**Emergency Service Provider Wellness Commission**

**Drafted mins**

**7/8/2024**

**Microsoft Teams meeting (connection details below)**

**1100-1230**

**In attendance:**

**Absent:**

**Guests:**

* Welcome new members and guests
  + New Members?
* Member updates
  + July 15-16 Conference
* Upcoming Conferences and Trainings
* Legislative proposals and report
  + Brainstorm ideas
  + Timeline
  + Executive Committee to work on report.
* 2024 meeting schedule
  + 8/19 11-12
  + 9/16 **11-1230** (report review and voting)
  + 10/21 11-12
  + 11/11 11-12
  + 12/ 9 11-12
* Any other 2024 priorities updates

Next meeting agenda items (as identified)

**Below is a list of the planned focus areas for the commission as outlined in the report.**

As we discussed at the last few meetings, we want to make some measure progress on these areas. We discussed developing working groups who can work on these projects between meeting and the groups can report back to the larger commission for input, feedback, and voting on final documents.

The 2023 report has been published: [Emergency Service Provider Wellness Commission Report (vermont.gov)](https://legislature.vermont.gov/assets/Legislative-Reports/ESP-Wellness-Legislative-Report.pdf)

**Planned Commission Activities 2024-2025**

* Develop a Mental Health and Wellbeing Training Plan for Providers, Organizations, and Clinicians
  + Develop a plan that focuses on core competencies that all emergency  service leaders and providers need regarding stress injury awareness and prevention.
  + Develop a “stress injury prevention and awareness” training model
* Convene an Emergency Services Provider Mental Health Conference
* Explore Centralized Platforms for Emergency Services Providers to Access Technology-Based Resources (mental health apps, or other tech)
* Develop ESP Family Resources to Reduce Occupational Stressors and Secondary Trauma
* Determine qualifications and experience for “Qualified Clinicians”
* Develop a list of programs offering the care continuum of care for ESP’s including intensive outpatient programs, partial hospitalization programs, residential care, and inpatient treatment
* Assess the Presumption law and State Workers’ Compensation Laws for sectors included, and what it covers, other related laws
* Expand Peer Supports