Too few students by grade

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>DRANK ALCOHOL, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		42%	33%	Overall Differences: State vs SU
Sex	Male	41%	32%	SU > VT
	Female	44%	34%	Within SU Differences
Grade	9th / 10th	37%	25%	11-12 > 9-10
	11th / 12th	47%	41%	

<b>BINGE DRANK, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		24%	17%	Overall Differences: State vs SU
Sex	Male	25%	17%	SU > VT
	Female	24%	17%	Within SU Differences
Grade	9th / 10th	20%	11%	11-12 > 9-10
	11th / 12th	29%	23%	



SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: FREQUENCY OF DRINKING**

	SU/SD	VT	
1 or 2 days	41%	49%	VT > SU
3 to 5 days	32%	26%	SU > VT
6 to 9 days	13%	13%	
10 to 19 days	9%	7%	
20 to 29 days	.	2%	Too few students
All 30 days	4%	3%	

**AMONG CURRENT USERS: DRANK ON 10+ DAYS**

	SU/SD	VT	
Overall	14%	12%	Overall Differences: State vs SU
Sex	Male	17%	VT and SU are Similar
	Female	10%	Within SU Differences
Grade	9th / 10th	8%	11-12 > 9-10
	11th / 12th	18%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED**

	SU/SD	VT	
1 or 2 drinks	28%	35%	VT > SU
3 drinks	7%	6%	
4 drinks	8%	8%	
5 drinks	14%	13%	
6 or 7 drinks	13%	15%	
8 or 9 drinks	12%	8%	SU > VT
10 or more drinks	19%	14%	SU > VT

**AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)**

	SU/SD	VT	
Overall	65%	57%	Overall Differences: State vs SU
Sex	Male	69%	SU > VT
	Female	61%	Within SU Differences
Grade	9th / 10th	61%	
	11th / 12th	68%	

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

**AMONG CURRENT USERS: ALCOHOL SOURCE**

	<b>SU/SD</b>	<b>VT</b>	
Bought in store	3%	3%	
Bought in restaurant	.	2%	Too few students
Bought at public event	.	0%	Too few students
I gave someone money to buy	25%	23%	
Someone gave it to me	41%	40%	
Took from store/family	10%	12%	
Some other way	18%	20%	

**USED MARIJUANA, PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	31%	24%	Overall Differences: State vs SU
Sex	Male	28%	SU > VT
	Female	34%	Within SU Differences
Grade	9th / 10th	27%	11-12 > 9-10
	11th / 12th	34%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	SU/SD	VT	
1 or 2 times	32%	34%	
3 to 9 times	31%	25%	SU > VT
10 to 19 times	18%	12%	SU > VT
20 to 39 times	10%	10%	
40 or more times	10%	20%	VT > SU

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

	SU/SD	VT	
Overall	37%	41%	Overall Differences: State vs SU
Sex			
Male	42%	47%	VT and SU are Similar
Female	31%	35%	Within SU Differences
Grade			
9th / 10th	.	39%	Too few students by grade
11th / 12th	35%	42%	

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED

	SU/SD	VT	
Smoked it	98%	91%	SU > VT
Ate in food	.	4%	Too few students
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	.	2%	Too few students

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

<b>MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		5%	5%
Sex	Male	5%	6%
	Female	6%	5%
Grade	9th / 10th	4%	5%
	11th / 12th	6%	6%

  

<b>Overall Differences: State vs SU</b>	
VT and SU are Similar	
<b>Within SU Differences</b>	

**SECTION 4: SUBSTANCE USE**  
 SUBSTANCE USE ON SCHOOL PROPERTY

<b>WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		18%	15%
Sex	Male	19%	17%
	Female	16%	13%
Grade	9th / 10th	17%	15%
	11th / 12th	18%	15%

Overall Differences: State vs SU
SU > VT
Within SU Differences

<b>ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		16%	13%
Sex	Male	16%	14%
	Female	17%	12%
Grade	9th / 10th	15%	11%
	11th / 12th	18%	16%

Overall Differences: State vs SU
SU > VT
Within SU Differences

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		20%	25%
Overall Differences: State vs SU			
Sex	Male	25%	25%
VT > SU			
	Female	15%	24%
Within SU Differences			
Grade	9th / 10th	22%	29%
Males > Females			
	11th / 12th	18%	20%

<b>THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		78%	84%
Overall Differences: State vs SU			
Sex	Male	74%	82%
VT > SU			
	Female	82%	86%
Within SU Differences			
Grade	9th / 10th	81%	89%
Females > Males			
	11th / 12th	74%	79%
9-10 > 11-12			

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK  
 ALCOHOL**

		SU/SD	VT	
Overall		45%	54%	Overall Differences: State vs SU
Sex	Male	51%	55%	VT > SU
	Female	38%	54%	Within SU Differences
Grade	9th / 10th	52%	65%	Males > Females
	11th / 12th	39%	44%	9-10 > 11-12

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE  
 MARIJUANA**

		SU/SD	VT	
Overall		41%	55%	Overall Differences: State vs SU
Sex	Male	44%	56%	VT > SU
	Female	38%	55%	Within SU Differences
Grade	9th / 10th	48%	64%	9-10 > 11-12
	11th / 12th	35%	46%	



**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		89%	91%
Overall Differences: State vs SU			
Sex	Male	88%	90%
VT > SU			
	Female	90%	93%
Within SU Differences			
Grade	9th / 10th	92%	94%
9-10 > 11-12			
	11th / 12th	87%	89%

<b>THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		62%	66%
Overall Differences: State vs SU			
Sex	Male	63%	64%
VT > SU			
	Female	60%	67%
Within SU Differences			
Grade	9th / 10th	73%	75%
9-10 > 11-12			
	11th / 12th	52%	57%

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		SU/SD	VT	
Overall		65%	76%	Overall Differences: State vs SU
Sex	Male	68%	75%	VT > SU
	Female	63%	77%	Within SU Differences
Grade	9th / 10th	71%	81%	9-10 > 11-12
	11th / 12th	60%	72%	

**PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY**

	SU/SD	VT	
No risk	6%	5%	
Slight risk	11%	9%	SU > VT
Moderate risk	20%	18%	
Great risk	64%	68%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY**

		SU/SD	VT	
Overall		64%	68%	Overall Differences: State vs SU
Sex	Male	57%	66%	VT > SU
	Female	71%	70%	Within SU Differences
Grade	9th / 10th	68%	66%	Females > Males
	11th / 12th	60%	70%	9-10 > 11-12

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
No risk	6%	6%	
Slight risk	27%	19%	SU > VT
Moderate risk	42%	39%	SU > VT
Great risk	25%	36%	VT > SU

<b>THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		25%	36%	Overall Differences: State vs SU
Sex	Male	19%	32%	VT > SU
	Female	32%	41%	Within SU Differences
Grade	9th / 10th	26%	38%	Females > Males
	11th / 12th	24%	34%	

<b>PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE</b>			
	<b>SU/SD</b>	<b>VT</b>	
No risk	25%	21%	SU > VT
Slight risk	35%	29%	SU > VT
Moderate risk	23%	26%	
Great risk	17%	24%	VT > SU

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		17%	24%
Overall Differences: State vs SU			
Sex	Male	16%	21%
	Female	18%	28%
Within SU Differences			
Grade	9th / 10th	19%	29%
	11th / 12th	15%	20%

<b>PERCEIVED ACCESS TO CIGARETTES</b>			
		<b>SU/SD</b>	<b>VT</b>
Very hard		18%	24%
Sort of hard		21%	21%
Sort of easy		26%	22%
Very easy		35%	32%

<b>SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		61%	55%
Overall Differences: State vs SU			
Sex	Male	63%	57%
	Female	59%	52%
Within SU Differences			
Grade	9th / 10th	48%	43%
	11th / 12th	72%	66%

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>PERCEIVED ACCESS TO ALCOHOL</b>			
	<b>SU/SD</b>	<b>VT</b>	
Very hard	11%	15%	VT > SU
Sort of hard	15%	18%	VT > SU
Sort of easy	32%	31%	
Very easy	42%	37%	SU > VT

<b>SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		74%	68%	Overall Differences: State vs SU
Sex	Male	72%	67%	SU > VT
	Female	76%	69%	Within SU Differences
Grade	9th / 10th	69%	62%	11-12 > 9-10
	11th / 12th	78%	73%	

<b>PERCEIVED ACCESS TO MARIJUANA</b>			
	<b>SU/SD</b>	<b>VT</b>	
Very hard	19%	27%	VT > SU
Sort of hard	15%	15%	
Sort of easy	20%	22%	
Very easy	46%	37%	SU > VT

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		66%	58%
<b>Overall Differences: State vs SU</b>			
Sex	Male	59%	59%
	Female	73%	57%
<b>Within SU Differences</b>			
Grade	9th / 10th	56%	49%
	11th / 12th	74%	67%
<b>Females &gt; Males</b>			
<b>11-12 &gt; 9-10</b>			

SECTION 5: SEXUAL HEALTH  
LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES			
	SU/SD	VT	
Never had sexual contact	41%	42%	Too few students
Females	54%	54%	
Males	.	2%	
Females and males	3%	2%	

LIFETIME SEXUAL CONTACTS: FEMALES			
	SU/SD	VT	
Never had sexual contact	44%	43%	Too few students
Females	.	2%	
Males	48%	48%	
Females and males	8%	7%	

EVER HAD SEXUAL INTERCOURSE				
	SU/SD	VT		
Overall	39%	40%	Overall Differences: State vs SU	
Sex	Male	37%	40%	VT and SU are Similar
	Female	40%	40%	Within SU Differences
Grade	9th / 10th	25%	26%	11-12 > 9-10
	11th / 12th	51%	54%	

**SECTION 5: SEXUAL HEALTH**  
**LIFETIME SEXUAL ACTIVITY**

<b>HAVE HAD 4+ LIFETIME PARTNERS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	5%	5%	11-12 > 9-10
	11th / 12th	10%	13%	

<b>EVER HAD ORAL SEX</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		39%	42%	Overall Differences: State vs SU
Sex	Male	38%	42%	VT and SU are Similar
	Female	41%	42%	Within SU Differences
Grade	9th / 10th	23%	30%	11-12 > 9-10
	11th / 12th	54%	55%	

<b>WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		11%	10%	Overall Differences: State vs SU
Sex	Male	10%	9%	VT and SU are Similar
	Female	12%	12%	Within SU Differences
Grade	9th / 10th	8%	8%	11-12 > 9-10
	11th / 12th	14%	13%	



SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

<b>HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		26%	31%	Overall Differences: State vs SU
Sex	Male	22%	29%	VT > SU
	Female	31%	32%	Within SU Differences
Grade	9th / 10th	15%	19%	Females > Males
	11th / 12th	36%	43%	11-12 > 9-10

<b>USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		19%	20%	Overall Differences: State vs SU
Sex	Male	.	22%	VT and SU are Similar
	Female	8%	17%	Within SU Differences
Grade	9th / 10th	.	23%	Too few students by sex
	11th / 12th	18%	18%	Too few students by grade

SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

**PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

	SU/SD	VT	
No method was used	.	7%	Too few students
Birth control pills	30%	32%	
Condoms	30%	35%	
IUD or implant	29%	13%	SU > VT
Shot/patch/birth control ring	.	5%	Too few students
Withdrawal/other method	.	5%	Too few students
Not sure	.	2%	Too few students

**USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

	SU/SD	VT	
Overall	63%	50%	Overall Differences: State vs SU
Sex			
Male	.	40%	SU > VT
Female	.	60%	Within SU Differences
Grade			
9th / 10th	.	39%	Too few students by sex
11th / 12th	65%	56%	Too few students by grade

**SECTION 5: SEXUAL HEALTH**  
 CURRENT SEXUAL ACTIVITY

<b>CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		54%	56%	Overall Differences: State vs SU
Sex	Male	.	61%	VT and SU are Similar
	Female	53%	52%	Within SU Differences
Grade	9th / 10th	.	62%	Too few students by sex
	11th / 12th	51%	54%	Too few students by grade

<b>USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		24%	19%	Overall Differences: State vs SU
Sex	Male	.	15%	VT and SU are Similar
	Female	.	22%	Within SU Differences
Grade	9th / 10th	.	16%	Too few students by sex
	11th / 12th	20%	20%	Too few students by grade

**SECTION 5: SEXUAL HEALTH**  
 CURRENT SEXUAL ACTIVITY

<b>DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	7%	Overall Differences: State vs SU
Sex	Male	.	8%	Too few students
	Female	.	7%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

SECTION 6: BMI AND WEIGHT PERCEPTIONS

<b>OVERWEIGHT (BMI BETWEEN THE 85th AND &lt;95th PERCENTILES FOR AGE AND SEX)</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		9%	14%	Overall Differences: State vs SU
Sex	Male	11%	14%	VT > SU
	Female	7%	15%	Within SU Differences
Grade	9th / 10th	7%	15%	
	11th / 12th	10%	13%	

<b>OBESE (BMI &gt;95th PERCENTILE FOR AGE AND SEX)</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		14%	13%	Overall Differences: State vs SU
Sex	Male	20%	15%	VT and SU are Similar
	Female	7%	10%	Within SU Differences
Grade	9th / 10th	13%	12%	Males > Females
	11th / 12th	14%	13%	

<b>PERCEPTIONS OF OWN WEIGHT</b>			
	<b>SU/SD</b>	<b>VT</b>	
Very underweight	.	2%	Too few students
Slightly underweight	13%	12%	
About the right weight	57%	56%	
Slightly overweight	24%	25%	
Very overweight	6%	5%	

SECTION 6: BMI AND WEIGHT PERCEPTIONS

**DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT**

		SU/SD	VT	
Overall		30%	30%	Overall Differences: State vs SU
Sex	Male	25%	25%	VT and SU are Similar
	Female	35%	36%	Within SU Differences
Grade	9th / 10th	34%	29%	Females > Males
	11th / 12th	25%	31%	9-10 > 11-12

**WHAT ONE IS TRYING TO DO ABOUT WEIGHT**

		SU/SD	VT	
	Lose weight	40%	42%	SU > VT
	Gain weight	14%	15%	
	Stay the same weight	21%	18%	
	Not trying to do anything	25%	25%	

**WERE TRYING TO LOSE WEIGHT**

		SU/SD	VT	
Overall		40%	42%	Overall Differences: State vs SU
Sex	Male	28%	28%	VT and SU are Similar
	Female	53%	57%	Within SU Differences
Grade	9th / 10th	45%	42%	Females > Males
	11th / 12th	35%	42%	9-10 > 11-12

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK			
	SU/SD	VT	
0 days	9%	13%	VT > SU
1 day	5%	7%	
2 days	11%	9%	SU > VT
3 days	14%	12%	SU > VT
4 days	12%	11%	
5 days	17%	14%	SU > VT
6 days	10%	10%	
7 days	21%	25%	VT > SU

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
		SU/SD	VT	
Overall		21%	25%	Overall Differences: State vs SU
Sex	Male	26%	33%	VT > SU
	Female	16%	17%	Within SU Differences
Grade	9th / 10th	22%	27%	Males > Females
	11th / 12th	21%	24%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS,  
 PAST WEEK**

		SU/SD	VT	
Overall		48%	49%	Overall Differences: State vs SU
Sex	Male	56%	56%	VT and SU are Similar
	Female	40%	42%	Within SU Differences
Grade	9th / 10th	51%	51%	Males > Females
	11th / 12th	46%	47%	

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT  
 LEAST 1 DAY, PAST WEEK**

		SU/SD	VT	
Overall		9%	13%	Overall Differences: State vs SU
Sex	Male	9%	11%	VT > SU
	Female	8%	14%	Within SU Differences
Grade	9th / 10th	5%	11%	11-12 > 9-10
	11th / 12th	12%	14%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

**TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK**

	SU/SD	VT	
Do not watch TV	3%	3%	
Less than 1 hour per day	12%	8%	SU > VT
1 hour per day	15%	12%	SU > VT
2 hours per day	23%	23%	
3 hours per day	19%	21%	
4 hours per day	10%	13%	VT > SU
5 or more hours per day	18%	19%	

**WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK**

	SU/SD	VT	
Overall	46%	53%	Overall Differences: State vs SU
Sex	Male	49%	VT > SU
	Female	42%	Within SU Differences
Grade	9th / 10th	46%	
	11th / 12th	47%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

**ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		36%	33%	Overall Differences: State vs SU
Sex	Male	33%	32%	SU > VT
	Female	40%	33%	Within SU Differences
Grade	9th / 10th	35%	33%	
	11th / 12th	37%	32%	

**ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		18%	18%	Overall Differences: State vs SU
Sex	Male	20%	18%	VT and SU are Similar
	Female	16%	18%	Within SU Differences
Grade	9th / 10th	14%	18%	
	11th / 12th	22%	18%	11-12 > 9-10

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

SODA CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink soda or pop	39%	37%	
1 to 3 times	37%	40%	VT > SU
4 to 6 times	14%	12%	
1 time per day	2%	4%	VT > SU
2 times per day	4%	3%	
3 times per day	1%	1%	
4 or more times per day	3%	3%	

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male	15%	16%	VT and SU are Similar
	Female	5%	6%	Within SU Differences
Grade	9th / 10th	10%	11%	Males > Females
	11th / 12th	10%	12%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

**SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK**

	SU/SD	VT	
Did not drink sugar-sweetened	31%	28%	VT > SU
1 to 3 times	41%	44%	
4 to 6 times	15%	15%	
1 time per day	6%	6%	
2 times per day	2%	3%	
3 times per day	2%	1%	
4 or more times per day	3%	2%	

**DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		12%	12%	Overall Differences: State vs SU
Sex	Male	16%	15%	VT and SU are Similar
	Female	9%	9%	Within SU Differences
Grade	9th / 10th	14%	12%	Males > Females
	11th / 12th	11%	13%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

WATER CONSUMPTION, PAST WEEK		
	SU/SD	VT
Did not drink water	3%	4%
1 to 3 times	10%	9%
4 to 6 times	13%	11%
1 time per day	10%	9%
2 times per day	15%	16%
3 times per day	19%	19%
4 or more times per day	31%	33%

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK			
		SU/SD	VT
Overall		50%	52%
Sex	Male	46%	51%
	Female	54%	53%
Grade	9th / 10th	48%	51%
	11th / 12th	52%	53%

Overall Differences: State vs SU  
 VT and SU are Similar  
 Within SU Differences  
 Females > Males

**SECTION 7: PHYSICAL ACTIVITY AND NUTRITION**  
 NUTRITION

<b>BREAKFAST CONSUMPTION, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
0 days	10%	11%	
1 day	4%	6%	
2 days	6%	9%	VT > SU
3 days	9%	10%	
4 days	9%	8%	
5 days	11%	9%	SU > VT
6 days	10%	7%	SU > VT
7 days	40%	40%	

<b>DID NOT EAT BREAKFAST, PAST WEEK</b>				
	<b>SU/SD</b>	<b>VT</b>		
Overall	10%	11%	Overall Differences: State vs SU	
Sex	Male	12%	11%	VT and SU are Similar
	Female	8%	10%	Within SU Differences
Grade	9th / 10th	12%	10%	
	11th / 12th	9%	10%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

<b>WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Never	76%	75%	Too few students
Rarely	15%	15%	
Sometimes	7%	7%	
Most of the time	.	2%	
Always	1%	1%	

<b>MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		2%	3%	Overall Differences: State vs SU
Sex	Male	.	3%	VT > SU
	Female	3%	2%	Within SU Differences
Grade	9th / 10th	.	3%	Too few students by sex
	11th / 12th	3%	3%	Too few students by grade

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

<b>USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		3%	4%
Overall Differences: State vs SU			
Sex	Male	2%	4%
	Female	3%	3%
VT > SU			
Within SU Differences			
Grade	9th / 10th	.	3%
	11th / 12th	4%	5%
Too few students by grade			



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	SU/SD	VT	
0 days	5%	9%	VT > SU
1 day	5%	4%	SU > VT
2 days	3%	4%	VT > SU
3 days	8%	6%	SU > VT
4 days	8%	8%	
5 days	17%	13%	SU > VT
6 days	13%	12%	
7 days	43%	44%	

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		SU/SD	VT	
Overall		80%	77%	Overall Differences: State vs SU
Sex	Male	82%	80%	VT and SU are Similar
	Female	77%	75%	Within SU Differences
Grade	9th / 10th	85%	82%	9-10 > 11-12
	11th / 12th	76%	73%	

**SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS**

<b>GRADES EARNED IN SCHOOL</b>			
	<b>SU/SD</b>	<b>VT</b>	
Mostly A's	36%	46%	VT > SU
Mostly B's	42%	39%	
Mostly C's	18%	12%	SU > VT
Mostly D's	4%	2%	SU > VT
Mostly F's	.	1%	Too few students

<b>REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		80%	80%	Overall Differences: State vs SU
Sex	Male	78%	80%	VT and SU are Similar
	Female	83%	81%	Within SU Differences
Grade	9th / 10th	77%	78%	
	11th / 12th	82%	82%	

<b>BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Strongly agree	10%	21%	VT > SU
Agree	47%	44%	
Not sure	26%	19%	SU > VT
Disagree	12%	11%	
Strongly disagree	5%	5%	

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

		SU/SD	VT	
Overall		57%	65%	Overall Differences: State vs SU
Sex	Male	64%	69%	VT > SU
	Female	49%	61%	Within SU Differences
Grade	9th / 10th	61%	66%	Males > Females
	11th / 12th	54%	64%	9-10 > 11-12

**LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM**

	SU/SD	VT	
Definitely will not	4%	5%	
Probably will not	7%	5%	SU > VT
Probably will	25%	22%	SU > VT
Definitely will	53%	57%	VT > SU
Not sure	11%	11%	

**PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM**

		SU/SD	VT	
Overall		78%	79%	Overall Differences: State vs SU
Sex	Male	75%	75%	VT and SU are Similar
	Female	83%	83%	Within SU Differences
Grade	9th / 10th	75%	76%	Females > Males
	11th / 12th	82%	82%	11-12 > 9-10

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK**

	SU/SD	VT	
0 hours	38%	33%	SU > VT
1 to 4 hours	27%	27%	
5 to 9 hours	17%	17%	
10 to 19 hours	14%	17%	VT > SU
20 or more hours	4%	6%	VT > SU

**SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK**

	SU/SD	VT	
Overall	18%	24%	Overall Differences: State vs SU
Sex			
Male	18%	24%	VT > SU
Female	18%	24%	Within SU Differences
Grade			
9th / 10th	16%	22%	
11th / 12th	19%	25%	

**MATTER TO PEOPLE IN THEIR COMMUNITY**

	SU/SD	VT	
Strongly agree	19%	19%	
Agree	44%	41%	
Not sure	27%	25%	
Disagree	6%	9%	VT > SU
Strongly disagree	4%	5%	VT > SU

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

<b>STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		63%	61%
Overall Differences: State vs SU			
Sex	Male	68%	65%
	Female	57%	57%
VT and SU are Similar			
Within SU Differences			
Grade	9th / 10th	60%	60%
	11th / 12th	66%	61%
Males > Females			

# MIDDLE SCHOOL RESULTS

## ADDISON NORTHEAST SU (SU001) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	205	16701

		SU/SD	VT
Sex	Male	55%	48%
	Female	45%	52%
Grade	6th Grade	0%	24%
	7th Grade	61%	39%
	8th Grade	39%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	94%	81%
	Students of Color (REM)	6%	19%
Sexual Orientation	Heterosexual (Het)	95%	93%
	Lesbian, Gay, or Bisexual (LGB)	5%	7%

**SECTION 2: PERSONAL SAFETY**  
**VIOLENCE AND BULLYING**

<b>WERE EVER IN A PHYSICAL FIGHT</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	42%	42%	VT and SU are Similar

<b>WERE EVER BULLIED ON SCHOOL PROPERTY</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	34%	44%	VT > SU

<b>WERE EVER ELECTRONICALLY BULLIED</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	14%	24%	VT > SU

<b>WERE BULLIED, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	12%	22%	VT > SU

<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	7%	8%	VT and SU are Similar



SECTION 2: PERSONAL SAFETY  
VIOLENCE AND BULLYING

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR  
ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS**

	SU/SD	VT	
Overall	6%	8%	VT > SU

**SECTION 2: PERSONAL SAFETY**  
**CAR SAFETY**

<b>SEATBELT USE</b>			
	<b>SU/SD</b>	<b>VT</b>	
Never	.	1%	Too few students
Rarely	.	1%	Too few students
Sometimes	3%	3%	
Most of the time	20%	18%	
Always	76%	76%	

<b>RARELY OR NEVER WEAR A SEAT BELT</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	.	2%	Too few students

<b>EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	21%	22%	VT and SU are Similar

<b>EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	9%	9%	VT and SU are Similar

SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

**HELMET USE WHEN RIDING A BICYCLE**

	SU/SD	VT	
Never wear a helmet	22%	16%	SU > VT
Rarely wear a helmet	16%	15%	
Sometimes wear a helmet	18%	15%	
Most of the time wear a helmet	24%	25%	
Always wear a helmet	20%	28%	VT > SU

**RARELY OR NEVER WEAR A BICYCLE HELMET**

	SU/SD	VT	
Overall	38%	31%	SU > VT

**HELMET USE WHEN SKIING OR SNOWBOARDING**

	SU/SD	VT	
Never wear a helmet	8%	5%	SU > VT
Rarely wear a helmet	.	2%	Too few students
Sometimes wear a helmet	.	2%	Too few students
Most of the time wear a helmet	6%	7%	
Always wear a helmet	80%	83%	VT > SU

**RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING**

	SU/SD	VT	
Overall	11%	7%	SU > VT

SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE**

	SU/SD	VT	
Overall	11%	17%	VT > SU

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

**WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING  
 CIGARETTES, PAST 7 DAYS**

	SU/SD	VT	
Overall	26%	26%	VT and SU are Similar

**WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING  
 CIGARETTES, PAST 7 DAYS**

	SU/SD	VT	
Overall	15%	19%	VT > SU

**SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET,  
 OR CONVENIENCE STORE**

	SU/SD	VT	
Never	10%	9%	
Rarely	21%	14%	SU > VT
Sometimes	27%	27%	
Most of the time	25%	29%	VT > SU
Always	18%	21%	VT > SU

**MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER  
 TOBACCO PRODUCTS**

	SU/SD	VT	
Overall	43%	50%	VT > SU

**SECTION 2: PERSONAL SAFETY**  
TOBACCO EXPOSURE AND PREVENTION

**WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED,  
PAST YEAR**

	<b>SU/SD</b>	<b>VT</b>	
Overall	36%	30%	SU > VT

SECTION 3: MENTAL HEALTH

<b>FELT SAD OR HOPELESS, PAST YEAR</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	11%	19%	VT > SU

<b>EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	13%	18%	VT > SU

<b>EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	6%	12%	VT > SU

<b>EVER ATTEMPTED SUICIDE</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	5%	6%	VT and SU are Similar

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

<b>EVER SMOKED A WHOLE CIGARETTE</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	11%	7%	SU > VT

<b>EVER USED AN ELECTRONIC VAPOR PRODUCT</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	8%	9%	VT and SU are Similar

<b>EVER USED A FLAVORED TOBACCO PRODUCT</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	7%	5%	SU > VT

<b>EVER DRANK ALCOHOL</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	20%	19%	VT and SU are Similar

<b>EVER USED MARIJUANA</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	8%	7%	VT and SU are Similar

<b>EVER USED INHALANTS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	3%	4%	VT and SU are Similar



**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	.	2%
Too few students		

<b>EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	.	2%
Too few students		

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**USED TOBACCO PRODUCTS, PAST YEAR**

	<b>SU/SD</b>	<b>VT</b>	
Overall	5%	5%	VT and SU are Similar

**SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR  
 ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	5%	5%	VT and SU are Similar

**SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO,  
 PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	4%	3%	SU > VT

**SMOKED CIGARETTES, PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	.	2%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED

	SU/SD	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

	SU/SD	VT	
Overall	4%	4%	VT and SU are Similar

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

	SU/SD	VT	
Friend/family used them	.	38%	Too few students
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	.	36%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

	SU/SD	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	.	44%	Too few students
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	.	21%	Too few students

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	16%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	.	15%	Too few students

SMOKED CIGARS, PAST 30 DAYS

	SU/SD	VT	
Overall	.	1%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>USED SMOKELESS TOBACCO, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	3%	1%	SU > VT

<b>TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	.	36%	Too few students

<b>DRANK ALCOHOL, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	7%	7%	VT and SU are Similar

<b>BINGE DRANK, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	.	2%	Too few students

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

**AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED**

	<b>SU/SD</b>	<b>VT</b>	
1 or 2 drinks	.	63%	Too few students
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	.	9%	Too few students

**USED MARIJUANA, PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	4%	4%	VT and SU are Similar

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO  
 SMOKE CIGARETTES**

	SU/SD	VT	
Overall	93%	95%	VT > SU

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO  
 DRINK ALCOHOL**

	SU/SD	VT	
Overall	88%	89%	VT and SU are Similar

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO  
 USE MARIJUANA**

	SU/SD	VT	
Overall	87%	90%	VT > SU

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR  
 VERY WRONG FOR THEM TO SMOKE CIGARETTES**

	SU/SD	VT	
Overall	96%	95%	VT and SU are Similar

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR  
 VERY WRONG FOR THEM TO DRINK ALCOHOL**

	SU/SD	VT	
Overall	84%	85%	VT and SU are Similar

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

	SU/SD	VT	
Overall	91%	92%	VT and SU are Similar

**THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET**

	SU/SD	VT	
Overall	23%	22%	VT and SU are Similar

**THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET**

	SU/SD	VT	
Overall	40%	37%	VT and SU are Similar

**THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET**

	SU/SD	VT	
Overall	19%	15%	SU > VT

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY**

	SU/SD	VT	
Overall	65%	72%	VT > SU



**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS ABOUT USE

<b>THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	44%	48%	VT > SU

<b>THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	51%	59%	VT > SU

SECTION 5: SEXUAL ACTIVITY

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall	7%	5%	SU > VT

EVER HAD ORAL SEX			
	SU/SD	VT	
Overall	7%	6%	SU > VT

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK			
	SU/SD	VT	
0 days	6%	7%	
1 day	7%	4%	SU > VT
2 days	5%	7%	VT > SU
3 days	12%	10%	
4 days	10%	11%	
5 days	18%	15%	SU > VT
6 days	11%	11%	
7 days	32%	34%	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS			
	SU/SD	VT	
Overall	32%	34%	VT and SU are Similar

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS			
	SU/SD	VT	
Overall	61%	60%	VT and SU are Similar

WERE NOT PHYSICALLY ACTIVE PAST WEEK			
	SU/SD	VT	
Overall	6%	7%	VT and SU are Similar

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

**PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK**

	<b>SU/SD</b>	<b>VT</b>	
0 days	15%	25%	VT > SU
1 day	6%	7%	
2 days	19%	8%	SU > VT
3 days	19%	8%	SU > VT
4 days	6%	5%	
5 days	35%	46%	VT > SU

**GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL**

	<b>SU/SD</b>	<b>VT</b>	
Overall	15%	25%	VT > SU

**RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS**

	<b>SU/SD</b>	<b>VT</b>	
0 days	86%	77%	SU > VT
1 day	.	3%	Too few students
2 days	.	3%	Too few students
3 days	.	4%	Too few students
4 days	.	2%	Too few students
5 days	9%	10%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

**WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY**

	<b>SU/SD</b>	<b>VT</b>	
Overall	9%	10%	VT and SU are Similar

**WATCH TELEVISION, TYPICAL SCHOOL DAY**

	<b>SU/SD</b>	<b>VT</b>	
No TV on average school day	16%	18%	
Less than 1 hour per day	26%	23%	SU > VT
1 hour per day	25%	18%	SU > VT
2 hours per day	16%	20%	VT > SU
3 hours per day	9%	10%	
4 hours per day	6%	4%	SU > VT
5 or more hours per day	.	6%	Too few students

**WATCHED TV 3+ HOURS PER DAY**

	<b>SU/SD</b>	<b>VT</b>	
Overall	17%	20%	VT > SU

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	SU/SD	VT	
No playing video/computer game	12%	12%	
Less than 1 hour per day	18%	17%	
1 hour per day	16%	15%	
2 hours per day	25%	18%	SU > VT
3 hours per day	12%	14%	
4 hours per day	7%	8%	
5 or more hours per day	11%	16%	VT > SU

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

	SU/SD	VT	
Overall	30%	38%	VT > SU

BREAKFAST CONSUMPTION, PAST WEEK

	SU/SD	VT	
0 days	7%	7%	
1 day	.	4%	Too few students
2 days	5%	7%	VT > SU
3 days	6%	7%	
4 days	7%	6%	
5 days	11%	8%	SU > VT
6 days	6%	9%	VT > SU
7 days	57%	52%	SU > VT

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

<b>DID NOT EAT BREAKFAST, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	7%	7%	VT and SU are Similar

<b>GLASSES OF WATER CONSUMED PER DAY, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
Did not drink water	.	3%	Too few students
1 to 3 times	11%	9%	
4 to 6 times	10%	10%	
1 time per day	3%	6%	VT > SU
2 times per day	17%	16%	
3 times per day	21%	19%	
4 or more times per day	38%	37%	

<b>DRANK THREE OR MORE GLASSES PER DAY OF WATER</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	59%	56%	SU > VT

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

<b>WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Never	82%	77%	SU > VT
Rarely	13%	14%	
Sometimes	5%	7%	
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

<b>MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	.	2%	Too few students

<b>BORN OUTSIDE THE U.S.</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	6%	6%	VT and SU are Similar



SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK**

	<b>SU/SD</b>	<b>VT</b>	
0 days	5%	5%	
1 day	.	2%	Too few students
2 days	.	2%	Too few students
3 days	4%	3%	
4 days	3%	4%	
5 days	8%	7%	
6 days	13%	10%	SU > VT
7 days	64%	66%	

**ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK**

	<b>SU/SD</b>	<b>VT</b>	
Overall	88%	88%	VT and SU are Similar

**BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS**

	<b>SU/SD</b>	<b>VT</b>	
Strongly agree	21%	28%	VT > SU
Agree	51%	43%	SU > VT
Not sure	16%	17%	
Disagree	7%	8%	
Strongly disagree	5%	5%	

**SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS**

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR**

	SU/SD	VT	
Overall	72%	71%	VT and SU are Similar

**BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM**

	SU/SD	VT	
Overall	80%	76%	SU > VT

**GRADES EARNED IN SCHOOL**

	SU/SD	VT	
Mostly A's	33%	46%	VT > SU
Mostly B's	53%	38%	SU > VT
Mostly C's	13%	12%	
Mostly D's	.	3%	Too few students
Mostly F's	.	1%	Too few students

**BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY**

	SU/SD	VT	
Strongly agree	31%	27%	SU > VT
Agree	38%	36%	
Not sure	23%	24%	
Disagree	5%	7%	
Strongly disagree	2%	5%	VT > SU

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL  
LIKE THEY MATTER TO PEOPLE**

	<b>SU/SD</b>	<b>VT</b>	
Overall	69%	64%	SU > VT