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# **2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT**

**REPORT FOR RUTLAND CENTRAL SU (SU037)**

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Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <http://healthvermont.gov/yrbs>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: [www.healthvermont.gov/yrbs](http://www.healthvermont.gov/yrbs)

## About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

## Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDC's Healthy Youth-DASH website at:

<https://www.cdc.gov/healthyouth/data/yrbs/methods>

## Using the YRBS Results

### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

**Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

**Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

**Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

**Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

**Participate in Getting to 'Y':** Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit [Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y](http://www.upforlearning.org/initiatives/getting-to-y)

### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.

## Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

# HIGH SCHOOL RESULTS

## RUTLAND CENTRAL SU (SU037) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	174	27349

		SU/SD	VT
Sex	Male	50%	51%
	Female	50%	49%
Grade	9th Grade	20%	25%
	10th Grade	29%	25%
	11th Grade	22%	25%
	12th Grade	29%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	97%	83%
	Students of Color (REM)	3%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	92%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	8%	11%



SECTION 2: PERSONAL SAFETY  
 VIOLENCE AND BULLYING

<b>WERE IN A PHYSICAL FIGHT, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		19%	17%	Overall Differences: State vs SU
Sex	Male	31%	22%	VT and SU are Similar
	Female	7%	11%	Within SU Differences
Grade	9th / 10th	26%	19%	Males > Females
	11th / 12th	11%	14%	9-10 > 11-12

<b>WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		4%	7%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT > SU
	Female	.	3%	Within SU Differences
Grade	9th / 10th	7%	8%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

<b>CARRIED A WEAPON ON SCHOOL PROPERTY, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	12%	10%	VT and SU are Similar
	Female	.	3%	Within SU Differences
Grade	9th / 10th	5%	6%	Too few students by sex
	11th / 12th	7%	8%	

**SECTION 2: PERSONAL SAFETY**  
 VIOLENCE AND BULLYING

<b>WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	9%	6%	SU > VT
	Female	.	3%	Within SU Differences
Grade	9th / 10th	10%	5%	Too few students by sex
	11th / 12th	.	4%	Too few students by grade

<b>WERE ELECTRONICALLY BULLIED, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		15%	16%	Overall Differences: State vs SU
Sex	Male	10%	10%	VT and SU are Similar
	Female	20%	22%	Within SU Differences
Grade	9th / 10th	21%	18%	Females > Males
	11th / 12th	10%	14%	9-10 > 11-12

**SECTION 2: PERSONAL SAFETY**  
**VIOLENCE AND BULLYING**

<b>WERE BULLIED, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		17%	16%	Overall Differences: State vs SU
Sex	Male	14%	11%	VT and SU are Similar
	Female	20%	20%	Within SU Differences
Grade	9th / 10th	20%	18%	
	11th / 12th	14%	13%	

<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	11%	10%	VT and SU are Similar
	Female	.	8%	Within SU Differences
Grade	9th / 10th	9%	9%	Too few students by sex
	11th / 12th	.	8%	Too few students by grade

<b>DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	6%	4%	VT and SU are Similar
	Female	.	6%	Within SU Differences
Grade	9th / 10th	5%	5%	Too few students by sex
	11th / 12th	.	4%	Too few students by grade

**SECTION 2: PERSONAL SAFETY**  
 SEXUAL AND DATING VIOLENCE

<b>WERE EVER PHYSICALLY FORCED TO HAVE SEXUAL INTERCOURSE</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male	5%	3%	VT and SU are Similar
	Female	.	9%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	6%	7%	Too few students by grade

<b>EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	10%	Overall Differences: State vs SU
Sex	Male	.	5%	VT and SU are Similar
	Female	.	15%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	9%	Too few students by grade

<b>EXPERIENCED PHYSICAL DATING VIOLENCE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	10%	6%	VT and SU are Similar
	Female	.	8%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	7%	Too few students by grade

**SECTION 2: PERSONAL SAFETY**  
 IMPAIRED DRIVING AND RIDING

<b>DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	.	9%	VT and SU are Similar
	Female	.	5%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	9%	Too few students by grade

<b>DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		12%	14%	Overall Differences: State vs SU
Sex	Male	.	16%	VT and SU are Similar
	Female	.	12%	Within SU Differences
Grade	9th / 10th	.	9%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

<b>RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		18%	18%	Overall Differences: State vs SU
Sex	Male	25%	17%	VT and SU are Similar
	Female	10%	19%	Within SU Differences
Grade	9th / 10th	20%	18%	Males > Females
	11th / 12th	13%	18%	

**SECTION 2: PERSONAL SAFETY**  
 IMPAIRED DRIVING AND RIDING

<b>RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		11%	20%	Overall Differences: State vs SU
Sex	Male	16%	20%	VT > SU
	Female	7%	20%	Within SU Differences
Grade	9th / 10th	6%	16%	Males > Females
	11th / 12th	15%	25%	11-12 > 9-10

<b>TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		27%	34%	Overall Differences: State vs SU
Sex	Male	.	34%	VT > SU
	Female	.	34%	Within SU Differences
Grade	9th / 10th	.	14%	Too few students by sex
	11th / 12th	.	48%	Too few students by grade

**SECTION 2: PERSONAL SAFETY**  
 INJURY AND PREVENTION

**HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR**

	SU/SD	VT	
Never wore a helmet	.	11%	Too few students
Rarely wore a helmet	.	3%	Too few students
Sometimes wore a helmet	.	3%	Too few students
Most of the time wore a helmet	.	9%	Too few students
Always wore a helmet	.	74%	Too few students

**RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR**

	SU/SD	VT	
Overall	.	14%	Overall Differences: State vs SU
Sex	Male	17%	Too few students
	Female	9%	Within SU Differences
Grade	9th / 10th	12%	Too few students by sex
	11th / 12th	15%	Too few students by grade

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR**

	SU/SD	VT	
Overall	20%	18%	Overall Differences: State vs SU
Sex	Male	19%	VT and SU are Similar
	Female	20%	Within SU Differences
Grade	9th / 10th	21%	
	11th / 12th	18%	

**SECTION 2: PERSONAL SAFETY**  
**TOBACCO EXPOSURE AND PREVENTION**

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		53%	54%	Overall Differences: State vs SU
Sex	Male	53%	51%	VT and SU are Similar
	Female	53%	58%	Within SU Differences
Grade	9th / 10th	53%	50%	
	11th / 12th	55%	59%	

<b>MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		55%	55%	Overall Differences: State vs SU
Sex	Male	55%	53%	VT and SU are Similar
	Female	54%	56%	Within SU Differences
Grade	9th / 10th	63%	56%	9-10 > 11-12
	11th / 12th	50%	53%	



**SECTION 2: PERSONAL SAFETY**  
**TOBACCO EXPOSURE AND PREVENTION**

<b>WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		25%	23%	Overall Differences: State vs SU
Sex	Male	31%	23%	VT and SU are Similar
	Female	19%	23%	Within SU Differences
Grade	9th / 10th	19%	23%	Males > Females
	11th / 12th	31%	24%	11-12 > 9-10

<b>WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		35%	33%	Overall Differences: State vs SU
Sex	Male	35%	33%	VT and SU are Similar
	Female	35%	33%	Within SU Differences
Grade	9th / 10th	37%	32%	
	11th / 12th	34%	34%	

SECTION 3: MENTAL HEALTH

<b>FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		30%	25%
Overall Differences: State vs SU			
Sex	Male	14%	16%
SU > VT			
	Female	46%	35%
Within SU Differences			
Grade	9th / 10th	27%	25%
Females > Males			
	11th / 12th	34%	26%

<b>DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		18%	16%
Overall Differences: State vs SU			
Sex	Male	9%	9%
VT and SU are Similar			
	Female	26%	25%
Within SU Differences			
Grade	9th / 10th	18%	18%
Females > Males			
	11th / 12th	17%	15%

SECTION 3: MENTAL HEALTH

<b>MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		12%	11%	Overall Differences: State vs SU
Sex	Male	.	7%	VT and SU are Similar
	Female	20%	15%	Within SU Differences
Grade	9th / 10th	14%	12%	Too few students by sex
	11th / 12th	8%	10%	9-10 > 11-12

<b>ATTEMPTED SUICIDE, PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		3%	5%	Overall Differences: State vs SU
Sex	Male	.	4%	VT > SU
	Female	.	7%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

<b>EVER SMOKED A WHOLE CIGARETTE</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		18%	24%	Overall Differences: State vs SU
Sex	Male	27%	26%	VT > SU
	Female	9%	22%	Within SU Differences
Grade	9th / 10th	16%	19%	Males > Females
	11th / 12th	21%	29%	

<b>SMOKED A CIGARETTE BEFORE AGE 13 YEARS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT > SU
	Female	.	6%	Within SU Differences
Grade	9th / 10th	7%	8%	Too few students by sex
	11th / 12th	.	7%	Too few students by grade

<b>EVER USED AN ELECTRONIC VAPOR PRODUCT</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		25%	34%	Overall Differences: State vs SU
Sex	Male	33%	37%	VT > SU
	Female	17%	31%	Within SU Differences
Grade	9th / 10th	19%	27%	Males > Females
	11th / 12th	27%	41%	11-12 > 9-10

**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER TRIED FLAVORED TOBACCO PRODUCTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		18%	21%	Overall Differences: State vs SU
Sex	Male	26%	24%	VT and SU are Similar
	Female	10%	17%	Within SU Differences
Grade	9th / 10th	18%	14%	Males > Females
	11th / 12th	19%	27%	

<b>EVER DRANK ALCOHOL</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		45%	58%	Overall Differences: State vs SU
Sex	Male	49%	57%	VT > SU
	Female	42%	58%	Within SU Differences
Grade	9th / 10th	38%	48%	11-12 > 9-10
	11th / 12th	53%	68%	

<b>DRANK ALCOHOL BEFORE AGE 13 YEARS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		10%	14%	Overall Differences: State vs SU
Sex	Male	16%	16%	VT > SU
	Female	.	11%	Within SU Differences
Grade	9th / 10th	12%	15%	Too few students by sex
	11th / 12th	9%	12%	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER USED MARIJUANA			
		SU/SD	VT
Overall		22%	37%
Sex	Male	28%	37%
	Female	16%	37%
Grade	9th / 10th	20%	29%
	11th / 12th	26%	46%

  

Overall Differences: State vs SU	
VT > SU	
Within SU Differences	
Males > Females	

TRIED MARIJUANA BEFORE AGE 13 YEARS			
		SU/SD	VT
Overall		4%	6%
Sex	Male	5%	7%
	Female	.	5%
Grade	9th / 10th	5%	6%
	11th / 12th	.	6%

  

Overall Differences: State vs SU	
VT > SU	
Within SU Differences	
Too few students by sex	
Too few students by grade	

EVER MISUSED PRESCRIPTION PAIN MEDICINE			
		SU/SD	VT
Overall		5%	8%
Sex	Male	8%	8%
	Female	.	7%
Grade	9th / 10th	8%	7%
	11th / 12th	.	9%

  

Overall Differences: State vs SU	
VT > SU	
Within SU Differences	
Too few students by sex	
Too few students by grade	

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER MISUSED PRESCRIPTION STIMULANTS				
		SU/SD	VT	
Overall		.	6%	Overall Differences: State vs SU
Sex	Male	.	7%	Too few students
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	5%	Too few students by sex
	11th / 12th	.	8%	Too few students by grade

EVER USED COCAINE				
		SU/SD	VT	
Overall		1%	4%	Overall Differences: State vs SU
Sex	Male	.	5%	VT > SU
	Female	.	3%	Within SU Differences
Grade	9th / 10th	.	3%	Too few students by sex
	11th / 12th	.	5%	Too few students by grade

EVER USED INHALANTS				
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	8%	6%	Too few students by grade

**SECTION 4: SUBSTANCE USE**  
 LIFETIME USE

<b>EVER USED HEROIN</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		1%	2%
Sex	Male	.	3%
	Female	.	1%
Grade	9th / 10th	.	1%
	11th / 12th	.	2%

  

Overall Differences: State vs SU			
VT and SU are Similar			
Within SU Differences			
Too few students by sex			
Too few students by grade			

<b>EVER USED METHAMPHETAMINES</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		1%	2%
Sex	Male	.	3%
	Female	.	1%
Grade	9th / 10th	.	2%
	11th / 12th	.	3%

  

Overall Differences: State vs SU			
VT > SU			
Within SU Differences			
Too few students by sex			
Too few students by grade			



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
RUTLAND CENTRAL SU (SU037) REPORT  
HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE  
CURRENT USE

<b>USED ANY TOBACCO PRODUCTS DURING THE PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		18%	24%	Overall Differences: State vs SU
Sex	Male	28%	28%	VT > SU
	Female	9%	18%	Within SU Differences
Grade	9th / 10th	22%	17%	Males > Females
	11th / 12th	15%	30%	

<b>SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		11%	19%	Overall Differences: State vs SU
Sex	Male	19%	23%	VT > SU
	Female	.	14%	Within SU Differences
Grade	9th / 10th	13%	13%	Too few students by sex
	11th / 12th	9%	25%	

<b>SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		11%	15%	Overall Differences: State vs SU
Sex	Male	18%	19%	VT > SU
	Female	.	11%	Within SU Differences
Grade	9th / 10th	13%	10%	Too few students by sex
	11th / 12th	9%	20%	

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

<b>SMOKED CIGARETTES, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	14%	10%	VT and SU are Similar
	Female	.	8%	Within SU Differences
Grade	9th / 10th	7%	6%	Too few students by sex
	11th / 12th	8%	12%	

<b>AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES</b>				
		<b>SU/SD</b>	<b>VT</b>	
1 or 2 days	.		29%	Too few students
3 to 5 days	.		15%	Too few students
6 to 9 days	.		10%	Too few students
10 to 19 days	.		12%	Too few students
20 to 29 days	.		9%	Too few students
All 30 days	.		25%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY				
		SU/SD	VT	
Overall		.	25%	Overall Differences: State vs SU
Sex	Male	.	27%	Too few students
	Female	.	20%	Within SU Differences
Grade	9th / 10th	.	22%	Too few students by sex
	11th / 12th	.	25%	Too few students by grade

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED				
		SU/SD	VT	
Less than 1 cigarette		.	30%	Too few students
1 cigarette		.	19%	Too few students
2 to 5 cigarettes		.	30%	Too few students
6 to 10 cigarettes		.	9%	Too few students
11 to 20 cigarettes		.	4%	Too few students
More than 20 cigarettes		.	8%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	12%	Overall Differences: State vs SU
Sex	Male	.	15%	Too few students
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	11%	Too few students by grade

<b>USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		9%	12%	Overall Differences: State vs SU
Sex	Male	16%	14%	VT > SU
	Female	.	9%	Within SU Differences
Grade	9th / 10th	10%	9%	Too few students by sex
	11th / 12th	7%	15%	

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE**

	SU/SD	VT	
Friend/family used them	.	35%	Too few students
To try to quit other tobacco	.	5%	Too few students
Cost less than other tobacco	.	1%	Too few students
Easier to get than other tobacco	.	1%	Too few students
Less harmful than other tobacco	.	8%	Too few students
Available in flavors	.	17%	Too few students
Used for some other reason	.	33%	Too few students

**AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE**

	SU/SD	VT	
1 or 2 days	.	37%	Too few students
3 to 5 days	.	19%	Too few students
6 to 9 days	.	11%	Too few students
10 to 19 days	.	12%	Too few students
20 to 29 days	.	7%	Too few students
All 30 days	.	15%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	37%	Too few students
	Female	.	26%	Within SU Differences
Grade	9th / 10th	.	33%	Too few students by sex
	11th / 12th	.	33%	Too few students by grade

<b>AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18</b>				
		<b>SU/SD</b>	<b>VT</b>	
	Bought them in a store	.	8%	Too few students
	I got them on the Internet	.	10%	Too few students
	Someone else bought them	.	14%	Too few students
	Borrowed them	.	38%	Too few students
	A person 18 or older gave me	.	11%	Too few students
	Took them from a store	.	2%	Too few students
	Some other way	.	18%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>USED SMOKELESS TOBACCO, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	11%	8%	VT and SU are Similar
	Female	.	2%	Within SU Differences
Grade	9th / 10th	7%	4%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

<b>SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		5%	9%	Overall Differences: State vs SU
Sex	Male	8%	13%	VT > SU
	Female	.	6%	Within SU Differences
Grade	9th / 10th	.	6%	Too few students by sex
	11th / 12th	.	13%	Too few students by grade

<b>TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	33%	Overall Differences: State vs SU
Sex	Male	.	30%	Too few students
	Female	.	37%	Within SU Differences
Grade	9th / 10th	.	34%	Too few students by sex
	11th / 12th	.	32%	Too few students by grade

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>DRANK ALCOHOL, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		18%	33%	Overall Differences: State vs SU
Sex	Male	25%	32%	VT > SU
	Female	11%	34%	Within SU Differences
Grade	9th / 10th	17%	25%	Males > Females
	11th / 12th	19%	41%	

<b>BINGE DRANK, PAST 30 DAYS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		10%	17%	Overall Differences: State vs SU
Sex	Male	15%	17%	VT > SU
	Female	6%	17%	Within SU Differences
Grade	9th / 10th	10%	11%	Males > Females
	11th / 12th	12%	23%	



SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: FREQUENCY OF DRINKING**

	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	26%	Too few students
6 to 9 days	.	13%	Too few students
10 to 19 days	.	7%	Too few students
20 to 29 days	.	2%	Too few students
All 30 days	.	3%	Too few students

**AMONG CURRENT USERS: DRANK ON 10+ DAYS**

	SU/SD	VT	
Overall	.	12%	Overall Differences: State vs SU
Sex			Too few students
Male	.	15%	
Female	.	9%	Within SU Differences
Grade			Too few students by sex
9th / 10th	.	11%	
11th / 12th	.	13%	Too few students by grade

SECTION 4: SUBSTANCE USE  
 CURRENT USE

**AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED**

	SU/SD	VT	
1 or 2 drinks	.	35%	Too few students
3 drinks	.	6%	Too few students
4 drinks	.	8%	Too few students
5 drinks	.	13%	Too few students
6 or 7 drinks	.	15%	Too few students
8 or 9 drinks	.	8%	Too few students
10 or more drinks	.	14%	Too few students

**AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)**

	SU/SD	VT	
Overall	.	57%	Overall Differences: State vs SU
Sex			Too few students
Male	.	59%	
Female	.	55%	Within SU Differences
Grade			Too few students by sex
9th / 10th	.	51%	
11th / 12th	.	61%	Too few students by grade

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: ALCOHOL SOURCE

	SU/SD	VT	
Bought in store	.	3%	Too few students
Bought in restaurant	.	2%	Too few students
Bought at public event	.	0%	Too few students
I gave someone money to buy	.	23%	Too few students
Someone gave it to me	.	40%	Too few students
Took from store/family	.	12%	Too few students
Some other way	.	20%	Too few students

USED MARIJUANA, PAST 30 DAYS

	SU/SD	VT	
Overall	13%	24%	Overall Differences: State vs SU
Sex	Male	19%	VT > SU
	Female	8%	Within SU Differences
Grade	9th / 10th	10%	Males > Females
	11th / 12th	17%	11-12 > 9-10

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE

	SU/SD	VT	
1 or 2 times	.	34%	Too few students
3 to 9 times	.	25%	Too few students
10 to 19 times	.	12%	Too few students
20 to 39 times	.	10%	Too few students
40 or more times	.	20%	Too few students

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES

	SU/SD	VT	
Overall	.	41%	Overall Differences: State vs SU
Sex			Too few students
Male	.	47%	
Female	.	35%	Within SU Differences
Grade			Too few students by sex
9th / 10th	.	39%	
11th / 12th	.	42%	Too few students by grade

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED

	SU/SD	VT	
Smoked it	.	91%	Too few students
Ate in food	.	4%	Too few students
Drank in tea or other drink	.	1%	Too few students
Vaporized	.	2%	Too few students
Some other way	.	2%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

<b>MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		4%	5%
Sex	Male	5%	6%
	Female	.	5%
Grade	9th / 10th	6%	5%
	11th / 12th	.	6%

  

<b>Overall Differences: State vs SU</b>	
VT and SU are Similar	
<b>Within SU Differences</b>	
Too few students by sex	
Too few students by grade	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
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SECTION 4: SUBSTANCE USE  
SUBSTANCE USE ON SCHOOL PROPERTY

**WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR**

		SU/SD	VT	
Overall		6%	15%	Overall Differences: State vs SU
Sex	Male	9%	17%	VT > SU
	Female	.	13%	Within SU Differences
Grade	9th / 10th	6%	15%	Too few students by sex
	11th / 12th	.	15%	Too few students by grade

**ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR**

		SU/SD	VT	
Overall		8%	13%	Overall Differences: State vs SU
Sex	Male	14%	14%	VT > SU
	Female	.	12%	Within SU Differences
Grade	9th / 10th	7%	11%	Too few students by sex
	11th / 12th	8%	16%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL**

		SU/SD	VT	
Overall		28%	25%	Overall Differences: State vs SU
Sex	Male	28%	25%	VT and SU are Similar
	Female	28%	24%	Within SU Differences
Grade	9th / 10th	32%	29%	9-10 > 11-12
	11th / 12th	20%	20%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES**

		SU/SD	VT	
Overall		88%	84%	Overall Differences: State vs SU
Sex	Male	86%	82%	SU > VT
	Female	91%	86%	Within SU Differences
Grade	9th / 10th	94%	89%	9-10 > 11-12
	11th / 12th	82%	79%	

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK  
 ALCOHOL**

		SU/SD	VT	
Overall		71%	54%	Overall Differences: State vs SU
Sex	Male	68%	55%	SU > VT
	Female	74%	54%	Within SU Differences
Grade	9th / 10th	78%	65%	9-10 > 11-12
	11th / 12th	62%	44%	

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE  
 MARIJUANA**

		SU/SD	VT	
Overall		75%	55%	Overall Differences: State vs SU
Sex	Male	68%	56%	SU > VT
	Female	81%	55%	Within SU Differences
Grade	9th / 10th	84%	64%	Females > Males
	11th / 12th	64%	46%	9-10 > 11-12



**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		90%	91%
Overall Differences: State vs SU			
Sex	Male	86%	90%
VT and SU are Similar			
	Female	94%	93%
Within SU Differences			
Grade	9th / 10th	93%	94%
Females > Males			
	11th / 12th	88%	89%

<b>THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		77%	66%
Overall Differences: State vs SU			
Sex	Male	74%	64%
SU > VT			
	Female	80%	67%
Within SU Differences			
Grade	9th / 10th	83%	75%
9-10 > 11-12			
	11th / 12th	70%	57%

SECTION 4: SUBSTANCE USE  
PERCEPTIONS OF USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

		SU/SD	VT	
Overall		89%	76%	Overall Differences: State vs SU
Sex	Male	85%	75%	SU > VT
	Female	93%	77%	Within SU Differences
Grade	9th / 10th	89%	81%	Females > Males
	11th / 12th	88%	72%	

**PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES DAILY**

	SU/SD	VT	
No risk	5%	5%	
Slight risk	9%	9%	
Moderate risk	25%	18%	SU > VT
Great risk	61%	68%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY**

		SU/SD	VT	
Overall		61%	68%	Overall Differences: State vs SU
Sex	Male	53%	66%	VT > SU
	Female	68%	70%	Within SU Differences
Grade	9th / 10th	55%	66%	Females > Males
	11th / 12th	70%	70%	11-12 > 9-10

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>PERCEIVED RISK OF HARM FROM BINGE DRINKING EACH WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
No risk	5%	6%	
Slight risk	19%	19%	
Moderate risk	31%	39%	VT > SU
Great risk	45%	36%	SU > VT

<b>THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		45%	36%	Overall Differences: State vs SU
Sex	Male	40%	32%	SU > VT
	Female	49%	41%	Within SU Differences
Grade	9th / 10th	44%	38%	
	11th / 12th	48%	34%	

<b>PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE</b>			
	<b>SU/SD</b>	<b>VT</b>	
No risk	17%	21%	VT > SU
Slight risk	26%	29%	
Moderate risk	26%	26%	
Great risk	31%	24%	SU > VT

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		31%	24%
Overall Differences: State vs SU			
Sex	Male	24%	21%
	Female	37%	28%
SU > VT			
Within SU Differences			
Grade	9th / 10th	38%	29%
	11th / 12th	26%	20%
Females > Males			
9-10 > 11-12			

<b>PERCEIVED ACCESS TO CIGARETTES</b>			
		<b>SU/SD</b>	<b>VT</b>
Very hard		30%	24%
Sort of hard		22%	21%
Sort of easy		22%	22%
Very easy		26%	32%
SU > VT			
VT > SU			

<b>SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		48%	55%
Overall Differences: State vs SU			
Sex	Male	53%	57%
	Female	44%	52%
VT > SU			
Within SU Differences			
Grade	9th / 10th	34%	43%
	11th / 12th	64%	66%
11-12 > 9-10			

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS OF USE

PERCEIVED ACCESS TO ALCOHOL			
	SU/SD	VT	
Very hard	22%	15%	SU > VT
Sort of hard	20%	18%	
Sort of easy	26%	31%	VT > SU
Very easy	32%	37%	VT > SU

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET				
		SU/SD	VT	
Overall		58%	68%	Overall Differences: State vs SU
Sex	Male	52%	67%	VT > SU
	Female	64%	69%	Within SU Differences
Grade	9th / 10th	55%	62%	Females > Males
	11th / 12th	59%	73%	

PERCEIVED ACCESS TO MARIJUANA			
	SU/SD	VT	
Very hard	40%	27%	SU > VT
Sort of hard	17%	15%	
Sort of easy	21%	22%	
Very easy	23%	37%	VT > SU

**SECTION 4: SUBSTANCE USE**  
 PERCEPTIONS OF USE

<b>SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		44%	58%
Overall Differences: State vs SU			
Sex	Male	45%	59%
VT > SU			
	Female	43%	57%
Within SU Differences			
Grade	9th / 10th	37%	49%
	11th / 12th	50%	67%
11-12 > 9-10			

SECTION 5: SEXUAL HEALTH  
 LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES			
	SU/SD	VT	
Never had sexual contact	40%	42%	
Females	53%	54%	
Males	.	2%	Too few students
Females and males	.	2%	Too few students

LIFETIME SEXUAL CONTACTS: FEMALES			
	SU/SD	VT	
Never had sexual contact	60%	43%	SU > VT
Females	.	2%	Too few students
Males	38%	48%	VT > SU
Females and males	.	7%	Too few students

EVER HAD SEXUAL INTERCOURSE			
	SU/SD	VT	
Overall	33%	40%	Overall Differences: State vs SU
Sex			
Male	37%	40%	VT > SU
Female	30%	40%	Within SU Differences
Grade			
9th / 10th	30%	26%	11-12 > 9-10
11th / 12th	39%	54%	

**SECTION 5: SEXUAL HEALTH**  
**LIFETIME SEXUAL ACTIVITY**

<b>HAVE HAD 4+ LIFETIME PARTNERS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	9%	Overall Differences: State vs SU
Sex	Male	9%	9%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	9th / 10th	5%	5%	11-12 > 9-10
	11th / 12th	10%	13%	

<b>EVER HAD ORAL SEX</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		40%	42%	Overall Differences: State vs SU
Sex	Male	45%	42%	VT and SU are Similar
	Female	36%	42%	Within SU Differences
Grade	9th / 10th	32%	30%	Males > Females
	11th / 12th	52%	55%	

<b>WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (HIV)</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		8%	10%	Overall Differences: State vs SU
Sex	Male	10%	9%	VT > SU
	Female	6%	12%	Within SU Differences
Grade	9th / 10th	12%	8%	Too few students by grade
	11th / 12th	.	13%	



SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

<b>HAD SEXUAL INTERCOURSE DURING THE PAST 3 MONTHS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		27%	31%	Overall Differences: State vs SU
Sex	Male	29%	29%	VT > SU
	Female	25%	32%	Within SU Differences
Grade	9th / 10th	24%	19%	11-12 > 9-10
	11th / 12th	32%	43%	

<b>USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	20%	Overall Differences: State vs SU
Sex	Male	.	22%	Too few students
	Female	.	17%	Within SU Differences
Grade	9th / 10th	.	23%	Too few students by sex
	11th / 12th	.	18%	Too few students by grade

SECTION 5: SEXUAL HEALTH  
 CURRENT SEXUAL ACTIVITY

**PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

	SU/SD	VT	
No method was used	.	7%	Too few students
Birth control pills	.	32%	Too few students
Condoms	.	35%	Too few students
IUD or implant	.	13%	Too few students
Shot/patch/birth control ring	.	5%	Too few students
Withdrawal/other method	.	5%	Too few students
Not sure	.	2%	Too few students

**USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS**

	SU/SD	VT	
Overall	.	50%	Overall Differences: State vs SU
Sex			
Male	.	40%	Too few students
Female	.	60%	Within SU Differences
Grade			
9th / 10th	.	39%	Too few students by sex
11th / 12th	.	56%	Too few students by grade

**SECTION 5: SEXUAL HEALTH**  
 CURRENT SEXUAL ACTIVITY

<b>CONDOM USE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	56%	Overall Differences: State vs SU
Sex	Male	.	61%	Too few students
	Female	.	52%	Within SU Differences
Grade	9th / 10th	.	62%	Too few students by sex
	11th / 12th	.	54%	Too few students by grade

<b>USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	19%	Overall Differences: State vs SU
Sex	Male	.	15%	Too few students
	Female	.	22%	Within SU Differences
Grade	9th / 10th	.	16%	Too few students by sex
	11th / 12th	.	20%	Too few students by grade

**SECTION 5: SEXUAL HEALTH**  
 CURRENT SEXUAL ACTIVITY

<b>DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		.	7%	Overall Differences: State vs SU
Sex	Male	.	8%	Too few students
	Female	.	7%	Within SU Differences
Grade	9th / 10th	.	10%	Too few students by sex
	11th / 12th	.	6%	Too few students by grade

SECTION 6: BMI AND WEIGHT PERCEPTIONS

**OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE AND SEX)**

		SU/SD	VT	
Overall		16%	14%	Overall Differences: State vs SU
Sex	Male	15%	14%	VT and SU are Similar
	Female	16%	15%	Within SU Differences
Grade	9th / 10th	19%	15%	
	11th / 12th	13%	13%	

**OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)**

		SU/SD	VT	
Overall		17%	13%	Overall Differences: State vs SU
Sex	Male	26%	15%	SU > VT
	Female	8%	10%	Within SU Differences
Grade	9th / 10th	20%	12%	Males > Females
	11th / 12th	14%	13%	

**PERCEPTIONS OF OWN WEIGHT**

	SU/SD	VT	
Very underweight	.	2%	Too few students
Slightly underweight	11%	12%	
About the right weight	51%	56%	VT > SU
Slightly overweight	26%	25%	
Very overweight	10%	5%	SU > VT

SECTION 6: BMI AND WEIGHT PERCEPTIONS

**DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEIGHT**

		SU/SD	VT	
Overall		36%	30%	Overall Differences: State vs SU
Sex	Male	32%	25%	SU > VT
	Female	40%	36%	Within SU Differences
Grade	9th / 10th	46%	29%	9-10 > 11-12
	11th / 12th	27%	31%	

**WHAT ONE IS TRYING TO DO ABOUT WEIGHT**

	SU/SD	VT	
Lose weight	47%	42%	SU > VT
Gain weight	11%	15%	VT > SU
Stay the same weight	16%	18%	
Not trying to do anything	25%	25%	

**WERE TRYING TO LOSE WEIGHT**

		SU/SD	VT	
Overall		47%	42%	Overall Differences: State vs SU
Sex	Male	32%	28%	SU > VT
	Female	63%	57%	Within SU Differences
Grade	9th / 10th	54%	42%	Females > Males
	11th / 12th	42%	42%	9-10 > 11-12

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 PHYSICAL ACTIVITY

DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK			
	SU/SD	VT	
0 days	11%	13%	
1 day	5%	7%	VT > SU
2 days	10%	9%	
3 days	19%	12%	SU > VT
4 days	7%	11%	VT > SU
5 days	9%	14%	VT > SU
6 days	8%	10%	
7 days	31%	25%	SU > VT

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS			
	SU/SD	VT	
Overall	31%	25%	Overall Differences: State vs SU
Sex	Male	35%	SU > VT
	Female	27%	Within SU Differences
Grade	9th / 10th	33%	
	11th / 12th	30%	

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

**WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS,  
 PAST WEEK**

		SU/SD	VT	
Overall		49%	49%	Overall Differences: State vs SU
Sex	Male	51%	56%	VT and SU are Similar
	Female	46%	42%	Within SU Differences
Grade	9th / 10th	44%	51%	
	11th / 12th	52%	47%	

**DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT  
 LEAST 1 DAY, PAST WEEK**

		SU/SD	VT	
Overall		11%	13%	Overall Differences: State vs SU
Sex	Male	12%	11%	VT and SU are Similar
	Female	10%	14%	Within SU Differences
Grade	9th / 10th	9%	11%	
	11th / 12th	13%	14%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

**TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK**

	SU/SD	VT	
Do not watch TV	.	3%	Too few students
Less than 1 hour per day	6%	8%	
1 hour per day	11%	12%	
2 hours per day	14%	23%	VT > SU
3 hours per day	25%	21%	SU > VT
4 hours per day	15%	13%	
5 or more hours per day	28%	19%	SU > VT

**WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK**

	SU/SD	VT	
Overall	68%	53%	Overall Differences: State vs SU
Sex			
Male	73%	53%	SU > VT
Female	62%	52%	Within SU Differences
Grade			
9th / 10th	58%	53%	Males > Females
11th / 12th	76%	52%	11-12 > 9-10

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

<b>ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		18%	33%
Sex	Male	19%	32%
	Female	18%	33%
Grade	9th / 10th	17%	33%
	11th / 12th	19%	32%

Overall Differences: State vs SU
VT > SU
Within SU Differences

<b>ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		8%	18%
Sex	Male	10%	18%
	Female	6%	18%
Grade	9th / 10th	10%	18%
	11th / 12th	.	18%

Overall Differences: State vs SU
VT > SU
Within SU Differences
Too few students by grade

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

SODA CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink soda or pop	24%	37%	VT > SU
1 to 3 times	39%	40%	
4 to 6 times	21%	12%	SU > VT
1 time per day	5%	4%	
2 times per day	2%	3%	
3 times per day	4%	1%	SU > VT
4 or more times per day	4%	3%	SU > VT

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK				
		SU/SD	VT	
Overall		16%	11%	Overall Differences: State vs SU
Sex	Male	22%	16%	SU > VT
	Female	9%	6%	Within SU Differences
Grade	9th / 10th	12%	11%	Males > Females
	11th / 12th	20%	12%	11-12 > 9-10

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

**SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK**

	SU/SD	VT	
Did not drink sugar-sweetened	25%	28%	VT > SU
1 to 3 times	40%	44%	VT > SU
4 to 6 times	21%	15%	SU > VT
1 time per day	10%	6%	SU > VT
2 times per day	.	3%	Too few students
3 times per day	.	1%	Too few students
4 or more times per day	.	2%	Too few students

**DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK**

		SU/SD	VT	
Overall		14%	12%	Overall Differences: State vs SU
Sex	Male	19%	15%	VT and SU are Similar
	Female	9%	9%	Within SU Differences
Grade	9th / 10th	10%	12%	Males > Females
	11th / 12th	19%	13%	11-12 > 9-10

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION  
 NUTRITION

WATER CONSUMPTION, PAST WEEK			
	SU/SD	VT	
Did not drink water	2%	4%	SU > VT
1 to 3 times	7%	9%	
4 to 6 times	9%	11%	
1 time per day	9%	9%	
2 times per day	18%	16%	
3 times per day	16%	19%	
4 or more times per day	37%	33%	

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK				
		SU/SD	VT	
Overall		53%	52%	Overall Differences: State vs SU
Sex	Male	49%	51%	VT and SU are Similar
	Female	58%	53%	Within SU Differences
Grade	9th / 10th	60%	51%	9-10 > 11-12
	11th / 12th	49%	53%	

**SECTION 7: PHYSICAL ACTIVITY AND NUTRITION**  
 NUTRITION

<b>BREAKFAST CONSUMPTION, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
0 days	11%	11%	
1 day	7%	6%	
2 days	13%	9%	SU > VT
3 days	15%	10%	SU > VT
4 days	12%	8%	SU > VT
5 days	7%	9%	VT > SU
6 days	8%	7%	
7 days	28%	40%	VT > SU

<b>DID NOT EAT BREAKFAST, PAST WEEK</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		11%	11%	Overall Differences: State vs SU
Sex	Male	14%	11%	VT and SU are Similar
	Female	8%	10%	Within SU Differences
Grade	9th / 10th	13%	10%	
	11th / 12th	9%	10%	

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

**WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS**

	SU/SD	VT	
Never	75%	75%	
Rarely	21%	15%	SU > VT
Sometimes	.	7%	Too few students
Most of the time	.	2%	Too few students
Always	.	1%	Too few students

**MOST OF THE TIME OR ALWAYS WENT HUNGRY, PAST 30 DAYS**

	SU/SD	VT	
Overall	.	3%	Overall Differences: State vs SU
Sex			
Male	.	3%	Too few students
Female	.	2%	Within SU Differences
Grade			
9th / 10th	.	3%	Too few students by sex
11th / 12th	.	3%	Too few students by grade

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

<b>USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		.	4%
Overall Differences: State vs SU			
Sex	Male	.	4%
	Female	.	3%
Within SU Differences			
Grade	9th / 10th	.	3%
	11th / 12th	.	5%
Too few students by sex			
Too few students by grade			



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK			
	SU/SD	VT	
0 days	4%	9%	VT > SU
1 day	.	4%	Too few students
2 days	3%	4%	
3 days	8%	6%	SU > VT
4 days	10%	8%	SU > VT
5 days	12%	13%	
6 days	10%	12%	
7 days	51%	44%	SU > VT

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK				
		SU/SD	VT	
Overall		83%	77%	Overall Differences: State vs SU
Sex	Male	85%	80%	SU > VT
	Female	81%	75%	Within SU Differences
Grade	9th / 10th	87%	82%	
	11th / 12th	80%	73%	

2017 VERMONT YOUTH RISK BEHAVIOR SURVEY  
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HIGH SCHOOL RESULTS

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL			
	SU/SD	VT	
Mostly A's	46%	46%	
Mostly B's	39%	39%	
Mostly C's	13%	12%	
Mostly D's	3%	2%	
Mostly F's	.	1%	Too few students

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM			
		SU/SD	VT
Overall		88%	80%
Overall Differences: State vs SU			
Sex	Male	85%	80%
SU > VT			
	Female	90%	81%
Within SU Differences			
Grade	9th / 10th	89%	78%
	11th / 12th	87%	82%

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS			
		SU/SD	VT
Strongly agree		30%	21%
SU > VT			
	Agree	44%	44%
	Not sure	18%	19%
	Disagree	6%	11%
VT > SU			
Strongly disagree		.	5%
Too few students			

**SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS**

<b>STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		74%	65%	Overall Differences: State vs SU
Sex	Male	75%	69%	SU > VT
	Female	73%	61%	Within SU Differences
Grade	9th / 10th	71%	66%	
	11th / 12th	76%	64%	

<b>LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM</b>			
	<b>SU/SD</b>	<b>VT</b>	
Definitely will not	4%	5%	SU > VT
Probably will not	5%	5%	
Probably will	20%	22%	
Definitely will	56%	57%	
Not sure	15%	11%	

<b>PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM</b>				
		<b>SU/SD</b>	<b>VT</b>	
Overall		76%	79%	Overall Differences: State vs SU
Sex	Male	69%	75%	VT and SU are Similar
	Female	83%	83%	Within SU Differences
Grade	9th / 10th	69%	76%	Females > Males
	11th / 12th	83%	82%	11-12 > 9-10

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK**

	SU/SD	VT	
0 hours	30%	33%	
1 to 4 hours	29%	27%	
5 to 9 hours	11%	17%	VT > SU
10 to 19 hours	18%	17%	
20 or more hours	11%	6%	SU > VT

**SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK**

	SU/SD	VT	
Overall	29%	24%	Overall Differences: State vs SU
Sex			
Male	24%	24%	SU > VT
Female	34%	24%	Within SU Differences
Grade			
9th / 10th	26%	22%	Females > Males
11th / 12th	32%	25%	

**MATTER TO PEOPLE IN THEIR COMMUNITY**

	SU/SD	VT	
Strongly agree	21%	19%	
Agree	37%	41%	VT > SU
Not sure	29%	25%	SU > VT
Disagree	10%	9%	
Strongly disagree	.	5%	Too few students

SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

<b>STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE</b>			
		<b>SU/SD</b>	<b>VT</b>
Overall		58%	61%
Overall Differences: State vs SU			
Sex	Male	57%	65%
	Female	60%	57%
Within SU Differences			
Grade	9th / 10th	55%	60%
	11th / 12th	62%	61%

# MIDDLE SCHOOL RESULTS

## RUTLAND CENTRAL SU (SU037) REPORT

<http://healthvermont.gov/yrbs.aspx>

SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS		
	SU/SD	VT
Total	229	16701

		SU/SD	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	27%	24%
	7th Grade	35%	39%
	8th Grade	37%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	81%
	Students of Color (REM)	4%	19%
Sexual Orientation	Heterosexual (Het)	95%	93%
	Lesbian, Gay, or Bisexual (LGB)	5%	7%

**SECTION 2: PERSONAL SAFETY**  
**VIOLENCE AND BULLYING**

<b>WERE EVER IN A PHYSICAL FIGHT</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	34%	42%	VT > SU

<b>WERE EVER BULLIED ON SCHOOL PROPERTY</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	46%	44%	VT and SU are Similar

<b>WERE EVER ELECTRONICALLY BULLIED</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	24%	24%	VT and SU are Similar

<b>WERE BULLIED, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	23%	22%	VT and SU are Similar

<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	5%	8%	VT > SU



**SECTION 2: PERSONAL SAFETY**  
VIOLENCE AND BULLYING

**DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR  
ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	9%	8%	VT and SU are Similar

SECTION 2: PERSONAL SAFETY  
 CAR SAFETY

SEATBELT USE			
	SU/SD	VT	
Never	.	1%	Too few students
Rarely	.	1%	Too few students
Sometimes	3%	3%	
Most of the time	14%	18%	VT > SU
Always	81%	76%	SU > VT

RARELY OR NEVER WEAR A SEAT BELT			
	SU/SD	VT	
Overall	.	2%	Too few students

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL			
	SU/SD	VT	
Overall	18%	22%	VT > SU

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA			
	SU/SD	VT	
Overall	4%	9%	VT > SU

SECTION 2: PERSONAL SAFETY  
 INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE

	SU/SD	VT	
Never wear a helmet	16%	16%	VT > SU
Rarely wear a helmet	11%	15%	
Sometimes wear a helmet	18%	15%	
Most of the time wear a helmet	26%	25%	
Always wear a helmet	30%	28%	

RARELY OR NEVER WEAR A BICYCLE HELMET

	SU/SD	VT	
Overall	27%	31%	VT > SU

HELMET USE WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Never wear a helmet	4%	5%	Too few students
Rarely wear a helmet	.	2%	
Sometimes wear a helmet	.	2%	
Most of the time wear a helmet	10%	7%	
Always wear a helmet	83%	83%	

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING

	SU/SD	VT	
Overall	6%	7%	VT and SU are Similar

**SECTION 2: PERSONAL SAFETY**  
INJURY PREVENTION

**HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE**

	<b>SU/SD</b>	<b>VT</b>	
Overall	17%	17%	VT and SU are Similar

SECTION 2: PERSONAL SAFETY  
 TOBACCO EXPOSURE AND PREVENTION

**WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING  
 CIGARETTES, PAST 7 DAYS**

	SU/SD	VT	
Overall	22%	26%	VT > SU

**WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING  
 CIGARETTES, PAST 7 DAYS**

	SU/SD	VT	
Overall	12%	19%	VT > SU

**SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET,  
 OR CONVENIENCE STORE**

	SU/SD	VT	
Never	14%	9%	SU > VT
Rarely	16%	14%	SU > VT
Sometimes	25%	27%	
Most of the time	26%	29%	
Always	18%	21%	VT > SU

**MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER  
 TOBACCO PRODUCTS**

	SU/SD	VT	
Overall	44%	50%	VT > SU

SECTION 2: PERSONAL SAFETY  
TOBACCO EXPOSURE AND PREVENTION

<b>WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	26%	30%	VT > SU

SECTION 3: MENTAL HEALTH

<b>FELT SAD OR HOPELESS, PAST YEAR</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	20%	19%	VT and SU are Similar

<b>EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	13%	18%	VT > SU

<b>EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	8%	12%	VT > SU

<b>EVER ATTEMPTED SUICIDE</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	5%	6%	VT and SU are Similar

SECTION 4: SUBSTANCE USE  
 LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE			
	SU/SD	VT	
Overall	2%	7%	VT > SU

EVER USED AN ELECTRONIC VAPOR PRODUCT			
	SU/SD	VT	
Overall	2%	9%	VT > SU

EVER USED A FLAVORED TOBACCO PRODUCT			
	SU/SD	VT	
Overall	2%	5%	VT > SU

EVER DRANK ALCOHOL			
	SU/SD	VT	
Overall	15%	19%	VT > SU

EVER USED MARIJUANA			
	SU/SD	VT	
Overall	4%	7%	VT > SU

EVER USED INHALANTS			
	SU/SD	VT	
Overall	4%	4%	VT and SU are Similar



SECTION 4: SUBSTANCE USE  
LIFETIME USE

<b>EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	.	2%

Too few students

<b>EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	.	2%

Too few students

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

<b>USED TOBACCO PRODUCTS, PAST YEAR</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	4%	5%
VT and SU are Similar		

<b>SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	2%	5%
VT > SU		

<b>SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	.	3%
Too few students		

<b>SMOKED CIGARETTES, PAST 30 DAYS</b>		
	<b>SU/SD</b>	<b>VT</b>
Overall	.	2%
Too few students		

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED

	SU/SD	VT	
Less than 1 cigarette	.	33%	Too few students
1 cigarette	.	23%	Too few students
2 to 5 cigarettes	.	23%	Too few students
6 to 10 cigarettes	.	6%	Too few students
11 to 20 cigarettes	.	.	Too few students
More than 20 cigarettes	.	14%	Too few students

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS

	SU/SD	VT	
Overall	.	4%	Too few students

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

	SU/SD	VT	
Friend/family used them	.	38%	Too few students
To try to quit other tobacco products	.	3%	Too few students
Cost less	.	1%	Too few students
Easier to get	.	1%	Too few students
Less harmful	.	7%	Too few students
Available in flavors	.	13%	Too few students
Used for some other reason	.	36%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE

	SU/SD	VT	
Bought them in a store	.	3%	Too few students
I got them on the Internet	.	9%	Too few students
Someone else bought them	.	10%	Too few students
Borrowed them	.	44%	Too few students
A person 18 or older gave me	.	9%	Too few students
Took them from a store	.	4%	Too few students
Some other way	.	21%	Too few students

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
1 or 2 days	.	49%	Too few students
3 to 5 days	.	16%	Too few students
6 to 9 days	.	10%	Too few students
10 to 19 days	.	6%	Too few students
20 to 29 days	.	5%	Too few students
All 30 days	.	15%	Too few students

SMOKED CIGARS, PAST 30 DAYS

	SU/SD	VT	
Overall	.	1%	Too few students

SECTION 4: SUBSTANCE USE  
 CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS		
	SU/SD	VT
Overall	.	1%
Too few students		

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR		
	SU/SD	VT
Overall	.	36%
Too few students		

DRANK ALCOHOL, PAST 30 DAYS		
	SU/SD	VT
Overall	2%	7%
VT > SU		

BINGE DRANK, PAST 30 DAYS		
	SU/SD	VT
Overall	.	2%
Too few students		

**SECTION 4: SUBSTANCE USE**  
 CURRENT USE

**AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED**

	<b>SU/SD</b>	<b>VT</b>	
1 or 2 drinks	.	63%	Too few students
3 drinks	.	10%	Too few students
4 drinks	.	7%	Too few students
5 drinks	.	6%	Too few students
6 or 7 drinks	.	4%	Too few students
8 or 9 drinks	.	2%	Too few students
10 or more drinks	.	9%	Too few students

**USED MARIJUANA, PAST 30 DAYS**

	<b>SU/SD</b>	<b>VT</b>	
Overall	3%	4%	VT and SU are Similar

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO  
 SMOKE CIGARETTES**

	SU/SD	VT	
Overall	97%	95%	SU > VT

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO  
 DRINK ALCOHOL**

	SU/SD	VT	
Overall	93%	89%	SU > VT

**THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO  
 USE MARIJUANA**

	SU/SD	VT	
Overall	93%	90%	SU > VT

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR  
 VERY WRONG FOR THEM TO SMOKE CIGARETTES**

	SU/SD	VT	
Overall	95%	95%	VT and SU are Similar

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR  
 VERY WRONG FOR THEM TO DRINK ALCOHOL**

	SU/SD	VT	
Overall	88%	85%	SU > VT

SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA**

	SU/SD	VT	
Overall	96%	92%	SU > VT

**THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET**

	SU/SD	VT	
Overall	14%	22%	VT > SU

**THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET**

	SU/SD	VT	
Overall	23%	37%	VT > SU

**THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET**

	SU/SD	VT	
Overall	11%	15%	VT > SU

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY**

	SU/SD	VT	
Overall	73%	72%	VT and SU are Similar



SECTION 4: SUBSTANCE USE  
 PERCEPTIONS ABOUT USE

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE  
 DRINK EACH WEEKEND**

	SU/SD	VT	
Overall	51%	48%	VT and SU are Similar

**THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE  
 MARIJUANA REGULARLY**

	SU/SD	VT	
Overall	60%	59%	VT and SU are Similar

SECTION 5: SEXUAL ACTIVITY

<b>EVER HAD SEXUAL INTERCOURSE</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	5%	5%	VT and SU are Similar

<b>EVER HAD ORAL SEX</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	4%	6%	VT and SU are Similar

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

<b>DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
0 days	8%	7%	
1 day	4%	4%	
2 days	7%	7%	
3 days	9%	10%	
4 days	7%	11%	VT > SU
5 days	13%	15%	
6 days	14%	11%	SU > VT
7 days	38%	34%	SU > VT

<b>WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	38%	34%	SU > VT

<b>WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	66%	60%	SU > VT

<b>WERE NOT PHYSICALLY ACTIVE PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	.	7%	Too few students

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

**PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK**

	<b>SU/SD</b>	<b>VT</b>	
0 days	46%	25%	SU > VT
1 day	10%	7%	SU > VT
2 days	10%	8%	SU > VT
3 days	7%	8%	
4 days	4%	5%	
5 days	23%	46%	VT > SU

**GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL**

	<b>SU/SD</b>	<b>VT</b>	
Overall	46%	25%	SU > VT

**RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS**

	<b>SU/SD</b>	<b>VT</b>	
0 days	74%	77%	
1 day	3%	3%	
2 days	4%	3%	
3 days	.	4%	Too few students
4 days	2%	2%	
5 days	15%	10%	SU > VT

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

<b>WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	15%	10%	SU > VT

<b>WATCH TELEVISION, TYPICAL SCHOOL DAY</b>			
	<b>SU/SD</b>	<b>VT</b>	
No TV on average school day	14%	18%	VT > SU
Less than 1 hour per day	24%	23%	
1 hour per day	19%	18%	
2 hours per day	23%	20%	
3 hours per day	13%	10%	SU > VT
4 hours per day	4%	4%	
5 or more hours per day	3%	6%	VT > SU

<b>WATCHED TV 3+ HOURS PER DAY</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	20%	20%	VT and SU are Similar

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY

	SU/SD	VT	
No playing video/computer game	14%	12%	SU > VT
Less than 1 hour per day	13%	17%	VT > SU
1 hour per day	15%	15%	
2 hours per day	17%	18%	
3 hours per day	12%	14%	
4 hours per day	13%	8%	SU > VT
5 or more hours per day	15%	16%	

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

	SU/SD	VT	
Overall	40%	38%	VT and SU are Similar

BREAKFAST CONSUMPTION, PAST WEEK

	SU/SD	VT	
0 days	7%	7%	
1 day	3%	4%	
2 days	8%	7%	
3 days	8%	7%	
4 days	6%	6%	
5 days	6%	8%	VT > SU
6 days	8%	9%	
7 days	54%	52%	

SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

<b>DID NOT EAT BREAKFAST, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	7%	7%	VT and SU are Similar

<b>GLASSES OF WATER CONSUMED PER DAY, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
Did not drink water	4%	3%	VT > SU
1 to 3 times	6%	9%	
4 to 6 times	10%	10%	
1 time per day	5%	6%	
2 times per day	18%	16%	
3 times per day	21%	19%	
4 or more times per day	36%	37%	

<b>DRANK THREE OR MORE GLASSES PER DAY OF WATER</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	57%	56%	VT and SU are Similar

SECTION 7: SOCIAL DETERMINANTS OF HEALTH

<b>WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Never	76%	77%	
Rarely	13%	14%	
Sometimes	9%	7%	SU > VT
Most of the time	.	1%	Too few students
Always	.	1%	Too few students

<b>MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	.	2%	Too few students

<b>BORN OUTSIDE THE U.S.</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	6%	6%	VT and SU are Similar



**SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS**

<b>ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
0 days	5%	5%	SU > VT Too few students
1 day	3%	2%	
2 days	.	2%	
3 days	3%	3%	
4 days	4%	4%	
5 days	8%	7%	
6 days	11%	10%	
7 days	65%	66%	

<b>ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK</b>			
	<b>SU/SD</b>	<b>VT</b>	
Overall	88%	88%	VT and SU are Similar

<b>BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS</b>			
	<b>SU/SD</b>	<b>VT</b>	
Strongly agree	27%	28%	
Agree	44%	43%	
Not sure	16%	17%	
Disagree	8%	8%	
Strongly disagree	6%	5%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES  
 AND CONSEQUENCES FOR BEHAVIOR**

	SU/SD	VT	
Overall	71%	71%	VT and SU are Similar

**BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY  
 CAN TALK TO IF THEY HAVE A PROBLEM**

	SU/SD	VT	
Overall	76%	76%	VT and SU are Similar

**GRADES EARNED IN SCHOOL**

	SU/SD	VT	
Mostly A's	48%	46%	
Mostly B's	35%	38%	
Mostly C's	13%	12%	
Mostly D's	.	3%	Too few students
Mostly F's	.	1%	Too few students

**BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY**

	SU/SD	VT	
Strongly agree	24%	27%	VT > SU
Agree	37%	36%	
Not sure	27%	24%	
Disagree	7%	7%	
Strongly disagree	4%	5%	

SECTION 8: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

**STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL  
LIKE THEY MATTER TO PEOPLE**

	<b>SU/SD</b>	<b>VT</b>	
Overall	61%	64%	VT and SU are Similar