



# Healthy Vermonters 2030 Indicators



These indicators represent data for the whole population of Vermont (unless otherwise specified). When the indicators are published in our public dashboards they will be disaggregated by geographic and demographic variables whenever possible.

As a department, we are committed to gathering, sharing, and utilizing data that reflects everyone. But it's important to understand that all data has its limits, and it can only give us a partial picture of the health of people in Vermont. We can't rely solely on data to tell the whole story.

We also realize that some of this data comes from institutions that have caused harm because of their policies and practices. This has led to some groups being left out or misrepresented in the data. Vermont is taking steps to make our data practices more equitable, to support federal agencies to improve how they collect and share data, and to provide context to help people understand our data better. In this way we hope to support a more accurate and beneficial interpretation of the information.

<b>Indicator Name</b>	<b>Topic Area</b>
% of adults age 18 and older who currently use cigarettes, e-cigarettes, or smokeless tobacco	Substance Use and Tobacco
% of adults age 18 and older who did not engage in leisure time physical activity in the past month	Healthy Behaviors and Prevention
% of adults age 18 and older who report not seeing a doctor when they needed to in the past 12 months because they could not afford it	Healthcare, Social Determinants

Indicator Name	Topic Area
% of adults age 18 and older with any mental health condition receiving treatment	Healthcare, Mental Health and Resilience
% of adults age 18 and older with chronic kidney disease who have ever been diagnosed with high blood pressure	Chronic Disease
% of adults age 18 and older with diagnosed diabetes who have ever received formal diabetes self-management education (DSME)	Chronic Disease, Healthcare, Healthy Behaviors and Prevention
% of adults age 21 and older who reported binge drinking in the past month	Substance Use and Tobacco
% of adults age 45 and older with subjective cognitive decline who discussed their symptoms with a provider	Chronic Disease, Healthcare, Older Adults
% of adults age 65 and older living below the poverty level in the past 12 months	Older Adults
% of adults age 65 and older who delayed dental care due to cost	Older Adults
% of adults age 65 and older who did not engage in leisure time physical activity in the past month	Older Adults
% of adults age 65 and older who were vaccinated against seasonal influenza for the most recent flu season	Older Adults
% of adults age 65 and older with any mental health condition receiving treatment	Older Adults

Indicator Name	Topic Area
% of adults age 65 and older with diagnosed diabetes who have ever received formal diabetes self-management education (DSME)	Older Adults
% of children age 1 to 2 whose blood lead level was non-detectable in the past 12 months	Children and Youth, Environment
% of children age 3 to 17 with any mental health condition receiving treatment	Children and Youth, Healthcare, Mental Health and Resilience
% of children from birth to age 1 who received any breastmilk at age 12 months	Healthy Behaviors and Prevention, Pregnant People and Infants
% of children who had a developmental screening in the first 3 years of life	Children and Youth, Healthcare, Healthy Behaviors and Prevention, Pregnant People and Infants
% of children who received all recommended vaccines by age 2	Children and Youth, Healthcare, Healthy Behaviors and Prevention, Pregnant People and Infants
% of households experiencing food insecurity in the past 12 months	Social Determinants
% of households that spend 30% or more of their income on housing	Social Determinants
% of Medicaid-enrolled children age 1 to 17 who received a preventive dental service in the calendar year	Children and Youth, Chronic Disease, Healthcare, Healthy Behaviors and Prevention

Indicator Name	Topic Area
% of middle school students in grades 6 to 8 who used cigarettes, electronic vapor products, cigars, or smokeless tobacco in the past month	Children and Youth, Substance Use and Tobacco
% of newly reported and confirmed Hepatitis C cases that are classified as acute	Chronic Disease, Healthcare
% of people age 12 to 20 who reported binge drinking in the past month	Children and Youth, Substance Use and Tobacco
% of people age 13 and older living with diagnosed HIV infection who were virally suppressed in the past 12 months	Chronic Disease, Healthcare
% of people living below the poverty level in the past 12 months	Social Determinants
% of people who delayed dental care due to cost in the past 12 months	Healthcare, Social Determinants
% of people who were vaccinated against seasonal influenza for the most recent flu season	Healthcare, Healthy Behaviors and Prevention
% of pregnant people age 15 to 44 who abstained from alcohol during the last three months of pregnancy	Pregnant People and Infants, Substance Use and Tobacco
% of pregnant people age 15 to 44 who abstained from cannabis (marijuana) use during pregnancy	Pregnant People and Infants, Substance Use and Tobacco

Indicator Name	Topic Area
% of pregnant people age 15 to 44 whose pregnancy was unintended	Healthy Behaviors and Prevention, Pregnant People and Infants
% of students in grades 9 through 12 who ate vegetables 3 or more times a day in the past week	Children and Youth, Healthy Behaviors and Prevention
% of students in grades 9 through 12 who consumed fruit 2 or more times a day in the past week	Children and Youth, Healthy Behaviors and Prevention
% of students in grades 9 through 12 who experienced physical dating violence in the past 12 months	Children and Youth, Injury and Violence
% of students in grades 9 through 12 who feel like they matter to people in their community	Children and Youth,, Mental Health and Resilience
% of students in grades 9 through 12 who have an adult at school that they can talk to about serious problems	Children and Youth, Healthy Behaviors and Prevention, Mental Health and Resilience
% of students in grades 9 through 12 who made a suicide plan in the past 12 months	Children and Youth, Mental Health and Resilience
% of students in grades 9 through 12 who used cigarettes, electronic vapor products, cigars, or smokeless tobacco in the past month	Children and Youth, Substance Use and Tobacco
% of students in grades 9 through 12 who used cannabis (marijuana) in the past month	Children and Youth, Substance Use and Tobacco
% of the population served by community water systems which have fluoridated water	Environment, Healthy Behaviors and Prevention

Indicator Name	Topic Area
% of youth age 12 to 17 who received at least one preventive health care visit in the past 12 months	Children and Youth, Healthcare, Healthy Behaviors and Prevention
Rate of deaths for any cause among adults 18 and older with diabetes	Chronic Disease, Mortality
Rate of deaths for infants under 1 year of age per 1,000 live births	Mortality, Pregnant People and Infants
Rate of deaths from cancer per 100,000 people	Chronic Disease, Mortality
Rate of deaths related to falls per 100,000 adults age 65 and older	Injury and Violence, Older Adults, Mortality
Rate of deaths related to firearms per 100,000 adults age 65 and older	Older Adults
Rate of deaths related to firearms per 100,000 people	Injury and Violence, Mortality
Rate of deaths related to motor vehicle traffic per 100,000 adults age 65 and older	Older Adults
Rate of deaths related to motor vehicle traffic per 100,000 people	Injury and Violence, Mortality
Rate of deaths with a primary cause of coronary heart disease	Chronic Disease, Mortality

Indicator Name	Topic Area
Rate of emergency department visits with a primary cause of asthma per 10,000 children under age 5	Children and Youth, Chronic Disease, Environment
Rate of emergency department visits with a primary cause of asthma per 10,000 people age 5 and older	Children and Youth, Chronic Disease, Environment
Rate of heat-related emergency department visits per 100,000 adults age 65 and older	Older Adults
Rate of heat-related emergency department visits per 100,000 people	Environment
Rate of opioid-involved accidental or undetermined drug overdose deaths per 100,000 people	Mortality, Substance Use and Tobacco
Rate of suicide deaths per 100,000 adults age 65 and older	Older Adults
Rate of suicide deaths per 100,000 people	Injury and Violence, Mental Health and Resilience, Mortality