

DEPARTMENT OF HEALTH **Kwirinda uburozi bwa Carbon Monoxide buva mu machini zitanga umuyagankuba**

Carbon monoxide (CO) ni gaze irimwo uburozi bushobora kukwica. Iyo gaze ntinuka kandi ntushobora kuyibonesha amaso. Buri mwaka amajana y'abantu muri Reta Zunze Ubumwe za Amerika bahitanwa na gaze ya CO irimwo uburozi, ayandi majana y'abantu akarungikwa kuvurirwa mu vyumba vy'indembe. Ubu burozi buva kuri gaze ya CO bukunda gusasika inganda mu gihe c'amezi y'imbeho muri Vermont. Kurikiza izi mpanuro kugira ngo ubungabunge amagara yawe.

Ni gute wokwirinda uburozi buva kuri gaze ya CO?

Gaze ya CO iva ku bintu bisukika, ibintu bigumye, canke ku amavuta arimwo gaze mu gihe bituriwe bikavamwo imyotsi isanzwe nk'igihe uturiye propane, amavuta, amakara, inkwi, canke imicafu iva mu mahinguriro. Imyotsi mibi y'ivyo bintu ishobora kwuzura mu nzu, aho ubika imodoka, canke ahandi hantu hose hugaye. Ngaha hari uburyo bwo kwirinda uburozi buva kuri CO:

- Gushira inkengeri hafi y'ahari ivyumba bararamwo imuhira ivuga mu gihe yumvise gaze ya CO ifise na bateri yifashishwa mu gihe iyirimwo umuriro uheze. Hindura bateri igihe cose uhinduye isaha mu gihe c'akazuba no mu gihe c'imbeho. Raba ko inkengeri yawe igikora buri kwezi.
- Raba ko uburyo bukoreshwa haba mu guturira amavuta, canke gushusha inzu n'ibindi nk'ivyo vyasuzumwe ko bikora neza n'umukozi abifitiye ububasha wo muri Vermont, bimwe muri vyo bikoreho n'ibikoreho bitanga ubushuhe, ibishusha amazi, amashiga ya kijambere akoreha inkwi, ahaca imyotsi, ivyuma vyumisha impuzu.
- Raba neza ko ivyuma biturira amavuta biri hanze kandi amatiyo yavyo afunze neza ko atanahamwe afise imigaga, canke ko ataguye ingese.
- Irinde gukoreha amashiga canke iziko ritagira inzira isohora imyotsi.
- Sukura ahasokera imyotsi n'ibikoreho biturira amavuta ukuraho urume, amabarafu, canke ivyatsi vyahameze.
- Ntuzigere narimwe ushira mu nzu, aho ubika imodoka, hafi y'idirisha canke ahagenewe intsinga z'umuyagankuba, mw'ihema canke ahantu hose hugaye: imashini itanga umuyagankuba, imbabura isanzwe imbabura zigendanwa, ivyuma biturira kerosene canke ibituria amavuta ivyarivyo vyose.
- Ntuzigere narimwe ukoreha gaze utekesha mu gushusha inzu.
- Ntuzigere wakiriza imodoka yawe muri garaje aho uyibika naho urugi rwaho rwoba rwuguruye. Kandi uzoze uribuka ko terekomande yawe ishobora kwatsa imodoka yawe utabishaka.

Fyonda kuri 9-1-1 hanyuma uronke akayaga keza ubwo nyene mu gihe:

- Inkengeri ya gaze ya CO iretse kuvuga.
- Mu gihe wewe canke uwundi muntu afise ibimenyetso vy'uburozi buva kuri gaze ya CO bikurikira:

Kumenya ibimenyetso vy'uburozi buva kuri gaze ya CO

- Guhema imyotsi myinshi irimwo uburozi bwa CO bishibora gutuma uhasiga agatwe.
- Kubantu basinziriye canke bakaba banywa inzoga bashora gupfa kubera ubu burozi buva kuri gaze ya CO imbere y'uko ibimenyetso vyibonekeza kuri bo.
- Guhema imyotsi mike irimwo uburozi bwa gaze ya CO mu kiringo c'amasaha menshi navyo bituma urwara cokimwe no guhema imyotsi myinshi irimwo uburozi buva kuri gaze ya CO mu kiringo c'iminota mike.
- Nimba ubonye ibimenyetso bigeye mu gihe uvuye mu hira hanyuma ugarutse mu hira bigaca bigaruka, uzoce umenya ko hashobora kuba hari uburozi buva kuri gaze ya CO mu nzu yawe.
- Ni bikoko dutungiyemo mu hira navyo bigira mwene ibi bimenyetso, ico gihe iyo ubonye vyafashwe uzoca ugaba.

Ibimenyetso

- "Giripe" ibimenyetso bigizwe no kumeneka umutwe, kugira ibizunguzungu, kubura inguvu, kubabara mu mushishito hamwe no kudahwa.
- Kwisinzirirako
- Kuraba imboyongo
- Kwumva iminzerere mu matwi
- Guhema nabi
- Kwibagira

Kubera ko ubu burozi buva kuri gaze ya CO bukunze kuboneka mu gihe c'amezi y'imbeho nyishi, aho usanga giripe n'ibicurane ari vyinshi, ushobora gusanga witiranije giripe iterwa n'imbeho n'iyiterwa n'uburozi buva kuri gaze ya CO.

Ni gute wo kwatsa imashini itanga umuyagankuba mu mutekano ntangere.

Nimba umuyagankuba ucitse kandi ukaba ushaka kwatsa imashini itanga umuyagankuba, hari ibintu vyinshi ushobora gukora kugira ngo wirinde uburozi buva kuri gaze ya CO hamwe na sirikwi eka no kuba wafatwa n'umuyagankuba.

- Soma kandi ukurikize amabwirizwa ari muri aka gatabo.
- Shira imashini yawe itanga umuyagankuba hanze ku metero zirenga mirongo ibiri kuri y'amadirisha, inzugi n'aho imyotsi isohokera.

- Ntushire imashini itanga umuyagankuba mw'igaraje, muri kave, canke mu cumba gihuriramwo itsinga z'umuyagankuba.
- Gerageza ushire imashini yawe kure y'inzu.
- Koresha imigozi miremire ifise imetero 20 canke zirenga. Hanyuma nimba umugozi wononekaye uwuhindure.
- Raba neza ko umugozi ukoresha ufise ubushobozi bwo gucomekwako ibikoresho vyawe vyose ushaka gucomekako.
- Comeka ibikoresho vyawe mu mashini canke k'umugozi. Ntucomeke imashini yawe kuri prise yo ku ruhome.
- Banza uzimye imashini yawe kandi ubanze urindire ihore mu gihe ushaka kwongeramwo amazutu.
- Bika amazutu yawe mu bikoresho vyagenewe kuyabikamwo, hanyuma uyabike mu nzu utararamwo.
- Koreshereza imashini yawe ahantu humutse. Nimba naho bidashoboka uyifuke, canke uyishire ahantu itanyagirwa humutse kandi hateze.
- Banza wihanagure mu gihe intoki zawe zitose imbere yo gukora ku mashini itanga umuyagankuba.

Ku zindi nsiguro

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