

Vermont Department of Health: Substance Use Disorder System of Care Enhancement

Recovery Support Services (RSS) Initiative August 26, 2024



Agenda

- Recovery Support Services (RSS) Initiative Overview
- The Path Ahead
 - What do we need to do?
 - What will we accomplish?
 - Where do we go from here?

Recovery Support Services (RSS) Initiative Overview

Planning

Design & Development

Implementation

Summary of the Initiative

- The State of Vermont is seeking to establish Recovery Support Services (RSS) as a Medicaid reimbursable benefit.
- The initial rollout of the Medicaid benefit will focus on **Recovery Coaching** delivered by **certified Peer Recovery Support Specialists (PRSS)** employed by **Recovery Services Organizations** (e.g., Recovery Centers). The Health Department will explore opportunities to expand the array of Medicaid reimbursable RSS after the initial rollout.

Meeting with you today:



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The Path Ahead: What do we need to do?

To meet the requirements set forth by the Centers for Medicare & Medicaid Services (CMS) and state regulation, The Health Dept. will work with you achieve the following goals over next few years:



Formalize requirements for **individuals** delivering Recovery Support Services and the **organizations** that employ these individuals to help ensure a high standard of service for those in recovery.



Build a foundation for Medicaid reimbursement by ensuring that **Recovery Center operations** can accommodate Medicaid requirements.



Design and roll out a **Medicaid benefit model that is efficient** while adhering to minimum Medicaid requirements.

The Path Ahead: What will we accomplish? (1 of 2)



Peer Recovery Support Specialist (PRSS) Certification

Formalization of the *Peer Recovery Support Specialist* (PRSS) **profession** for those who will deliver RSS through certification by the Office of Professional Regulation (OPR) using the existing Recovery Coach certification requirements.

Key Work to Date

- Development and passage of OPR Legislation (Act 170) to establish OPR as the authority for certifying PRSS
- Drafting of the certification rule and outreach to solicit your input
- Ongoing legal revisions to the Code of Ethics and outreach to solicit your input

Next steps

- OPR-facilitated rulemaking for PRSS certification
- Procurement of an organization to provide PRSS training
- OPR-led **operationalization** of the PRSS profession



Recovery Services Organization (RSO) Certification

Certification of *Recovery Services Organizations* (e.g., Recovery Centers) to build upon existing work and accredit organizations who maintain a high standard of service.

Key Work to Date

- Drafting and ongoing processing the Recovery Services
 Organization Certification Rule
- Outreach to solicit your input on certification, the rule, and the standards

Next Steps

- Finalization of the standards with the assessment tool and application
- Additional outreach to solicit your input on the finalized standards with the application and assessment tool
- Continuation of formal rule processing

The Path Ahead: What will we accomplish? (2 of 2)



Recovery Center Operational Assessment

Assessment to learn more about Recovery Center operations to understand what operational updates may be necessary to accommodate Medicaid requirements. The Health Dept. then intends to support you in incorporating the necessary operational changes.

Key Work to Date

 Internal review of minimum Medicaid requirements and identification of Medicaid resources

Next Steps

- Outreach to provide you with more information and solicit your input on the Health Department's goals/plans for a time study
- A **time study exercise** to learn more about how all Recovery Center staff spend their time day-to-day (e.g., providing 1-on-1 coaching vs. administrative work vs. outreach work)
- Further planning for upcoming **operational assessment site visits** to learn more about Center operations



Medicaid Benefit Design & Roll-Out

Implementation of **RSS** as a Medicaid benefit by developing and establishing new policies and procedures, establishing a payment model and rate for reimbursement, updating Medicaid IT systems, and supporting enrollment of both Recovery Centers and PRSS in Medicaid.

Key Work to Date

 Peer state research and outreach to New England states to learn more about RSS benefit models used by other states

Next Steps

- Refining the benefit model design to meet minimum Medicaid requirements
- Payment Model and Rate Setting activities
- Design and implementation of **IT updates/tools** for Medicaid compliance
- Consider solutions for supporting submission of Medicaid billing claims

The Path Ahead: Where do we go from here?



Launch communication tools (webpage, newsletter, inbox) to keep you up-to-date on activities.



Schedule a monthly touchpoint series with this group to check-in regularly on Medicaid activities.



Schedule time for detailed overview(s) of the Recovery Center Time Study exercise and key next steps.



Process the PRSS and RSO Certification Rules and finalize supporting materials with your input.

Proposed Engagement and Stakeholder Meeting Cadence

We propose the following meeting cadence to keep you up to date. All meetings will include an agenda distributed beforehand and post-meeting takeaways. We encourage sending questions between meetings:

1) High-level Overview (2 or 3 times yearly)

- Here are all the things going on.
- You don't need to think about many of these things yet.
- Questions/discussion

2) Monthly touchpoints (A combination of working sessions and conversations about "The Future of Recovery")

Topics might include:

- Medicaid overview
- Medicaid data
- Updates
- CFO/legal
- Conversations with peers in other states who have gone through the transition process
- Building professional boards
- Board engagement in this change effort
- Relationships with clinicians as a strategic issue
- Recovery coaching as an occupation beyond Recovery Centers
- Recovery Centers as a business

3) Engagement around specific initiatives (as needed)

- Time Study
- Operational analysis