

Kobwaka bankisi oyo osaleli te ezali pete, ezali malamumu mpe ezali na likama te na ba amvelope ya ofele ya Ministere ya bokolongono ya nzoto.

## Ndenge nini okoki kozwa amvelope ya ofele mpo na kozongisa na posita?

- Senga yango na nzela ya lokasa ya kosenga na [Ministere ya bokolongono ya nzoto ete batindela yo yango na nzela ya posita](#) (na Anglais)
- Okoki kozwa yango na bisika neti bapapirisi, na babiro ya engumba, na balopitalo, na babiblioteke to na lopitalo ya banyama. Benga liboso mpo na koyeba soki moto azali.

## Ndenge nini okosalela amvelope ya ofele mpo na kozongisa mikanda?

1. Longola makambo nyonso oyo etai yo na bankisi oyo ozali komela, na ndakisa nkombo na yo, adresi na yo, nimeru ya telefone na yo mpe nimeru ya ordonnance.
2. Tya nkisi na amvelope na kati ya pake ya liboso. Soki ezali nkisi ya mai, tya yango na elamba ya papye mpe tya yango nanu na saki oyo ekangami malamumu.
3. Kotondisa amvelope te koleka ndelo. Ekoki kozala na 8 oz. ya nkisi ya makasi mpe 4 oz. ya nkisi ya mai kasi koleka te.
4. Kanga amvelope mobimba.
5. Kende na amvelope oyo batye yango kashe na biro nyonso ya posita ya États-Unis to pesa yango na moto oyo atindelaka yo mikanda. **Bafutaka mbongo ya posita mpo okoka kotinda amvelope yango ofele.** To komema amvelope oyo ekangami na farmasi ya esika ofandi.

## Okoki kotya nini na amvelope oyo batindeli yo?

- bankisi oyo batekaka na balabala
- bankisi bakomelaki yo na monganga
- bilamba ya nkisi mpe mafuta ya kopakola
- bankisi ya mai (kino na 4 oz.)
- nkisi ya banyama
- bavitamini

## Eloko nini okoki te kotya na amvelope ya kozongisa na posita?

- ba seringue te, biloko ya mpia te, bantonga te
- cannabis te (bangi, matiti mabe)
- bangi oyo epekisami te
- bankisi ya banzete
- biloko ya monzele te
- biloko ya kobongisa nzoto te
- ba cylindres ya comprimé te
- ba aérosols te
- inhalateur te
- ba apareyi ya kimonganga te
- biloko oyo ebomaka banyama ya ndako te
- bankisi oyo ezali na iode te



# Prescription Medication Mail Back Envelope Instructions

March 2024

Getting rid of your unused medications is easy, convenient and safe with the Health Department's free mail back envelopes.

## How do you get a free mail back envelope?

- Order one through the Health Department's [mail back envelope request form](#) (English)
- Pick one up from places like pharmacies, town offices, health centers, libraries or vet offices. Call ahead to check availability.

## How do you use the free mail back envelope?

6. Remove or cross out any identification information from your medication label like your name, address, phone number and prescription number.
7. Put medication in the envelope in original container. If it is liquid, wrap in a paper towel and place in a sealed bag first.
8. Do not overfill the envelope. It can contain no more than 8 oz. of solid medication and no more than 4 oz. of liquid medication.
9. Seal the envelope completely.
10. Bring the sealed envelope to any United States Postal Office or give it to your postal carrier. **The postage is paid so you can mail the envelope for free.** Or Bring the sealed envelope to your local pharmacy.

## What can you put in the mail back envelope?

- over-the-counter medications
- prescription medications
- prescription patches & ointments
- liquid medications (up to 4 oz.)
- pet medications
- vitamins

## What can you NOT put in the mail back envelope?

- no syringes, sharps, needles
- no cannabis (marijuana, weed)
- no illegal drugs
- no herbal remedies
- no cosmetics
- no personal care products
- no compressed cylinders
- no aerosols
- no inhalers
- no medical devices
- no pet pesticide products
- no medications containing iodine