

Emergency Services Providers Wellness Landscape Assessment

1/26/2022

Survey Results

136 responses

1 Corrections (1)

16 Dispatch (42)

28 EMS (180)

47 Fire (238)

40 Law Enforcement (70)

Access to a formal behavioral health program for your staff/volunteers?

58 Yes

63 No

11 I don't know

EAP

VLCT EAP

Formal Peer Support

CSIM

Website

Plan or Policy for Critical Incidents

87 Yes

42 No

2 I don't know

- Protocols
- Peer requests
- In house/ community services
 - DA, Wellness center, GMCISM
- Debrief (informal & formal)

Trauma Informed Clinician

26 yes

93 No

13 I don't know

- EAP (VT & NH)
- VT Center for FR Wellness
- ~ 10 clinicians

Behavioral health training to inform your staff about mental health risks and resources?

61 yes

66 No

5 I don't know

Resource options that are available to your staff.

Trained Peer Support	52
Access to Clinicians	56
Suicide Prevention Services	28
Family Support Services	25
EAP	75
FR EAP	34
Chaplain	34
Social Worker	16

Barriers to Resources

Stigma	19	
Lack of Support from organization		13
Financial	50	
Unaware of need	39	

Other

Provider buy-in, time constraint, resources are piecemeal, overlooked group, lack capacity

Smaller departments (fire)

What are smaller departments doing?

CISM, sharing phone numbers

Needs

- Sample guidance/ protocols
- Support (finances, best practices)
- Sustained infrastructure

Discussion

What was surprising

Important to highlight (barriers, successes)

Please think along the entire continuum of wellness

What is missing?

Recommendations