**ESP Meeting Minutes**

**November 27, 2023 11 a.m.**

**Agenda**

* Welcome & Check-in (7 members)
* General updates from members
* General update on legislative report
* Outline for **2024 focus areas**
* Discussion of qualified clinicians

Present: Stephanie Busch, Ollie Neith, Bill Elwell, Ashley Happy, Mourning Fox, Clarke Collins, Loretta Stalnaker

**General Updates From Members** - None

**General Updates on Legislative Report ; Outline for 2024 Focus Areas**

Report is due December 15, 2023. Once Stephanie gets an update from Policy, she will send an update. Report is based on what was done in 2023, the goals for 2023 and then recommendations put forward by the Commission.

Goals for 2024 that are included in the Legislative Report:

* Develop a mental health and wellbeing **training plan** for providers, organizations, and clinicians.
* Convene an Emergency Services Provider Mental Health Conference – Build off the successful 2023 conference; set the date at least 3 months in advance.
* Explore centralized platforms for Emergency Services Providers to access technology-based
* Resources – there are apps available (like Crew Care) that can be explored. What sectors use what learning management systems, and how do we build off or utilize them?
* Develop ESP **family resources** to reduce occupational stressors and secondary trauma – look at what family/partner resources are available and share them. Curious to see what sectors are already doing this type of work, how much is it utilized and how can we share on their strengths? The group feels this is a very important goal but may need to be set at a lower priority since it’s so complex.
* Increase access and awareness of mental health resources and services via the ESPs Wellness Resource Center website – continue to update website and the conversation around clinician qualifications?
  + Identify a list of **qualified clinicians** and **programs offering intensive care** – By listing them, are we promoting them? What does this look like when it comes to providers?
    - Define qualifications
    - List of intensive care (outpatient, intensive outpatient, etc.)
* Review Workers Compensation legislation in Act 80 (2017) for the inclusion of additional ESP sectors and expand mental health diagnoses to improve access to mental health services. Michelle White would be the POC for state employees and risk management. Need to think through what these might be, consider the cost analysis, etc., before making recommendations. VSEA (State Employees Union) carries a lot of weight and includes a lot of voices – would be good to get them onboard. Of the 4 PSAPs, 2 are staffed by state employees, while the other two are staffed by sheriff’s department.

**Wins for 2023**

* Leadership supporting their first responders getting mental health awareness and getting services; stigma should not exist… moving in the right direction.
* Conference this summer was a win. - Despite some challenges, need to raise awareness (and content). Commission would like more input for 2024. Again, moving in the right direction.
* Building the commission involvement; newer members
* Developed a more definite path moving forward. The report sets a good path.
* Next Steps, actions for the commission
  1. Need to prioritize (what are we going to work first)
     1. Alchemer survey (prioritization and workgroup assignments)
  2. Update website from 2023 commission work (mins, documents, etc)
  3. Set 2024 schedule (doodle)
     1. Monday mid-morning
* Next meeting
  1. January elections