**Emergency Service Provider Wellness Commission**

**Hybrid Meeting Agenda**

**01/22/2024**

**Waterbury State Complex**

**Microsoft Teams meeting (connection details below)**

**1100-1200**

* Welcome new members and guests
* Adopt minutes
* Members with term ending this year
* 2024 Chair and Vice Chair vote
  + Call for nominations
  + Votes for chair, and vice chair
* Member updates
* 2024 priorities discussion and development of workgroups
* 2024 meeting schedule
  + 1/22 11am - 12
  + 2/12 11am – 12:30
  + 3/18 11am – 12:30
  + 4/15 11am – 12

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Microsoft Teams meeting

**Join on your computer, mobile app or room device**

[Click here to join the meeting](https://teams.microsoft.com/l/meetup-join/19%3ameeting_M2RhMTc0MjMtNTJmYi00MWRkLWIyZmUtOWY2OTJlMWMzMThm%40thread.v2/0?context=%7b%22Tid%22%3a%2220b4933b-baad-433c-9c02-70edcc7559c6%22%2c%22Oid%22%3a%22592bb8a2-8c9f-4ddb-a1d6-1e2838de271d%22%7d)

Meeting ID: 291 156 177 917   
Passcode: whkqQS

[Download Teams](https://www.microsoft.com/en-us/microsoft-teams/download-app) | [Join on the web](https://www.microsoft.com/microsoft-teams/join-a-meeting)

**Or call in (audio only)** [+1 802-828-7667,,349349373#](tel:+18028287667,,349349373# )   United States, Montpelier

Phone Conference ID: 349 349 373#

[Find a local number](https://dialin.teams.microsoft.com/6c1bf28d-e63a-48bd-95e6-ed754f13bf27?id=349349373) | [Reset PIN](https://dialin.teams.microsoft.com/usp/pstnconferencing)

[Learn More](https://aka.ms/JoinTeamsMeeting) | [Meeting options](https://teams.microsoft.com/meetingOptions/?organizerId=592bb8a2-8c9f-4ddb-a1d6-1e2838de271d&tenantId=20b4933b-baad-433c-9c02-70edcc7559c6&threadId=19_meeting_M2RhMTc0MjMtNTJmYi00MWRkLWIyZmUtOWY2OTJlMWMzMThm@thread.v2&messageId=0&language=en-US)

**Below is a list of the planned focus areas for the commission as outlined in the report.**

As we discussed at the last few meetings, we want to make some measure progress on these areas. We discussed developing working groups who can work on these projects between meeting and the groups can report back to the larger commission for input, feedback, and voting on final documents.

The 2023 report has been published: [Emergency Service Provider Wellness Commission Report (vermont.gov)](https://legislature.vermont.gov/assets/Legislative-Reports/ESP-Wellness-Legislative-Report.pdf)

**Planned Commission Activities 2024-2025**

* Develop a Mental Health and Wellbeing Training Plan for Providers, Organizations, and Clinicians
  + Develop a plan that focuses on core competencies that all emergency  service leaders and providers need regarding stress injury awareness and prevention.
  + Develop a “stress injury prevention and awareness” training model
* Convene an Emergency Services Provider Mental Health Conference
* Explore Centralized Platforms for Emergency Services Providers to Access Technology-Based Resources (mental health apps, or other tech)
* Develop ESP Family Resources to Reduce Occupational Stressors and Secondary Trauma
* Determine qualifications and experience for “Qualified Clinicians”
* Develop a list of programs offering the care continuum of care for ESP’s including intensive outpatient programs, partial hospitalization programs, residential care, and inpatient treatment
* Assess the Presumption law and State Workers’ Compensation Laws for sectors included, and what it covers, other related laws
* Expand Peer Supports